

Name : Mrs. ANTARA BASU (30 /F)

Date : 11/03/2022

Address : C-18/1, AMARABATI SODEPUR, PS-KHARDAHA, KOLKATA, KOLKATA, WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001621509

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH143711



CHIEF COMPLAINTS

For corporate health checkup
C/O Left knee pain - on medication.
C/O Dyspepsia - on occasional medication PRN.
PRESENT KNOWN ILLNESS:-
H/O Hypothyroidism x 2 years - on medication.

No H/O HTN/DM/TB/Asthma/Heart Disease.



DRUG ALLERGY

Nil :14/03/2022



SYSTEMIC REVIEW

Cardiovascular system

Nil significant.

Respiratory system

H/O Allergic rhinitis - on occasional antiallergy medication.

Gastrointestinal system

APPETITE - Normal, FLATULENCE AND
DYSPEPSIA - Present occasional / on medication
PRN, BOWEL HABITS – Constipation.

Genitourinary system

FREQUENCY – Normal.

Gynaec history

P1+0, LSCS, LCB - 2019, LMP - 12th February,
Cycle - Regular.

Central nervous system

MEMORY & CONCENTRATION – Normal, SLEEP
– Normal.

Eyes

VISION - Corrected with myopic glasses (irregular use).

ENT

HEARING – Normal.

Musculoskeletal system

Both knee pain.

Skin

Nil significant.

Weight

Lost 3 kgs in 2 years.



Present medications

Tab. Thyronorm (25 mcg) daily. Tab. Ecod plus - 1 cap daily.



Past medical history

Past medical history - nil significant



Surgical history

Lower segment caesarean section - 2019.



Personal history

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Marital status - Married
No. of children - 1
Diet - Mixed Diet
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Active

Organomegaly - No
Tenderness - No
Scars - Operative scar present.

Family history

Father - has expired
Mother - alive
Brothers - 1
Sisters - 1
Hypertension - father,mother
Coronary artery disease - father
Cancer - None
CVA - aunt

Central nervous system

No neurological deficit

Skin

No significant finding

Musculo Skeletal System

Extremities - No significant finding
Spine - No significant finding.

PHYSICAL EXAMINATION

General

Build - over weight
Height (in cms) - 159
Weight (in Kgs) - 65
BMI - 25.71
Pallor - no
Oedema - no

Cardiovascular system

Heart rate(Per minute) - 76
Rhythm - Normal
Systolic(mm of Hg) - 120
Diastolic(mm of Hg) - 80
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Appearance - Protruded.

Printed By : AVIJIT DAS

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COMPLETE HAEMOGRAM PROFILE

| Test Name | Result | Unit | Level | Range |
|--|------------------------------|----------------|-------|------------|
| Hemoglobin | 11.5 * | g/dl | ● | 12.0-15.0 |
| RBC COUNT | 4.36 | Million/ ul | ● | 3.8-4.8 |
| Hematocrit - Hct: | 34.2 * | % | ● | 36-46 |
| MCV | 78.5 * | fl | ● | 83-101 |
| MCH | 26.4 * | pg | ● | 27-32 |
| MCHC | 33.6 | % | ● | 31.5-34.5 |
| RDW | 15.6 * | % | ● | 11.8-14.0 |
| WBC Count | 5600 | /cu mm | ● | 4000-10000 |
| Platelet Count | 1.75 | lacs/cu mm | ● | 1.5-4.0 |
| Neutrophils | 56 | % | ● | 40-80 |
| Lymphocytes | 34 | % | ● | 20-40 |
| Monocytes | 05 | % | ● | 2-10 |
| Eosinophils | 05 | % | ● | 01-06 |
| Basophils | 00 | % | ● | 0-0 |
| RBC: | Microcytic Hypochromic RBCs. | | | |
| Platelets: | Adequate on the smear | | | |
| ERYTHROCYTE SEDIMENTATION RATE (ESR) | 24 * | mm/1st hr | ● | 0-20 |

URINE ROUTINE AND MICROSCOPY

| Test Name | Result | Unit | Level | Range |
|------------------|----------------|------|-------|-------|
| Volume: | 30 | mL | | |
| Colour: | Pale Straw | | | |
| Appearance | Clear | | | |
| Specific Gravity | 1.005 | | | |
| pH: | 6.0 | | | |
| Albumin: | Not Detected | | | |
| Glucose | Not Detected | | | |
| Ketone: | Not Detected | | | |
| Bile Pigments | Not Detected | | | |
| RBC | Nil | /hpf | | |
| Pus Cells | Occasional/hpf | | | |

| | |
|------------------|--|
| Epithelial Cells | 1-3 |
| Casts: | Not Found |
| Crystals: | Not Found |
| Note | Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf. |

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|------|-------|-------|
| URINE GLUCOSE(POST PRANDIAL) | Nil | | | |

URINE SUGAR- FASTING(QUALITATIVE)

| Test Name | Result | Unit | Level | Range |
|---------------------------|--------|------|-------|-------|
| URINE GLUCOSE(FASTING) | Nil | | | |

BLOOD GROUPING AND TYPING (ABO AND RH)

| Test Name | Result | Unit | Level | Range |
|--------------|----------|------|-------|-------|
| ABO Group: | B | | | |
| Rh (D) Type: | POSITIVE | | | |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------------------|--------|-------|-------|---------|
| ALT(SGPT) - SERUM | 21 | U/L | ● | 10-40 |
| ALBUMIN - SERUM | 4.6 | g/dL | ● | 3.5-5.1 |
| ALKALINE PHOSPHATASE - SERUM | 70 | U/L | ● | 42-98 |
| AST (SGOT) - SERUM | 21 | U/L | ● | 10-42 |
| BILIRUBIN TOTAL - SERUM | 1.6 * | mg/dL | ● | 0.0-1.0 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|------------------------|--------|-------|-------|-------|
| CHOLESTEROL - SERUM | 162 | mg/dL | ● | 0-200 |

CREATININE - SERUM

| Test Name | Result | Unit | Level | Range |
|--------------------|--------|-------|-------|---------|
| CREATININE - SERUM | 0.7 | mg/dL | ● | 0.6-1.1 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-----------|--------|------|-------|-------|
|-----------|--------|------|-------|-------|

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| | | | | |
|--|----|-----|---|------|
| GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM | 31 | U/L | ● | 7-64 |
|--|----|-----|---|------|

| | | | | |
|---|-----|-------|---|----------|
| TOTAL T3: TRI IODOTHYRONINE - SERUM | 1.0 | ng/ml | ● | 0.8-2 |
| TOTAL T4: THYROXINE - SERUM | 9.2 | µg/dL | ● | 5.1-14.1 |

GLUCOSE - PLASMA (FASTING)

| Test Name | Result | Unit | Level | Range |
|-------------------------------|--------|-------|-------|-------|
| GLUCOSE - PLASMA (FASTING) | 92 | mg/dL | ● | 70-99 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|--------------------------|--------|-------|-------|-------|
| TRIGLYCERIDES - SERUM | 102 | mg/dL | ● | 0-150 |

GLUCOSE - PLASMA (POST PRANDIAL)

| Test Name | Result | Unit | Level | Range |
|-------------------------------------|--------|-------|-------|--------|
| GLUCOSE - PLASMA (POST PRANDIAL) | 101 | mg/dL | ● | 70-140 |

THYROID PROFILE - I(T3,T4 AND TSH)

| Test Name | Result | Unit | Level | Range |
|--|--------|--------|-------|-------------|
| TSH: THYROID STIMULATING HORMONE - SERUM | 6.5 * | µIU/mL | ● | 0.270-4.200 |

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

| Test Name | Result | Unit | Level | Range |
|--|--------|------|-------|--|
| HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHO LE BLOOD | 5.0 | % | ● | Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Theraputic goal : <7% |

URIC ACID - SERUM

| Test Name | Result | Unit | Level | Range |
|-------------------|--------|-------|-------|---------|
| URIC ACID - SERUM | 4.4 | mg/dL | ● | 2.6-6.0 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|---|--------|-------|-------|---------|
| BILIRUBIN CONJUGATED (DIRECT) - SERUM | 0.5 * | mg/dL | ● | 0.0-0.2 |

LIPID PROFILE TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|--|--------|-------|-------|-------|
| HDL CHOLESTEROL - SERUM | 38 | mg/dL | ● | 30-70 |
| LDL CHOLESTEROL -SERUM | 115 * | mg/dL | ● | 0-100 |
| VLDL CHOLESTEROL - SERUM (Calculated) | 9 | mg/dL | ● | 0-35 |

BUN (BLOOD UREA NITROGEN)

| Test Name | Result | Unit | Level | Range |
|------------------------------|--------|-------|-------|----------|
| BUN (BLOOD UREA NITROGEN) | 7.0 | mg/dL | ● | 7.0-18.0 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|-------------|--------|------|-------|---------|
| A/G - RATIO | 1.3 | | ● | 1.0-2.0 |

LIVER FUNCTION TEST (PACKAGE)

| Test Name | Result | Unit | Level | Range |
|--------------------------------------|--------|------|-------|---------|
| PROTEIN TOTAL - SERUM | 8.1 | g/dL | ● | 6.4-8.3 |
| GLOBULIN: (CALCULATED) - SERUM | 3.5 | g/dL | ● | 1.8-3.6 |

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Fatty changes in liver.

* Bulky uterus.

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

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INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT
PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

Histopathology

PAP SMEAR /CERVICAL SMEAR

CARDIOLOGY

TREADMILL TEST / STRESS TEST

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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