

DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Deepa M S MRN : 20150000000160 Gender/Age : FEMALE , 36y (24/08/1986)

Collected On: 24/04/2023 09:07 AM Received On: 24/04/2023 01:17 PM Reported On: 24/04/2023 06:15 PM

Barcode : 012304240647 Specimen : Serum Consultant : EXTERNAL(EXTERNAL)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8074677972

	BIOCHEMI	STRY	
Test	Result	Unit	Biological Reference Interval
Fasting Blood Sugar (FBS) (Colorimetric - Glucose Oxidase Peroxidase)	91	mg/dL	70 to 99 : Normal 100 to 125 : Pre-diabetes =>126 : Diabetes ADA standards 2020
Post Prandial Blood Sugar (PPBS) (Colorimetric - Glucose Oxidase Peroxidase)	95	mg/dL	70 to 139 : Normal 140 to 199 : Pre-diabetes =>200 : Diabetes ADA standards 2020
HBA1C			
HbA1c (HPLC NGSP Certified)	5.0	%	Normal: 4.0-5.6 Prediabetes: 5.7-6.4 Diabetes: => 6.5 ADA standards 2020
Estimated Average Glucose (Calculated)	96.8	-	-

Interpretation:

1. HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.

2. HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.

3. Any sample with >15% should be suspected of having a haemoglobin variant.

SERUM CREATININE			
Serum Creatinine (Two Point Rate - Creatinine Aminohydrolase)	0.55	mg/dL	0.52-1.04
eGFR (Calculated)	125.1	mL/min/1.73m ²	Indicative of renal impairment < 60 Note:eGFR is inaccurate for Hemodyamically unstable patients eGFR is not applicable for less than 18 years of age.
Blood Urea Nitrogen (BUN) (Endpoint /Colorimetric – Urease)	8	mg/dL	7.0-17.0

Narayana Institute of Cardiac Sciences



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Emergencies 97384 97384

(A Unit of Narayana Hrudayalaya Limited) CIN: L85110KA2000PLC027497

Registered Office: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099

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Patient Name : Ms Deepa M S MRN : 2015000000160 Gender/Age : FEMALE , 36y (24/08/1986) mg/dL 2.5-6.2 Serum Uric Acid (Colorimetric - Uricase, Peroxidase) 5.3 LIPID PROFILE (CHOL, TRIG, HDL, LDL, VLDL) Desirable: < 200 Cholesterol Total (Colorimetric - Cholesterol mg/dL 212 H Borderline High: 200-239 Oxidase) High: > 240 mg/dL Normal: < 150 Triglycerides (Colorimetric - Lip/Glycerol Kinase) 156 H Borderline: 150-199 High: 200-499 Very High: > 500 mg/dL 40.0-60.0 HDL Cholesterol (HDLC) (Colorimetric: Non HDL 42 Precipitation Phosphotungstic Acid Method) mg/dL Desirable: < 130 Non-HDL Cholesterol (Calculated) 170.0 H Above Desirable: 130-159 Borderline High: 160-189 High: 190-219 Very High: => 220 mg/dL Optimal: < 100 LDL Cholesterol (Colorimetric) 127 L Near to above optimal: 100-129 Borderline High: 130-159 High: 160-189 Very High: > 190 VLDL Cholesterol (Calculated) mg/dL 0.0-40.0 31.2 0.0-5.0 Cholesterol /HDL Ratio (Calculated) 5.1 H **THYROID PROFILE (T3, T4, TSH)** ng/mL 0.97-1.69 Tri lodo Thyronine (T3) (Enhanced 0.973 Chemiluminesence) Thyroxine (T4) (Enhanced Chemiluminesence) µg/dl 5.53-11.0 11.0 µlU/mL > 18 Year(s) : 0.4 -4.5 TSH (Thyroid Stimulating Hormone) (Enhanced 13.99 H Pregnancy: 1st Trimester: 0.129-3.120 Chemiluminesence)

Interpretation Notes

• TSH levels are subjected to circadian variation, reaching peak levels between 2 - 4.a.m. and at a minimum between 6-10 pm . The variation is of the order of 50%, hence time of the day has influence on the measured serum TSH concentrations. Alteration in concentration of Thyroid hormone binding protein can profoundly affect Total T3 and/or Total T4 levels especially in pregnancy and in patients on steroid therapy. Unbound fraction (Free,T4 /Free,T3) of thyroid hormone is biologically active form and correlate more closely with clinical status of the patient than total T4/T3 concentration.

LIVER FUNCTION TEST(LFT)

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2nd Trimester: 0.274-2.652 3rd Trimester: 0.312-2.947



Interpretation Notes

Indirect Bilirubin result is a calculated parameter (Indirect Bilirubin = Total Bilirubin - Direct Bilirubin).
 Indirect bilirubin result includes the delta bilirubin fraction also. Delta Bilirubin is the bilirubin which is covalently bound to albumin.
 Delta Bilirubin is not expected to be present in healthy adults or neonates.

Mrs. Latha B S MSc, Mphil, Biochemistry Incharge, Consultant Biochemistry

Anushre

Dr. Anushre Prasad MBBS,MD, Biochemistry Consultant Biochemistry

HEMATOLOGY

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Patient Name: Ms Deepa M S	MRN : 201500000016	60 Gender/Age	: FEMALE , 36y (24/08/1	986)
Test		Result	Unit	Biological Reference Interval
Erythrocyte Sedimentation R	ate (ESR)	9	mm/1hr	0.0-12.0

(Westergren Method)

Interpretation Notes

• ESR high - Infections, chronic disorders,, plasma cell dyscrasias. DISCLAIMER:All the laboratory findings should mandatorily interpreted in correlation with clinical findings by a medical expert

Hena S

Dr. Hema S MD, DNB, Pathology Associate Consultant

Test Result Unit **Biological Reference Interval COMPLETE BLOOD COUNT (CBC)** g/dL 12.0-15.0 Haemoglobin (Hb%) (Photometric Measurement) 11.9 L million/µl 3.8-4.8 Red Blood Cell Count (Electrical Impedance) 4.44 PCV (Packed Cell Volume) / Hematocrit % 36.0-46.0 36.2 (Calculated) fL MCV (Mean Corpuscular Volume) (Derived) 83.0-101.0 81.5 L 27.0-32.0 MCH (Mean Corpuscular Haemoglobin) 26.7 L pg (Calculated) % 31.5-34.5 MCHC (Mean Corpuscular Haemoglobin 32.7 Concentration) (Calculated) Red Cell Distribution Width (RDW) (Derived) % 11.6-14.0 13.1 $10^{3}/\mu L$ 150.0-450.0 Platelet Count (Electrical Impedance Plus 294 Microscopy) Total Leucocyte Count(WBC) (Electrical 4.0-10.0 $10^{3}/\mu L$ 7.0 Impedance)

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HEMATOLOGY



Patient Name : Ms Deepa M S MRN : 20150000000160 Gender/Age : FEMALE , 36y (24/08/1986)

Neutrophils (VCS Technology Plus Microscopy)	57.8	%	40.0-75.0
Lymphocytes (VCS Technology Plus Microscopy)	27.6	%	20.0-40.0
Monocytes (VCS Technology Plus Microscopy)	10.0	%	2.0-10.0
Eosinophils (VCS Technology Plus Microscopy)	3.4	%	1.0-6.0
Basophils (VCS Technology Plus Microscopy)	1.2	%	0.0-2.0
Absolute Neutrophil Count (Calculated)	4.05	x10 ³ cells/µl	2.0-7.0
Absolute Lympocyte Count (Calculated)	1.94	x10 ³ cells/µl	1.0-3.0
Absolute Monocyte Count (Calculated)	0.7	x10 ³ cells/µl	0.2-1.0
Absolute Eosinophil Count (Calculated)	0.24	x10 ³ cells/µl	0.02-0.5
Absolute Basophil Count (Calculated)	0.09	-	-

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

Interpretation Notes

- Haemoglobin, RBC Count and PCV: If below reference range, indicates Anemia. Further evaluation is suggested. RBC Indices aid in typing of anemia.
 - WBC Count: If below reference range, susceptibility to infection.
 - If above reference range- Infection*
 - If very high in lakhs-Leukemia
 - Neutrophils -If above reference range-acute infection, mostly bacterial
 - Lymphocytes -If above reference range-chronic infection/ viral infection
 - Monocytes -If above reference range- TB, Typhoid, UTI
 - Eosinophils -If above reference range -Allergy, cough, Common cold, Asthma & worms
 - Basophils If above reference range, Leukemia, allergy

Platelets: If below reference range- bleeding disorder, Dengue, drug- induced, malignancies

* In bacterial infection with fever total WBC count increases.

Eg Tonsillitis, Sinusitis, Bronchitis, Pneumonia, Appendicitis, UTI -12000-25000 cells/cumm.

In typhoid and viral fever WBC may be normal.

DISCLAIMER: All the laboratory findings should mandatorily interpreted in correlation with clinical findings by a medical expert.

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97384 97384

Patient Name : Ms Deepa M S MRN : 20150000000160 Gender/Age : FEMALE , 36y (24/08/1986)

Dr. Sudarshan Chougule MBBS, MD, Pathology Consultant & Head - Hematology & Flow Cytometry

	CLINICAL PAT	HOLOGY		
Test	Result	Unit	Biological	Reference Interval
Urine For Sugar (Fasting) (Enzyme Method (GOD POD))	Not Present	-	-	
STOOL ROUTINE EXAMINATION				
PHYSICAL EXAMINATION				
Colour	Yellowish	-	-	
Consistency	Semi Solid	-	-	
Mucus	Absent	-	-	
Blood	Absent	-	-	
CHEMICAL EXAMINATION				
Stool For Occult Blood (Standard Guaiac Method)	Negative	-	-	
Reaction	Alkaline	-	-	
Reducing Substances	Absent	-	-	
MICROSCOPE EXAMINATION				
Ova	Not Seen	-	-	
Cyst Of Protozoa	Not Seen	-	-	
Pus Cells	4-6	/hpf	0-5	
	Not Present	-	-	
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Patient Name : Ms Deepa M S MRN : 20150000000160 Gender/Age : FEMALE , 36y (24/08/1986)

Urine For Sugar (Post Prandial) (Enzyme Method (GOD POD))

--End of Report-

Dr. Sudarshan Chougule MBBS, MD, Pathology Consultant & Head - Hematology & Flow Cytometry

Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.
 (Lipid Profile, -> Auto Authorized)
 (CR, -> Auto Authorized)
 (LFT, -> Auto Authorized)
 (Uric Acid, -> Auto Authorized)
 (Blood Urea Nitrogen (Bun), -> Auto Authorized)
 (Fasting Blood Sugar (FBS), -> Auto Authorized)
 - (Post Prandial Blood Sugar (PPBS) -> Auto Authorized)





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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Ms Deepa M S MRN : 20150000000160 Gender/Age : FEMALE , 36y (24/08/1986)

Collected On: 24/04/2023 09:07 AM Received On: 24/04/2023 01:12 PM Reported On: 24/04/2023 03:33 PM

Barcode : 1B2304240023 Specimen : Whole Blood Consultant : EXTERNAL(EXTERNAL)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8074677972

NARAYANA HRUDAYALAYA BLOOD CENTRE

Test	Result	Unit
BLOOD GROUP & RH TYPING		
Blood Group (Column Agglutination Technology)	В	-
RH Typing (Column Agglutination Technology)	Positive	-

Dr. Prathip Kumar B R MBBS, MD, Immunohaematology & Blood Transfusion Consultant

CLINICAL PATHOLOGY

Test	Result	Unit	Biological Reference Interval
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
Colour	STRAW	-	-
Appearance	Not Present	-	-
CHEMICAL EXAMINATION			
pH(Reaction) (pH Indicator Method)	5.0	-	4.5-7.5
Sp. Gravity (Refractive Index)	1.015	-	1.002 - 1.030
Protein (Automated Protein Error Or Ph Indicator)	Not Present	-	Not Present
Urine Glucose (Enzyme Method (GOD POD))	Not Present	-	Not Present

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Patient Name : Ms Deepa M S MRN : 2015000000	160 Gender/Age	e : FEMALE , 36y (24/08/1	1986)
Ketone Bodies (Nitroprusside Method)	Not Present	-	Not Present
Bile Salts (Azo Coupling Method)	Not Present	-	Not Present
Bile Pigment (Bilirubin) (Azo Coupling Method)	Not Present	-	Not Present
Urobilinogen (Azo Coupling Method)	Normal	-	Normal
Urine Leucocyte Esterase (Measurement Of Leukocyte Esterase Activity)	Not Present	-	Not Present
Blood Urine (Peroxidase Reaction)	Not Present	-	Not Present
Nitrite (Gries Method)	Not Present	-	Not Present
MICROSCOPIC EXAMINATION			
Pus Cells	3.1	/hpf	0-5
RBC	2.5	/hpf	0-4
Epithelial Cells	6.6	/hpf	0-6
Crystals	0.0	/hpf	0-2
Casts	0.02	/hpf	0-1
Bacteria	258.2	/hpf	0-200
Yeast Cells	0.1	/hpf	0-1
Mucus	Not Present	-	Not Present

Interpretation Notes

Since the analytical methodology of Urine Microscopy is Flow cytometry based and FDA approved the results of automated urine
microscopy which includes RBCs, WBCs Epithelial cells etc are being reported in decimal fraction. Rounding off the value to
nearest whole number is suggested.

--End of Report-

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Patient Name : Ms Deepa M S MRN : 20150000000160 Gender/Age : FEMALE , 36y (24/08/1986)

Dr. Sudarshan Chougule MBBS, MD, Pathology Consultant & Head - Hematology & Flow Cytometry

Note

- Abnormal results are highlighted.
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- Kindly correlate clinically.



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EXERCISE STRESS TEST REPORT

Race:

DOB: 24.08.1986

Gender: Female

Referring Physician: EHP

Attending Physician: DR.PRIYA S

Technician: MS.VISHALAKSHI H R

Age: 36yrs

Patient Name: MS.DEEPA M S, Patient ID: 2015-160 Height: 162 cm Weight: 62 kg

Study Date: 24.04.2023 Test Type: Treadmill Stress Test Protocol: BRUCE

Medications:

Medical History:

Reason for Exercise Test: Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:32	0.00	0.00	86	110/70	
	STANDING	00:02	0.00	0.00	86	110/70	
	WARM-UP	01:11	1.20	0.00	95	110/70	
EXERCISE	STAGE 1	03:00	1.70	10.00	130	110/70	
	STAGE 2	03:00	2.50	12.00	151	114/70	
	STAGE 3	01:13	3.40	14.00	166	126/70	
RECOVERY		05:07	0.00	0.00	101	120/70	

The patient exercised according to the BRUCE for 7:12 min:s, achieving a work level of Max. METS: 8.80. The resting heart rate of 86 bpm rose to a maximal heart rate of 169 bpm. This value represents 91 % of the maximal, age-predicted heart rate. The resting blood pressure of 110/70 mmHg, rose to a maximum blood pressure of 130/70 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

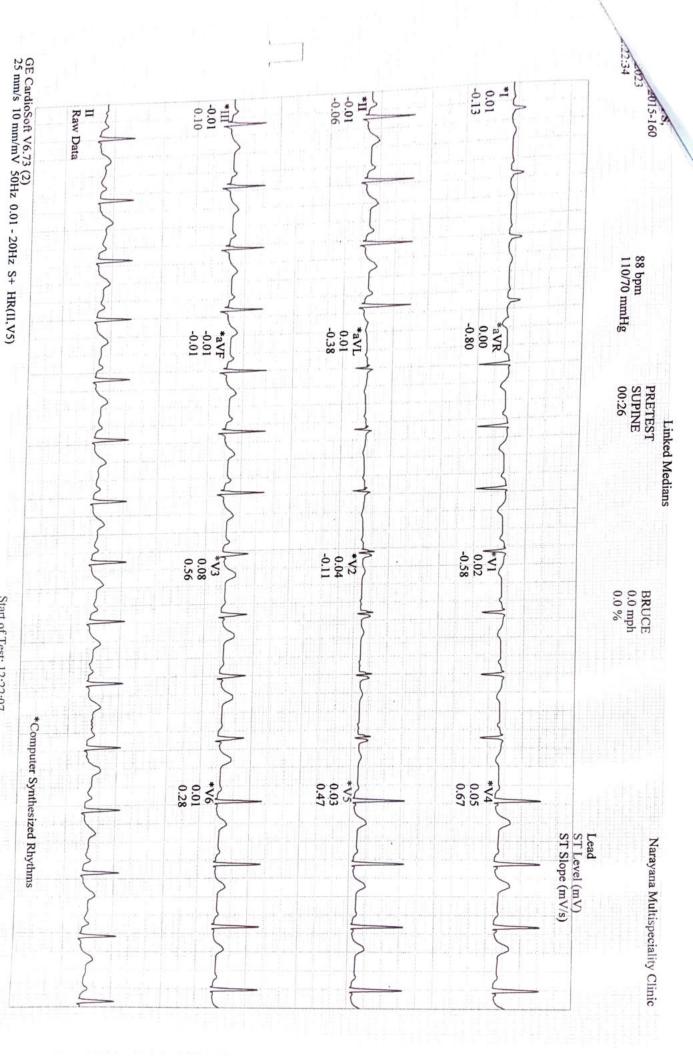
Conclusions

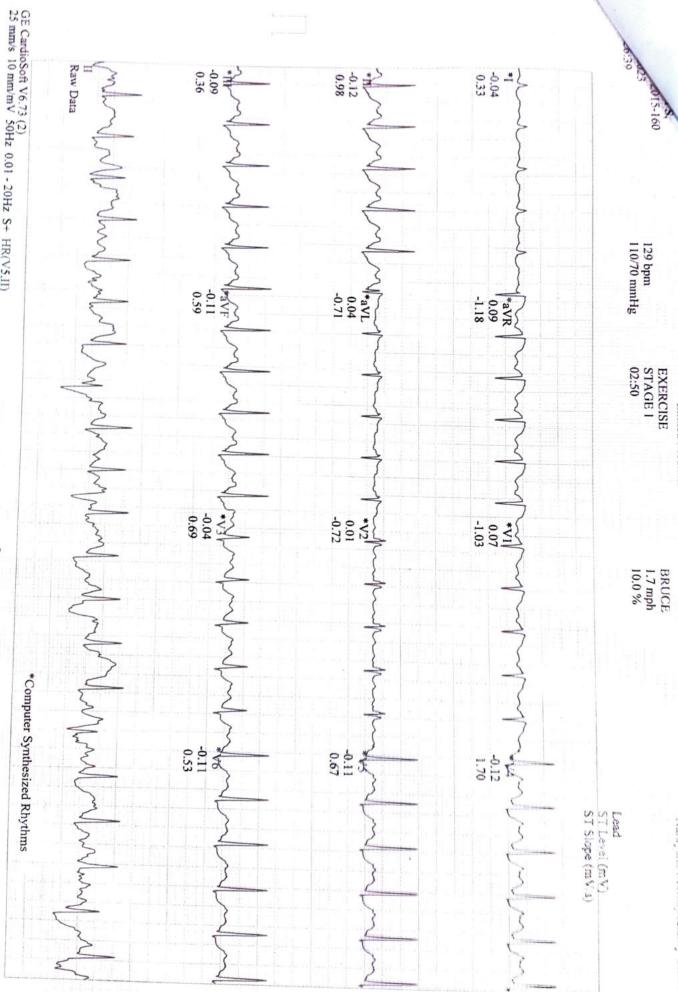
GOOD EFFORT TOLERANCE NORMAL HR AND BP RESPONSE NO ANGINA OR ARRHYTHMIAS MILD ST-T CHANGES NOTED DURING EXERCISE AND RECOVERY IMP:CORRLATE CLINICALLY

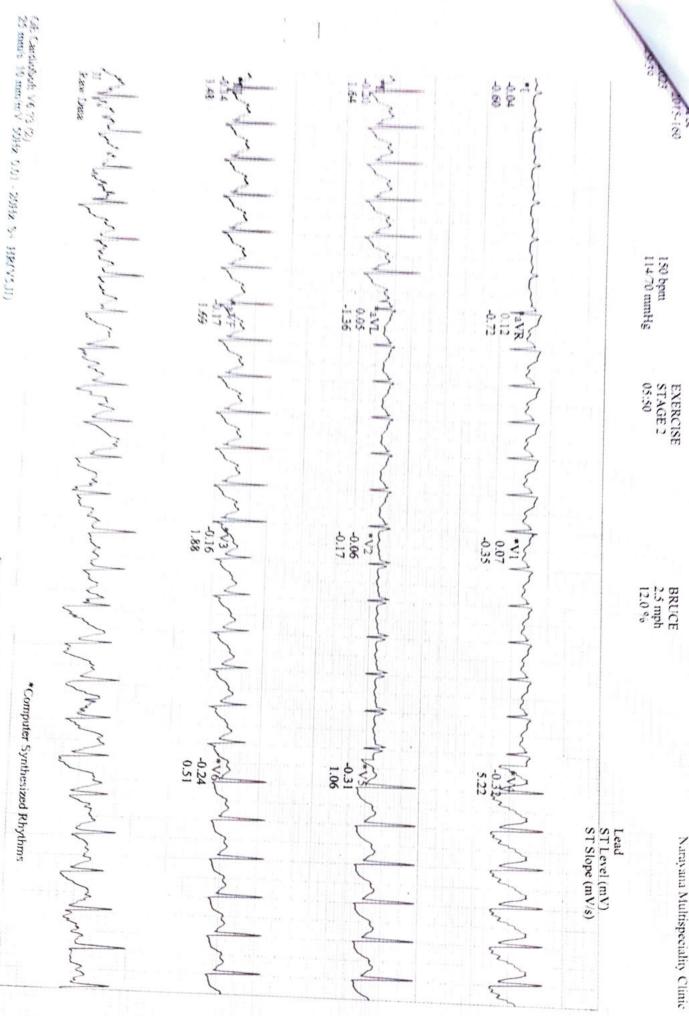
Physician

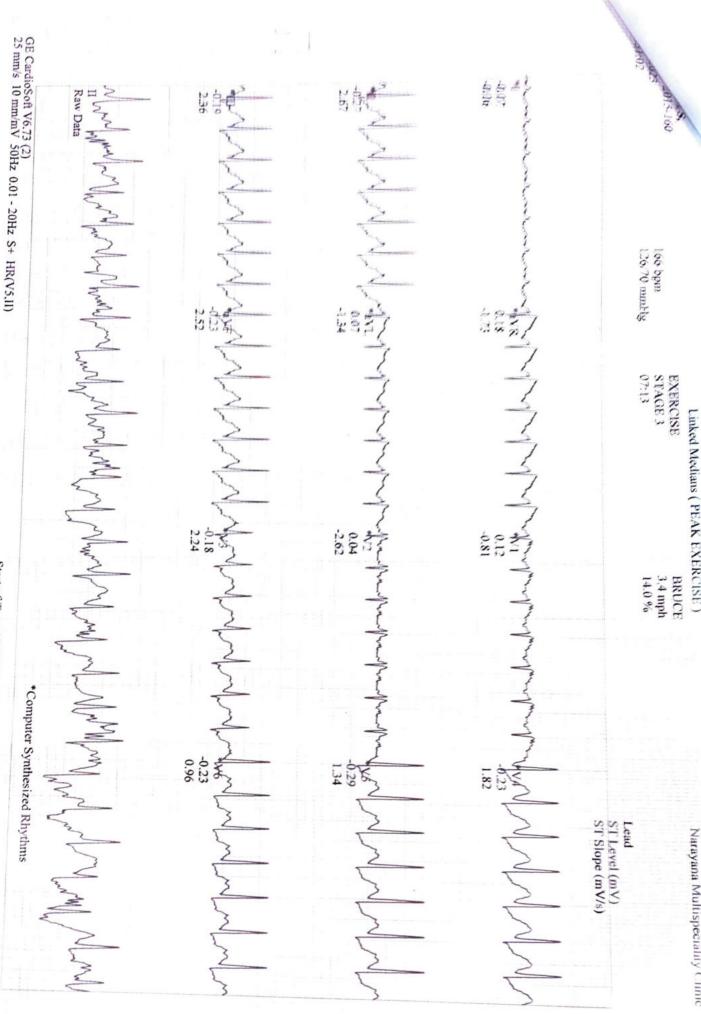
Technician

Page 1/1









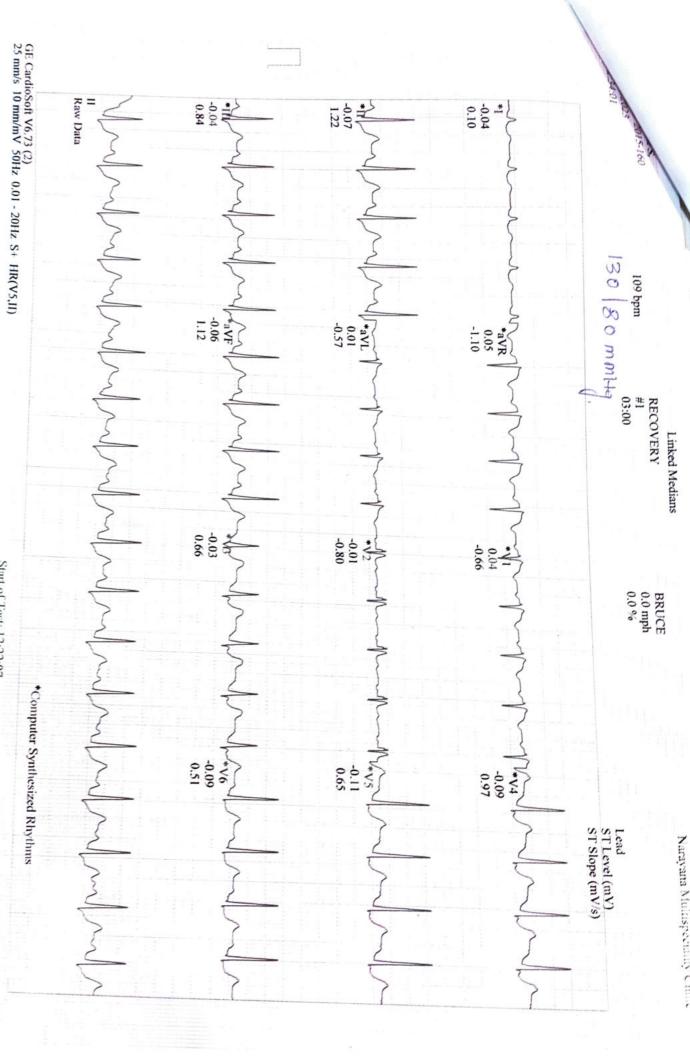
Start of Test: 12-22-07

GF CardioSoft V6 73 (2) 23 mm/s 10 mm/mV 50112 0.01 - 20112 ST 11R(V5,11)

Start of Test: 12:22:07

Page 5

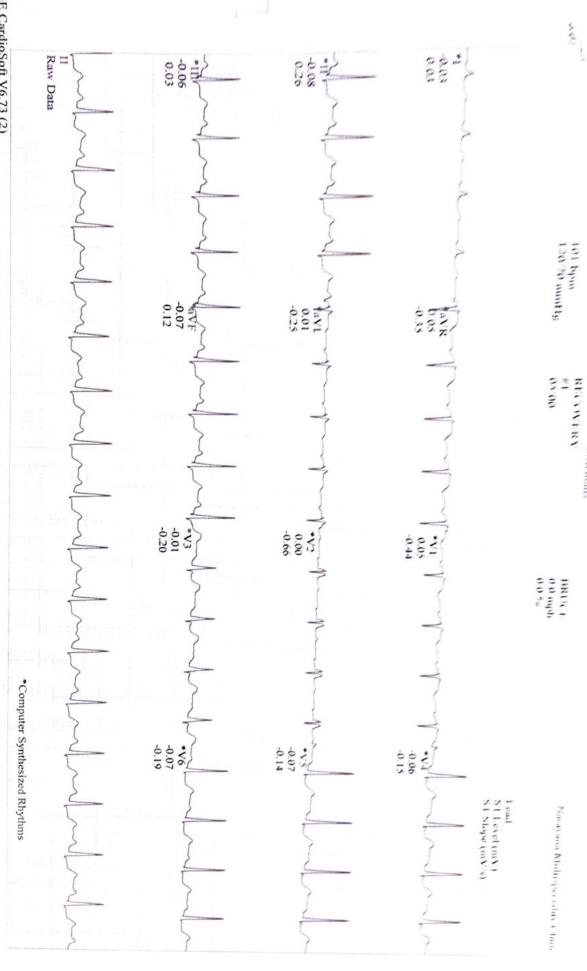
:> -0.01 200 Raw Data interpretente of the properties of the properties of the second of the s 5-160 3 3 buwwatlon 136 bpm -avil -1.66 -1.00 01:00 RECOVERY Linked Medians -0.01 0.26 -102 0.06 -0.08 BRUCE 0.0 mph 0.0 % *Computer Synthesized Rhythms Martin 1 1 10 10 -0.15 -0.12 Lead ST Level (mV) ST Slope (mV/s) 2 Narayana Muliuspenality Chine



GE CardioSoft V6.73 (2) 25 mm/s 10 mm/mV 50Hz 0.01 - 20Hz S+ HR(V5,II)

Start of Test: 12:22:07

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Pationte Name	: Mrs Deepa M S	Patient ID	: 2015000000160
	: 36Years	Sex	: Female
Age		Date	:24 .04.2023
Referring Docto	r : EHP	Dute	

ULTRASOUND ABDOMEN AND PELVIS

Liver is normal in size and shows increased echopattern. No intra or extra hepatic biliary duct dilatation. No focal lesions.

Portal vein is normal in course and caliber. CBD is not dilated.

Gallbladder is normal without evidence of calculi, wall thickening or pericholecystic fluid.

Pancreas to the extent visualized, appears normal in size, contour and echogenicity

Spleen is normal in size, shape, contour and echopattern. No evidence of mass or focal lesions.

Right Kidney is normal in size (measures9.5 cm in length &1.5 cm in parenchymal thickness), position, shape and echopattern. Corticomedullary differentiation is maintained. No evidence of calculi or hydronephrosis.

Left Kidney is normal in size (measures10.3 cm in length &1.5 cm in parenchymal thickness), position, shape and echopattern. Corticomedullary differentiation is maintained. No evidence of calculi or hydronephrosis.

Retroperitoneum - Obscured by bowel gas.

Urinary Bladder is well distended. Wall thickness is normal. No evidence of calculi, mass or mural lesion.

Uterus is anteverted and Bulky in size, measures8.9x3.4x5.1 cm. Myometrial and endometrial echoes are normal. Endometrium measures 7 mm. Endometrial cavity is empty. Both ovaries are normal in size and echopattern.

Left ovary: measures3.0x1.7 cm Right ovary: measures 3.1x1.8 cm

Umblicle Hernia with a Defect measuring 2.3cm with Herniation of Omentum Both adnexa: No mass is seen.

There is no ascites or pleural effusion.

IMPRESSION:

- Grade 1 Fatty Liver
- **Bulky Uterus**
- **Umblicle Hernia**

Dr B S Ramkumar 35772 **Consultant Radiologist**

Disclaimer:

Note: Investigations have their limitations. Solitary pathological/Radiological and other investigations never confirming final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related test final diagnosis. They only nep in diagnosing the distance of Legal Purposes. Please interpret accordingly. This Report is not for Medico - Legal Purposes. Narayana Multispeciality Clinic

17/1, 30th Cross, 8th 'B' Main Road, 4th Block, Jayanagar, Bangalore - 560 011 Clinic No. : 8884000991, 9513919615, Pharmacy No. : 9513919615 E-mail: info.jayanagar@narayanahealth.org, web : www.narayanahealth.org age Report

lame Birth Date Bender 2015-160 MS.DEEPA M S/36Y

Female

MARSHNE MS.DEEPA M SIJOY NARAYANA HRUDAYALAYA MI 1.4 24-04--023 seneral B0 cm c Tis 0.2 10:16:24 AM 60 cm c Tis Tis Tis 70 Tis Tis Tis Tis 71 Tis Tis Tis Tis 72 Tis Tis Tis Tis 73 Tis Tis Tis Tis 74 Tis Tis Tis Tis 75 Tis Tis Tis Tis 74 Tis</td



Exam

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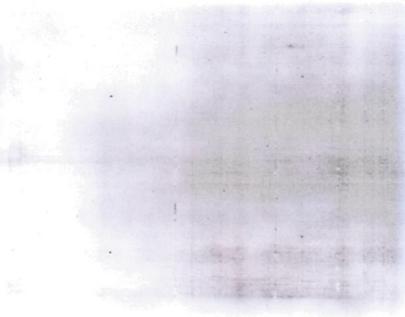
24-04-2023





唐 11世







NAME : MRS.DEEPA M S : 24.04.2023 DATE MRN NO: 2015000000160 **FINAL DIAGNOSIS:** NORMAL CHAMBER DIMENSIONS NO RWMA NORMAL VALVES **MR-MILD** NORMAL PA PRESSURE NORMAL RV/LV FUNCTION LVEF- 60 % MEASUREMENTS RA: 36 MM IVS (d): 10 MM LVID (d): 40 MM AO: 26 MM RV: 27 MM PW (d): 10 MM LVID(s) : 28 MM LA: 36 MM EF: 60 % VALVES NORMAL MITRAL VALVE

: NORMAL

CHAMBERS

LEFT ATRIUM	: NORMAL
RIGHT ATRIUM	: NORMAL
LEFT VENTRICLE	: NORMAL, NORMAL LV FUNCTION
RIGHT VENTRICLE	: NORMAL, TAPSE-20 MM, NORMAL RV FUNCTION
RVOT/LVOT	: NORMAL

Narayana Multispeciality Clinic

17/1, 30th Cross, 8th 'B' Main Road, 4th Block, Jayanagar, Bangalore - 560 011 Clinic No.: 8884000991, 9513919615, Pharmacy No.: 9513919615 E-mail: info.jayanagar@narayanahealth.org, web : www.narayanahealth.org



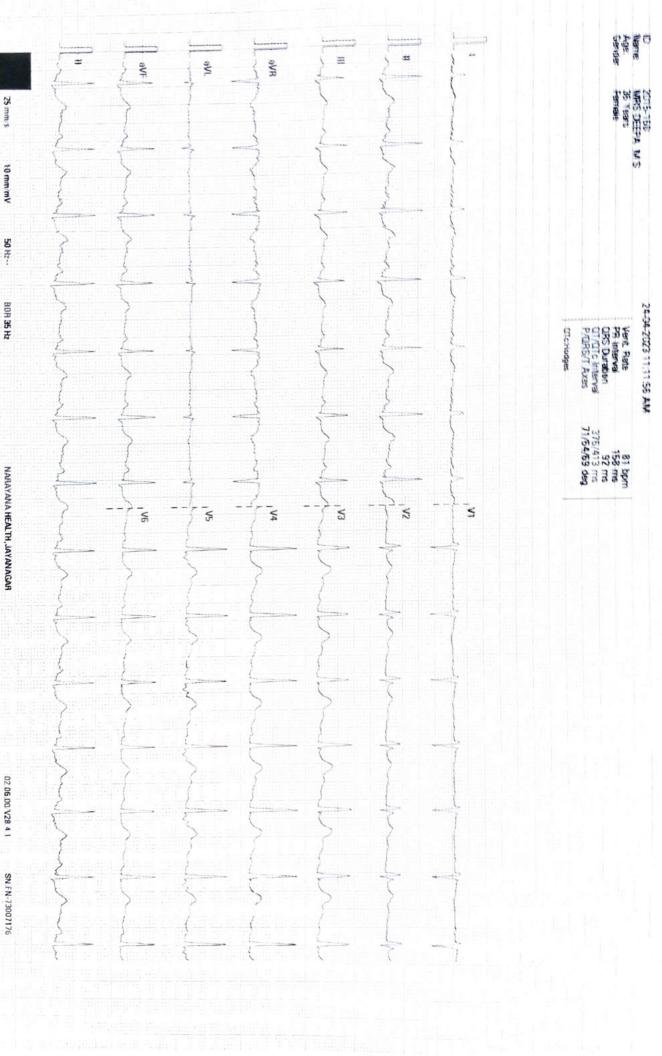
AGE/SEX : 36YRS/FEMALE

AORTIC VALVE

TRICUSPID VALVE : NORMAL

PULMONARY VALVE : NORMAL

ADULT TRANS-THORACIC ECHO REPORT





Final Report

DEPARTMENT OF LABORATORY MEDICINE

 Patient Name : Ms Deepa M S
 MRN : 20150000000160
 Gender/Age : FEMALE , 36y (24/08/1986)

 Collected On : 24/04/2023 09:08 AM
 Received On : 24/04/2023 04:43 PM
 Reported On : 24/04/2023 05:05 PM

 Barcode : 012304240649
 Specimen : Plasma
 Consultant : EXTERNAL(EXTERNAL)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8074677972

Test	BIOCHEMISTRY		
	Result	Unit	
Post Prandial Blood Sugar (PPBS) (Colorimetric -	95	mg/dL	
Glucose Oxidase Peroxidase)		mg/ut	

Biological Reference Interval

70 to 139 : Normal 140 to 199 : Pre-diabetes =>200 : Diabetes ADA standards 2020

Mrs. Latha B S MSc, Mphil, Biochemistry Incharge, Consultant Biochemistry

Note

- Abnormal results are highlighted.
- Results relate to the sample only.

Kindly correlate clinically.
 (Post Prandial Blood Sugar (PPBS) -> Auto Authorized)

Anushre

--End of Report-

Dr. Anushre Prasad MBBS,MD, Biochemistry Consultant Biochemistry







Narayana Multispeciality Clinic

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MRN NO	: 2015-0160						al Report
	: 36-YRS FEMALE						S. Aspen
AGE		DEPT: FAMILY MEDS					
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