

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following spouse of our employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS OF HEALTH CHECK UP BENEFICIARY	
NAME	SANGITA PANDIT
DATE OF BIRTH	05-02-1988
PROPOSED DATE OF HEALTH CHECKUP FOR EMPLOYEE SPOUSE	11-02-2023
BOOKING REFERENCE NO.	22M177346100039672S
SPOUSE DETAILS	
EMPLOYEE NAME	MR. KUMAR PRAMOD
EMPLOYEE EC NO.	177346
EMPLOYEE DESIGNATION	HEAD CASHIER "E" _II
EMPLOYEE PLACE OF WORK	GHAZIABAD, SHAHPUR BAMATA
EMPLOYEE BIRTHDATE	10-05-1980

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **01-02-2023** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee's spouse and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

- Sd/-

**Chief General Manager
HRM Department
Bank of Baroda**

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation



भारत सरकार
GOVERNMENT OF INDIA



संगीता पंडित
Sangita Pandit
जन्म तिथि/DOB: 05/02/1988
महिला / FEMALE



7236 3596 1204

-आम आदमी का अधिकार



भारतीय विशिष्ट पहचान प्राधिकरण
UNIQUE IDENTIFICATION AUTHORITY OF INDIA

पता:

W/O प्रमोद कुमार, 338,
तिवारीपुर बगिया, कैलाश
नगर, जाजमऊ, शिवान
टेमराय, कानपुर नगर,
उत्तर प्रदेश - 208010

Address:

W/O Pramod Kumar, 338, Tiwari
Bagiya, Kailash Nagar, Jajmau,
Shivans Teraay, Kanpur Nagar,
Uttar Pradesh - 208010

7236 3596 1204

-Aam Admi ka Adhikar



Manipal Hospital Ghaziabad

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad 201 002
0120 3535 353 / +91 88609 45566



URN : MH010773199

OUTPATIENT RECORD

Hospital No: MH010773199	Visit No: H18000000216																															
Name: MRS SANGITA PANDIT	Age/Sex: 35 Yrs/Female																															
Doctor Name: HEALTH CHECK MGD	Specialty: HC SERVICE MGD																															
Date: 11/02/2023 10:20AM																																
BP Systolic: 111 mmHg	BP Diastolic: 62 mmHg	Pulse Rate: 80beats per minute																														
Saturation(Oxygen): 100%	Weight : 71kg	Pain Score: 00																														
Mean Arterial Pressure-MAP: 78 mmHg	EWS Total: 0points																															
<p>OPD Notes :</p> <p>PRESENT OPHTHALMIC COMPLAINS - DIFICULTY IN NEAR VISION SYSTEMIC/ OPHTHLMIC HISTORY - N/C</p> <table border="1"> <thead> <tr> <th>EXAMINATION DETAILS</th> <th>RIGHT EYE</th> <th>LEFT EYE</th> </tr> </thead> <tbody> <tr> <td>VISION</td> <td>6/6</td> <td>6/6</td> </tr> <tr> <td>CONJ</td> <td>NORMAL</td> <td>NORMAL</td> </tr> <tr> <td>CORNEA</td> <td>CLEAR</td> <td>CLEAR</td> </tr> <tr> <td>LENS</td> <td>CLEAR</td> <td>CLEAR</td> </tr> <tr> <td>OCULAR MOVEMENTS</td> <td>FULL</td> <td>FULL</td> </tr> <tr> <td>NCT</td> <td>17</td> <td>16</td> </tr> <tr> <td>FUNDUS EXAMINATION</td> <td></td> <td></td> </tr> <tr> <td>OPTIC DISC</td> <td>C:D 0.3</td> <td>C:D 0.3</td> </tr> <tr> <td>MACULAR AREA</td> <td>FOVEAL REFLEX PRESENT</td> <td>FOVEAL REFLEX PRESENT</td> </tr> </tbody> </table> <p>ADVISE / TREATMENT E/D NST 4 TIMES DAILY REVIEW AFTER 6 MTH</p>			EXAMINATION DETAILS	RIGHT EYE	LEFT EYE	VISION	6/6	6/6	CONJ	NORMAL	NORMAL	CORNEA	CLEAR	CLEAR	LENS	CLEAR	CLEAR	OCULAR MOVEMENTS	FULL	FULL	NCT	17	16	FUNDUS EXAMINATION			OPTIC DISC	C:D 0.3	C:D 0.3	MACULAR AREA	FOVEAL REFLEX PRESENT	FOVEAL REFLEX PRESENT
EXAMINATION DETAILS	RIGHT EYE	LEFT EYE																														
VISION	6/6	6/6																														
CONJ	NORMAL	NORMAL																														
CORNEA	CLEAR	CLEAR																														
LENS	CLEAR	CLEAR																														
OCULAR MOVEMENTS	FULL	FULL																														
NCT	17	16																														
FUNDUS EXAMINATION																																
OPTIC DISC	C:D 0.3	C:D 0.3																														
MACULAR AREA	FOVEAL REFLEX PRESENT	FOVEAL REFLEX PRESENT																														

HEALTH CHECK MGD

RADIOLOGY REPORT

Name	Sangita PANDIT	Modality	US
Patient ID	MH010773199	Accession No	R5150776
Gender/Age	F / 35Y 7D	Scan Date	11-02-2023 10:34:49
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	11-02-2023 10:57:35

USG ABDOMEN & PELVIS

FINDINGS

LIVER: appears enlarged in size (measures 160 mm) but normal in shape and shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.
 SPLEEN: Spleen is normal in size (measures 102 mm), shape and echotexture. Rest normal.
 PORTAL VEIN: Appears normal in size and measures 9.5 mm.
 COMMON BILE DUCT: Appears normal in size and measures 2.9 mm.
 IVC, HEPATIC VEINS: Normal.
 BILIARY SYSTEM: Normal.
 GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.
 PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.
 KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained. Rest normal.
 Right Kidney: measures 100 x 30 mm.
 Left Kidney: measures 100 x 33 mm.
 PELVI-CALYCEAL SYSTEMS: Compact.
 NODES: Not enlarged.
 FLUID: Nil significant.
 URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.
 UTERUS: Uterus is anteverted, normal in size (measures 70 x 41 x 34 mm), shape and echotexture. Endometrial thickness measures 4.2 mm. Cervix appears normal.
 OVARIES: Both ovaries are normal in size, shape and echotexture. Rest normal.
 Right ovary measures 21 x 20 x 11 mm with volume 2.4 cc.
 Left ovary measures 24 x 21 x 8 mm with volume 2.2 cc.
 Bilateral adnexa is clear.
 BOWEL: Visualized bowel loops appear normal.

IMPRESSION

-Hepatomegaly with diffuse grade I fatty infiltration in liver.

Recommend clinical correlation.

RADIOLOGY REPORT

Name	Sangita PANDIT	Modality	US
Patient ID	MH010773199	Accession No	R5150776
Gender/Age	F / 35Y 7D	Scan Date	11-02-2023 10:34:49
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	11-02-2023 10:57:35

Monica

Dr. Monica Shekhawat, MBBS,DNB,
Consultant Radiologist,Reg No MCI 11 10887

RADIOLOGY REPORT

Name	Sangita PANDIT	Modality	DX
Patient ID	MH010773199	Accession No	R5150775
Gender/Age	F / 35Y 7D	Scan Date	11-02-2023 10:51:55
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	11-02-2023 10:58:50

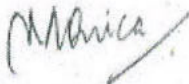
XR- CHEST PA VIEW

FINDINGS:

LUNGS: Bronchovascular markings appear prominent.
 TRACHEA: Normal.
 CARINA: Normal.
 RIGHT AND LEFT MAIN BRONCHI: Normal.
 PLEURA: Normal.
 HEART: Normal.
 RIGHT HEART BORDER: Normal.
 LEFT HEART BORDER: Normal.
 PULMONARY BAY: Normal.
 PULMONARY HILA: Normal.
 AORTA: Normal.
 THORACIC SPINE: Normal.
 OTHER VISUALIZED BONES: Normal.
 VISUALIZED SOFT TISSUES: Normal.
 DIAPHRAGM: Normal.
 VISUALIZED ABDOMEN: Normal.
 VISUALIZED NECK: Normal.

IMPRESSION:

Prominent bronchovascular markings in bilateral lung fields.
 Recommend clinical correlation.



Dr. Monica Shekhawat, MBBS, DNB,
 Consultant Radiologist, Reg No MCI 11 10887

LABORATORY REPORT

Name	: MRS SANGITA PANDIT	Age	: 35 Yr(s) Sex :Female
Registration No	: MH010773199	Lab No	: 32230204452
Patient Episode	: H18000000216	Collection Date	: 11 Feb 2023 14:07
Referred By	: HEALTH CHECK MGD	Reporting Date	: 11 Feb 2023 15:40
Receiving Date	: 11 Feb 2023 14:11		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
THYROID PROFILE, Serum			
T3 - Triiodothyronine (ECLIA)	1.33	ng/ml	[0.70-2.04]
T4 - Thyroxine (ECLIA)	9.27	micg/dl	[4.60-12.00]
Thyroid Stimulating Hormone (ECLIA)	4.200	µIU/mL	[0.340-4.250]
1st Trimester:0.6 - 3.4		micIU/mL	
2nd Trimester:0.37 - 3.6		micIU/mL	
3rd Trimester:0.38 - 4.04		micIU/mL	

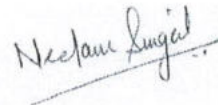
Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations,Ca or Fe supplements,high fibre diet,stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) <http://www.thyroid-info.com/articles/tsh-fluctuating.html>

Page 1 of 9

-----END OF REPORT-----



Dr. Neelam Singal
CONSULTANT BIOCHEMISTRY

LABORATORY REPORT

Name	: MRS SANGITA PANDIT	Age	: 35 Yr(s) Sex :Female
Registration No	: MH010773199	Lab No	: 202302001221
Patient Episode	: H1800000216	Collection Date	: 11 Feb 2023 10:29
Referred By	: HEALTH CHECK MGD	Reporting Date	: 11 Feb 2023 18:01
Receiving Date	: 11 Feb 2023 10:29		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Glycosylated Hemoglobin			
Specimen: EDTA			
HbA1c (Glycosylated Hemoglobin)	6.1 #	%	[0.0-5.6]
Method: HPLC			
As per American Diabetes Association(ADA)			
HbA1c in %			
Non diabetic adults >= 18years <5.7			
Prediabetes (At Risk)5.7-6.4			
Diagnosing Diabetes >= 6.5			
Estimated Average Glucose (eAG)	128	mg/dl	

Comments : HbA1c provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemc control.

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

MACROSCOPIC DESCRIPTION

Colour	PALE YELLOW	(Pale Yellow - Yellow)
Appearance	CLEAR	
Reaction[pH]	7.0	(4.6-8.0)
Specific Gravity	1.005	(1.003-1.035)

CHEMICAL EXAMINATION

Protein/Albumin	Negative	(NEGATIVE)
Glucose	NIL	(NIL)
Ketone Bodies	Negative	(NEGATIVE)
Urobilinogen	Normal	(NORMAL)

LABORATORY REPORT

Name	: MRS SANGITA PANDIT	Age	: 35 Yr(s) Sex :Female
Registration No	: MH010773199	Lab No	: 202302001221
Patient Episode	: H18000000216	Collection Date	: 11 Feb 2023 10:54
Referred By	: HEALTH CHECK MGD	Reporting Date	: 11 Feb 2023 16:19
Receiving Date	: 11 Feb 2023 10:54		

CLINICAL PATHOLOGY

MICROSCOPIC EXAMINATION (Automated/Manual)

Pus Cells	1-2 /hpf	(0-5/hpf)
RBC	NIL	(0-2/hpf)
Epithelial Cells	0-1 /hpf	
CASTS	nil	
Crystals	nil	
OTHERS	nil	

Serum LIPID PROFILE

Serum TOTAL CHOLESTEROL	129	mg/dl	[<200] Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	61	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL- CHOLESTEROL	41.0	mg/dl	[35.0-65.0]
Method : Enzymatic Immunoimhibition			
VLDL- CHOLESTEROL (Calculated)	12	mg/dl	[0-35]
CHOLESTEROL, LDL, CALCULATED	76.0	mg/dl	[<120.0] Near/ Borderline High:130-159 High Risk:160-189
Above optimal-100-129			<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
T.Chol/HDL.Chol ratio(Calculated)	3.1		
LDL.CHOL/HDL.CHOL Ratio(Calculated)	1.9		<3 Optimal 3-4 Borderline >6 High Risk

Note:

LABORATORY REPORT

Name	: MRS SANGITA PANDIT	Age	: 35 Yr(s) Sex :Female
Registration No	: MH010773199	Lab No	: 202302001221
Patient Episode	: H18000000216	Collection Date	: 11 Feb 2023 10:29
Referred By	: HEALTH CHECK MGD	Reporting Date	: 11 Feb 2023 12:00
Receiving Date	: 11 Feb 2023 10:29		

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
------	--------	------	-------------------------------

Reference ranges based on ATP III Classifications.

KIDNEY PROFILE

Specimen: Serum			
UREA	21.4	mg/dl	[15.0-40.0]
Method: GLDH, Kinatic assay			
BUN, BLOOD UREA NITROGEN	10.0	mg/dl	[8.0-20.0]
Method: Calculated			
CREATININE, SERUM	0.59 #	mg/dl	[0.70-1.20]
Method: Jaffe rate-IDMS Standardization			
URIC ACID	4.0	mg/dl	[4.0-8.5]
Method:uricase PAP			

SODIUM, SERUM	138.8	mmol/L	[136.0-144.0]
POTASSIUM, SERUM	4.39	mmol/L	[3.60-5.10]
SERUM CHLORIDE	104.7	mmol/l	[101.0-111.0]
Method: ISE Indirect			

eGFR (calculated)	119.1	ml/min/1.73sq.m	[>60.0]
-------------------	-------	-----------------	---------

Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to 1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.

LABORATORY REPORT

Name : MRS SANGITA PANDIT **Age** : 35 Yr(s) Sex :Female
Registration No : MH010773199 **Lab No** : 202302001221
Patient Episode : H1800000216 **Collection Date** : 11 Feb 2023 10:29
Referred By : HEALTH CHECK MGD **Reporting Date** : 11 Feb 2023 12:00
Receiving Date : 11 Feb 2023 10:29

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
LIVER FUNCTION TEST			
BILIRUBIN - TOTAL Method: D P D	0.37	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT Method: DPD	0.07	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) Method: Calculation	0.30	mg/dl	[0.10-0.30]
TOTAL PROTEINS (SERUM) Method: BIURET	7.60	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) Method: BCG	4.29	g/dl	[3.50-5.20]
GLOBULINS (SERUM) Method: Calculation	3.30	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.30		[1.00-2.50]
AST (SGOT) (SERUM) Method: IFCC W/O P5P	24.00	U/L	[0.00-40.00]
ALT (SGPT) (SERUM) Method: IFCC W/O P5P	17.00	U/L	[14.00-54.00]
Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	102.0 #	IU/L	[40.0-98.0]
GGT	12.0		[7.0-50.0]

LABORATORY REPORT

Name : MRS SANGITA PANDIT Age : 35 Yr(s) Sex :Female
Registration No : MH010773199 Lab No : 202302001221
Patient Episode : H18000000216 Collection Date : 11 Feb 2023 10:29
Referred By : HEALTH CHECK MGD Reporting Date : 11 Feb 2023 17:55
Receiving Date : 11 Feb 2023 10:29

BLOOD BANK

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL
Blood Group & Rh Typing (Agglutination by gel/tube technique)			Specimen-Blood
Blood Group & Rh typing	B Rh(D) Positive		

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

Page 7 of 9

-----END OF REPORT-----

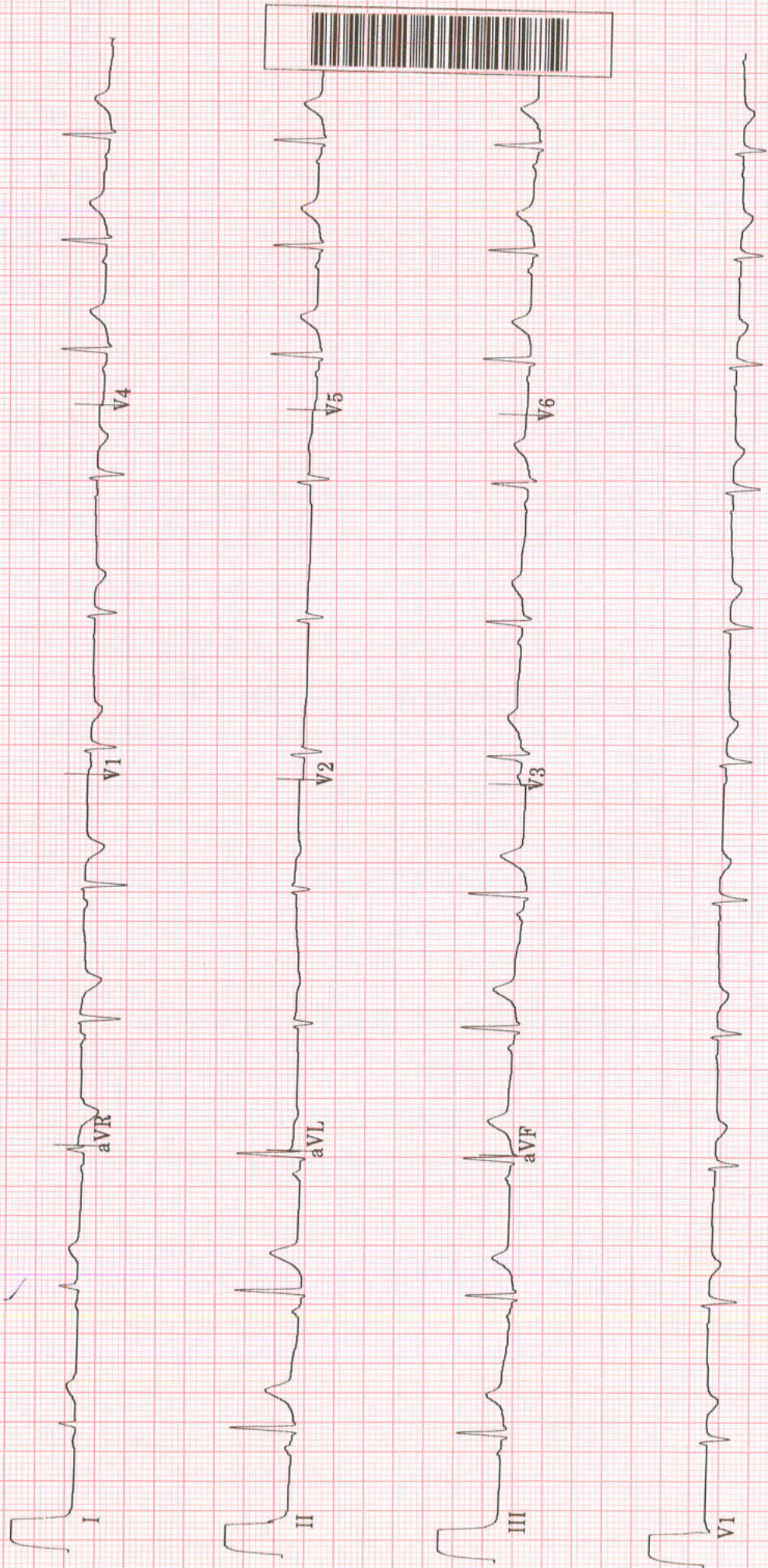


Dr. Alka Dixit Vats
Consultant Pathologist

Vent. rate 69 m
 PR interval 142 ms
 QRS duration 84 ms
 QT/QTc 390/417 ms
 P-R-T axes 61 72 66

Technician:
 Test ind:

Referred by: hcp
 Unconfirmed





TMT INVESTIGATION REPORT

Patient Name : Mrs. Sangita PANDIT	Location : Ghaziabad
Age/Sex : 39 Year(s)/Female	Visit No : V0000000001-GHZZB
MRN No : MH010773199	Order Date : 11/02/2023
Ref. Doctor : HCP	Report Date : 11/02/2023

Protocol	: Bruce	MPHR	: 181BPM
Duration of exercise	: 5min 16sec	85% of MPHR	: 153BPM
Reason for termination	: THR achieved	Peak HR Achieved	: 170BPM
Blood Pressure (mmHg)	: Baseline BP : 110/62mmHg	% Target HR	: 93%
	Peak BP : 126/62mmHg	METS	: 7.0METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	102	110/62	Nil	No ST changes seen	Nil
STAGE 1	3:00	155	120/62	Nil	No ST changes seen	Nil
STAGE 2	2:16	170	126/62	Nil	No ST changes seen	Nil
RECOVERY	3:59	97	120/62	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

IMPRESSION:

Treadmill test is **negative** for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh
MD, DM (CARDIOLOGY), FACC
Sr. Consultant Cardiology

Dr. Abhishek Singh
MD, DNB (CARDIOLOGY), MNAMS
Sr. Consultant Cardiology

Dr. Sudhanshu Mishra
MD
Cardiology Registrar

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002

P : 0120-616 5666

Page 1 of 2

Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru - 560 017