

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MR. RAI SHUBHANKER
EC NO.	170455
DESIGNATION	DIGI CHAMP
PLACE OF WORK	SULTANPUR, PAYAGIPUR
BIRTHDATE	18-11-1988
PROPOSED DATE OF HEALTH CHECKUP	26-03-2023
BOOKING REFERENCE NO.	22M170455100053176E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **25-03-2023** till **31-03-2023**. The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))


Dr. Pawan Kumar Singh
M.B.B.S., DNB (Medicine)
UPMCI-61330
Director & Consultant Physician
JFK Clinic & Diagnostics
(A Unit of JFK Hospitals & Trauma Centre P.A. Ltd.)



नाम
Name : SHUBHANKER RAI
कर्मचारी कूट.क्र.
E. C. No. : 170455



Shubh

जारीकर्ता अधिकारी, उ.शे.प्र., बे.का., करनाल
Issuing Authority DRM, RO, Karnal

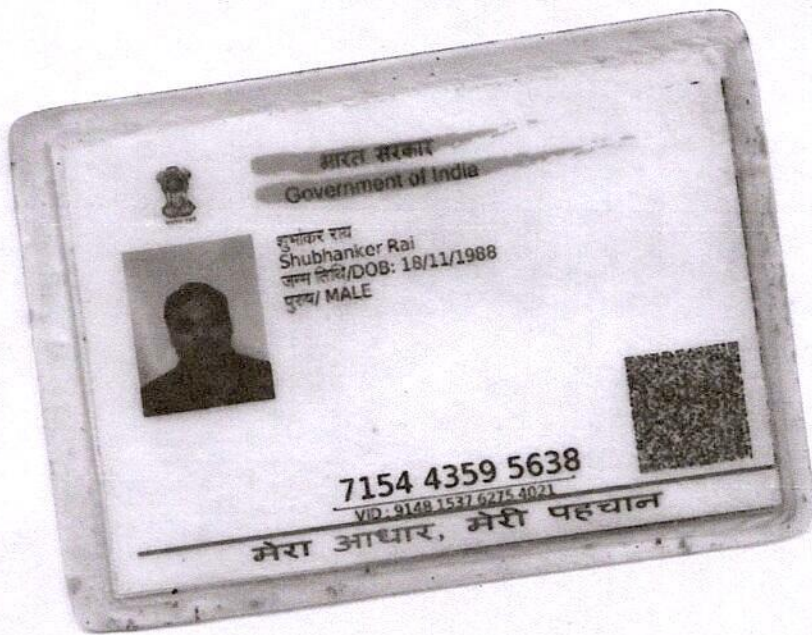


Shubhanker

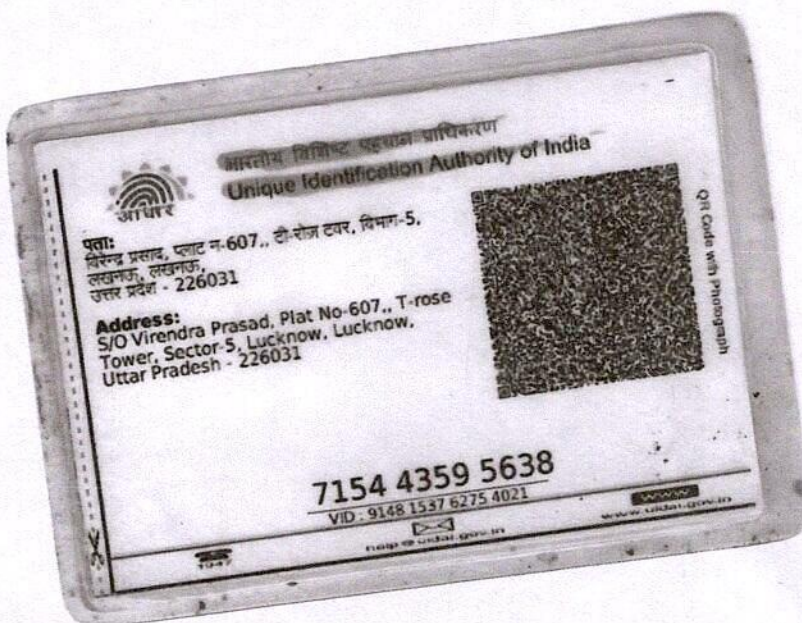
हस्ताक्षर
Signature Holder

Shubh

Dr. Pawan Kumar Singh
M.B.B.S., DNB (Medicine)
UPMCI-61350
Director & Consultant Physician
JPK Clinic & Diagnostics
(A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)



Subhan



Dr. Pawan Kumar Singh
M.B.B.S., DNB (Medicine)
UPMCI-61030
Director & Consultant Physician
JFK Clinic & Diagnostics
(A Unit of JFK Hospitals & Trauma Centre Pvt. Ltd.)

MR SHUBANKER PD

14.04.2023 9:50:34
JPK CLINIC AND DIAGNOSTICS
NORMAL COMPOUND SUPER MARKET
SULTANPUR

Location:
Room:
Order Number:
Indication:
Medication 1:
Medication 2:
Medication 3:

Normal sinus rhythm with sinus arrhythmia
Normal ECG

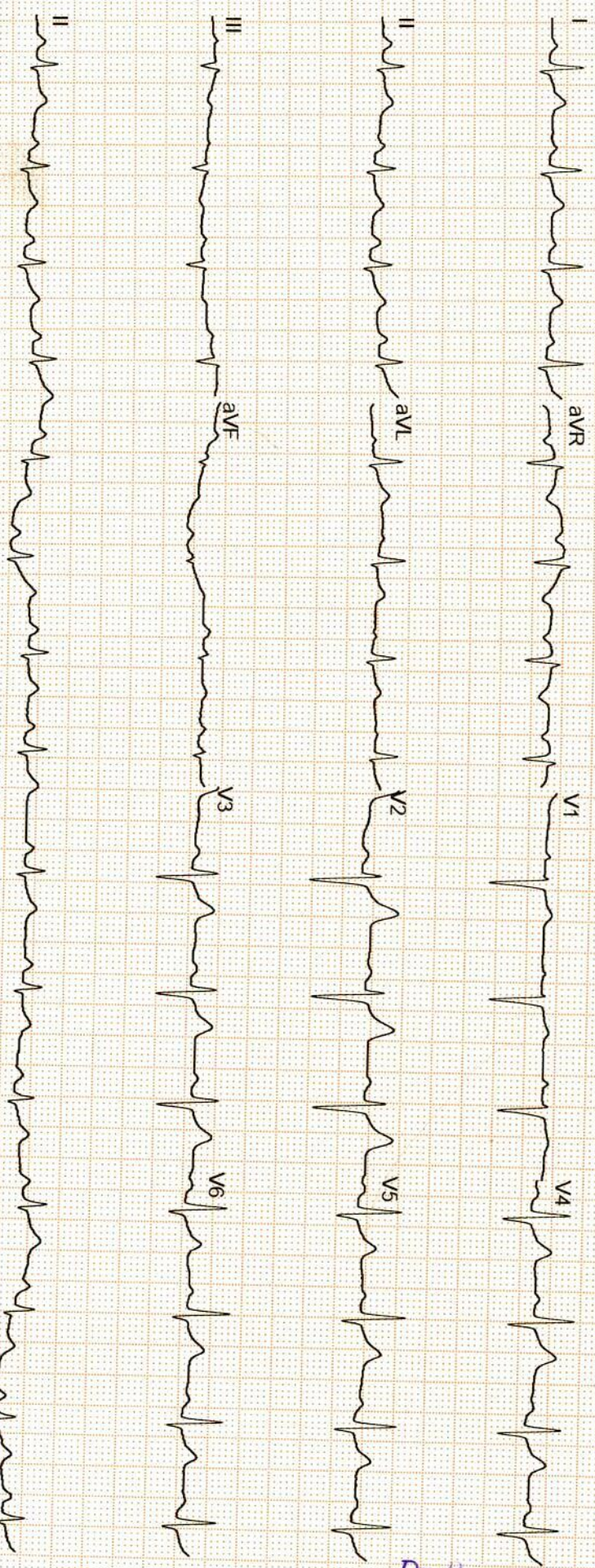
QRS : 80 ms
QT / QTcBaz : 354 / 430 ms
PR : 160 ms
P : 98 ms
RR / PP : 676 / 674 ms
P / QRS / T : 47 / 3 / 22 degrees

Technician:
Ordering Ph: DR. J. P. SINGH
Referring Ph:
Attending Ph:

Shubank

mmHg

Dr. Pawan Singh
M.B.B.S., D.I.B (Medicine)
UPMCI-61330
Director & Consultant Physician
JPK Clinic & Diagnostics



GE MAC2000 1 1 12SL™ V241 25 mm/s 10 mm/mV ADS 0.56-20 Hz 50 Hz 4X2.5X3 25 R1 1/1

Unconfirmed



सर्वे सन्तु निरामया

राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 19,335
 Patient Name : Mr. SHUBHANKER RAI
 Age (Y-M-D) : 35 - 0 - 0
 Sex : Male
 Referred By : Dr. J.P Singh MD.



Bill No. / Day Sr.-: 14-Apr-23 12
 Receiving Date : 14-Apr-23 12
 Reporting Date :

ULTRASONOGRAPHIC FINDINGS OF WHOLE ABDOMEN MALE.

LIVER	: Liver is normal in size and echogenicity . No focal or diffuse mass lesion seen.No IHBD dilatation seen.
GALL BLADDER	: Gall bladder is normal in distension & shows echofree lumen. Wall thickness is within normal limit. No obvious GB calculus / sludgeness noted.
PV/CBD	: Portal vein and CBD are normal in their course and calibre.
PANCREAS	: Pancreas is normal in size, contous & echotexture.
SPLEEN.	: Spleen is normal in size mm and echogenicity. No focal or diffuse mass lesion seen.
KIDNEYS	: Both kidneys are normal in size, contour and echopattern. Cortico medullary differentiation is normally preserved. No calculus or mass lesion is seen.No hydronephrosis is seen.
URETER	: B/L ureters are normally visualized.
U.BLADDER	: Urinary Bladder is normal in wall thickness with evidence of anechoic lumen. No calculi or mass lesion seen.
PROSTATE	: Prostate is normal in size,shape & echo-texture. No mass lesion is seen .
POST VOID	: Not done.
BOWEL	: Gaseous Bowel loops are normal in calibre & wall thickness.No dilated loops are seen.No ascitis or fluid collection seen in abdominal cavity. No obvious lymphadenopathy noted.
IMPRESSION	: NORMAL FINDINGS

Dr. Pawan Kumar Singh
 M.B.B.S., DNB (Medicine)
 UPMCI-61338
 Director & Consultant Physician
 JPK Clinic & Diagnostics
 (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

Dr. Amit Kumar
 M.B.B.S. MS
 Reg.No-29176
 Dr. Amit Kumar
 (Sonologist.)



Timings : 8.30 AM to 7.30 PM, Sunday, 9.00 AM to 2.00 PM.

This is Profession opinion clinicians are requested to correlate pathological finding with clinical feature.
 If there is any doubt please repeat test free of cost.

{NOT FOR MEDICO LEGAL PURPOSE}



सर्वे सन्तु निरामया

राज डायग्नोस्टिक एण्ड मेडीकेयर

डिजिटल एक्सरे, पैथॉलाजी, अल्ट्रासाउण्ड

ठाकुर प्रसाद काम्प्लेक्स, निकट NY माल, गल्ला मण्डी मोड़, जिला अस्पताल रोड-सुलतानपुर

Report No : 19,353
 Patient Name : Mr. SHUBHANKER RAI
 Age (Y-M-D) : 35 - 0 - 0
 Sex : Male
 Referred By : Dr. J.P Singh MD.



Bill No. / Day Sr.: 4/14/2023 12
 Receiving Date : 4/14/2023 12
 Reporting Date :

X-RAY CHEST P.A.

TRACHEA- : Trachea is central,
 CARDIAC SHADOW- : The cardiac size and silhouette is normal.
 ANGLES- : Both costophrenic angles are clear.
 PARRENCHYMA- : Both lung fields are clear & have normal volume bronchovascular pattern.
 C / T RATIO- : Normal
 MEDIASTINUM- : no mediastinal shift is seen.
 DOME OF DIAPHRAGM- : Both domes of the diaphragm are normal in position, outline & curvature.
 IMPRESSION- : NORMAL FINDING

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{ NOT FOR MEDICO LEGAL PURPOSE }



Patient ID : 044805
 Name : Mr. SHUBHANKER RAI
 Age/Gender : 34Y/M
 Date/Time : 14-04-2023/18:04
 Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

INVESTIGATION	RESULT	REFERENCE RANGE
BIO-CHEMISTRY		
LRN-011202		
Lipid Profile		
Total Cholesterol	164.2 mg/dl	Desirable < 200 mg/dL Borderline 200-239 mg/dL High > 240 mg/dL
Triglycerides	125.4 mg/dL	Normal < 150 mg/dL Borderline High 150-199 mg/dL High 200-499 mg/dL Very high > 500 mg/dL
HDL	56.9 mg/dL	Low < 40 mg/dL Normal 40 -60 mg/dL High > 60 mg/dL
LDL	88.7 mg/dL	Optimal <100 mg/dL Near Optimal 100-129 mg/dL Borderline high 130-159 mg/dL High 160-189 mg/dL Very high >190 mg/dL
VLDL	25.0 mg/dL	15-30 mg/dL Desirable < 20 mg/dL Borderline High 21-39 mg/dL High > 40 mg/dL
TC/HDL Ratio	2.8	(Less than 5.0)
LDL/HDL	1.5	UPTO 3.5

Sample Collection Time 14 Apr 2023 / 18:04
 Result Approval Time 15 Apr 2023 / 16:05

LRN-011201	Post Prandial Blood Glucose	
Post Prandial Blood Glucose	105.0 mg/dL	90 - 140 mg/dL

Sample Collection Time 14 Apr 2023 / 18:04
 Result Approval Time 15 Apr 2023 / 15:59

LRN-011203	HbA1C	
Glycosylated Haemoglobin	4.5 %	4-6% - NON-DIABETIC 6-7% - GOOD CONTROL

Rakesh

Dr. Pawan Kumar Singh
 M.B.B.S., D.M.B (Medicine)
 UPMCI-61330
 Director & Consultant Physician
 JPK Clinic & Diagnostics
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Dr. SHIWANGI
 MBBS, DCP. (DNB)
 Consultant Pathologist
 JPK Clinic & Diagnostics
 (A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

Rakesh Sharma
 Lab Technician

This is an Electronically Generated Report. This report is based on the specimens received. The report may need to be correlated clinically as laboratory

Facilities Available

- ECG
- PFT
- Endoscopy
- Hematology
- Biochemistry
- Microbiology
- FNAC
- Histopathology
- Sample Collection from Home & Online Delivery of Reports
- ABP
- TMT
- Echocardiography
- Ultrasound



Patient ID : 044805
 Name : Mr. SHUBHANKER RAI
 Age/Gender : 34Y/M
 Date/Time : 14-04-2023/18:04
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
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		7-8% - FAIR CONTROL >8% - ACTION SUGGESTED
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Sample Collection Time 14 Apr 2023 / 18:04
 Result Approval Time 15 Apr 2023 / 16:00

LRN-011201	Uric Acid	
Uric Acid	5.1 mg/dL	Male 4.0-8.5 mg/dL Female: 2.7-7.3 mg/dL


Sample Collection Time 14 Apr 2023 / 18:04
 Result Approval Time 15 Apr 2023 / 16:00

LRN-011202	Liver Function Test (LFT)	
Bilirubin Total	0.25 mg/dL	10.0 - 14.0 mg/dL 3-5 Days (Premature) 4.0 - 8.0 mg/dL 3-5 Days (Full Term)
Bilirubin Direct	0.15 mg/dL	0.0 - 1.0 mg/dL (Adult) 0.0 - 0.2 mg/dL
Bilirubin Indirect	0.10 mg/dL	0.0 - 0.8 mg/dL
SGOT	32.0 U/L	upto 40 U/L (Males) upto 32 U/L (Females)
SGPT	28.5 U/L	upto 41 U/L (Males) upto 33 U/L (Females)
Alkaline Phosphatase	88.6 U/L	UPTO 125 U/L
Total Protein	6.87 g/dL	6.0 - 8.0 g/dL
Albumin	4.36 g/dL	3.5 - 5.2 g/dL
Globulin	2.51 g/dL	1.5 - 3.0 g/dL
A/G	2.7	1 - 2

Sample Collection Time 14 Apr 2023 / 18:04
 Result Approval Time 15 Apr 2023 / 16:05

LRN-011201	Gamma Glutamyl transferase (GGT)	
GGT	21.4 U/L	5-36 U/L (Female) 8-61 U/L (Male)

Sample Collection Time 14 Apr 2023 / 18:04

 Rakesh Sharma Lab Technician	 Dr. Pawan Kumar Singh M.B.B.S., DNB (Medicine) UPMCI-01330 Director & Consultant Physician JPK Clinic & Diagnostics (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)	 Dr. SHWANGI MBBS, DCP. (DNB) Consultant Pathologist JPK Clinic & Diagnostics (A Unit of JPK Hospitals & Trauma Center Pvt. Ltd.)
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JPK CLINIC & DIAGNOSTICS

(A unit of JPK Hospitals & Trauma Center Pvt. Ltd.)

An ISO 9001:2015 Certified Center

Super Market, Sultanpur -228 001 (U.P.)

Ph. : 05362-241192, 9196008963

www.jpkhospitals.com



Patient ID : 044805
Name : Mr. SHUBHANKER RAI
Age/Gender : 34Y/M
Date/Time : 14-04-2023/18:04
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

Result Approval Time 15 Apr 2023 / 16:00

LRN-011201
PSA TOTAL
PSA Total
0.24 ng/mL
<4.00 ng/mL

Sample Collection Time 14 Apr 2023 / 18:04
Result Approval Time 15 Apr 2023 / 16:00

LRN-011201
Fasting Blood Sugar
Fasting blood sugar
98.0 mg/dL
70-110 mg/dl

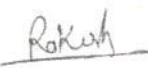
Sample Collection Time 14 Apr 2023 / 18:04
Result Approval Time 15 Apr 2023 / 15:59

LRN-011202
Blood Urea Nitrogen (BUN)
Blood Urea Nitrogen (BUN)
11.0 mg/dL
5-18 mg/dL Infant/Child
6-20 mg/dL Adult
8-23 mg/dL Adult >60Yr

Sample Collection Time 14 Apr 2023 / 18:04
Result Approval Time 15 Apr 2023 / 16:00

LRN-011201
Serum Creatinine
Serum Creatinine
1.0 mg/dL
Male 0.9-1.3 mg/dL
Female 0.6-1.1 mg/dL

Sample Collection Time 14 Apr 2023 / 18:04
Result Approval Time 15 Apr 2023 / 16:00


Rakesh Sharma
Lab Technician


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M.B.B.S., DNB (Medicine)
UPMCI-61330
Director & Consultant Physician
JPK Clinic & Diagnostics
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Consultant Pathologist
JPK Clinic & Diagnostics
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ECG PFT Endoscopy Hematology Biochemistry Microbiology FNAC Histopathology

Sample Collection from Home & Online Delivery of Reports ABP TMT Echocardiography Ultrasound

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Patient ID : 044805
 Name : Mr. SHUBHANKER RAI
 Age/Gender : 34Y/M
 Date/Time : 14-04-2023/18:04
 Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

INVESTIGATION	RESULT	REFERENCE RANGE
HAEMATOLOGY		
LRN-011199	Erythrocyte sedimentation Rate (ESR)	
Erythrocyte sedimentation Rate (ESR)	11 mm/hr	Male : 0 - 10 mm/hr Female : 0 - 20 mm/hr
Sample Collection Time 14 Apr 2023 / 18:04 Result Approval Time 15 Apr 2023 / 15:57		
LRN-011200	Blood grouping and Rh typing	
Blood Group	B	
RH Typing	POSITIVE (+)	
Sample Collection Time 14 Apr 2023 / 18:04 Result Approval Time 15 Apr 2023 / 15:59		
LRN-011198	Complete Blood Count	
Haemoglobin	13.8 g/dL	13-18g/dL(>15yr Adult Male) 12-15g/dL(>15yrAdult Female)
WBC Count	4700	4000-11,000/cumm
Differential Count		
Neutrophils	52 %	40-75 %
Lymphocytes	35 %	20-45 %
Eosinophils	06 %	01-08 %
Monocytes	07 %	02-10 %
Basophils	00 %	00-01 %
RBC Count	3.87 million/cumm	4.5-6.0 million/cumm (Male) 4.0-5.5 million/cumm (Female)
PCV	39.0 %	40-54 % (>15yr Adult Male) 34-48 % (>15yr Adult Female)
MCV	100.8 fl	75-95 fl
MCH	35.7 pg	26-32 pg
MCHC	35.4 %	30-35%
Platelet Count	204000 cells/cumm	150000 - 400000 cells/cumm
Mean Platelet Volume(MPV)	8.6 fL	7.5-11.5 fL
RDW-CV	15.1 %	11-16 %

Rakesh

Rakesh Sharma
Lab Technician

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 M.B.B.S., DNB (Medicine)
 UPMCI-61330
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Dr. SHIWANGI
 MBBS, DCP. (DNB)
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 JPK Clinic & Diagnostics
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• ECG • PFT • Endoscopy • Hematology • Biochemistry • Microbiology • FNAC • Histopathology
 • Sample Collection from Home & Online Delivery of Reports • ABP • TMT • Echocardiography • Ultrasound



Patient ID : 044805
Name : Mr. SHUBHANKER RAI
Age/Gender : 34Y/M
Date/Time : 14-04-2023/18:04
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

RDW-SD 59.0 % 35-56 %

Sample Collection Time 14 Apr 2023 / 18:04
Result Approval Time 15 Apr 2023 / 15:58

Rakesh

Rakesh Sharma
Lab Technician

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M.B.B.S., DNB (Medicine)
UPMCI-61330
Director & Consultant Physician
JPK Clinic & Diagnostics
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- Facilities Available**
- ECG
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Patient ID : 044805
Name : Mr. SHUBHANKER RAI
Age/Gender : 34Y/M
Date/Time : 14-04-2023/18:04
Referred By : SELF

INVESTIGATION

RESULT

REFERENCE RANGE

LRN-011204

Clinical Pathology

URINE - ROUTINE/MICROSCOPY

PHYSICAL EXAMINATION

Quantity in ml 20 ML
Urine Color PALE YELLOW
Reaction ACIDIC

CHEMICAL EXAMINATION

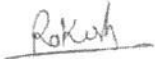
Leukocytes NEGATIVE
Nitrite NEGATIVE
Urobilinogen NEGATIVE
pH 6.0
Blood NEGATIVE
Sp.Gravity 1.025
Ketone NEGATIVE
Bilirubin NEGATIVE
Glucose NEGATIVE
Protein NEGATIVE

MICROSCOPIC EXAMINATION

Epithelial Cells 1-2/HIGH POWER FIELD
RBC NIL
Pus Cells 2-3/HIGH POWER FIELD
Casts NOT SEEN
Crystals NOT SEEN

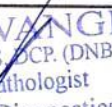
Sample Collection Time 14 Apr 2023 / 18:04

Result Approval Time 15 Apr 2023 / 16:02



Rakesh Sharma
Lab Technician


Dr. Pawan Kumar Singh
M.B.B.S., DNB (Medicine)
UPMCI-61330
Director & Consultant Physician
JPK Clinic & Diagnostics
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ECG PFT Endoscopy Hematology Biochemistry Microbiology FNAC Histopathology
Sample Collection from Home & Online Delivery of Reports ABP TMT Echocardiography Ultrasound



Patient ID : 044805
 Name : Mr. SHUBHANKER RAI
 Age/Gender : 34Y/M
 Date/Time : 14-04-2023/18:04
 Referred By : SELF

INVESTIGATION	RESULT	REFERENCE RANGE
CHEMILUMINESCENCE IMMUNOASSAY		
Thyroid Function Test (T3, T4, TSH)		
LRN-011205		
T3	1.14 ng/mL	0.69-2.15
T4	87.5 ng/mL	52-127
TSH	5.11 μIU/mL	21 weeks- 20 years: 0.7-6.4 μ IU/mL 21-54 years: 0.4 - 4.2 μ IU/mL 55- 87 years: 0.5 – 8.9 μ IU/mL Pregnancy: 1st Trimester: 0.24 – 2.99 μ IU/mL 2nd Trimester: 0.46 – 2.95 μ IU/mL 3rd Trimester: 0.43 – 2.78 μ IU/mL

Sample Collection Time 14 Apr 2023 / 18:04
 Result Approval Time 15 Apr 2023 / 16:01

----- End of Report -----

Rakesh
 Rakesh Sharma
 Lab Technician

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JPK HOSPITAL AND TRAUMA CENTER

SHUBHANKER RAI / 34 Yrs / M / 165 Cms / 77 Kg / HR : 121

BRUCE: Supine(0:09)

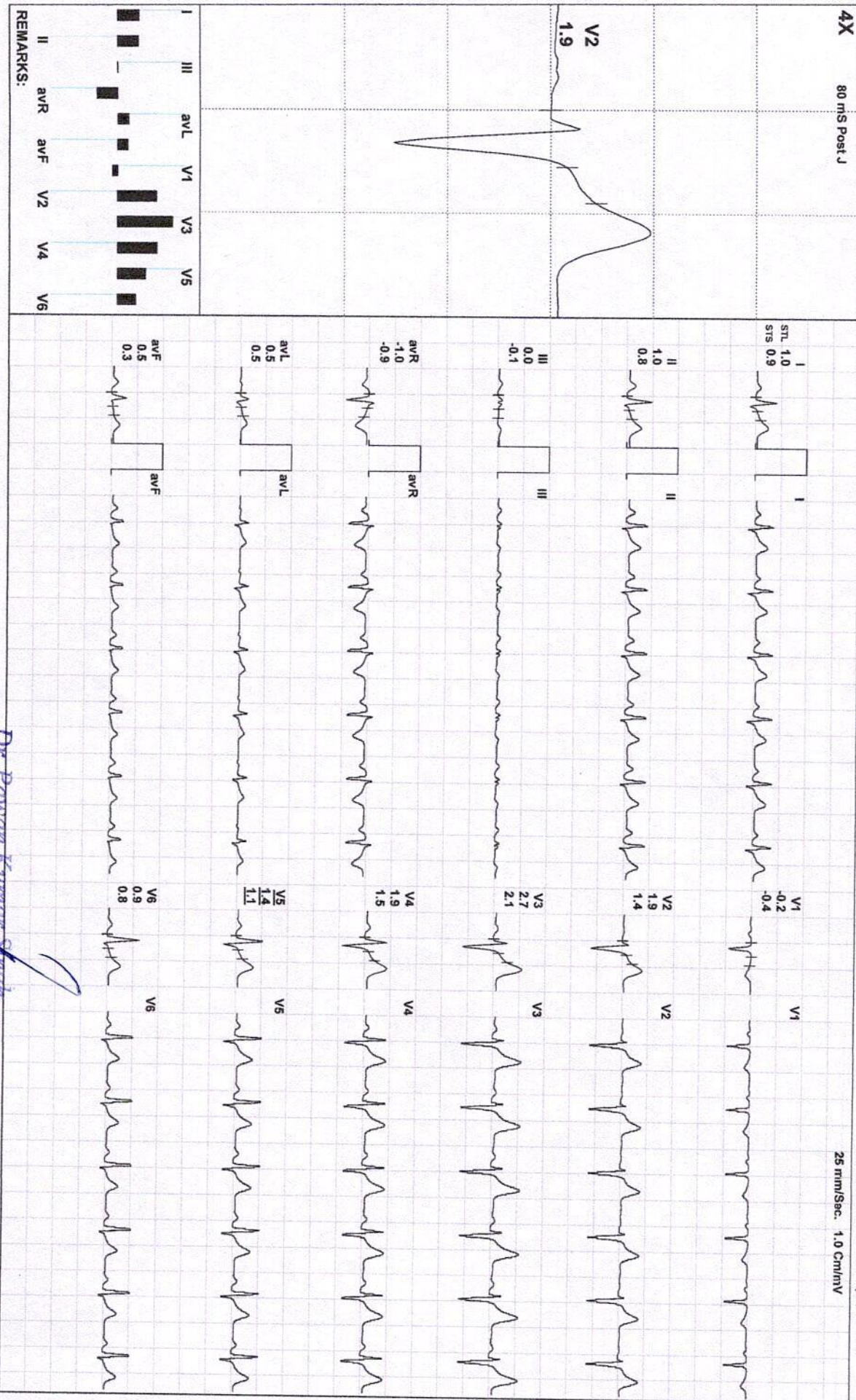


Date: 14 / 04 / 2023 09:58:54 AM METS: 1.0/ 121 bpm 65% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%

4X 80 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

Dr. Pawan Kumar Singh
 M.S.B.S., DNB (Medicine)
 UPMCI-61330
 Director & Consultant Physician
 JPK Clinic & Diagnostics
 JPK Hospital & Trauma Centre P-1, (1st)

(ADX_GEM217220330)(R)/Allengers

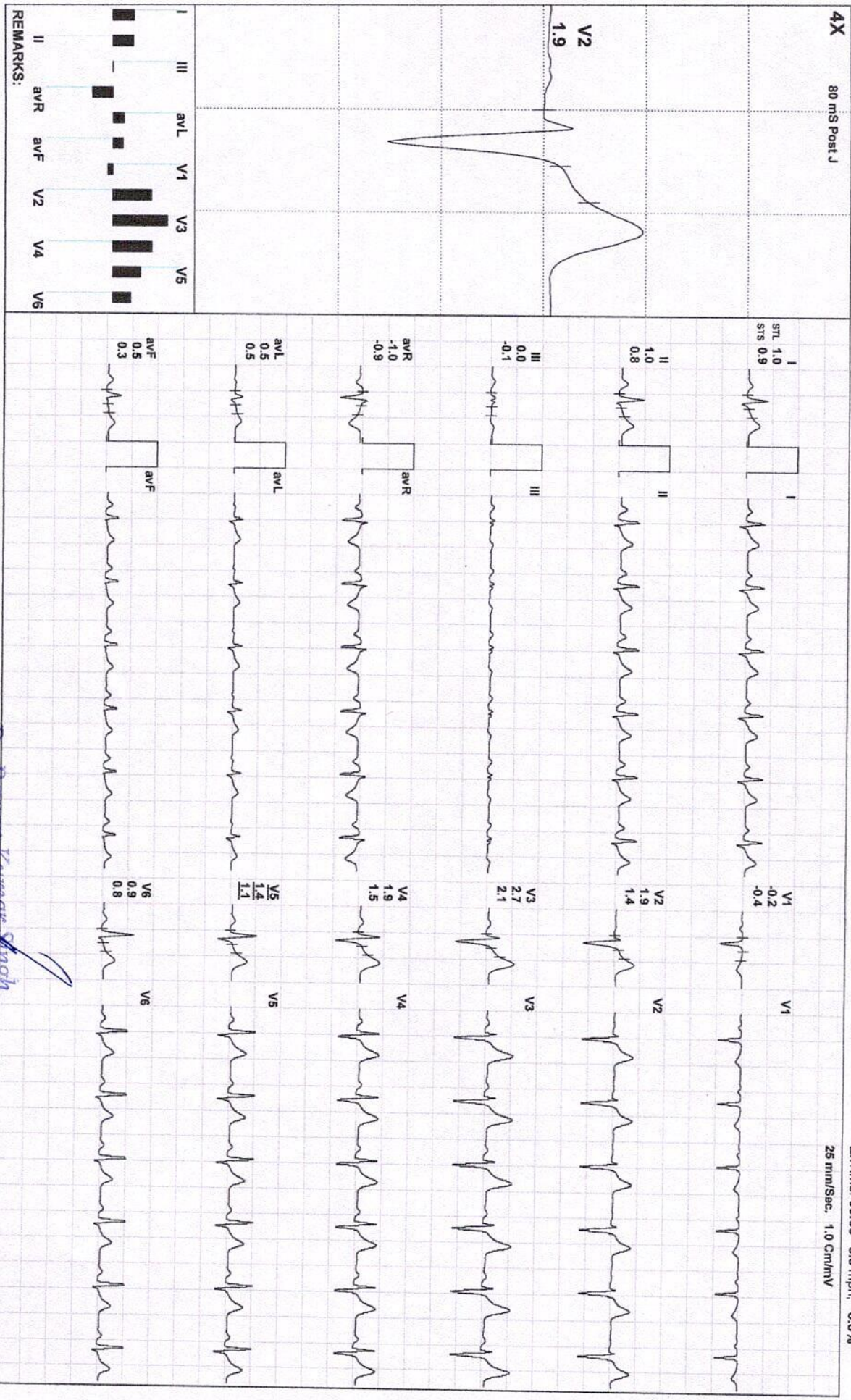


Date: 14 / 04 / 2023 09:58:54 AM METS: 1.0/ 121 bpm 65% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 00:00 0.0 mph 0.0%

4X 80 ms Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

Dr. Pawan Kumar Singh
M.B.B.S., DNB (Medicine)
UPMCI-61330

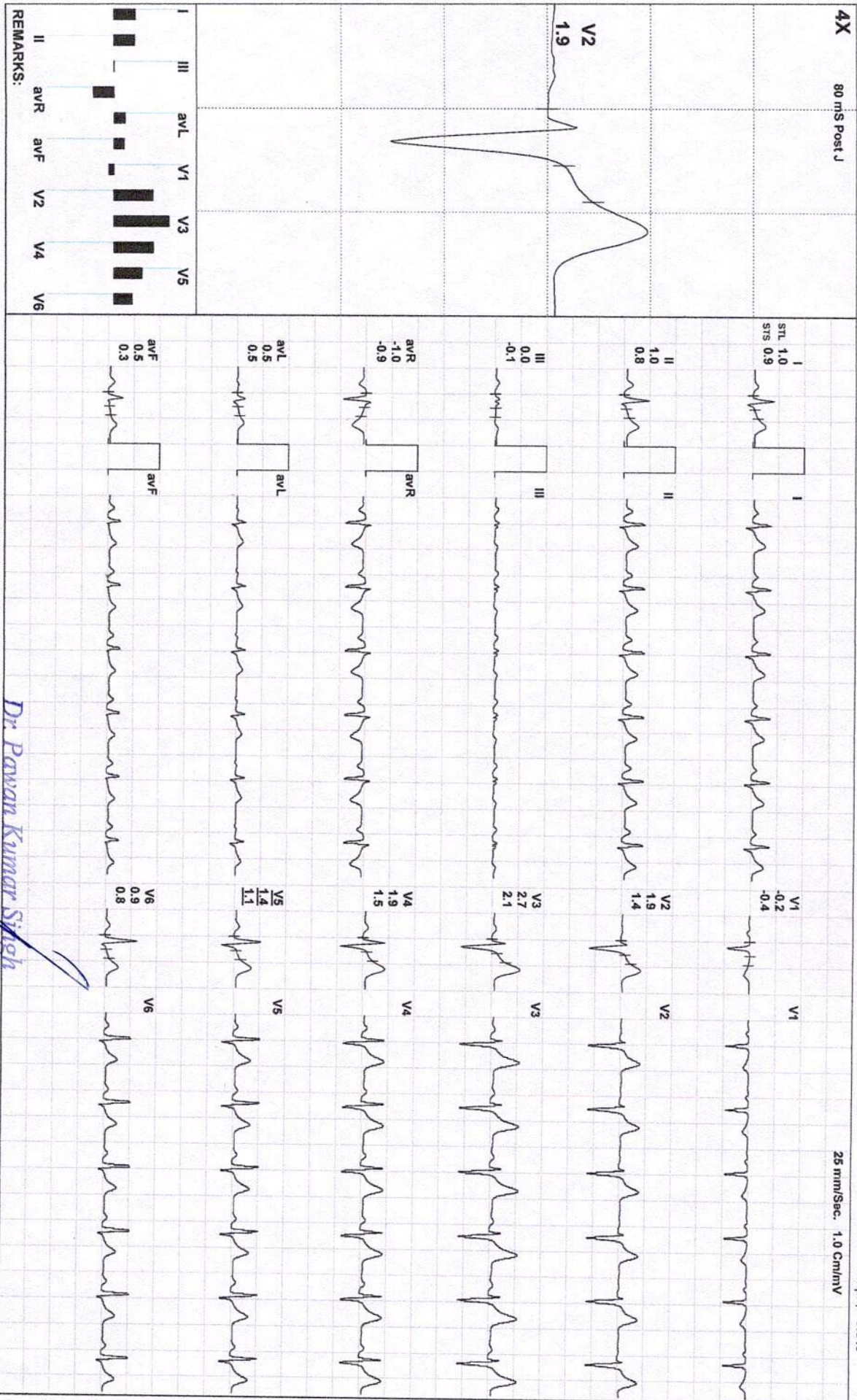
Director & Consultant Physician
JPK Hospital & Trauma Centre
Pvt. Ltd.

(ADX_GEM217220330)(R)Allergens



Date: 14 / 04 / 2023 09:56:54 AM METS: 1.0/ 116 bpm 62% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 HZLF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%



Dr. Pawan Kumar Singh

M.B.B.S., DNB (Medicine)
UPMCI-61330
Director & Consultant Physician
JPK Clinic & Diagnostics
A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.

(ADX_GEM217220330)(R)Allengers

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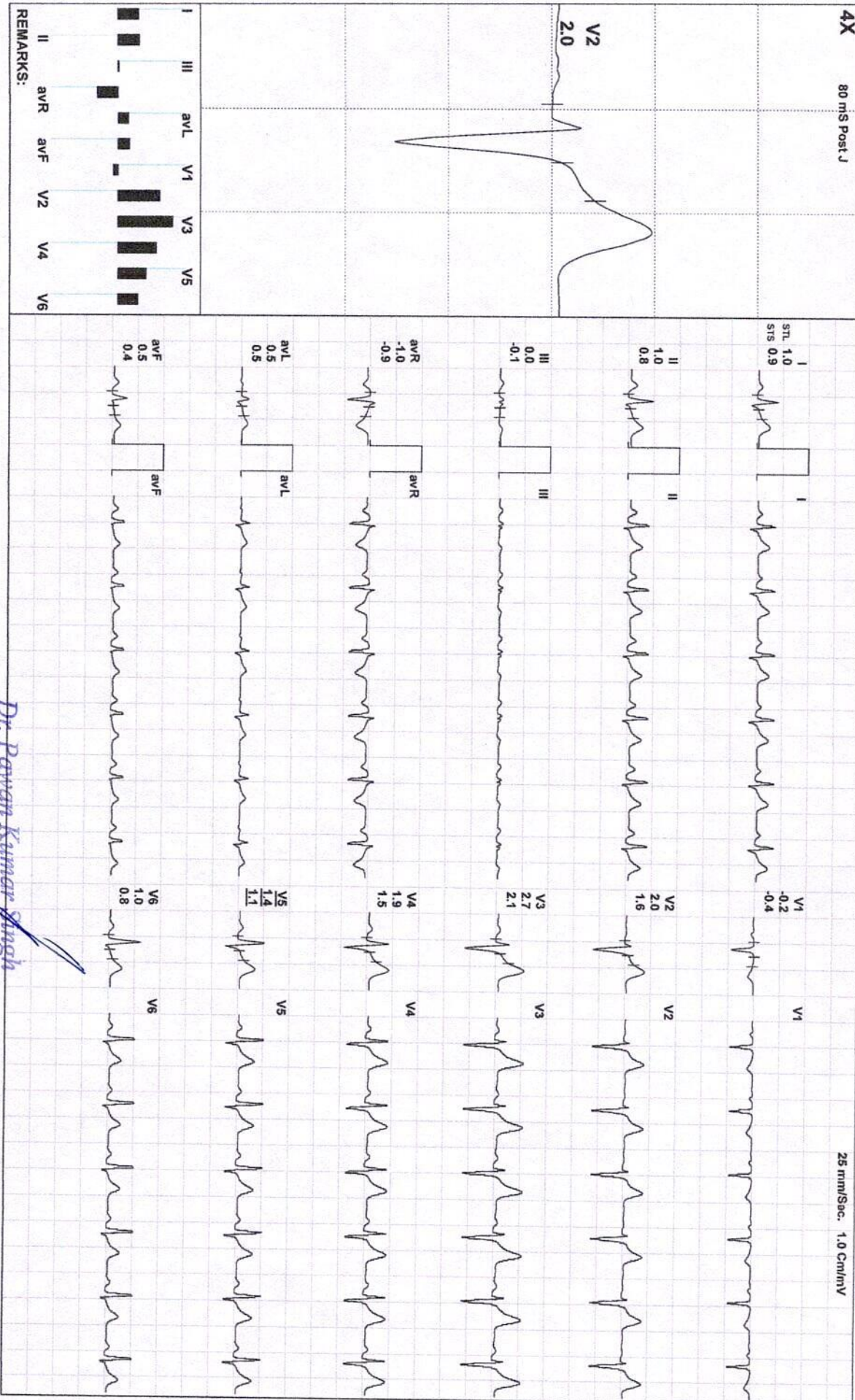
SHUBHANKER RAI / 34 Yrs / M / 165 Cms / 77 Kg / HR : 111

BRUCE: Warm Up(0:06)



Date: 14/04/2023 09:58:54 AM METS: 1.0/111 bpm 60% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Natch On/ HF 0.05 HZLF 35 Hz

EXTime: 00:00 0.0 mph, 0.0%



Dr. Pawan Kumar Singh

M.B.B.S., DNB (Medicine)

UPMCI-61330/

Director & Consultant Physician

JPK Clinic & Diagnostics

14 Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.

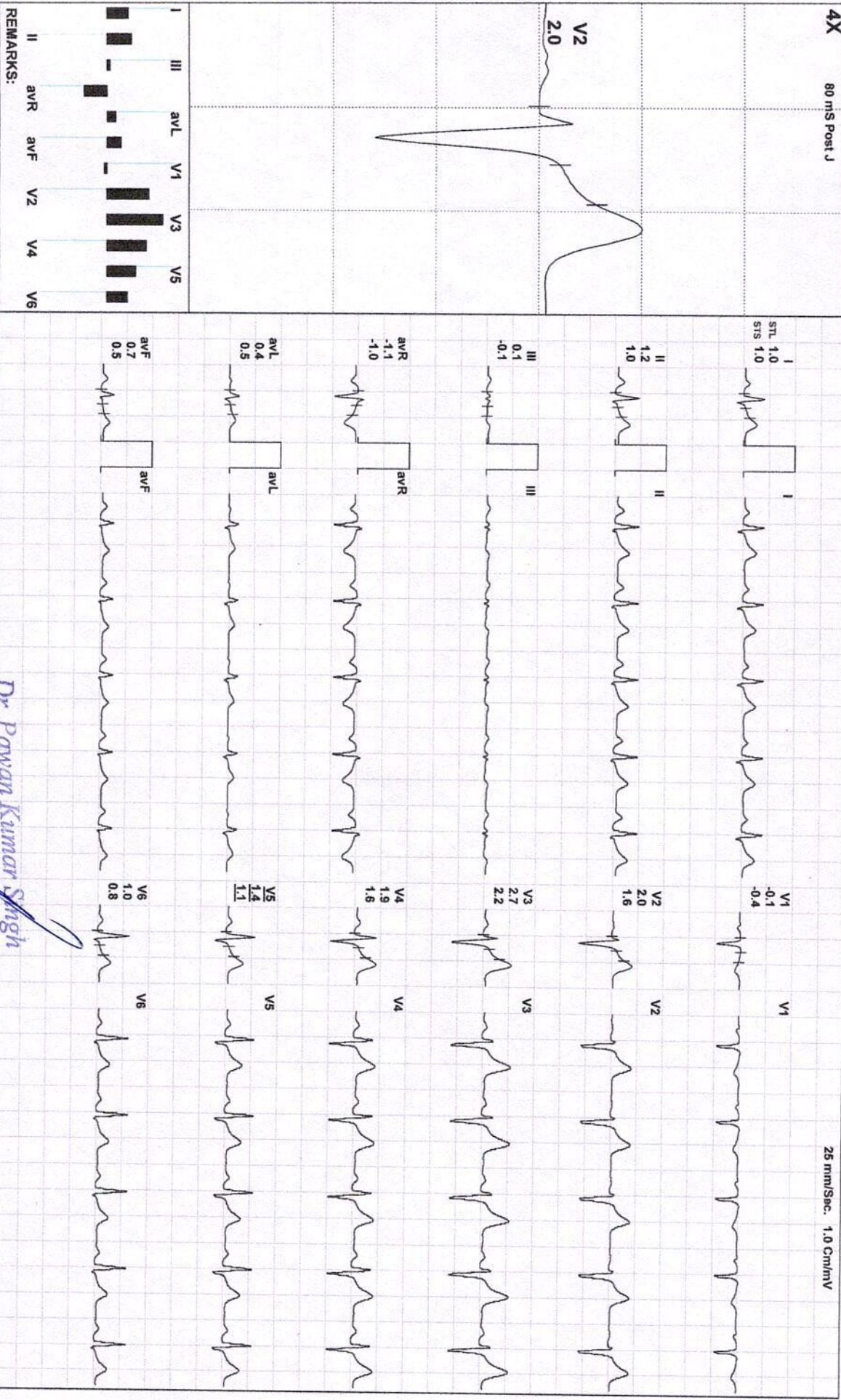
(ADX_GEM217220330)(R)Allengers

Date: 14 / 04 / 2023 09:58:54 AM METS: 1.01 94 bpm 51% of THR BP: 120/80 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

ExTime: 00:00 0.0 mph, 0.0%

4X 80 MS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

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(ADX_GEM217220330)(R)Allengers

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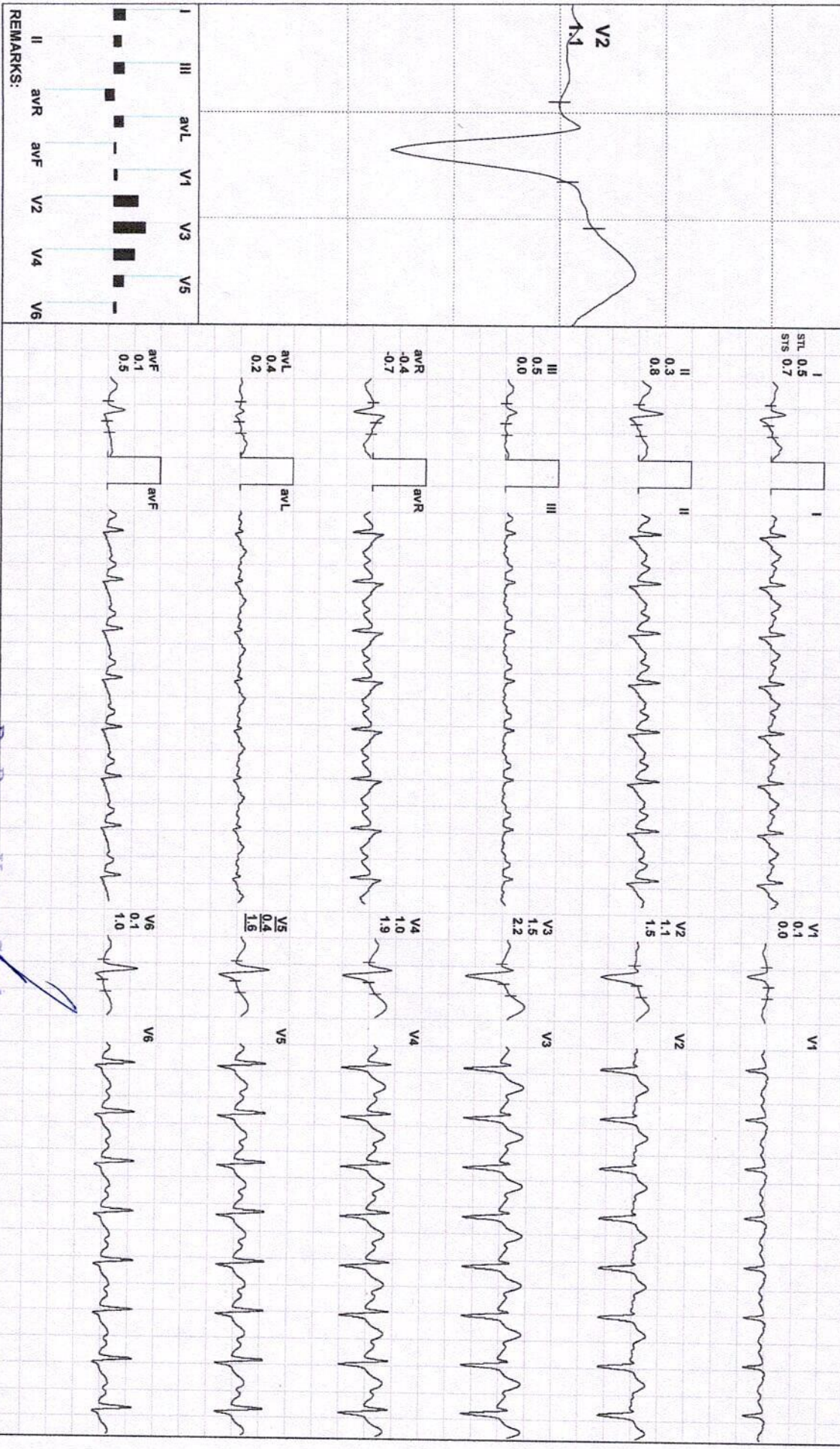
SHUBHANKER RAI / 34 Yrs / M / 165 Cms / 77 Kg / HR : 144

BRUCE: Stage 1(3:00)



Date: 14/04/2023 09:56:54 AM METS: 4.71 144 bpm 77% of THR BP: 122/82 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

4X 60 mS Post J STL 0.5 STS 0.7 V1 0.1 V1 0.0 V2 1.1 V2 1.5 V3 1.5 V3 2.2 V4 1.0 V4 1.9 V5 0.4 V5 1.6 V6 0.1 V6 1.0



REMARKS:

Dr. Pawan Kumar Singh
 M.B.B.S., DNB (Medicine)
 UPI/MCI-61330
 Director & Consultant Physician
 JPK Clinic & Diagnostics
 A Unit of JPK Hospitals & Trauma Centre P. Ltd.
 (ADX_GEM217220330)(R)/Allengers

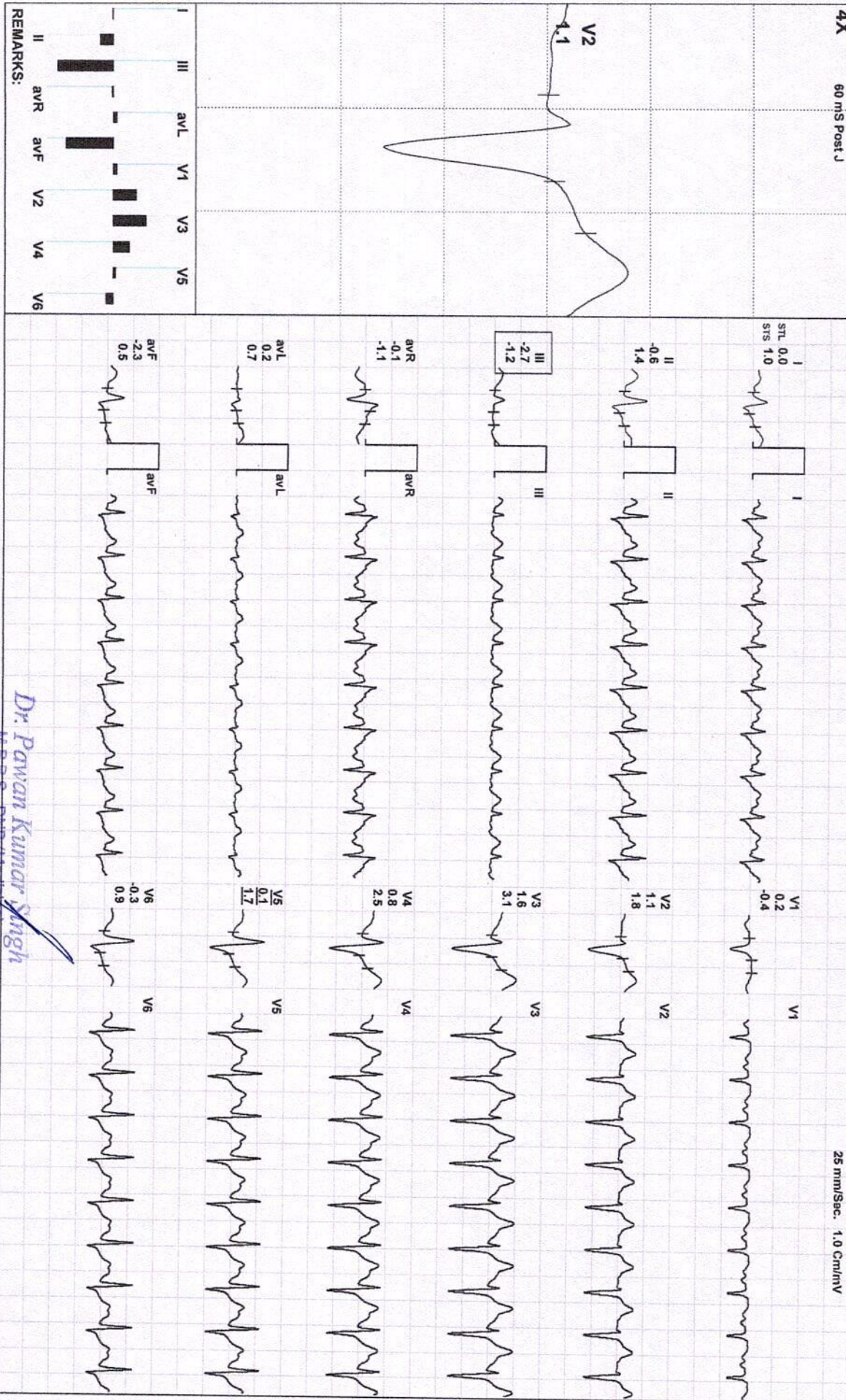


Date: 14 / 04 / 2023 09:58:54 AM METS: 7.1 / 167 bpm 90% of THR BP: 124/85 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 06:00 2.5 mph, 12.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



Dr. Pawan Kumar Singh

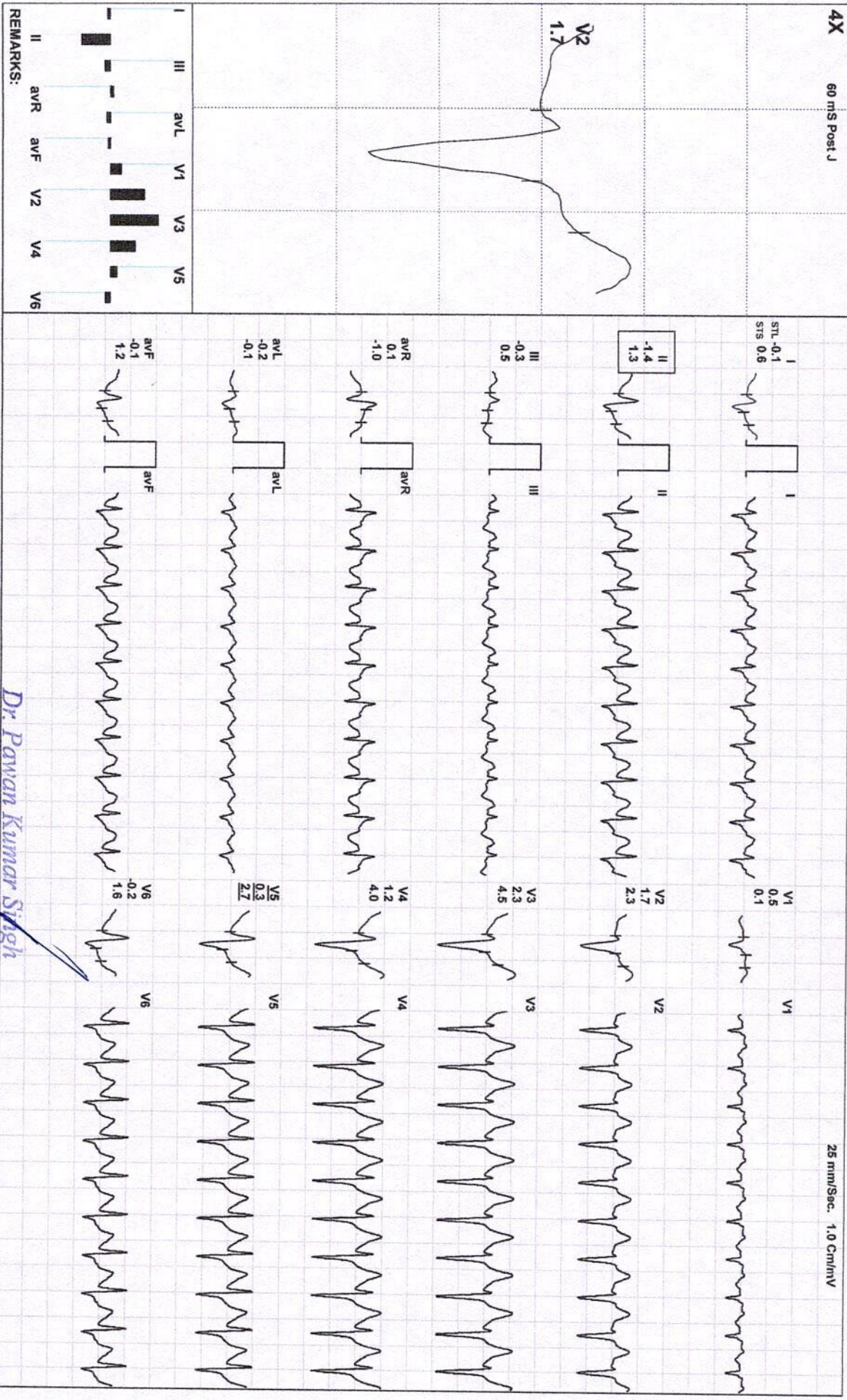
W.B.S., DNB (Medicine)
UPMCI-61330

Director & Consultant Physician
JPK Clinic & Diagnostics
4th Unit of JPK Hospitals & Trauma Centre P-1, (1st)

(ADX_GEM217220330)(R)Allengers



Date: 14 / 04 / 2023 09:58:54 AM METS: 10.2 196 bpm 105% of THR BP: 126/88 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz EXTime: 09:00 3.4 mph, 14.0%



REMARKS:

Dr. Pawan Kumar Singh

M.B.B.S., DNB (Medicine)
JPMCI-61330

Director & Consultant Physician

JPK Clinic & Diagnostics

Unit of JPK Hospitals & Trauma Centre P-1, Ltd)

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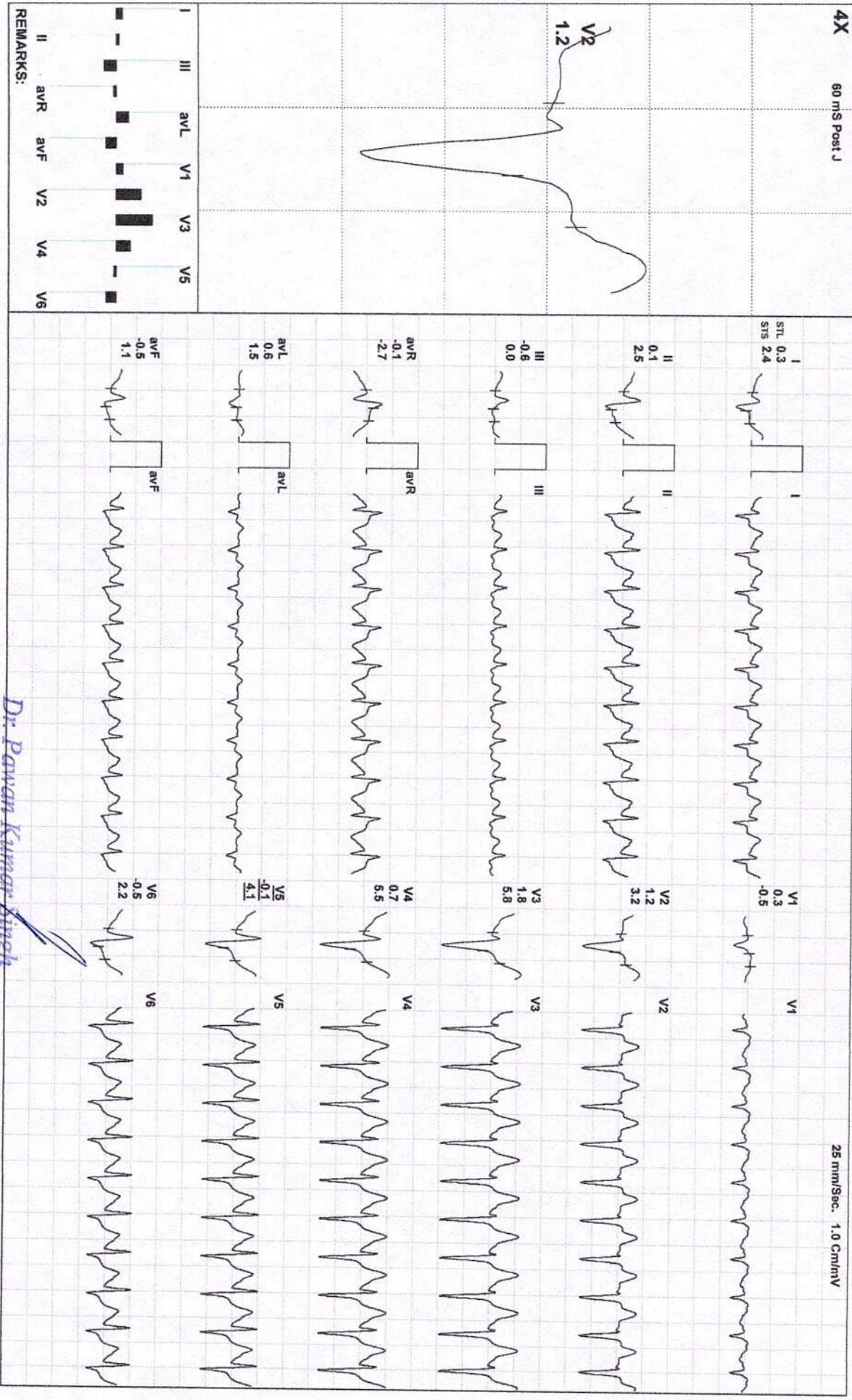
SHUBHANKER RAI / 34 Yrs / M / 165 Cms / 77 Kg / HR : 195

PeakEX



Date: 14 / 04 / 2023 09:58:54 AM METS: 10.5 195 bpm 105% of THR BP: 126/88 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 09:13 4.2 mph, 16.0%



REMARKS:

Dr. Pawan Kumar Singh

M.B.S., DNB (Medicine)

UPMCI-61390

Director & Consultant Physician

JPK Clinic & Diagnostics
A Unit of JPK Hospitals & Trauma Centre (Pvt. Ltd.)

(ADX_GEM217220330)(R)/Allengers

JPK HOSPITAL AND TRAUMA CENTER

SHUBHANKER RAI / 34 Yrs / M / 165 Cms / 77 Kg / HR : 194

Recovery(0:30)

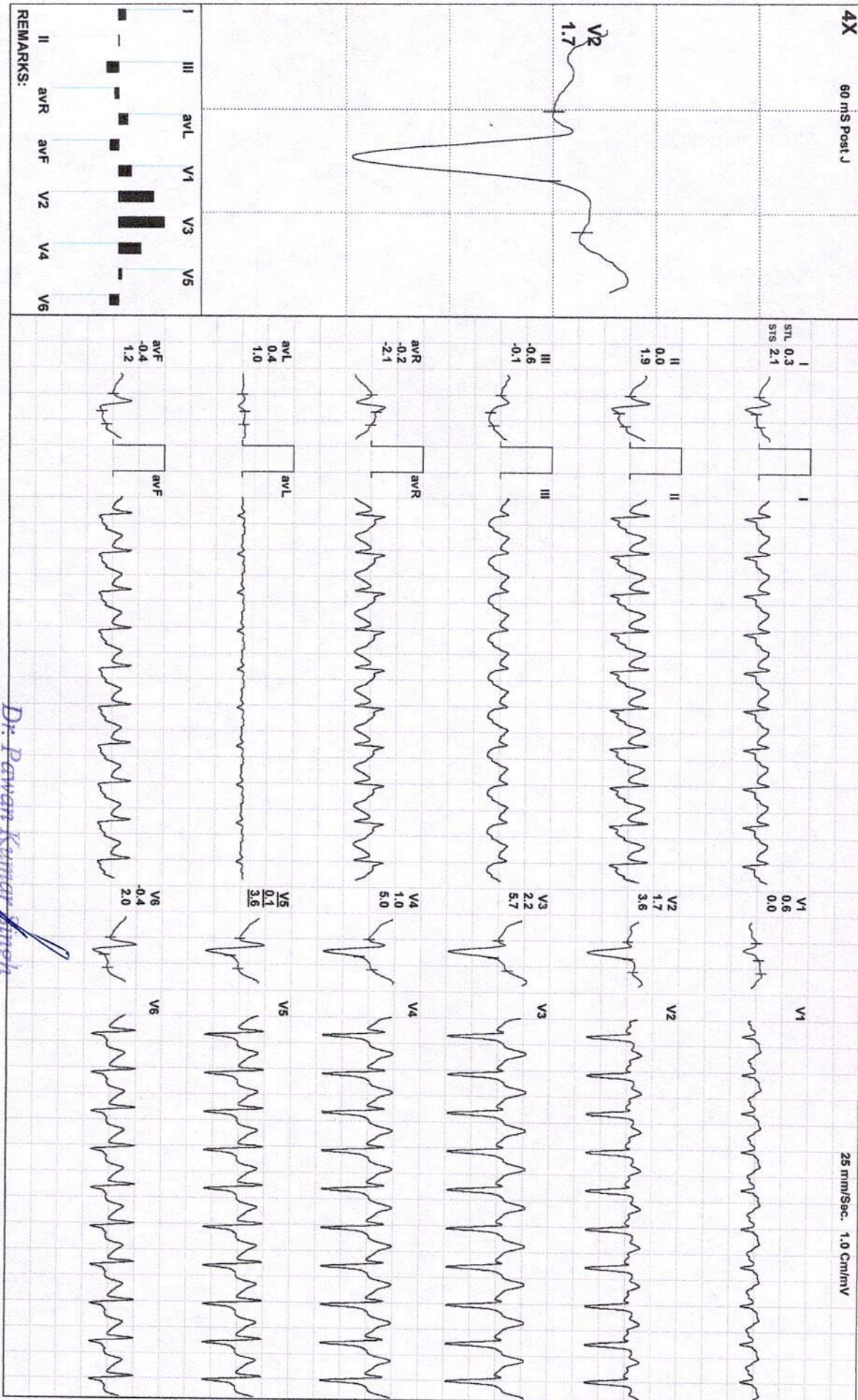


Date: 14 / 04 / 2023 09:58:54 AM METS: 7.3/ 194 bpm 104% of THR BP: 128/88 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 09:13 1.1 mph, 0.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

Dr. Pawan Kumar Singh

M.B.B.S., DNB (Medicine)

UPMCI-61330

Director & Consultant Physician

JPK Clinic & Diagnostics

1A Unit of JPK Hospitals & Trauma Centre P. A. Ltd

(ADX_GEM217220330)(R)Allengers

JPK HOSPITAL AND TRAUMA CENTER

SHUBHANKER RAI / 34 Yrs / M / 165 Cms / 77 Kg / HR : 183

Recovery(1:00)

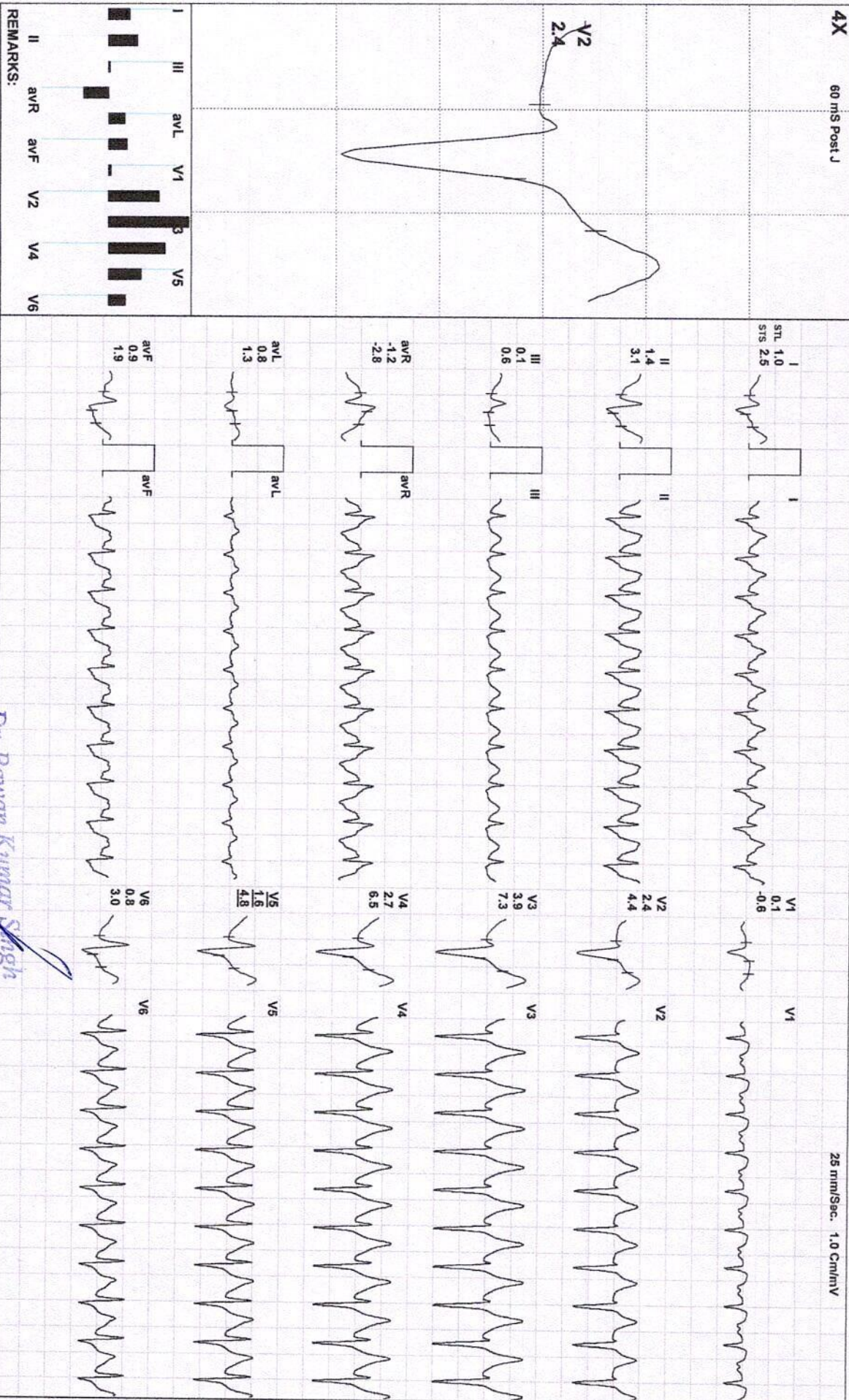


Date: 14 / 04 / 2023 09:58:54 AM METS: 4.31 183 bpm 98% of THR BP: 128/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTIME: 09:13 1.1 mph, 0.0%

4X 60 mS Post J

25 mm/Sec. 1.0 Cm/mV



REMARKS:

D. Pawan Kumar Singh

M.B.B.S., DNB (Medicine)

UPMCI-61330

Director & Consultant Physician

JPK Clinic & Diagnostics

JA Unit of JPK Hospital & Trauma Centre Pvt. Ltd.

(ADX_GEM217220330)(R)/Allengers

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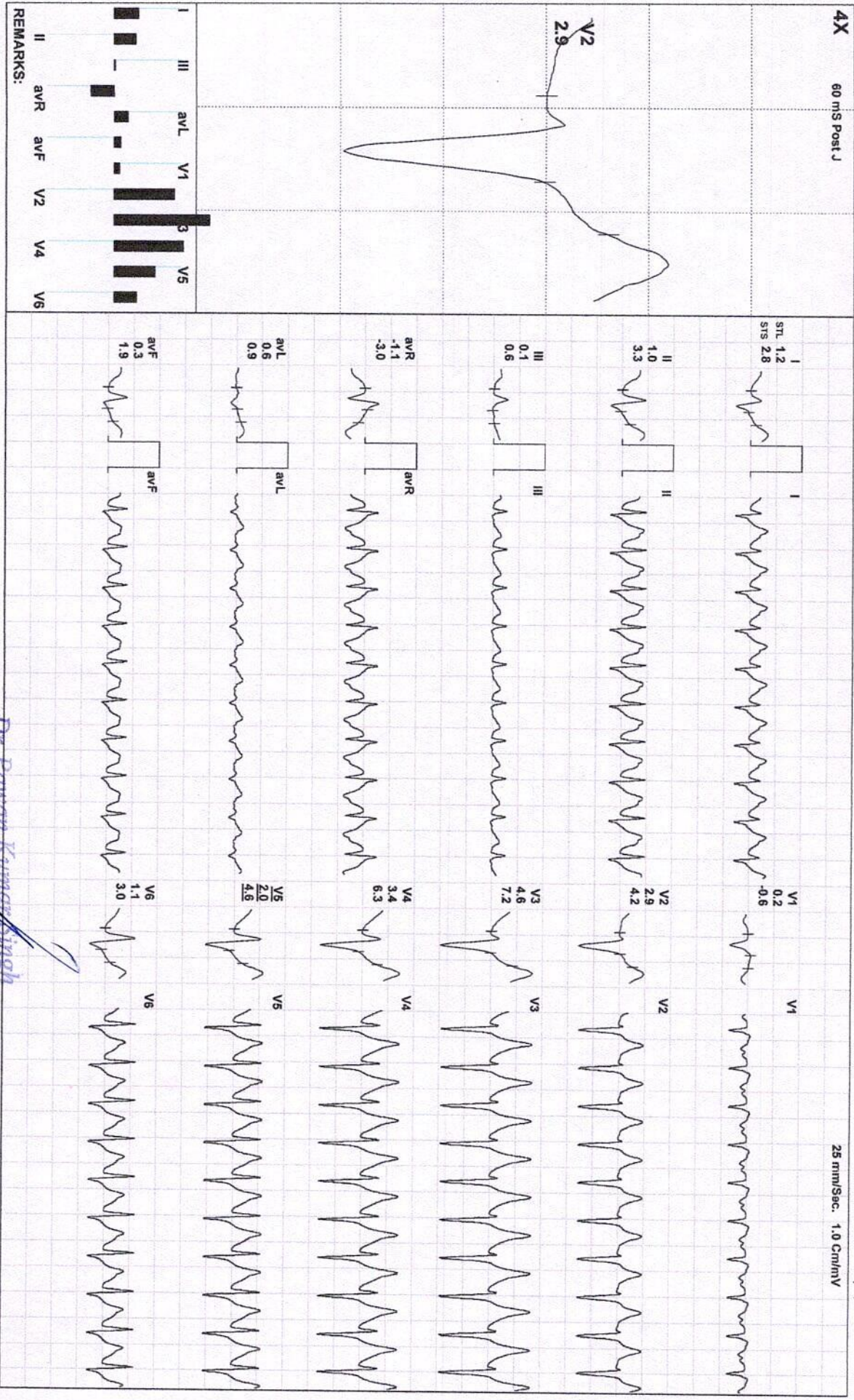
SHUBHANKER RAI / 34 Yrs / M / 165 Cms / 77 Kg / HR : 181

Recovery(1:07)



Date: 14 / 04 / 2023 09:58:54 AM METS: 3.5/ 181 bpm 97% of THR BP: 128/90 mmHg Combined Medians/ BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

EXTime: 09:13 0.0 mph, 0.0%



Dr. Pawan Kumar Singh
 M.B.B.S., DNB (Medicine)
 UPMCI-61330
 Director & Consultant Physician
 JPK Clinic & Diagnostics
 A Unit of JPK Hospitals & Trauma Centre P. Ltd)
 (ADX_GEM217220330)(R)/Allengers

JPK HOSPITAL AND TRAUMA CENTER
SUPER MARKET SULTANPUR Email:

SHUBHANKER RAI / 34 Yrs / M / 165 Cms / 77 Kg
Date: 14 / 04 / 2023 09:58:54 AM Refd By : SELF Examined By: DR PAWAN KUMAR SINGH

Report



Stage	Time	Duration	Speed(mph)	Elevation	METS	Rate	%THR	BP	RPP	PVC	Comments
Supine	00:09	0:09	00.0	00.0	01.0	121	65 %	120/80	145	00	
Standing	00:13	0:04	00.0	00.0	01.0	121	65 %	120/80	145	00	
HV	00:18	0:05	00.0	00.0	01.0	116	62 %	120/80	139	00	
Warm Up	00:23	0:05	00.0	00.0	01.0	111	60 %	120/80	133	00	
ExStart	00:36	0:13	00.0	00.0	01.0	094	51 %	120/80	112	00	
BRUCE Stage 1	03:36	3:00	01.7	10.0	04.7	144	77 %	122/82	175	00	
BRUCE Stage 2	06:36	3:00	02.5	12.0	07.1	167	90 %	124/85	207	00	
BRUCE Stage 3	09:36	3:00	03.4	14.0	10.2	196	105 %	126/88	246	00	
PeakEx	09:49	0:13	04.2	16.0	10.5	195	105 %	126/88	245	00	
Recovery	10:19	0:30	01.1	00.0	07.3	194	104 %	126/88	244	00	
Recovery	10:49	1:00	01.1	00.0	04.3	183	98 %	128/90	234	00	
Recovery	10:56	1:07	00.0	00.0	03.5	181	97 %	128/90	231	00	

FINDINGS :

Exercise Time : 09:13
 Initial HR (ExStrt) : 94 bpm 51% of Target 186
 Initial BP (ExStrt) : 120/80 (mm/Hg)
 Max Workload Attained : 10.5 Good response to induced stress
 Max ST Dep Lead & Avg ST Value: III & -2.7 mm in Stage 2
 Duke Treadmill Score : 08.9
 Test End Reasons : Test Complete

Max HR Attained 196 bpm 105% of Target 186
 Max BP Attained 128/90 (mm/Hg)
 VO2Max : 36.8 ml/Kg/min (Fair)

REPORT :

TEST OBJECTIVE : ROUTINE CHECK UP
 RISK FACTOR : NONE

Dr. Pawan Kumar Singh
 M.B.B.S., DNB (Medicine)
 UPMCI-61320
 Director & Consultant Physician
 JPK Clinic & Diagnostics
 (A Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.)

Doctor : DR PAWAN KUMAR SINGH

ACTIVITY	:	VERY ACTIVE
MEDICATION	:	NONE
BRIEF HISTORY	:	NOT SIGNIFICANT
REASON FOR TERMINATION	:	TEST COMPLETE
EXERCISE TOLERANCE	:	GOOD
EXERCISE INDUCED ARRHYTHMIAS	:	NO
HAEMODYNAMIC RESPONSE	:	NORMAL
CHRONOTROPIC RESPONSE	:	NORMAL
FINAL IMPRESSION	:	STRESS TEST IS NEGATIVE FOR EXERCISE INDUCED ISCHAEMIC HEART DISEASE

Dr. Pawan Kumar Singh
 M.B.B.S., DNB (Medicine)
 UPMCI-61390
 Director & Consultant Physician
 JPK Clinic & Diagnostics
 JPK Unit of JPK Hospitals & Trauma Centre Pvt. Ltd.