

Magnum Heart Institute
Gangapur Road
Nashik

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: BORDE, SOMNATH
Patient ID: 230700380
Height: 171 cm
Weight: 69 kg

DOB: 05/25/1973
Age: 50yrs
Gender: Male
Race: Indian

Study Date: 07/22/2023
Test Type: --
Protocol: BRUCE

Referring Physician: --
Attending Physician: Dr. Manoj Chopda
Technician: Mr. Laxman Gaikawad

Medications:
--

Medical History:
--

Reason for Exercise Test:
--

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:17	0.00	0.00	87		
	STANDING	00:05	0.00	0.00	88		
	HYPERV.	00:11	0.00	0.00	96		
EXERCISE	WARM-UP	00:09	0.00	0.00	90		
	STAGE 1	03:00	1.70	10.00	123	160/80	
	STAGE 2	03:00	2.50	12.00	144	170/80	
	STAGE 3	03:00	3.40	14.00	153	180/80	
	STAGE 4	00:43	0.00	16.00	153	190/90	
RECOVERY		04:26	0.00	0.00	118	160/90	

The patient exercised according to the BRUCE for 9:42 min:s, achieving a work level of Max. METS: 11.40. The resting heart rate of 88 bpm rose to a maximal heart rate of 162 bpm. This value represents 95 % of the maximal, age-predicted heart rate. The resting blood pressure of --/-- mmHg, rose to a maximum blood pressure of 190/90 mmHg. The exercise test was stopped due to --.

Interpretation

--

Conclusions

GOOD EFFORT TOLERANCE
GOOD INOTROPIC AND CHRONOTROPIC RESPONSE
NO ANGINA NO ARRHYTHMIA NO DYSPNEA DURING TMT
NO SIGNIFICANT ST-T CHANGES DURING TEST
CST NEGATIVE FOR INDUCIBLE ISCHAEMIA



Physician _____

Technician _____

CST-9504

Test Reason:

Medical History:

Ref. MD: Ordering MD:

Technician: Mr.Laxman Gaikawad Test Type:

Comment:

BRUCE: Total Exercise Time 09:42

Max HR: 162 bpm 95% of max predicted 170 bpm HR at rest: 88

Max BP: 190/90 mmHg Max RPP: 29830 mmHg*bpm

Maximum Workload: 11.40 METS

Max. ST: -0.30 mm, 0.00 mV/s in V2; EXERCISE STAGE 2 03:30

Arrhythmia: A:91, PVC:1, PSVC:3

ST/HR index: 0.27 μ V/bpm

Conclusion: GOOD EFFORT TOLERANCE

GOOD INOTROPIC AND CHRONOTROPIC RESPONSE

NO ANGINA NO ARRHYTHMIA NO DYSPNEA DURING TMT

NO SIGNIFICANT ST-T CHANGES DURING TEST

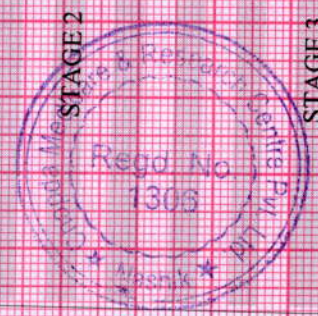
CST NEGATIVE FOR INDUCIBLE ISCHAEMIA

Location Number: * 3 *

Tabular Summary

4066-1SC

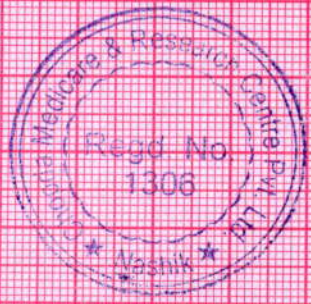
Phase Name	Stage Name	Time in Phase	Speed (mph)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (l/min)	ST Level (V2 mm)	Comment
PRETEST	SUPINE	00:17	0.00	0.00	1.0	87			0	0.15	
	STANDING	00:20	0.00	0.00	1.0	88			0	0.15	
	HYPERV.	00:21	0.00	0.00	1.0	88			0	0.20	
EXERCISE	WARM-UP	00:39	0.00	0.00	1.0	96			0	0.30	
	STAGE 1	00:01	0.00	0.00	1.0	90			0	0.30	
		00:30	0.00	10.00	1.0	90			0	0.35	
		01:00	1.70	10.00	2.8	118			0	0.15	
		01:30	1.70	10.00	4.6	117			0	0.05	
		02:00	1.70	10.00	4.6	131			0	0.05	
		02:20	1.70	10.00	4.6	126			0	-0.10	
		02:30	1.70	10.00	4.6	129	160/80	20640	0	-0.25	
		02:50	1.70	10.00	4.6	127			0	-0.10	
		03:00	1.70	10.00	4.6	123			0	0.10	
STAGE 2		03:30	2.50	12.00	5.8	134			0	0.10	
		04:00	2.50	12.00	7.0	139			0	-0.30	
		04:30	2.50	12.00	7.0	134			0	-0.20	
		05:00	2.50	12.00	7.0	141			0	0.10	
		05:03	2.50	12.00	7.0	139	170/80	23630	0	-0.10	
		05:30	2.50	12.00	7.0	144			0	-0.05	
		05:50	2.50	12.00	7.0	146			0	-0.05	
		06:00	2.50	12.00	7.0	144			0	0.05	
		06:30	3.40	14.00	8.5	148			0	0.00	
		07:00	3.40	14.00	10.1	153			0	-0.20	
STAGE 3		07:30	3.40	14.00	10.1	151			0	-0.10	
		08:00	3.40	14.00	10.1	150			0	-0.10	
		08:03	3.40	14.00	10.1	150	180/80	27000	0	0.00	
		08:30	3.40	14.00	10.1	151			0	-0.10	0.05



GE-CASE V6.73 (2)

Unconfirmed

Phase Name	Stage Name	Time in Phase	Speed (mph)	Grade (%)	Workload (METS)	HR (bpm)	BP (mmHg)	RPP (mmHg*bpm)	VE (/min)	ST Level (V2 mm)	Comment
EXERCISE	STAGE 3	08:50	3.40	14.00	10.1	153			0	0.05	
	STAGE 4	09:00	3.40	14.00	10.1	153			0	0.05	
RECOVERY		09:21	4.20	16.00	11.2	157	190/90	29830	0	0.15	
		09:30	2.60	16.00	9.4	162			1	-0.20	
		09:43	0.00	16.00	3.8	153			1	0.00	
		00:18	0.00	0.00	3.0	146			1	0.30	
		00:43	0.00	0.00	1.8	130	180/90	23400	1	-0.35	
		00:48	0.00	0.00	1.6	130			0	0.30	
		00:50	0.00	0.00	1.6	129			0	0.25	
		01:18	0.00	0.00	1.0	121			0	0.15	
		01:44	0.00	0.00	1.0	127	170/90	21590	0	0.00	
		01:48	0.00	0.00	1.0	126			0	0.00	
	01:50	0.00	0.00	1.0	125			0	0.00		
	02:02	0.00	0.00	1.0	121			0	0.00		
	02:18	0.00	0.00	1.0	123	170/90	20570	0	0.00		
	02:37	0.00	0.00	1.0	120			0	0.00		
	02:48	0.00	0.00	1.0	120	160/90	19200	0	0.00		
	02:50	0.00	0.00	0.00	121			0	-0.05		
	03:18	0.00	0.00	0.00	118			0	0.00		
	03:48	0.00	0.00	0.00	120			0	-0.05		
	03:50	0.00	0.00	0.00	118			0	-0.10		
	04:18	0.00	0.00	0.00	117			0	-0.05		
	04:26	0.00	0.00	0.00	118			0	-0.10		



BASELINE EXERCISE	MAX. ST EXERCISE	PEAK EXERCISE EXERCISE	TEST END RECOVERY	BASELINE EXERCISE	MAX. ST EXERCISE	PEAK EXERCISE EXERCISE	TEST END RECOVERY
90 bpm 0.01	134 bpm 3:30	153 bpm 9:43 190/90 mmHg	117 bpm 4:18	90 bpm 0:01	134 bpm 3:30	153 bpm 9:43 190/90 mmHg	117 bpm 4:18
I 0.50 mm 0.21 mV/s	I 0.00 0.87	I 0.25 0.56	I 0.25 0.56	V1 -0.20 -0.87	V1 -0.40 -0.97	V1 -0.40 -1.39	V1 -0.30 -0.68
II 1.15 0.94	II -0.10 2.12	II 0.95 2.38	II 0.95 1.42	V2 0.35 0.00	V2 -0.30 0.30	V2 0.00 0.41	V2 -0.05 0.18
III 0.70 0.61	III 0.05 0.92	III 0.75 1.85	III 0.70 0.74	V3 1.05 0.80	V3 0.05 1.42	V3 0.65 2.28	V3 0.65 1.08
aVR -0.85 -0.94	aVR 0.05 -1.65	aVR -0.60 -1.69	aVR -0.55 -1.27	V4 0.95 0.68	V4 0.05 1.03	V4 0.60 1.79	V4 0.60 0.93
aVL -0.15 -0.37	aVL -0.10 -0.36	aVL -0.30 -0.77	aVL -0.25 -0.25	V5 0.85 0.64	V5 -0.20 1.01	V5 0.55 1.50	V5 0.60 0.88
aVF 1.00 0.78	aVF -0.15 1.34	aVF 0.85 2.09	aVF 0.85 1.20	V6 0.75 0.58	V6 -0.10 0.78	V6 0.50 1.21	V6 0.55 0.81



GE CASE V6.73 (2)
10mm/mV 50Hz 0.01Hz FRF+ HEART V5.4

Unconfirmed

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Age / Gender : 50 Yr / M
Address : HOME N- 541 BELADHAR LEN, RAVIVAR PETH MAHARANA PRATAP CHAUK
 NASHIK, NASHIK, MAHARASHTRA
Req. Doctor: Dr. CHOPDA MANOJ
Regn. ID: OPD.23-24-7682



HAEMATOLOGY

Request Date : 22-07-2023 10:20 AM **Reporting Date :** 22-07-2023 12:16 PM
Collection Date : 22-07-2023 10:38 AM | 16828 **Reporting Status :** Finalized
Acceptance Date : 22-07-2023 10:38 AM | TAT: 01:38 [HH:MM]

Investigations	Result	Biological Reference Range
CBC *[EDTA]		
HAEMOGLOBIN (Hb)	15.6 g/dl	M 12.50 - 17.50 g/dl
WBC TOTAL COUNT	7500 /cmm	4000.00 - 11000.00 /cmm
PLATELET COUNT	2.76 Lakh	1.50 - 4.50 Lakh
DIFFERENTIAL COUNT		
NEUTROPHILS	54 %	40.00 - 70.00 %
LYMPHOCYTES	36 %	20.00 - 45.00 %
EOSINOPHILS	04 %	1.00 - 6.00 %
MONOCYTES	06 %	2.00 - 10.00 %
BASOPHILS	00 %	0.00 - 1.00 %
RBC		
RBC COUNT	4.78 mil/cmm	3.50 - 5.50 mil/cmm
PCV/HCT	45.9 %	37.00 - 54.00 %
MCV	96.1 fL	80.00 - 100.00 fL
MCH	32.6 pg	24.00 - 34.00 pg
MCHC	33.9 g/dl	32.00 - 36.00 g/dl
RDW-CV	16.0 %	11.00 - 16.00 %

END OF REPORT.

Prepared By
 SHRADDHA GANGADHAR NEHE



Le

Dr. Sudhir Sanklecha
 Pathologist
 (MD Path)

Reg. No. 70405



3/5, Patil Lane No.1, Laxmi Nagar, Near K.B.H. Vidyalaya, Canada Corner, Nashik-422005

Phone : 0253-2316200/01/02/03/04, Email : magnumheartinstitute@gmail.com

Note: Tests marked # are not under NABL Scope.

Mr. BORDE SOMNATH KISANRAO / MRN-230700380

Regn No.: OPD.23-24-7682

www.magnumheartinstitute.com

Patient Name : Mr. BORDE SOMNATH KISANRAO [MRN-230700380]
Age / Gender : 50 Yr / M
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BIOCHEMISTRY

Request Date : 22-07-2023 10:20 AM
Collection Date : 22-07-2023 10:38 AM | BI8748
Acceptance Date : 22-07-2023 10:38 AM | TAT: 01:39 [HH:MM]
Reporting Date : 22-07-2023 12:17 PM
Reporting Status : Finalized

Investigations	Result	Biological Reference Range
LIPID PROFILE		
CHOLESTROL	206.11 mg/dl *	< 200.00
TRIGLYCERIDES	73.06 mg/dl	< 160.00
HDL CHOLESTROL	33.21 mg/dl	30.00 - 65.00
LDL CHOLESTROL	158.29 mg/dl	75.00 - 165.00 mg/dl
VLDL	14.61 mg/dl	6.00 - 38.00 mg/dl
CHO/HDL RATIO	6.21 *	3.00 - 5.50
LDL/HDL RATIO	4.77 *	2.50 - 4.00

END OF REPORT.

Prepared By
SHRADDHA GANGADHAR NEHE

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Pathologist
(MD Path)
Reg. No. 70405



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BIOCHEMISTRY

Request Date : 22-07-2023 10:20 AM
Collection Date : 22-07-2023 10:38 AM | BI8748
Acceptance Date : 22-07-2023 10:38 AM | TAT: 01:40 [HH:MM]
Reporting Date : 22-07-2023 12:18 PM
Reporting Status : Finalized

Investigations	Result	Biological Reference Range
Liver Function Test *[Serum]		
SGOT	26.3 IU/L	UPTO <= 40.00
SGPT	42.9 IU/L *	UPTO <= 40.00
ALKP	54.7 U/L	40.00 - 130.00 (Age 18 Y - 100 Y)
Total Protein	6.2 g/dl	6.00 - 7.80
Albumin	4.0 g/dl	3.20 - 4.60
Globulin	2.2 g/dl	2.00 - 3.50 g/dl
A:G Ratio	1.82	
Total Bilirubin	1.3 mg/dl *	0.20 - 1.20
Direct Bilirubin	0.6 mg/dl *	0.00 - 0.40
Indirect Bilirubin	0.70 mg/dl *	0.20 - 0.60 mg/dl

END OF REPORT.

Prepared By
 SHRADDHA GANGADHAR NEHE

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 Pathologist
 (MD Path)
 Reg. No. 70405



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BIOCHEMISTRY

Request Date : 22-07-2023 10:20 AM
Collection Date : 22-07-2023 10:38 AM | BI8748
Acceptance Date : 22-07-2023 10:38 AM | TAT: 01:41 [HH:MM]
Reporting Date : 22-07-2023 12:19 PM
Reporting Status : Finalized

Investigations	Result	Biological Reference Range
Blood Urea Nitrogen (BUN) *[Serum]	8.13 mg/dl	7.00 - 20.00 mg/dl
CREATININE *[Serum]	0.8 mg/dl	0.60 - 1.40
URIC ACID	4.4 mg/dl	M 2.50 - 7.20

END OF REPORT.

Prepared By
SHRADDHA GANGADHAR NEHE

Dr. Sudhir Sanklecha

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Pathologist
(MD Path)
Reg. No. 70405



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URINE

Request Date : 22-07-2023 10:20 AM
Collection Date : 22-07-2023 10:38 AM | UR2598
Acceptance Date : 22-07-2023 10:38 AM | TAT: 01:41 [HH:MM]
Reporting Date : 22-07-2023 12:19 PM
Reporting Status : Finalized

Investigations	Result	Biological Reference Range
URINE ROUTINE		
PHYSICAL EXAMINATION		
VOLUME	20ml	
COLOUR	PALE YELLOW	
APPEARANCE	CLEAR	
pH	ACIDIC	
CHEMICAL EXAMINATION		
ALBUMIN	ABSENT	
SUGAR	ABSENT	
KETONES	ABSENT	
BILE SALTS	ABSENT	
BILE PIGMENT	ABSENT	
MICROSCOPIC EXAMINATION		
EPITHELIAL CELLS	1 - 2/hpf	
PUS CELLS	1 - 2/hpf	
RBC	ABSENT	
CASTS	ABSENT	
CRYSTALS	ABSENT	
BACILLI	ABSENT	
OTHERS	ABSENT	



END OF REPORT.

Prepared By
 ASHIRWAD ASHOK PATIL



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HORMONES

Request Date : 22-07-2023 10:20 AM
Collection Date : 22-07-2023 10:38 AM | HO1214
Acceptance Date : 22-07-2023 10:38 AM
Outsourced To : Sanklecha lab

Investigations	Result	Biological Reference Range
TFT - (T3,T4,TSH)		
T3 (Triiodthyronine)	1.52 ng/ml	0.69 - 2.15 ng/ml
T4 (Thyroxine)	11.26 ug/dl	5.20 - 12.70 ug/dl
TSH (Thyroid Stimulating Hormone)	0.88 uIU / ml	0.40 - 4.50 uIU / ml

END OF REPORT.

Prepared By
SHRADDHA GANGADHAR NEHE

Sanklecha lab



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BIOCHEMISTRY

Request Date : 22-07-2023 10:20 AM
Collection Date : 22-07-2023 10:38 AM | BI8748
Acceptance Date : 22-07-2023 10:38 AM | TAT: 03:52 [HH:MM]
Reporting Date : 22-07-2023 02:30 PM
Reporting Status : Finalized

Investigations	Result	Biological Reference Range
BLOOD SUGAR F & PP		
BLOOD SUGAR FASTING	78.45 mg/dl	60.00 - 110.00
BLOOD SUGAR (PP)	105.16 mg/dl	70.00 - 140.00

END OF REPORT.

Prepared By
ASHIRWAD ASHOK PATIL

Dr. Sudhir Sanklecha

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Reg. No. 70405



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Chopda Medicare & Research Centre Pvt. Ltd.

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HEART INSTITUTE



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[HH:MM]

Reporting Date : 22-07-2023 02:30 PM
Reporting Status : Finalized

Investigations	Result	Biological Reference Range
BLOOD SUGAR F & PP		
BLOOD SUGAR FASTING	78.45 mg/dl	60.00 - 110.00
BLOOD SUGAR (PP)	105.16 mg/dl	70.00 - 140.00

END OF REPORT.

Prepared By
ASHIRWAD ASHOK PATIL

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Page 1 of 1



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HEART INSTITUTE



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HAEMATOLOGY

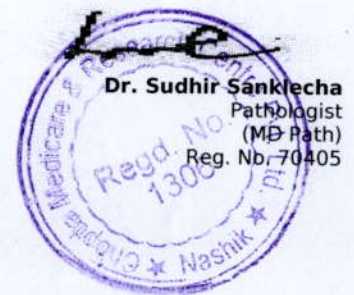
Request Date : 22-07-2023 10:20 AM
Collection Date : 22-07-2023 10:38 AM | 16828
Acceptance Date : 22-07-2023 10:38 AM | **TAT:** 03:54 [HH:MM]

Reporting Date : 22-07-2023 02:32 PM
Reporting Status : Finalized

Investigations	Result	Biological Reference Range
ESR	04 mm/h	0.00 - 15.00 mm/h
HBA1C		
HBA1C	5.7 %	
METHOD	HPLC METHOD	
Estimated Average Glucose	116.89 mg/dl	
<u>Reference Range As Per ADA</u>	<u>Guidance For Known Diabetes</u>	
Normal : Below 5.7%	Good Control : Below 6.5%	
Pre-Diabetes : 5.7% - 6.4%	Fair Control : 6.5% - 7%	
Diabetes : >=6.5%	Unsatisfactory Control : 7.0% - 8%	
	Poor Control : >8%	
BLOOD GROUP *[Whole blood]	'AB' POSITIVE .	

END OF REPORT.

Prepared By
SHRADDHA GANGADHAR NEHE



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Note: Tests marked # are not under NABL Scope.

Mr. BORDE SOMNATH KISANRAO / MRN-230700380

Regn No.: OPD.23-24-7682

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Page 1 of 1



Chopda Medicare & Research Centre Pvt. Ltd.

MAGNUM

HEART INSTITUTE



Patient Name: Mr. BORDE SOMNATH KISANRAO / MRN-230700380
Age / Gender : 50 Yr / M
Address: HOME N- 541 BELADHAR LEN, RAVIVAR PETH MAHARANA PRATAP CHAUK
NASHIK, NASHIK, MAHARASHTRA
Req. Doctor: Dr. CHOPDA MANOJ
Regn. Number: OPD.23-24-7682

Request Date : 22-07-2023 10:20 AM

Reporting Date : 22-07-2023 12:56 PM
Report Status : Finalized

ECHO-CARDIOGRAPHY WITH PRINT

OBSERVATION: NORMAL SIZED LV WITH GOOD LV FUNCTION EF=60%

SITUS SOLITUS

AV VALVE ATTACHMENT

LEFT VENTRICLE - NORMAL SIZED
NO REGIONAL WALL MOTION ABNORMALITY
S/O LV HYPERTROPHY IVS = 9mm ,PW = 10 mm -
NO S/O DIASTOLIC DYSFUNCTION.
OVERALL GOOD LV FUNCTION EF= 60 %

LEFT ATRIUM -NORMAL SIZED, NO CLOT .

RIGHT ATRIUM /VENTRICLE -NORMAL SIZED
OVERALL GOOD RV FUNCTION.

ALL VALVES - NORMAL

NO S/O PULMONARY HYPERTENSION PRESENT
PULMONARY ARTERY SYSTOLIC PRESSURE = mm Hg

NO S/O PERICARDIAL EFFUSION NOTED
NO S/O TAMPONADE PRESENT .NO S/O CONSTRICTION.

IVC - NORMAL.

END OF REPORT

Prepared By
AKANKSHA ASHOK BHISE



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Patient Name: Mr. BORDE SOMNATH KISANRAO / MRN-230700380
Age / Gender : 50 Yr / M
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NASHIK, NASHIK, MAHARASHTRA
Req. Doctor: Dr. CHOPDA MANOJ
Regn. Number: OPD.23-24-7682

Request Date : 22-07-2023 10:20 AM

Reporting Date : 22-07-2023 12:55 PM
Report Status : Finalized

DIGITAL X-RAY

OBSERVATION:

RADIOGRAPH OF CHEST (PA)

No obvious pleuro-parenchymal lesion in rest of the visualised lung fields.

Both apices and costophrenic angles are clear.

Tracheal bifurcation appears normal. No obvious carinal splaying.

LEFT HILAR CONGESTION.

Cardiac configuration appears normal. Diaphragmatic silhouette also appears normal.

Bony thorax does not reveal any obvious abnormality.

IMPRESSION:

LEFT HILAR CONGESTION.

END OF REPORT

Prepared By
SHUBHAM JAGTAP



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Patient Name: Mr. BORDE SOMNATH KISANRAO / MRN-230700380
Age / Gender : 50 Yr / M
Address: HOME N- 541 BELADHAR LEN, RAVIVAR PETH MAHARANA PRATAP CHAUK
NASHIK, NASHIK, MAHARASHTRA
Req. Doctor: Dr. CHOPDA MANOJ
Regn. Number: OPD.23-24-7682

Request Date : 22-07-2023 10:20 AM

Reporting Date : 22-07-2023 12:32 PM
Report Status : Finalized

USG ROUTINE ABDOMEN & PELVIS

OBSERVATION:

LIVER (16.5 CM) ENLARGED ECHOTEXTURE.
NO FOCAL LESION.
NO INTRINSIC MASS LESION SEEN IN LIVER PARENCHYAMA.
PV AND CBD : NORMAL IN IVC & AORTA
GALL BLADDER IS WELL DISTENDED & THERE IS NO STONE SEEN.
SPLEEN AND PANCREAS SHOWS NORMAL ECHOTEXTURE.
BOTH KIDNEYS SHOWS NORMAL SIZE, SHAPE, POSITION & ECHOTEXTURE.

RIGHT KIDNEY MEASURES – 9.7 CM X 4.9 CM
LEFT KIDNEY MEASURES – 18.8 CM X 5.4 CM

URINARY BLADDER – NORMAL
NO LYMPHADENOPATHY
NO PLEURAL EFFUSION SEEN

PROSTATE – NORMAL

IMPRESSION:

FATTY LIVER INFILTRATION GRADE I HEPATOMEGALY.

END OF REPORT

Prepared By
AKANKSHA ASHOK BHISE

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