

Name : Ms. BINDYA BISWAS (27 /F)

Date : 22/07/2022

Address : NARENDRAPUR, OTHER, OTHER, OTHER, INDIA

Examined by:

UHID : AMHL.0001989963

Package : MEDI WHEEL FULL BODY HCK - FEMALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH152826



## CHIEF COMPLAINTS

For corporate health checkup  
C/O Allergic rhinitis.

## PRESENT KNOWN ILLNESS

### Present known illness

No history of : - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease  
Asthma : Medication - inhalers



## DRUG ALLERGY

NO KNOWN ALLERGY

:25/07/2022



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

Sneezing - yes; Exacerbated by - allergens; Cough - yes; Exacerbated by - allergens; Dyspnoea - yes; Wheezing - yes; - H/O Asthma.

### Gastrointestinal system

- Appetite - Poor.; Dyspepsia - yes; Symptoms - flatulence; Bowel habits - regular

### Genitourinary system

Frequency - normal

### Gynaec history

Last menstrual period - 6/7/22; Periods - regular; No of deliveries - P0+0

### Central nervous system

- Nil Significant

### Eyes

- Vision - Distant decreased.

### ENT

- Normal hearing

### Skin

- Nil Significant

### Weight

- stable



### Present medications

- Formoflo Inhaler 250 - 1 puff twice daily.



### Past medical history

Past medical history - nil significant



### Surgical history

Surgical history - Nil



### Personal history

Marital status - Married

Diet - Mixed Diet

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Alcohol - does not consume alcohol  
Smoking - No  
Chews tobacco - No  
Physical activity - Mild

### Family history

Father - has expired  
Aged - At 45 years  
- liver disease.  
Mother - alive  
Aged - 45 years  
Brothers - 1  
Coronary artery disease - none  
Cancer - None  
Asthma - mother, brother  
Thyroid/other endocrine disorder - mother  
Allergy - mother, brother

Breath sounds - Normal vesicular breath sounds

### Abdomen

Appearance - Normal  
Organomegaly - No  
Tenderness - No  
Bowel sounds - Present.

### Central nervous system

- No neurological deficit

### Skin

- No significant finding

### Musculo Skeletal System

- No significant finding

## PHYSICAL EXAMINATION

### General

Build - Healthy.  
Height - 157 Cm  
Weight - 53 Kg  
BMI - 21.5  
Pallor - No  
Oedema - no

### Cardiovascular system

Heart rate (Per minute) - 80  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 114  
Diastolic(mm of Hg) - 75  
Heart sounds - S1S2+

### Respiratory system

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	12.5	g/dl	●	12.0-15.0
RBC COUNT	4.48	Million/ul	●	3.8-4.8
Hematocrit - Hct:	38.6	%	●	36-46
MCV	86.3	fl	●	83-101
MCH	27.8	pg	●	27-32
MCHC	32.2	%	●	31.5-34.5
RDW	13.4	%	●	11.8-14.0
WBC Count	10000	/cu mm	●	4000-10000
Neutrophils	41	%	●	40-80
Lymphocytes	39	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	15 *	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
WBC:	Eosinophilia noted			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	23 *	mm/1st hr	●	0-20

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Turbid			
Specific Gravity	1.010			
pH:	7.0			
Albumin:	Trace			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Occasional/hpf			
Pus Cells	10-15	/hpf		

Epithelial Cells	15-20
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.
NOTE : -	Urine protein rechecked and confirmed by sulphosalicylic acid test

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**BLOOD GROUPING AND TYPING (ABO AND RH)**

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	15	U/L	●	10-40
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	66	U/L	●	42-98
AST (SGOT) - SERUM	26	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.5	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	199	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
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CREATININE - SERUM 0.8 mg/dL ● 0.6-1.1

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	11	U/L	●	7-64

**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	83	mg/dL	●	70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	65 *	mg/dL	●	70-140

**HBA1C (GLYCOSYLATED**

**HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.5	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	43	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	128 *	mg/dL	●	0-100
VLDL CHOLESTEROL - SERUM (Calculated)	28	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.9	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.4	g/dL	●	1.8-3.6

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	8.1	µg/dL	●	5.1-14.1

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	197 *	mg/dL	●	0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	2.3	µIU/mL	●	0.270-4.200

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.0	mg/dL	●	2.6-6.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	7.9	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.3:1.0			1.0-2.0

**ECG**

SINUS RHYTHM WITH SHORT PR.

**TREADMILL TEST / STRESS TEST**

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

\* No significant abnormality is seen.

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#### X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

#### Haematology

STOOL ROUTINE

#### Histopathology

PAP SMEAR /CERVICAL SMEAR

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**Other Lifestyle Changes & Recommendations :-**

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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