



PRAMUKH

MULTI SPECIALITY

HOSPITAL

Above Punjab National Bank,
Nr. Railway Crossing, Maninagar (E)
Ahmedabad - 380 008.

MEDICAL EXAMINATION

DATE :- 26/03/2022

NAME :- Mitesh J. Thakkar

AGE /SEX :- 36 yrs/male

O/E :

T: Normal

BP: 112/70 mmHg.

P: 84/min.

RS: B&T

SPO2: 98% on R.A.

CNS: Con/oi

CVS: S1+S2

P/A: Soft

ADV:

* DM since 3yrs.

Height: 168cms.

Weight: 73 kg.

BMI: 26

Eye Exam.: Vision Normal

Ear Exam.: Healthy Normal



P.A. Panchal

Dr. Brijesh Panchal
MBBS

Regd. No. G-28095
PRAMUKH MULTISPECIALITY HOSPITAL
Maninagar, Ahmedabad-8.

PRAMUKH

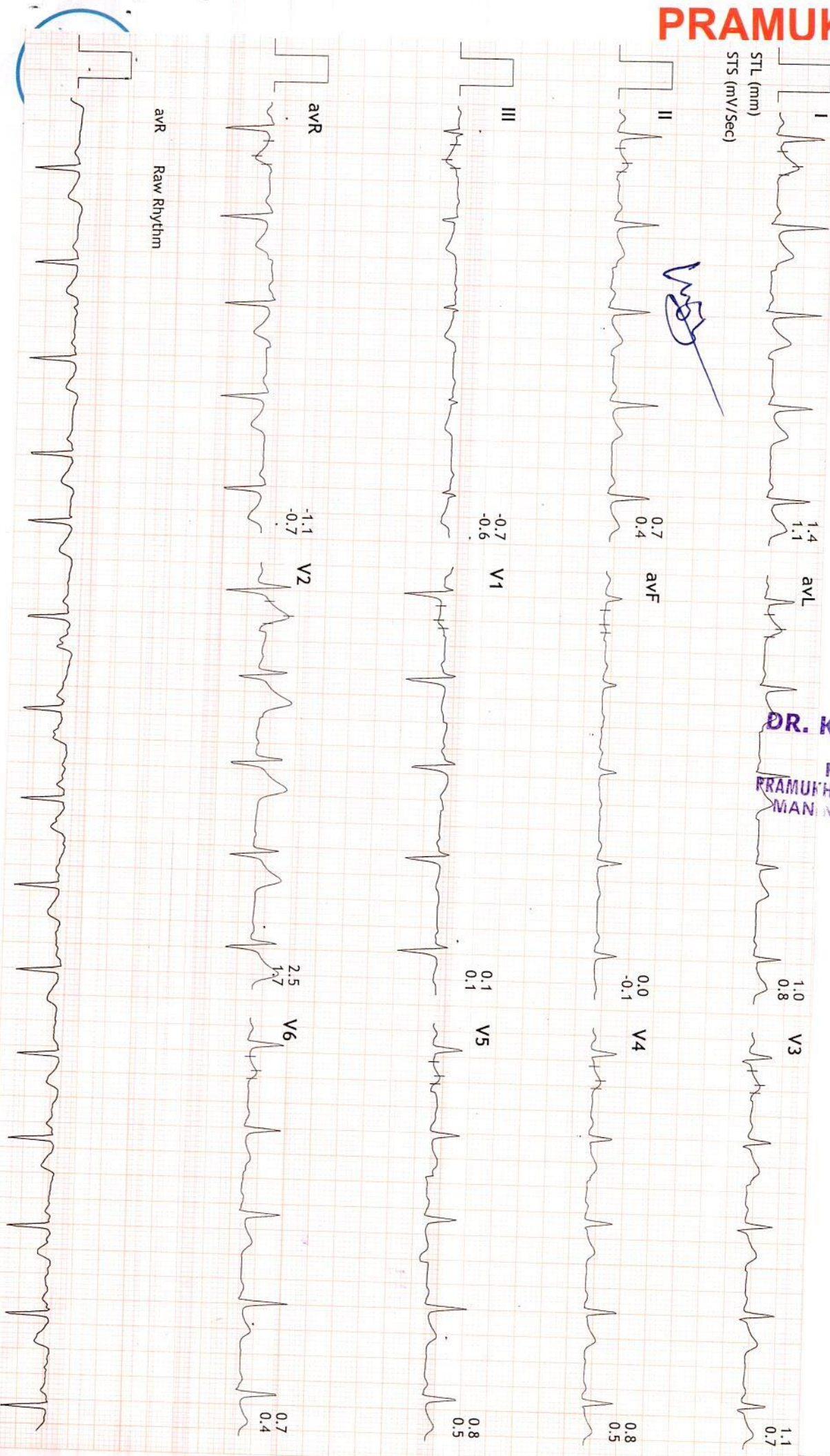
ALITY

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sing, Maninagar (E)
0 008.

Normal
E.C.C
Date 12/11/21
84/144
nguru

12/11/21

DR. KAMLESH N. SHAH
M.D. (FICA-USA)
Reg. No. G-1345
PRAMUKH MULTISPECIALITY HOSPITAL
MANINAGAR, AHMEDABAD.





Sanya
DIAGNOSTICS

■ MRI ■ CT Scan ■ Sonography ■ Colour Doppler ■ Digital X-Ray ■ 2D - Echo ■ Mammography

NAME: MITESH J. THAKKAR

M/36YRS.

DATE: 26/03/2022

REF.BY: PRAMUKH HOSPITAL

X RAY CHEST PA VIEW

Both lung fields under vision appears normal.

No evidence of koch's lesion or consolidation is seen.

Both CP angles are clear.

Cardiac size is within normal limits.


Bony thoracic cage and both domes of diaphragm appears normal.

DR. SANDIP MEVADA
M.D.

DR. ANIRUDDHSINH RAHEVAR
DMRD DNB

DR. RUCHIT SHAH
M.D.

DR. AMISHA PATEL
M.D.


DR. PRANAY PATEL
M.D.





NAME: MITESH J. THAKKAR

M/36YRS.

DATE: 26/03/2022

REF.BY: PRAMUKH HOSPITAL

U.S.G. OF ABDOMEN PELVIS

Liver: appears normal in size & shows normal echopattern. No focal lesion is seen. No dilated IHBR is seen. Portal vein and CBD appear normal in course and caliber.

Gall bladder: is moderately distended & appears normal. No calculus, sludge or mass is seen. Gall bladder wall thickness appears normal.

Pancreas: appears normal in size & echopattern. No focal lesion is seen.

Spleen: appears normal in size and shows normal echotexture. No focal lesion is seen. Splenic vein appears normal.

Both Kidneys appear normal in size, position and echopattern.

C-M differentiation is well preserved on either side.

No calculus or hydronephrosis on either side.

Cortical thickness appears normal on both sides.

No focal lesion is seen on either side.

Urinary bladder is moderately distended & appears normal. No calculus, internal echoes or mass is seen. Urinary bladder wall thickness appears normal.

Prostate appears normal in size & echopattern. No focal lesion is seen.

Para-aortic region appears normal.

No abdominal lymphadenopathy is seen.

Bowel loops appear normal in caliber & show normal peristalsis.

No abnormal dilatation of bowel loops or wall thickening is seen.

No fluid collection or lump formation is seen in RIF.

No ascites is seen.

IMPRESSION:

NO SIGNIFICANT ABNORMALITY IDENTIFIED.



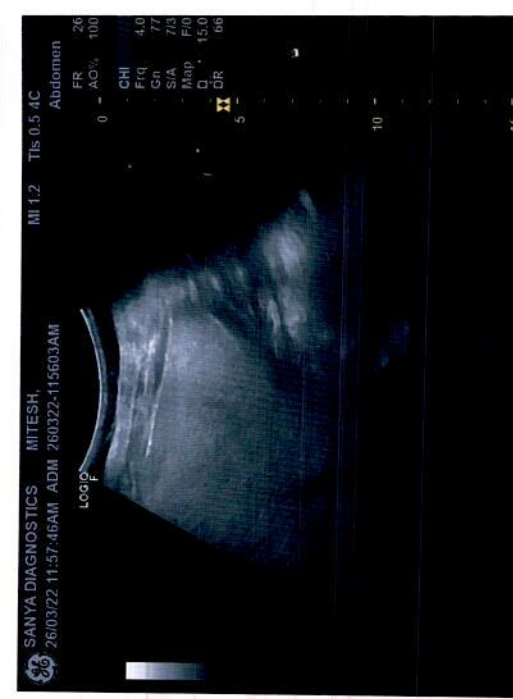
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DR. AMISHA PATEL
M.D.

DR. PRANAY PATEL
M.D.





Summary

PRAMUKH MULTI SPECIALITY HOSPITAL
 NR. RAILWAY CROSSING, MANINAGAR (E) Ahm. 08.

Ref. By : BOB
 Medication : TAKING Rx OF DM SINCE 3 YEARS.
 Objective : NO

932/MITESH J THAKKAR 36 Yrs/Male 73 Kg/168 Cms
 Date: 26-Mar-2022 08:10:08 AM
 Protocol : BRUCE
 History : NO

Stage	StageTime (Min:Sec)	PhaseTime (Min:Sec)	Speed (mph)	Grade (%)	METS	H.R. (bpm)	B.P. (mmHg)	R.P.P. x100	PVC	Comments
Supine					1.0	82	112/70	91	-	
Supine					1.0	85	112/70	95	-	
Supine					1.0	84	112/70	94	-	
Standing					1.0	85	112/70	95	-	
HV					1.0	98	112/70	109	-	
ExStart					1.0	97	112/70	108	-	
Stage 1	3:01	3:02	1.7	10.0	4.7	138	124/84	171	-	
Stage 2	3:01	6:02	2.5	12.0	7.1	154	134/90	206	-	
PeakEx	0:47	6:48	3.4	14.0	7.9	167	134/90	223	-	
Recovery	1:00		0.0	0.0	1.2	134	134/90	179	-	
Recovery	4:00		0.0	0.0	1.0	99	132/86	130	-	
Recovery	7:00		0.0	0.0	1.0	103	128/80	131	-	

Findings :

Exercise Time : 6:47 minutes
 Max HR attained : 167 bpm 91% of Max Predictable HR 184
 Max BP : 134/90(mmHg)
 Workload attained : 7.9 (Fair Effort Tolerance)
 No significant ST segment changes noted during exercise or recovery.
 No Angina/Arrhythmia/S3/murmur
 Final Impression : Test is negative for inducible ischemia.
 Maximum Depression: 6:47
 TARGET HR ACHIEVED.



Advice/Remarks:

[Handwritten signature]

TNT is overval
 (TNT is mesatur)



DR. KAMLESH N. SHAH 8 21 Min.

M.D. (FICA-USA)
 Reg. No. G-1345
 PRAMUKH MULTISPECIALITY HOSPITAL
 MANINAGAR, AHMEDABAD.

[Handwritten signature]



ST Summary

PRAMUKH MULTI SPECIALITY HOSPITAL
NR. RAILWAY CROSSING, MANINAGAR (E) Ahm. 08.

932/MITESH J THAKKAR 36 Yrs/Male 73 Kg/168 Cms
Date: 26-Mar-2022 08:10:08 AM

Protocol : BRUCE

STL (mm) 60 mSecs Post J	I	II	III	avR	avL	avF	V1	V2	V3	V4	V5	V6
Supine	0.8	0.2	-0.6	-0.5	0.7	-0.1	1.2	2.8	0.9	0.5	-0.3	0.8
Supine	1.3	0.7	-0.6	-1.0	0.9	0.1	0.2	2.5	1.2	0.9	0.8	0.7
Supine	1.2	0.8	-0.4	-1.0	0.8	0.2	0.2	2.7	1.2	0.9	0.8	0.8
Standing	1.5	0.7	-0.7	-1.1	1.1	0.0	0.0	2.5	1.1	0.9	0.8	0.8
HV	1.5	0.7	-0.7	-1.1	1.1	0.0	0.0	2.5	1.1	0.9	0.8	0.8
EXStart	1.5	0.7	-0.7	-1.1	1.1	0.0	0.0	2.5	1.1	0.9	0.8	0.8
Stage 1	0.7	0.1	-0.5	-0.4	0.6	-0.2	0.3	1.6	0.7	0.2	0.0	0.2
Stage 2	0.6	0.3	-0.3	-0.4	0.5	0.0	0.7	2.0	0.7	-0.1	-0.5	-1.1
PeakEx	0.2	-0.7	-0.9	0.3	0.6	-0.8	0.4	0.7	0.2	-0.4	-0.6	-1.0
Recovery	0.4	1.0	0.6	-0.7	-0.1	0.8	1.0	2.1	2.2	1.0	0.2	-0.3
Recovery	0.2	0.1	-0.1	-0.2	0.1	0.0	0.3	1.5	0.9	0.5	0.2	0.0
Recovery	0.5	0.2	-0.2	-0.3	0.3	0.0	0.3	1.9	1.3	0.7	0.5	0.3
STS mV/Sec.	1.3	0.7	-0.6	-1.0	0.9	0.1	0.4	2.4	0.9	0.6	-0.1	0.5
Supine	0.9	0.4	-0.5	-0.7	0.7	0.0	0.0	1.7	0.9	0.5	0.5	0.4
Supine	0.9	0.5	-0.4	-0.8	0.7	0.1	0.0	1.9	0.9	0.5	0.4	0.4
Standing	1.1	0.5	-0.6	-0.8	0.8	0.0	-0.1	1.7	0.7	0.5	0.5	0.4
HV	1.1	0.5	-0.6	-0.8	0.8	0.0	-0.1	1.7	0.7	0.5	0.5	0.4
EXStart	1.1	0.5	-0.6	-0.8	0.8	0.0	-0.1	1.7	0.7	0.5	0.5	0.4
Stage 1	0.9	0.8	-0.1	-0.8	0.5	0.3	-0.6	0.9	1.3	1.0	0.8	0.7
Stage 2	1.3	1.6	0.3	-1.4	0.5	0.9	-0.2	2.6	2.0	1.4	0.9	1.3
PeakEx	0.9	1.4	0.4	-1.2	0.3	0.9	0.5	2.2	2.1	1.1	0.4	-0.5
Recovery	2.0	2.9	0.9	-2.4	0.5	1.9	-0.2	4.0	4.8	3.6	2.6	2.8
Recovery	0.3	0.4	0.1	-0.3	0.1	0.2	-0.1	1.5	0.8	0.7	0.4	0.2
Recovery	0.4	0.3	-0.1	-0.3	0.2	0.1	0.1	1.5	1.1	0.5	0.2	0.1

STI on Next Page



STI	μ Vs	I	II	III	avR	avL	avF	V1	V2	V3	V4	V5	V6
	Supine	1.7	-0.5	-2.1	-0.5	2.0	-1.2	7.1	12.1	3.4	1.6	-2.4	3.6
	Supine	5.3	2.8	-2.4	-4.0	3.8	0.2	1.4	11.8	5.4	4.2	3.8	3.1
	Supine	4.7	3.3	-1.5	-4.0	3.0	0.9	1.7	12.4	5.2	4.0	3.7	3.4
	Standing	6.1	3.0	-3.0	-4.5	4.5	0.1	0.6	11.3	4.8	4.0	3.4	3.5
	HV	6.1	3.0	-3.0	-4.5	4.5	0.1	0.6	11.3	4.8	4.0	3.4	3.5
	ExStart	6.1	3.0	-3.0	-4.5	4.5	0.1	0.6	11.3	4.8	4.0	3.4	3.5
	Stage 1	1.5	-1.4	-2.9	-0.1	2.2	-2.2	3.1	7.0	1.2	-0.8	-1.5	-0.3
	Stage 2	0.6	-1.9	-2.5	0.7	1.6	-2.2	5.2	5.9	0.0	-3.8	-5.4	-9.8
	PeakEx	-1.0	-7.6	-6.6	4.4	2.8	-7.1	1.9	-0.6	-2.3	-3.9	-3.9	-4.8
	Recovery	-2.6	-0.1	2.5	1.3	-2.6	1.2	6.6	3.2	2.5	-2.0	-4.6	-7.8
	Recovery	0.3	-0.1	-0.5	-0.2	0.3	-0.3	2.8	5.9	3.7	1.3	0.3	-0.8
	Recovery	1.9	0.5	-1.5	-1.2	1.7	-0.5	2.0	8.1	5.3	3.0	2.0	1.0

W. S. S.



Linked Medians Report

PRAMUKH MULTI SPECIALITY HOSPITAL
NR. RAILWAY CROSSING, MANINAGAR (E) Ahm. 08.

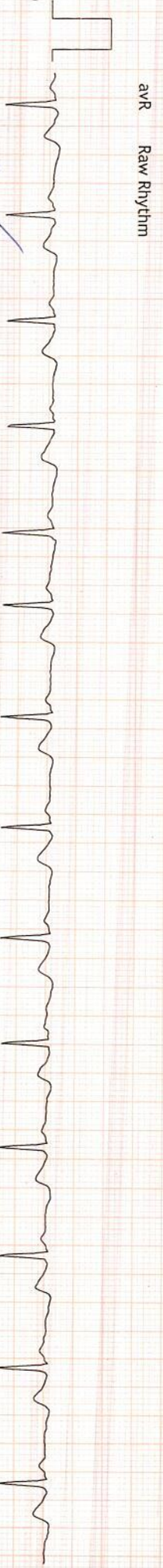
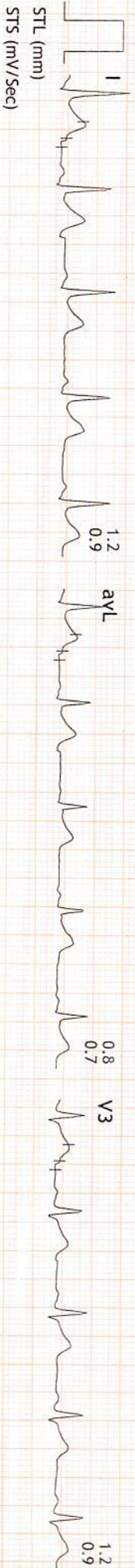
932/MITESH J THAKKAR HR: 85 bpm
36 Yrs/Male METS: 1.0
73 Kg/168 Cms BP: 112/70
Date: 26-Mar-2022 08:10:08 AM

MPPH: 46% of 184
Speed: 0.0 mph
Grade: 0.0%

BRUCE
(1.0-100)Hz

Ex Time 01:12
BLC : On
Notch : On

SUPINE
10.0 mm/mV
25 mm/Sec.





Linked Medians Report

PRAMUKH MULTI SPECIALITY HOSPITAL
NR. RAILWAY CROSSING, MANINAGAR (E) Ahm. 08.

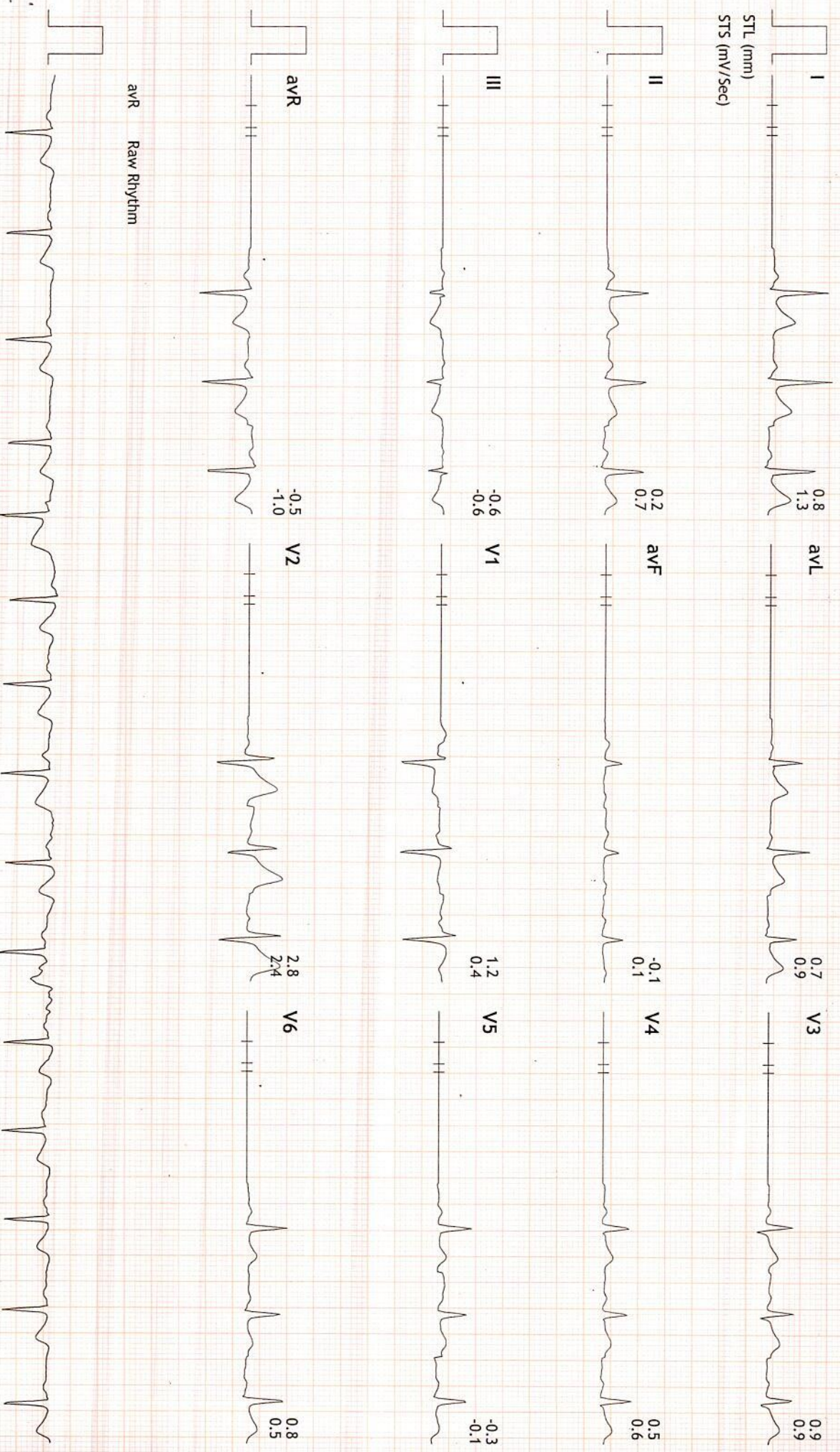
932/MITESH J THAKKAR HR: 82 bpm
36 Yrs/Male METS: 1.0
73 Kg/168 Cms BP: 112/70
Date: 26-Mar-2022 08:10:08 AM

MPHR: 44% of 184
Speed: 0.0 mph
Grade: 0.0%

BRUCE
(1.0-100)Hz

Ex Time 00:42
BLC :On
Notch :On

SUPINE
10.0 mm/mV
25 mm/Sec.



avR Raw Rhythm



Linked Medians Report

PRAMUKH MULTI SPECIALITY HOSPITAL
NR. RAILWAY CROSSING, MANINAGAR (E) Ahm. 08.

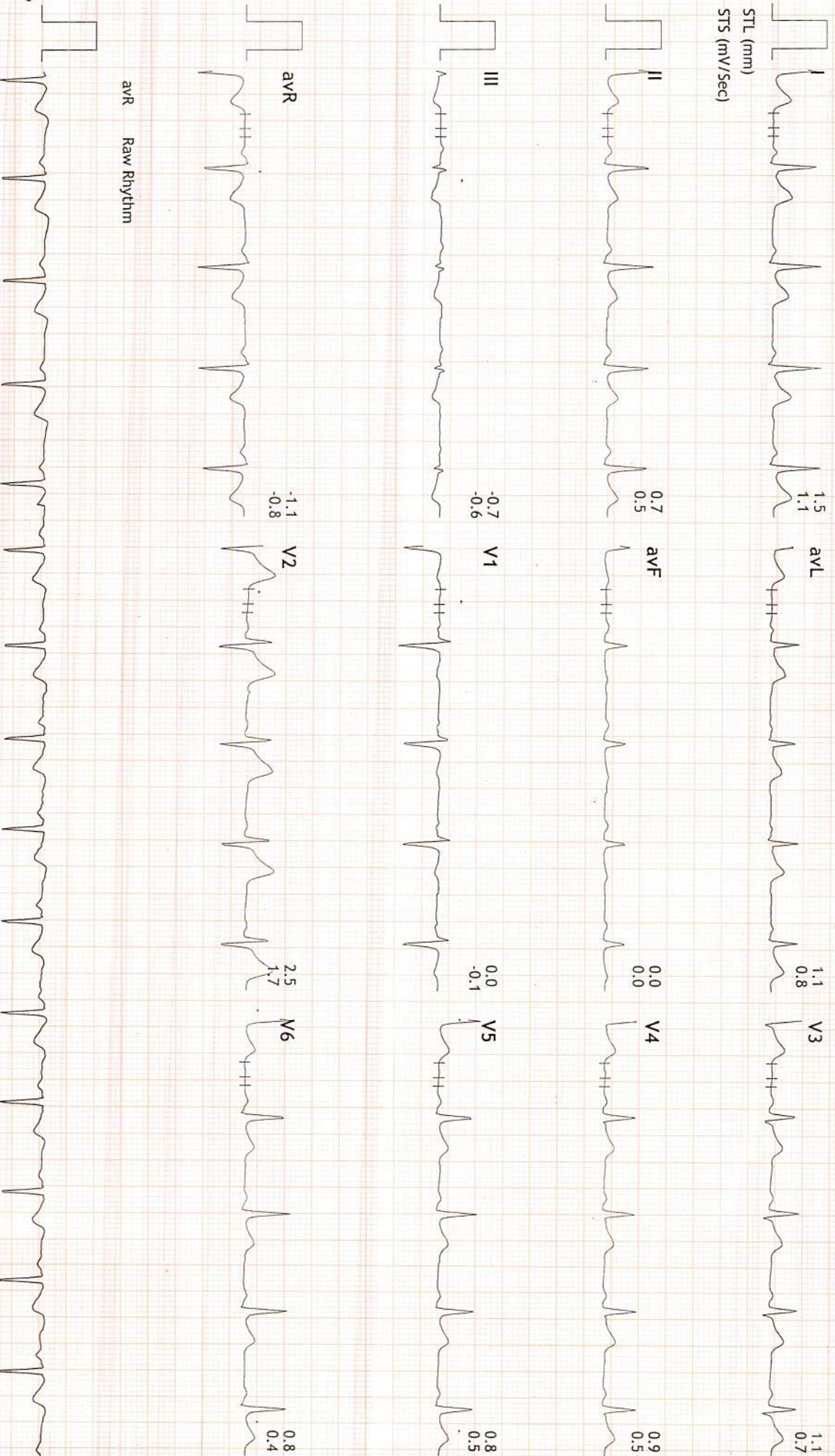
932/MITESH J THAKKAR HR: 85 bpm
36 Yrs/Male METS: 1.0
73 Kg/168 Cms BP: 112/70
Date: 26-Mar-2022 08:10:08 AM

MPPHR: 46% of 184
Speed: 0.0 mph
Grade: 0.0%

BRUCE
(1.0-100)HZ

Ex Time 01:33
BLC :On
Notch :On

STANDING
10.0 mm/mV
25 mm/Sec.





Linked Medians Report

PRAMUKH MULTI SPECIALITY HOSPITAL
NR. RAILWAY CROSSING, MANINAGAR (E) Ahm. 08.

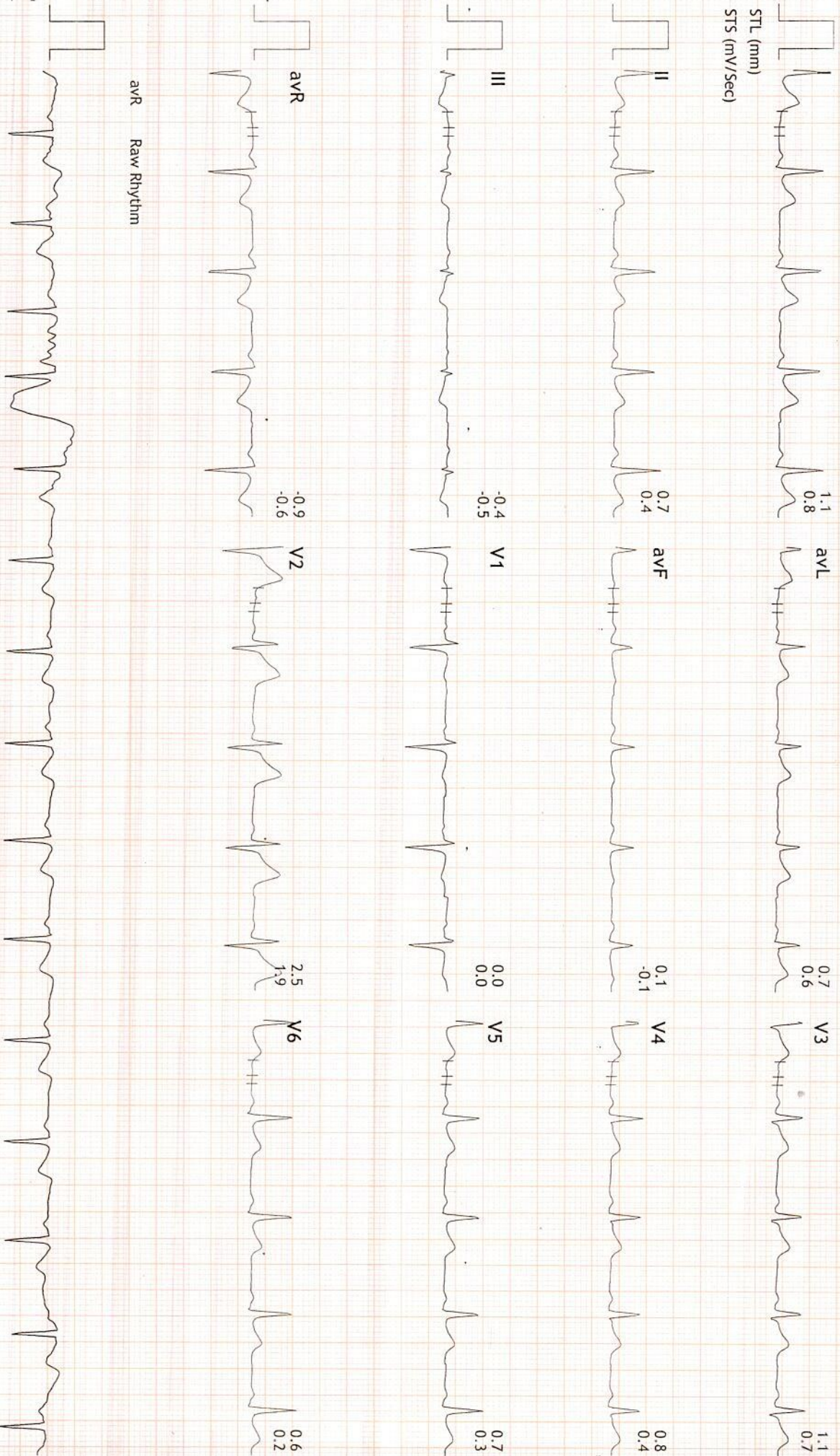
932/MITESH J THAKKARHR: 98 bpm
36 Yrs/Male METS: 1.0
73 Kg/168 Cms BP: 112/70
Date: 26-Mar-2022 08:10:08 AM

MPPR:53% of 184
Speed: 0.0 mph
Grade: 0.0%

BRUCE
(1.0-100)Hz

Ex Time 01:38
BLC :On
Notch :On

HV
10.0 mm/mV
25 mm/Sec.





Linked Medians Report

PRAMUKH MULTI SPECIALITY HOSPITAL
NR. RAILWAY CROSSING, MANINAGAR (E) Ahm. 08.

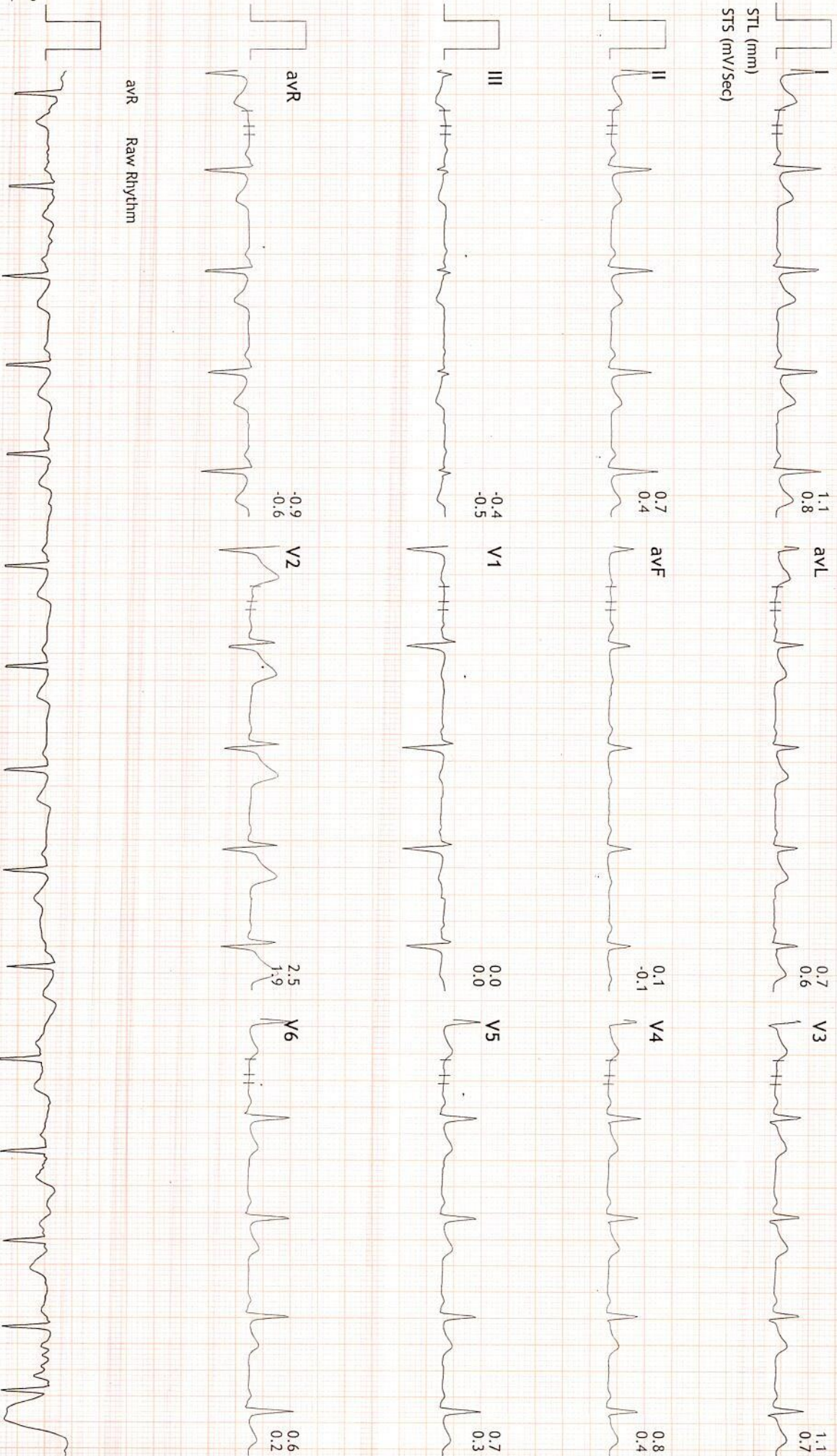
932/MITESH J THAKKARHR: 97 bpm
36 Yrs/Male METS: 1.0
73 Kg/168 Cms BP: 112/70
Date: 26-Mar-2022 08:10:08 AM

MPPHR: 52% of 184
Speed: 0.0 mph
Grade: 0.0%

BRUCE
(1.0-100)Hz

Ex Time 00:00
BLC : On
Notch : On

ExStart
10.0 mm/mV
25 mm/Sec.





Linked Medians Report

PRAMUKH MULTI SPECIALITY HOSPITAL
NR. RAILWAY CROSSING, MANINAGAR (E) Ahm. 08.

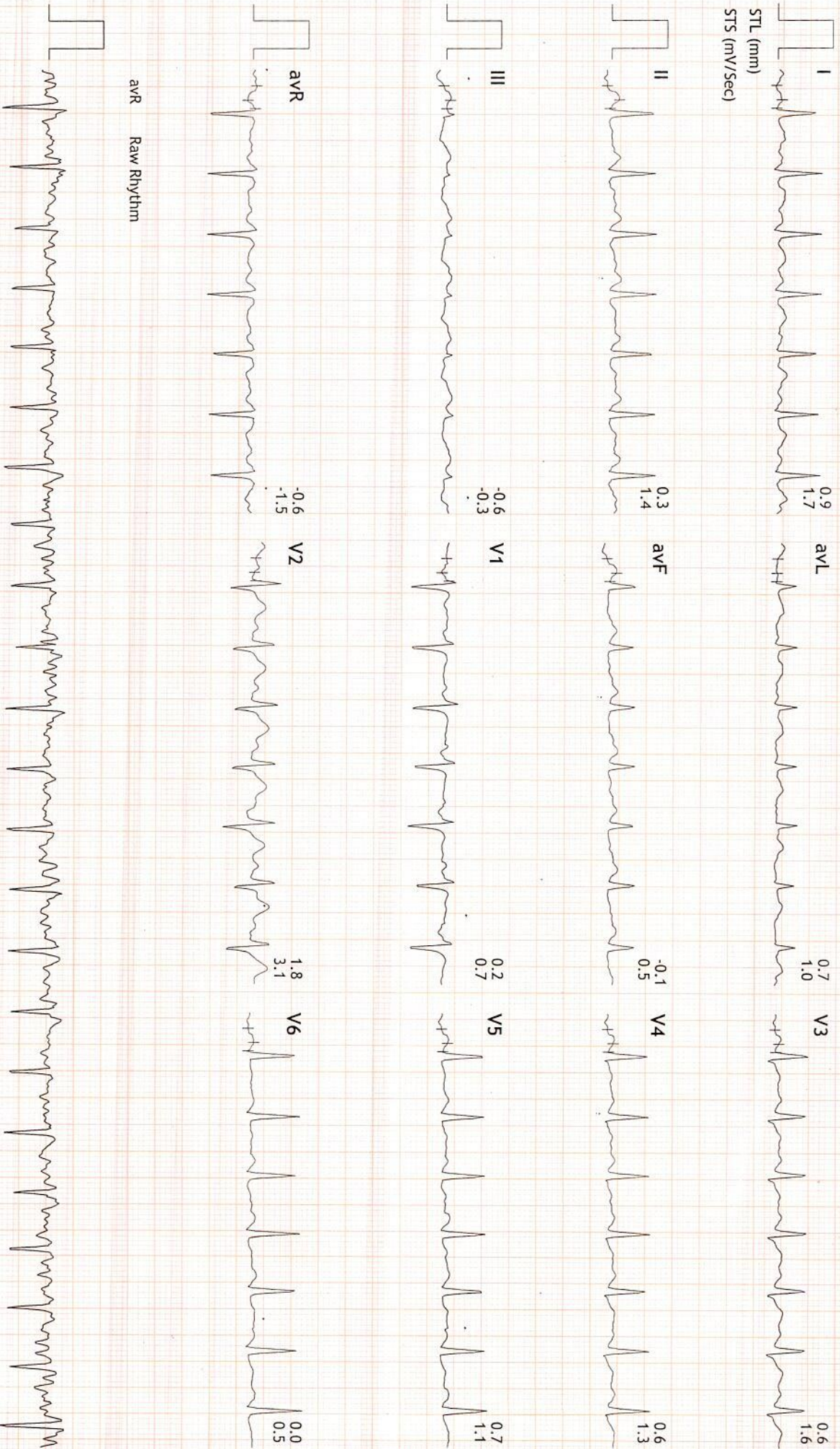
932/MITESH J THAKKAR HR: 138 bpm
36 Yrs/Male METS: 4.7
73 Kg/168 Cms BP: 124/84
Date: 26-Mar-2022 08:10:08 AM

MPHR: 75% of 184
Speed: 1.7 mph
Grade: 10.0%

BRUCE
(1.0-100)Hz

Ex Time 03:00
BLC :On
Notch :On

Stage 1 (03:00)
10.0 mm/mV
25 mm/Sec.





Linked Medians Report

PRAMUKH MULTI SPECIALITY HOSPITAL
NR, RAILWAY CROSSING, MANINAGAR (E) Ahm. 08.

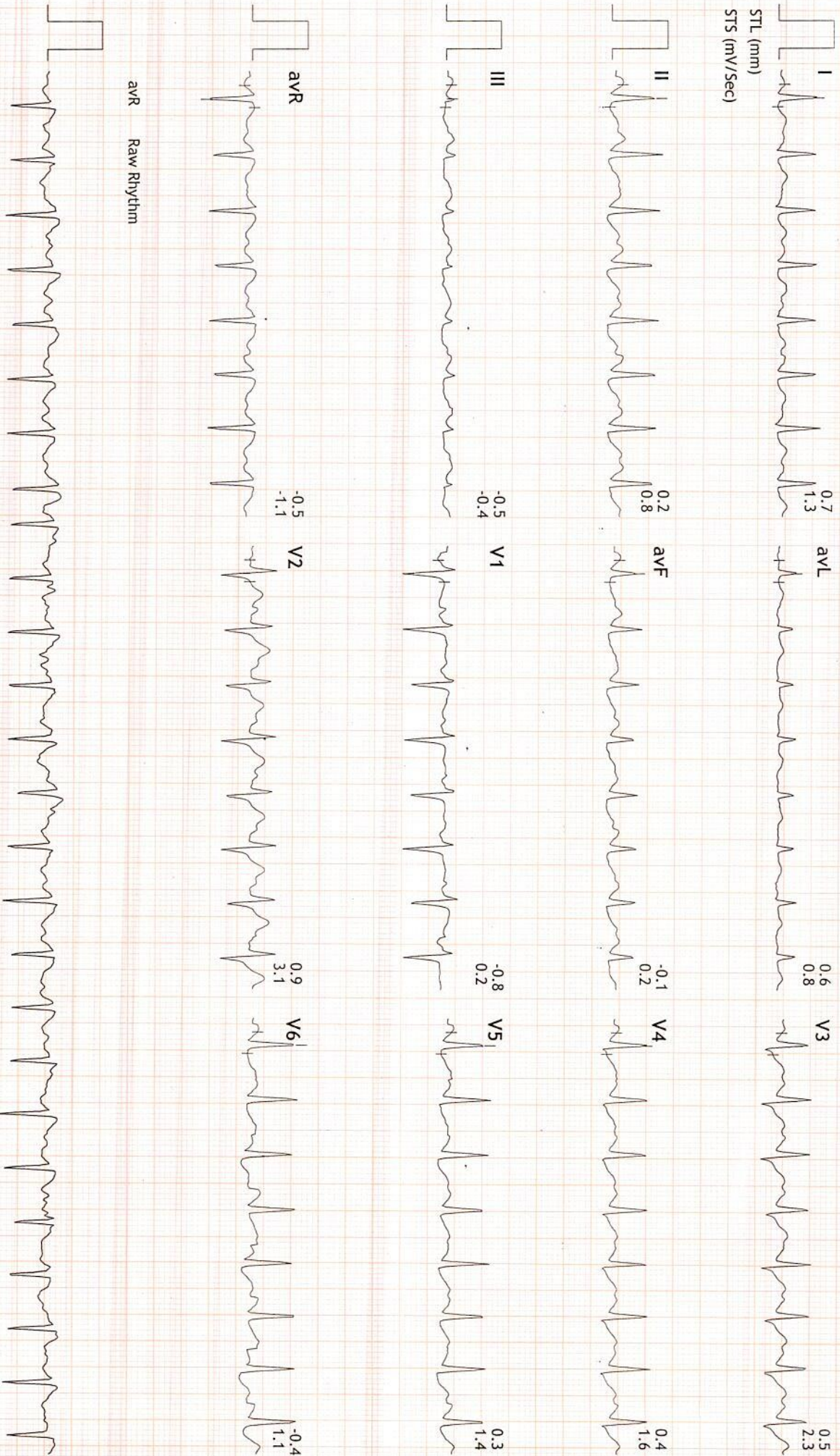
932/MITESH J THAKKAR HR: 154 bpm
36 Yrs/Male METS: 7.1
73 Kg/168 Cms BP: 134/90
Date: 26-Mar-2022 08:10:08 AM

MPHR: 83% of 184
Speed: 2.5 mph
Grade: 12.0%

BRUCE
(1.0-100)Hz

Ex Time 06:00
BLC : On
Notch : On

Stage 2 (03:00)
10.0 mm/mV
25 mm/Sec.





Linked Medians Report

PRAMUKH MULTI SPECIALITY HOSPITAL
NR. RAILWAY CROSSING, MANINAGAR (E) Ahm. 08.

932/MITESH J THAKKAR HR: 167 bpm
36 Yrs/Male METS: 7.9
73 Kg/168 Cms BP: 134/90
Date: 26-Mar-2022 08:10:08 AM

MPHR: 90% of 184
Speed: 3.4 mph
Grade: 14.0%

BRUCE
(1.0-100)Hz

Ex Time 06:46
BLC : On
Notch : On

PeakEX
10.0 mm/mV
25 mm/Sec.



avR Raw Rhythm





Linked Medians Report

PRAMUKH MULTI SPECIALITY HOSPITAL
NR. RAILWAY CROSSING, MANINAGAR (E) Ahm. 08.

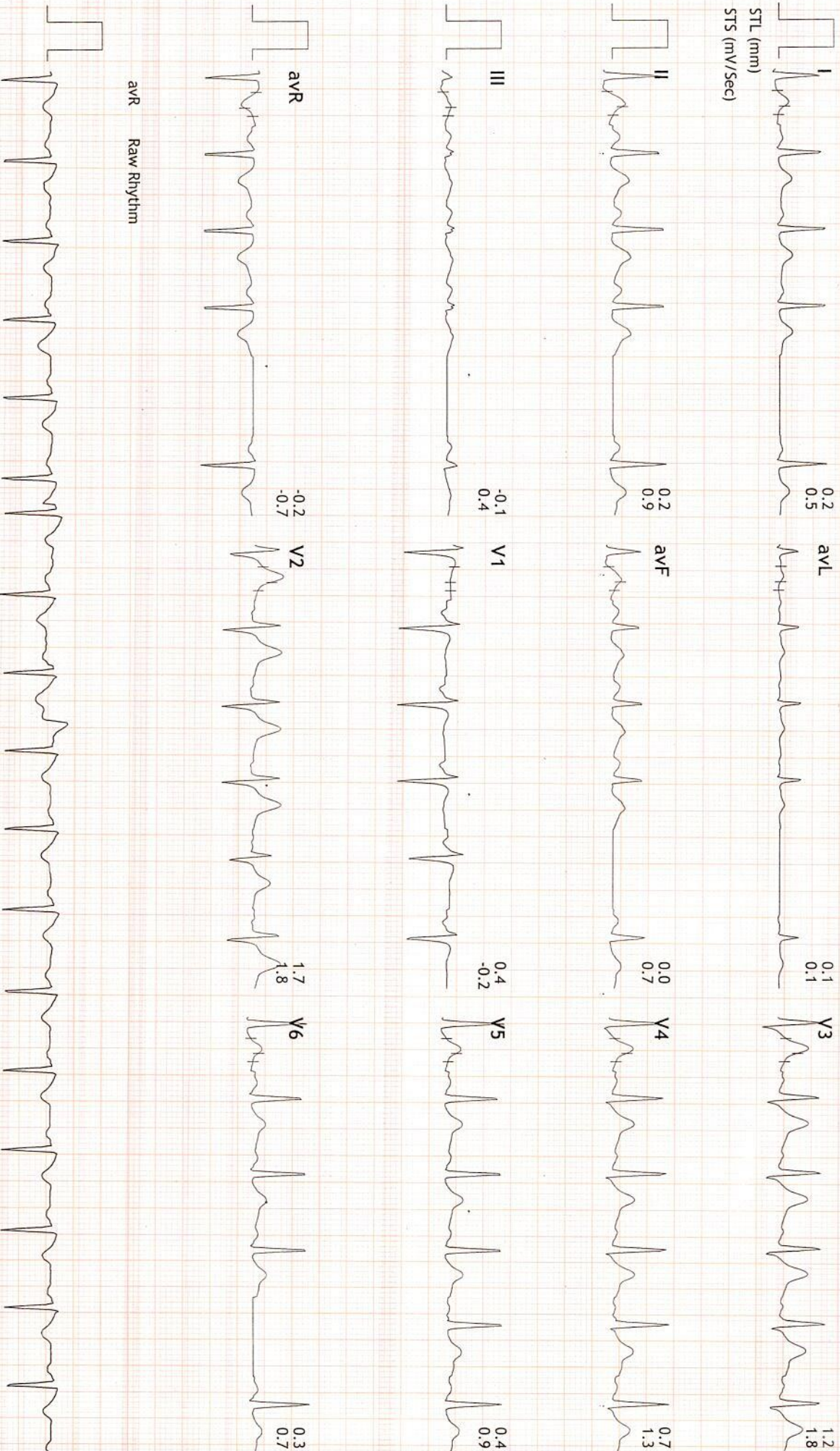
932/MITEESH J THAKKAR HR: 104 bpm
36 Yrs/Male METS: 1.0
73 Kg/168 Cms BP: 134/90
Date: 26-Mar-2022 08:10:08 AM

MPHR: 56% of 184
Speed: 0.0 mph
Grade: 0.0%

BRUCE
(1.0-100)HZ

Ex Time 06:46
BLC : On
Notch : On

Recovery : (02:59)
10.0 mm/mV
25 mm/Sec.





Linked Medians Report

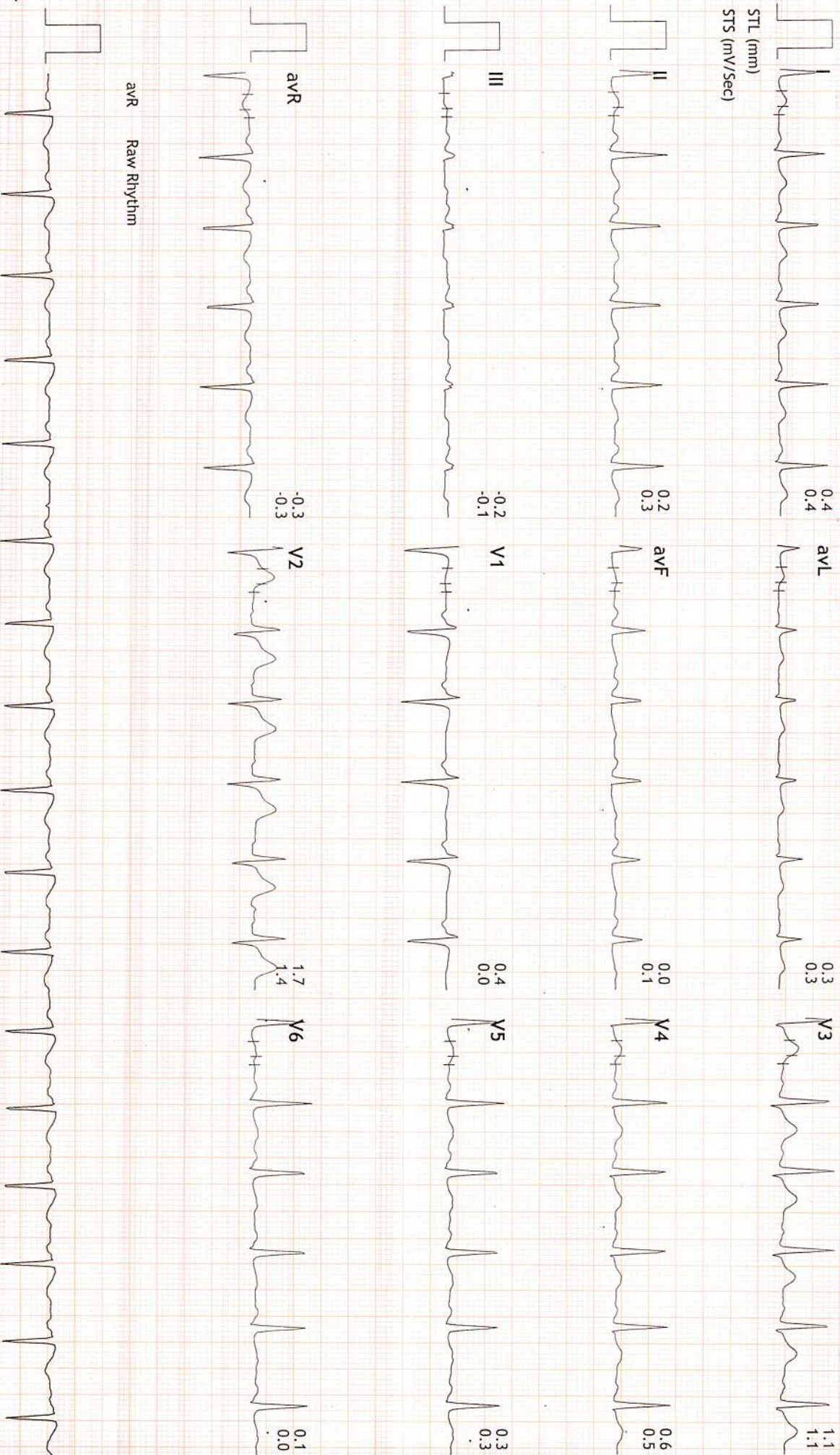
PRAMUKH MULTI SPECIALITY HOSPITAL
NR. RAILWAY CROSSING, MANINAGAR (E) Ahm. 08.

932/MITESH J THAKKAR HR: 101 bpm
36 Yrs/Male METS: 1.0
73 Kg/168 Cms BP: 132/86
Date: 26-Mar-2022 08:10:08 AM

MPHR: 54% of 184
Speed: 0.0 mph
Grade: 0.0%

BRUCE (1.0-100)Hz
Ex Time 06:46
BLC : On
Notch : On

Recovery : (05:59)
10.0 mm/mV
25 mm/Sec.





Linked Medians Report

PRAMUKH MULTI SPECIALITY HOSPITAL
NR. RAILWAY CROSSING, MANINAGAR (E) Ahm. 08.

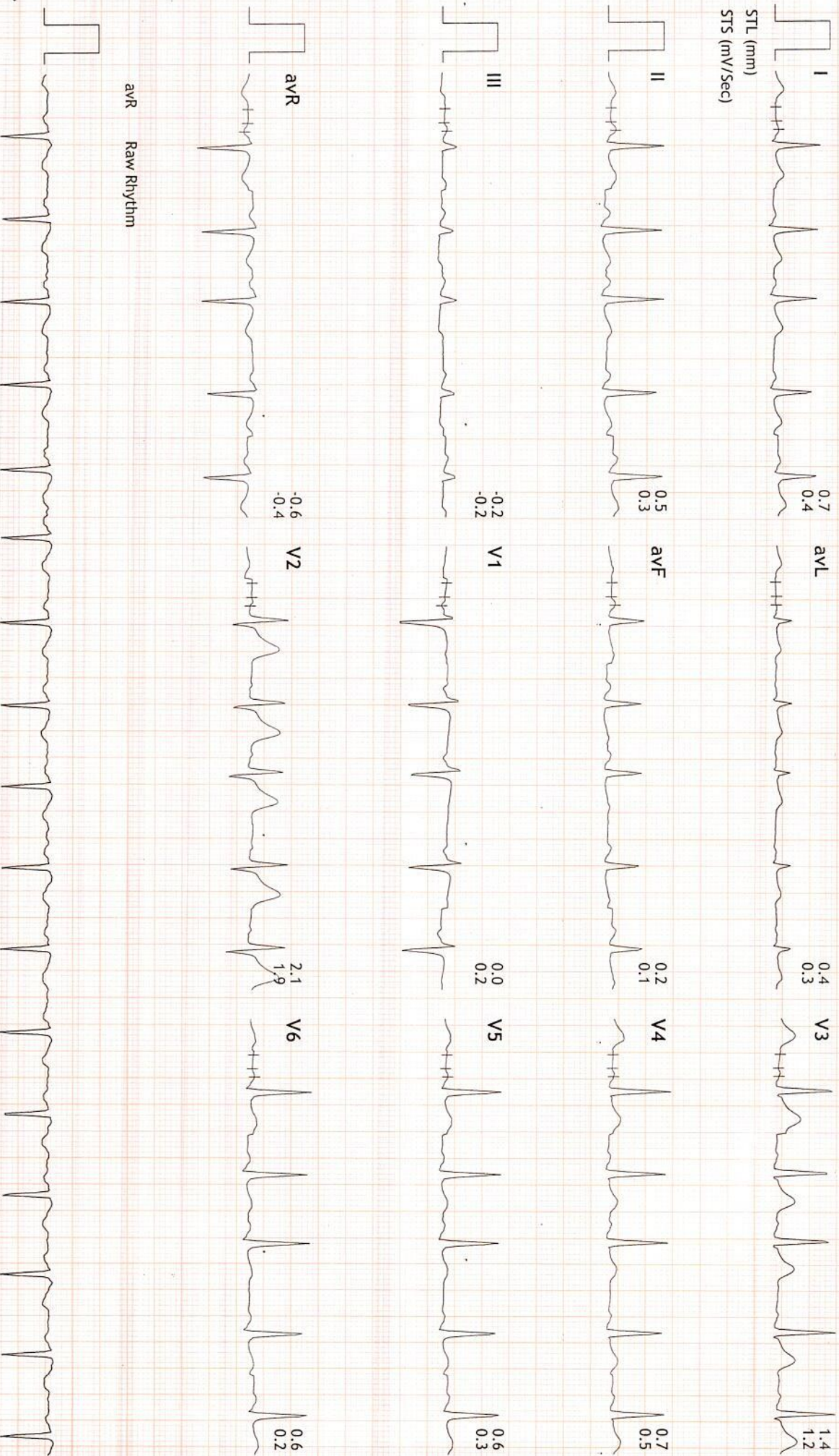
932/MITESH J THAKKAR HR: 98 bpm
36 Yrs/Male METS: 1.0
73 Kg/168 Cms BP: 128/80
Date: 26-Mar-2022 08:10:08 AM

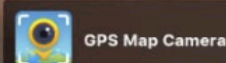
MPHR: 53% of 184
Speed: 0.0 mph
Grade: 0.0%

BRUCE
(1.0-100)Hz

Ex Time 06:46
BLC : On
Notch : On

Recovery : (08:59)
10.0 mm/mV
25 mm/Sec.





Ahmedabad, Gujarat, India

**Bhawan Avenue, Mansarovar Rd, Ahbab Nagar, Maninagar
East, Khokhra, Ahmedabad, Gujarat 380008, India**

Lat N 22° 59' 42.36" Long E 72° 36' 48.906"

26/03/22 08:16 AM

આધાર – સામાન્ય માણસનો અધિકાર



ભારત સરકાર

Government of India



ઠક્કર મિતેષ જગદીશચન્દ્ર

Thakkar Mitesh Jagdishchandra

જન્મ તારીખ / DOB : 11/10/1985

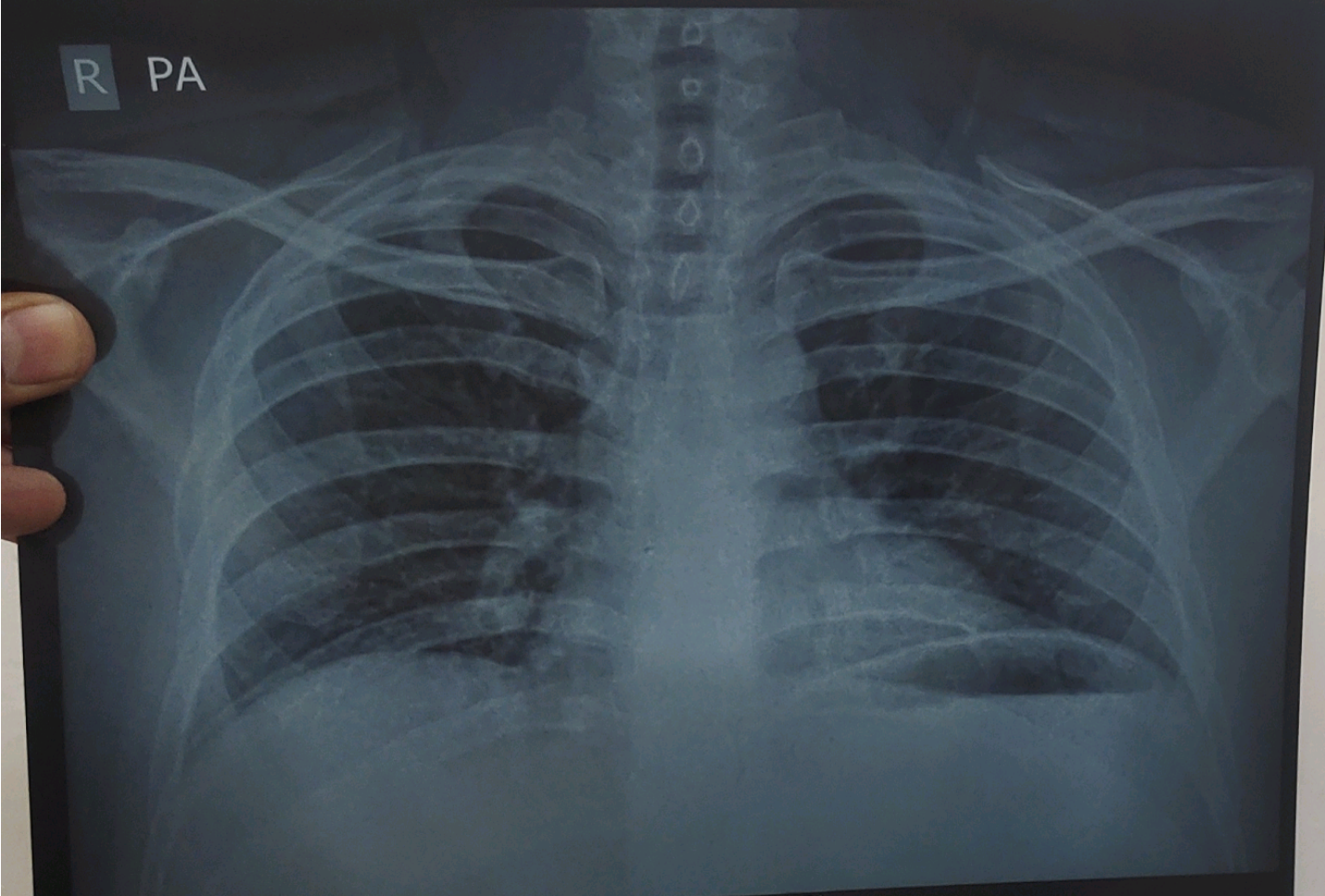
પુરુષ / Male



2823 6565 8117

આધાર – સામાન્ય માણસનો અધિકાર

R PA



Chest PA

MITESH J THAKKAR 36/YRS Male

26/03/2022 10:50:23 AM

SANYA DIAGNOSTICS , MANINAGAR , AHMEDABAD.





PRAMUKH
MULTI SPECIALITY
HOSPITAL

Above ilage Medical Store,
Nr. Railway Crossing, Maninagar (E)
Ahmedabad - 380 008.

Patient Name : Mitesh Jagdishchandra Thakkar
Sample No.. : 262
Referred : Bank Of Baroda

Age/Sex : 36 Years/Male
Registration On:26/03/2022/12:02
Approved On :26/03/2022 19:42

THYROID FUNCTIONS

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>NORMAL VALUE</u>
Serum T3 :	1.15	ng/dl	0.60 - 1.80 ng/dl
Serum T4 :	7.0	microgm/dl	4.50 - 10.9 microgm/dl
Serum T.S.H :	1.52	microU/ml	0.35 - 5.55 microU/ml

COMMENTS :

TSH levels may be affected by acute illness and drugs like doapamine and gluco corticoids.

Low or undetectable TSH is suggestive of Grave~s disease

TSH between 5.5 to 15.0 with normal T3 T4 indicates impaired thyroid hormone or subclinical hypothyroidism or normal T3 T4 with slightly low TSH suggests subclinical Hyperthyroidism.

TSH suppression does not reflect severity of hyperthyroidism therefore , measurement of FT3 ,FT4 is important.

FreeT3 is first hormone to increase in early Hyperthyroidism.

Only TSH level can prove to be misleading in patients on treatment. Therefore FreeT3 , FreeT4 along with TSH should be checked.

During pregnancy clinically T3 T4 can be high and TSH can be slightly low

PATHOLOGIST
Dr.Satishkumar Patel
M.D.,Patho
Reg No :G-6486



PRAMUKH
MULTI SPECIALITY
HOSPITAL

Above ilage Medical Store,
Nr. Railway Crossing, Maninagar (E)
Ahmedabad - 380 008.

Patient Name : Mitesh Jagdishchandra Thakkar
Sample No.. : 262
Reffered : Bank Of Baroda

Age/Sex : 36 Years/Male
Registration On:26/03/2022/12:02
Approved On :26/03/2022 16:37

COMPLETE BLOOD COUNT

Test		Sample :	Result	Unit	Biological Ref. Interval
<u>BLOOD COUNT</u>					
Hemoglobin	colorimetric		14.6	g/dL	13 - 17
R.B.C Count	Electrical impedance		5.84	mill/cmm	4.5 - 5.5
W.B.C Count	Electrical impedance		6.6	10 ³ /uL	4.0 - 10.0
Platelet Count	Electrical impedance		265	10 ³ /uL	150 - 450
<u>DIFFERENTIAL COUNT</u>					
Polymorphs	Microscopic		69	%	60 - 70
Lymphocytes	Microscopic		27	%	20 - 40
Eosinophils	Microscopic		02	%	1 - 6
Monocytes	Microscopic		02	%	2 - 10
Basophils	Microscopic		00	%	0 - 2
<u>BLOOD INDISES</u>					
HCT	Rbc Histogram		45.2	%	40 - 50
MCV	Calculated		77.4	fl	80 - 100
MCH	Calculated		25	pg	27 - 32
MCHC	Calculated		32.3	g/dl	32 - 36
RDW-CV	Calculated		13.8	%	10 - 16.5

PERIPHERAL SMEAR EXAMINATION

SMEAR Platelets: Adequate

Erythrocyte sedimentation rate

ESR AT 1 hour westergren 07

Page 2 of 9
mm/Hour

00 - 15

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BLOOD GROUP

<u>Test</u>	<u>Result</u>
BLOOD GROUP	: " B "
RH GROUP	: POSITIVE.

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COMPLETE BLOOD CHEMISTRY

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Normal Range</u>
S. Cholesterol	: 119.14	mg/dl	Desirable : < 200 Borderline High : 200 - 239 High : > 240
Serum Triglycerides	: 81.77	mg/dl	Normal : Normal < 150 Borderline : 150 - 199 High : > 200
HDL Cholesterol	: 46.20	mg/dl	40 - 60 mg/dl
Serum LDL Cholesterol (Calculated)	: 56.58	mg/dl	Up to 150
Cholesterol/HDL Ratio (Calculated)	: 2.58	mg/dl	Up to 5.0
Serum VLDL Cholesterol (Calculated)	: 16.35	mg/dl	Up to 35
LDLC/HDL Ratio (Calculated)	: 1.22	mg/dl	Up to 3.4
Total Lipid (Calculated)	: 453.69	mg/dl	400 - 1000 mg/dl
Sr. Creatinine	: 0.90	mg/dl	0.6 - 1.2 mg/dl
Sr. Uric Acid	: 3.44	mg/dl	3.2 - 7.2 mg/dl
S. Bilirubin (Total)	: 0.56	mg/dl	up to 1.2
S. Bilirubin (Direct)	: 0.12	mg/dl	up to 0.2
S. Bilirubin (Indirect)	: 0.44	mg/dl	up to 1.0
SGOT	: 37.51	U/L	up to 40
SGPT	: 24.18	U/L	up to 42
GGT	: 21.78	U/L	12 - 64
S.Alkaline Phosphatase	: 73.2	U/L	40 - 129
Total Proteins	: 6.53	g/dl	6.0 - 8.3
Albumin	: 4.37	g/dl	3.5 - 5.2
Globulins	: 2.16	g/dl	2.4 - 3.7



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AGRATIO : 2.023

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Glycosylated HB - (HBA1C)

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Ref Interval</u>
HBA1C: (Immunoturbidimetric)	4.9	%	Normal : ≤ 5.6 Prediabetes : 5.7 - 6.4 Diabetes : ≥ 6.5 <u>DIABETES CONTROL CRITERIA</u> 6 - 7 : Near Normal Glycemia < 7 : Goal 7 - 8 : Good Control > 8 : Action Suggested
Mean Blood Glucose:	93.93	mg/dl	

Criteria for the diagnosis of diabetes

1. HbA1c ≥ 6.5 *
Or
2. Fasting plasma glucose >126 gm/dL. Fasting is defined as no caloric intake at least for 8 hrs.
Or
3. Two hour plasma glucose ≥ 200 mg/dL during an oral glucose tolerance test by using a glucose load containing equivalent of 75 gm anhydrous glucose dissolved in water.
Or.
4. In a patient with classic symptoms of hyperglycemia or hyperglycemic crisis, a random plasma glucose ≥ 200 mg/dL. *In the absence of unequivocal hyperglycemia, criteria 1-3 should be confirmed by repeat testing. American diabetes association. Standards of medical care in diabetes 2011. Diabetes care 2011;34;S11.

Limitation of HbA1c

- 1) In patients with Hb variants even analytically correct results do not reflect the same level of glycemic control that would be expected in patients with normal population. 2) Any cause of shortened erythrocyte survival or decreased mean erythrocyte survival or decreased mean erythrocyte age eg. hemolytic diseases, pregnancy, significant recent/chronic blood loss etc. will reduce exposure of RBC to glucose with consequent decrease in HbA1c values. 3) Glycated HbF is not detected by this assay and hence specimens containing high HbF ($>10\%$) may result in lower HbA1c values than expected.

Page 6 of 9

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BLOOD SUGAR LEVEL

Specimen :

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Biological Ref. Interval</u>
Fasting Blood Sugar: (GOD-POD)	97.60	mg/dl	70-110
Post Prandial Blood Glucose: (GOD-POD)	124.91	mg/dl	100 - 150

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URINE EXAMINATION

PHYSICAL :

Colour - **Pale Yellow**
Deposits - **Absent**
Transparency - **Clear**
Reaction - **Acidic**
Sp. Gravity - **1.004**

CHEMICAL :

Albumin - **Absent**
Sugar - **Absent**
Bile Salts - **Absent**
Bile Pigments - **Absent**

MICROSCOPIC: (After centrifugation at 2000 r.p.m. for 5 minutes)

Pus Cells - **Not seen** /h.p.f.
Red Cells - **Not seen** /h.p.f.
Epithelial Cells - **2 - 3** /h.p.f.
Casts - **Not seen**/l.p.f.
Crystals - **Not seen**
Amorphous - **Not seen**



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BLOOD UREA NITROGEN

<u>Test</u>	<u>Result</u>	<u>Unit</u>	<u>Normal Range</u>
Urea:	18.56	mg/dl	10 - 50 mg/dl
Blood Urea Nitrogen:	8.67	mg/dl	08 - 23 mg/dl

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