




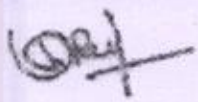
बैंक ऑफ़ बड़ोदा
Bank of Baroda

नाम : एस महिमई राज
Name : S.MAHIMAI RAJ

कर्मचारी कूट क्र :
EC No : 123054


जारीकर्ता प्राधिकारी
Issuing Authority




धारक के हस्ताक्षर
Signature of Holder

Name : Mr. MAHIMAIRAJ S			OP Number: MDUMH103047			Bill No: MMH-OCR-140078		
Package Information								
S.No	Service Type	Service Name	Department					
1		MEDIWHEEL WHOLE BODY HEALTH CHECK MALE ABOVE 40YRS						
1		2D-ECHO WITH COLOUR DOPPLER	CARDIOLOGY					
2		ALBUMIN - SERUM	BioChemistry					
3		ALKALINE PHOSPHATASE - SERUM/PLASMA	BioChemistry					
4		ALT(SGPT) - SERUM / PLASMA	BioChemistry					
5		AST (SGOT) - SERUM	BioChemistry					
6		BILIRUBIN CONJUGATED (DIRECT) - SERUM	BioChemistry					
7		BILIRUBIN, TOTAL - SERUM	BioChemistry					
8		BREAKFAST	F & B Main Kitchen					
9		BUN (BLOOD UREA NITROGEN)	BioChemistry					
10		CHOLESTEROL - SERUM / PLASMA	BioChemistry					
11		CONSULTATION - DIET	Dietetics					
12		CONSULTATION - OPHTHALMOLOGY	Ophthalmology					
13		CONSULTATION CHARGES	Consultation					
14		CREATININE - SERUM / PLASMA	BioChemistry					
15		ECG	CARDIOLOGY					
16		GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	BioChemistry					
17		GLUCOSE - SERUM / PLASMA (FASTING)	BioChemistry					
18		GLUCOSE - SERUM / PLASMA (POST PRANDIAL)	BioChemistry					
19		GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD	BioChemistry					
20		HDL CHOLESTEROL - SERUM / PLASMA	BioChemistry					
21		HEMOGRAM	Haematology					
22		HISTORY TAKING - AHC	Apollo Health Check					
23		LDL CHOLESTEROL - SERUM / PLASMA (DIRECT LDL)	BioChemistry					
24		PHYSICAL EXAMINATION/CONSULTATION BY INTERNAL MEDICINE SPECIALIST	General Medicine					
25		PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	BioChemistry					
26		PROTEIN TOTAL - SERUM / PLASMA	BioChemistry					

Name :	Mr. MAHIMAIRAJ S	OP Number:	MDUMH103047	Bill No:	MMH-OCR-140078
27	STOOL ROUTINE			Haematology	
28	TOTAL T3: TRI IODOTHYRONINE - SERUM			BioChemistry	
29	TOTAL T4: THYROXINE - SERUM			BioChemistry	
30	TRIGLYCERIDES - SERUM			BioChemistry	
31	TSH: THYROID STIMULATING HORMONE - SERUM			BioChemistry	
32	ULTRASOUND SCREENING WHOLE ABDOMEN			Ultrasound Radiology	
33	UREA - SERUM / PLASMA			BioChemistry	
34	URIC ACID - SERUM			BioChemistry	
35	URINE ROUTINE (CUE)			Haematology	
36	VLDL CHOLESTEROL - SERUM			BioChemistry	
37	X-RAY CHEST PA			X Ray	

Amount saved on availing Health Check Package INR 16385

Note: Cancellation of individual test will not be refunded.

Amount saved on availing Health Check Package INR 16385

Name : Mr. MAHIMAIRAJ S (43 /M)

Date : 25/03/2023

Address : 37/1 MOHAMED SAPURAM 4TH STREET,, THIRUMANGALAM, MADURAI, TAMIL NADU, INDIA

AHC MEDICAL SUMMARY

ASH - QF - PHC - 14
UHID : ASM1.0000459541

Examined by: Dr .JEYASURIYA

AHC No : MDUMH103047

Package : MEDIWHEEL WHOLE BODY HEALTH CHECK MALE ABOVE 40YRS



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

No history of - Hypertension,
Dyslipidemia, Thyroid disorder, Heart disease, Stroke, Asthma, COPD, Cancer, Impaired Glycemia
Diabetes mellitus - type 2; Since - 6 years;
Medication - regular; - T.TRIGLYIRAY-2; 1-0-0;
Are your sugar levels well - controlled? - No

Female - 1
Male - 1
Profession - corporate employed
Diet - Mixed Diet
Alcohol - consumes alcohol occasionally
Frequency - occasional
Consuming alcohol for - 10 YRS
Smoking - No
Chews tobacco - No
Physical activity - Moderate
- home exercise, level ground walking



Family history

Father - has expired
Mother - alive
Brothers - 2
Family history - Nil significant
Coronary artery disease - none
Cancer - None

PHYSICAL EXAMINATION



General

General appearance - normal
Build - normal
Height - 170
Weight - 69.4
BMI - 24.01
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 85
Rhythm - Regular
Systolic(mm of Hg) - 130
Diastolic(mm of Hg) - 80
- B.P. Sitting



DRUG ALLERGY

NO KNOWN ALLERGY :10/02/2019



Past medical history

Do you have any allergies? - No
Allergies - Nil
Do you have any drug allergies? - No
Past medical history - nil significant
Covid 19 - No



Surgical history

Surgical history - Nil

Immunization history

- Covid Dose1, Covid Dose2




Personal history

Ethnicity - Indian Asian
Marital status - Married
No. of children - 2

Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

 **Abdomen**

Organomegaly - No

Tenderness - No

ENT consultationENT consultation done by - Dr.ARUN PRABHU
GANESANENT findings - EAR/NOSE/THROAT/NECK
NORMAL
NO OTHER SPECIFIC
COMPLAINTS**Dental consultation**

Dental findings - Adv Oral Prophylaxis Scaling

Printed By : Makarasi T S

HEMOGRAM

Test Name	Result	Unit	Level	Range
Hemoglobin	15.9	gm%	●	13.0-18.0
Packed cell volume(Calculated)	47	%	●	40-54
WBC Count	5.0	10 ³ /m ³	●	4-11
Platelet Count	251	10 ³ /m ³	●	150-450
ERYTHROCYTE SEDIMENTATION RATE (ESR)	07	mm/1st hr	●	0-15
RBC Count	5.34	Million/ul	●	4.2-6.5
MCV	87	fl	●	75-95
MCH(Calculated)	30	pg	●	26-32
MCHC(Calculated)	34	g/dl	●	31-36
Reticulocytes	0.6	%		
Neutrophils	58	%	●	40-80
Lymphocytes	33	%	●	20-40
Eosinophils	01	%	●	01-06
Monocytes	08	%	●	2-10

URINE ROUTINE (CUE)

Test Name	Result	Unit	Level	Range
Specific Gravity	1.005		●	1.001 - 1.035
Colour:	Straw Yellow			Straw Yellow
Transparency:	Slightly Turbid			Clear
pH	6		●	4.6-8.00
Protein :	Nil			NIL
Sugar :-	+			NIL
Ketone	Negative			NEGATIVE
Bile Pigments :-	Negative			NEGATIVE
Bile Salts :-	Absent			ABSENT
Urobilinogen	Normal	E.U./dL		Normal
RBC	Nil	/hpf		0-2
Pus Cells	6-8	/hpf		Male : 2 - 3 Female : 2 - 5
Epithelial Cells	Occasional	/hpf		3 - 5

ALT(SGPT) - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
ALT(SGPT)	24	U/L	●	Adult Male : < 45

ALBUMIN - SERUM

Test Name	Result	Unit	Level	Range
Albumin - Serum	4.6	g/dL	●	Adult(20 - 60 Yr): 3.5 - 5.2
Globulin - Serum: (Calculated)	2.5	g/dL	●	Adult (2.0 - 3.5)

ALKALINE PHOSPHATASE - SERUM/PLASMA

Test Name	Result	Unit	Level	Range
Alkaline Phosphatase - Serum	71	U/L	●	Adult(Male): < 129

AST (SGOT) - SERUM

Test Name	Result	Unit	Level	Range
AST (SGOT)	27	U/L	●	Adult Male: <35

BILIRUBIN, TOTAL - SERUM

Test Name	Result	Unit	Level	Range
Bilirubin, Total - Serum	1.0	mg/dL	●	NORMAL : 0.2 TO 1.1

CHOLESTEROL - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Total Cholesterol	240 *	mg/dL	●	Adult Desirable: <200 Borderline High: 200 - 239 High: >=240

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Creatinine - Serum	0.9	mg/dL	●	Male: 0.9 - 1.3

GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM

Test Name	Result	Unit	Level	Range
GGTP: Gamma Glutamyl Transpeptidase	31	U/L	●	Male: < 55

GLUCOSE - SERUM / PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
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● Within Normal Range

● Borderline High/Low

● Out of Range

Glucose - Serum / Plasma (Fasting) 267 * mg/dL ● 60-99

GLUCOSE - SERUM / PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
Glucose - Serum / Plasma (Post Prandial)	352 *	mg/dL	●	< 140 Increase risk of diabetes(Impaired Glucose tolerance):140-199; Diabetic>=200

GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD

Test Name	Result	Unit	Level	Range
Glycosylated Hemoglobin (HbA1c)	9.8 *	%	●	Normal < 5.7% Increased risk for Diabetes 5.7 - 6.4%--male Diabetes > = 6.5%

HDL CHOLESTEROL - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
HDL Cholesterol	49	mg/dL	●	Low: <40 High: >=60

LDL CHOLESTEROL - SERUM / PLASMA (DIRECT LDL)

Test Name	Result	Unit	Level	Range
LDL Cholesterol (Direct LDL)	158 *	mg/dL	●	Optimal: <100 Near/above optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: >=190

PROTEIN TOTAL - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Protein Total - Serum	7.1	g/dL	●	>2 Year: 6.0 - 8.0

TRIGLYCERIDES - SERUM

● Within Normal Range ● Borderline High/Low ● Out of Range

Test Name	Result	Unit	Level	Range
Total Cholesterol / HDL Cholesterol Ratio (Calculated)	4.9 *		●	< 4.5

UREA - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
Urea	18	mg/dL	●	Adult: 13 - 43

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
Uric Acid - Serum	2.4 *	mg/dL	●	Adult Male: 3.5 - 7.2

VLDL CHOLESTEROL - SERUM

Test Name	Result	Unit	Level	Range
VLDL CHOLESTEROL - SERUM	23		●	Desirable:<30
Triglycerides - Serum	117	mg/dL	●	Normal: <150 High: 150 - 199 Hypertriglyceridemic: 200 - 499 Very High: >=500

BILIRUBIN CONJUGATED (DIRECT) - SERUM

Test Name	Result	Unit	Level	Range
Bilirubin Conjugated - Serum	0.3 *	mg/dL	●	0.0-0.2
Bilirubin Unconjugated - Serum (Calculated)	0.7	mg/dL	●	0.0-1.0

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.1	mg/dL	●	Adult : 6 - 20

TOTAL T3: TRI IODOTHYRONINE - SERUM

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	87	ng/dL	●	60-180

TOTAL T4: THYROXINE - SERUM

Test Name	Result	Unit	Level	Range
TOTAL T4: THYROXINE - SERUM	6.0	µg/dL	●	3.5 - 12.5

TSH: THYROID STIMULATING HORMONE - SERUM

Test Name	Result	Unit	Level	Range
TSH: Thyroid Stimulating Hormone	2.11	µIU/mL	●	0.35 - 5.50

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name	Result	Unit	Level	Range
Prostatic Specific Antigen (PSA Total)	0.3	ng/mL	●	Healthy Men: <= 4.0 Males: 40-49 yrs: 0 - 2.5 50-59 yrs: 0 - 3.5 60-69 yrs: 0 - 4.5 70-79 Yrs: 0 - 6.5

X-RAY CHEST PA

NO SIGNIFICANT ABNORMALITY IS DETECTED.

ULTRASOUND SCREENING WHOLE ABDOMEN

Liver shows increased echopattern with no evidence of focal or diffuse pathology. The intra or extra hepatic biliary radicles are not dilated.

Gall bladder is mildly distended.

Pancreas and spleen appear normal.

No evidence of ascites.

Right kidney measures 11.0 x 5.3 cm

Left kidney measures 10.9 x 5.4 cm

Both kidneys show normal echopattern with no evidence of calculi or calyceal dilatation.

Bladder shows normal contour.

Prostate shows normal echo pattern.

IMPRESSION

Grade II fatty liver.

REPORTED BY,
DR.A.PANDIAN, MBBS.,DMRD.,
CONSULTANT RADIOLOGIST.

2D-ECHO WITH COLOUR DOPPLER

NORMAL CHAMBERS DIMENSIONS.
STRUCTURALLY NORMAL VALVES.
NO REGIONAL WALL MOTION ABNORMALITY.
NORMAL LV SYSTOLIC FUNCTION.
NORMAL LV DIASTOLIC FUNCTION.
NO PERICARDIAL EFFUSION/ CLOT.
LVEF:70%

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

CARDIOLOGY

ECG



Within Normal Range



Borderline High/Low



Out of Range

Executive Summary



Physical Examination and routine Investigation in AHC Package reveals the following:

- DIABETES MELLITUS
- HYPERLIPIDEMIA

Wellness Prescription

Advice On Diet :-



- DIABETIC DIET

Advice On Physical Activity :-

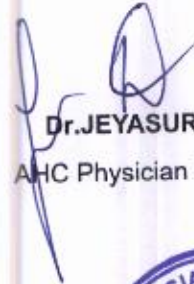


- REGULAR WALKING

Medications

- T.GLUCONORM VG1 1-0-1 B/F FOR 15 DAYS
- T.VYSOV XR 100MG 0-1-0 A/F FOR 15 DAYS
- T.ROSEDAY 10MG 0-0-1 A/F FOR 30 DAYS
- FBS, PPBS,

Printed By : Makarasi T S



Dr. JEYASURIYA

AHC Physician / Consultant Internal Medicine



Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.