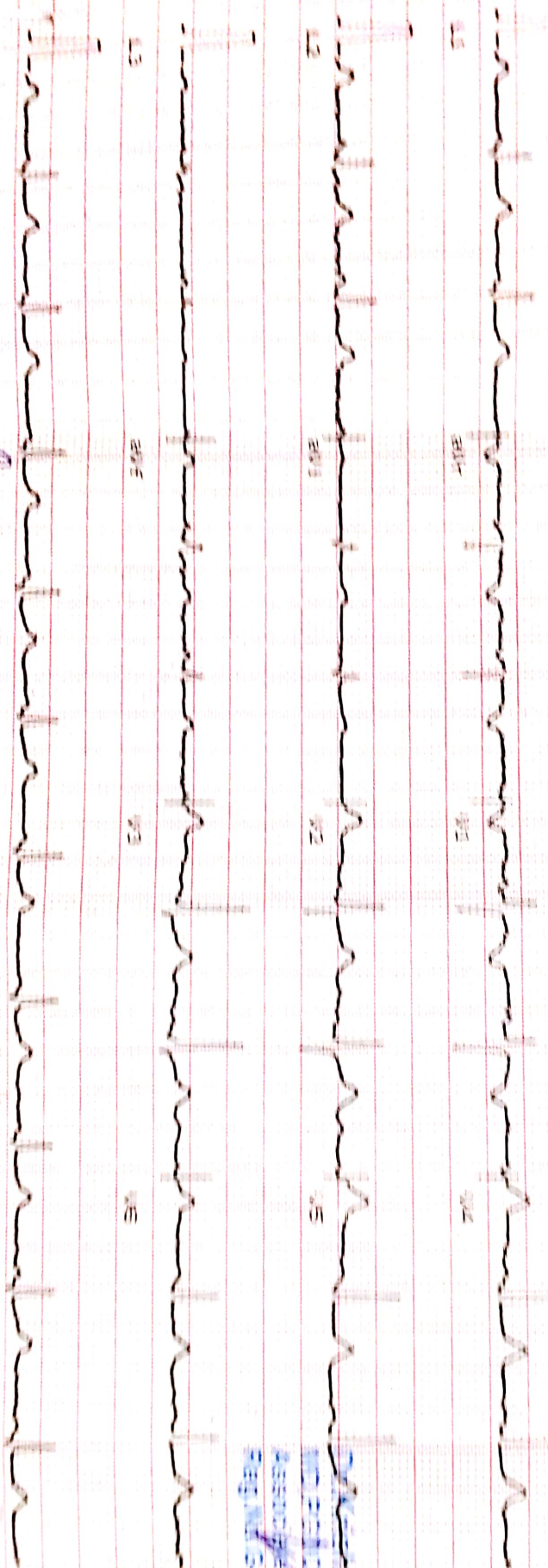


Name: _____
Age: _____
Sex: _____

Subal Kumar Jaiswal. 21/4

Dr. [Signature] *MD*



Rate: 75 bpm
PR: 160 ms
QRS: 80 ms
QT: 340 ms

12/11/21.

Dr. Subal Kumar Jaiswal
Associate Consultant-Cardiologist
ICG Hospital, Lucknow



ICure[™] Heart & General Clinic

ICure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

:: PERSONAL HEALTH REPORT ::

NAME Snehal. Tondare.

DATE 12/02/22

SR. NO.
SEX. Female
AGE 20 years
HEIGHT 152cm.
WEIGHT 44kg.

HISTORY

Present History : NO
 Past Hlness History : NO Diabetes/Hypertension/Tuberculosis/Asthma/Epilepsy
 Past Occupational History : NO
 Family History : NO
 Personal History : NO
 Addiction : NO Tobacco/Gutkha/Smoking/Alcohol

GENERAL EXAMINATION

T.P.R. : 17/min B.P. : 120/80 mm Hg
 Pallor/Icterus/Cyanosis/Varicosity/Lymph Nodes/Thyroid/Oedema/NVE/Other : NAD

SYSTEMIC EXAMINATION

R.S. : NAD
 C.V.S. : NAD
 C.N.S. : NAD
 A.S. : NAD
 Musculo-skelet System : NAD

		ACUITY OF VISION			
E.N.T. Ex. NAD	Dental Ex. NAD	Skin Ex. NAD	Psychic Ex. NAD	RT EYE	LT EYE
				Without Glass	DISTANT
				Near	6/ 6
				With Glass	DISTANT
				Near	6/ 6
				COLOUR BLINDNESS	
				NAD	

REMARK
ADVICE
 The Worker is FIT/UNFIT for the assigned job.



Dr. Krish P. Vaidya
 MD, PGDCC
 DR. KRISH VAIDYA
 Consultant - Cardiology
 Reg. No. G-50510
 MD - G-50510, CH

आयकर विभाग
INCOME TAX DEPARTMENT

भारत सरकार
GOVT. OF INDIA

स्थायी लेखा संख्या कार्ड
Permanent Account Number Card

BUZPT0068D

नाम / Name
SNEHAL MAHESH TONDARE

पिता का नाम / Father's Name
MAHESH TONDARE

जन्म की तिथि / Date of Birth
03/01/2001

Snehal
Former / Signature

07011



Snehal





JKV LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
8320343731 / 9601969303 M jkvlaboratory2021@gmail.com

Patient's Name : **SNEHAL TONDARE**
Referred by : I Cure Heart & Diet Clinic
Date : 12/02/2022 20:46

Ref. No. : 9399
Age : 20 Years
Sex : Female

BLOOD GROUP

Test Name	Result
ABO System :	"A"
Rh Typing :	"POSITIVE"


DR K K PATEL
Reg.
MD (G-20476)
CONSULTANT PATHOLOGIST



J K V LABORATORY



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8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : SNEHAL TONDARE
Referred by : I Cure Heart & Diet Clinic
Date : 12/02/2022 20:46

Ref. No. : 9399
Age : 20 Years
Sex : Female

THYROID FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
Serum T3 :	1.22	ng/ml	[0.60 - 1.81]
Serum T4 :	6.23	µg/dl	[4.50 - 10.90]
Serum TSH : (CHEMILUMINESCENCE)	3.589	µIU/ml	[0.55 - 4.78]

Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (free T4). Additionally, the hypothalamic tripeptide, thyrotropin-releasing hormone (TRH), directly stimulates TSH production. TSH stimulates thyroid cell production and hypertrophy, also stimulate the thyroid gland to synthesize and secrete T3 and T4. Quantification of TSH is significant to differentiate primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

TSH levels During Pregnancy :

- First Trimester : 0.1 to 2.5 µIU/mL
- Second Trimester : 0.2 to 3.0 µIU/mL
- Third trimester : 0.3 to 3.0 µIU/mL

Referance : Carl A.Burtis,Edward R.Ashwood,David E.Bruns. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics. 5th Eddition. Philadelphia: WB Saunders,2012:2170



DR K K PATEL

MD (G-20476)

CONSULTANT PATHOLOGIST



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☎ 8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : SNEHAL TONDARE
Referred by : I Cure Heart & Diet Clinic
Date : 12/02/2022 20:46

Ref. No. : 9399
Age : 20 Years
Sex : Female

HBA1C [Glycosylated Haemoglobin]

Test Name	Result	Units	Biological Reference Interval
Glycosylated Haemoglobin : (HBA1C)	5.2	%	Excellent control: 4.2-6.2 Good Control : 6.3-7.2 Fair Control : 7.3-8.2 Poor Control : >8.3
Estimated Average glucose :	102.54	mg/dl	

Comment : *As per the new 2009 update of American Diabetes Association regarding HbA1C & Mean Blood Glucose relationship.

NOTE:
blood glucose : This test is used to monitor diabetic patients compliance with the therapeutic regimen and long term blood glucose control. It's level is proportional to both the average concentration and the life span of the red blood cells (RBC) in circulation. HbA1c values are free of day to day glucose fluctuations and are unaffected by exercise or recent food intake.


DR K K PATEL
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CONSULTANT PATHOLOGIST



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Patient's Name : SNEHAL TONDARE
Referred by : I Cure Heart & Diet Clinic
Date : 12/02/2022 20:46

Ref. No. : 9399
Age : 20 Years
Sex : Female

BIOCHEMICAL TESTS

Test Name	Result	Units	Biological Reference Interval
Uric Acid :	3.50	mg/dl	3.4 - 7.0

DR K K PATEL

MD (G-20476)

CONSULTANT PATHOLOGIST



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8320343731 / 9601969303M jkvlaboratory2021@gmail.com



Patient's Name : SNEHAL TONDARE
Referred by : I Cure Heart & Diet Clinic
Date : 12/02/2022 20:46

Ref. No. : 9399
Age : 20 Years
Sex : Female

RENAL FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
Blood Urea :	23.0	mg/dl	[12.6 to 42.6]
Blood Urea Nitrogen :	11.2	mg/dl	[8 to 23]
Serum Creatinine :	0.87	mg/dl	[Male : 0.6 to 1.1] [Female : 0.5 to 0.9]

DR K K PATEL
MD (G-20476)
G-23327
CONSULTANT PATHOLOGIST
(Pathologist)



J K V LABORATORY

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8320343731 / 9601969303 jkvlaboratory2021@gmail.com



Patient's Name : **SNEHAL TONDARE**
Referred by : I Cure Heart & Diet Clinic
Date : 12/02/2022 20:46

Ref. No. : 9399
Age : 20 Years
Sex : Female

LIVER FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
S.G.P.T. (ALT) :	19.5	U/L	30- 65
S.G.O.T. (AST) :	15.5	IU/L	[Female: 0 - 31] [Male: 0 - 35]
S. Alkaline Phosphatase :	71	IU/L	[upto 15 yrs Female 50-162] [>20 yrs Female 42 - 141] [>20 yrs Male 53 - 119]
S. Bilirubin (Total) :	0.96	mg/dl	[0.1 to 1.2]
S. Bilirubin (Direct) :	0.25	mg/dl	[0.0 to 0.3]
S. Bilirubin (Indirect) :	0.71	mg/dl	[0.0 to 0.9]
S. Proteins: (Total) :	6.82	gm/dl	[6.6 to 8.8]
S. Albumin :	4.15	gm/dl	[3.5 to 5.2]
S. Globulin :	2.67	gm/dl	[2.5 to 3.0]
A/G Ratio :	1.6		
G.G.T. : (Gamma-Glutamyl Transferase)	36.5	IU/L	[8 to 78]



DR. K. K. PATEL
MD (G-20476)

CONSULTANT PATHOLOGIST



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Patient's Name : **SNEHAL TONDARE**
Referred by : I Cure Heart & Diet Clinic
Date : 12/02/2022 20:46

Ref. No. : 9399
Age : 20 Years
Sex : Female

LIPID PROFILE

Test Name	Result	Units	Biological Reference Interval
Cholesterol :	144.5	mg/dl	Desirable level/low risk : < 200 Borderline level/moderate risk : 200-250 Elevated level/ high risk : > 250
Triglyceride :	105.4	mg/dl	Normal : <150 Borderline high : 150-200 High : > 200
HDL Cholesterol :	53.2	mg/dl	Desirable level/low risk : >60 Borderline level/moderate risk : 35-60 Elevated level/ high risk : <35
LDL Cholesterol :	70.22	mg/dl	Desirable level/low risk : <130 Borderline level/moderate risk : 130-159 Elevated level/ high risk : >159
VLDL :	21.08	mg/dl	Upto 34
Chol./HDL Ratio :	2.7		
LDL/HDL Ratio :	1.3		Desirable level/low risk : 0.5-3.0 Borderline level/moderate risk : 3.0-6.0 Elevated level/ high risk : >6.0
Total Lipids :	594.4	mg/dl	400 - 1000


DR K.K. PATEL
MD (G-20476)
CONSULTANT PATHOLOGIST



J K V LABORATORY



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Patient's Name : **SNEHAL TONDARE**
Referred by : I Cure Heart & Diet Clinic
Date : 12/02/2022 20:46

Ref. No. : 9399
Age : 20 Years
Sex : Female

HEMOGRAM

Test Name	Result	Units	Biological Reference Interval
Hemoglobin :	12.1	g/dl	[12.0-16.0]
Total RBC Count :	4.05	mill/cmm	[4.2-5.4]
<u>Blood Indices</u>			
P.C.V :	34.5	%	[37-47]
M.C.V. :	85.19	femtolitre	[78-100]
M.C.H. :	29.88	pg	[27-31]
M.C.H.C. :	35.1	g/dl	[32-36]
R.D.W. :	13.0	%	[11.5-14.0]
Total WBC Count :	8200	/cmm	[4000-10000]
Platelet Count :	215000	/cmm	150000-450000
<u>Differential WBC Count</u>			
Polymorphs :	55	%	[60 - 70]
Lymphocytes :	40	%	[20 - 40]
Eosinophils :	02	%	[1 - 4]
Monocytes :	03	%	[2 - 6]
Basophils :	00	%	[0 - 1]
MPV :	9.0		
PDW-CV :	12.3		
PDW-SD :	16.6		
PCT :	0.22		
P-LCR :	26.0		
<u>Erythrocyte Sedimentation Rate</u> [Modified Westergren]			
After 1 hour :	11	mm	[M: 1 - 7 / F: 3 - 12]


DR K K PATEL
MD (G-20476)
CONSULTANT PATHOLOGIST


Heart & General Clinic

2D Echocardiography & Color Doppler Report

iCure Hear care, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

Name :Mrs Snehal Tondare Age/ Sex : 20yrs/FEMALE		Date: 12/02/2022
MEASUREMENTS		OBSERVED
AORTIC ROOT	[22-33]	30
LEFT ATRIUM	[29-40]	35
LEFT VENTRICLE [ES]	[22-37]	32
LEFT VENTRICLE [ED]	[39-51]	49
RIGHT VENTRICLE [ED]	[13-24]	22
I.V.S THICKNESS	[8 - 10]	12
L.V.P.WALL THICKNESS[ED]	[8 - 10]	11
I.V.S / L.V.P.W RATIO		-
L V EJECTION FRACTION	[50-70]	65%
FRACTIONAL SHORTENING	[27- 43]	44%

MOTION:

I.V.S.: Normal

L.V.P.W: Normal

VALVES:

ANTERIOR MITRAL

LEAFLET : NORMAL
EF - SLOPE : NORMAL
DE EXCN : NORMAL
EPSS : NORMAL

POSTERIOR MITRAL

LEAFLET : NORMAL
STRUCTURE : NORMAL
MOTION : NORMAL
SUB VAL FUSION : NORMAL

AORTIC VALVE : NORMAL
TRICUSPID VALVE : NORMAL
PULMONARY VALVE : NORMAL
RVOT : NORMAL
OTHER ABNORMALITIES : NIL

CALCIFICATION: NIL

Dr. Krish P. Vaidya
MD, PGCC
Associate Consultant-Cardiology
Reg.No.G-50510

DOPPLER EVALUATION:

Structure	Flow Velocity	
MV	E - 1.92	A- 2.12
AV	1.4	
TV	1.8	
PV	1.9	
SHUNT	NIL	



Dr. Krish Vaidya

 **iCure™**
Heart & General Clinic

MD. G-50510

CONCLUSION:

Fair LV systolic function. [LV EF – 65%]
No RWMA
Normal Cardiac Chambers
NO LVDD
No MR, No MS
No AR, No AS
Normal values & blood flow velocities.
No TR, NO PAH
No e/o PE / PAH / clot / shunt.



Dr. Krish Vaidya

MD. G-50510

Dr. Krish P. Vaidya
MD, FCC
Associate Consultant-Cardiology
Reg. No. G-50510

PARAMOUNT DIAGNOSTIC & RESEARCH CENTRE

(A Unit of Paramount Charity Trust)

Radiology ■ Pathology ■ Histopathology ■ Molecular Biology

NAME : SNEHAL TONDARE

AGE : 20 Y/F

DATE : 12/02/2022

X RAY CHEST (PA)

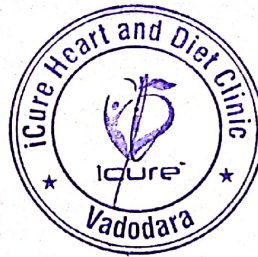
OBSERVATIONS:

- Both the lung fields and apices appear clear.
- Both the hilar shadow appears normal.
- Cardiac silhouette appears normal.
- Both the costophrenic sinuses are clear.
- Mediastinal and tracheal shadows are normal.
- Both the domes of diaphragm are normal.
- Visualized rib cage and clavicle are normal.

COMMENTS:

No significant abnormality is seen.


DR GIRISH PARMAR (M.D.)
CONSULTANT RADIOLOGIST



PARAMOUNT DIAGNOSTIC & RESEARCH CENTRE

(A Unit of Paramount Charity Trust)

Radiology ■ Pathology ■ Histopathology ■ Molecular Biology

NAME : SNEHAL TONDARE	AGE: 20 Y/F	DATE : 12/02/2022
-----------------------	-------------	-------------------

ULTRASONOGRAPHY OF WHOLE ABDOMEN

(Screening)

Liver is normal in size 143mm and shows normal parenchymal reflectivity. No focal lesion is seen. Hepatic veins appear normal. There is no evidence of any dilated intra hepatic biliary radicals.

Portal Vein appears normal in diameter. **Common Bile Duct** is of normal diameter.

Gallbladder is physiologically distended with normal wall thickness. There is no evidence of gallstones. No evidence of peri-cholecystic fluid or probe tenderness.

Pancreas is normal in size and shows homogenous reflectivity. There is no evidence of any calcification or ductal dilatation.

Spleen is normal size 97mm and shows a homogenous echotexture. There is no evidence of any focal lesion.

Both Kidneys are normal in position and size. They show normal cortical reflectivity and cortico-medullary distinction. There is no evidence of renal calculi, hydronephrosis or mass seen.

Bladder is well distended and shows normal wall thickness. No evidence of intra-luminal mass or calculi.

Uterus appears normal in size. Uterine myometrial echotexture is homogeneous. No focal lesion is seen. **CET** measures 5.4 mm.

Both Ovaries appears normal in size & reflectivity. No evidence of any adnexal mass.

There is no evidence of ascites.

No evidence of any gross bowel mass seen.

No evidence of any aorto-caval or mesenteric root lymphadenopathy.

No mass or collection in right iliac fossa.

CONCLUSION: No sonographic abnormality is seen.


DR GIRISH PARMAR (M.D.)
CONSULTANT RADIOLOGIST





JKV LABORATORY



Name : SNEHAL TONDARE
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 20 Yrs./F
Date : 12/02/2022
Report ID. : 27

BIOCHEMISTRY

TEST	RESULT	UNIT	REFERENCE INTERVAL
FASTING (FBS)			
Blood Glucose	: 92.0	mg/dL	70.00 - 110.00 mg/dL
POST-PRANDIAL			
Blood Glucose	: 102.0	mg/dL	80 - 140 mg/dL

Done By Fully Auto Analyzer MIURA, A-1004

EXAMINATION OF URINE

Sample : FASTING

PHYSICAL EXAMINATION

Quantity : 10 mL

Colour : PALE YELLOW

Transperancy : CLEAR

Specific Gravity : 1.003

Reaction : ACIDIC

Deposits : ABSENT

CHEMICAL EXAMINATION

Albumin : NIL

Sugar : NIL

Acetone : ABSENT

Bile Salts : ABSENT

Bile Pigments : ABSENT

Urobilinogen : NORMAL : ~ < 1.0 mg/dL

Occult Blood : ABSENT

Nitrate : ABSENT

MICROSCOPIC EXAMINATION

Pus Cells : 0-1 / hpf

RBC : NIL

Epithelial Cells : NIL

Crystals : NIL

Amorphous Phosphate : NIL

Cast : NIL

DR. JIGAR (M.D. Pathologist)
Reg. G-23327

DR JIGAR (M.D. Pathologist) (G23327)
M.D. Pathologist

Time : 7 a.m. to 9.00 p.m. ● Emergency 24 Hrs.

FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022
8320343731 / 9601969303 jkvlaboratory.com

Test Report are subject to technical limitations

Home Service