

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MS. KUMARI SARITA
EC NO.	188056
DESIGNATION	SINGLE WINDOW OPERATOR A
PLACE OF WORK	SULTANPUR,BADHMANDI
BIRTHDATE	05-06-1994
PROPOSED DATE OF HEALTH CHECKUP	25-02-2023
BOOKING REFERENCE NO.	22M188056100044266E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **23-02-2023** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))


Dr. Pawan Kumar Singh
M.B.B.S., DNB (Medicine)
UPMCI-61330
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)




बैंक ऑफ बड़ोदा
Bank of Baroda



नाम सरिता कुमारी
Name - SARITA KUMARI

कर्मचारी कूट क्र 188056
E.C.No. - 188056


जारीकर्ता प्राधिकारी
Issuing Authority

Sarita Kumari

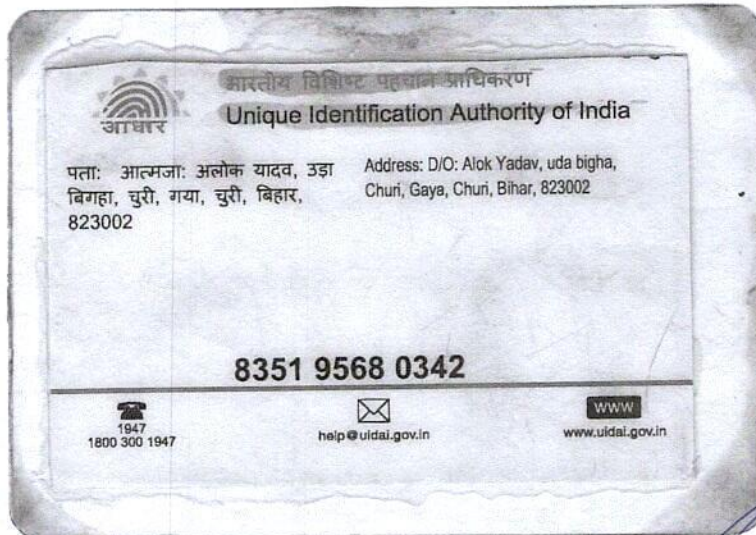
धारक के हस्ताक्षर
Signature of Holder

Sarita Kumari


Dr. Pawan Kumar Singh
M.B.B.S., DNB (Medicine)
UPMCI-61339
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)



Sarita Kumari



Dr. Pawan Kumar Singh
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MRS SARITA KUMARI

25.02.2023 9:45:20
JPK CLINIC AND DIAGNOSTICS
NORMAL COMPOUND SUPER MARKET
SULTANPUR

Location:
Room:
Order Number:
Indication:
Medication 1:
Medication 2:
Medication 3:

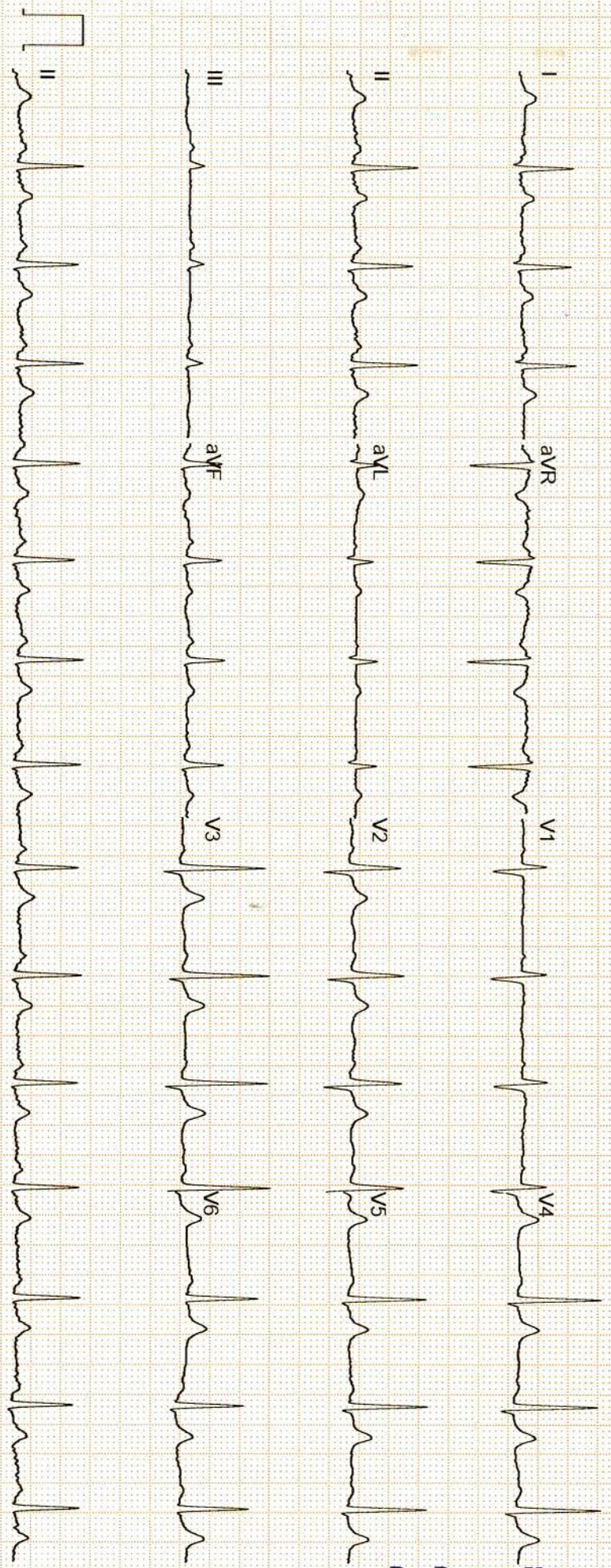
81 bpm
-- / -- mmHg

QRS : 72 ms
QT / QTcBaz : 320 / 385 ms
PR : 126 ms
P : 86 ms
RR / PP : 690 / 689 ms
P / QRS / T : 51 / 41 / 31 degrees

Normal sinus rhythm
Normal ECG

Dr. Pawan Kumar Singh

Technician:
Ordering Ph: DR. J. P. SINGH
Referring Ph:
Attending Ph:



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GE MAC2000 1.1 12SL™ V241 25 mm/s 10 mm/mV ADS 0.56-20 Hz 50 Hz 4x2.5x3_25_R1 1/1

Unconfirmed



सर्वे सन्तु निरामया

राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 16,378
 Patient Name : Smt. SARITA
 Age (Y-M-D) : 29 - 0 - 0
 Sex : Female
 Referred By : Dr. J.P Singh MD.



Bill No. / Day Sr.-: 25-Feb-23 12
 Receiving Date : 25-Feb-23 12
 Reporting Date :

ULTRASONOGRAPHIC STUDY OF WHOLE ABDOMEN FEMALE.

LIVER	: Liver is normal in size and echogenicity . No focal or diffuse mass lesion seen.No IHBD dilatation seen.
GALL BLADDER	: Gall bladder is normal in distension & shows echofree lumen.Wall thickness is within normal limit. No obvious GB calculus / sludgeness noted.
PV & CBD	: Portal vein and CBD are normal in their course and calibre
PANCREAS	: Pancreas is normal in size, contour and echotexture.
SPLEEN	: Spleen is normal in size and echogenicity. No mass lesion seen
KIDNEYS	: Both kidneys are normal in size, contour and echopattern. Cortico medullary differentiation is normally preserved. No calculus or mass lesion is seen. No hydronephrosis is seen.
URETER	: Normally visualized.
URINARY BLADDER	: Urinary Bladder is normal in wall thickness with evidence of anechoic lumen.No calculi or mass lesion seen.
UTERUS	: Uterus is normal in size and morphology.No obvious space occupying lesion noted
CERVIX	: Normal in size,shape & echogenicity.
OVARY & ADN.	: Both normally visualized.
P.O.D	: No free fluid collection is seen.
BOWEL	: Bowels are normal.no significant gas shadow seen.
IMPRESSION	: NORMAL SONOGRAPHIC STUDY OF ABDOMEN.

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Dr. Amit Kumar
 M.B.B.S. MS

Reg.No.-29176

Dr. Amit Kumar
 (Sonologist.)



Timings : 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.

If there is any doubt please repeat test free of cost.

{ NOT FOR MEDICO LEGAL PURPOSE }



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डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड

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Report No : 16,381
 Patient Name : Smt. SARITA
 Age (Y-M-D) : 29 - 0 - 0
 Sex : Female
 Referred By : Dr. J.P Singh MD.



Bill No. / Day Sr.-: 2/25/2023 12
 Receiving Date : 2/25/2023 12
 Reporting Date :

X-RAY CHEST P.A.

TRACHEA- : Trachea is central,
 CARDIAC SHADOW- : The cardiac size and silhouette is normal.
 ANGLES- : Both costophrenic angles are clear.
 PARENCHYMA- : Both lung fields are clear & have normal volume bronchovascular pattern.
 C / T RATIO- : Normal
 MEDIASTINUM- : no mediastinal shift is seen.
 DOME OF DIAPHRAGM- : Both domes of the diaphragm are normal in position, outline & curvature.
 IMPRESSION- : NORMAL FINDING

सर्वे सन्तु निरामया

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An ISO 9001:2015 Certified Center
Super Market, Sultanpur -228 001 (U.P.)
Ph. : 05362-241192, 9196008963
www.jpkhospitals.com



Patient ID : 043842
Name : Mrs. SARITA KUMARI
Age/Gender : 28Y/F
Date/Time : 25-02-2023/15:33
Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
BIO-CHEMISTRY		
LRN-007722		
Liver Function Test (LFT)		
Bilirubin Total	0.41 mg/dL	10.0 - 14.0 mg/dL 3-5 Days (Premature) 4.0 - 8.0 mg/dL 3-5 Days (Full Term) 0.0 - 1.0 mg/dL (Adult)
Bilirubin Direct	0.15 mg/dL	0.0 - 0.2 mg/dL
Bilirubin Indirect	0.26 mg/dL	0.0 - 0.8 mg/dL
SGOT	25.6 U/L	upto 40 U/L (Males) upto 32 U/L (Females)
SGPT	22.4 U/L	upto 41 U/L (Males) upto 33 U/L (Females)
Alkaline Phosphatase	81.7 U/L	UPTO 125 U/L
Total Protein	6.95 g/dL	6.0 - 8.0 g/dL
Albumin	4.57 g/dL	3.5 - 5.2 g/dL
Globulin	2.38 g/dL	1.5 - 3.0 g/dL
A/G	2.9	1 - 2
Sample Collection Time 25 Feb 2023 / 17:04 Result Approval Time 26 Feb 2023 / 13:43		
LRN-007721		
Post Prandial Blood Glucose		
Post Prandial Blood Glucose	84.0 mg/dL	90 - 140 mg/dL
Sample Collection Time 25 Feb 2023 / 17:04 Result Approval Time 26 Feb 2023 / 13:43		
LRN-007721		
Uric Acid		
Uric Acid	4.6 mg/dL	Male 4.0-8.5 mg/dL Female: 2.7-7.3 mg/dL
Sample Collection Time 25 Feb 2023 / 17:04 Result Approval Time 26 Feb 2023 / 13:43		
LRN-007722		
Blood Urea Nitrogen (BUN)		
Blood Urea Nitrogen (BUN)	10.4 mg/dL	5-18 mg/dL Infant/Child 6-20 mg/dL Adult

Rakesh

Rakesh Sharma
Lab Technician

Dr. Pawan Kumar Singh
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Dr. SHIWANGI
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Consultant Pathologist
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Patient ID : 043842
 Name : Mrs. SARITA KUMARI
 Age/Gender : 28Y/F
 Date/Time : 25-02-2023/15:33
 Referred By : SELF

INVESTIGATION**RESULT****REFERENCE RANGE**

8-23 mg/dL Adult >60Yr

Sample Collection Time 25 Feb 2023 / 17:04
 Result Approval Time 26 Feb 2023 / 13:43

LRN-007721

GGT**Gamma Glutamyl transferase (GGT)**

23.0 U/L

5-36 U/L (Female)

8-61 U/L (Male)

Sample Collection Time 25 Feb 2023 / 17:04
 Result Approval Time 26 Feb 2023 / 13:43

LRN-007722

Total Cholesterol**Lipid Profile**

158.7 mg/dl

Desirable < 200 mg/dL

Borderline 200-239 mg/dL

High > 240 mg/dL

Triglycerides

124.7 mg/dL

Normal < 150 mg/dL

Borderline High 150-199 mg/dL

High 200-499 mg/dL

Very high > 500 mg/dL

HDL

56.2 mg/dL

Low < 40 mg/dL

Normal 40 -60 mg/dL

High > 60 mg/dL

LDL

85.8 mg/dL

Optimal <100 mg/dL

Near Optimal 100-129 mg/dL

Borderline high 130-159 mg/dL

High 160-189 mg/dL

VLDL

24.9 mg/dL

15-30 mg/dL

Desirable < 20 mg/dL

Borderline High 21-39 mg/dL

High > 40 mg/dL

TC/HDL Ratio

2.8

(Less than 5.0)

LDL/HDL

1.5

UPTO 3.5

Sample Collection Time 25 Feb 2023 / 17:04
 Result Approval Time 26 Feb 2023 / 13:43

Rakesh Sharma
 Lab Technician

Dr. Pawan Kumar Singh

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2 of 7 ECG PFT Endoscopy Hematology Biochemistry Microbiology FNAC Histopathology

Sample Collection from Home & Online Delivery of Reports ABP TMT Echocardiography Ultrasound

REF# 4623

Printed by Rakesh Sharma / 2023-02-26 / 14:32:38



Patient ID : 043842
 Name : Mrs. SARITA KUMARI
 Age/Gender : 28Y/F
 Date/Time : 25-02-2023/15:33
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
LRN-007721 Fasting Blood Sugar	Fasting blood sugar 90.0 mg/dL	70-110 mg/dl
Sample Collection Time 25 Feb 2023 / 17:04 Result Approval Time 26 Feb 2023 / 13:43		
LRN-007723 Glycosylated Haemoglobin	HbA1C 4.1 %	4-6% - NON-DIABETIC 6-7% - GOOD CONTROL 7-8% - FAIR CONTROL >8% - ACTION SUGGESTED
Sample Collection Time 25 Feb 2023 / 17:04 Result Approval Time 26 Feb 2023 / 13:43		
LRN-007721 Serum Creatinine	Serum Creatinine 0.7 mg/dL	Male 0.9-1.3 mg/dL Female 0.6-1.1 mg/dL
Sample Collection Time 25 Feb 2023 / 17:04 Result Approval Time 26 Feb 2023 / 13:43		

Rakesh
 Rakesh Sharma
 Lab Technician

Pawan
Dr. Pawan Kumar Singh
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Shiwangi
Dr. SHIWANGI
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Patient ID : 043842
 Name : Mrs. SARITA KUMARI
 Age/Gender : 28Y/F
 Date/Time : 25-02-2023/15:33
 Referred By : SELF

INVESTIGATION**RESULT****REFERENCE RANGE**

LRN-007719

HAEMATOLOGY**Erythrocyte sedimentation Rate (ESR)****Erythrocyte sedimentation Rate (ESR)**

17 mm/hr

Male : 0 - 10 mm/hr

Female : 0 - 20 mm/hr

Sample Collection Time 25 Feb 2023 / 17:04

Result Approval Time 26 Feb 2023 / 13:43

LRN-007720

Blood grouping and Rh typing**Blood Group**

B

RH Typing

POSITIVE (+)

Sample Collection Time 25 Feb 2023 / 17:04

Result Approval Time 26 Feb 2023 / 13:43

LRN-007718

Complete Blood Count**Haemoglobin**

13.3 g/dL

13-18g/dL(>15yr Adult Male)

12-15g/dL(>15yrAdult Female)

WBC Count

7940

4000-11,000/cumm

Differential Count**Neutrophils**

70 %

40-75 %

Lymphocytes

24 %

20-45 %

Eosinophils

01 %

01-08 %

Monocytes

05 %

02-10 %

Basophils

00 %

00-01 %

RBC Count

4.53 million/cumm

4.5-6.0 million/cumm (Male)

4.0-5.5 million/cumm (Female)

PCV

38.7 %

40-54 % (>15yr Adult Male)

34-48 % (>15yr Adult Female)

MCV

85.4 fl

75-95 fl

MCH

29.4 pg

26-32 pg

MCHC

34.4 %

30-35%

Platelet Count

150000 cells/cumm

150000 - 400000 cells/cumm

Mean Platelet Volume(MPV)

15.0 fL

7.5-11.5 fL

RDW-CV

12.0 %

11-16 %

Rakesh Sharma
Lab Technician**Dr. Pawan Kumar Singh**

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4 of 7 ECG PFT Endoscopy Hematology Biochemistry Microbiology FNAC Histopathology

Sample Collection from Home & Online Delivery of Reports ABP IMT Echocardiography Ultrasound

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Patient ID : 043842
Name : Mrs. SARITA KUMARI
Age/Gender : 28Y/F
Date/Time : 25-02-2023/15:33
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

RDW-SD

40.0 %

35-56 %

Sample Collection Time 25 Feb 2023 / 17:04

Result Approval Time 26 Feb 2023 / 13:43

Rakesh

Rakesh Sharma
Lab Technician

Dr. Pawan Kumar Singh

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Patient ID : 043842
Name : Mrs. SARITA KUMARI
Age/Gender : 28Y/F
Date/Time : 25-02-2023/15:33
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

LRN-007724

Clinical Pathology
URINE - ROUTINE/MICROSCOPY

PHYSICAL EXAMINATION

Quantity in ml : 20 ML
Urine Color : PALE YEELOW
Reaction : ACIDIC

CHEMICAL EXAMINATION

Leukocytes : NEGATIVE
Nitrite : NEGATIVE
Urobilinogen : NEGATIVE
pH : 6.0
Blood : NEGATIVE
Sp.Gravity : 1.020
Ketone : NEGATIVE
Bilirubin : NEGATIVE
Glucose : NEGATIVE
Protein : NEGATIVE

MICROSCOPIC EXAMINATION

Epithelial Cells : 1-2/HIGH POWER FIELD
RBC : NIL
Pus Cells : 2-3/HIGH POWER FIELD
Casts : NOT SEEN
Crystals : NOT SEEN

Sample Collection Time 25 Feb 2023 / 17:04

Result Approval Time 26 Feb 2023 / 13:43

Rakesh Sharma
Lab Technician

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Facilities Available

6 of 7 ECG PFT Endoscopy REF# 4623 Hematology Biochemistry Microbiology FNAC Histopathology
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Name : Mrs. SARITA KUMARI
Age/Gender : 28Y/F
Date/Time : 25-02-2023/15:33
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

LRN-007725

CHEMILUMINESCENCE IMMUNOASSAY

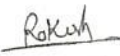
Thyroid Function Test (T3, T4, TSH)

T3	1.32 ng/mL	0.69-2.15
T4	124.1 ng/mL	52-127
TSH	3.36 μ IU/mL	21 weeks- 20 years: 0.7-6.4 μ IU/mL 21-54 years: 0.4 - 4.2 μ IU/mL 55- 87 years: 0.5 – 8.9 μ IU/mL Pregnancy: 1st Trimester: 0.24 – 2.99 μ IU/mL 2nd Trimester: 0.46 – 2.95 μ IU/mL 3rd Trimester: 0.43 – 2.78 μ IU/mL

Sample Collection Time 25 Feb 2023 / 17:04

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----- End of Report -----


Rakesh Sharma
Lab Technician


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7 of 7 REF# 4623 Printed by Rakesh Sharma / 2023-02-26 / 14:32:38

• ECG • PFT • Endoscopy • Hematology • Biochemistry • Microbiology • FNAC • Histopathology
• Sample Collection from Home & Online Delivery of Reports • ABP • IMT • Echocardiography • Ultrasound



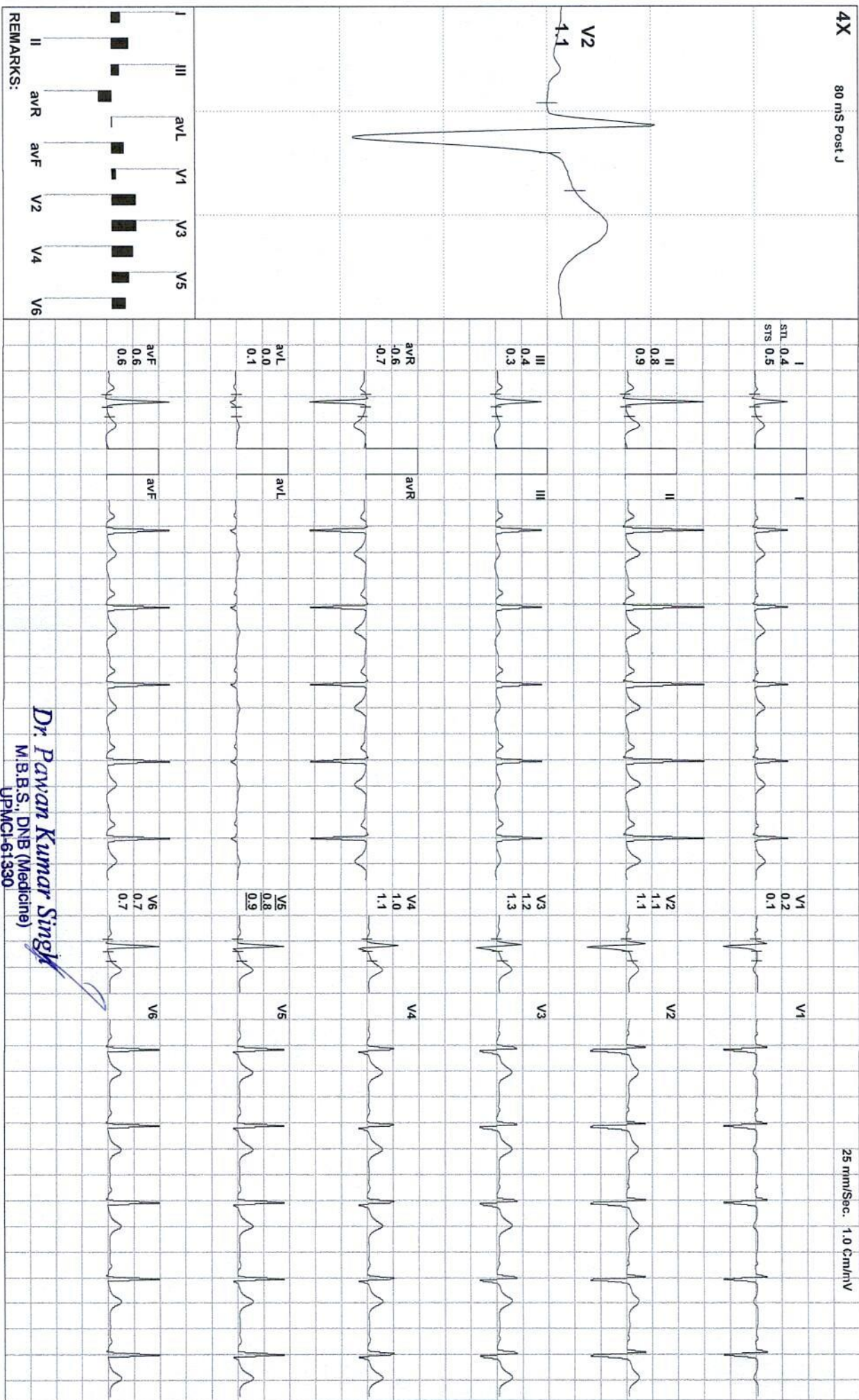
SARITA KUMARI / 28 Yrs / F / 153 Cms / 62 Kg / HR : 89

Date: 25 / 02 / 2023 10:31:42 AM METS: 1.0/ 89 bpm 46% of THR BP: 130/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZ/ LF 35 HZ

EXTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

Dr. Pawan Kumar Singh

M.B.B.S., DNB (Medicine)
JPMCI-61330

Director & Consultant Physician

JPK Clinic & Diagnostics
A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd)

(ADX_GEM217220330)(R)Allengers



SARITA KUMARI / 28 Yrs / F / 153 Cms / 62 Kg / HR : 82

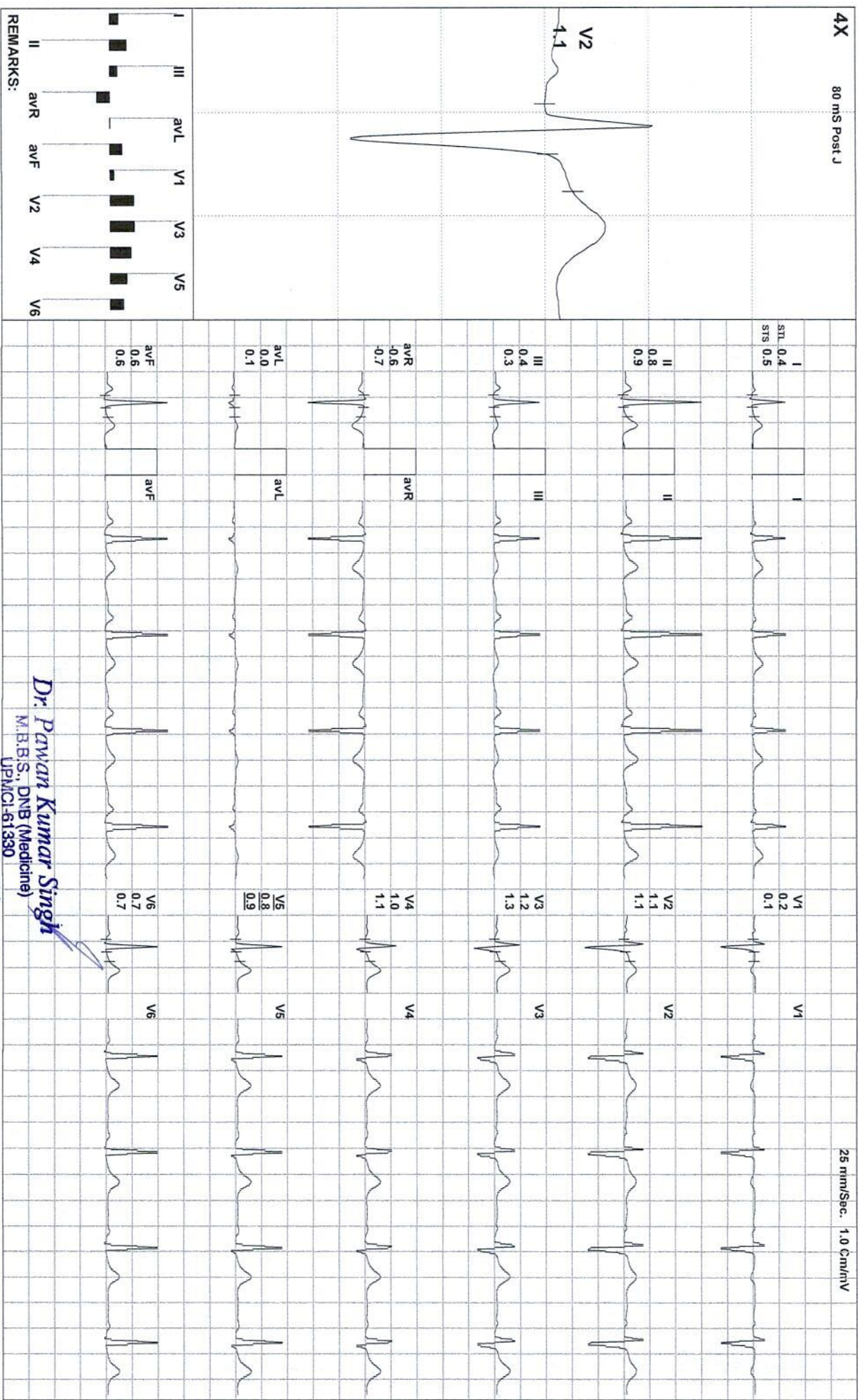
Date: 25 / 02 / 2023 10:31:42 AM METS: 1.0/ 82 bpm 43% of THR BP: 130/80 mmHg

Combined Medians/ BLC On/ Natch On/ HF 0.05 HZ/LF 35 HZ

EXTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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Director & Consultant Physician
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(ADX_GEM217220330)(R)Allengers



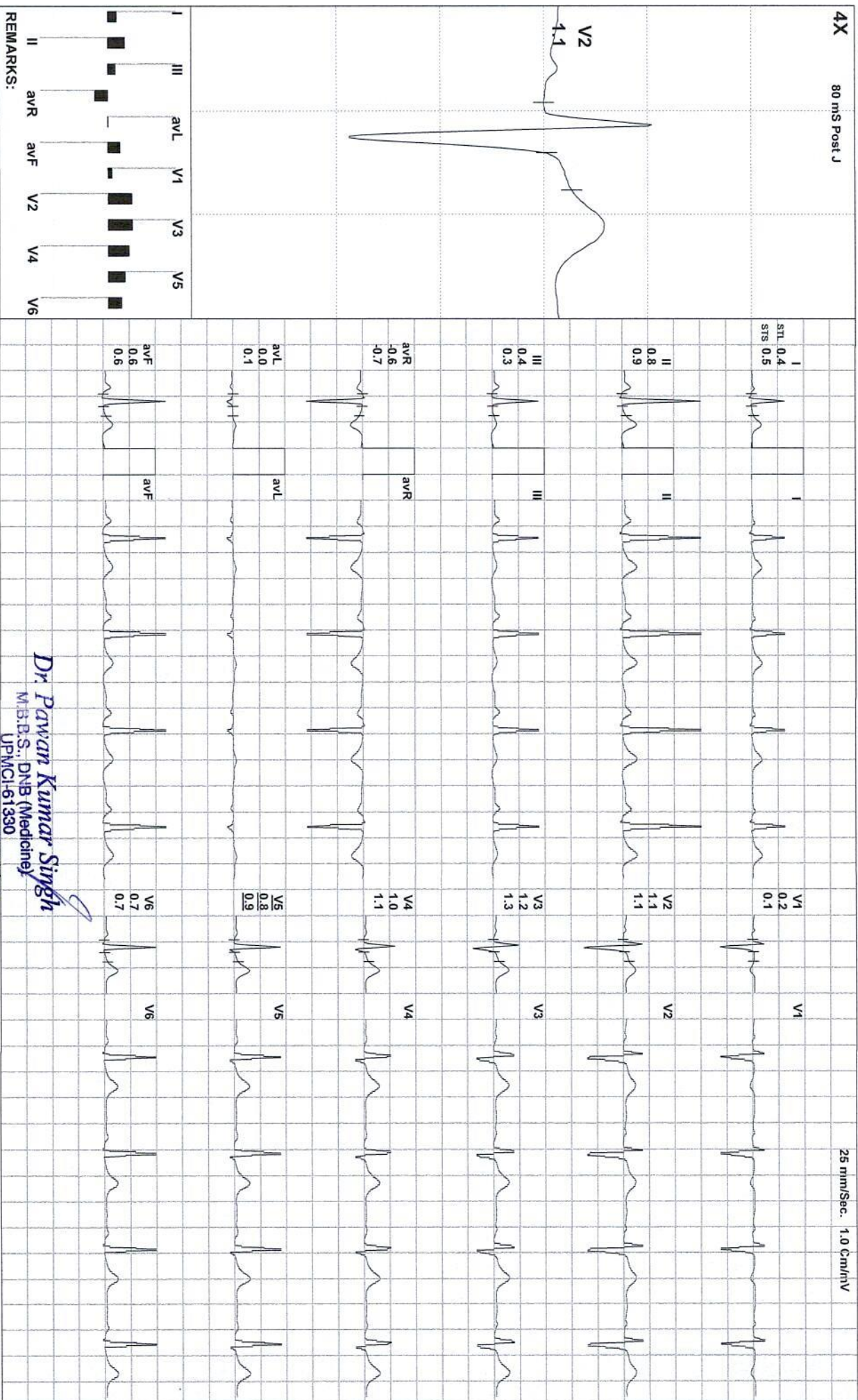
SARITA KUMARI / 28 Yrs / F / 153 Cms / 62 Kg / HR : 82

Date: 25 / 02 / 2023 10:31:42 AM METS: 1.0/ 82 bpm 43% of THR BP: 130/80 mmHg Combined Medians/ BLC On/ Natch On/ HF 0.05 HZL/F 35 HZ

ExTime: 00:00 0.0 mph, 0.0%

4X 80 ms Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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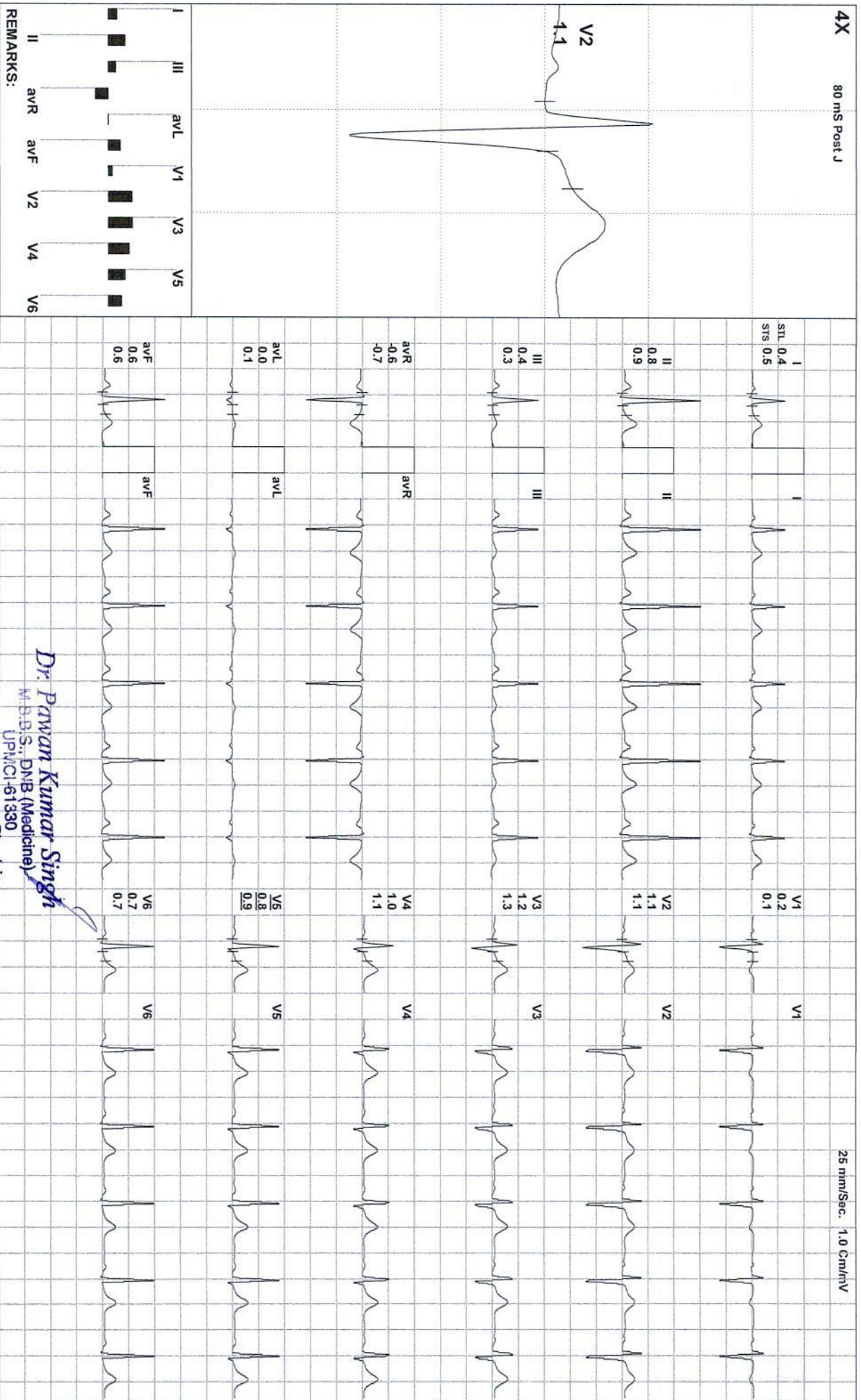
SARITA KUMARI / 28 Yrs / F / 153 Cms / 62 Kg / HR : 94

Date: 25 / 02 / 2023 10:31:42 AM METS: 1.0/ 94 bpm 49% of THR BP: 130/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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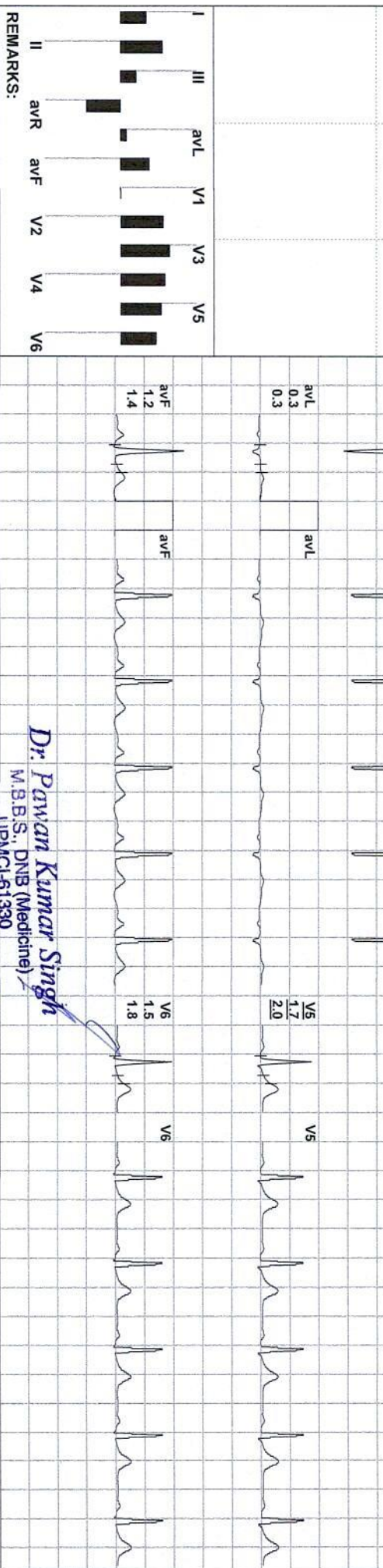
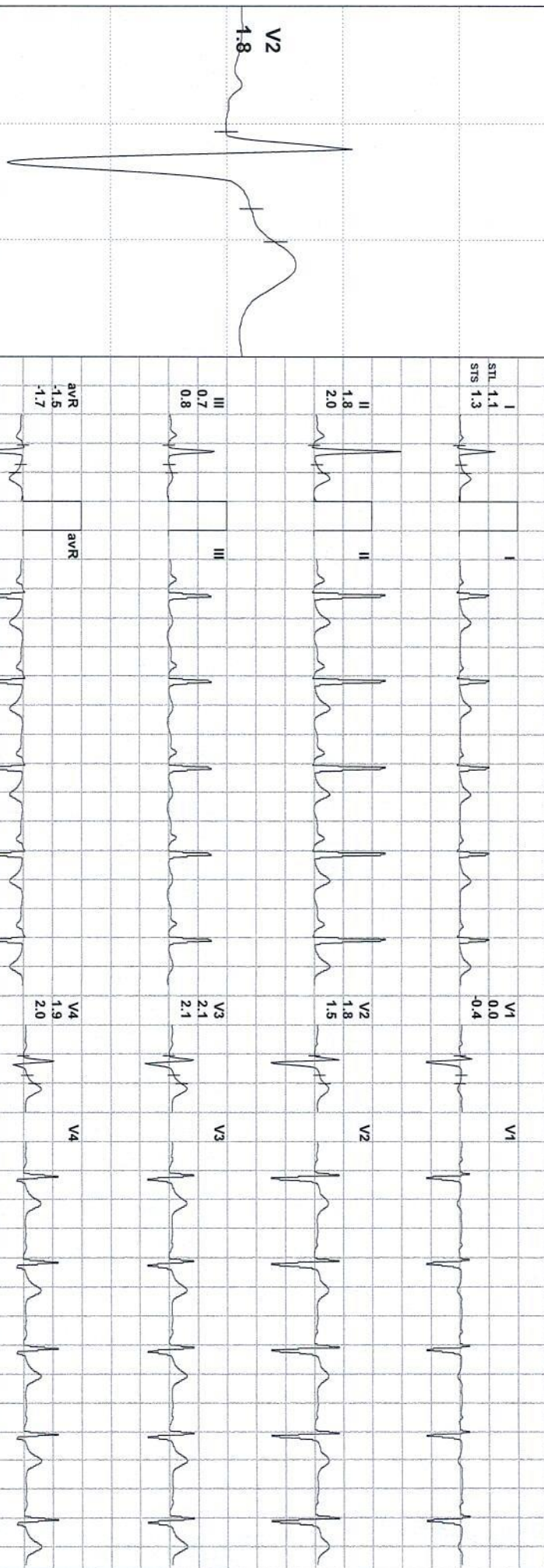
SARITA KUMARI / 28 Yrs / F / 153 Cms / 62 Kg / HR : 101

Date: 25 / 02 / 2023 10:31:42 AM METS: 1.0/ 101 bpm 53% of THR BP: 130/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%

4X 60 ms Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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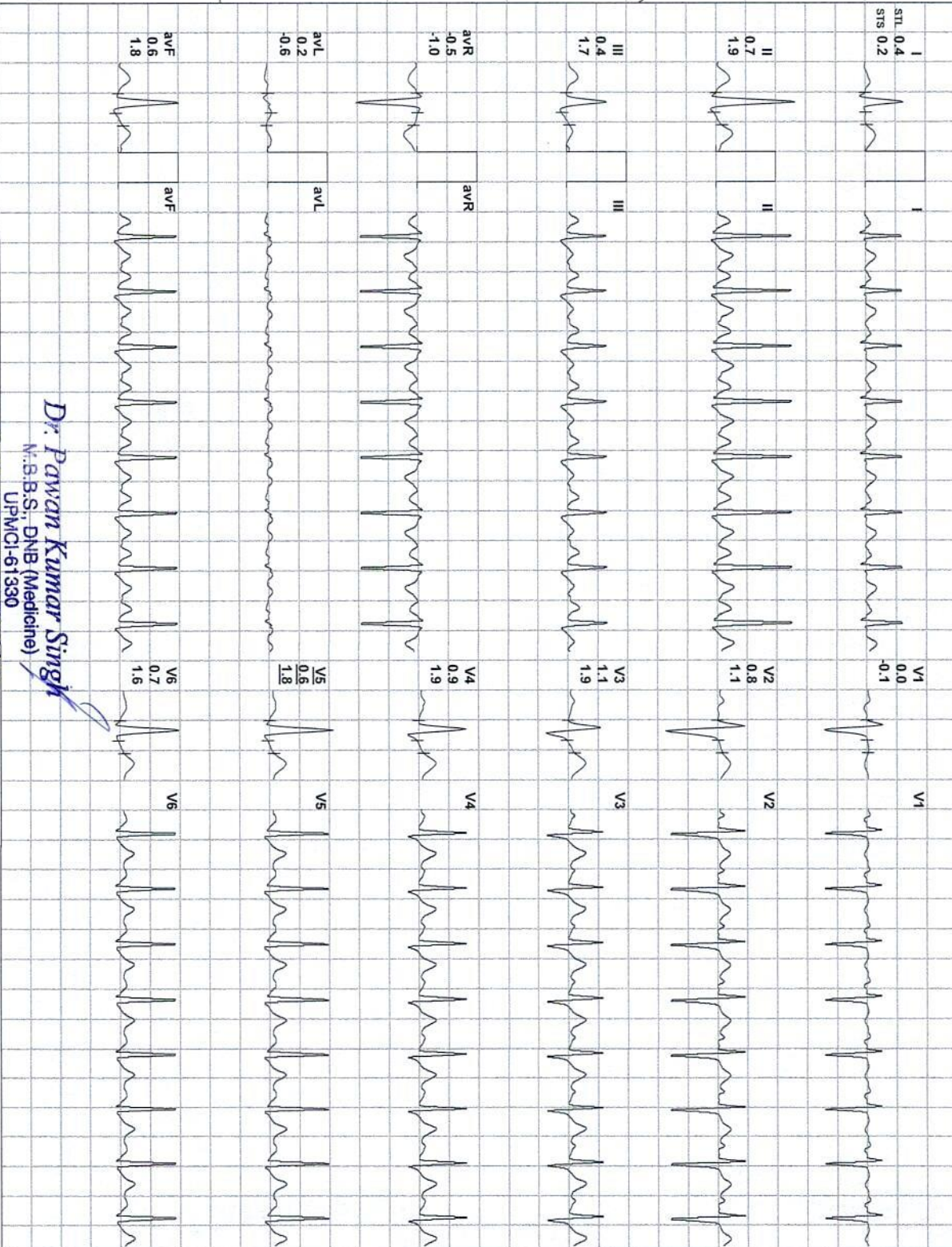
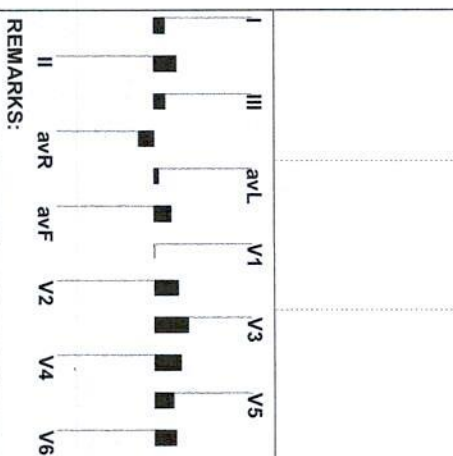
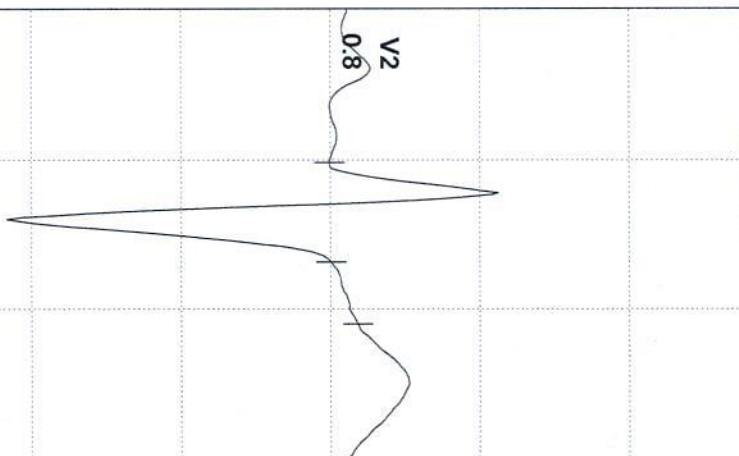
SARITA KUMARI / 28 YRS / F / 153 Cms / 62 Kg / HR : 147

Date: 25 / 02 / 2023 10:31:42 AM METS: 4.71 147 bpm 77% of THR BP: 132/82 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 03:00 1.7 mph, 10.0%

4X 60 ms Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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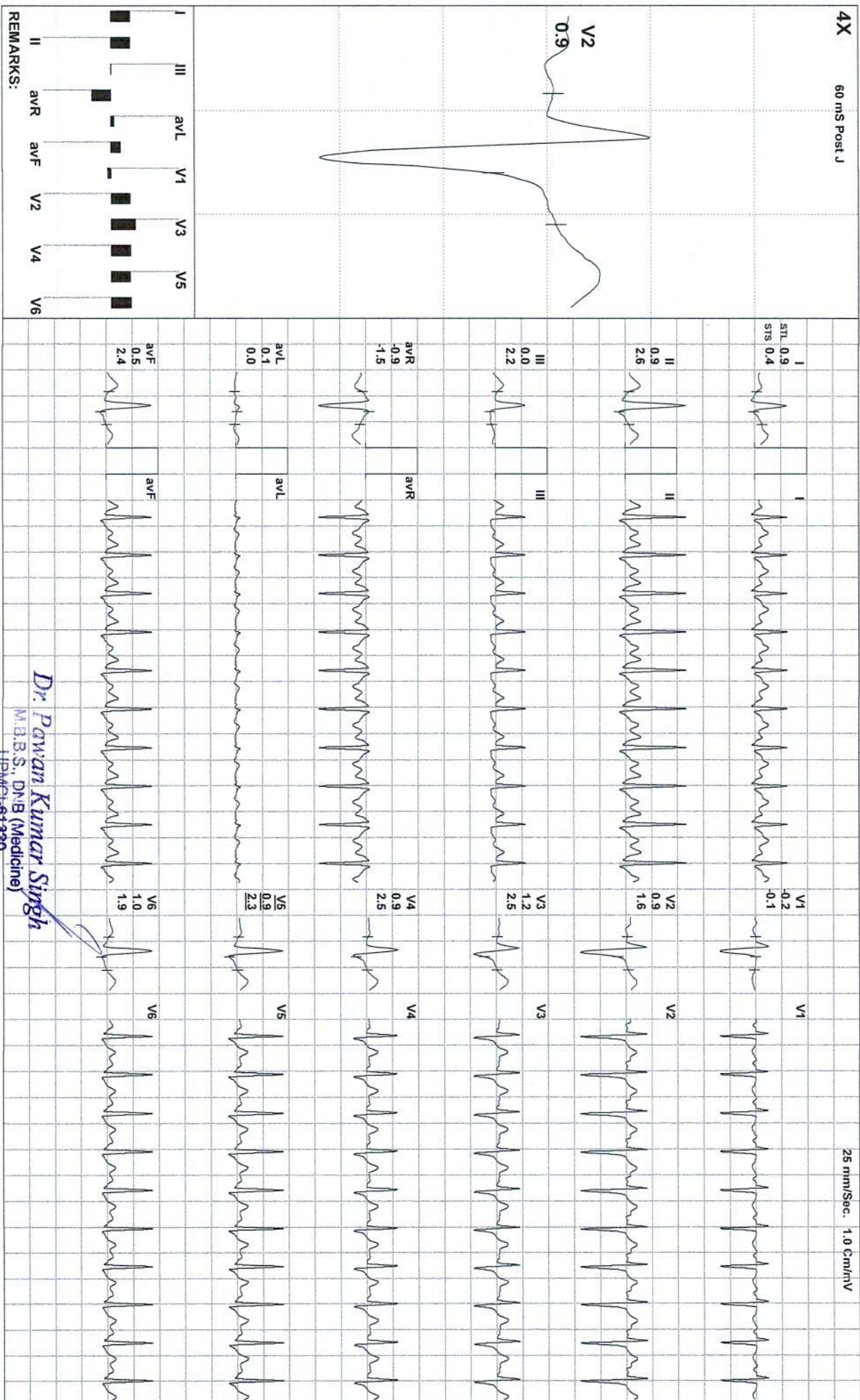
SARITA KUMARI / 28 YRS / F / 153 Cms / 62 Kg / HR : 180

Date: 25 / 02 / 2023 10:31:42 AM METS: 7.1 / 180 bpm 94% of THR BP: 134/84 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZ/LF 35 HZ

EXTime: 06:00 2.5 mph, 12.0%

4X 60 ms Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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SARITA KUMARI / 28 Yrs / F / 153 Cms / 62 Kg / HR : 196

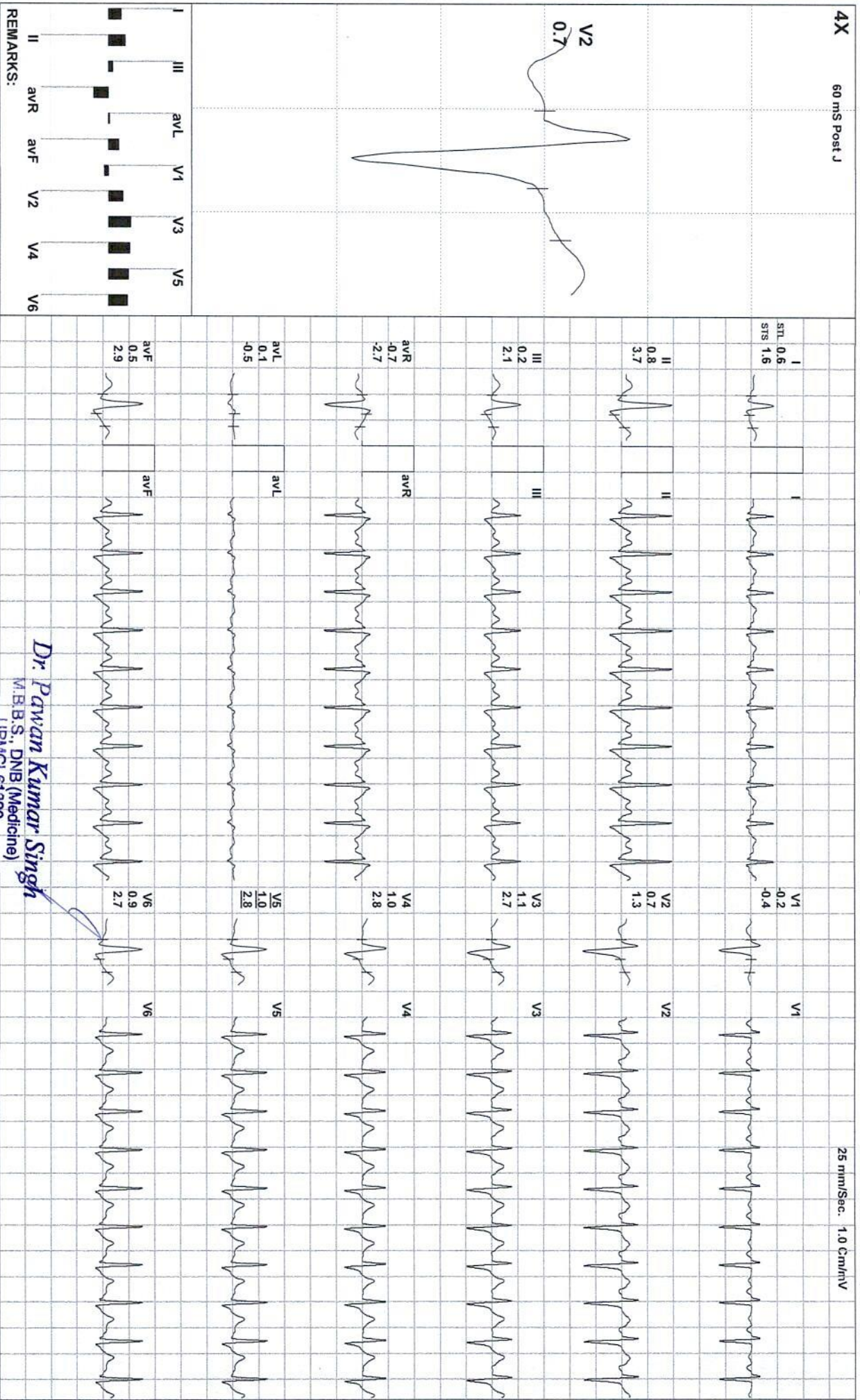
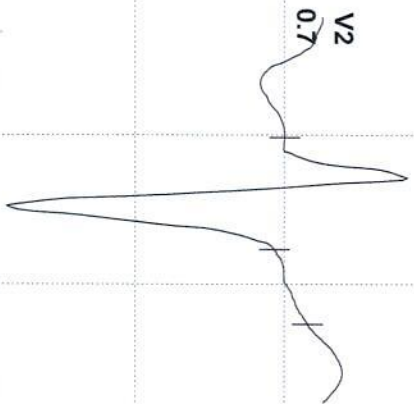
Date: 25 / 02 / 2023 10:31:42 AM METS: 10.2/ 196 bpm 102% of THR BP: 136/88 mmHg

Combined Medians/ BLC Or/ Notch Or/ HF 0.05 HZ/LF 35 HZ

EXTime: 09:00 3.4 mph, 14.0%

25 mm/Sec. 1.0 Cm/mV

4X 60 mS Post J



REMARKS:

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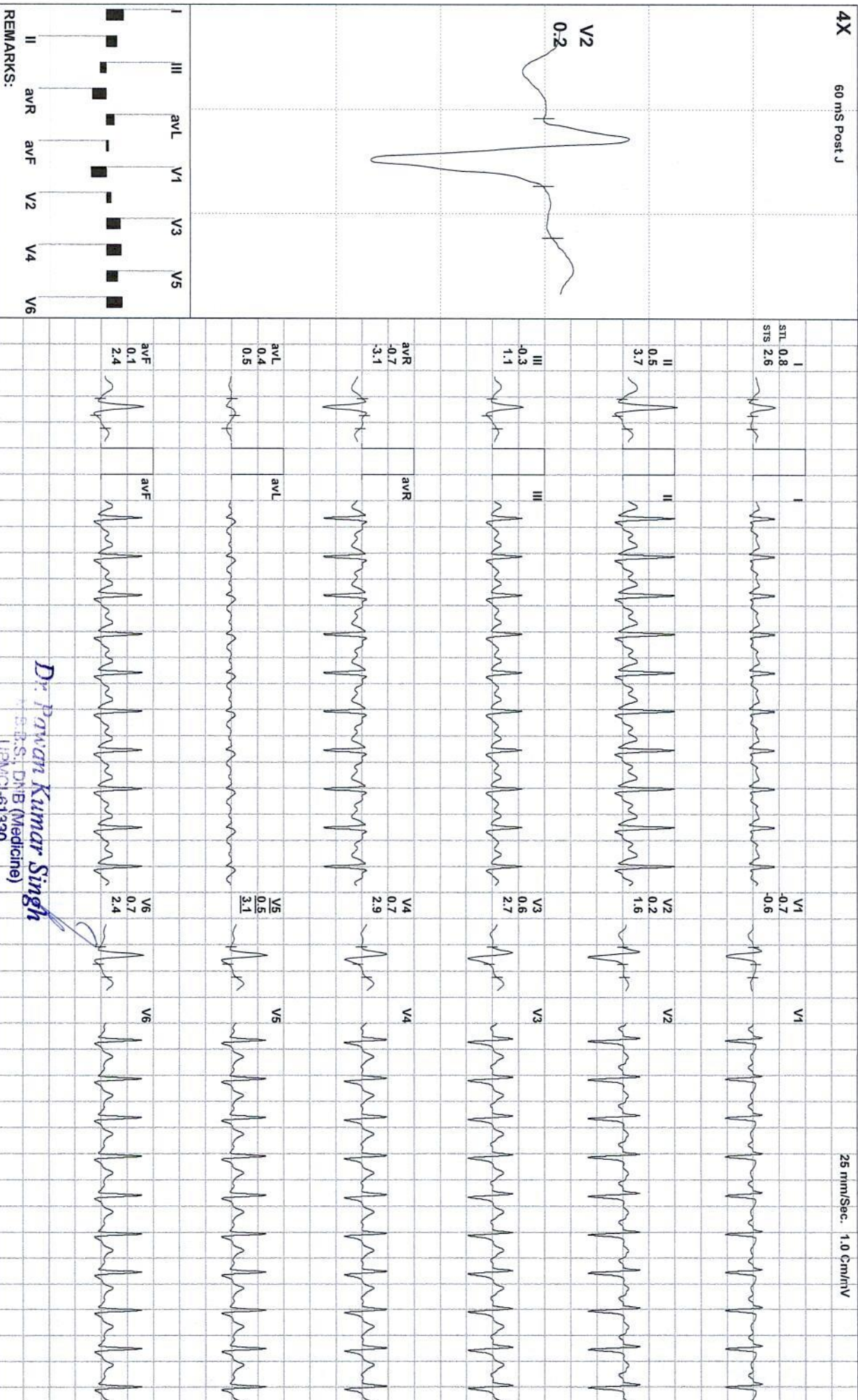
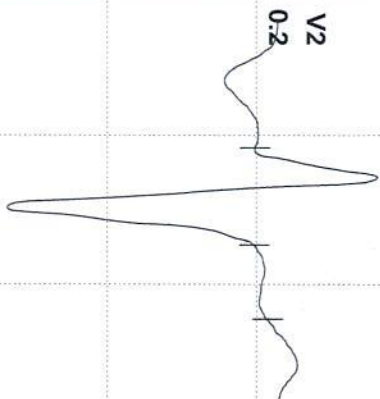
SARITA KUMARI / 28 Yrs / F / 153 Cms / 62 Kg / HR : 196

Date: 25 / 02 / 2023 10:31:42 AM METS: 11.3/ 196 bpm 102% of THR BP: 136/88 mmHg Combined Medians/ BLC On/ Natch On/ HF 0.05 HZ/LF 35 HZ

EXTime: 09:59 4.2 mph, 16.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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SARITA KUMARI / 28 Yrs / F / 153 Cms / 62 Kg / HR : 188

Date: 25 / 02 / 2023 10:31:42 AM

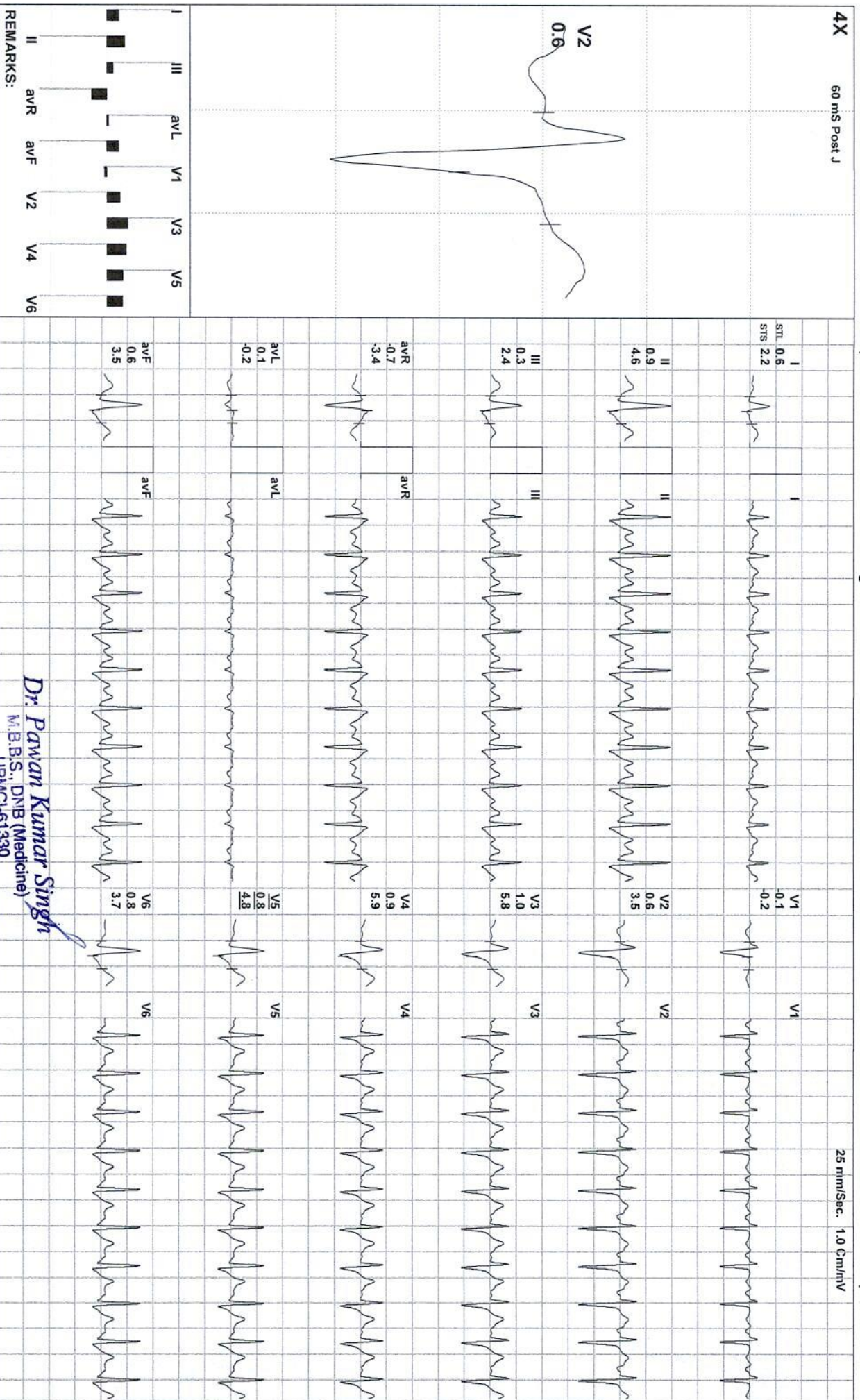
METS: 7.2/ 188 bpm 98% of THR

BP: 136/88 mmHg

Combined Medians/ BLC On/ Natch On/ HF 0.05 Hz/LF 35 Hz

4X 60 ms Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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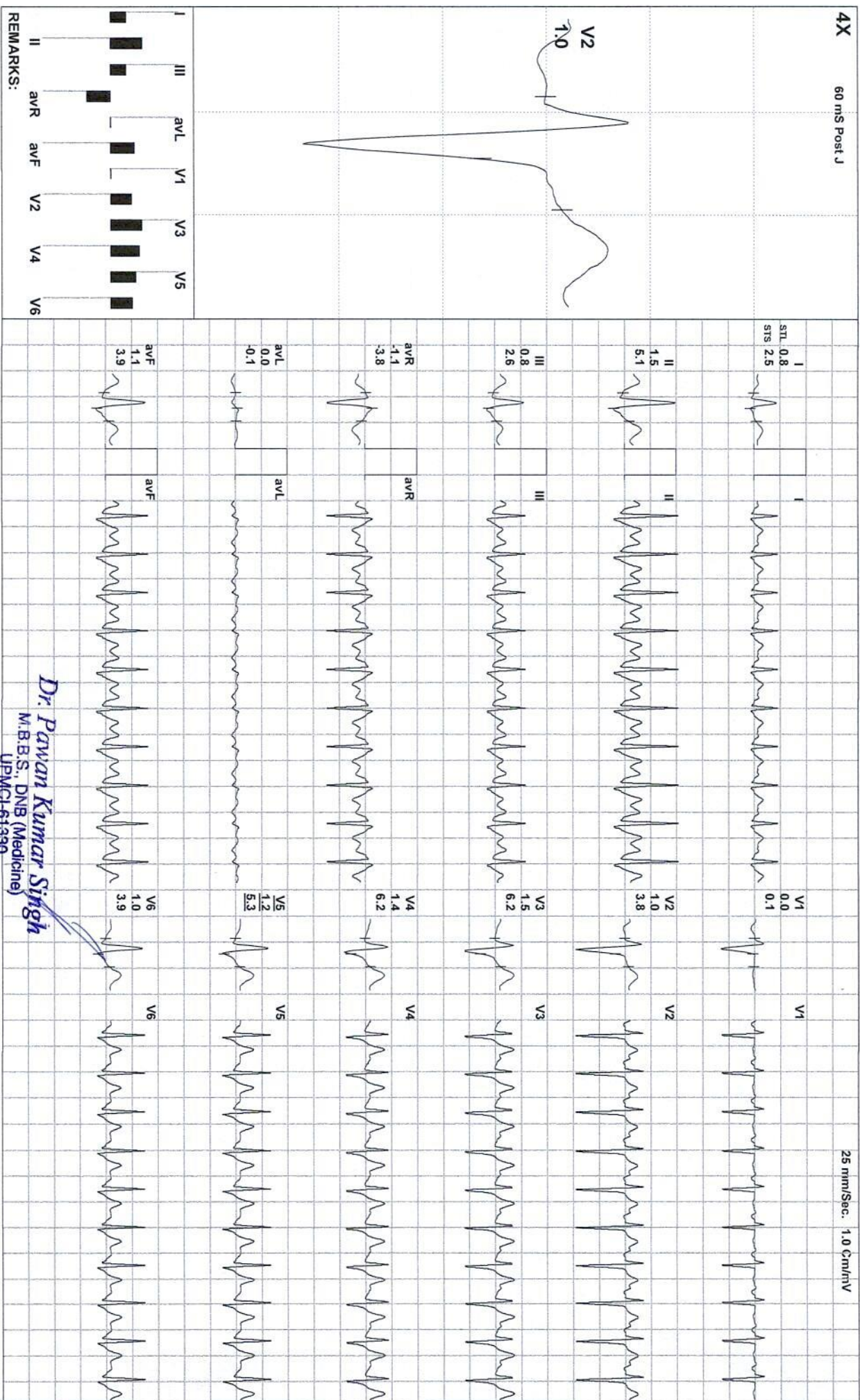
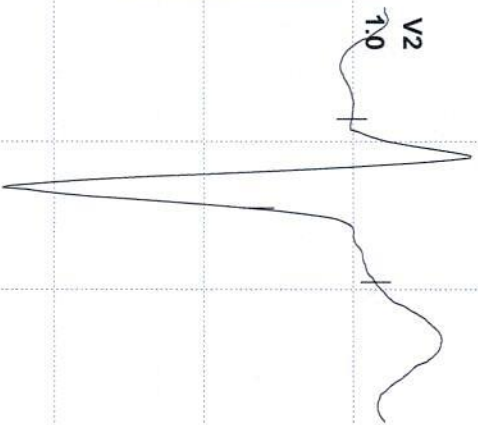
SARITA KUMARI / 28 Yrs / F / 153 Cms / 62 Kg / HR : 179

Date: 25 / 02 / 2023 10:31:42 AM METS: 4.2/ 179 bpm 93% of THR BP: 140/90 mmHg Combined Medians/ BLC On/ Natch On/ HF 0.05 HZ/LF 35 Hz

EXTime: 09:59 1.1 mph, 0.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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(ADX_GEM217220330)(R)Allengers



SARITA KUMARI / 28 Yrs / F / 153 Cms / 62 Kg
 Date: 25 / 02 / 2023 10:31:42 AM Refd By : SELF Examined By: DR PAWAN KUMAR SINGH

Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:05	0:05	00.0	00.0	01.0	089	46 %	130/80	115	00	
Standing	00:08	0:03	00.0	00.0	01.0	082	43 %	130/80	106	00	
HV	00:14	0:06	00.0	00.0	01.0	082	43 %	130/80	106	00	
Warm Up	00:18	0:04	00.0	00.0	01.0	094	49 %	130/80	122	00	
ExStart	00:32	0:14	00.0	00.0	01.0	101	53 %	130/80	131	00	
BRUCE Stage 1	03:32	3:00	01.7	10.0	04.7	147	77 %	132/82	194	00	
BRUCE Stage 2	06:32	3:00	02.5	12.0	07.1	180	94 %	134/84	241	00	
BRUCE Stage 3	09:32	3:00	03.4	14.0	10.2	196	102 %	136/88	266	00	
PeakEx	10:31	0:59	04.2	16.0	11.3	196	102 %	136/88	266	00	
Recovery	11:01	0:30	01.1	00.0	07.2	188	98 %	136/88	255	00	
Recovery	11:31	1:00	01.1	00.0	04.2	179	93 %	140/90	250	00	
Recovery	11:39	1:07	00.0	00.0	03.5	179	93 %	140/90	250	00	

FINDINGS :

Exercise Time : 09:59
 Initial HR (ExStrt) : 101 bpm 53% of Target 192
 Initial BP (ExStrt) : 130/80 (mm/Hg)
 Max Workload Attained : 11.3 Good response to induced stress
 Max ST Dep Lead & Avg ST Value: avL & -0.8 mm in PeakEx
 Duke Treadmill Score : 09.3
 Test End Reasons : Test Complete
 VO2Max : 39.6 ml/Kg/min (Excellent)

REPORT :

TEST OBJECTIVE : ROUTINE CHECK UP

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Doctor : DR PAWAN KUMAR SINGH

RISK FACTOR	:	NONE
ACTIVITY	:	VERY ACTIVE
MEDICATION	:	NONE
REASON FOR TERMINATION	:	TEST COMPLETE
EXERCISE TOLERANCE	:	GOOD
EXERCISE INDUCED ARRHYTHMIAS	:	NO
HAEMODYNAMIC RESPONSE	:	NORMAL
CHRONOTROPIC RESPONSE	:	NORMAL
FINAL IMPRESSION	:	STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

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