



4

Sushma

Suburban Diagnostics (I) Pvt. Ltd.  
301 & 302, 3rd Floor, Vini Elegance,  
Above Tanisq Jeweller, L. T. Road,  
Borivalli (West), Mumbai - 400 092.

Name :-SUSHMA

CID:- 2309120835

AGE 36

**History and Complaints:**

NIL

**EXAMINATION FINDINGS:**

Height (cms):164cm

Temp (0c): Afebrile

Blood Pressure (mm/hg): 120/80 mmhg  
Normal

Pulse: 74/min

Weight (kg): kg

Skin: Normal

Nails:

Lymph Node: Not palpable

**Systems:**

Cardiovascular:- S1S2 audible

Respiratory:- AEBE

Genitourinary:- NAD

GI System:- Liver & Spleen Not Palpable

CNS:- NAD

IMPRESSION:

*Normal*

ADVICE:

CHIEF COMPLAINTS:

- 1) Hypertension:-No
- 2) IHD:- No
- 3) Arrhythmia:- No
- 4) Diabetes Mellitus:- No

- 5) Tuberculosis:- No
- 6) Asthama:- No
- 7) Pulmonary Disease:- No
- 8) Thyroid/ Endocrine disorders:- No
- 9) Nervous disorders:- No
- 10) GI system:- No
- 11) Genital urinary disorder:- No
- 12) Rheumatic joint diseases or symptoms:- No
- 13) Blood disease or disorder:- No
- 14) Cancer/lump growth/cyst:- No
- 15) Congenital disease:- No
- 16) Surgeries:- NO
- 17) Musculoskeletal System:- No

**PERSONAL HISTORY:**

- 1) Alcohol:- No
- 2) Smoking:- No
- 3) Diet:- ~~veg~~ *veg*
- 4) Medication:- No

**DR. NITIN SONAVANE**  
M.B.B.S.AFLH, D.DIAB, D.CARD  
CONSULTANT-CARDIOLOGY  
REGD. NO. : 87714

Dr. NITIN SONAVANE

PHYSICIAN

**Suburban Diagnostics (I) Pvt. Ltd.**  
301 & 302, 3rd Floor, Vini Elegance,  
Above Tanisq Jeweller, L. T. Road,  
Borivali (West), Mumbai - 400 092.



CID : 2309120835  
Name : Mrs Sushma .  
Age / Sex : 36 Years/Female  
Ref. Dr :  
Reg. Location : Borivali West

Reg. Date : 01-Apr-2023  
Reported : 01-Apr-2023 / 13:12

**X-RAY CHEST PA VIEW**

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

**IMPRESSION:**

**NO SIGNIFICANT ABNORMALITY IS DETECTED.**

-----End of Report-----

**DR.SUDHANSHU SAXENA**  
Consultant Radiologist  
M.B.B.S DMRE (RadioDiagnosis)  
RegNo .MMC 2016061376.

Click here to view images <http://3.111.232.119/iRISViewer/NeoradViewer?AccessionNo=2023040109131072>



**CID** : 2309120835  
**Name** : Mrs Sushma .  
**Age / Sex** : 36 Years/Female  
**Ref. Dr** :  
**Reg. Location** : Borivali West

**Reg. Date** : 01-Apr-2023  
**Reported** : 01-Apr-2023 / 11:27

## USG WHOLE ABDOMEN

**LIVER:** Liver is normal in size, shape and echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any obvious focal lesion.

**GALL BLADDER:** Gall bladder is distended and appears normal. No obvious wall thickening is noted. There is no evidence of any calculus.

**PORTAL VEIN:** Portal vein is normal. **CBD:** CBD is normal.

**PANCREAS:** Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification.

**KIDNEYS:** Right kidney measures 10.3 x 4.3cm. Left kidney measures 11.1 x 4.8 cm. Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

**SPLEEN:** Spleen is normal in size, shape and echotexture. No focal lesion is seen.

**URINARY BLADDER:** Urinary bladder is distended and normal. Wall thickness is within normal limits.

**UTERUS:** Uterus is anteverted, normal and measures 7.3 x 4.5 x 4.9 cm. Uterine myometrium shows homogenous echotexture. Endometrium is normal in thickness and measures 6 mm. Cervix appears normal.

**OVARIES:** Both ovaries appear normal in size and echotexture.  
The right ovary measures 2.4 x 3.0 x 2.1 cm (volume 8.1 cc).  
The left ovary measures 3.2 x 2.2 x 2.1 cm (volume 8.3 cc).

Bilateral adnexa is clear.

No free fluid or obvious significant lymphadenopathy is seen.

Click here to view images <http://3.111.232.119/iRISViewer/NeoradViewer?AccessionNo=2023040109131066>



Use a QR Code Scanner  
Application To Scan the Code

CID : 2309120835  
Name : Mrs Sushma .  
Age / Sex : 36 Years/Female  
Ref. Dr :  
Reg. Location : Borivali West

Reg. Date : 01-Apr-2023  
Reported : 01-Apr-2023 / 11:27

**Opinion:**

- No significant abnormality is detected.

**For clinical correlation and follow up.**

Investigations have their limitations. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly.

-----End of Report-----

DR.SUDHANSHU SAXENA  
Consultant Radiologist  
M.B.B.S DMRE (RadioDiagnosis)  
RegNo .MMC 2016061376.

Click here to view images <http://3.111.232.119/iRISViewer/NeoradViewer?AccessionNo=2023040109131066>

Date:- 01/04/2023

CID: 2B09120835

Name:- Shushma

Sex / Age: f / 34

**EYE CHECK UP**

Chief complaints: |

Systemic Diseases:

Past history: |

Unaided Vision:

Aided Vision:

Refraction:

RIE  
6/12  
N10

LE  
6/12  
N10

(Right Eye)

(Left Eye)

	Sph	Cyl	Axis	Vn	Sph	Cyl	Axis	Vn
Distance								
Near								

Colour Vision: Normal / Abnormal

Remark:

R-E  
y

**Suburban Diagnostics (I) Pvt. Ltd.**  
301 & 302, 3rd Floor, Vini Elegance,  
Above Tanisq Jeweller, L. T. Road,  
Borivali (West), Mumbai - 400 092.

Patient Name: SUSHMA .  
Patient ID: 2309120835



Date and Time: 1st Apr 23 9:50 AM

Age 36 3 17  
years months days

Gender Female

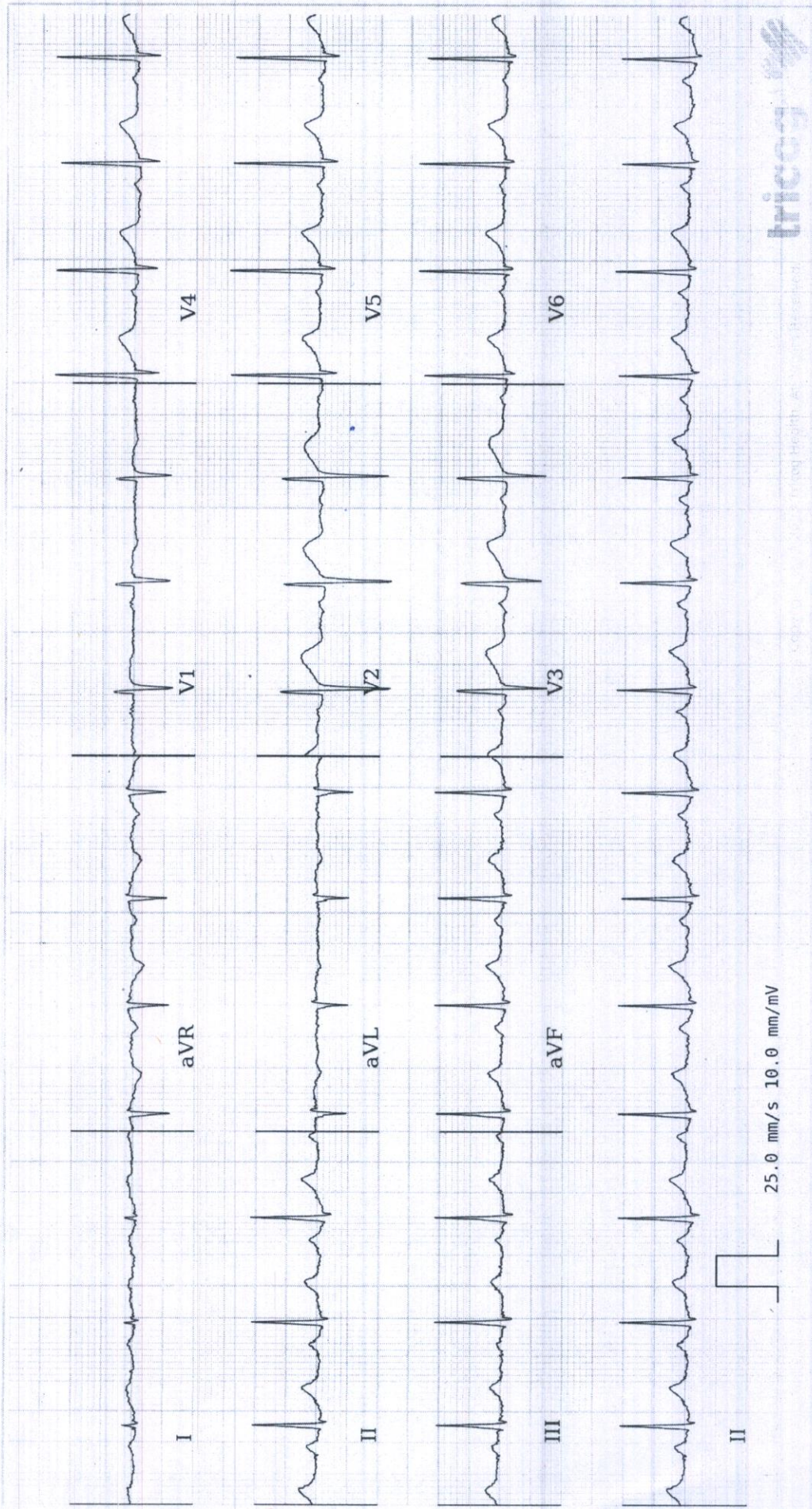
Heart Rate 89bpm

Patient Vitals

BP: NA  
Weight: NA  
Height: NA  
Pulse: NA  
Spo2: NA  
Resp: NA  
Others:

Measurements

QRSD: 66ms  
QT: 368ms  
QTcB: 447ms  
PR: 148ms  
P-R-T: 67° 86° 69°



ECG Within Normal Limits: Sinus Rhythm. Please correlate clinically.

REPORTED BY

*[Signature]*

Dr Nitin Somavane  
MBBS AFH, DDIABDCARD  
Consultant Cardiologist  
87714



**SUBURBAN DIANOSTICS PVT. LTD. BORIVALI**

**Name: SUSHMA CHOUDHARY** Date: 01-04-2023 Time: 11:25

Age: 36 Gender: F Height: 159 cms Weight: 49 Kg ID: 2309120835

Clinical History: NIL

Medications: NIL

**Test Details:**

Protocol: Bruce Predicted Max HR: 184 Target HR: 156

Exercise Time: 0:04:12 Achieved Max HR: 171 (93% of Predicted MHR)

Max BP: 150/80 Max BP x HR: 25650 Max Mets: 4.9

Test Termination Criteria: TEST COMPLETE

**Protocol Details:**

Stage Name	Stage Time	METS	Speed kmph	Grade %	Heart Rate bpm	BP mmHg	RPP	Max ST Level mm	Max ST Slope mV/s
Supine	00:14	1	0	0	117	100/70	11700	-1.1 aVR	0.6 V1
Standing	00:09	1	0	0	127	100/70	12700	2 V1	-1.2 V2
HyperVentilation	00:25	1	0	0	122	100/70	12200	-0.5 V5	0.4 V1
PreTest	00:17	1	1.6	0	124	100/70	12400	0.9 II	0.7 II
Stage: 1	03:00	4.7	2.7	10	167	130/80	21710	-0.8 V2	0.8 aVR
Peak Exercise	01:12	4.9	4	12	171	150/80	25650	5.6 aVR	2.3 aVR
Recovery1	01:00	1	0	0	149	150/80	22350	0.5 aVR	0.6 V1
Recovery2	01:00	1	0	0	145	130/80	18850	0.6 aVR	0.6 aVR
Recovery3	01:00	1	0	0	135	130/80	17550	-0.3 V3	0.6 V1
Recovery4	01:00	1	0	0	134	120/80	16080	1.2 V3	0.6 V1
Recovery5	01:00	1	0	0	122	120/80	14640	-0.3 aVF	0.4 V1

**Interpretation**

The Patient Exercised according to Bruce Protocol for 0:04:12 achieving a work level of 4.9 METS.  
Resting Heart Rate, initially 117 bpm rose to a max. heart rate of 171bpm (93% of Predicted Maximum Heart Rate).  
Resting Blood Pressure of 100/70 mmHg, rose to a maximum Blood Pressure of 150/80 mmHg  
Good Effort tolerance Normal BP Response, S. Tachycardia, No Angina or Arrhythmias  
No Significant ST-T Change Noted During Exercise Stress test Negative for Stress inducible ischaemia.

**DR. NITIN SONAVANE**  
M.B.B.S.AFLH, D.DIAB, D.CARD.  
CONSULTANT-CARDIOLOGIST  
REGD. NO. : 87714

Ref. Doctor: ----

Doctor: DR. NITIN SONAVANE

**SCHILLER**  
The Art of Diagnostics

Suburban Diagnostics (I) Pvt. Ltd. (Summary Report edited by User)  
301 & 302, 3rd Floor, Vinod Chavan Centre, Spandan CS-20 Version:2.14.0  
Above Tanisq Jeweller, I  
Borivali (West), Mumbai

# SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

**SUSHMA CHOUDHARY**

Brice Protocol  
STLevel(mm) STSlope(mV/s)

ID: 2309120835  
Stage: Supine

Date: 01-04-2023  
Speed: 0 km/h

Exec Time : 0:00:00  
Slope: 0%

Stage Time: 00:14  
THR: 156 bpm

**HR: 117 bpm**

BP: 100/70 mmHg  
STLevel(mm) STSlope(m

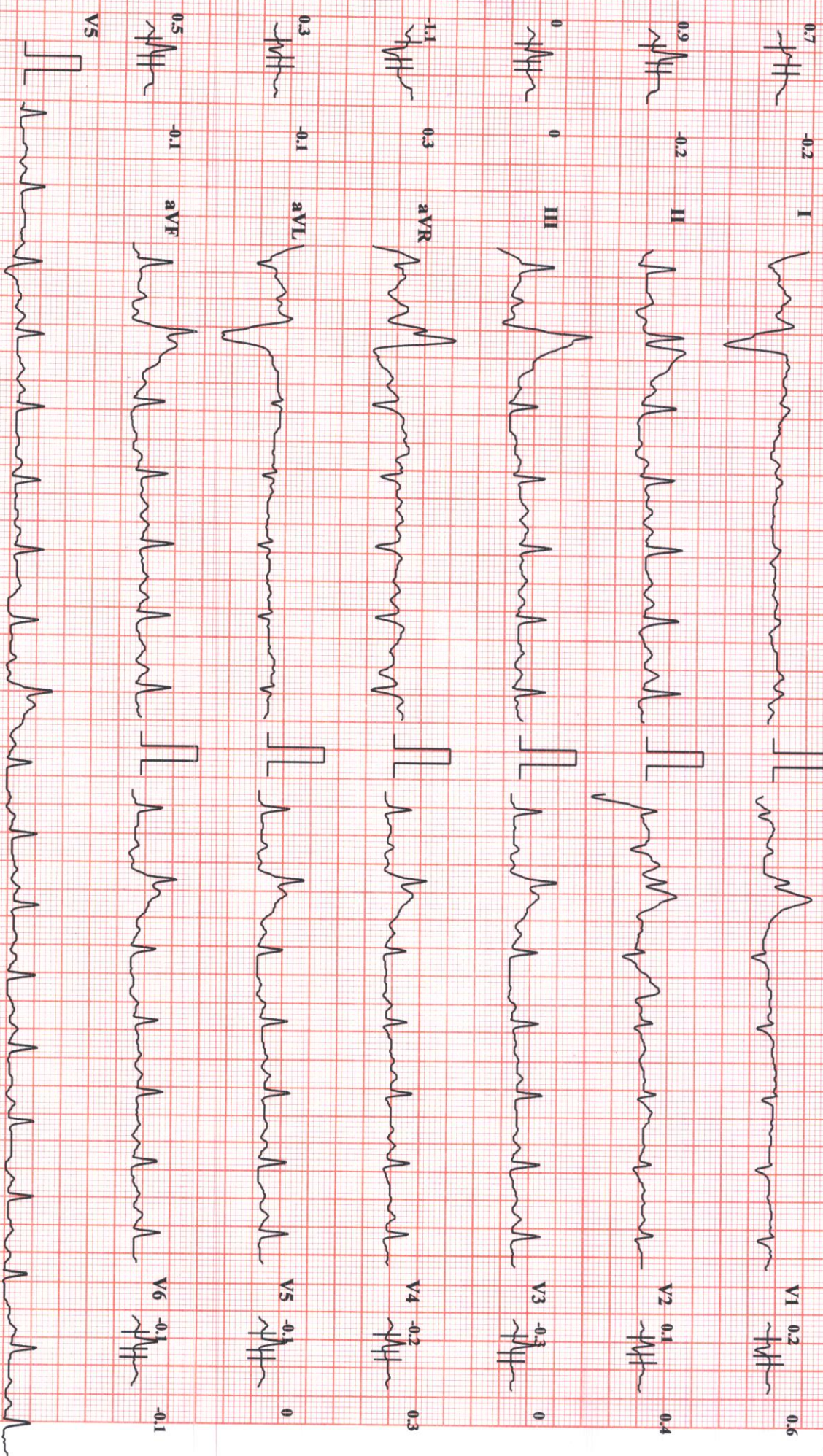


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

# SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

**SUSHMA CHOUDHARY**

Bruce Protocol

STLevel(mm) STISlope(mV/s)

ID: 2309120835  
Stage: Standing

Date: 01-04-2023  
Speed: 0

Exec Time : 0:00:00  
Slope: 0 %

Stage Time: 00:09  
THR: 156 bpm

**HR: 127 bpm**

BP: 100/70 mmHg  
STLevel(mm) STISlope(mV/s)

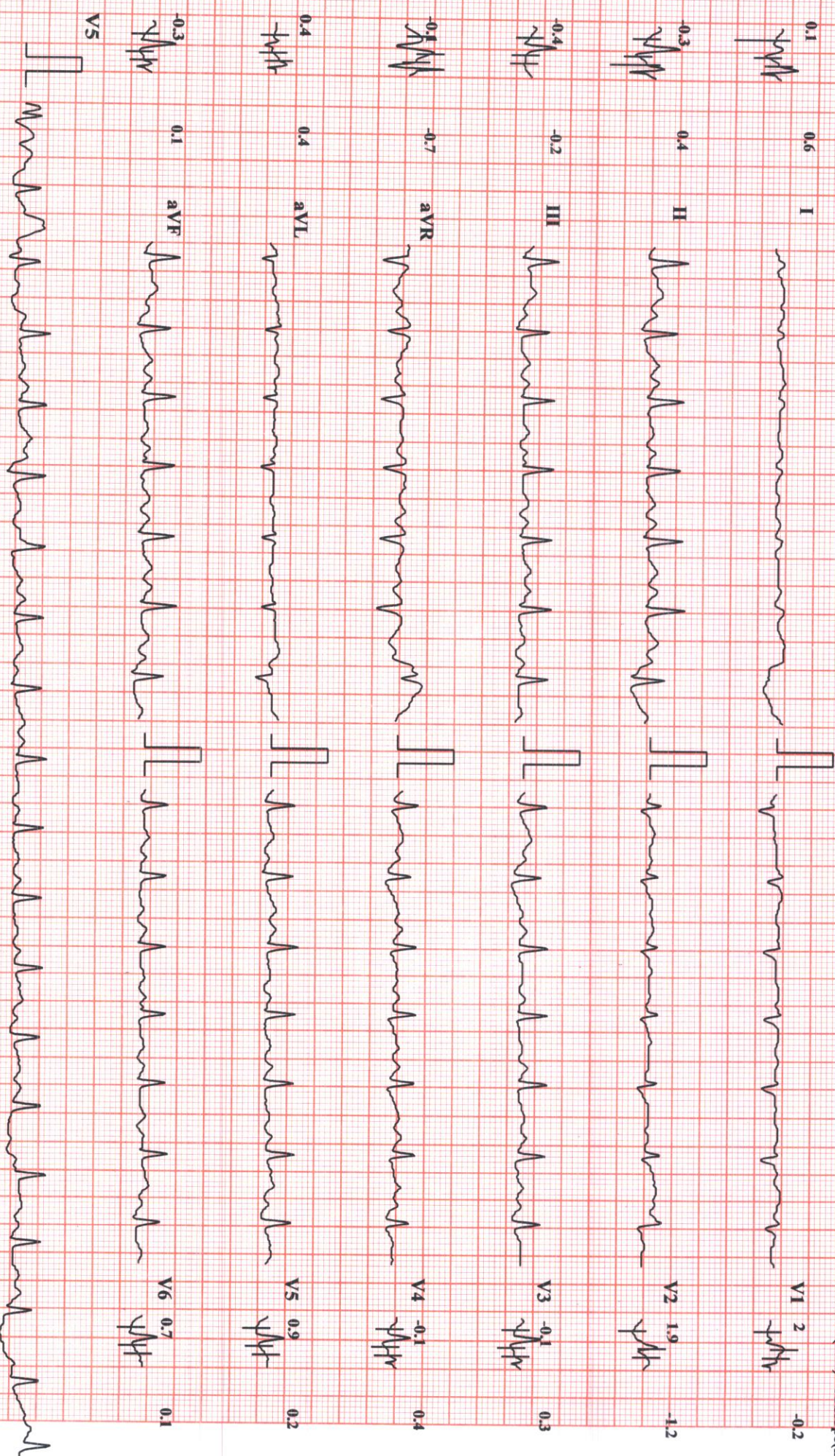


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

**SUBURBAN DIANOSTICS PVT. LTD. BORIVALI**

**SUSHMA CHOUDHARY**

Bruce Protocol  
STLevel(mm) STSlope(mV/s)

ID: 2309120835  
Stage: Hyper Ventilation  
Date: 01-04-2023  
Speed: 0

Exec Time : 0:00:00  
Slope: 0 %  
Stage Time: 00:25  
THR: 156 bpm

**HR: 122 bpm**  
BP: 100/70 mmHg  
STLevel(mm) STSlope(mV/s)

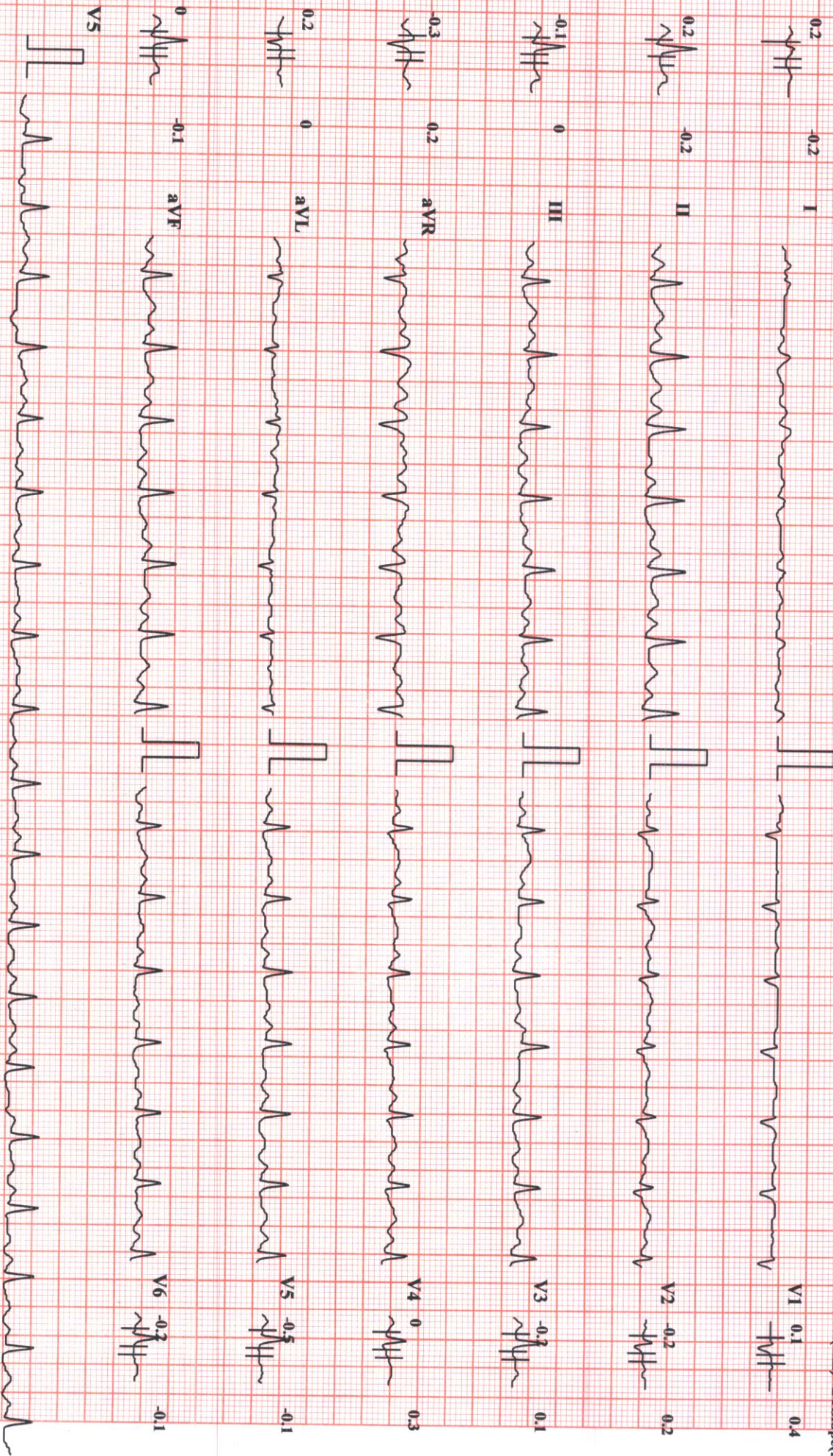


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

Schiller Spandart CS-20 Version:2.14



**SUSHMA CHOUHARY**

**SUBRAN DIANOSTICS PVT. LTD. BORIVALI**

Bruce Protocol

ID: 2309120835

Date: 01-04-2023

Exec Time : 0:03:00

Stage Time: 03:00

**HR: 167 bpm**

STLevel(mm) STISlope(mV/s)

Stage: 1

Speed: 2.7 kmph

Slope: 10 %

THR: 156 bpm

BP: 130/80 mmHg  
STLevel(mm) STISlope(m

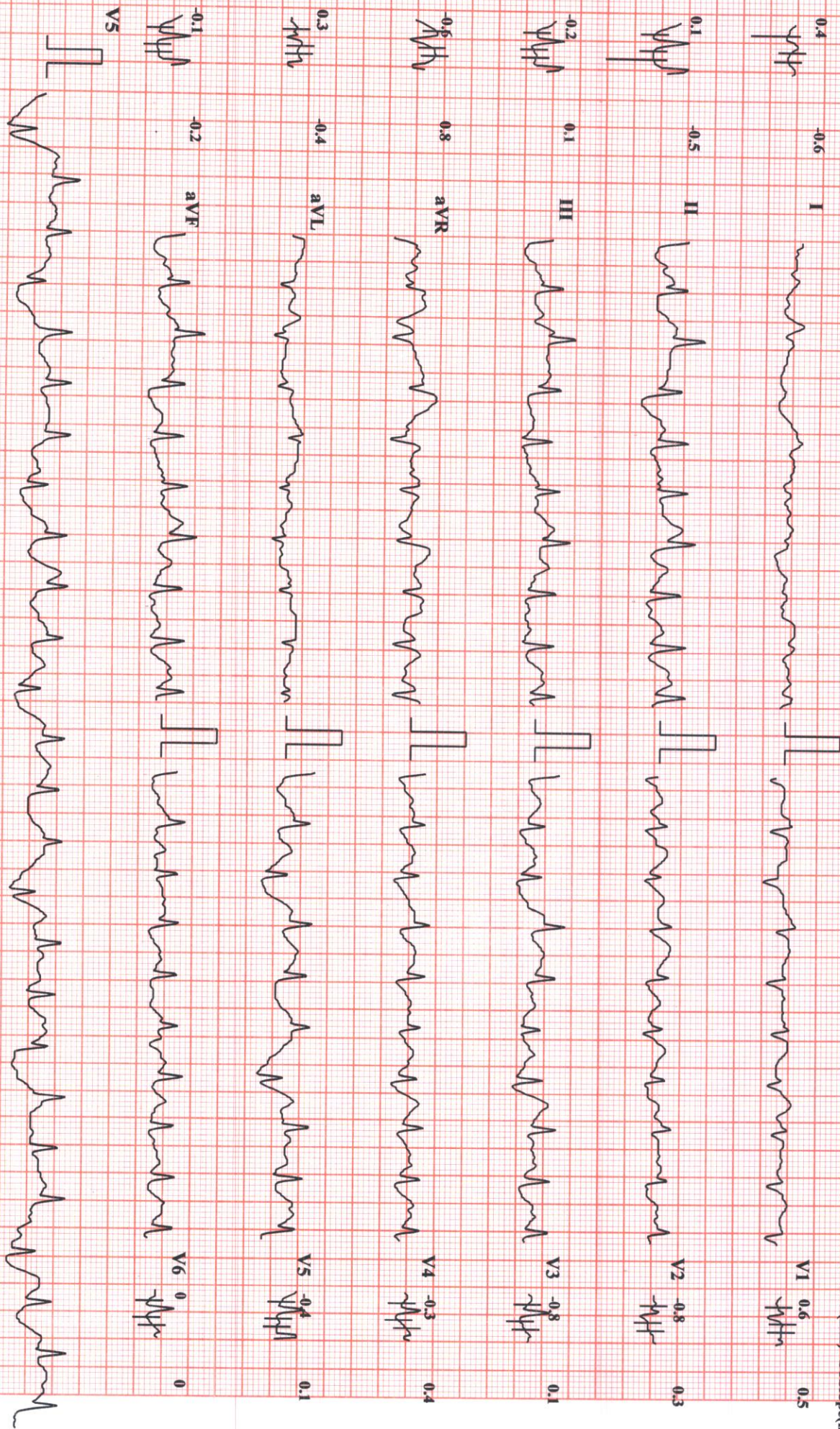


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

Schiller Spandau CS-20 Version:2.14



**SUSHMA CHOUDHARY**

Brace Protocol  
STLevel(mm) STISlope(mV/s)

ID: 2309120835

Stage: 2 Peak Exercise

Date: 01-04-2023

Speed: 4 kmph

Exec Time : 0:04:12

Slope: 12 %

Stage Time: 01:12

THR: 156 bpm

**HR: 171 bpm**

BP: 150/80 mmHg  
STLevel(mm) STISlope(mV/s)

**SUBURBAN DIANOSTICS PVT. LTD. BORIVALI**



Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

Schiller Spandam CS-20 Version:2.14

# SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

**SUSHMA CHOUDHARY**

Bruce Protocol  
STLevel(mm) STISlope(mV/s)

ID: 2309120835  
Stage: Recovery1

Date: 01-04-2023  
Speed: 0 kmph

Exec Time : 00:00  
Slope: 0 %

Stage Time: 01:00  
THR: 156 bpm

**HR: 149 bpm**

BP: 150/80 mmHg  
STLevel(mm) STISlope(mV/s)

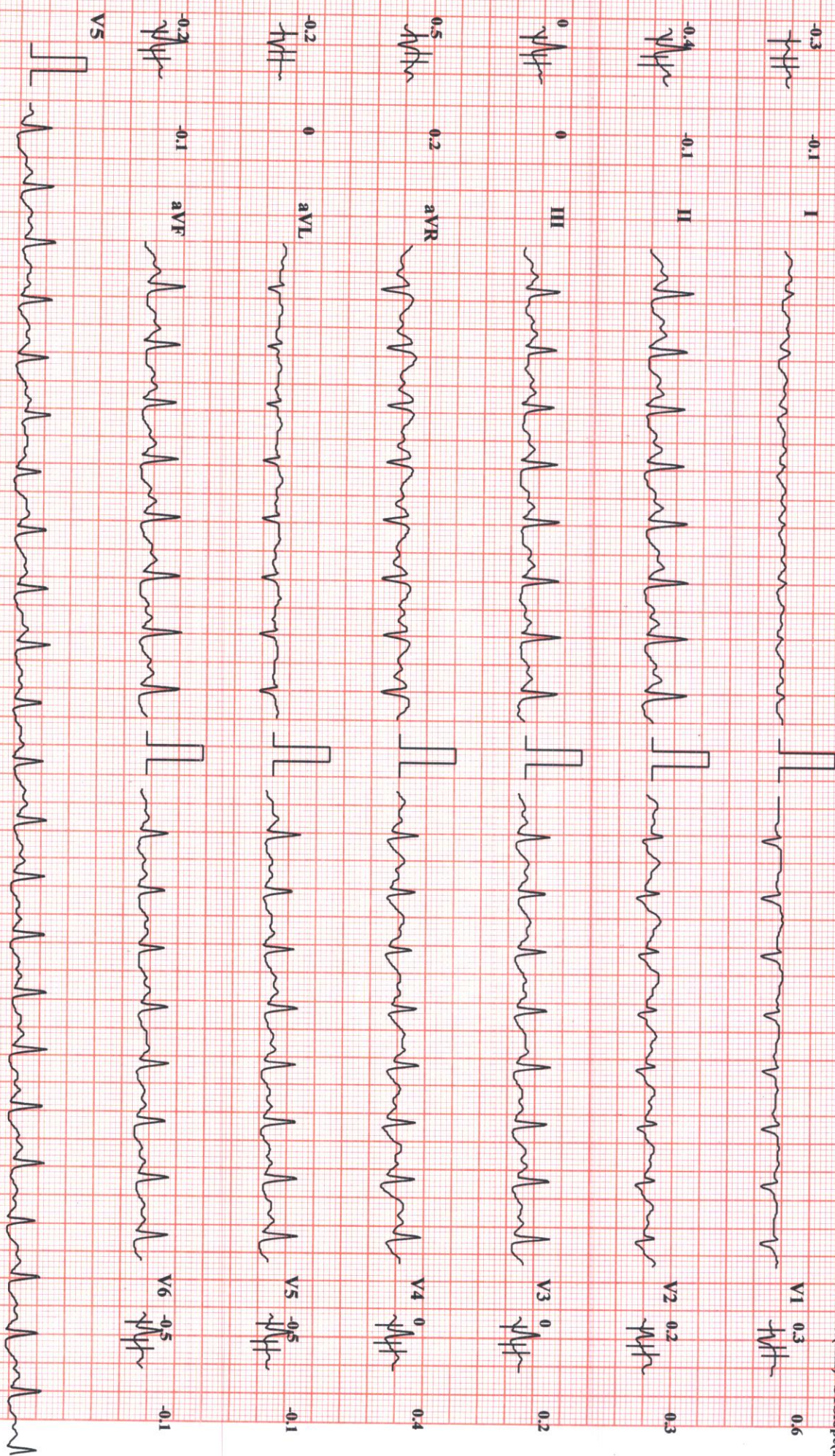


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

Schiller Spandan CS-20 Version:2.14

# SUBURBAN DIAGNOSTICS PVT. LTD. BORIVALI

**SUSHMA CHOUDHARY**

Brice Protocol

STLeve(mm) STSlope(mV/s)

ID: 2309120835  
Stage: Recovery2

Date: 01-04-2023  
Speed: 0 kmph

Exec Time : 00:00  
Slope: 0 %

Stage Time: 01:00  
THR: 156 bpm

**HR: 145 bpm**

BP: 130/80 mmHg  
STLeve(mm) STSlope(m

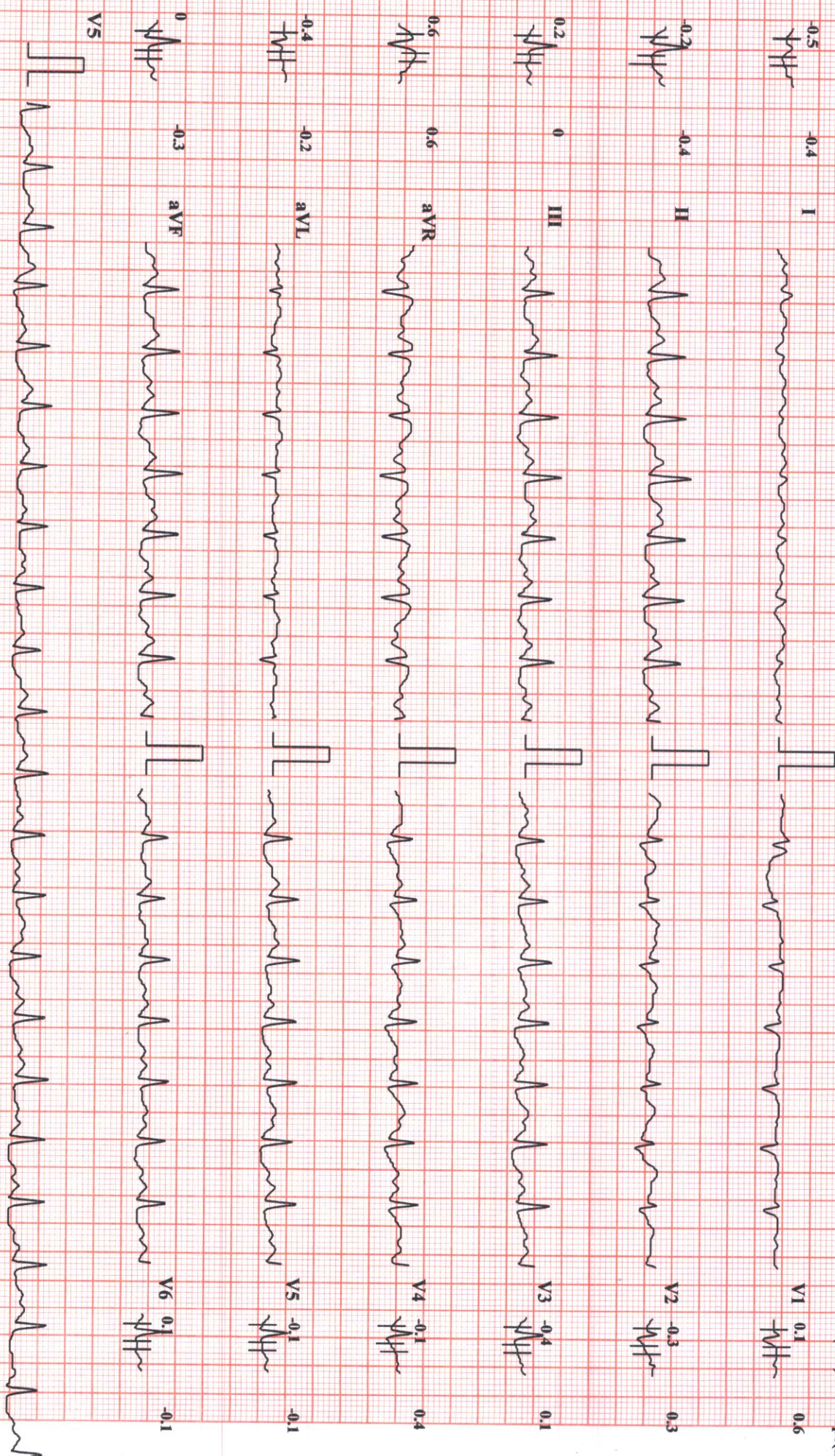


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms





# SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

**SUSHMA CHOUDHARY**

Brace Protocol

STLevel(mm) STSlope(mV/s)

ID: 2309120835

Stage: Recovery3

Date: 01-04-2023

Speed: 0 kmph

Exec Time : 00:00

Slope: 0%

Stage Time: 01:00

THR: 156 bpm

**HR: 135 bpm**

BP: 130/80 mmHg

STLevel(mm) STSlope(mV)

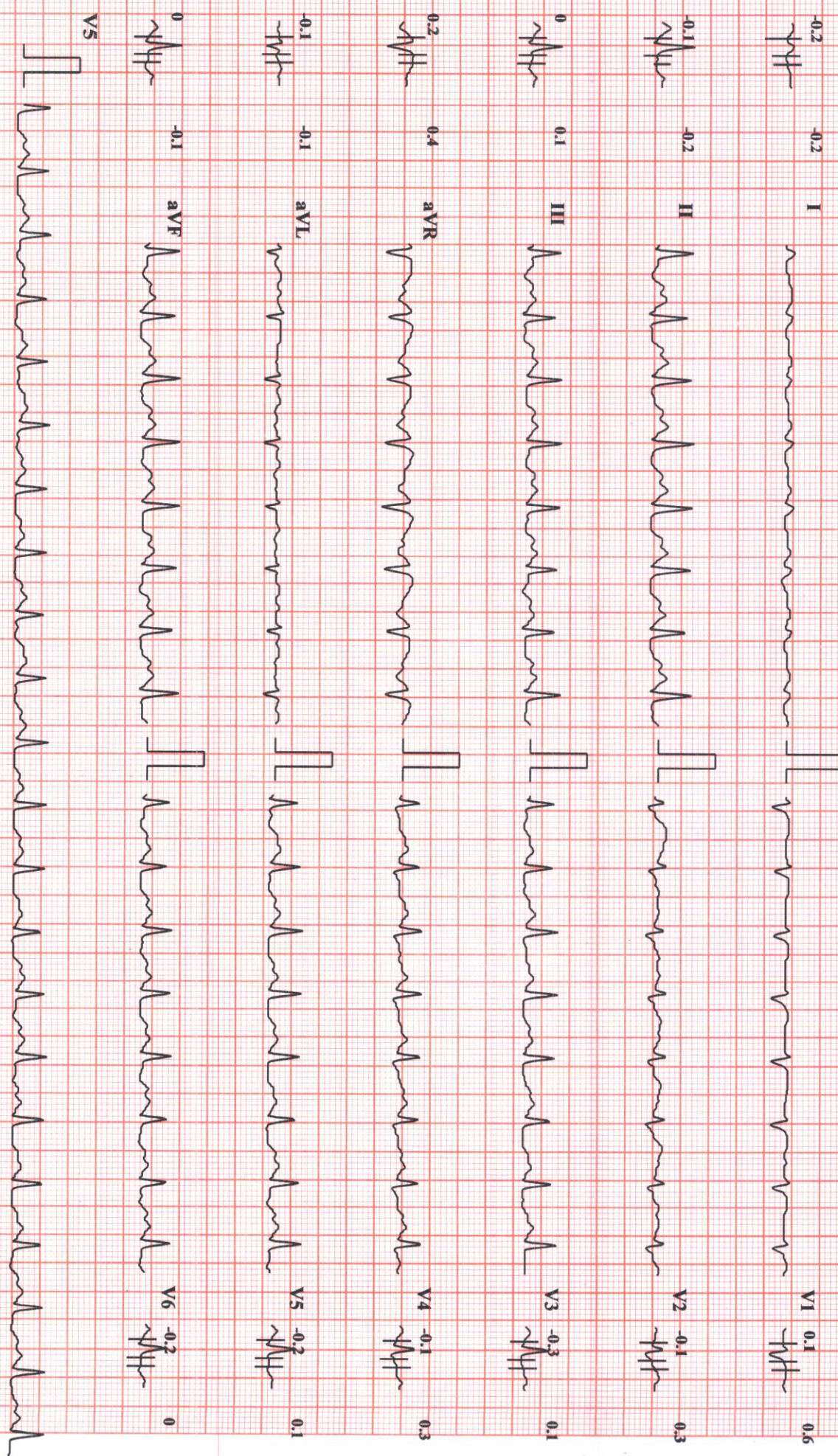


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

Schiller Spandau CS-20 Version: 2.14



# SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

**SUSHMA CHOUDHARY**

Bruce Protocol

STLevel(mm) STSlope(mV/s)

ID: 2309120835

Stage: Recovery4

Date: 01-04-2023

Speed: 0 kmph

Exec Time : 00:00

Stage Time: 01:00

**HR: 134 bpm**

BP: 120/80 mmHg

STLevel(mm) STSlope(mV/s)

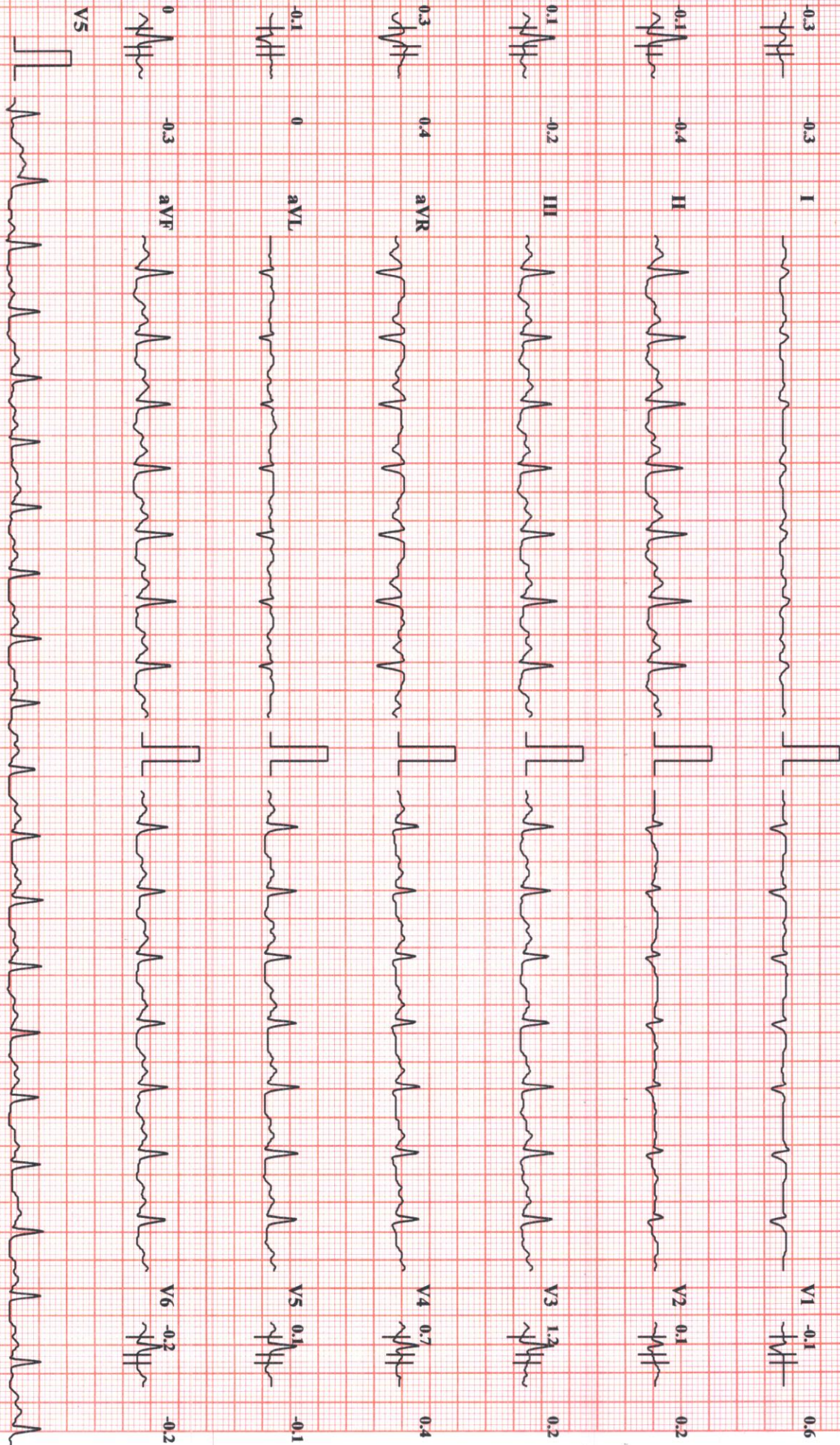


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

Schiller Spandan CS-20 Version:2.1



# SUBURBAN DIANOSTICS PVT. LTD. BORIVALI

**SUSHMA CHOUDHARY**

Bruce Protocol

STLevel(mm) STSlope(mV/s)

ID: 2309120835

Stage: Recovery5

Date: 01-04-2023

Speed: 0 kmph

Exec Time : 00:00

Slope: 0 %

Stage Time: 01:00

THR: 156 bpm

**HR: 122 bpm**

BP: 120/80 mmHg

STLevel(mm) STSlope(mV)

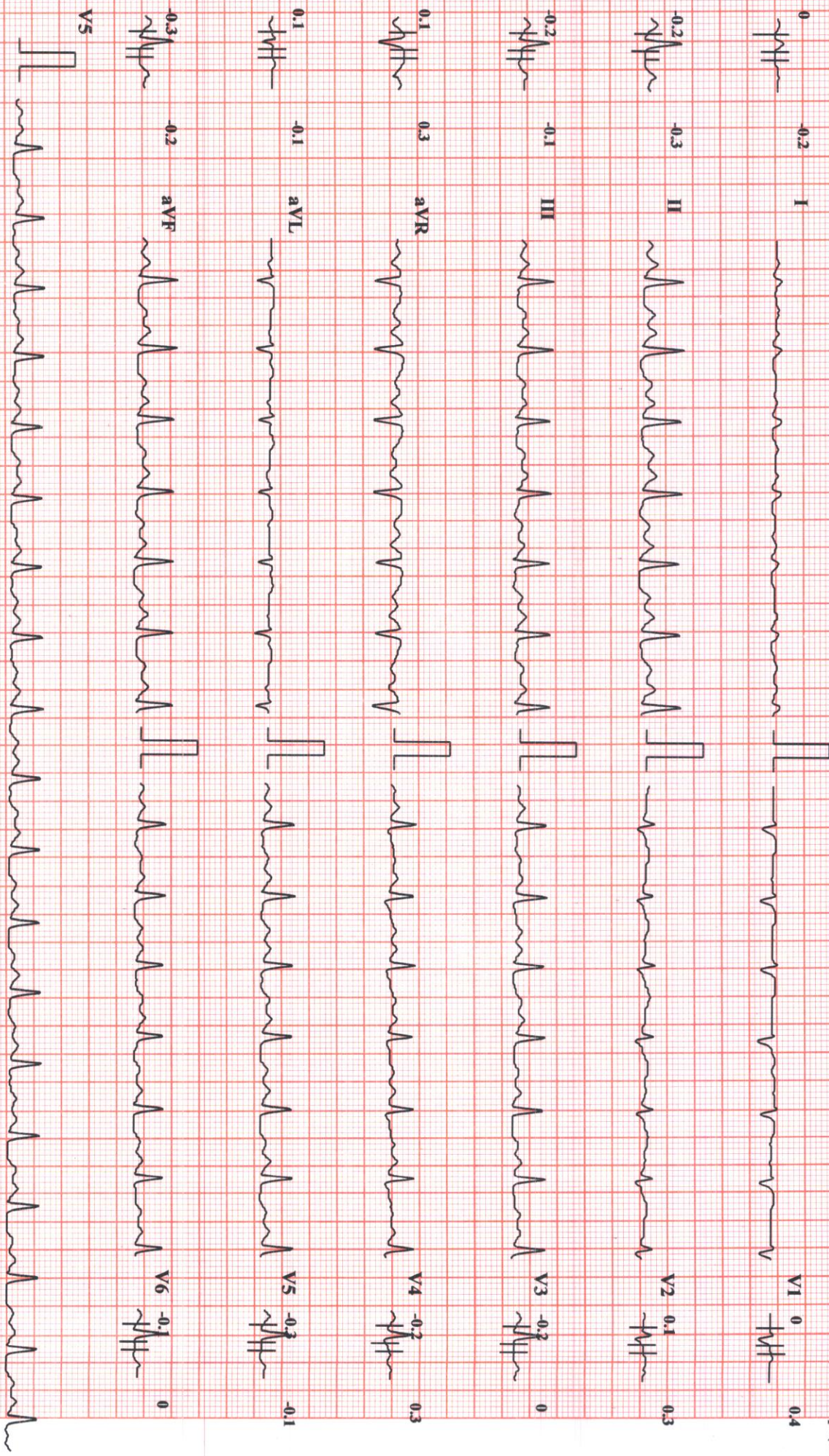


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms

Schiller Spandan CS-20 Version:2.14

**SUBURBAN DIANOSTICS PVT. LTD. BORIVALI**

**SUSHMA CHOUDHARY**

Brice Protocol  
STLevel(mm) STISlope(mV/s)

ID: 2309120835  
Stage: Recovery6

Date: 01-04-2023  
Speed: 0 kmph

Exec Time : 00:00  
Slope: 0 %

Stage Time: 00:28  
THR: 156 bpm

**HR: 125 bpm**

Bp: 120/80 mmHg  
STLevel(mm) STISlope(m

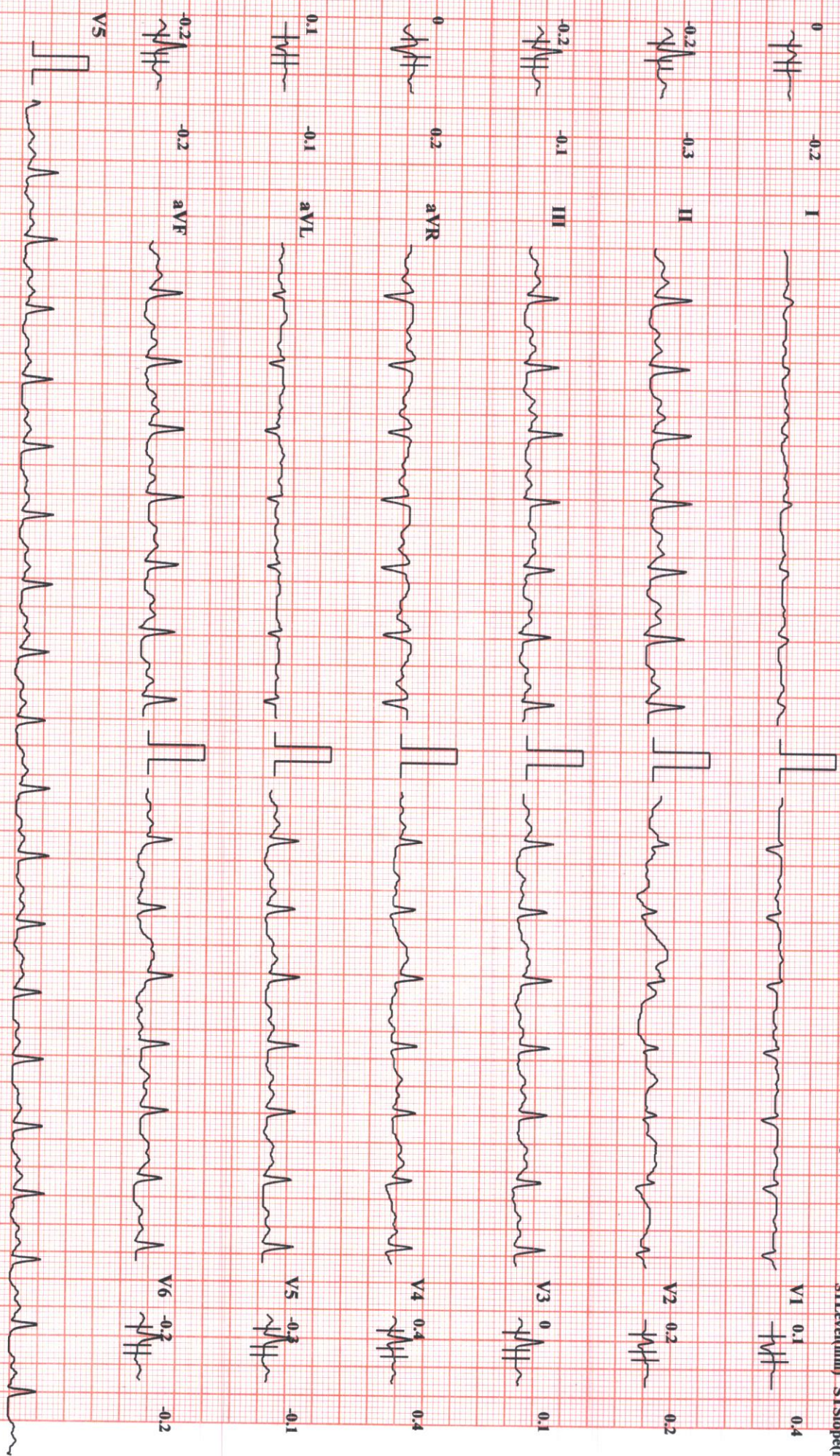


Chart Speed: 25 mm/sec

Amplitude: 10mm/mV

Filter: 25 Hz Mains Filter: ON

ISO = R - 60 ms, J = R + 60 ms, Post J = J + 60 ms