

HEALTH CHECK UP SUMMARY

Imp ID	Date	Referred By		Location
	25/02/2023			
Employee Name		Gender	Age	SPO2
Damini Hardas.		female	28	
Height (in CM)	Weight in Kg	BMI	Pulse (per min)	B P (mm of Hg)
166	64	23.2 kg/m ²	86	109 / 51
Past History	K/c/o Hypothyroidism from 75 microgram. Past H/o Vitamin B12, D3 deficiency. H/o lower segment of cesarian section. K/c/o corrected vision with glasses H/o asthma during childhood			
Present Complaints				

ADVICE/SUGGESTION: Review with current thyroid reports and doctor consultation.
 Review vision correction for ophthalmologist

Signature of Medical Examiner
Dr. Shrideep Parab
 MBBS, DGO
 Obs & Gynecologist
 Reg. No. . MMC 2013/11/3392



Dental Case Paper

Patient Name Mr/Mrs: Damini. Jitendra. Hardas Date: 25/02/2028
 Gender: Female Age: 28 Mobile No: 8605774197
 Address: _____

CLINICAL NOTES:

- 1) Routine Dental Checkup:-
- 2) C/O Pain: -
- 3) C/O Sensitivity :- NO sensitivity
- 4) Mobility:- N/A
- 5) C/O Missing Teeth: - N/A

Past Medical History:

- 1) Smoking 2) Alcohol 3) Hepatitis B & C 4) Diabetics 5) Allergy 6) Tobacco 7) Asthma 8) Hypertension
- 9) Drug History 10 Any other: N/A

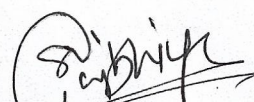
- PDH:- H/O -
- 1) Restoration:-
 - 2) RCT
 - 3) RPD/FPD/CD:-
 - 4) Prophylaxis:-
 - 5) Other:-

- O/E :-
- 1) Caries:-
 - 2) Stains/Calculus:- stain, cal.

Investigations:-

Treatment & Adviced:-

- 1) Restoration with :-
- 2) RCT :-
- 3) Scaling + Polishing :- Advice scaling polishing.
- 4) FPD/RPD/CD :-
- 5) Extraction :-


 Sign of Dental Surgeon



EYE CHECK UP

DATE:- 25/02/2023

NAME:- Mrs. DAMINI HARDAS.

AGE:- 28

HISTORY:- NA

EXAMINATIONS:-

Vision :-

	Near	Distance
Right Eye	6/6 Normal with Glasses.	6/6 Normal
Left Eye	6/6 Normal	6/6 Normal with Glasses.

Colour Vision (Tick Only)

NORMAL	<input checked="" type="checkbox"/>
PARTIAL:RED/GREENDEFICIENCY	<input type="checkbox"/>
COMPLETE:RED/GREEN DEFICIENCY	<input type="checkbox"/>

Doctor Signature

DR. RAJESH MAILAGIRE

General Physician (MBBS)

Reg No 2018/04/1055







भारत सरकार

Government of India



Issue Date: 09/03/2012



दामिनी जितेन्द्र हरदास
Damini Jitendra Hardas
जन्म तिथि / DOB: 10/04/1994
महिला / FEMALE



5920 7288 3774



5920 7288 3774

मेरा आधार, मेरी पहचान



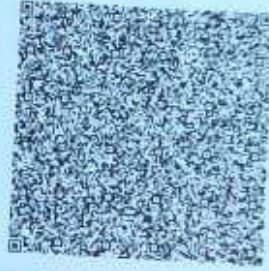
भारतीय विशिष्ट पहचान प्राधिकरण
Unique Identification Authority of India



पता: फ्लैट नं 16, बी विंग, द स्काई कोर्ट अपार्टमेंट,
फल्केवाडी, ऑपोजिट बँक ऑफ बरोदा, तलेगाँव दभाडे
(आर), पुणे, महाराष्ट्र, 410507

Print Date: 30/05/2021

Address: Flat NO.16, B Wing, The sky
Court Apartment, Falkewadi, Opp Bank of
Baroda, Talegaon Dabhade (R), Pune,
Maharashtra, 410507



5920 7288 3774



1947



help@uidai.gov.in



www.uidai.gov.in



Ms. Damini Hardas

Tadegaon Dabade , Pune Wakad Pune Maharashtra India

Gendr/DOB (Age) : Female/25-Feb-1995(28Y 0M)

Medico ID : 23022501289790

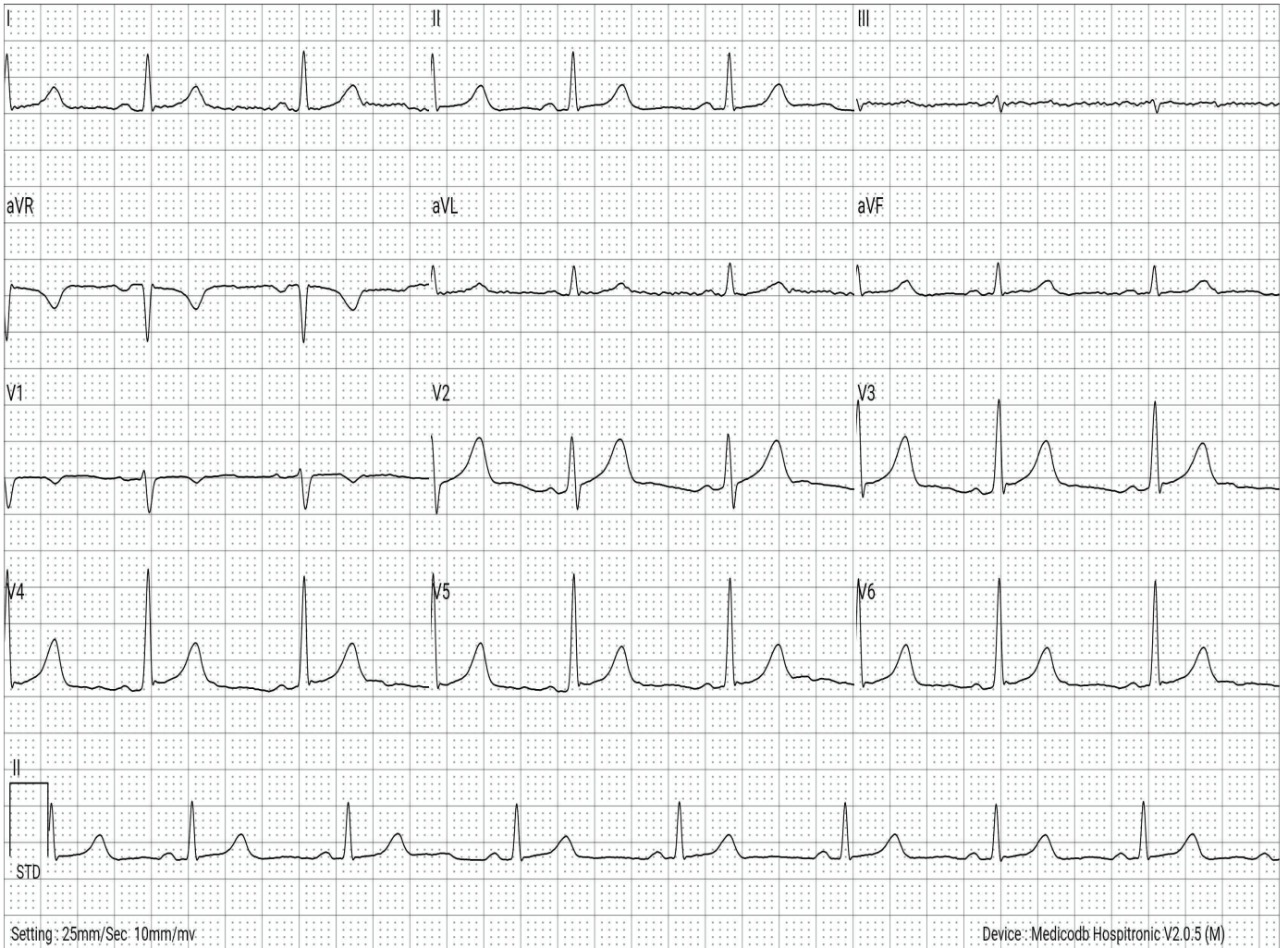
Referred By :

Date

: 25-Feb-2023 / 11:50 AM

History :

REPORT ON ECG



VITALS	:	TEMP	: - (F)	PULSE RATE	: - /MIN	RBS	: - mg/dL
	:	HR	: 68 /MIN	BP	: 109 / 61 mmHg	SPO2	: 0.0 %

MEASUREMENTS*	:	PR	: 136.11 ms	QT	: 407.58 ms	P	: 0.0 deg
(ECG Parameters)	:	ST	: 0.26 ms	QTc	: 434.68 ms	QRs	: 21.48 deg
	:	R-R	: 879.17 ms	QRS	: 87.5 ms	T	: 32.49 deg

FINDINGS	:	NORMAL SINUS RHYTHM. NO SIGNIFICANT ST CHANGES NOTED
IMPRESSION	:	THIS ECG IS FOUND TO BE WITHIN NORMAL LIMITS.
RECOMMENDATION	:	CLINICAL CORRELATION

This is electronically authenticated report; hence doesn't require signature.

* Software calculated values; to be verified manually.

Printed By : Madyoasis Medical SPL ECG Technician On 25-Feb-2023 / 11:50 AM

Reported By

Express Diagnostics HQ

(Rs. 0.00/- Received for this ECG)

(Dr. Darshan C Shah (M.D. Medicine)) Reg. No : G-87427



Patient Name : MRS. DAMINI JITENDRA HARDAS

Age / Gender : 28 Yrs 10 M / Female

Mobile No. : 8605774197

Patient ID : 554

Source : MEDIWHEEL

Referral : Mediwheel Full Body Check up

Receiving Time : Feb 25, 2023

Sample ID :



Test Description	Value(s)	Reference Range	
Complete Blood Count			
WBC	6400	4000-10000	cell/cu.mm
Neu%	55	50 - 70	%
Lym%	40	20.0 - 40.0	%
Mon%	03	3.0 - 12.0	%
Eos%	02	0.5 - 5.0	%
Bas%	00	0.0 - 1.0	%
RBC	5.00	4.0 - 5.50	10 ⁶ /uL
HGB	12.1	12.0 - 16.0	g/dL
HCT	36.2	40.0 - 54.0	%
MCV	72.1	83 - 101	fL
MCH	24.1	27 - 32	pg
MCHC	33.8	31.5 - 34.5	g/dL
RDW-CV	14.5	11.0 - 16.0	%
PLT	191	150-450	10 ³ /ul
MPV	11.6	6.5 - 12.0	fL
RBC	Normocytic normochromic		
WBC	Within normal limits		
Platelet	Adequate		

END OF REPORT

DR. SAGAR RAJENDRA SHETE
REG. NO. 083463

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Test Description	Value(s)	Reference Range
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ESR

ESR - Erythrocyte Sedimentation Rate 14 0 - 29 mm/hr

Method : EDTA Whole Blood, Manual Westergren

Interpretation:

- It indicates presence and intensity of an inflammatory process. It does not diagnose a specific disease. Changes in the ESR are more significant than the abnormal results of a single test.
- It is a prognostic test and used to monitor the course or response to treatment of diseases like tuberculosis, bacterial endocarditis, acute rheumatic fever, rheumatoid arthritis, SLE, Hodgkins disease, temporal arteritis and polymyalgia rheumatica.
- It is also increased in pregnancy, multiple myeloma, menstruation, and hypothyroidism.

****END OF REPORT****

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Test Description	Value(s)	Reference Range
Blood Group Abo & Rh Typing, Blood		
Blood Group (ABO typing) Method : Manual-Hemagglutination	"B"	
RhD Factor (Rh Typing) Method : Manual hemagglutination	Positive	

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Test Description	Value(s)	Reference Range
LIPID PROFILE		
Cholesterol-Total Method : Spectrophotometry	165	Desirable level < 200 Borderline High 200-239 High >or = 240 mg/dL
Triglycerides Method : Serum, Enzymatic, endpoint	132	Normal: < 150 Borderline High: 150-199 High: 200-499 Very High: >= 500 mg/dL
HDL Cholesterol Method : Serum, Direct measure-PEG	45	Normal: > 40 Major Risk for Heart: < 40 mg/dL
LDL Cholesterol Method : Enzymatic selective protection	93.60	Optimal < 100 Near / Above Optimal 100-129 Borderline High 130-159 High 160-189 Very High >or = 190 mg/dL
VLDL Cholesterol Method : Serum, Enzymatic (Calculated)	26.40	6 - 38 mg/dL
CHOL/HDL Ratio Method : Serum, Enzymatic	3.67	UP TO 5.0
LDL/HDL Ratio Method : Serum, Enzymatic	2.08	UP TO 3.5

Note:

8-10 hours fasting sample is required.

****END OF REPORT****

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Test Description	Value(s)	Reference Range	
<u>LIVER FUNCTION TEST (LFT)</u>			
Total Protein	7.2	6.6 - 8.3	g/dL
Method : Serum, Biuret, reagent blank end point			
Albumin	3.9	3.2 - 4.6	g/dL
Method : Serum, Bromocresol green			
Globulin	3.30	1.8 - 3.6	g/dL
Method : Serum, EIA			
A/G Ratio	1.18	1.2 - 2.2	
Method : Serum, EIA			
Bilirubin - Total	0.39	0.3 - 1.2	mg/dL
Method : Serum, Jendrassik Grof			
Bilirubin - Direct	0.12	< 0.2	mg/dL
Method : Serum, Diazotization			
Bilirubin - Indirect	0.27	0.1 - 1.0	mg/dL
Method : Serum, Calculated			
SGOT	20	Upto 40	U/L
Method : Serum, UV with P5P, IFCC 37 degree			
SGPT	26	Upto 42	U/L
Method : Serum, UV with P5P, IFCC 37 degree			
Alkaline Phosphatase	80	30 - 120	U/L
Method : PNPP-AMP Buffer/Kinetic			
GGT-Gamma Glutamyl Transpeptidase	31	< 38	U/L
Method : Serum, G-glutamyl-carboxy-nitroanilide			

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Test Description	Value(s)	Reference Range	
RENAL FUNCTION TEST			
Uric Acid Method : Serum, Uricase	3.7	3.2 - 7.2	mg/dL
Creatinine Method : Serum, Jaffe	0.8	0.4 - 1.4	mg/dL
Urea Method : Uricase	14	10 - 50	mg/dL
Blood Urea Nitrogen-BUN Method : Serum, Urease	6.54	8 - 23	mg/dL

Remark:

In blood, Urea is usually reported as BUN and expressed in mg/dl. BUN mass units can be converted to urea mass units by multiplying by 2.14.

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Test Description	Value(s)	Reference Range
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HbA1c

HbA1c (GLYCOSYLATED HEMOGLOBIN), BLOOD 4.9 %

Method : (HPLC, NGSP certified)

Estimated Average Glucose : 93.93 - mg/dL

Interpretation

As per American Diabetes Association (ADA)	
Reference Group	HbA1c in %
Non diabetic adults >=18 years	<5.7
At risk (Prediabetes)	5.7 - 6.4
Diagnosing Diabetes	>= 6.5
Therapeutic goals for glycemic control	Age > 19 years Goal of therapy: < 7.0 Action suggested: > 8.0 Age < 19 years Goal of therapy: <7.5

Note:

1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled .
2. Target goals of < 7.0 % may be beneficial in patients with short duration of diabetes, long life expectancy and no significant cardiovascular disease. In patients with significant complications of diabetes, limited life expectancy or extensive co-morbid conditions, targeting a goal of < 7.0 % may not be appropriate.

Comments

HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

ADA criteria for correlation between HbA1c & Mean plasma glucose levels.

HbA1c(%)	Mean Plasma Glucose (mg/dL)
6	126
7	154
8	183

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Test Description	Value(s)	Reference Range
9	212	
10	240	
11	269	
12	298	

****END OF REPORT****

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REG. NO. 043463

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Test Description	Value(s)	Reference Range	
THYROID FUNCTION TEST (TFT)			
T3-Total	0.72	0.6 - 1.80	ng/mL
T4-Total	6.25	4.5 to 10.9	microgm/dl
TSH-Ultrasensitive	7.4	0.35 to 5.55	microU/mL

Method : CLIA

Interpretation

TSH levels may be affected by acute illness and drugs like doapamine and gluco corticoids .

Low or undetectable TSH is suggestive of Grave~s disease

TSH between 5.5 to 15.0 with normal T3 T4 indicates impaired thyroid hormone or subclinical hypothyroidism or normal T3 T4 with slightly low TSH suggests subclinical Hyperthyroidism.

TSH suppression does not reflect severity of hyperthyroidism therefore , measurement of FT3 & FT4 is important.

FreeT3 is first hormone to increase in early Hyperthyroidism.

Only TSH level can prove to be misleading in patients on treatment. Therefore FreeT3 , FreeT4 along with TSH should be checked.

During pregnancy, T3 T4 can be high and TSH can be slightly low

****END OF REPORT****

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REG. NO. 083463

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Referral : Mediwheel Full Body Check up

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Sample ID :



Test Description	Value(s)	Reference Range
<u>FASTING BLOOD SUGAR</u>		
Glucose fasting Method : Fluoride Plasma-F, Hexokinase	92	Normal: 70 - 99 mg/dL Impaired Tolerance: 100-125 Diabetes mellitus: \geq 126 (on more than one occassion) (American diabetes association guidelines 2018)
Urine Fasting	Absent	

****END OF REPORT****

DR. SAGAR RAJENDRA SHETE
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Test Description	Value(s)	Reference Range
PPBS		
Blood Glucose-Post Prandial Method : Hexokinase	124	70 - 140 mg/dL
Urine Post Prandial	Absent	

****END OF REPORT****

DR. SAGAR RAJENDRA SHETE
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Test Description	Value(s)	Reference Range
<u>URINE ROUTINE EXAMINATION</u>		
Volume*	20	- ml
Colour*	Pale Yellow	
Transparency (Appearance)*	Clear	
Deposit*	Absent	
Reaction (pH)*	6.5	4.5 - 8
Specific Gravity*	1.020	1.010 - 1.030
<u>Chemical Examination (Automated Dipstick Method) Urine</u>		
Urine Glucose (sugar)*	Absent	
Urine Protein (Albumin)*	Absent	
<u>Microscopic Examination Urine</u>		
Pus Cells (WBCs)*	2-3	0 - 5 /hpf
Epithelial Cells*	1-2	0 - 4 /hpf
Red blood Cells*	Absent	/hpf
Crystals*	Absent	
Cast*	Absent	
Bacteria*	Absent	
Mucus Thread	Absent	

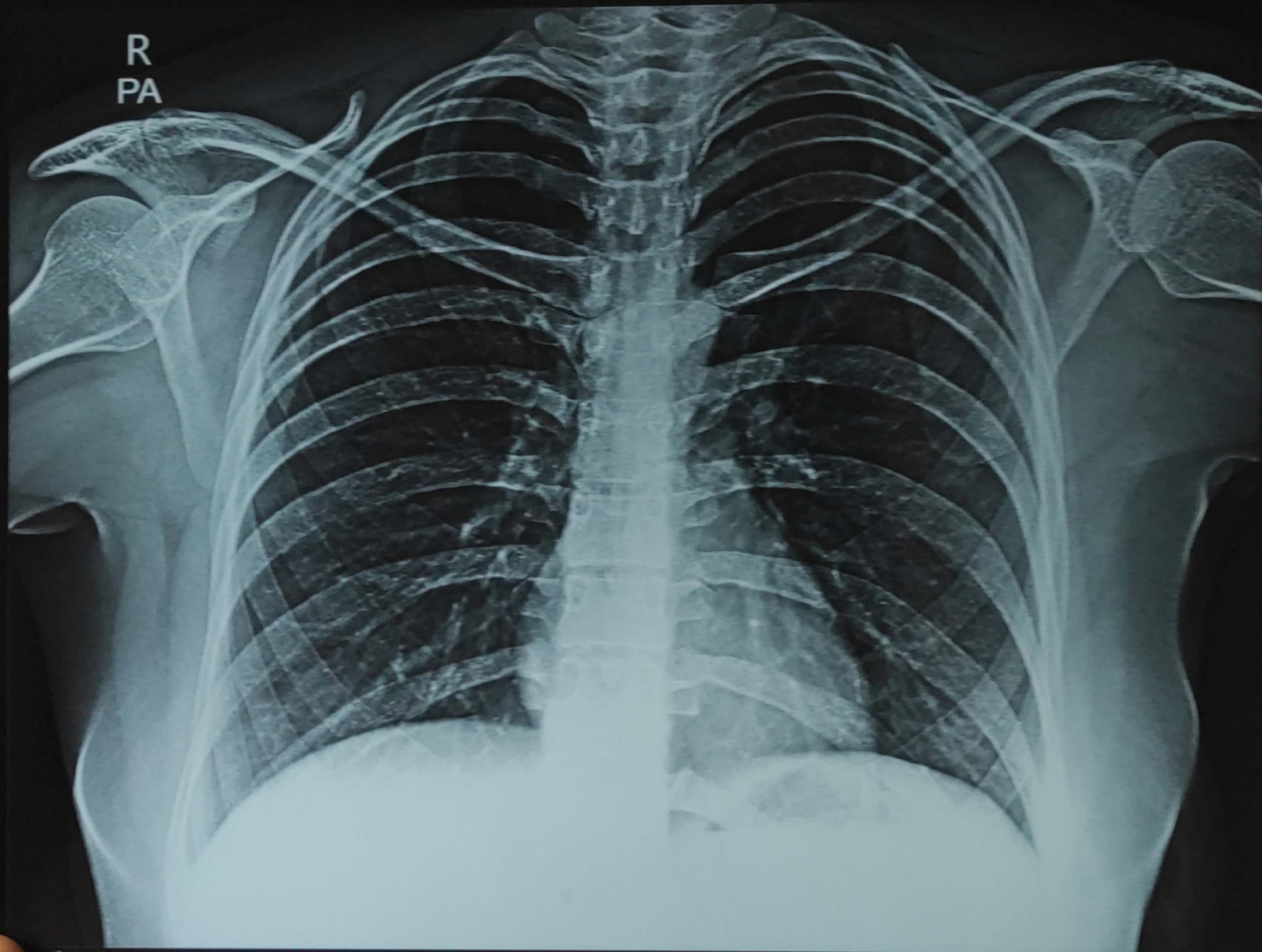
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DR. SAGAR RAJENDRA SHETE
REG. NO. 083463

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R
PA



HARDAS DAMINI 28/F CHEST PA 2/25/2023 09:18 AM
MEDIMAP DIAGNOSTICS , WAKAD.

Patient ID No. : 132300841 Card ID : 20237028
Reg.Date/Time : 25/02/2023 9:10:23
Patient's Name : Hardas Damini - 28 Year / Female
Ref. By : Dr.Self
Client Name : MADYOSIS I



RADIOGRAPH OF CHEST PA VIEW

FINDINGS:

Visualised lungs bilaterally reveal normal aeration pattern.
Both the costophrenic angles are clear.
The mediastinal silhouette is maintained.
Cardiac and aortic silhouettes appear normal.
Both the domes of diaphragm are normal in position and contour.
Thoracic wall soft tissues and bony cage are normal.

IMPRESSION:

-No significant abnormality detected.

--End Of Report--

DR. POONAM KARALE
MBBS.DNB
RADIOLOGIST

Print Date : 25/02/2023 12:33:15

Page 1 of 1

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For Home Visit & Appointments:
07969 00 7969

Email
info.medimap@gmail.com



Patient ID No. : 132300841 Card ID : 20237028
Reg.Date/Time : 25/02/2023 9:10:23
Patient's Name : Hardas Damini - 28 Year / Female
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USG ABDOMEN AND PELVIS

FINDINGS:-

Liver is normal in size, shape and echopattern. No evidence of focal lesion. Portal and hepatic venous confluence are normal. No IHBR dilatation seen.

Gall bladder is well distended and normal. No calculus or mass seen. CBD is normal in caliber.

Pancreas is normal in size and echopattern. No focal lesion.

Spleen is normal in size with homogenous echopattern. No focal lesion.

Both kidneys are normal in size, shape, location and appear homogenous in echopattern. No evidence of calculus or hydronephrosis. Both ureters are not dilated.

Urinary bladder is well distended and shows normal wall thickness. No mass or calculus seen.

Uterus is normal in size, shape and echopattern. No focal lesion. The endometrial echo is central with empty cavity.

Both ovaries are normal. No obvious adnexal mass noted.

Aorta, IVC and retroperitoneum are normal.

No free fluid or lymphadenopathy.

There is no obvious bowel dilatation. No abnormal bowel wall thickening is seen.

IMPRESSION :-

No significant abnormality detected.

DR. POONAM KARALE
MBBS.DNB
RADIOLOGIST



Patient ID No. : 132300841 Card ID : 20237028
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2D ECHO WITH CD

2 DIMENSIONAL ECHOCARDIOGRAPHY:

1. All cardiac chambers are normal in dimensions
2. No LV regional wall motion abnormalities at rest
3. LVEF = 60 %
4. Good RV function
5. All cardiac valves structurally normal
6. IAS / IVS intact
7. No clots / vegetation/ pericardial effusion seen on TTE
8. Great arteries are normally related & appear normal
9. IVC is normal in size & collapsing well with respiration

DOPPLER STUDIES (CONTINUOUS WAVE, PULSED WAVE, COLOR DOPPLER)

1. No LV diastolic dysfunction
2. No AS/AR/MR, Trivial TR
3. PASP by TR jet= 18 mm Hg
4. No intracardiac or extracardiac shunt noted

DIMENSIONS (M-MODE) :

Left Atrium 40.0 mm Aortic Root 26.0 mm
IVS (d) 9.0 mm IVS (s) 14.0 mm
LVID (d) 43.0 mm LVID (s) 23.0 mm
LVPW(d) 09.0 mm LVPW(s) 14.0 mm

IMPRESSION:

Normal Cardiac Structure
Normal LV & RV Systolic Function (LVEF = 60 %)
No LV Diastolic Dysfunction
Normal Cardiac Valves
No Pulmonary Hypertension
IAS/IVS intact
No clot/vegetation/pericardial effusion

DR. RAJENDRA CHAVAN
DM (Cardiology), MD (MED)
CARDIOLOGIST

Print Date : 25/02/2023 10:11:27

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Patient

Exam

ID

HARDAS

Accession #

Name

HARDAS, DAMINI

Exam Date

25-02-2023

Birth Date

Description

Gender

Operator

