

**ബैंക് ഓഫ് ബറോഡ**  
**Bank of Baroda**

നാമം  
 Name: Arun Thomas

കാർഡി നമ്പർ  
 E.C. No. 76219

പ്രദാനം ചെയ്ത സ്ഥാപനം  
 Issuing Authority: ഉ.പ.പ. ജി.കെ.കെ.ല  
 DGM, RO KERALA

ധാതൃ ക. ഇ.പ.പ.പ.  
 Signature Of Holder





*Arun Thomas*

ഭാരത സർക്കാർ  
 Government of India

അരുൺ തോമസ്  
 Arun Thomas

ജനന തീയതി / DOB: 15/04/1986  
 പുരുഷൻ / Male

6384 0691 4000

ആധാർ - സാധാരണക്കാരന്റെ അവകാശം






ആധാർ  
 Unique Identification Authority of India

മേൽവിലാസം:  
 S/O തോമസ് വി.ടി,  
 ചിറമുകുതത്ത്ത് ഭവൻ,  
 തുരുത്തിക്കാട്, മല്ലപ്പള്ളി,  
 കല്ലപ്പാറ, തുരുത്തിക്കാട്,  
 പത്തനംതിട്ട, കേരളം, 689597

Address:  
 S/O, Thomas V.T. Chiramukathu  
 Bhavan, Thuruthicadu,  
 Mallappally, Kallappara,  
 Thuruthicaud, Pathanamthitta,  
 Kerala, 689597

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 1800 300 1947

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*Arun Thomas*

Motion-Test not required  
X-rays not required

*[Signature]*  
9/9/23





<b>PATIENT NAME : ARUN THOMAS</b>		<b>REF. DOCTOR : DR. BOB-MEDIWHEEL</b>	
<b>CODE/NAME &amp; ADDRESS : CA00010147 - MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI,SOUTH DELHI, DELHI, SOUTH DELHI 110030 8800465156</b>	<b>ACCESSION NO : 4126WI003023</b>	<b>AGE/SEX : 37 Years</b>	<b>Male</b>
	<b>PATIENT ID : ARUNM1504864126</b>	<b>DRAWN :</b>	
	<b>CLIENT PATIENT ID:</b>	<b>RECEIVED : 09/09/2023 09:00:14</b>	
	<b>ABHA NO :</b>	<b>REPORTED : 09/09/2023 20:04:07</b>	

Test Report Status	Final	Results	Biological Reference Interval	Units
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**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

**OPHTHAL**

OPHTHAL

Test completed

**TREADMILL TEST**

TREADMILL TEST

Test completed



**DR.SMITHA PAULSON,MD  
(PATH),DPB  
(Reg No - TCMC:35960)  
LAB DIRECTOR & HEAD-  
HISTOPATHOLOGY & CYTOLOGY**



**DR.NILA THERESA DAVIS,MBBS  
MD(PATH)  
(Reg No - TCMC:45470)  
CONSULTANT PATHOLOGIST**



**DR.TEJAS PRASAD  
VIDWANS ,MBBS MD(PATH)(Reg  
No -MMC 2017/08/3919)  
CONSULTANT PATHOLOGIST**



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**PERFORMED AT :**

DDRC AGILUS PATHLABS LIMITED  
DDRC agilus TOWER, G-131,PANAMPILLY NAGAR,  
ERNAKULAM, 682036  
KERALA, INDIA  
Tel : 93334 93334  
Email : customercare.ddrc@agilus.in



Patient Ref. No. 666000005887784

<b>PATIENT NAME : ARUN THOMAS</b>		<b>REF. DOCTOR : DR. BOB-MEDIWHEEL</b>	
<b>CODE/NAME &amp; ADDRESS :</b> CA00010147 - MEDIWHEEL ARCOFEMI HEALTHCARE LIMITED F701A, LADO SARAI, NEW DELHI, SOUTH DELHI, DELHI, SOUTH DELHI 110030 8800465156	<b>ACCESSION NO :</b> 4126WI003023	<b>AGE/SEX :</b> 37 Years Male	<b>DRAWN :</b>
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**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

**ECG WITH REPORT**

**REPORT**

TEST COMPLETED

**USG ABDOMEN AND PELVIS**

**REPORT**

TEST COMPLETED

**CHEST X-RAY WITH REPORT**

**REPORT**

TEST COMPLETED

**HAEMATOLOGY - CBC**

**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

**BLOOD COUNTS, EDTA WHOLE BLOOD**

<b>HEMOGLOBIN</b>	14.6	13.0 - 17.0	g/dL
METHOD : NON CYANMETHHEMOGLOBIN			
<b>RED BLOOD CELL COUNT</b>	4.78	4.5 - 5.5	mil/ $\mu$ L
METHOD : IMPEDANCE			
<b>WHITE BLOOD CELL COUNT</b>	5.13	4.0 - 10.0	thou/ $\mu$ L
METHOD : IMPEDANCE			
<b>PLATELET COUNT</b>	184	150 - 410	thou/ $\mu$ L
METHOD : IMPEDANCE			

**RBC AND PLATELET INDICES**

<b>HEMATOCRIT</b>	42.9	40 - 50	%
METHOD : CALCULATED			



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MEAN CORPUSCULAR VOL		89.7	83 - 101
METHOD : DERIVED FROM IMPEDANCE MEASURE			fL
MEAN CORPUSCULAR HGB.		30.5	27.0 - 32.0
METHOD : CALCULATED			pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION		34.0	31.5 - 34.5
METHOD : CALCULATED			g/dL
RED CELL DISTRIBUTION WIDTH		15.7	12.0 - 18.0
MENTZER INDEX		18.8	%
MEAN PLATELET VOLUME		8.7	6.8 - 10.9
METHOD : DERIVED FROM IMPEDANCE MEASURE			fL
<b>WBC DIFFERENTIAL COUNT</b>			
SEGMENTED NEUTROPHILS		60	40 - 80
METHOD : DHSS FLOWCYTOMETRY			%
LYMPHOCYTES		31	20 - 40
METHOD : DHSS FLOWCYTOMETRY			%
MONOCYTES		7	2 - 10
METHOD : DHSS FLOWCYTOMETRY			%
EOSINOPHILS		2	1 - 6
METHOD : DHSS FLOWCYTOMETRY			%
BASOPHILS		0	0 - 2
METHOD : IMPEDANCE			%
ABSOLUTE NEUTROPHIL COUNT		3.08	2.0 - 7.0
METHOD : CALCULATED			thou/ $\mu$ L
ABSOLUTE LYMPHOCYTE COUNT		1.59	1 - 3
METHOD : CALCULATED			thou/ $\mu$ L
ABSOLUTE MONOCYTE COUNT		0.36	0.20 - 1.00
METHOD : CALCULATED			thou/ $\mu$ L
ABSOLUTE EOSINOPHIL COUNT		0.10	0.02 - 0.50
METHOD : CALCULATED			thou/ $\mu$ L
ABSOLUTE BASOPHIL COUNT		0.00	0.00 - 0.10
METHOD : CALCULATED			thou/ $\mu$ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)		1.9	

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**DR. NISHA G, MBBS MD(PATH),**  
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**ERYTHROCYTE SEDIMENTATION RATE (ESR), WHOLE BLOOD**

SEDIMENTATION RATE (ESR)	03	0 - 14	mm at 1 hr
METHOD : WESTERGRN METHOD			

**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**
**SUGAR URINE - POST PRANDIAL**

SUGAR URINE - POST PRANDIAL	NOT DETECTED	NOT DETECTED
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**SUGAR URINE - FASTING**

SUGAR URINE - FASTING	NOT DETECTED	NOT DETECTED
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**IMMUNOHAEMATOLOGY**
**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**
**ABO GROUP & RH TYPE, EDTA WHOLE BLOOD**

ABO GROUP	TYPE B
METHOD : GEL CARD METHOD	
RH TYPE	POSITIVE

**BIO CHEMISTRY**
**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**
**BUN/CREAT RATIO**

BUN/CREAT RATIO	8.1
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DR. HARI SHANKAR, MBBS MD  
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 HEAD - Biochemistry &  
 Immunology

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Test Report Status **Final**

Results

Units

**CREATININE, SERUM**

CREATININE

1.02

18 - 60 yrs : 0.9 - 1.3

mg/dL

**GLUCOSE, POST-PRANDIAL, PLASMA**

GLUCOSE, POST-PRANDIAL, PLASMA

121

 Diabetes Mellitus : > or = 200. mg/dL  
 Impaired Glucose tolerance/  
 Prediabetes : 140 - 199.  
 Hypoglycemia : < 55.

METHOD : HEXOKINASE

**GLUCOSE FASTING, FLUORIDE PLASMA**

FBS (FASTING BLOOD SUGAR)

90

 Diabetes Mellitus : > or = 126. mg/dL  
 Impaired fasting Glucose/  
 Prediabetes : 101 - 125.  
 Hypoglycemia : < 55.
**GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD**

GLYCOSYLATED HEMOGLOBIN (HBA1C)

5.4

 Normal : 4.0 - 5.6%.  
 Non-diabetic level : < 5.7%.  
 Diabetic : > 6.5%

 Glycemic control goal  
 More stringent goal : < 6.5 %.  
 General goal : < 7%.  
 Less stringent goal : < 8%.

 Glycemic targets in CKD :-  
 If eGFR > 60 : < 7%.  
 If eGFR < 60 : 7 - 8.5%.  
 < 116.0 mg/dL

MEAN PLASMA GLUCOSE

108.3

mg/dL

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**LIVER FUNCTION TEST WITH GGT**

BILIRUBIN, TOTAL	0.60	General Range : < 1.1	mg/dL
BILIRUBIN, DIRECT	0.32	General Range : < 0.3	mg/dL
BILIRUBIN, INDIRECT	0.28	0.1 - 1.0	mg/dL
TOTAL PROTEIN	7.2	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
ALBUMIN	4.6	20-60yrs : 3.5 - 5.2	g/dL
GLOBULIN	2.6	2.0 - 3.5	g/dL
ALBUMIN/GLOBULIN RATIO	1.8	1.0 - 2.1	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	29	Adults : < 40	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)	25	Adults : < 45	U/L
METHOD : IFCC WITHOUT PDP			
ALKALINE PHOSPHATASE	44	Adult(<60yrs) : 40 -130	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)	12	Adult (Male) : < 60	U/L

**TOTAL PROTEIN, SERUM**


TOTAL PROTEIN	7.2	Ambulatory : 6.4 - 8.3 Recumbant : 6 - 7.8	g/dL
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**URIC ACID, SERUM**

URIC ACID	7.4	Adults : 3.4-7	mg/dL
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**BLOOD UREA NITROGEN (BUN), SERUM**

BLOOD UREA NITROGEN	8	Adult(<60 yrs) : 6 to 20	mg/dL
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**BIOCHEMISTRY - LIPID**

**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

**LIPID PROFILE, SERUM**

CHOLESTEROL	225	Desirable : < 200 Borderline : 200-239 High : >or= 240	mg/dL
TRIGLYCERIDES	138	Normal : < 150 High : 150-199 Hypertriglyceridemia : 200-499 Very High : > 499	mg/dL
HDL CHOLESTEROL	62	General range : 40-60	mg/dL
LDL CHOLESTEROL, DIRECT	152	Optimum : < 100 Above Optimum : 100-139 Borderline High : 130-159 High : 160-189 Very High : >or= 190	mg/dL
NON HDL CHOLESTEROL	<b>163 High</b>	Desirable : < 130 Above Desirable : 130 -159 Borderline High : 160 - 189 High : 190 - 219 Very high : > / = 220	mg/dL
VERY LOW DENSITY LIPOPROTEIN	27.6	</= 30.0	mg/dL
CHOL/HDL RATIO	3.6	Low Risk : 3.3 - 4.4 Average Risk : 4.5 - 7.0 Moderate Risk : 7.1 - 11.0 High Risk : > 11.0	
LDL/HDL RATIO	2.5	Desirable/Low Risk - 0.5-3 Borderline/Moderate Risk- 3.1-6 High Risk- >6.0	

**SPECIALISED CHEMISTRY - HORMONE**

**MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT**

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**THYROID PANEL, SERUM**

T3	89.40	Adult : 80-200	ng/dL
T4	6.15	Adults : 4.5-12.1	µg/dl
TSH 3RD GENERATION	0.823	21-50 yrs : 0.4 - 4.2	µIU/mL

**CLINICAL PATH - URINALYSIS****MEDIWHEEL HEALTH CHEKUP BELOW 40(M)TMT****PHYSICAL EXAMINATION, URINE**

COLOR	PALE YELLOW
APPEARANCE	CLEAR

**CHEMICAL EXAMINATION, URINE**

PH	7.0	4.8 - 7.4
SPECIFIC GRAVITY	1.015	1.015 - 1.030
PROTEIN	NOT DETECTED	NOT DETECTED
GLUCOSE	NOT DETECTED	NOT DETECTED
KETONES	NOT DETECTED	NOT DETECTED
BLOOD	NOT DETECTED	NOT DETECTED
BILIRUBIN	NOT DETECTED	NOT DETECTED
UROBILINOGEN	NORMAL	NORMAL
NITRITE	NOT DETECTED	NOT DETECTED
LEUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED

**MICROSCOPIC EXAMINATION, URINE**

RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
WBC	0-1	0-5	/HPF
EPITHELIAL CELLS	0-1	0-5	/HPF

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CASTS		NOT DETECTED	
CRYSTALS		NOT DETECTED	
BACTERIA		NOT DETECTED	NOT DETECTED
YEAST		NOT DETECTED	NOT DETECTED

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ID: 3023

ARUN THOMAS  
Male 37Years

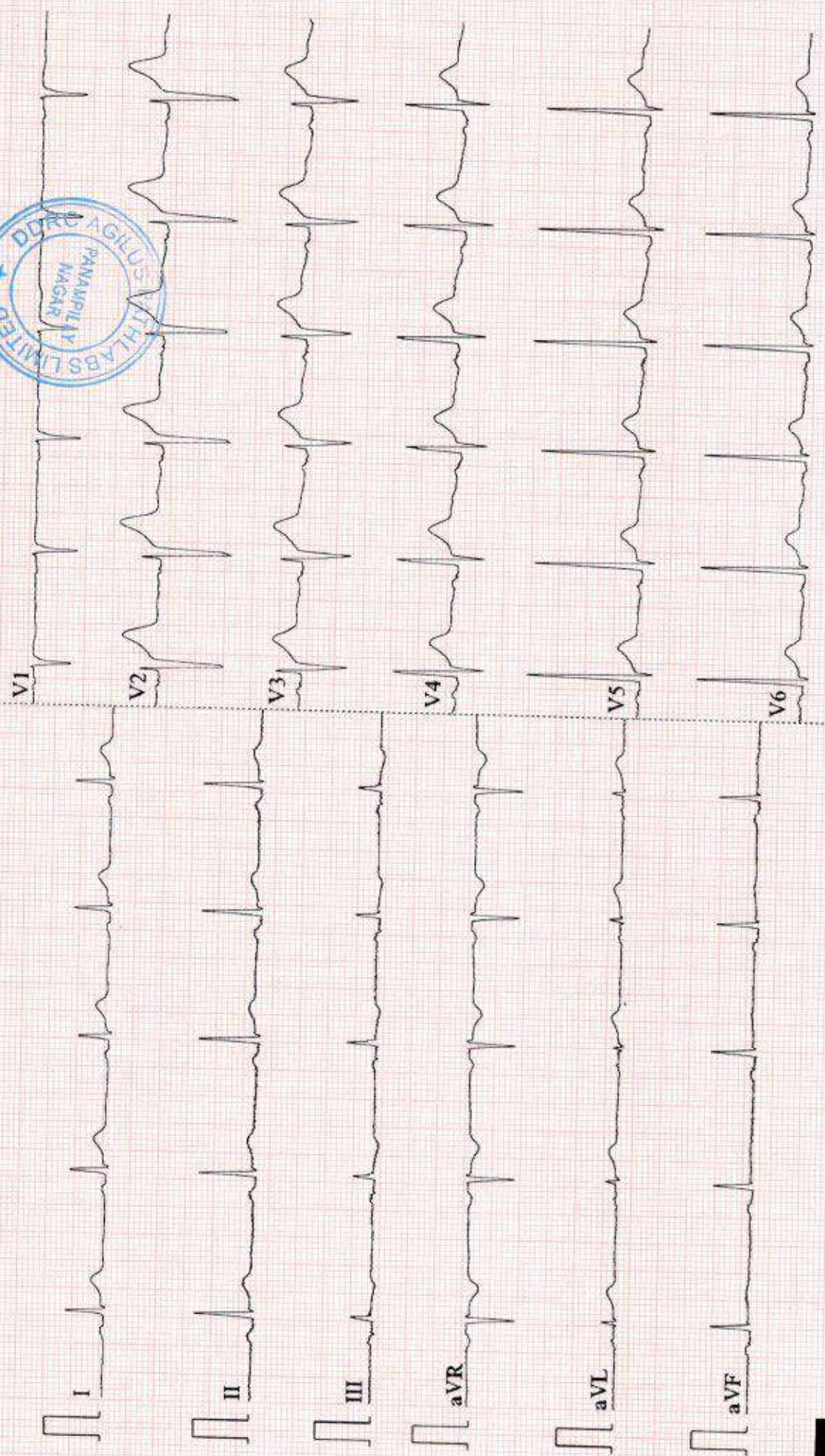
09-09-2023 09:22:14 AM  
HR : 70 bpm  
P : 110 ms  
PR : 162 ms  
QRS : 78 ms  
QT/QTc : 360/390 ms  
P/QRS/T : 58/56/15 °  
RV5/SV1 : 1.909/0.725 mV

Diagnosis Information:

*T inversion in III*

Technician : ALEENA  
Ref-Phys. : MEDIWHEEL  
Report Confirmed by:

Dr. GEORGE THOMAS  
MD, FCSI, FIAE  
CARDIOLOGIST  
Reg. 86614





Date... 9 / 9 / 23 ..

OPHTHALMOLOGY REPORT

This is to certify that I have examined

Mr / Ms : Arun Thomas ..... Aged 37 ..... and his / her

visual standards is as follows :

Visual Acuity:

R: 6/6 .....

For far vision

L: 6/6 .....

R: N6 .....

For near vision

L: N6 .....

Color Vision : Normal .....



*(Signature)*

**CIYA MARY P ROCKY**

**(Optometrist)**



ARUN THOMAS (37 M)

DDRC agilus DIAGNOSTICS P NAGAR

Test Report

ID: W1003023

Date: 09-Sep-23

Exec Time : 0 m 0 s

Stage Time : 0 m 44 s HR: 90 bpm

Protocol: Bruce

Stage: Supine

Speed: 0 mph

Grade: 0 %

(THR: 155 bpm)

B.P: 110 / 70

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

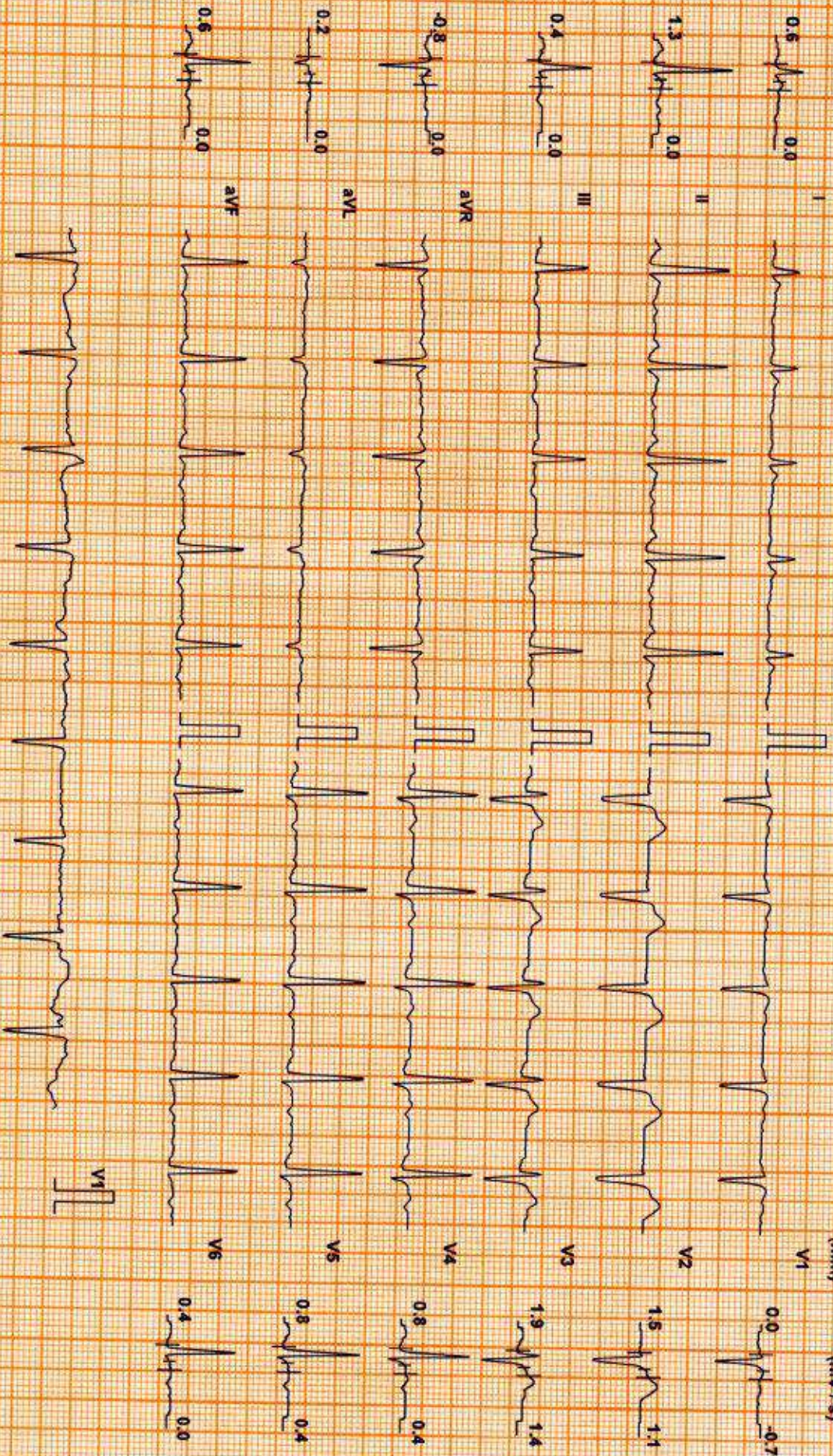


Chart Speed: 25 mm/sec  
Schier Standard V47

Filter: 35 Hz

Mains Fil: ON

Amp: 10 mm

Isr = R - 50 ms

J = R + 50 ms

Post J = J + 50 ms

Linked Median



DDRC agilis DIAGNOSTICS P NAGAR

Test Report

ARUN THOMAS (37 M)

ID: W1003023

Date: 09-Sep-23

Exec Time : 0 m 0 s Stage Time : 0 m 27 s HR: 86 bpm

Protocol: Bruce

Stage: Standing

Speed: 0 mph

Grade: 0%

(THR: 155 bpm)

B.P.: 110 / 70

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

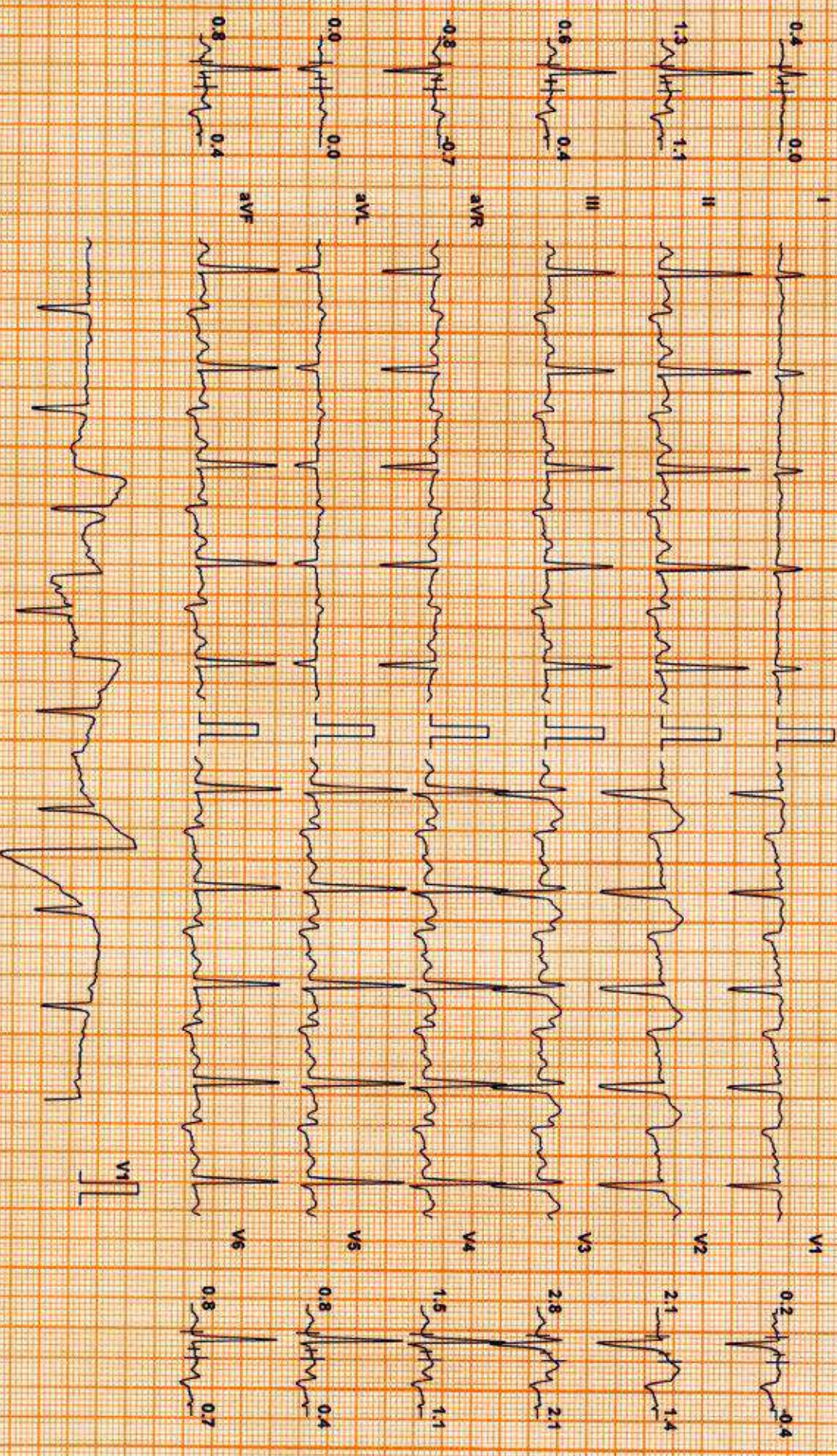


Chart Speed: 25 mm/sec  
Schlitz Spandau V417

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

50 = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms  
Linked Median



ARUN THOMAS (37 M)

Protocol: Bruce

ST Level (mm) ST Slope (mV/s)

DDRC agilis DIAGNOSTICS P NAGAR

ID: WM003023

Date: 09-Sep-23

Exec Time : 2 m 54 s Stage Time : 2 m 54 s HR: 139 bpm

Stage: 1

Speed: 1.7 mph

Grade: 10 %

(THR: 155 bpm)

B.P: 120 / 80

Test Report

ST Level (mm) ST Slope (mV/s)

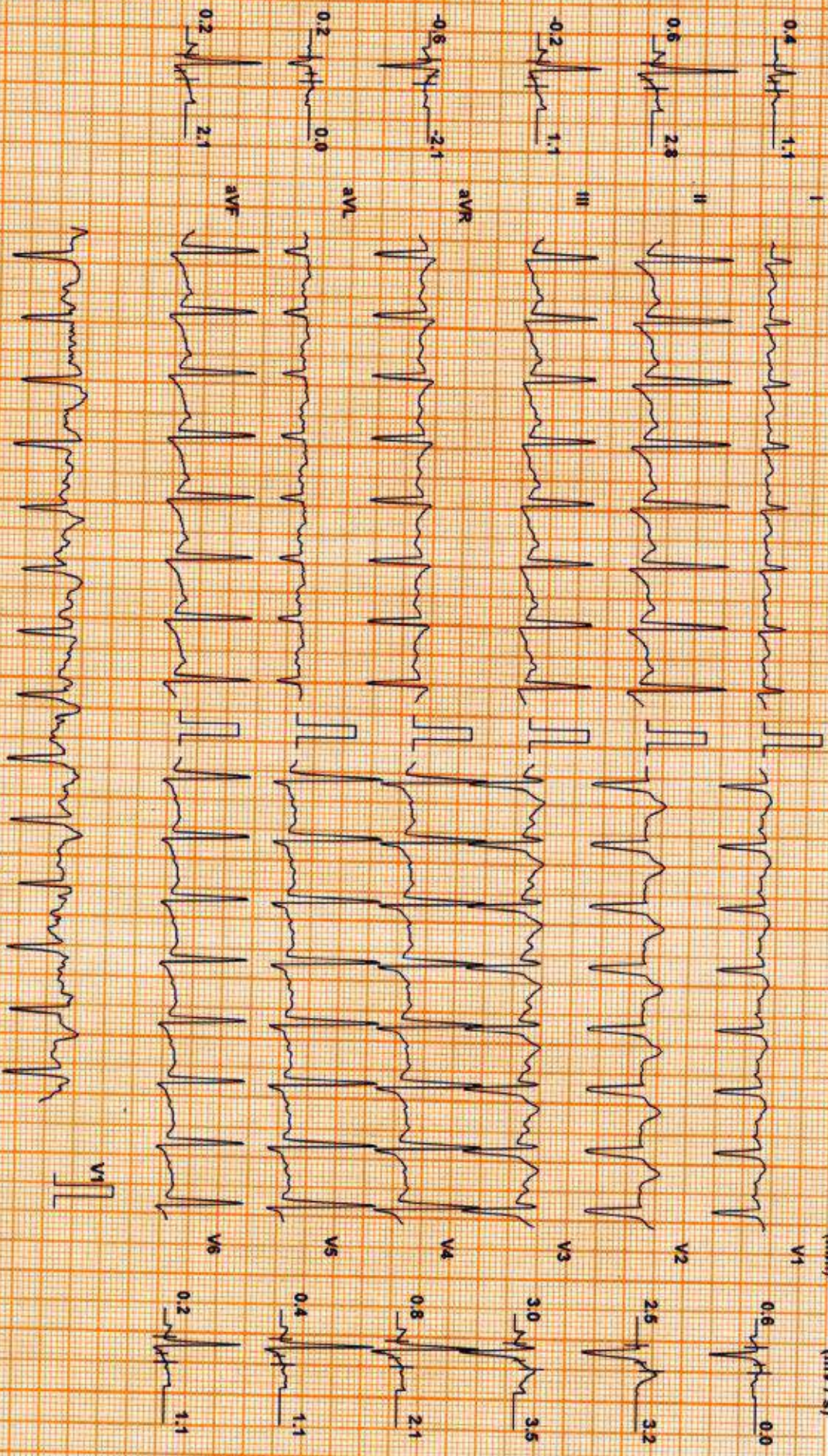


Chart Speed: 25 mm/sec  
Scanner: Spandor V4.7

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

Isr = R: 60 ms

J = R: 60 ms

Post J = J: 60 ms

Linked Median



ARUN THOMAS (37 M)

Protocol: Bruce

DDRC agilus DIAGNOSTICS P NAGAR

ID: WI003023

Date: 09-Sep-23

Exec Time : 5 m 54 s Stage Time : 2 m 54 s HR: 161 bpm

Test Report

Stage: 2

Speed: 2.5 mph

Grade: 12 %

(THR: 155 bpm)

B.P: 130 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

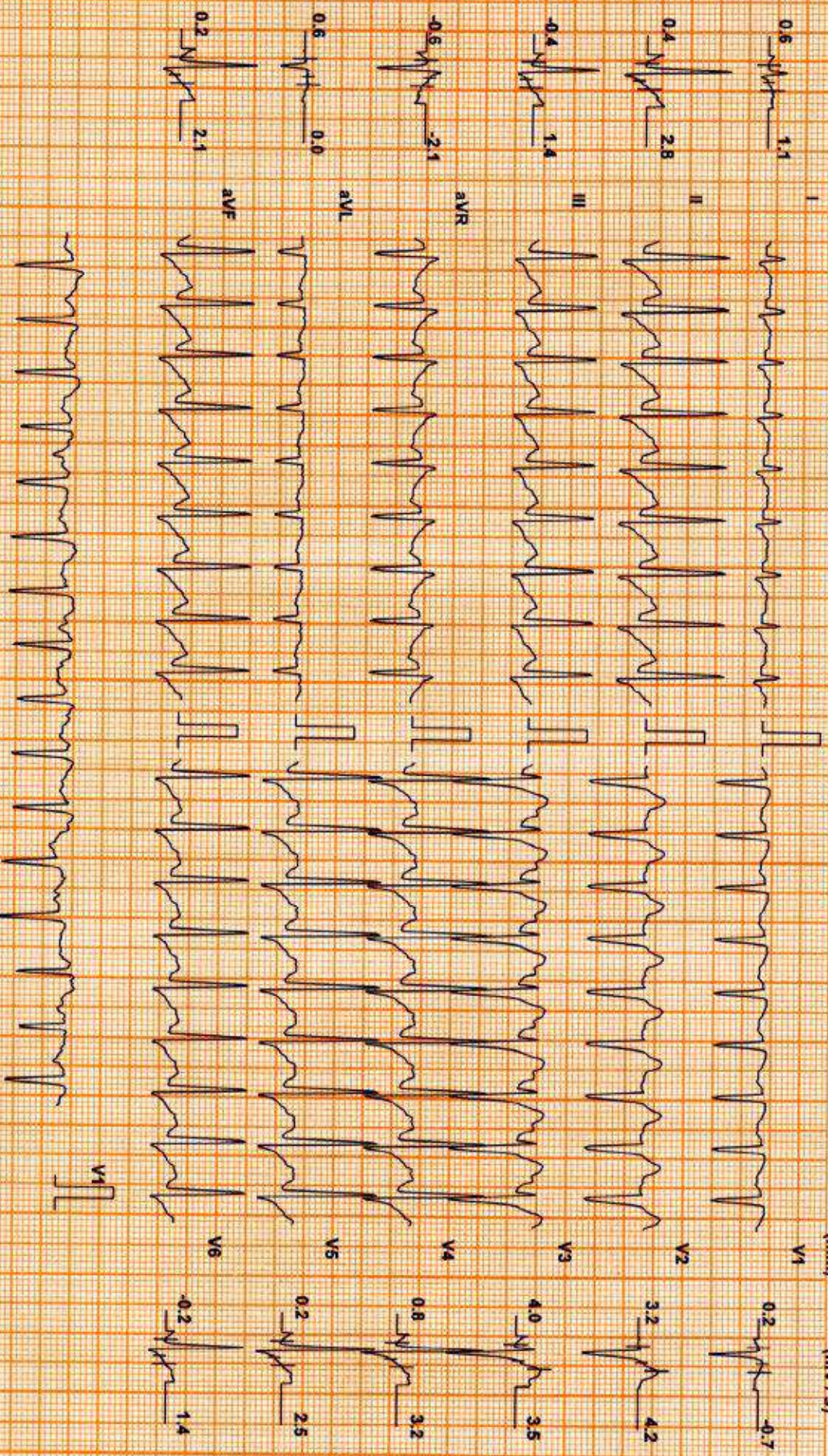


Chart Speed: 25 mm/sec  
Schlter Spanden V 47

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

Int = R - 60 ms

J + R + 60 ms

Post J = J + 60 ms

Linked Median



DDRC agilus DIAGNOSTICS P NAGAR

Test Report

ARUN THOMAS (37 M)

ID: WM003023

Date: 09-Sep-23

Exec Time : 6 m 54 s Stage Time : 0 m 54 s HR: 179 bpm

Protocol: Bruce

Stage: Peak Ex

Speed: 3.4 mph

Grade: 14 %

(THR: 155 bpm)

B.P: 140 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

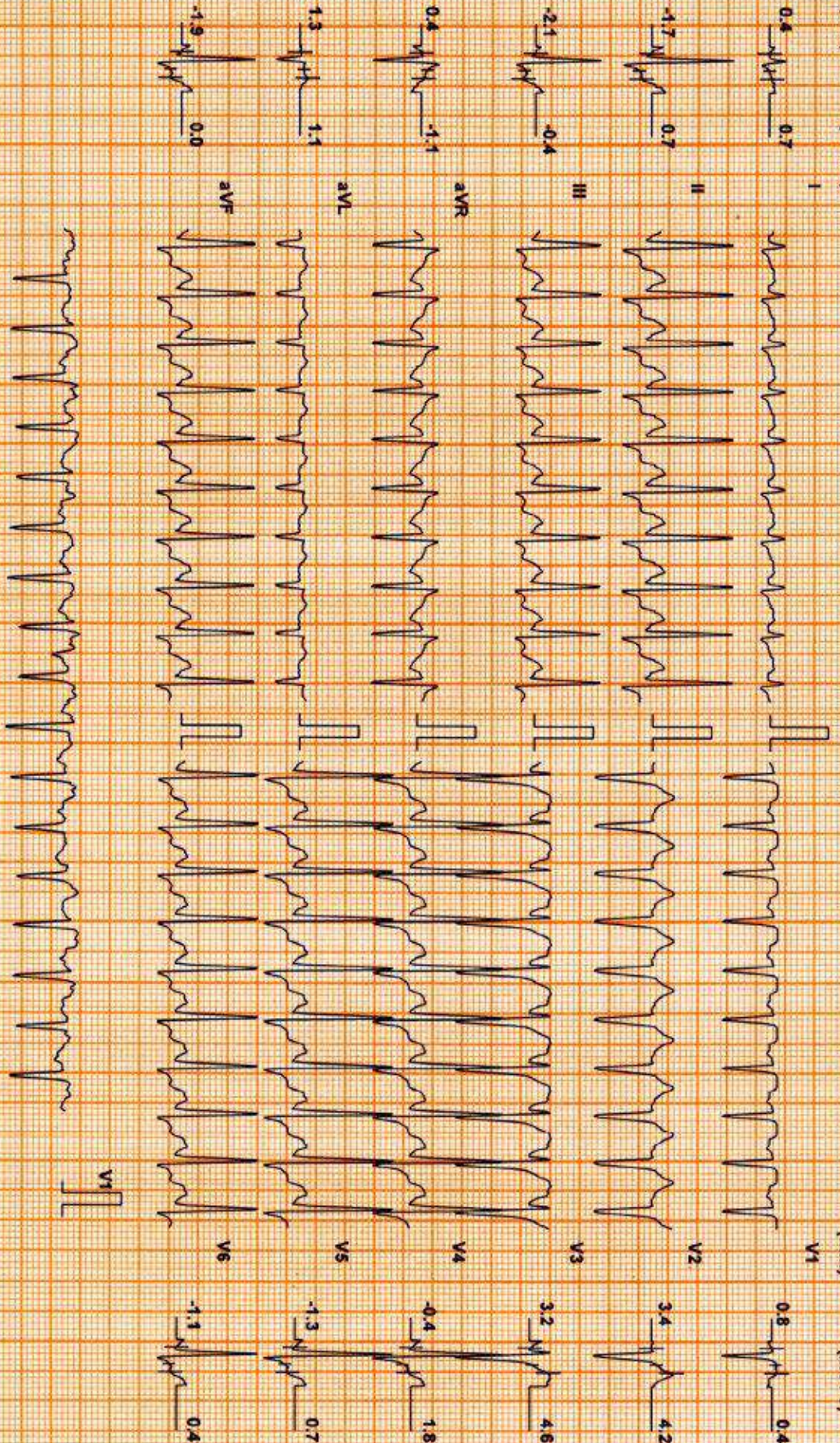


Chart Speed: 25 mm/sec Filter: 35 Hz Mains Filtr: ON Amp: 10 mm

1sq = R - 60 ms J = R + 60 ms Post J = J + 60 ms

Schler Standard V4.7 Linked Median



ARUN THOMAS (37 M)

Protocol: Bruce

ST Level (mm) ST Slope (mV/s)

DDRC agilius DIAGNOSTICS P NAGAR

ID: WM003023

Date: 09-Sep-23

Exec Time : 7 m 0 s

Stage Time : 0 m 54 s HR: 135 bpm

Test Report

Stage: Recovery(1)

Speed: 1 mph

Grade: 0 %

(THR: 155 bpm)

B.P: 160 / 80

ST Level (mm) ST Slope (mV/s)

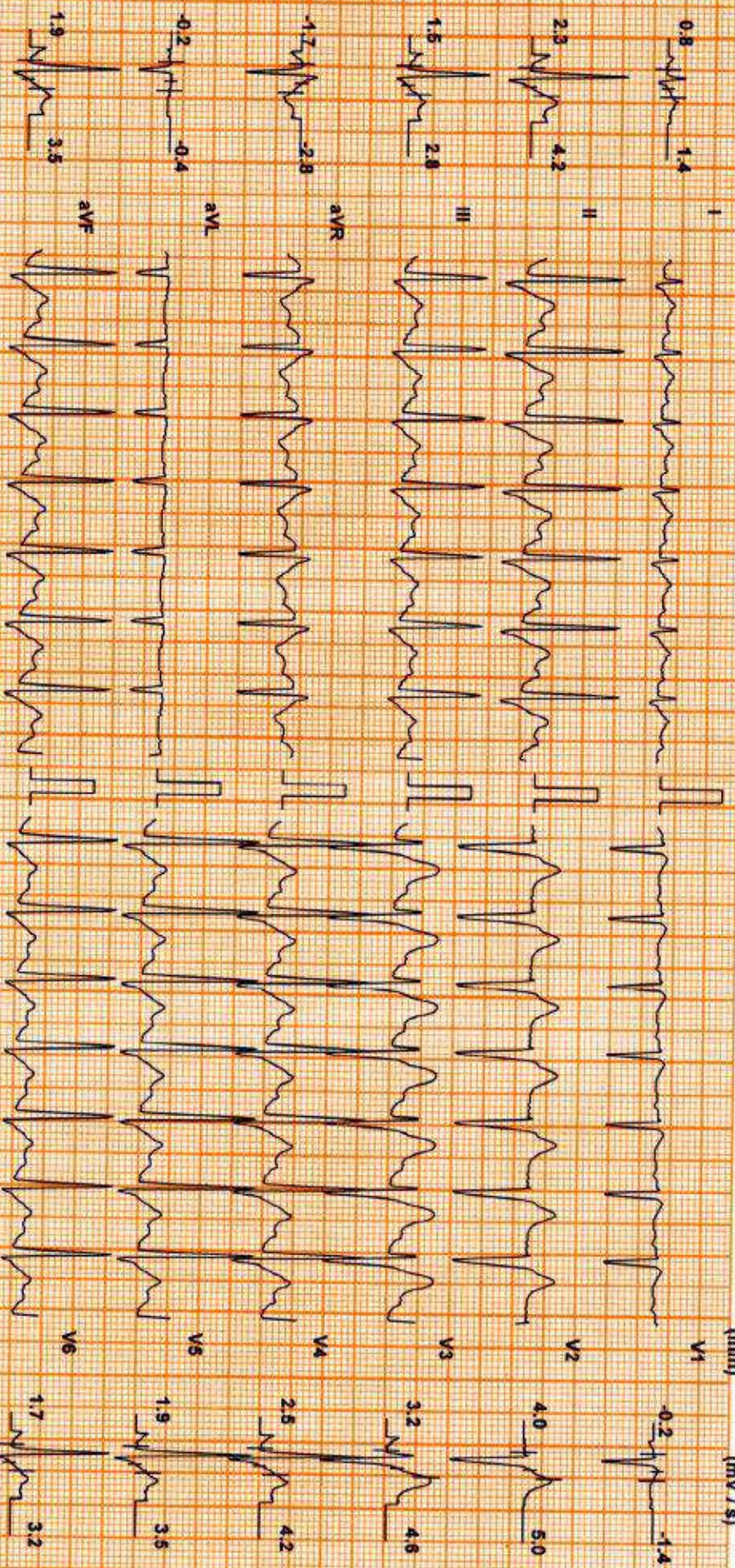


Chart Speed: 25 mm/sec  
Schluter Standard V47

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

ISO = R \* 60 ms

J = R \* 60 ms

Post J = J \* 60 ms

Linked Median



ARUN THOMAS (37 M)

Protocol: Bruce

DDRC agilus DIAGNOSTICS P NAGAR

ID: W1003023

Date: 09-Sep-23

Exec Time : 7 m 0 s

Stage Time : 0 m 54 s HR: 119 bpm

Stage: Recovery(2)

Speed: 0 mph

Grade: 0 %

(THR: 155 bpm)

B.P: 150 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

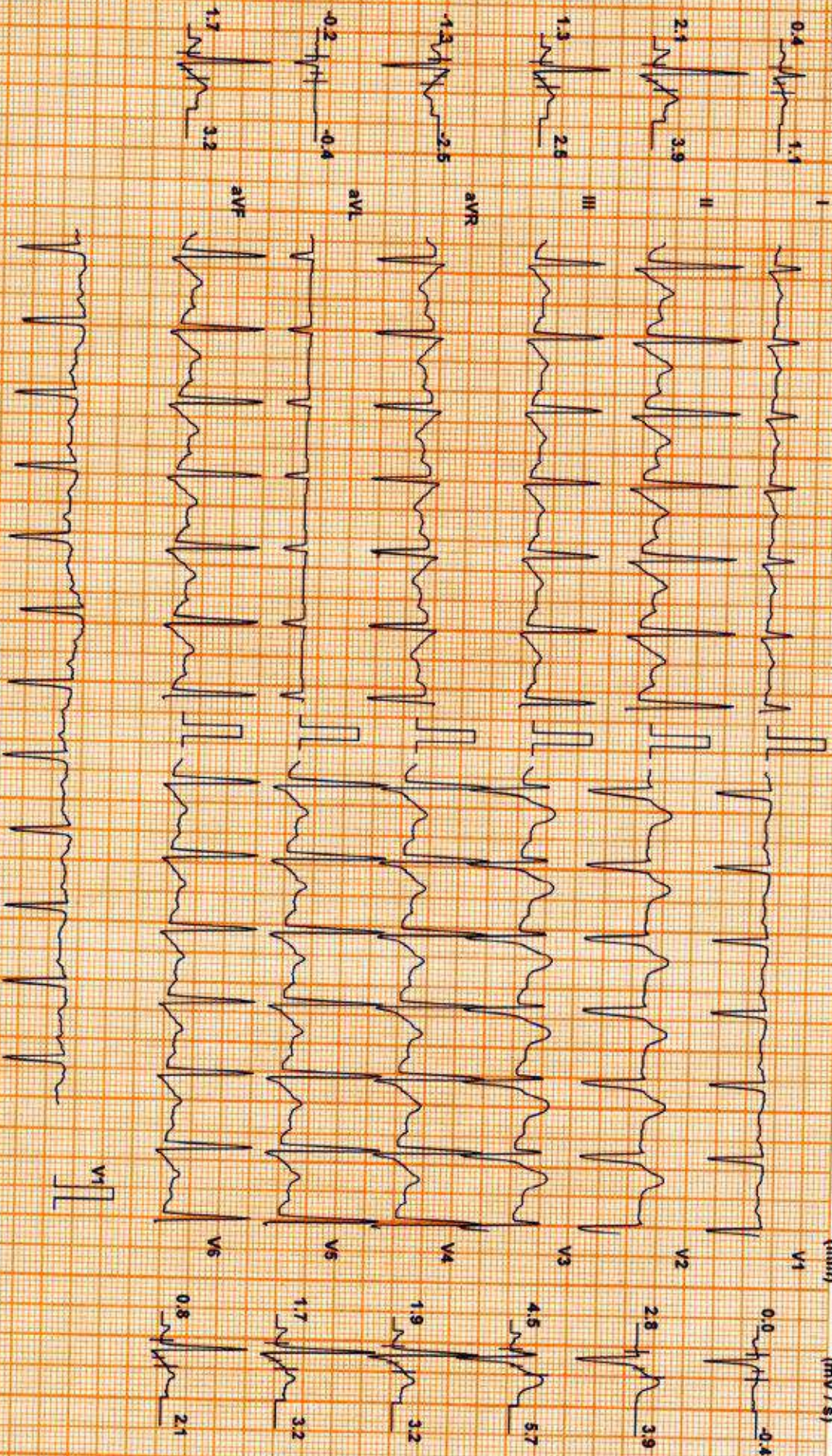


Chart Speed: 25 mm/sec  
Schaller-Spenden V 4.7

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

Asp = R: 60 ms

J = R: 80 ms

Post J = J + 80 ms

Linked Median



ARUN THOMAS (37 M)

DDRC agilus DIAGNOSTICS P NAGAR

Test Report

Protocol: Bruce

ID: WI003023

Date: 09-Sep-23

Exec Time : 7 m 0 s

Stage Time : 0 m 54 s HR: 113 bpm

Stage: Recovery(3)

Speed: 0 mph

Grade: 0 %

(THR: 155 bpm)

B.P: 140 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

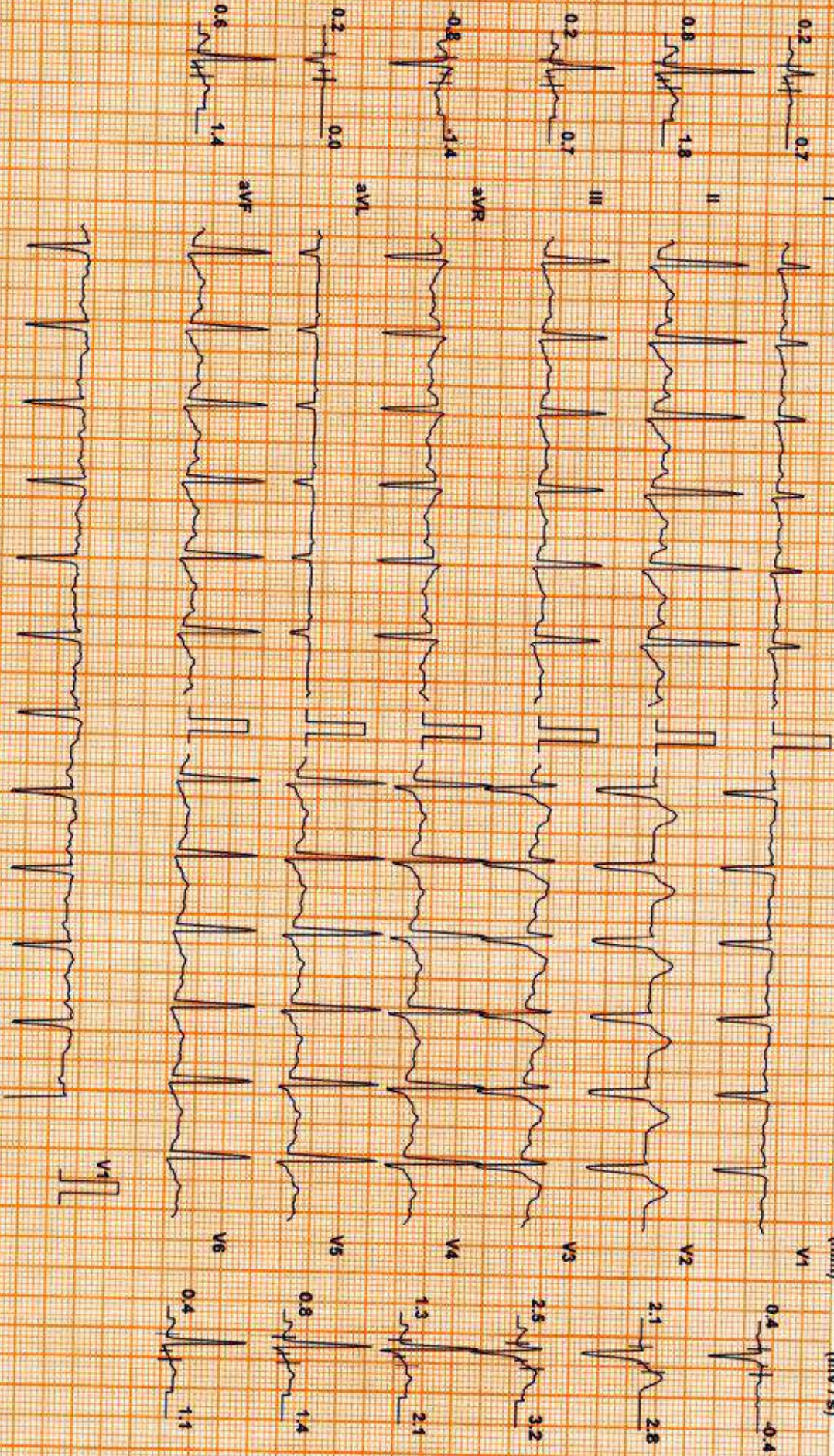


Chart Speed: 25 mm/sec  
Schaller Spender V 4.7

Filter: 35 Hz

Main's Filtr: ON

Amp: 10 mm

100 = R - 60 ms

J = R + 60 ms

Post J = J + 60 ms

Linked Median



ARUN THOMAS (37 M)

DDRC agilus DIAGNOSTICS P NAGAR

Test Report

Protocol: Bruce

ID: W1003023

Date: 09-Sep-23

Exec Time : 7 m 0 s

Stage Time : 0 m 54 s HR: 113 bpm

Stage: Recovery(4)

Speed: 0 mph

Grade: 0 %

(THR: 155 bpm)

B.P: 140 / 80

ST Level (mm) ST Slope (mV/s)

ST Level (mm) ST Slope (mV/s)

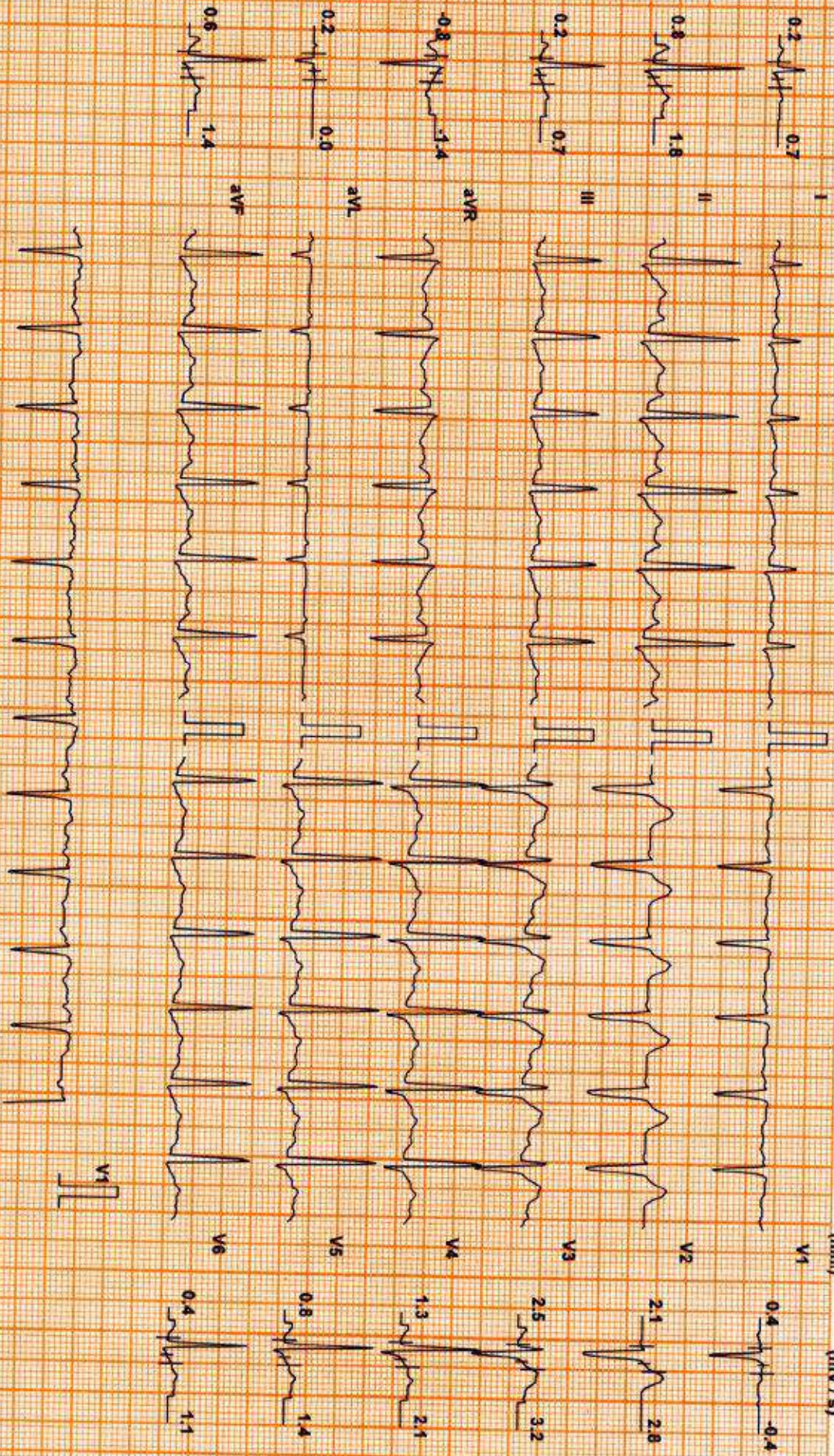


Chart Speed: 25 mm/sec  
Scriber Standard V4.7

Filter: 35 Hz

Mains Filtr: ON

Amp: 10 mm

ISO = R - 60 ms

J + R = 60 ms

Post J = J + 60 ms

Linked Median



## DDRC agilus DIAGNOSTICS P NAGAR

**Patient Details**      **Date:** 09-Sep-23      **Time:** 10:45:25  
**Name:** ARUN THOMAS    **ID:** WI003023  
**Age:** 37 y      **Sex:** M      **Height:** -- cms.      **Weight:** -- Kg.  
**Clinical History:** NIL

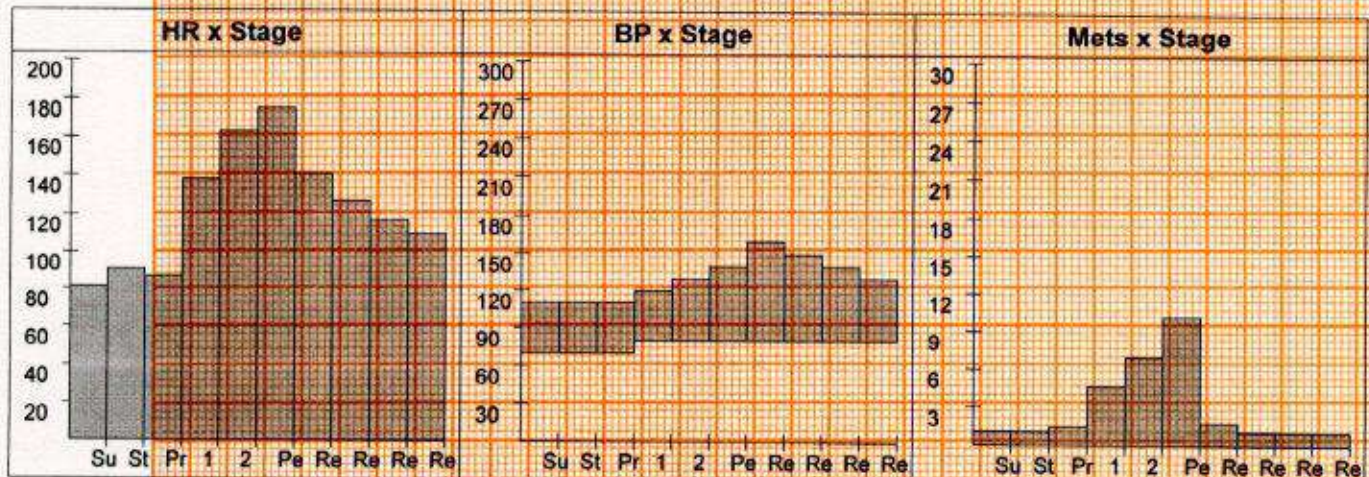
**Medications:**

### Test Details

**Protocol:** Bruce      **Pr.MHR:** 183 bpm      **THR:** 155 (85 % of Pr.MHR) bpm  
**Total Exec. Time:** 7 m 0 s      **Max. HR:** 175 (96% of Pr.MHR) bpm      **Max. Mets:** 10.20  
**Max. BP:** 160 / 80 mmHg      **Max. BP x HR:** 28000 mmHg/min      **Min. BP x HR:** 5670 mmHg/min  
**Test Termination Criteria:** Target HR attained

### Protocol Details

Stage Name	Stage Time (min : sec)	Mets	Speed (mph)	Grade (%)	Heart Rate (bpm)	Max. BP (mm/Hg)	Max. ST Level (mm)	Max. ST Slope (mV/s)
Supine	0 : 50	1.0	0	0	81	110 / 70	-1.27 aVR	2.48 V3
Standing	0 : 33	1.0	0	0	91	110 / 70	-1.27 V1	2.12 V3
1	3 : 0	4.6	1.7	10	138	120 / 80	-2.12 aVR	4.60 V3
2	3 : 0	7.0	2.5	12	163	130 / 80	-1.27 III	5.66 V3
Peak Ex	1 : 0	10.2	3.4	14	175	140 / 80	-2.12 III	5.66 V3
Recovery(1)	1 : 0	1.8	1	0	141	160 / 80	-1.91 III	5.66 V2
Recovery(2)	1 : 0	1.0	0	0	127	150 / 80	-2.12 aVR	5.66 V2
Recovery(3)	1 : 0	1.0	0	0	117	140 / 80	-1.91 aVR	5.66 V3
Recovery(4)	0 : 41	1.0	0	0	110	130 / 80	-1.06 aVR	3.89 V2





# DDRC agilus DIAGNOSTICS P NAGAR

## Patient Details

Date: 09-Sep-23

Time: 10:45:25

Name: ARUN THOMAS ID: WI003023

Age: 37 y

Sex: M

Height: -- cms.

Weight: -- Kg.

## Interpretation

The patient exercised according to the Bruce protocol for 7 m 0 s achieving a work level of Max. METS : 10.20. Resting heart rate initially 81 bpm, rose to a max. heart rate of 175 ( 96% of Pr.MHR ) bpm. Resting blood Pressure 110 / 70 mmHg, rose to a maximum blood pressure of 160 / 80 mmHg. No Angina, No Arrhythmia.

- No significant ST changes
- Test negative for inducible ischaemia



DR. JEEVARAJ THOMAS  
MBBS, DNB, FNB  
CARDIOLOGIST  
REG. 58714

Ref. Doctor: MEDIWHEEL

Doctor: \_\_\_\_\_

( Summary Report edited by user )





NR

**MEDICAL EXAMINATION REPORT (MER)**

If the examinee is suffering from an acute life threatening situation, you may be obliged to disclose the result of the medical examination to the examinee.

1. Name of the examinee	:	Mr./Mrs./Ms. <u>Arun Thomas</u>
2. Mark of Identification	:	(Mole/Scar/any other (specify location)): <u>Fore head</u>
3. Age/Date of Birth	:	<u>37+</u> Gender: <u>F/M</u>
4. Photo ID Checked	:	(Passport/Election Card/PAN Card/Driving Licence/Company ID)

**PHYSICAL DETAILS:**

a. Height <u>176</u> (cms)	b. Weight <u>80</u> (Kgs)	c. Girth of Abdomen <u>92</u> (cms)
d. Pulse Rate <u>70</u> (/Min)	e. Blood Pressure:	Systolic <u>130</u> Diastolic <u>80</u>
	1 <sup>st</sup> Reading	
	2 <sup>nd</sup> Reading	

**FAMILY HISTORY:**

Relation	Age if Living	Health Status	If deceased, age at the time and cause
Father		/ NS	
Mother			
Brother(s)			
Sister(s)			

**HABITS & ADDICTIONS:** Does the examinee consume any of the following?

Tobacco in any form	Sedative	Alcohol
—	—	—

**PERSONAL HISTORY**

- a. Are you presently in good health and entirely free from any mental or Physical impairment or deformity. If No, please attach details. (Y/N)
- b. Have you undergone/been advised any surgical procedure? (Y/N)
- c. During the last 5 years have you been medically examined, received any advice or treatment or admitted to any hospital? (Y/N)
- d. Have you lost or gained weight in past 12 months? (Y/N)

**Have you ever suffered from any of the following?**

- Psychological Disorders or any kind of disorders of the Nervous System? (Y/N)
- Any disorders of Respiratory system? (Y/N)
- Any Cardiac or Circulatory Disorders? (Y/N)
- Enlarged glands or any form of Cancer/Tumour? (Y/N)
- Any Musculoskeletal disorder? (Y/N)
- Any disorder of Gastrointestinal System? (Y/N)
- Unexplained recurrent or persistent fever, and/or weight loss (Y/N)
- Have you been tested for HIV/HBsAg / HCV before? If yes attach reports (Y/N)
- Are you presently taking medication of any kind? (Y/N)



• Any disorders of Urinary System?

Y/N

• Any disorder of the Eyes, Ears, Nose, Throat or Mouth & Skin

Y/N

**FOR FEMALE CANDIDATES ONLY**

a. Is there any history of diseases of breast/genital organs?

Y/N

d. Do you have any history of miscarriage/abortion or MTP

Y/N

b. Is there any history of abnormal PAP Smear/Mammogram/USG of Pelvis or any other tests? (If yes attach reports)

Y/N

e. For Parous Women, were there any complication during pregnancy such as gestational diabetes, hypertension etc

Y/N

c. Do you suspect any disease of Uterus, Cervix or Ovaries?

Y/N

f. Are you now pregnant? If yes, how many months?

Y/N

**CONFIDENTIAL COMMENTS FROM MEDICAL EXAMINER**

- Was the examinee co-operative? Y/N
- Is there anything about the examinee's health, lifestyle that might affect him/her in the near future with regard to his/her job? Y/N
- Are there any points on which you suggest further information be obtained? Y/N
- Based on your clinical impression, please provide your suggestions and recommendations below;

N.S

➤ Do you think he/she is **MEDICALLY FIT** or UNFIT for employment.

FIT

**MEDICAL EXAMINER'S DECLARATION**

I hereby confirm that I have examined the above individual after verification of his/her identity and the findings stated above are true and correct to the best of my knowledge.

Name & Signature of the Medical Examiner :

Seal of Medical Examiner

**Dr. GEORGE THOMAS**  
MD, FCSI, FIAE  
**MEDICAL EXAMINER**  
Reg: 86614

Name & Seal of DDRC SRL Branch :

Date & Time :



**DDRC SRL Diagnostics Limited**

Corp. Office: DDRC SRL Tower, G- 131, Panampilly Nagar, Ernakulam - 682 036  
Ph No. 0484-2318223, 2318222, e-mail: info@ddrcsrl.com, web: www.ddrcsrl.com

Regd. Office: 4th Floor, Prime Square, Plot No.1, Gaiwadi Industrial Estate, S.V. Road, Goregaon (West), Mumbai - 400062.

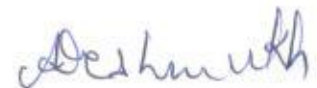


NAME	MR ARUN THOMAS	AGE	37 YRS
SEX	MALE	DATE	September 9, 2023
REFERRAL	MEDIWHEEL	ACC NO	4126WI003023

**USG ABDOMEN AND PELVIS**

<b>LIVER</b>	Normal in size 11.3 cms and show increased echotexture. Smooth margins and no obvious focal lesion within. No IHBR dilatation. Portal vein normal in caliber .
<b>GB</b>	No calculus within gall bladder. Normal GB wall caliber.
<b>SPLEEN</b>	Normal to visualized extent. Splenic vein normal.
<b>PANCREAS</b>	Normal to visualized extent. PD is not dilated.
<b>KIDNEYS</b>	RK: 9 x 3.7 cm, appears normal in size and echotexture LK: 8.9 x 4.7 cm, appears normal in size and echotexture. No focal lesion / calculus within. Maintained corticomedullary differentiation and normal parenchymal thickness. No hydroureteronephrosis.
<b>BLADDER</b>	Normal wall caliber, no internal echoes/calculus within.
<b>PROSTATE</b>	Normal in volume and echopattern and measures 3.2 x 2.6 x 2.4 cms - Vol - 11 cc
<b>NODES/FLUID</b>	Nil to visualized extent.
<b>BOWEL</b>	Visualized bowel loops appear normal.
<b>IMPRESSION</b>	⬇ <i>Grade I fatty liver.</i>

Kindly correlate clinically.



**Dr. AMITA DESHMUKH**  
 Consultant Radiologist

***Thank you for referral. Your feedback will be appreciated.***





*Aocua*

