

**PAN HEALTH**  
SCO 56 SEC 47 CHD

**Summary**

Date: 12-03-2022 Ref By: BOB  
Time: 01:41 PM Protocol: Bruce

26 Yrs/ M 77 Kg/ Ht-172 cms Ref. No.:

History:  
Medication:

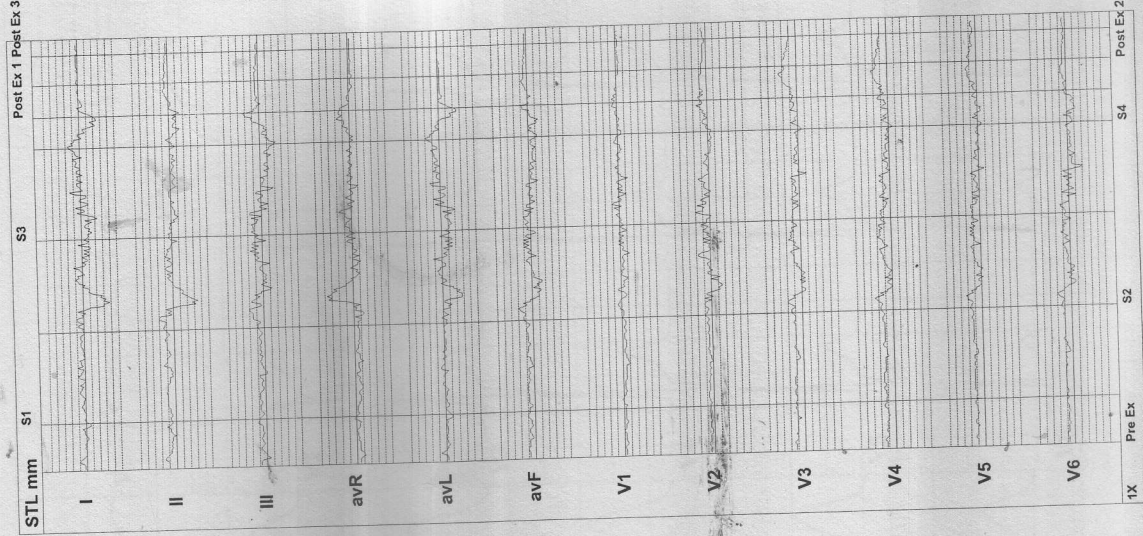
Stage	Stg Time min:sec	Speed mph	Grade %	METs	HR bpm	BP mmHg	RPP	PVCs
Pre Ex				1	68	121/73	82	
Supine				1	83	121/73	100	
Standing				1	73	121/73	88	
Hyp Vent				1	73	121/73	88	
S1	03:00	1.7	10.0	4.8	79	121/73	96	
S2	03:00	2.5	12.0	6.9	114	140/90	160	
S3	03:00	3.4	14.0	9.5	137	159/110	218	
Peak Ex	01:03	4.2	16.0	12.1	152	171/122	260	
Post Ex 1	01:00			1	107	164/111	175	
Post Ex 2	01:00			1	96	151/107	145	
Post Ex 3	00:30			1	88	138/97	121	
Finish				1	87	138/97	120	

**Findings:** Exercise Time : 10:03 mins  
 Max HR attained : 152 bpm 82 % of Target 185 bpm  
 Max BP : 171/122mmHg  
 Max Workload attained : 12.1 METs ( Good Effort Tolerance )  
 Reason for Test Termination: Patient Completed Test

No significant ST segment changes noted during exercise or recovery stages.  
 No Angina / Arrhythmia / S3 / Murmur  
 Final Impression : Test is negative for inducible ischaemia.

*Atul Gupta*  
**Dr. ATUL GUPTA**  
 M.B.B.S.M.D.

**PAN HEALTH**  
 S.C.O. 56, 1st Floor  
 Sec. 47-D, Chandigarh







# PAN HEALTH

SC0 56 SEC 47 CHD

Linked Medians  
Pre Ex

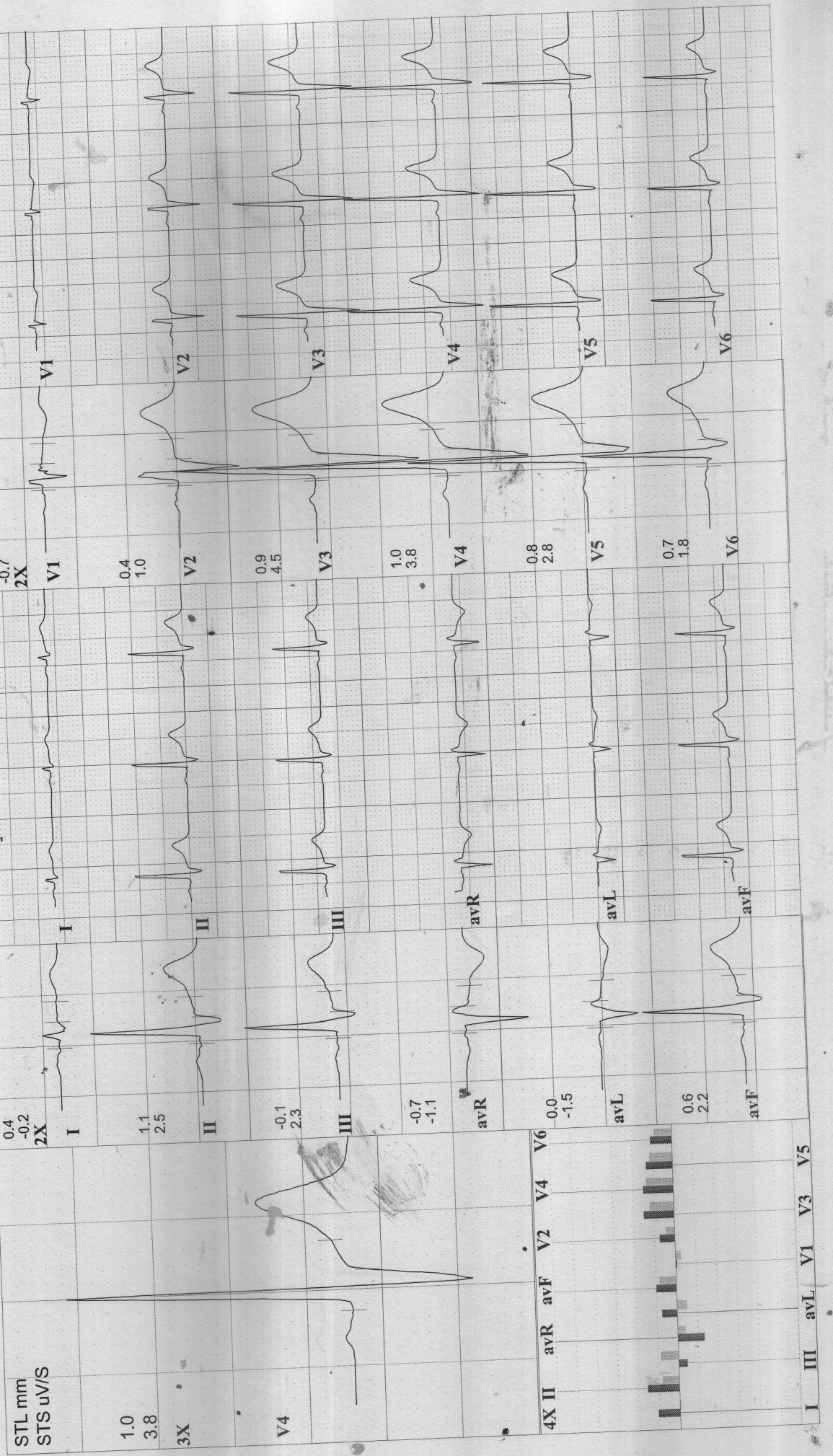
26  
26 Yrs/ M  
Date: 12-03-2022 Time: 01:41 PM

MANISH BHARDWAJ  
77 Kg / Ht-172 cms  
Ref.No.:

Speed: --- mph Hr: 78  
Grade: ---% Mets: 1  
Protocol: Bruce BP: 121/73 mmHg  
Curr Time: 00:08

Target Hr: 41 % of 187  
Ex Time: --- min:sec  
Filter: 0.1 - 100 Hz  
Gain: 10 mm/mV  
Sweep: 25 mm/s  
Median Sweep: 25 mm/s  
BLC: On  
NotchOn

Post J: 80 mS





# PAN HEALTH

SCO 56 SEC 47 CHD

Linked Medians  
Pre Ex  
Supine

Speed: --- mph  
Grade: --- %  
Protocol: Bruce

Target Hr: 44 % of 187  
Ex Time: --- min:sec  
Curr Time: 00:20

Hr: 83  
Mets: 1  
BP: 121/73 mmHg

Gain: 10 mm/mV

Sweep: 25 mm/S  
Median Sweep: 25 mm/S

Filter: 0.1 - 100 Hz  
BLC: On  
Notch: On

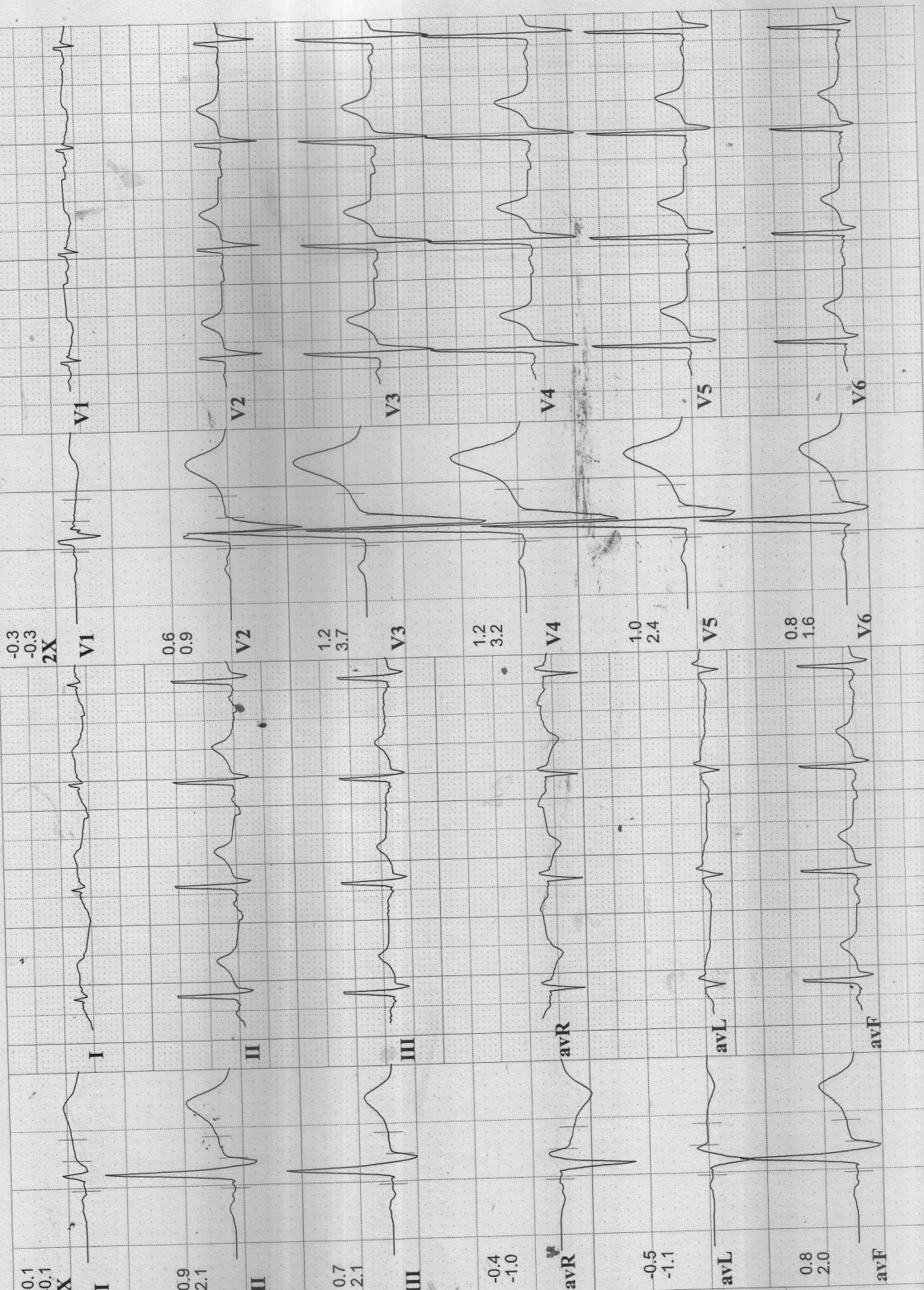
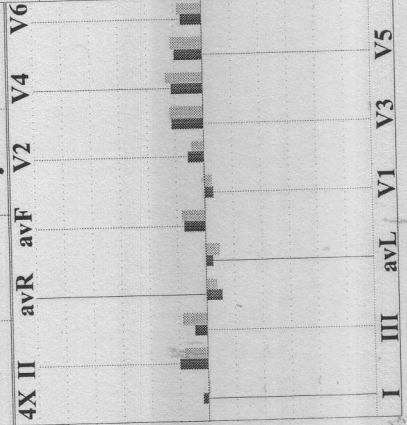
26 MAHISH BHARDWAJ  
26 Yrs/ M 77 Kg / Ht-172 cms Ref.No.:  
Date: 12-03-2022 Time: 01:41 PM

Post J: 76 mS

STL mm  
STS uV/S

1.2  
3.2  
3X

V4





# PAN HEALTH

SCO 56 SEC 47 CHD

Linked Medians  
Pre Ex  
Standing

Speed: --- mph  
Grade: --- %  
Protocol: Bruce

Target Hr: 39 % of 187  
Ex Time: --- min:sec  
Curr Time: 00:49

Filter: 0.1 - 100 Hz

BLC: On  
NotchOn

Gain: 10 mm/mV  
Sweep: 25 mm/S  
Median Sweep: 25 mm/S

Hr: 73  
Mets: 1  
BP: 121/73 mmHg

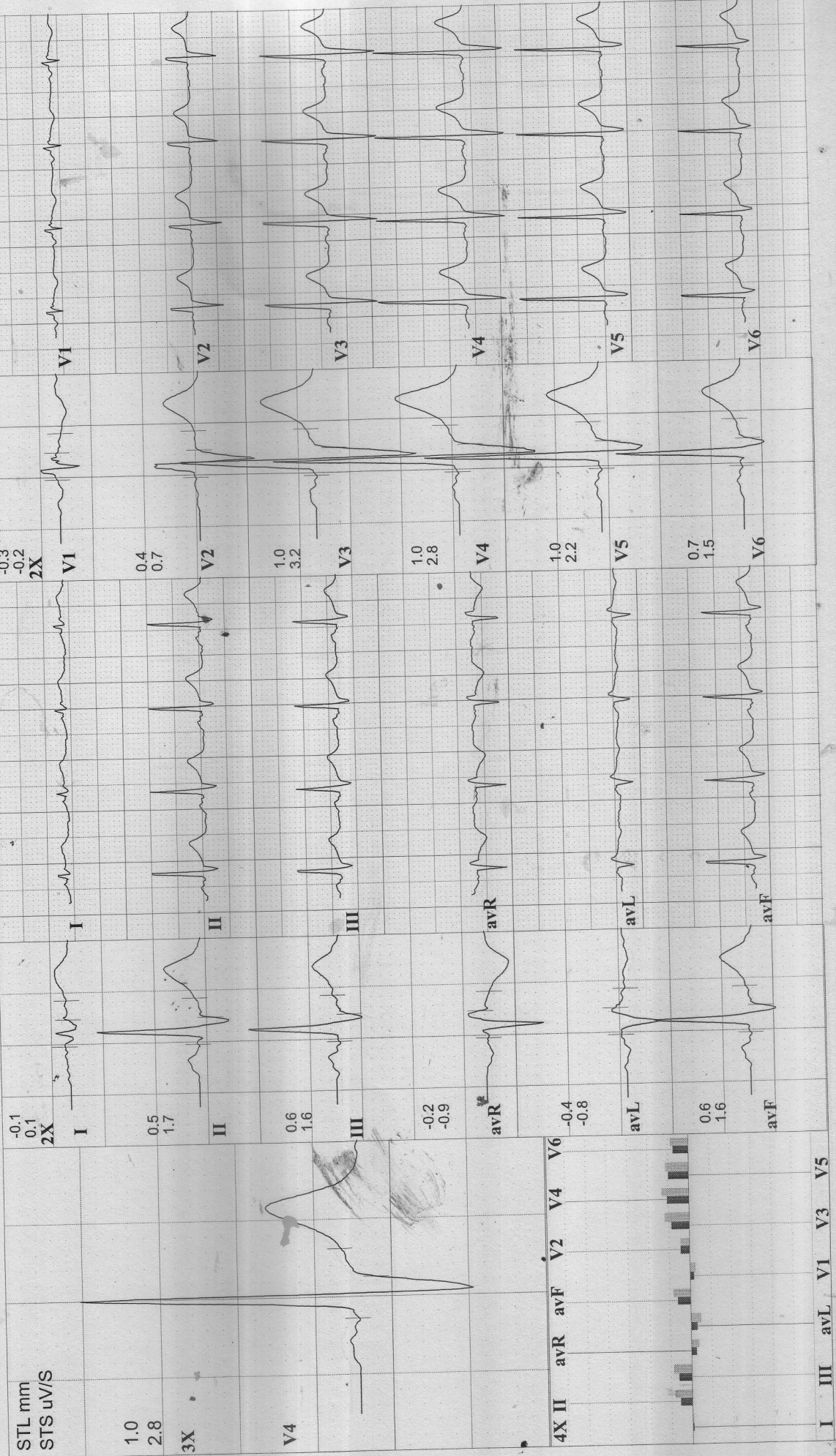
26 Yrs / M  
Date: 12-03-2022 Time: 01:41 PM  
Ref.No.:  
Post-J: 74 mS

MAJISH BHARDWAJ

77 Kg / Ht-172 cms

12-03-2022 Time: 01:41 PM

Post-J: 74 mS





# PAN HEALTH

SCO 56 SEC 47 CHD

Linked Medians  
Pre Ex  
Hyp Vent

10 mm/mV  
25 mm/S  
Median Sweep 25 mm/S

Gain:  
Sweep:  
Median Sweep

Filter: 0.1 - 100 Hz  
BLC: On  
Notch On

Speed: --- mph  
Grade: --- %  
Protocol: Bruce

Hr: 73  
Mets: 1  
BP: 121/73 mmHg

Target Hr: 39 % of 187  
Ex Time: --- min:sec  
Curr Time: 01:22

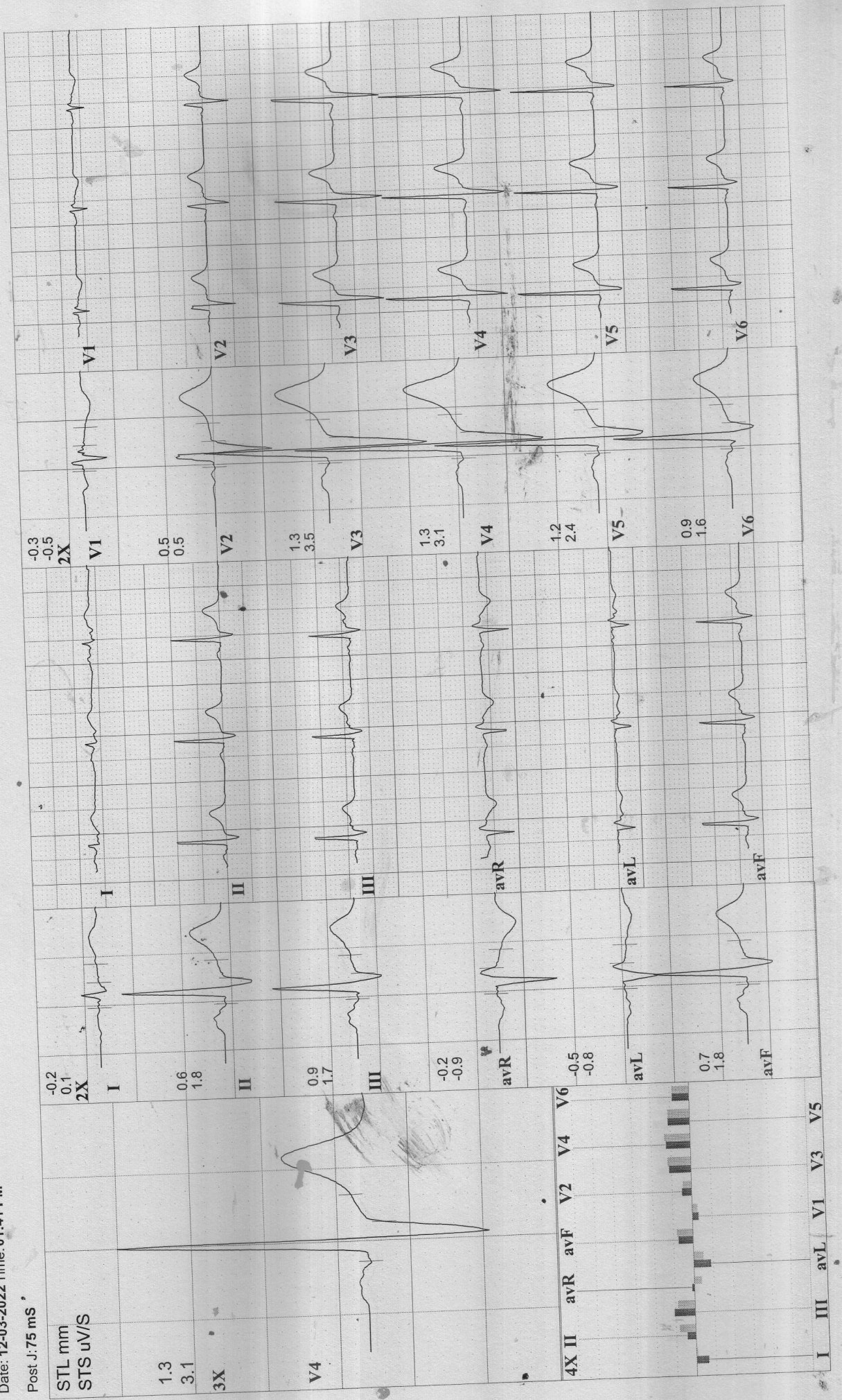
MANISH BHARDWAJ

77 Kg / Ht-172 cms  
Ref.No.:

26 Yrs/ M

Date: 12-03-2022 Time: 01:41 PM

Post J: 75 ms





# PAN HEALTH

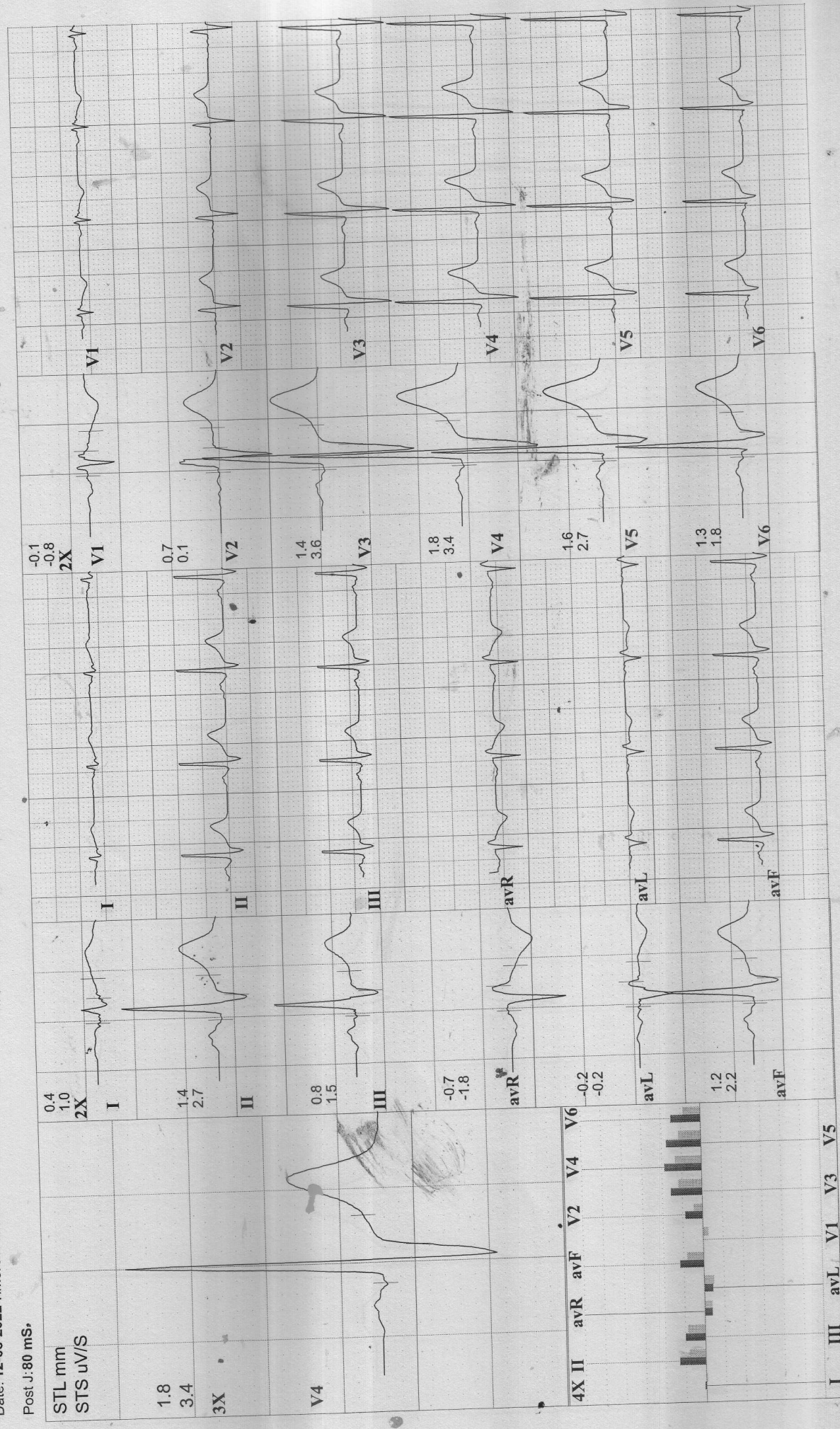
SCO.56 SEC 47 CHD

Speed: 1.7 mph Hr: 79  
Grade: 10 % Metis: 4.8  
Protocol: Bruce BP: 121/73 mmHg  
Curr Time: 04:22

Target Hr: 42 % of 187  
Filter: 0.1 - 100 Hz Gain: 10 mm/mV  
Sweep: 25 mm/s  
Median Sweep: 25 mm/s

26 MAHISH BHARDWAJ  
26 Yrs/ M 77 Kg / Ht-172 cms Ref.No.:  
Date: 12-03-2022 Time: 01:41 PM

Post J: 80 mS.





# PAN HEALTH

SCO 56 SEC 47 CHD

Linked Medians  
S2

10 mm/mV  
25 mm/s  
Median Sweep 25 mm/s

Filter: 0.1 - 100 Hz  
Gain: Sweep: Median Sweep

Target Hr: 60 % of 187  
EX Time: 06:00  
Curr Time: 07:22

Speed: 2.5 mph Hr: 114  
Grade: 12 % Mets: 6.9  
Protocol: Bruce BP: 140/90 mmHg

26  
26 Yrs/ M  
Date: 12-03-2022 Time: 01:41 PM

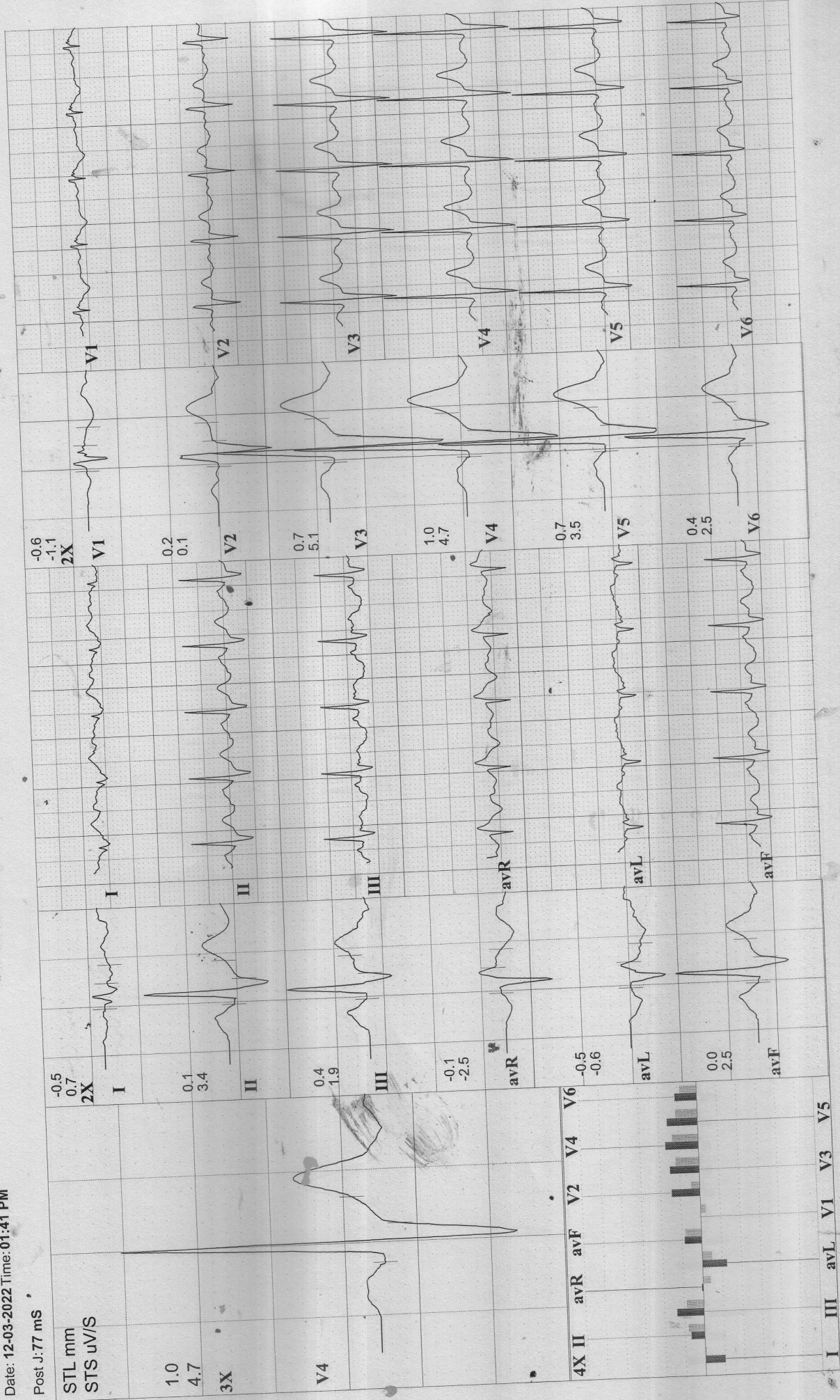
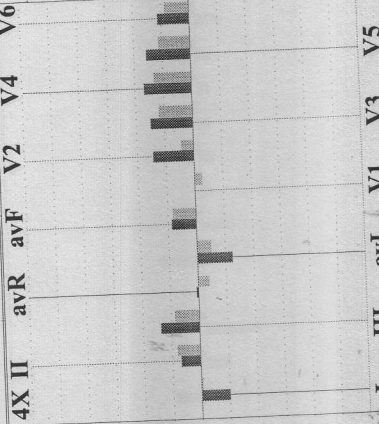
MANISH BHARDWAJ  
77 Kg / Ht-172 cms Ref.No.:

Post J: 77 mS

STL mm  
STS uV/S

1.0  
4.7  
3X

V4





# PAN HEALTH

SCO 56 SEC 47 CHD

Linked Medians

S3

10 mm/mV  
25 mm/S  
Median Sweep 25 mm/S

Filter: 0.1 - 100 Hz  
Gain: 10 mm/mV  
Sweep: 25 mm/S  
BLC: On  
Notch: On

Speed: 3.4 mph  
Grade: 14%  
Protocol: Bruce

Target Hr: 73% of 187  
Ex Time: 09:00  
Curr Time: 10:22

Hr: 137  
Mets: 9.5  
BP: 159/110 mmHg

26  
26 Yrs/ M  
Date: 12-03-2022 Time: 01:41 PM

MANISH BHARDWAJ  
77 Kg / Ht-172 cms  
Ref.No.:

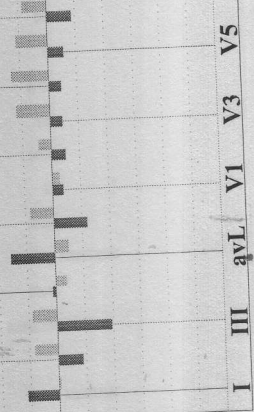
Post. J: 68 mS

STL mm  
STS uV/S

-0.1  
4.0  
3X

V4

4X II avR avF V2 V4 V6



1.5  
2.7  
2X I

-0.3  
3.0 II

-1.8  
0.7 III

-0.4  
-2.5 avR

1.7  
1.0 avL

-0.8  
2.0 avF

-0.5  
-0.9  
2X V1

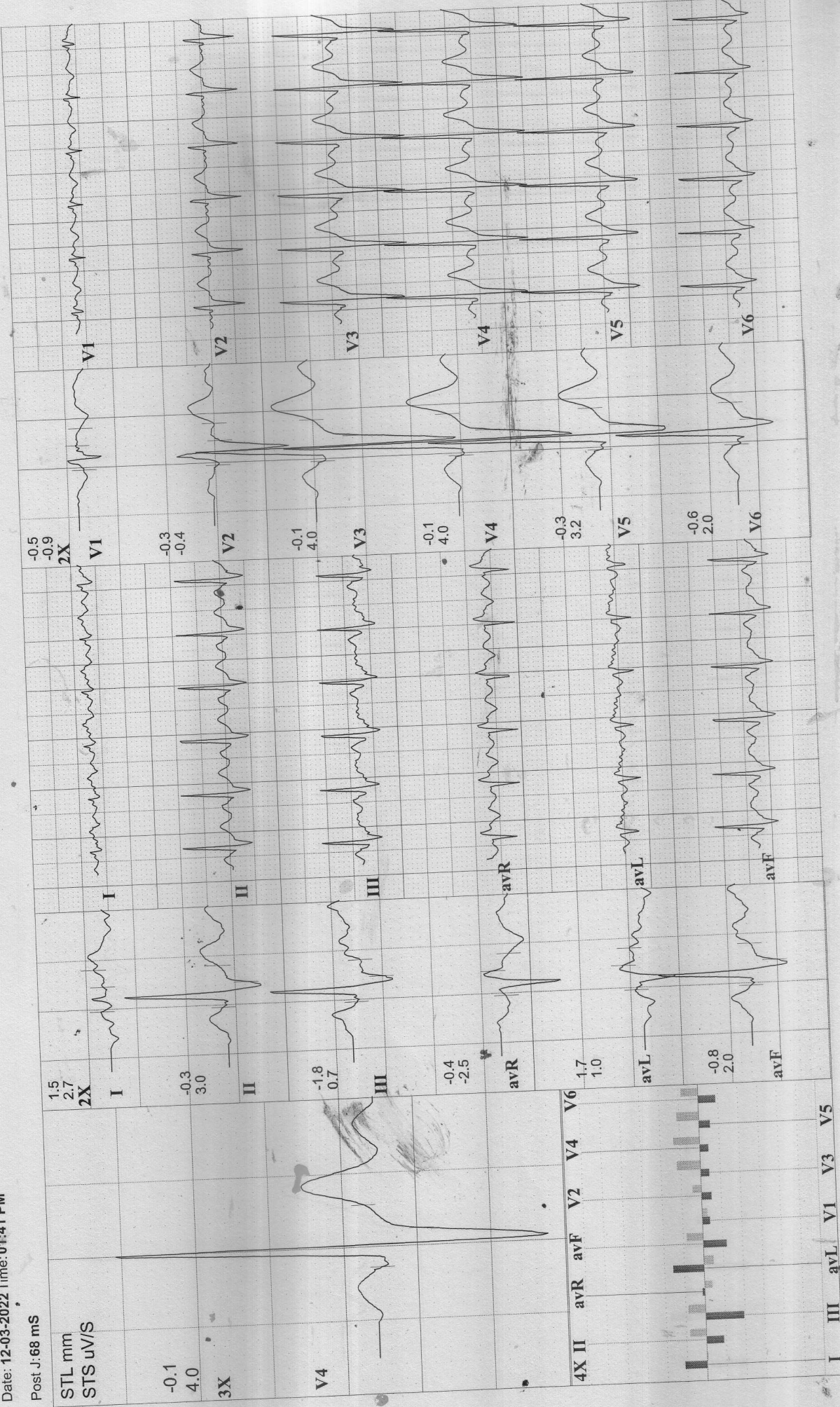
-0.3  
-0.4 V2

-0.1  
4.0 V3

-0.1  
4.0 V4

-0.3  
3.2 V5

-0.6  
2.0 V6





# PAN HEALTH

SCO 56 SEC 47 CHD

Linked Medians  
Peak Ex

10 mm/mV  
25 mm/S  
Median Sweep 25 mm/S

Filter: 0.1 - 100 Hz  
Gain: 10 mm/mV  
Sweep: 25 mm/S  
BLC: On  
Notch On

Speed: 4.2 mph  
Grade: 16 %  
Protocol: Bruce

Hr: 152  
Mets: 12.1  
BP: 171/122 mmHg

Target Hr: 81 % of 187  
Ex Time: 10:03  
Curr Time: 11:25

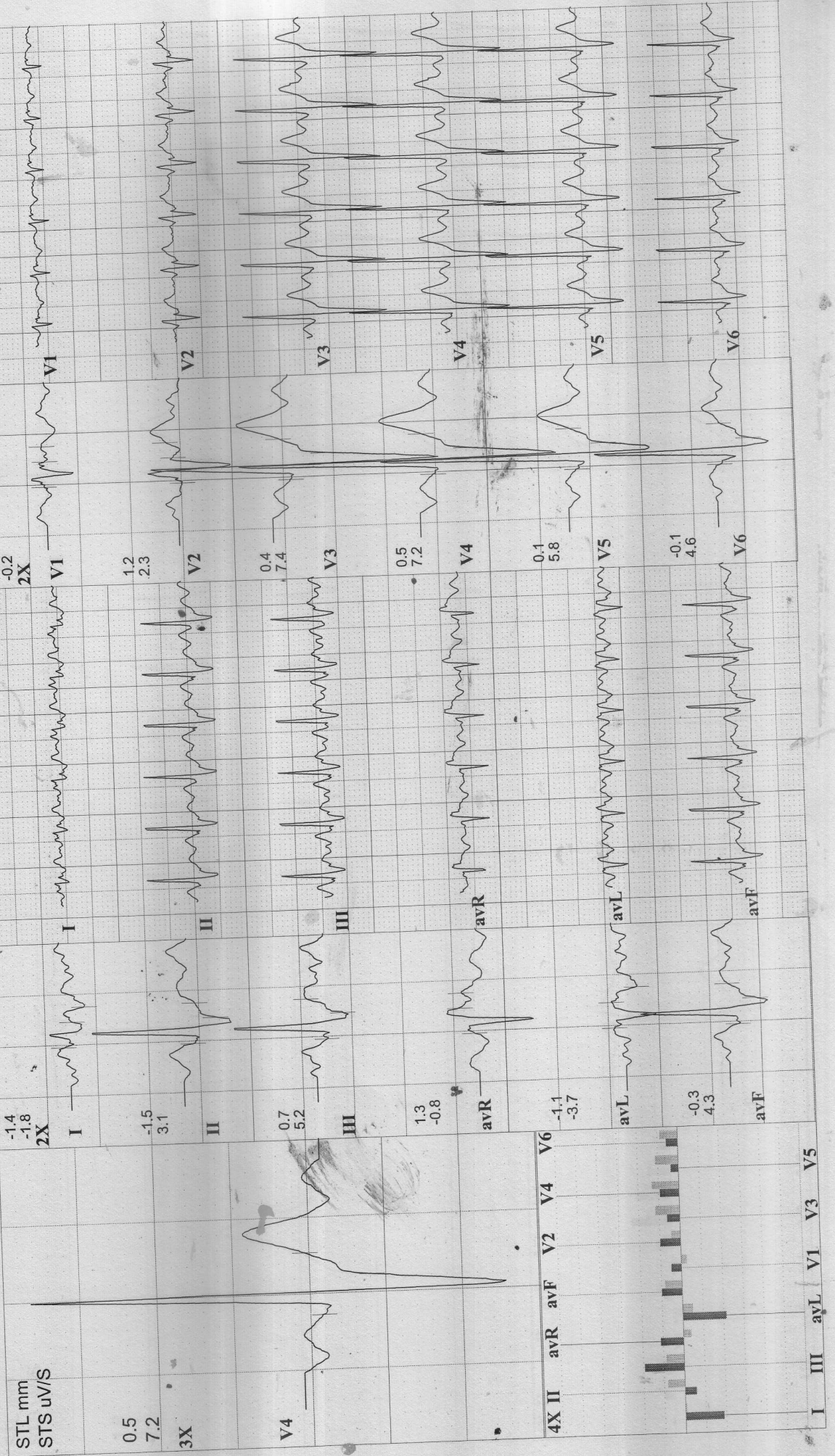
MANISH BHARDWAJ

77 Kg / Ht-172 cms

Ref.No.:

Date: 12-03-2022 Time: 01:41 PM

Post J: 60 ms



26

26 Yrs/ M

Date: 12-03-2022

Post J: 60 ms



# PAN HEALTH

SCO 56 SEC 47 CHD

Linked Medians  
Post Ex 1

10 mm/mV  
25 mm/S  
Median Sweep: 25 mm/S

Gain: Sweep: Median Sweep: 25 mm/S

Filter: 0.1 - 100 Hz  
BLC: On  
NotchOn

Speed: --- mph  
Grade: --- %  
Protocol: Bruce

Hr: 107  
Met/s: 1  
BP: 164/111 mmHg  
Curr Time: 12:25

Target Hr: 57 % of 187  
Ex Time: 10:03

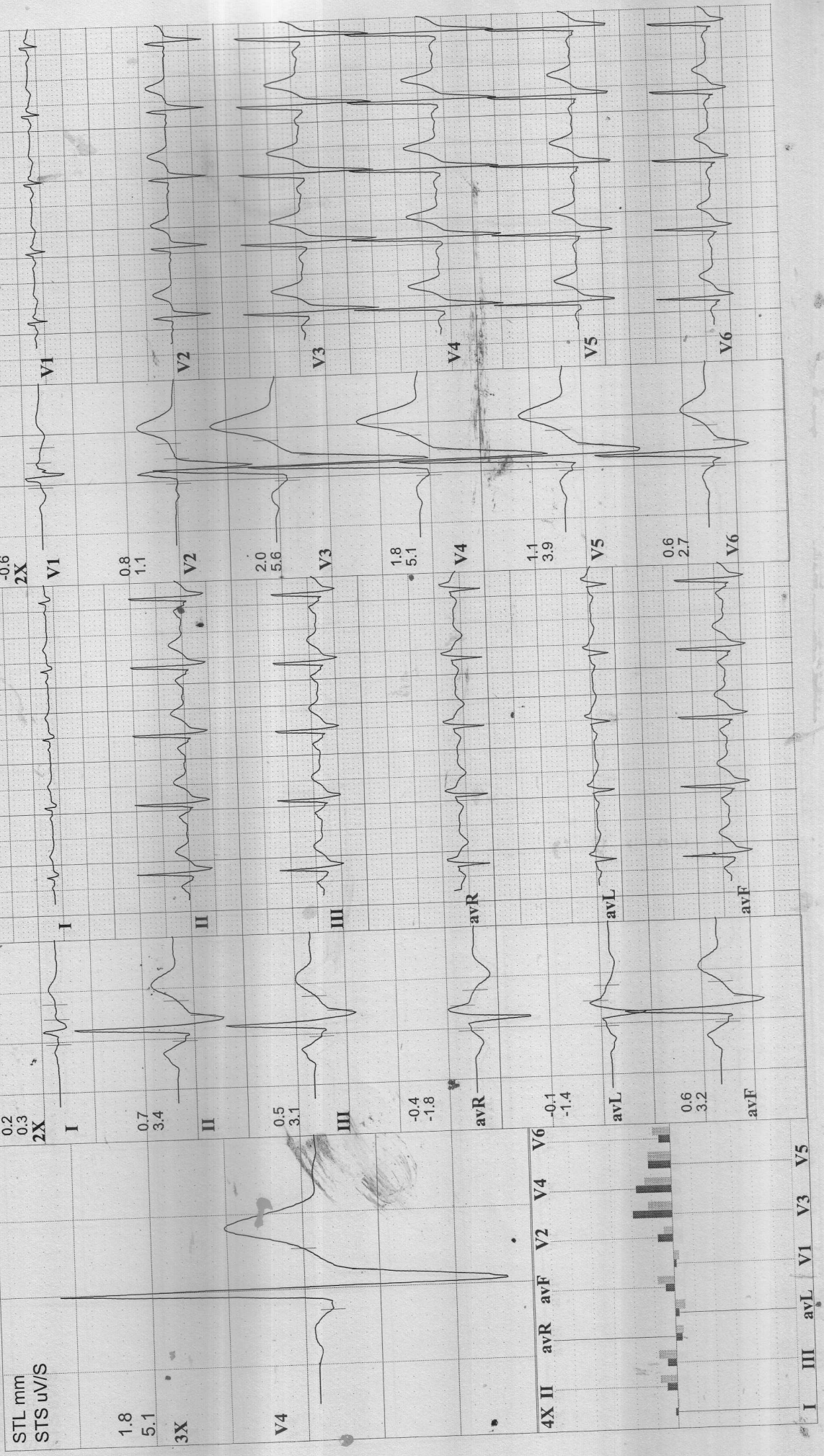


MANISH BHARDWAJ

26 Yrs/ M 77 Kg / Ht-172 cms Ref.No.:

Date: 12-03-2022 Time: 01:41 PM

Post J: 60 mS





# PAN HEALTH

SCO 56 SEC 47 CHD

Linked Medians  
Post Ex 2

10 mm/mV  
25 mm/S  
Median Sweep: 25 mm/S

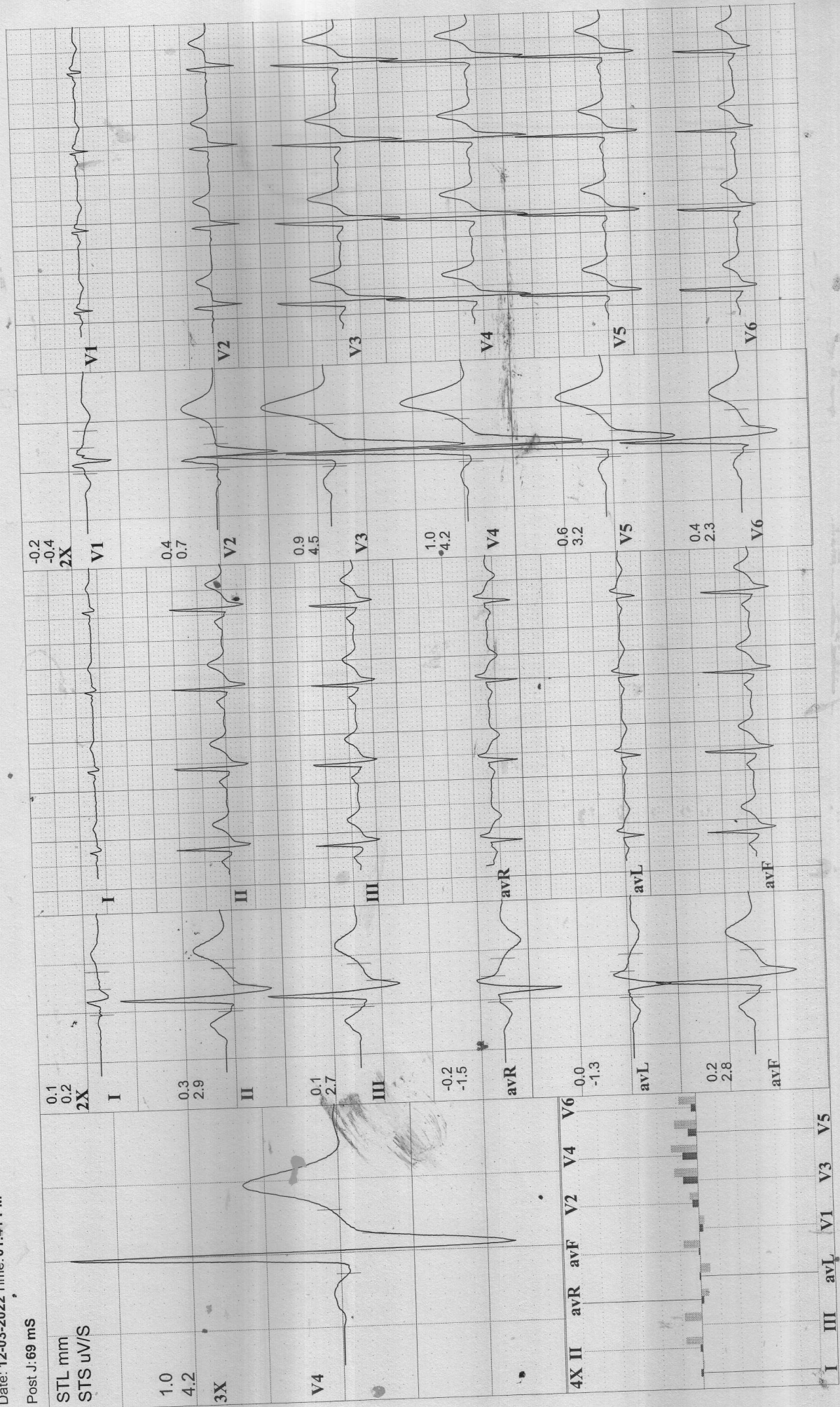
Filter: 0.1 - 100 Hz  
Gain: 10 mm/mV  
Sweep: 25 mm/S  
BLC: On  
Notch: On

Target Hr: 51 % of 187  
Ex Time: 10:03  
Curr Time: 13:25

Speed: --- mph  
Grade: --- %  
Protocol: Bruce  
Hr: 96  
Mets: 1  
BP: 151/107 mmHg

26 Yrs/ M  
Date: 12-03-2022 Time: 01:41 PM  
Post: J: 69 ms

MANISH BHARDWAJ  
77 Kg / Ht-172 cms  
Ref.No.:





# PAN HEALTH

SCO 56 SEC 47 CHD

Linked Medians  
Post Ex 3

Speed: --- mph  
Grade: --- %  
Protocol: Bruce

Target Hr: 47 % of 187  
Ex Time: 10:03  
Curr Time: 13:55

10 mm/mV  
25 mm/s  
Median Sweep: 25 mm/s

26 Yrs/M  
Date: 12-03-2022 Time: 01:41 PM  
Post J: 73 mS

MAHISH BHARDWAJ

77 Kg / Ht-172 cms Ref.No.:

BP: 138/97 mmHg

Post J: 73 mS

