NAME	Vikas VASHIST	STUDY DATE	09-03-2023 09:27:38
AGE / SEX	030Yrs / M	HOSPITAL NO.	MH010833606
REFERRING DEPT	OPD	MODALITY/Procedure	CR /Xray chest PA (CXR)
		Description	
REPORTED ON	09-03-2023 17:30:59	REFERRED BY	Dr. Health Check MHD

X-RAY CHEST - PA VIEW

Findings:

Visualised lung fields are clear.

Cardiac silhouette is unremarkable.

Bilateral hila, CP angles and hemidiaphragm are normal.

Bony cage is unremarkable.

Kindly correlate clinically



Dr.Simran Singh DNB, FRCR(UK), DMC Reg. no. 36404 Consultant Radiologist

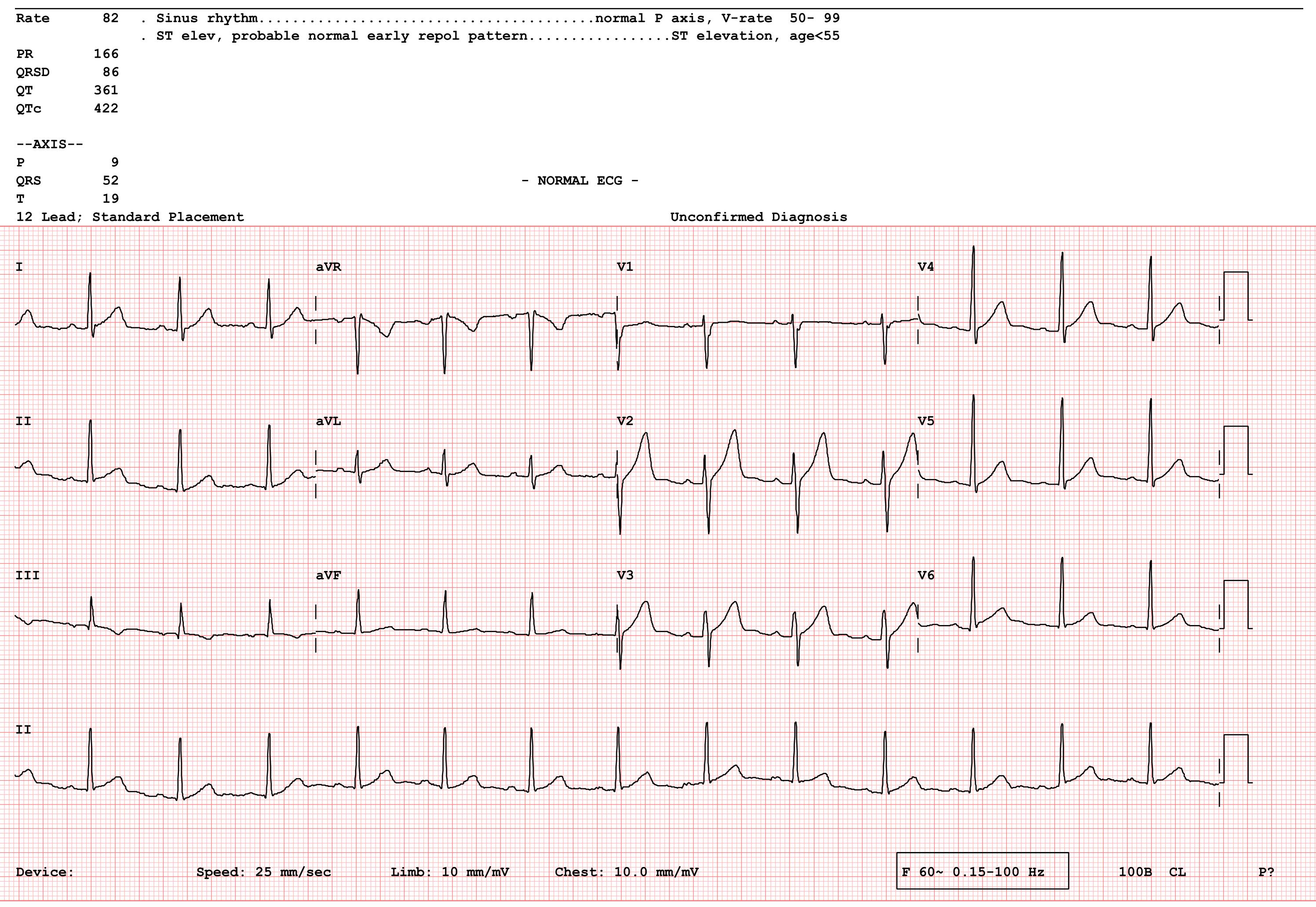
NAME	Vikas VASHIST	STUDY DATE	09-03-2023 09:27:38
AGE / SEX	030Yrs / M	HOSPITAL NO.	MH010833606
REFERRING DEPT	OPD	MODALITY/Procedure	CR /Xray chest PA (CXR)
		Description	
REPORTED ON	09-03-2023 17:30:59	REFERRED BY	Dr. Health Check MHD

010833606

30 Years

MR VIKAS VASHIST

Male



Registered Office : Sector-6, Dwarka, New Delhi- 110075

Name	: MR VIKAS VASHIST	Age : 30 Yr(s) Sex :Ma	le
Registration No	: MH010833606	Lab No : 31230300382	
Patient Episode	: H03000052751	Collection Date : 09 Mar 2023 08:5	59
Referred By Receiving Date	: HEALTH CHECK MHD : 09 Mar 2023 09:44	Reporting Date : 09 Mar 2023 11:5	55

Department of Transfusion Medicine (Blood Bank)

BLOOD GROUPING, RH TYPING & ANTIBODY SCREEN (TYPE & SCREEN) Specimen-Blood

Blood Group & Rh Typing (Agglutinaton by gel/tube technique)

O Rh(D) Positive Blood Group & Rh typing

Antibody Screening (Microtyping in gel cards using reagent red cells) Cell Panel I NEGATIVE Cell Panel II NEGATIVE Cell Panel III NEGATIVE Autocontrol NEGATIVE

Final Antibody Screen Result

Negative

Technical Note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique. Antibody screening is done using a 3 cell panel of reagent red cells coated with Rh, Kell, Duffy, Kidd, Lewis, P, MNS, Lutheran and Xg antigens using gel technique.

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Dr Himanshu Lamba





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Registered Office : Sector-6, Dwarka, New Delhi- 110075

Name	: MR VIKAS VASHIST		Age	: $30 \operatorname{Yr}(s) \operatorname{Sex} : \operatorname{Male}$
Registration No	: MH010833606		Lab No	: 32230303003
Patient Episode	: H03000052751		Collection Date	e: 09 Mar 2023 08:59
Referred By Receiving Date	: HEALTH CHECK MHD : 09 Mar 2023 09:13		Reporting Date	e: 09 Mar 2023 11:13
	• • • • • • • • • • • • • • • • • • • •			
		BIOCHEMIST	'RY	
Glycosylated Hem	oglobin		Specimen: EDTA Wh	ole blood
HbAlc (Glycosyla	ted Hemoglobin)	5.7	90	-
Methodology	(HPLC)			
Estimated Avera	ge Glucose (eAG)	117	mg/dl	
	provides an index of ave weeks and is a much bette			
Specimen Type :	Serum			
THYROID PROFILE,	Serum			
T3 - Triiodothyr T4 - Thyroxine (Thyroid Stimulat		1.21 7.55 1.880	micg/dl	[0.70-2.04] [4.60-12.00] 0.340-4.250]

Note : TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm.Factors such as change of seasons hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

* References ranges recommended by the American Thyroid Association

- 1) Thyroid. 2011 Oct;21(10):1081-125.PMID .21787128
- 2) http://www.thyroid-info.com/articles/tsh-fluctuating.html











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Name	: MR VIKAS VASHIST	Age :	30 Yr(s) Sex :Male
Registration No	: MH010833606	Lab No :	32230303003
Patient Episode	: H03000052751	Collection Date :	09 Mar 2023 08:59
Referred By Receiving Date	: HEALTH CHECK MHD: 09 Mar 2023 09:12	Reporting Date :	09 Mar 2023 11:14

BIOCHEMISTRY

Test Name	Result	Unit	Biological Ref. Interval
Lipid Profile (Serum) TOTAL CHOLESTEROL (CHOD/POD)	215 #	mg/dl	[<200]
			Moderate risk:200-239 High risk:>240
TRIGLYCERIDES (GPO/POD)	131	mg/dl	[<150] Borderline high:151-199 High: 200 - 499 Very high:>500
HDL - CHOLESTEROL (Direct)	53	mg/dl	[30-60]
VLDL - Cholesterol (Calculated)	26	mg/dl	[10-40]
LDL- CHOLESTEROL	136 #	mg/dl	[<100]
		-	Near/Above optimal-100-129 Borderline High:130-159 High Risk:160-189
T.Chol/HDL.Chol ratio	4.1		<4.0 Optimal 4.0-5.0 Borderline >6 High Risk
LDL.CHOL/HDL.CHOL Ratio	2.6		<3 Optimal 3-4 Borderline >6 High Risk

Note:

Reference ranges based on ATP III Classifications. Recommended to do fasting Lipid Profile after a minimum of 8 hours of overnight fasting.

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Registered Office : Sector-6, Dwarka, New Delhi- 110075

Name	: MR VIKAS VASHIST	Age :	30 Yr(s) Sex :Male
Registration No	: MH010833606	Lab No :	32230303003
Patient Episode	: H03000052751	Collection Date :	09 Mar 2023 08:59
Referred By Receiving Date	: HEALTH CHECK MHD : 09 Mar 2023 09:12	Reporting Date :	09 Mar 2023 11:14

BIOCHEMISTRY

Test Name	Result	Unit	Biological Ref. Interval
LIVER FUNCTION TEST (Serum)			
BILIRUBIN-TOTAL (mod.J Groff)**	0.39	mg/dl	[0.10-1.20]
BILIRUBIN - DIRECT (mod.J Groff)	0.15	mg/dl	[<0.2]
BILIRUBIN - INDIRECT (mod.J Groff)	0.24	mg/dl	[0.20-1.00]
SGOT/ AST (P5P, IFCC)	38.00 #	IU/L	[5.00-37.00]
SGPT/ ALT (P5P,IFCC)	82.00 #	IU/L	[10.00-50.00]
ALP (p-NPP,kinetic)*	119	IU/L	[45-135]
TOTAL PROTEIN (mod.Biuret)	8.4 #	g/dl	[6.0-8.2]
SERUM ALBUMIN (BCG-dye)	5.0	g/dl	[3.5-5.0]
SERUM GLOBULIN (Calculated)	3.4	g/dl	[1.8-3.4]
ALB/GLOB (A/G) Ratio	1.47		[1.10-1.80]

Note:

**NEW BORN:Vary according to age (days), body wt & gestation of baby *New born: 4 times the adult value

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Name	: MR VIKAS VASHIST	Age : 3	30 Yr(s) Sex :Male
Registration No	: MH010833606	Lab No : 3	32230303003
Patient Episode	: H03000052751	Collection Date : 0	09 Mar 2023 08:59
Referred By Receiving Date	: HEALTH CHECK MHD: 09 Mar 2023 09:12	Reporting Date : 0	09 Mar 2023 11:13

BIOCHEMISTRY

Test Name	Result	Unit E	Biological Ref. Interval
KIDNEY PROFILE (Serum)			
BUN (Urease/GLDH)	11.00	mg/dl	[8.00-23.00]
SERUM CREATININE (mod.Jaffe)	1.08	mg/dl	[0.80-1.60]
SERUM URIC ACID (mod.Uricase)	7.2	mg/dl	[3.5-7.2]
SERUM CALCIUM (NM-BAPTA)	10.1 #	mg/dl	[8.6-10.0]
SERUM PHOSPHORUS (Molybdate, UV)	3.7	mg/dl	[2.3-4.7]
SERUM SODIUM (ISE)	135.0	mmol/l	[134.0-145.0]
SERUM POTASSIUM (ISE)	4.24	mmol/l	[3.50-5.20]
SERUM CHLORIDE (ISE / IMT)	98.9	mmol/l	[95.0-105.0]
eGFR	91.6	ml/min/1.73sc	I.m [>60.0]
The share is a large state of the state of t			

Technical Note

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.g. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis / Icterus / Lipemia.

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Neefam Singe

Dr. Neelam Singal CONSULTANT BIOCHEMISTRY





-----END OF REPORT----

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Name	: MR VIKAS VASHIST	Age :	30 Yr(s) Sex :Male
Registration No	: MH010833606	Lab No :	32230303004
Patient Episode	: H03000052751	Collection Date :	09 Mar 2023 08:59
Referred By Receiving Date	: HEALTH CHECK MHD: 09 Mar 2023 09:12	Reporting Date :	09 Mar 2023 11:32

BIOCHEMISTRY

Specimen Type : Serum/Plasma						
Plasma GLUCOSE-Fasting (Hexokinase)		96	mg/dl	[70-100]		
,	END OF	REPORT-			Page 6	of 10
		KEI ONI		1 Quil		
				Neelan Engal		

Dr. Neelam Singal CONSULTANT BIOCHEMISTRY





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Name	: MR VIKAS VASHIST	Age :	30 Yr(s) Sex :Male
Registration No	: MH010833606	Lab No :	33230301806
Patient Episode	: H03000052751	Collection Date :	09 Mar 2023 08:59
Referred By Receiving Date	: HEALTH CHECK MHD: 09 Mar 2023 09:13	Reporting Date :	09 Mar 2023 12:21

HAEMATOLOGY

ERYTHROCYTE SEDIMENTATION RATE (Automated) Specimen-Whole Blood

ESR	10.0	/1sthour

Interpretation :

Erythrocyte sedimentation rate (ESR) is a non-specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants (e.g. pyogenic infections, inflammation and malignancies). The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week postpartum.

ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives).

It is especially low (0 -1mm) in polycythemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

Test Name	Result	Unit Bio	ological Ref. Interval
COMPLETE BLOOD COUNT (EDTA Blood)			
WBC Count (Flow cytometry)	10570 #	/cu.mm	[4000-10000]
RBC Count (Impedence)	4.94	million/cu.mm	[4.50-5.50]
Haemoglobin (SLS Method)	14.1	g/dL	[13.0-17.0]
Haematocrit (PCV)	43.7	00	[40.0-50.0]
(RBC Pulse Height Detector Method)			
MCV (Calculated)	88.5	fL	[83.0-101.0]
MCH (Calculated)	28.5	pg	[25.0-32.0]
MCHC (Calculated)	32.3	g/dL	[31.5-34.5]
Platelet Count (Impedence)	217000	/cu.mm	[150000-410000]
RDW-CV (Calculated)	13.2	0	[11.6-14.0]
DIFFERENTIAL COUNT			
Neutrophils (Flowcytometry)	71.5	0	[40.0-80.0]
Lymphocytes (Flowcytometry)	16.8 #	00	[20.0-40.0]



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[0.0-10.0]



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Name	: MR VIKAS VASHIST	Age :	30 Yr(s) Sex :Male
Registration No	: MH010833606	Lab No :	33230301806
Patient Episode	: H03000052751	Collection Date :	09 Mar 2023 08:59
Referred By Receiving Date	: HEALTH CHECK MHD : 09 Mar 2023 09:13	Reporting Date :	09 Mar 2023 10:21

HAEMATOLOGY

Monocytes (Flowcytometry)	7.4	90		[2.0-10.0]
Eosinophils (Flowcytometry)	3.9	90		[1.0-6.0]
Basophils (Flowcytometry)	0.4 #	8		[1.0-2.0]
IG	0.10	90		
Neutrophil Absolute(Flouroscence f	low cytometry)	7.6 #	/cu mm	[2.0-7.0] x 10 ³
Lymphocyte Absolute(Flouroscence f	low cytometry)	1.8	/cu mm	[1.0-3.0]x10 ³
Monocyte Absolute(Flouroscence flo	ow cytometry)	0.8	/cu mm	[0.2-1.2]x10 ³
Eosinophil Absolute(Flouroscence f	low cytometry)	0.4	/cu mm	[0.0-0.5]x10 ³
Basophil Absolute(Flouroscence flo	ow cytometry)	0.0	/cu mm	[0.0-0.1]x10 ³

Complete Blood Count is used to evaluate wide range of health disorders, including anemia, infection, and leukemia. Abnormal increase or decrease in cell counts as revealed may indicate that an underlying medical condition that calls for further evaluation.

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-----END OF REPORT-----

Dr.Lakshita singh





H-2019-0640/09/06/2019-08/06/2022 MC/3228/04/09/2019-03/09/2021



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Name	:	MR VIKAS VASHIST	Age	:	30 Yr(s) Sex :Male
Registration No	:	MH010833606	Lab No	:	38230300529
Patient Episode	:	H03000052751	Collection Dat	e:	09 Mar 2023 08:59
Referred By Receiving Date	:	HEALTH CHECK MHD 09 Mar 2023 10:20	Reporting Dat	te :	09 Mar 2023 12:26

CLINICAL PATHOLOGY

Test Name	Result	Biological Ref. Interval
ROUTINE URINE ANALYSIS		
MACROSCOPIC DESCRIPTION		
Colour (Visual)	PALE YELLOW	(Pale Yellow - Yellow)
Appearance (Visual)	CLEAR	
CHEMICAL EXAMINATION		
Reaction[pH]	6.5	(5.0-9.0)
(Reflectancephotometry(Indicator Meth	od))	
Specific Gravity	1.005	(1.003-1.035)
(Reflectancephotometry(Indicator Meth	od))	
Bilirubin	Negative	NEGATIVE
Protein/Albumin	Negative	(NEGATIVE-TRACE)
(Reflectance photometry(Indicator Met)	hod)/Manual SSA)	
Glucose	NOT DETECTED	(NEGATIVE)
(Reflectance photometry (GOD-POD/Bene	dict Method))	
Ketone Bodies	NOT DETECTED	(NEGATIVE)
(Reflectance photometry(Legal's Test)	/Manual Rotheras)	
Urobilinogen	NORMAL	(NORMAL)
Reflactance photometry/Diazonium salt	reaction	
Nitrite	NEGATIVE	NEGATIVE
Reflactance photometry/Griess test		
Leukocytes	NIL	NEGATIVE
Reflactance photometry/Action of Este	rase	
BLOOD	NIL	NEGATIVE
(Reflectance photometry(peroxidase))		
MICROSCOPIC EXAMINATION (Manual) M	ethod: Light microscopy on	centrifuged urine
WBC/Pus Cells	0-1 /hpf	(4-6)
Red Blood Cells	NIL	(1-2)
Epithelial Cells	1-2 /hpf	(2-4)
Casts	NIL	(NIL)
Crystals	NIL	(NIL)
Bacteria	NIL	
Yeast cells	NIL	
Interpretation:		
· · · · · · · · · · · · · · · · · · ·		



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Name	:	MR VIKAS VASHIST	Age	:	30 Yr(s) Sex :Male
Registration No	:	MH010833606	Lab No	:	38230300529
Patient Episode	:	H03000052751	Collection Dat	e :	09 Mar 2023 08:59
Referred By Receiving Date	: :	HEALTH CHECK MHD 09 Mar 2023 10:20	Reporting Dat	e :	09 Mar 2023 12:26

CLINICAL PATHOLOGY

URINALYSIS-Routine urine analysis assists in screening and diagnosis of various metabolic , urological, kidney and liver disorders

Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urina tract infections and acute illness with fever

Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine.

Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine.

Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise. Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.

Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys Most Common cause is bacterial urinary tract infection.

Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration duri infection increases with length of time the urine specimen is retained in bladder prior to collection.

pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/alkalosis or ingestion of certain type of food can affect the pH of urine.

Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased Specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decrease Specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus. Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine.

bilirubin gets excreted in urine.

Urobilinogen: Positive results are seen in liver diseases like hepatitis and cirrhosis and in case of hemolytic anemia.

-----END OF REPORT------

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		I	Dr.Lakshita singh	
				LIGD Store
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Name:	VIKAS VASH	IST		Hospital No:	MH010833606	
Age: 30	Sex:	М		Episode No:	H03000052751	
Doctor:	Health Check	MHD		Result Date:	09 Mar 2023 13:27	
Order:	Tread Mill Tes					
Oldel.	rieau Milli res					
			(
		EST REPORT	<u>(IMI)</u>			
Findings Baseline E			SR			
Premedica		Ni				
Tremedioc			1			
Protocol		Bruce		MPHR		190
Duration o	f exercise	11 Minutes	20 sec	85% OF M	PHR	161
Reason fo	r termination	THR achieve	d	METS		13.40
Peak achie	eved	164		%of MPHR	achieved	86 %
Stage	Time	Heart rate	BP (mmHg)	ECG/ST/T	changes/arrhythmia	Symptoms
Jidge	TIME	(bpm)	Bi (ining)	EGG(SI/I	changes/annythina,) Symptoms
Control	0.00	98	110/80	No ST-T ch	langes seen	Nil
Stage 1	3.00	118	120/80	No ST-T ch	langes seen	Nil
Stage II	3.00	137	130/80	No ST-T ch	langes seen	Nil
Stage III	3.00	151	140/80	No ST-T ch	langes seen	Nil
Stage IV	2.20	164	150/80	No ST-T ch	langes seen	Nil
Recovery	3.00	111	140/80	No ST-T ch	langes seen	Nil
Result:						
 Norma 	al heart rate a	and BP respon	se			

- Normal heart rate and BP response
- No significant ST-T changes were seen during exercise or recovery period.
- No symptomatic of angina/ chest pain during the test
- No significant arrhythmia during the test

FINAL IMPRESSION.

- Exercise stress test is **Negative** for reversible myocardial lschemia.
- Excellent effort tolerance.

Name:VIKAS VASHISTAge:30Sex:MDoctor:Health Check MHDOrder:Tread Mill Test

Hospital No: Episode No: Result Date:

MH010833606 H03000052751 09 Mar 2023 13:27

DR. SAMANJOY MUKHERJEE MD, DM CONSULTANT CARDIOLOGIST DR. (MAJ) J S KHATRI MBBS, PGDCC, FNIC SPECIALIST (NON-INVASIVE CARDIOLOGY)

> Dr Samanjoy Mukherjee ASSOCIATE CONSULTANT

NAME	Vikas VASHIST	STUDY DATE	09-03-2023 09:27:34
AGE / SEX	030Yrs / M	HOSPITAL NO.	MH010833606
REFERRING DEPT	OPD	MODALITY/Procedure	US /Ultrasound abdomen n pelvis
REPORTED ON	09-03-2023 14:09:56	REFERRED BY	Dr. Health Check MHD

USG WHOLE ABDOMEN

Findings:

Liver is enlarged in size (~16.2 cm) and shows grade I/ II fatty changes. No focal intra-hepatic lesion is detected. Intra-hepatic biliary radicals are not dilated. Portal vein is normal in calibre.

Gall bladder appears echofree with normal wall thickness. Common bile duct is normal in calibre.

Pancreas is normal in size and echopattern. Spleen is normal in size (~10.1 cm) and echopattern.

Both kidneys are normal in position, size and outline. Cortico-medullary differentiation of both kidneys is maintained. Central sinus echoes are compact. No focal lesion or calculus seen. Bilateral pelvicalyceal systems are not dilated.

Urinary bladder is normal in wall thickness with clear contents. No significant intra or extraluminal mass is seen.

Prostate is normal in shape and echopattern. It measures ~17.3 cc in volume.

No significant free fluid is detected.

IMPRESSION:

• Hepatomegaly with grade I/II fatty infiltration.

Kindly correlate clinically.

Dr. Abhinav Pratap Singh DNB DMC Reg No. 58170 Associate Consultant, Dept. of Radiology & Imaging

NAME	Vikas VASHIST	STUDY DATE	09-03-2023 09:27:34
AGE / SEX	030Yrs / M	HOSPITAL NO.	MH010833606
REFERRING DEPT	OPD	MODALITY/Procedure	US /Ultrasound abdomen n pelvis
REPORTED ON	09-03-2023 14:09:56	REFERRED BY	Dr. Health Check MHD