

CID	: 2121937603	SID	: 177803962709
Name	: MRS.NITU MANOJ SHARMA	Registered	: 07-Aug-2021 / 10:26
Age / Gender	: 31 Years/Female	Collected	: 07-Aug-2021 / 10:26
Ref. Dr	: -	Reported	: 09-Aug-2021 / 12:50
Reg.Location	: Vashi (Main Centre)	Printed	: 09-Aug-2021 / 15:23

PHYSICAL EXAMINATION REPORT

History and Complaints:

**C/O headache, throat pain ear pain - since many years, H/O Tonsillitis - Recurrent - consulted already.
 C/O PV white discharge & itching off & on - since 2 yrs - consulted**

EXAMINATION FINDINGS:

Height (cms):	158	Weight (kg):	76
Temp (0c):	Normal	Skin:	Normal
Blood Pressure (mm/hg):	104/70	Nails:	Normal
Pulse:	120/min	Lymph Node:	Not Palpable /Not Tender

Systems

Cardiovascular: Normal
Respiratory: Normal
Genitourinary: Normal
GI System: Normal
CNS: Normal

IMPRESSION: CXR, ESR, T BIL, SGOT, SGPT, BUN, CREAT, UA, TSH - ALL NORMAL.

CBC NOTED, URINE - 8-10 PC
 FBS RAISED, PPBS RAISED, HbA1C - PRE DM
 BORDERLINE ABNORMAL LIPID PROFILE, D BIL BORERLINE RAISED,
 BLOOD GR- B POSITIVE
 ECG AND USG REPORT NOTED, TMT NEGATIVE.

ADVICE: CONSULT FAMILY PHYSICIAN WITH ALL THE REPORTS.

CONSULT DIABETOLOGIST FOR BSL CONTROL, REGULAR FOLLOW UP.

CONSULT FAMILY PHYSICIAN/GYNECOLOGIST FOR TREATMENT OF UTI, MONITOR URINE ROUTINE AND CBC, CONSULT TREATING DOCTOR.

CONSULT GYNECOLOGIST WITH USG REPORT AND TREATMENT OF SYMPTOMS.

CONSULT ENT SPECIALIST, REGULAR FOLLOW UP.

DIET AND LIFESTYLE MANAGMENT, FAT FREE FOODS, BSL CONTROL, 13-14 kg weight loss ADVISED, MONITOR SERUM BILIRUBIN, USG CHANGES IN LIVER AND FASTING LIPID PROFILE AND CONSULT FAMILY PHYSICIAN.

FOLLOW COVID VACCINATION SCHEDULE AS PER GOVERNMENT NORMS AND FITNESS.

CHIEF COMPLAINTS: 1st dose of covid vaccine taken.

Covid infection in April 2021 - Home quarantine

1) **Hypertension:** No

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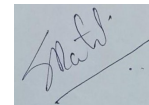
- | | |
|--|--|
| 2) IHD | No |
| 3) Arrhythmia | No |
| 4) Diabetes Mellitus | During pregnancy |
| 5) Tuberculosis | No |
| 6) Asthama | No |
| 7) Pulmonary Disease | No |
| 8) Thyroid/ Endocrine disorders | No |
| 9) Nervous disorders | No |
| 10) GI system | No |
| 11) Genital urinary disorder | No |
| 12) Rheumatic joint diseases or symptoms | No |
| 13) Blood disease or disorder | No |
| 14) Cancer/lump growth/cyst | No |
| 15) Congenital disease | No |
| 16) Surgeries | LSCS 2019
Right breast abscess drained - 2019 |

PERSONAL HISTORY: H/O FOOD ALLERGY

LMP -13/07/21, 6/21, REGULAR.

- | | |
|---------------|-------|
| 1) Alcohol | No |
| 2) Smoking | No |
| 3) Diet | Mixed |
| 4) Medication | None |

*** End Of Report ***



Dr.SHEPHALI BODKHE
MBBS