

MER- MEDICAL EXAMINATION REPORT

Date of Examination	12/8/23		
NAME	SANGEETA Singh		
AGE	50	Gender	F.
HEIGHT(cm)	157	WEIGHT (kg)	67 BMA-27.2
B.P.	110/70		
ECG	Normal		
X Ray	Normal		
Vision Checkup			
Present Ailments	None		
Details of Past ailments (If Any)	None		
Comments / Advice : She /He is Physically Fit	Medicinesy fix		



Dr. Shikha Rastogi
MBBS, DCP
Reg. No. 2023

Signature with Stamp of Medical Examiner



भारत सरकार
GOVERNMENT OF INDIA



संगीता सिंह
SANGEETA SINGH
जन्म तिथि/ DOB: 11/07/1973
महिला / FEMALE



9409 4832 0381

Sangeeta Singh



भारतीय विशिष्ट पहचान प्राधिकरण
UNIQUE IDENTIFICATION AUTHORITY OF INDIA

पता:

W/O: ज्ञानेन्द्र प्रताप सिंह,
हरीपुर निहस्था, निहस्था,
लालगंज, निहस्था, राय
बरेली,
उत्तर प्रदेश - 229208

Address:

W/O: Gyanendra Pratap Singh,
haripur nihastha, nihastha,
lalganj, Nihastha, Rae Bareilly,
Uttar Pradesh - 229208

9409 4832 0381

सुनीता सिंह, आपकी बेचालानी बहुत बड़ी चरण लाना है

विकास आपने कहे ENT स्थायीकरण व EYU
2D ECO की जांच नहीं है आर: इसका स्थापना
TMT जांच करवा लीजिये।

Sangeta

12.08.23





MODERN PATHOLOGY & DIAGNOSTIC CENTRE

Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



CLINIC :

1/4A, Vineet Khand, (Opp Jaipuria Management)
Gomti Nagar, Lucknow - 226 010
Ph.: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

Date	: 12-Aug-2023		
Name	: Mrs. SANGEETA SINGH	Age	: 50 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Female

Haemoglobin	12.0	gm%	11 - 14
-------------	------	-----	---------

Total Leucocyte Count	7200	Cells/cumm.	4000-11000
-----------------------	------	-------------	------------

Differential Leucocyte Count			
Polymorphs	64	%	45 - 70
Lymphocytes	26	%	20 - 45
Eosinophils	03	%	0 - 6
Monocytes	07	%	0 - 8
Basophils	00	%	0 - 1

Erythrocyte Sedimentation Rate (Wintrobe)			
ESR	16	mm in 1st Hr.	0 - 19
PCV	39.1	cc%	40 - 52
Corrected ESR	04	mm in 1st Hr.	0 - 19

Platelet Count	1.29	lakh/cumm.	1.5 - 4.0
----------------	------	------------	-----------

Red Cells Count	4.46	million/cmm	3.90 to 4.60
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Absolute values			
MCV	87.7	fL	77 - 97
MCH	30.2	pg	27 - 31
MCHC	31.4	gm /dl	31 - 34

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Dr. Smita Rastogi
Contd... M.B.B.S., DCP

Results, adhering to W.H.O. and International Federation of Clinical Chemists Quality Control Standards.

SAMPLE COLLECTION FACILITY AVAILABLE

Report needs clinicopathological correlation ♦ Not for Medico Legal Purpose

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Date : 12-Aug-2023

Name : **Mrs. SANGEETA SINGH**

Age : 50 Yrs.

Ref.By : APOLLO HEALTH

Sex : Female

General Blood Picture

RBCs RBCs are Normocytic & Normochromic.
No Normoblasts are seen.

WBCs TLC is within normal range.
DLC shows normal counts.
No immature cells of WBC seen.

PLATELETS Platelets are reduced in number and morphology.

OTHERS No haemoparasites are seen.

IMPRESSION THROMBOCYTOPENIA

KFT			
UREA	18.0	mg %	15 - 50
CREATININE	0.87	mg %	0.5 - 1.5
URIC ACID	5.8	mg %	2 - 6
CALCIUM	9.1	mg %	8.8 - 10.0

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Date	: 12-Aug-2023		
Name	: Mrs. SANGEETA SINGH	Age	: 50 Yrs.
Ref.By	: APOLLO HEALTH	Sex	: Female
Serum Gamma G.T.	14	IU/L	11 - 50
Blood Group & Rh	"A" Positive		
Plasma Glucose - F GOD-POD Method	95	mg/dl	70 - 110
Plasma Glucose - PP GOD POD Method	194	mg/dl	110 - 170
LFT & D			
Total Bilirubin	0.66	mg%	0.2 - 1.0
Direct Bilirubin	0.14	mg%	0.0 to 0.40
Indirect Bilirubin	0.52	mg%	0.10 to 0.90
S.G.P.T	60	IU/L	5 - 40
S.G.O.T	51	IU/L	5 - 50
ALP	102	IU/L	35 to 104

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Date	: 12-Aug-2023	Age	: 50 Yrs.
Name	: Mrs. SANGEETA SINGH	Sex	: Female
Ref.By	: APOLLO HEALTH		

LIPID PROFILE

Triglycerids	89	mg%	70 - 190
S. Cholestrol S.	144	mg%	130 - 230
S. HDL Cholestrol	39.6	mg%	35 - 75
S. LDL Cholestrol	86.6	mg%	75 - 150
VLDL	17.8	mg%	0 - 34
Chol / HDL factor	3.64		
LDL / HDL Factor	2.19		

COMMENTS

- * Triglycerides (TG) are the main dietary lipids. Cholesterol constitutes a small part of the dietary lipids, it is mostly synthesised in the liver. Both TG and Chol. are transported through the plasma by lipoproteins (Chylomicrons, VLDL, LDL, IDL, HDL).
- * LDL is the major cholesterol particle in plasma and high levels are strongly implicated in the formation of atheroma. An increase in the LDL leads to hypercholesterolemia, and therefore a risk factor for IHD. LDL increases with age particularly in females. Oestrogen lower LDL and raise HDL. Raised chol. in females is mostly due to disturbed thyroid function.
- * Increase in VLDL leads to hyperglyceridaemia. Raised TGs are associated with increased risk of CHD. Very high TGs increase the risk of Pancreatitis. Cholesterol is often raised due to Diabetes, Renal disease, Diuretic or Betablocker therapy.

TYPES OF HYPERLIPOPROTEINEMIAS

TYPE 1: Normal cholesterol TG greatly raised	TYPE 3: Cholesterol increased TG increased
TYPE 2a: Cholesterol increased LDL increased TG normal	TYPE 4: Cholesterol normal /increased VLDL increased TG increased
TYPE 2b Chol. increased VLDL raised TG increased LDL increased	TYPE 5: Cholesterol increased LDL reduced VLDL increased TG greatly increased

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Date	: 12-Aug-2023	Age	: 50 Yrs.
Name	: Mrs. SANGEETA SINGH	Sex	: Female
Ref.By	: APOLLO HEALTH		

THYROID TEST

Tri-iodothyronine (T3)	1.78	nmol/L	0.50 to 2.50
Thyroxine (T4)	9.18	mcg/dL	5.0 to 12.5
Thyroid Stimulating Hormone (TSH)	1.39	mIU/ ml	0.3 to 6.0

COMMENTS

- 1) Primary hyperthyroidism is accompanied by elevated Serum T3 and T4 values along with depressed TSH levels.
- 2) Primary Hypothyroidism is accompanied by depressed serum T3 and T4 values and elevated serum TSH levels.
- 3) Normal T4 levels accompanied by high T3 levels are seen in patients with T3 thyrotoxicosis.
- 4) Slightly elevated T3 levels may be found in pregnancy and estrogen therapy, while depressed levels maybe encountered in severe illness, malnutrition, renal failure and during therapy with drugs like propranolol and propylthiouracil.
- 5) Elevated TSH levels may also be indicative of TSH secreting Pituitary Tumour.

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Date	: 12-Aug-2023	Age	: 50 Yrs.
Name	: Mrs. SANGEETA SINGH	Sex	: Female
Ref.By	: APOLLO HEALTH		
Urine Sugar (Fasting)	NIL		
Urine Sugar (PP)	NIL		



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Date	: 12-Aug-2023	Age	: 50 Yrs.
Name	: Mrs. SANGEETA SINGH	Sex	: Female
Ref.By	: APOLLO HEALTH		

Urine Examination

PHYSICAL		
Colour	Straw	
Turbidity	Nil	
Deposit	Nil	
Reaction	Acidic	
*Specific Gravity	1.030	
CHEMICAL		
Protein	Nil	
Sugar	Nil	
*Bile Salts	Nil	
*Bile Pigments	Nil	
Phosphate	Nil	
MICROSCOPIC		
Pus Cells	Nil	/hpf
Epithelial Cells	1-2	/hpf
Red Blood Cells	Nil	/hpf
Casts	Nil	
Crystals	Nil	
Others	Nil	

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Page 2 (End of Report)
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Ph.: 0522-4008184, 4308184 • 8177063877
Mob.: 7618884441, 9450389932



NAME	:Mrs . Sangeeta Singh	SAMPLE REC.DATE	:12/08/2023
AGE/SEX	: 50 YRS/FEMALE		
REFERRED BY	:Apollo Health		

TestName	Result	Bio.Ref.Range	Unit
----------	--------	---------------	------

CYTOLOGYREPORTTESTREPORT

PAPSMEARLBC-INFECTIO

SPECIMEN:

LIQUID-BASEDPREPARATION(PAPSMEAR).

MICROSCOPY:

SPECIMENADEQUACY:

Satisfactoryforevaluationwithoutevidenceofend cervical/transformationzonecomponent.

MICROSCOPICOBSERVATIONS:

Smearcontainssuperficialandintermediatecells.Moderateinflammatorycellspresent.

ORGANISMS:Notpresent.

IMPRESSION/DIAGNOSIS:

NEGATIVEFORINTRAEPITHELIALLESIONORMALIGNANCY.

*** EndOf Report ***

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Dr. R. P. Rastogi
M.B.B.S., M.D. (Path & Bact)



TEST REQUEST ID :012308120033	SAMPLE DATE	:12/Aug/2023 09:30AM
NAME :Mrs. SANGEETA SINGH	SAMPLE REC. DATE	:12/Aug/2023 09:30AM
AGE/SEX :50 YRS/FEMALE	REPORTED DATE	:12/Aug/2023 12:19PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01120033

USG WHOLE ABDOMEN-FEMALE

Liver: is normal in size (149 mm). **Parenchymal echogenicity is increased.** No focal echovariant lesion is seen. Intrahepatic biliary radicles are not dilated.

Gall Bladder: is well distended. Lumen is anechoic. Wall is of normal thickness.

CBD: is normal in diameter. Portal vein is normal in diameter.

Pancreas: is normal in size, shape and echotexture. No focal echovariant lesion is seen. Pancreatic duct is not dilated.

Spleen: is normal in size (110 mm), shape and echotexture. No focal echovariant lesion is seen. Splenic vein is normal.

Both Kidneys: are normal in size (RK-101 x 44 mm & LK -105 x 39 mm), shape, position and excursion. Parenchymal echogenicity and echotexture is normal with maintained corticomedullary differentiation. No mass, cyst or calculi is seen. Pelvicalyceal systems are not dilated. Ureters are not dilated.

Urinary bladder: is well distended. Lumen is anechoic. Wall is of normal thickness. No mass or calculus is seen.

Uterus is not seen (operated).

Both iliac fossae are clear. No obvious bowel pathology is noted.
There is no free fluid in peritoneal cavity.

OPINION: GRADE-II FATTY LIVER.

*** End Of Report ***

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DR. PANKAJ UPADHYAYA
Consultant Radiologist

Dr. Smita Rastogi
M.B.B.S., DCP

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Ph: 0522-4008184, 4308184 • 8112323230
Mob.: 7618884441, 9450389932, 8177063877

Patient name: Mrs Sangeeta Singh Age/Sex 50/F
Ref By. : Apollo Health 12/08/2023

E.C.G. REPORT

1. Rhythm	:	Sinus, Regular
2. Atrial Rate	:	74/mt
3. Ventricular Rate	:	74/mt
4. P – Wave	:	Normal
5. P R Interval	:	Normal
6. Q R S	:	
Axis	:	Normal
R/S Ratio	:	Normal
Configuration	:	Normal
7. Q T c Interval	:	Normal
8. S-T Segment	:	Normal
9. T-Wave	:	Normal

FINAL IMPRESSION

E.C.G. is within normal limits.


Dr. AMIT MOHAN
MD
Signature of Doctor No. 44559

Dr. Sanjay Rastogi
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Dr. Smita Rastogi
M.B.B.S., DCP

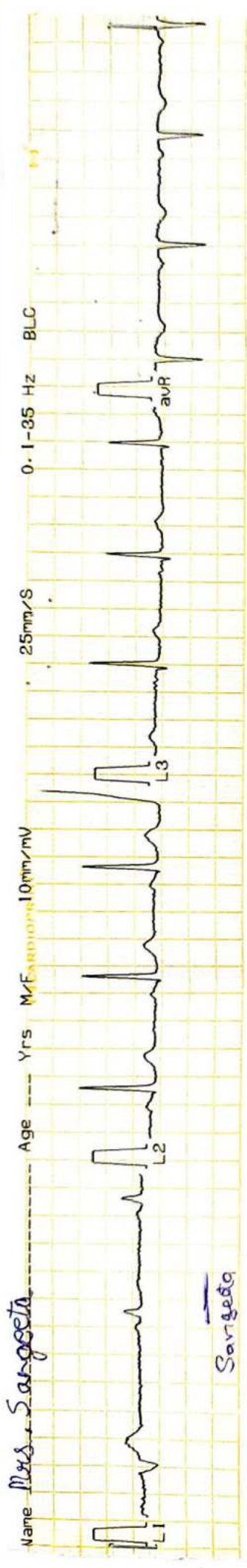
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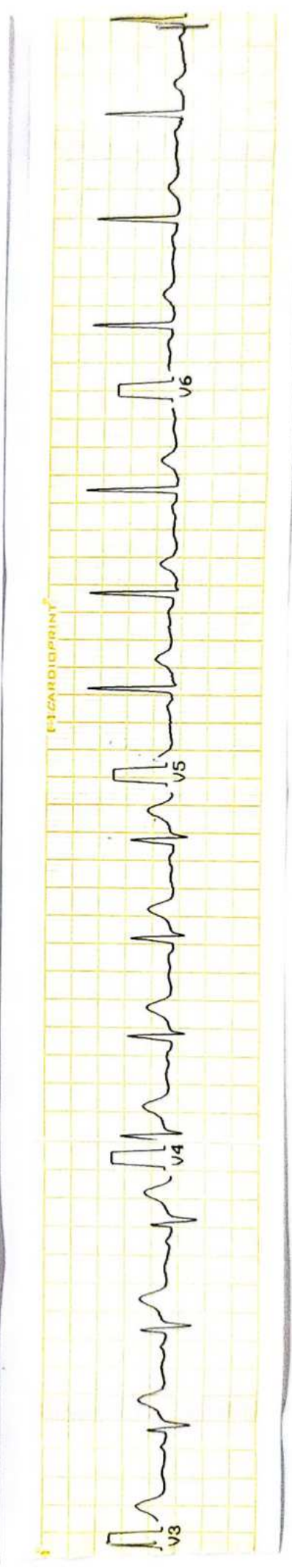
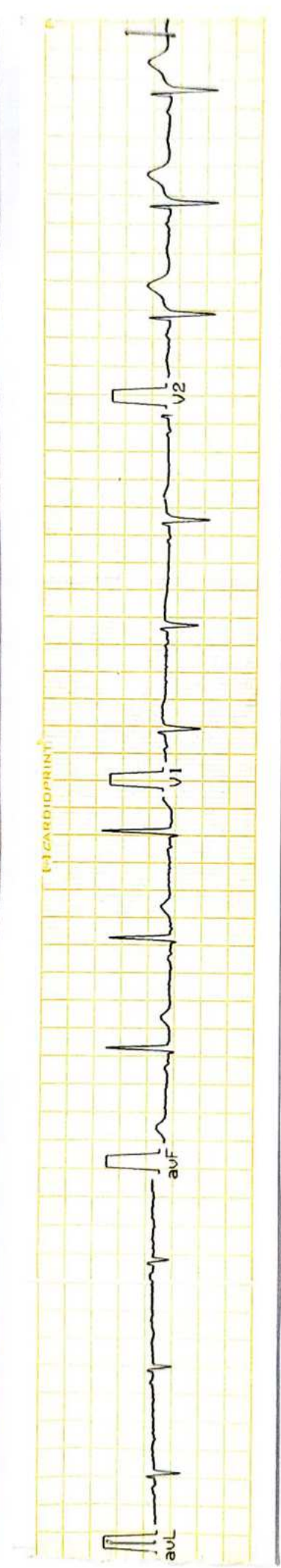
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Dr. Sargota



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TEST REQUEST ID :012308120033	SAMPLE DATE	:12/Aug/2023 09:30AM
NAME :Mrs. SANGEETA SINGH	SAMPLE REC. DATE	:12/Aug/2023 09:30AM
AGE/SEX :50 YRS/FEMALE	REPORTED DATE	:12/Aug/2023 12:09PM
REFERRED BY : Apollo Health and Lifestyle Limited,	BARCODE NO	:01120033

XRAY CHEST PA

- Trachea is central in position.
- Bilateral lung fields are normally aerated.
- Both hilar shadows are normal.
- Both C.P. angles are clear.
- Cardiac shadow is within normal limits.
- Bony cage appears normal.

OPINION: NORMAL STUDY.

Please correlate clinically.

*** End Of Report ***

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Gomti Nagar Lucknow

Report



SANGEETA SINGH / 50 Yrs / M / 157 Cms / 67 Kg
Date: 12 - 08 - 2023 Refd By : APOLLO HEALTH Examined By:

Stage	Time	Duration	Speed(Kmph)	Elevation	METs	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:03	0:03	00.0	00.0	01.0	086	51 %	110/70	094	00	
Standing	00:07	0:04	00.0	00.0	01.0	086	51 %	110/70	094	00	
HV	00:11	0:04	00.0	00.0	01.0	083	49 %	110/70	091	00	
ExStart	00:49	0:38	00.0	00.0	01.0	086	51 %	110/70	094	00	
PeakEx	03:05	2:16	02.7	10.0	03.8	132	78 %	130/84	171	00	
Recovery	04:05	1:00	00.0	00.0	03.8	088	52 %	126/82	110	00	
Recovery	05:05	2:00	00.0	00.0	03.8	076	45 %	120/80	091	00	
Recovery	06:05	3:00	00.0	00.0	03.8	078	46 %	120/80	093	00	
Recovery	06:36	3:32	00.0	00.0	03.8	082	48 %	120/80	098	00	

FINDINGS :

Exercise Time : 02:16
Max HR Attained : 132 bpm 78% of Target 170
Max BP Attained : 130/84 (mm/Hg)
Max WorkLoad Attained : 3.8 Poor response to induced stress
Test End Reasons : Fatigue , Fatigue , Test Complete

REPORT :

CONCLUSIONS:
 1. STRESS TEST IS NON CONCLUSIVE

Dr. AMIT MOHAN
 MD
 Reg. No. 44559

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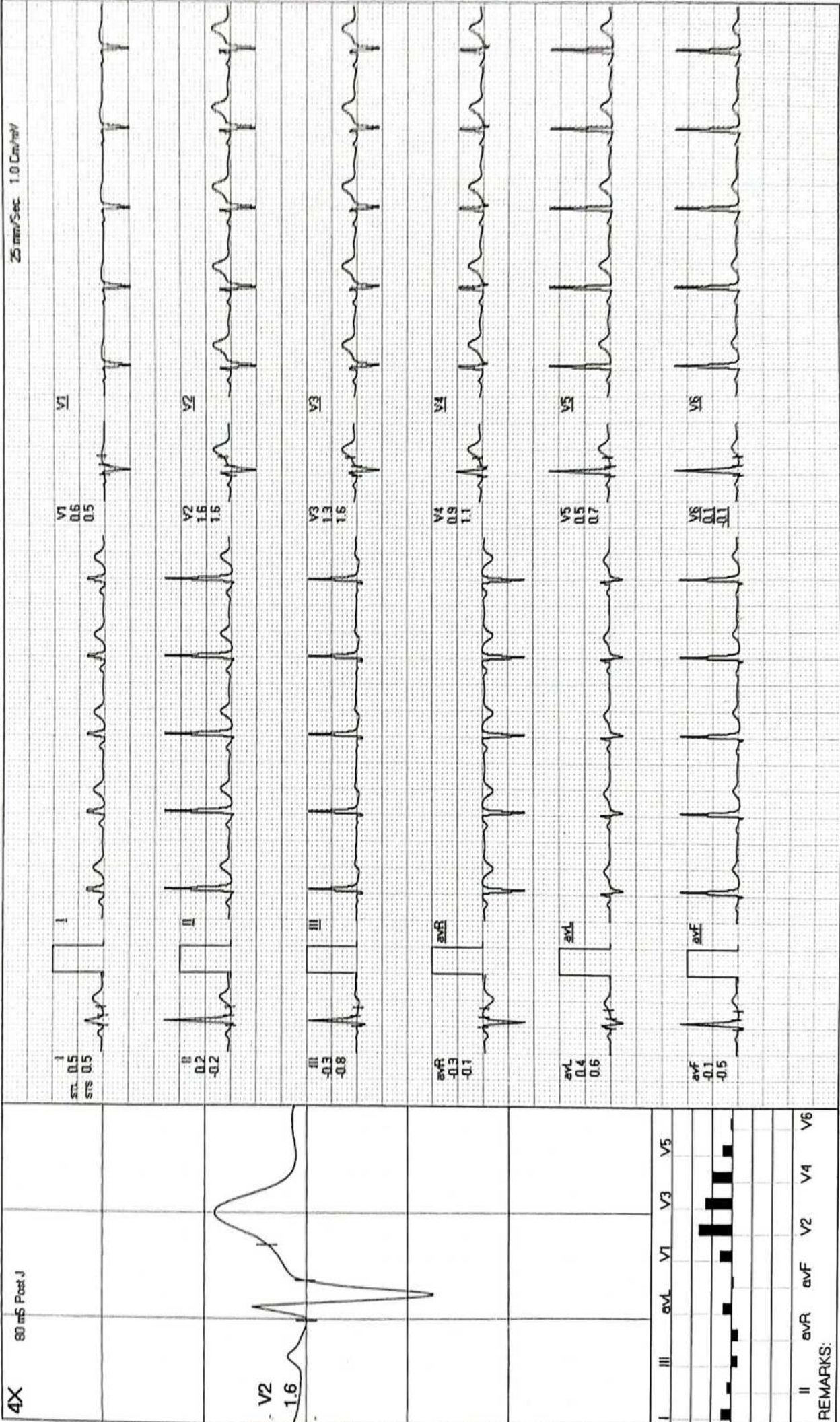
SANGEETA SINGH / 50 Yrs / M / 157 Cms / 67 Kg / HR : 86

BRUCE:Supine(0:06)



Date: 12-08-2023 METS: 1.0/86 bpm 51% of T-HR BP: 110/70 mmHg Combined Medians/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 Km/pt. 0.0%



REMARKS:

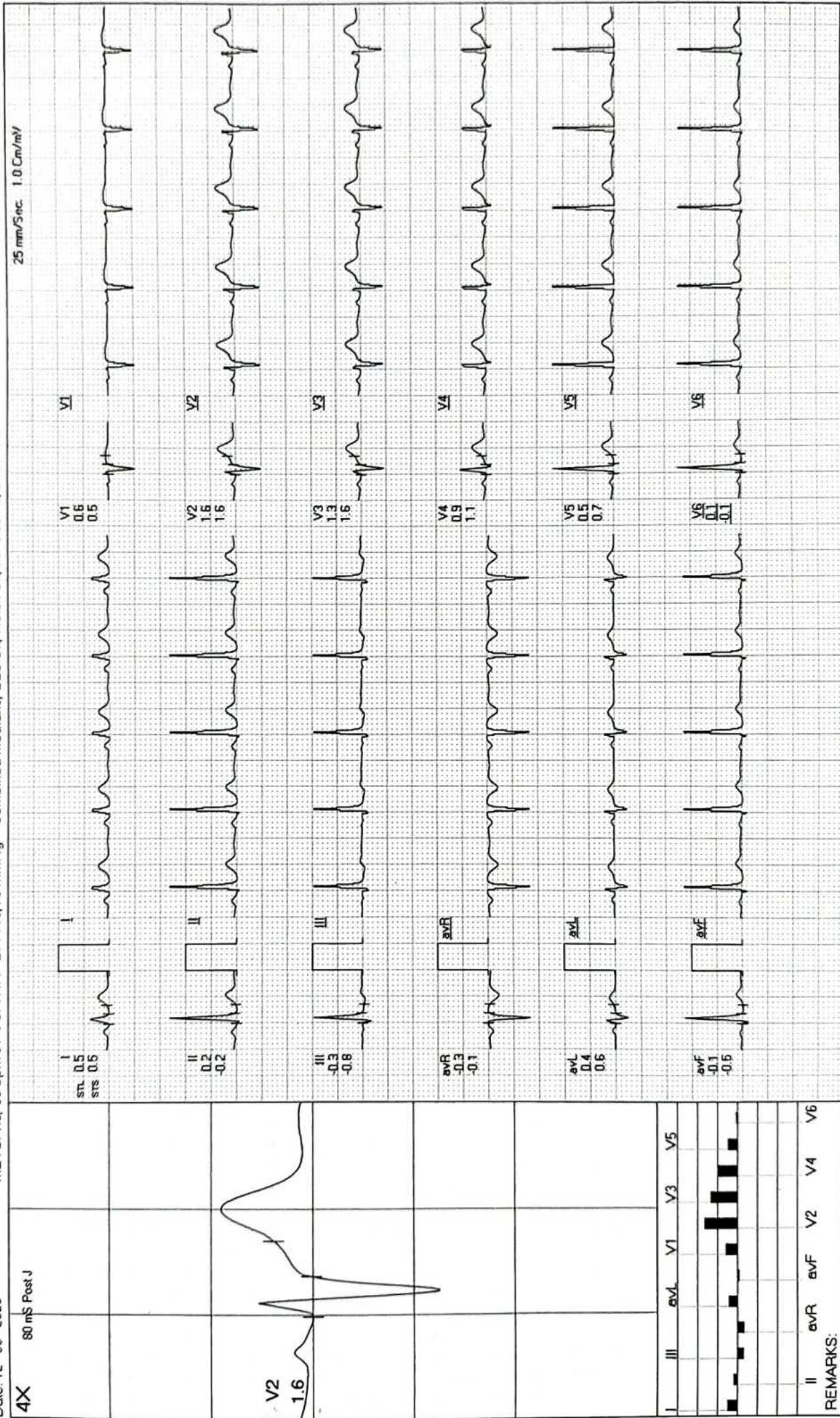
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SANGEETA SINGH / 50 Yrs / M / 157 Cms / 67 Kg / HR : 86

BRUCE: Standing(0:05)



Date: 12-08-2023 METS: 1.0/86 bpm 51% of THR BP: 110/70 mmHg Combined Medians/BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz ExTime: 00:00 0.0 Kmph. 0.0%



REMARKS:

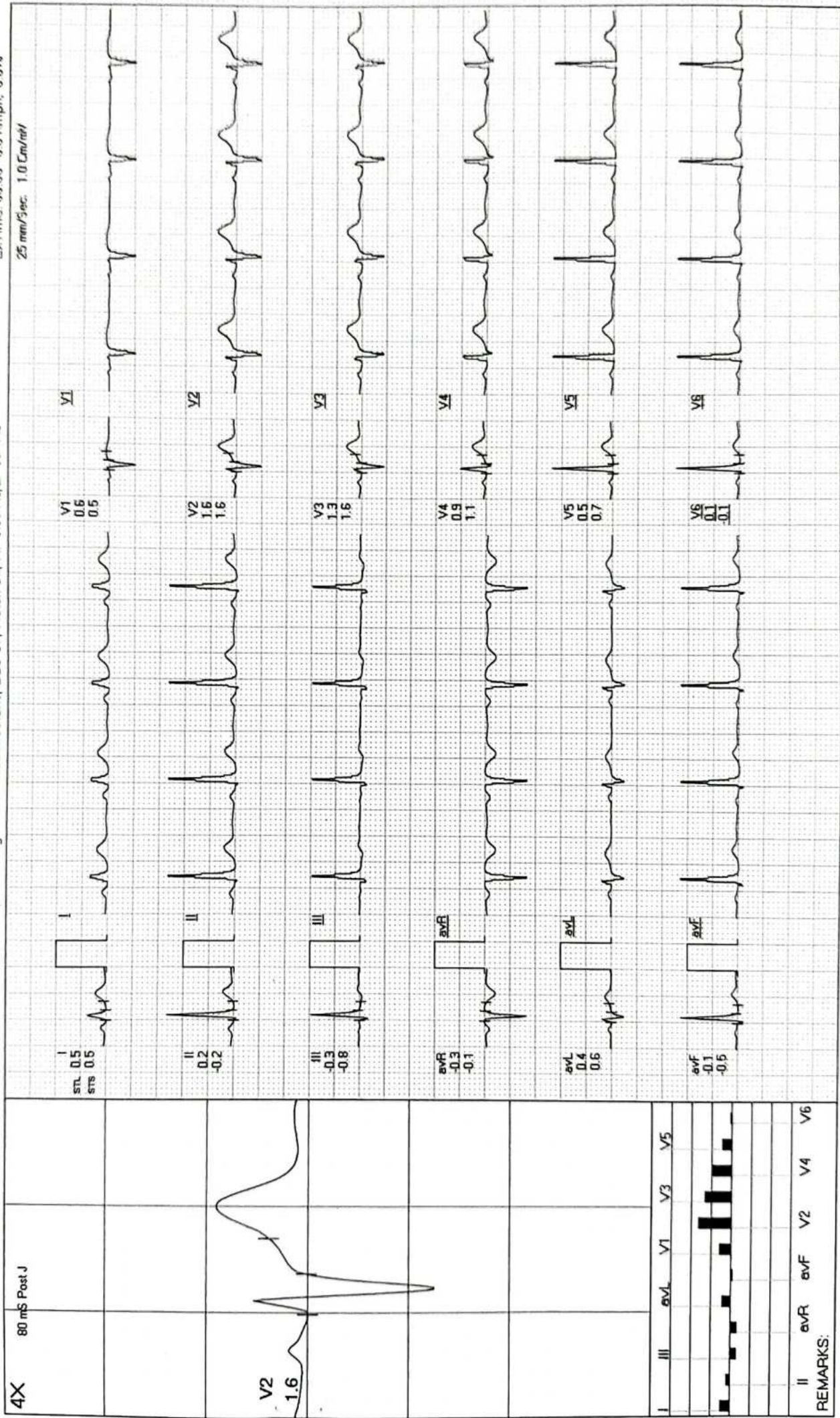
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SANGEETA SINGH / 50 Yrs / M / 157 Cms / 67 Kg / HR : 83

BRUCE:HV(0:07)



Date: 12-08-2023 METS: 1.0/83 bpm 48% of THR BP: 110/70 mmHg Combined Medians/BLC On/Notch On/HF 0.05 Hz/LF 35 Hz E/Time: 00:00 0.0 Km/ph, 0.0%



II	aVR	aVF	V2	V4	V6
█	█	█	█	█	█

REMARKS:

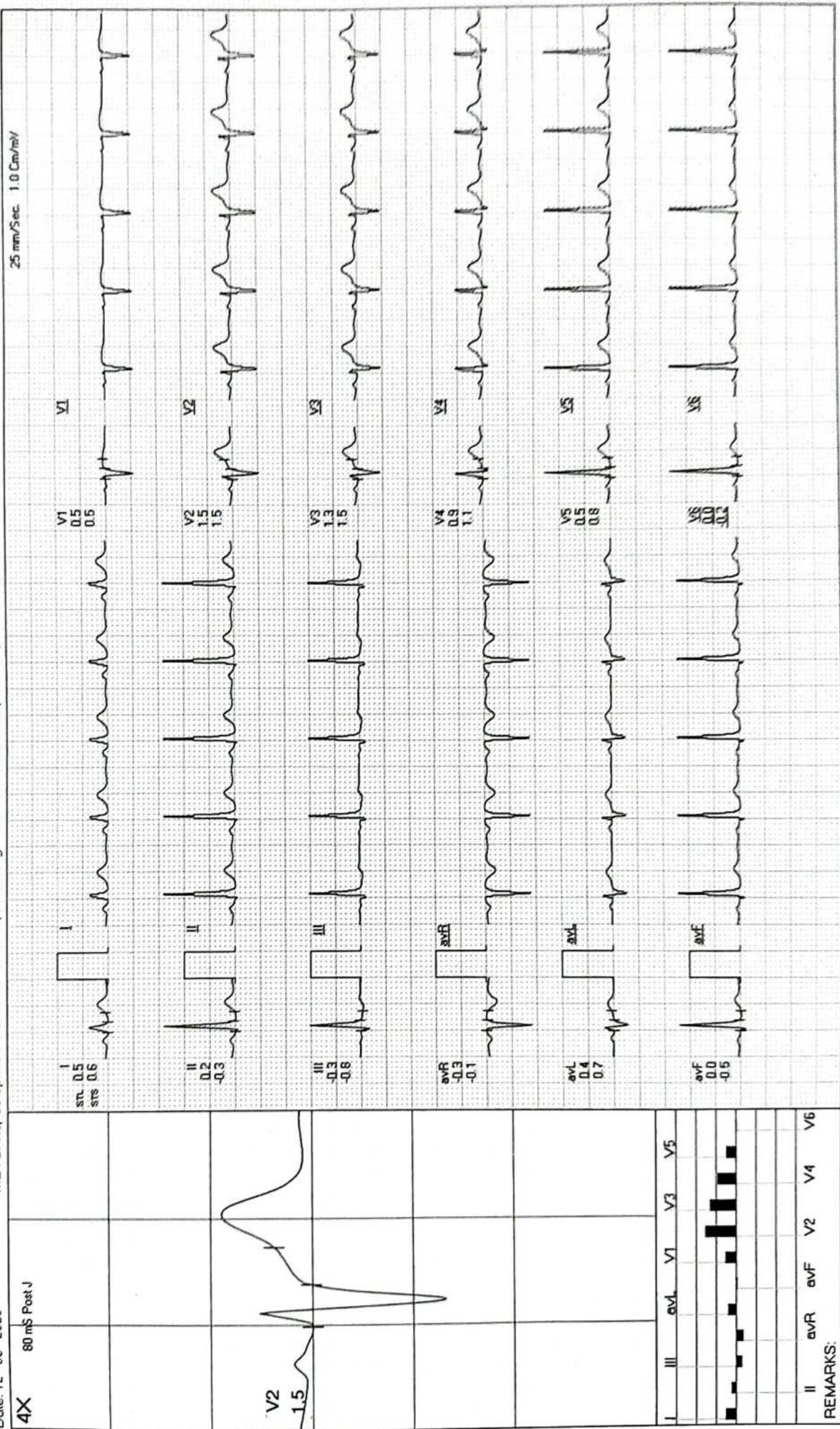


ExStart

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

SANGEETA SINGH / 50 Yrs / M / 157 Cms / 67 Kg / HR : 86

Date: 12-08-2023 METS: 1.0/ 86 bpm 51% of THR BP: 110/70 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz ExTime 00:00 0.0 Km/ph. 0.0%



REMARKS:



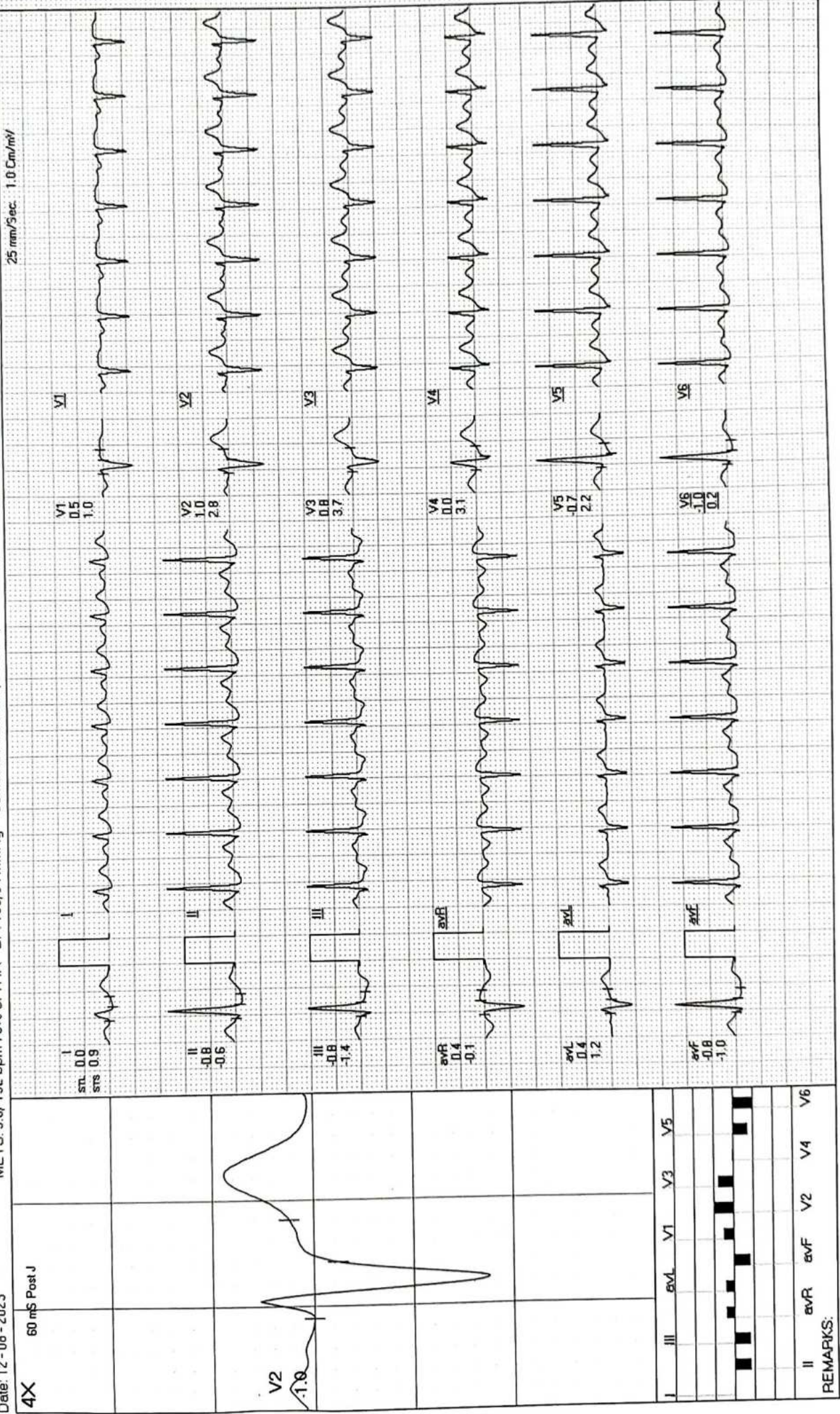
PeakEx

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

SANGEETA SINGH / 50 Yrs / M / 157 Cms / 67 Kg / HR : 132

ExTime: 02:17 2.7 Kmph. 10.0%

Date: 12-08-2023 METS: 3.8/132 bpm 78% of THR BP: 130/84 mmHg Combined Medians/BLC On/ HF 0.05 Hz/LF 35 Hz



REMARKS:

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

SANGEETA SINGH / 50 Yrs / M / 157 Cms / 67 Kg / HR : 88

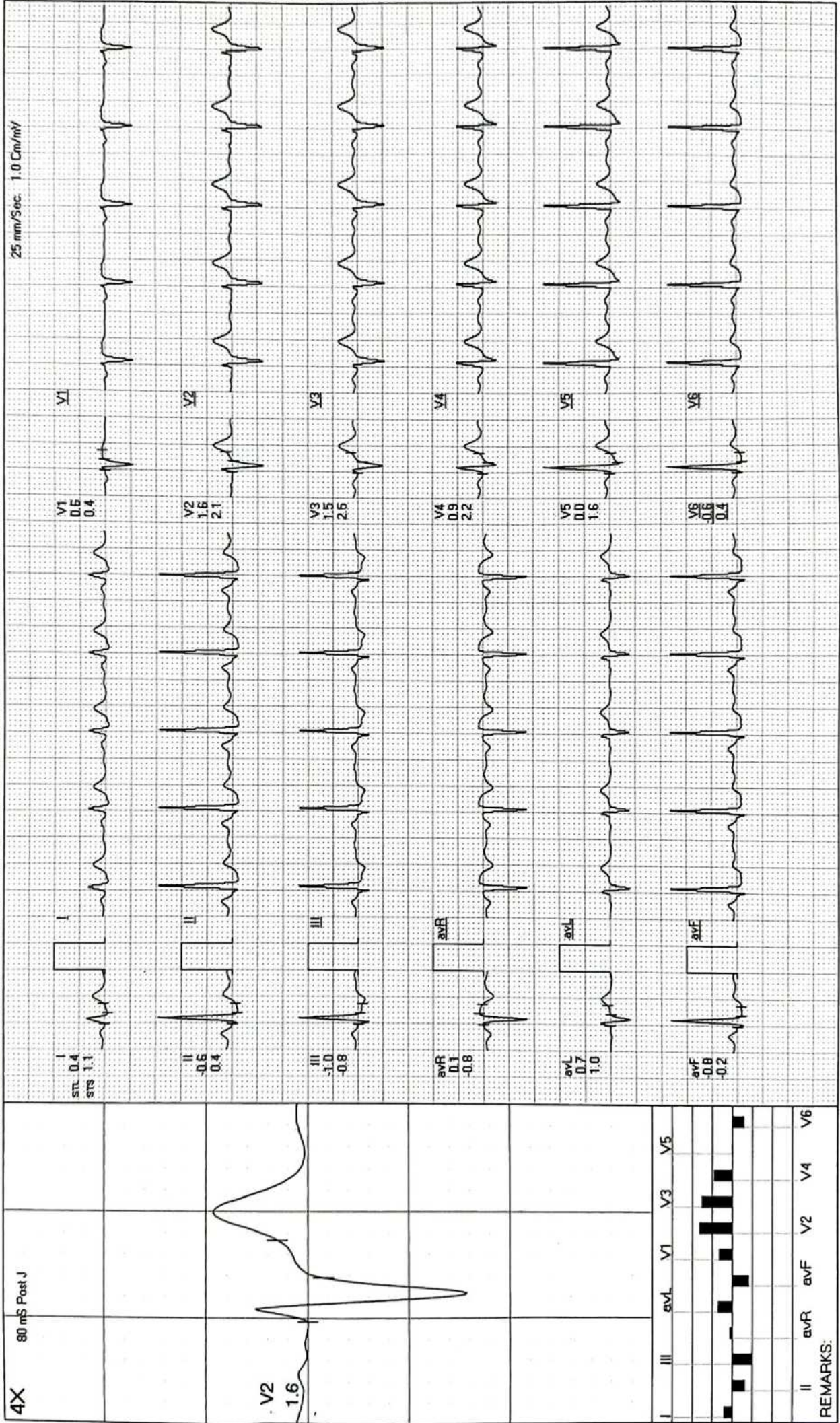
Recovery(1:00)



Date: 12 - 08 - 2023

METS: 3.8/88 bpm 52% of THR BP: 126/82 mmHg Combined Medians/BLC On/ HF 0.05 Hz/LF 35 Hz

ExTime: 02:16 0.0 Kmph, 0.0%



REMARKS:

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

SANGEETA SINGH / 50 Yrs / M / 157 Cms / 67 Kg / HR : 76

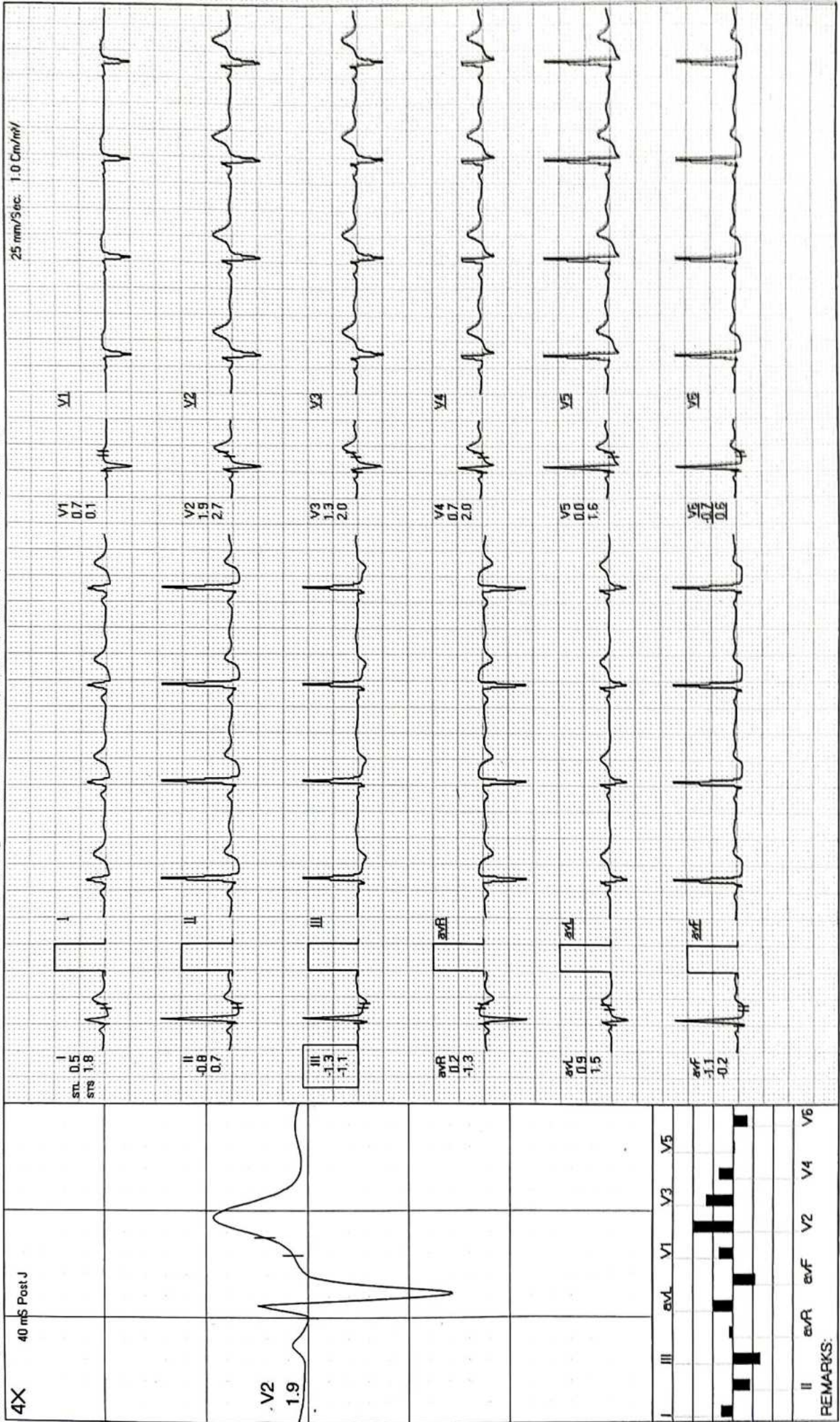
Recovery(2:00)



Date: 12-08-2023

METS: 3.8/76 bpm 45% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ HF 0.05 Hz/LF 35 Hz

ExTime: 02:16 0.0 Kmph, 0.0%



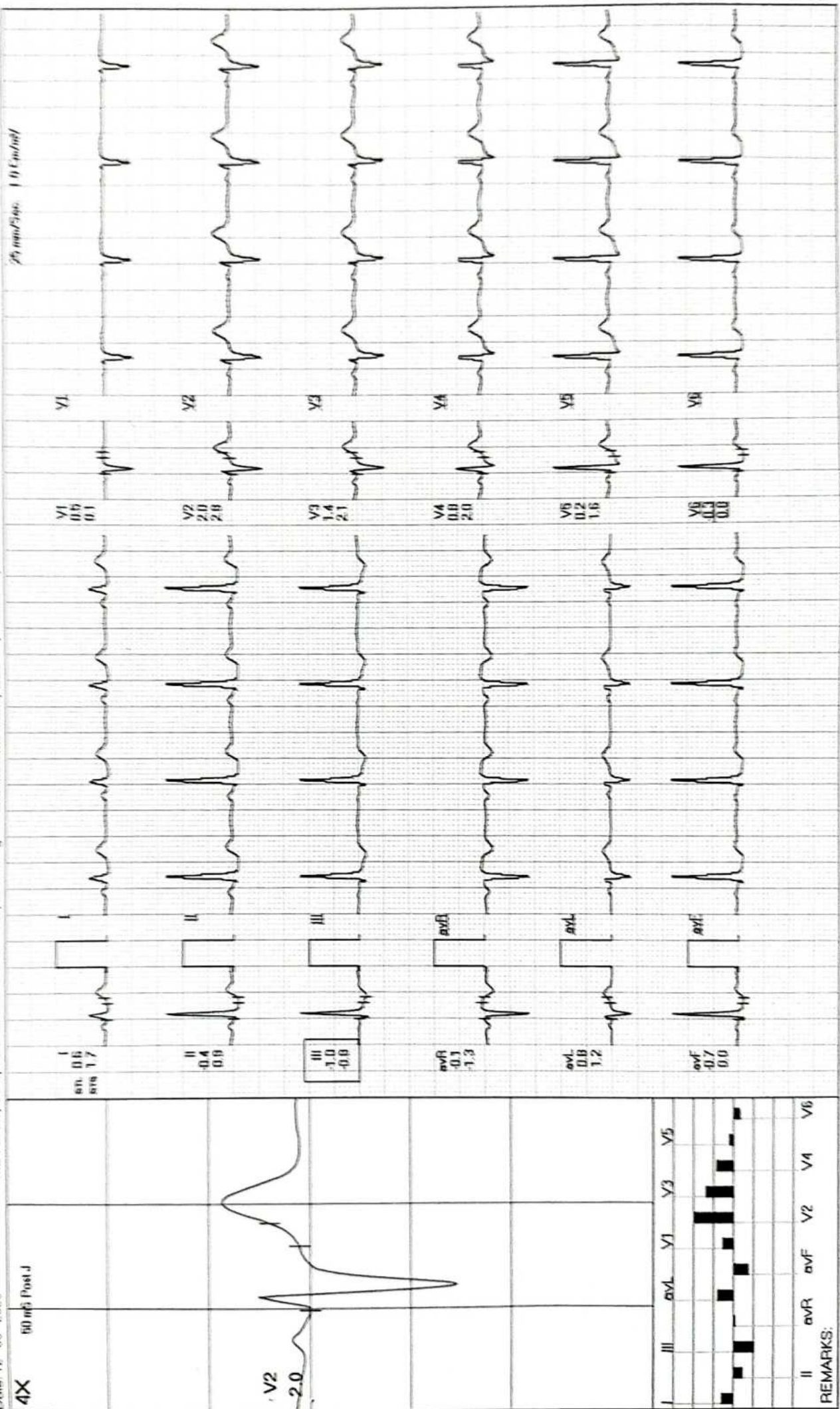
MODERN PATHOLOGY AND DIAGNOSTIC CENTER

SANGEETA SINGH / 50 Yrs / M / 157 Cms / 67 Kg / HR : 78

Recovery(3:00)

(Signature)
A. S. SINGH

Date: 12-08-2023 METS: 3.0/78 bpm 46% of TH-03 BP: 120/80 mmHg Combined Medications/BLC On/ Hatch On/ HF 0.05 Hz/LF 35 117 ExTime 02:15 0.0 Porph. 0.0%



REMARKS:
II aVR aVF V2 V4 V6

MODERN PATHOLOGY AND DIAGNOSTIC CENTER

SANGEETA SINGH / 50 Yrs / M / 157 Cms / 67 Kg / HR : 82

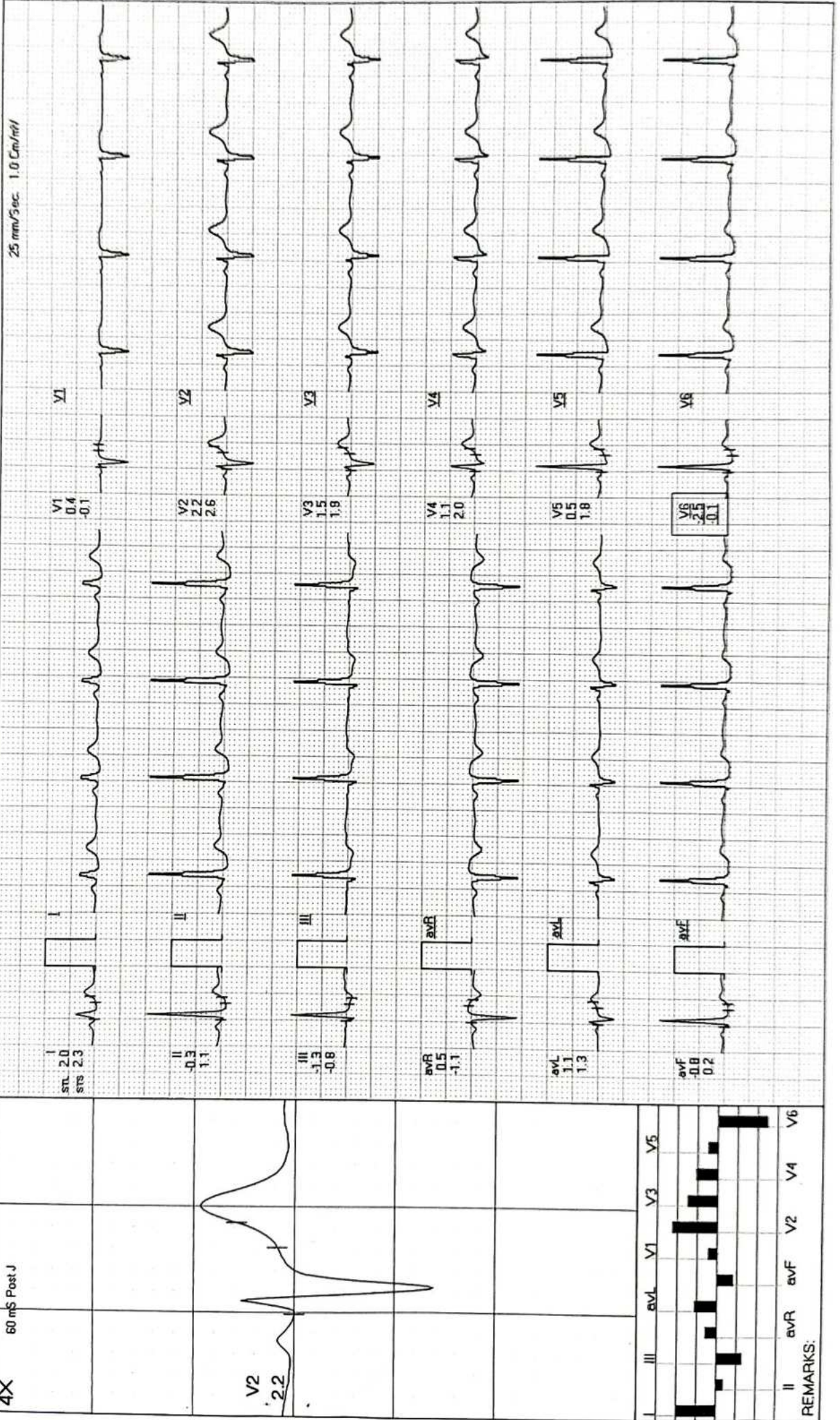
Recovery(3:32)



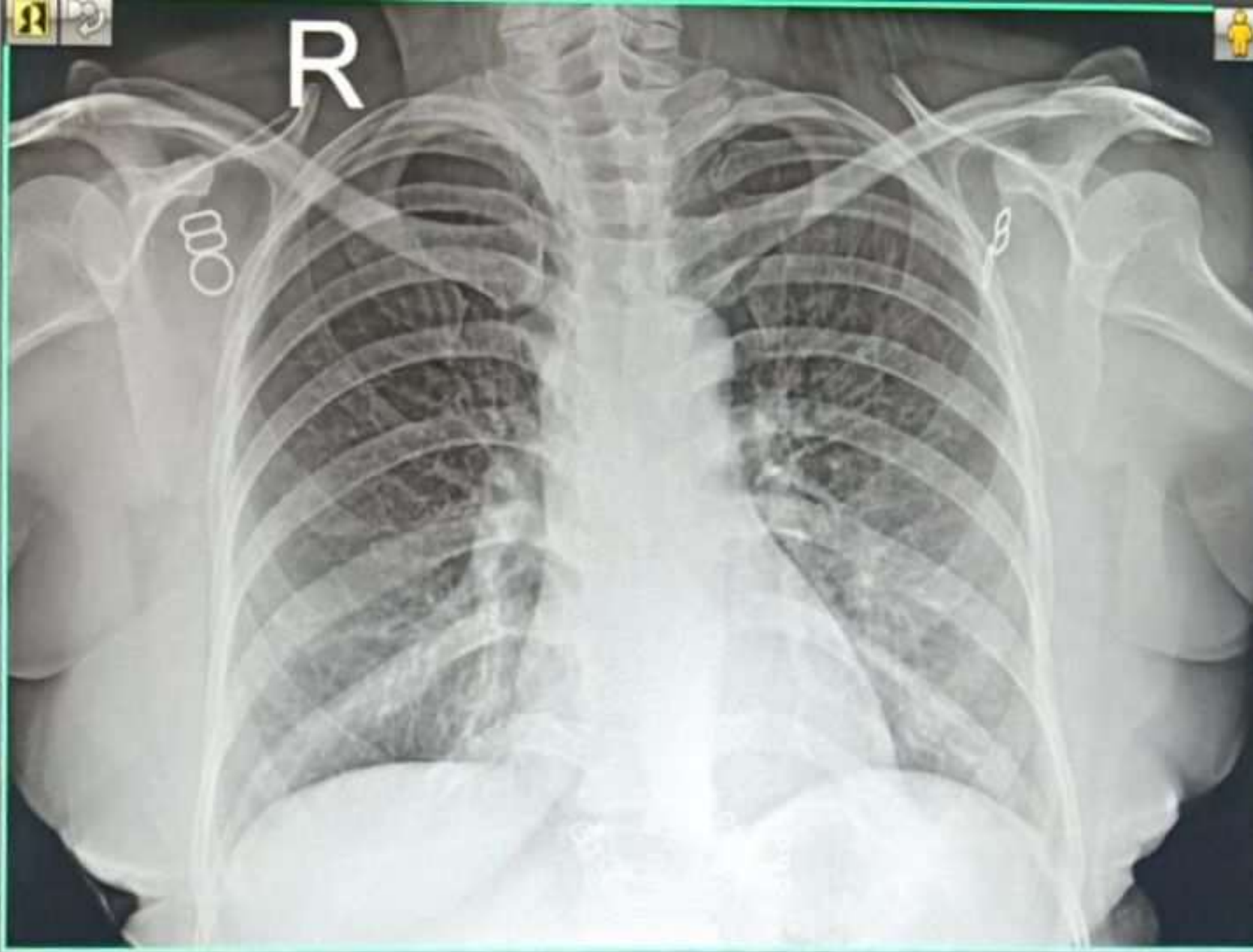
Date: 12-08-2023

METS: 3.8/ 82 bpm 48% of THR BP: 120/80 mmHg Combined Medians/BLC On/ HF 0.05 Hz/LF 35 Hz

ExTime: 02:16 0.0 Kmph, 0.0%



REMARKS:



23081201415 MRS SANGEETA SINGH 50 YRS F SELF CHEST PA
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