

Dear Shweta jay mehta,

Thanks for booking Health Checkup and we have required following document for confirmation of booking health checkup.

1. HRM Letter

Please note following instruction for HRM letter.

1. For generating permission letter for cashless health check-up in the HR Connect, the path to be followed is given below:

a) Employee Self Service-> Reimbursement-> Reimbursement application ->Add New value ->Reimbursement Type: Mandatory Health Check-up â€œ Click Add

b) Select Financial Year 2022-23, Self or Spouse, Claim Type - Cashless and Submit

c) After submission, click print button to generate Permission Letter

Booking Date : 04-05-2023

Health Check up Name : Medi-Wheel Metro Full Body Health Checkup Female Below 40

Name of Diagnostic/Hospital : Surana Sethia Hospital & Research Centre

Address of Diagnostic/Hospital : Sion - Trombay Rd, Suman Nagar,

Appointment Date : 09-05-2023

Preferred Time : 8:00am-8:00am

Member Information			
Booked Member Name	Age	Gender	Cost(In INR)
Shweta jay mehta	36	Female	Cashless
Total amount to be paid			Cashless

We will get back to you with confirmation update shortly. Please find the package details as attached for your reference.

Package Name : Medi-Wheel Metro Full Body Health Checkup Female Below 40 - Includes (37)Tests

Tests included in this Package : Ecg, TSH, X-ray Chest, Stress Test (tmt)/ 2d Echo, Blood Sugar Postprandial, A:g Ratio, Blood Group, Total Cholesterol, Triglycerides, Fasting Blood Sugar, Ultrasound Whole Abdomen ,

Glycosylated Haemoglobin (hba1c), Hdl, Vldl, Urine Analysis, LDL, Total Protine, General Consultation, HDL/ LDL ratio, GGT(Gamma-glutamyl Transferase), Eye Check-up consultation, ALP (ALKALINE PHOSPHATASE), Uric Acid, AST/ALT Ratio, Serum Protein, CBC with ESR, Stool Analysis, Urine Sugar Fasting, Urine Sugar PP, T3, T4, Cholesterol Total / HDL Ratio, BUN, BUN/Creatinine Ratio, Bilirubin Total & Direct and Indirect, Albumin, Globulin

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NABH PRE ACCREDITATION
ENTRY LEVEL HOSPITAL
PEH-2018-0537



**SURANA SETHIA HOSPITAL
AND RESEARCH CENTRE
CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MRS. MEHTA SHWETA JAY	IP / OP No : 1130158
Ordered Loc : Hospital clinic	Gender : Female Age : 35 Y 0 M 1 D
Referred By : Dr.MEDIWHEEL HEALT	Vch No : 1376167
Class : OPD	Received Dt : 09-May-2023 15:30
Current Loc :	Reported On : 09-May-2023 16:23
Accession No : 23008405	Sample No : 23021835

COMPLETE HEAMOGRAM (C.B.C.)

TEST DESCRIPTION	OBSERVED VALUE	REFERENCE RANGE\UNITS
Haemoglobin	11.50	11.50 - 16.00 gm/dL
R.B.C.	4.40	4.00 - 6.00 Mill/C.mm.
P.C.V.	33.90	37.00 - 47.00 %
M.C.V.	77.05	78.00 - 100.00 fL
M.C.H.	26.14	27.00 - 31.00 pg
M.C.H.C.	33.92	32.00 - 36.00 %
RDW	12.4	11.0 - 15.0 %
Total W.B.C. Count	5600	4000 - 11000 /C.mm
DIFFERENTIAL COUNT		
Neutrophils	67	40 - 75 %
Eosinophils	2	1 - 6 %
Basophils	0	0 - 1 %
Lymphocytes	28	20 - 45 %
Monocytes	3	1 - 10 %
WBC MORPHOLOGY	Normal	
RBC MORPHOLOGY	Normochromic Normocytic	
PLATELET COUNT	285	150 - 450 10 ³ /ul
PLATELETS	Adequate	

** END OF REPORT **

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Dr. Pragati Pote
MB, DPB,
(Path & Bact)

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Sumannagar, Sion Trombay Road, Chembur, Mumbai - 400071 **Tel. : 022-3378 3378**
Email: info@suranasethiahospital.in Web. : www.suranasethiahospital.com



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PEH-2018-0537



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Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MRS. MEHTA SHWETA JAY	IP / OP No : 1130158
Ordered Loc : Hospital clinic	Gender : Female Age : 35 Y 0 M 1 D
Referred By : Dr.MEDIWHEEL HEALT	Vch No : 1376167
Class : OPD	Received Dt : 09-May-2023 15:30
Current Loc :	Reported On : 09-May-2023 16:21
Accession No : 23008405	Sample No : 23021832

ESR

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE</u>	<u>UNITS</u>
ESR (Erythrocyte Sedimentation Rate)	30	1 - 20	mm/hr

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Patient Name : MRS. MEHTA SHWETA JAY
Ordered Loc : Hospital clinic
Referred By : Dr. MEDIWHEEL HEALT
Class : OPD
Current Loc :
Accession No : 23008405

IP / OP No : 1130158
Gender : Female Age : 35 Y 0 M 1 D
Vch No : 1376167
Received Dt : 09-May-2023 15:30
Reported On : 09-May-2023 16:21
Sample No : 23021833

BLOOD GROUP & RH TYPE

TEST DESCRIPTION

OBSERVED VALUE

REFERENCE RANGE\UNITS

BLOOD GROUP & RH TYPE

ABO Group
Rh Factor

"A"
NEGATIVE
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Patient Name : MRS. MEHTA SHWETA JAY
Ordered Loc : Hospital clinic
Referred By : Dr.MEDIWHEEL HEALT
Class : OPD
Current Loc :
Accession No : 23008405

IP / OP No : 1130158
Gender : Female Age : 35 Y 0 M 1 D
Vch No : 1376167
Received Dt : 09-May-2023 15:30
Reported On : 09-May-2023 16:25
Sample No : 23021836

P.P.BLOOD GLUCOSE

TEST DESCRIPTION

OBSERVED VALUE

REFERENCE RANGE UNITS

Blood Sugar Post Prandial (PPBS)	98	70 - 140 mg/dl
Urine Sugar (PP)	Absent	
Urine Ketone (PP)	Absent	
METHOD GLUCOSE OXIDASE PEROXIDASE (GOD /POD)		

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PEH-2018-0537



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AND RESEARCH CENTRE
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Chembur | Malad | Bhiwandi | Navi Mumbai

Patient Name : MRS. MEHTA SHWETA JAY	IP / OP No : 1130158
Ordered Loc : Hospital clinic	Gender : Female Age : 35 Y 0 M 1 D
Referred By : Dr.MEDIWHEEL HEALT	Vch No : 1376167
Class : OPD	Received Dt : 09-May-2023 15:30
Current Loc :	Reported On : 09-May-2023 17:09
Accession No : 23008405	Sample No : 23021837

BIOCHEMISTRY

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE</u>	<u>UNITS</u>
Blood Sugar Fasting (FBS)	86	70 - 110	mg%
Urine Sugar (Fasting)	Absent		
Urine Ketone (Fasting)	Absent		
BUN	12.0	8.0 - 21.0	mg/dl
G. G. T. P	30.0	0.0 - 45.0	IU/L

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Referred By : Dr.MEDIWHEEL HEALT
Class : OPD
Current Loc :
Accession No : 23008405

IP / OP No : 1130158
Gender : Female Age : 35 Y 0 M 1 D
Vch No : 1376167
Received Dt : 09-May-2023 15:30
Reported On : 09-May-2023 17:09
Sample No : 23021837

RENAL FUNCTION TEST

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE</u>	<u>UNITS</u>
BUN	12.0	8.0 - 21.0	mg/dl
Uric Acid	4.9	3.5 - 7.2	mg/dl
Sodium [Na ⁺]	140	135 - 155	mmol/L
Potassium [K ⁺]	4.2	3.6 - 5.5	mmol/L
Chloride [Cl ⁻]	102	96 - 108	mmol/L
Calcium	8.6	8.4 - 10.2	mg/dl
Phosphorus	2.9	2.5 - 4.5	mg/dl
Serum Alkaline Phosphates	63.0	28.0 - 111.0	IU/L
Serum Proteins Total	6.5	6.0 - 8.2	gm%
Serum Albumin	3.6	3.0 - 5.0	gm%
Serum Globulin	2.90	1.90 - 3.50	gm%
Albumin : Globulin Ratio	1.24	0.90 - 2.00	gm%
Serum Creatinine	0.8	0.5 - 1.5	mg/dl

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Ordered Loc : Hospital clinic
Referred By : Dr.MEDIWHEEL HEALT
Class : OPD
Current Loc :
Accession No : 23008405

IP / OP No : 1130158
Gender : Female Age : 35 Y 0 M 1 D
Vch No : 1376167
Received Dt : 09-May-2023 15:30
Reported On : 09-May-2023 17:09
Sample No : 23021837

LIVER FUNCTION TEST

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE\UNITS</u>
Total Bilirubin	0.4	0.1 - 1.2 mg/dl
Conjugated (Direct) Bilirubin	0.2	0.0 - 0.3 mg/dl
Unconjugated (Indirect) Bilirubin	0.2	0.1 - 1.0 mg/dL
SGOT	24.0	15.0 - 46.0 U/L
SGPT	26.0	13.0 - 69.0 U/L
Serum Alkaline Phosphates	63.0	28.0 - 111.0 IU/L
Serum Proteins Total	6.5	6.0 - 8.2 gm%
Serum Albumin	3.6	3.0 - 5.0 gm%
Serum Globulin	2.90	1.90 - 3.50 gm%
Albumin : Globulin Ratio	1.24	0.90 - 2.00 gm%
Serum Creatinine	0.8	0.5 - 1.5 mg/dl
G. G. T. P	30.0	0.0 - 45.0 IU/L

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Referred By : Dr.MEDIWHEEL HEALT	Vch No : 1376167
Class : OPD	Received Dt : 09-May-2023 15:30
Current Loc :	Reported On : 09-May-2023 17:09
Accession No : 23008405	Sample No : 23021837

LIPID PROFILE

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE\UNITS</u>
Total Cholesterol	125	150 - 250 mg%
Triglycerides	92	35 - 160 mg%
HDL Cholesterol	40	30 - 70 mg%
VLDL Cholesterol	18.40	7.00 - 35.00 mg%
LDL Cholesterol	66.60	108.00 - 145.00 mg%
LDL/HDL Ratio	1.67	1.10 - 3.90
TC/HDL CHOL Ratio	3.13	3.50 - 5.00

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Patient Name : MRS. MEHTA SHWETA JAY	IP / OP No : 1130158
Ordered Loc : Hospital clinic	Gender : Female Age : 35 Y 0 M 1 D
Referred By : Dr.MEDIWHEEL HEALT	Vch No : 1376167
Class : OPD	Received Dt : 09-May-2023 15:30
Current Loc :	Reported On : 09-May-2023 16:21
Accession No : 23008405	Sample No : 23021831

URINE ANALYSIS

<u>TEST DESCRIPTION</u>	<u>OBSERVED VALUE</u>	<u>REFERENCE RANGE\UNITS</u>
<u>PHYSICAL EXAMINATION</u>		
Quantity	20 ml	
Colour	Pale yellow	
Appearance	Clear	
Deposit	Absent	
Reaction [PH]	Acidic	
Specific Gravity	1.020	
<u>CHEMICAL EXAMINATION</u>		
Urine Albumin	Absent	
Sugar	Absent	
Ketone Bodies	Absent	
Occult Blood	Absent	
Bile Pigment	Absent	
Bile Salt	Absent	
<u>MICROSCOPIC EXAMINATION</u>		
Red Blood Cells	Absent	00-02
Pus Cells	2 - 3	00-02 / hpf
Epithelial Cells	3 - 4	00-02 / hpf
Casts	Absent	
Crystals	Absent	
Spermatozoa	Absent	
Trichomonas Vaginalis	Absent	
Yeast Cells	Absent	
Amorphous Deposits	Absent	
Bacteria	Absent	

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**SURANA SETHIA HOSPITAL
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Chembur | Malad | Bhiwandi | Navi Mumbai

NAME : SHWETA MEHTA (36Y/F)
REF. BY : SELF
TEST ASKED : HbA1c

HOME COLLECTION :
SURANA HOSPITAL SANPADA - 400071

TEST NAME	TECHNOLOGY	VALUE	UNITS
HbA1c - (HPLC)	H.P.L.C	5.6	%

Reference Range :

Reference Range: As per ADA Guidelines

Below 5.7% : Normal
5.7% - 6.4% : Prediabetic
>=6.5% : Diabetic

Guidance For Known Diabetics

Below 6.5% : Good Control
6.5% - 7% : Fair Control
7.0% - 8% : Unsatisfactory Control
>8% : Poor Control

Method : Fully Automated H.P.L.C method

AVERAGE BLOOD GLUCOSE (ABG)	CALCULATED	114	mg/dL
-----------------------------	------------	-----	-------

Reference Range :

90 - 120 mg/dl : Good Control
121 - 150 mg/dl : Fair Control
151 - 180 mg/dl : Unsatisfactory Control
> 180 mg/dl : Poor Control

Method : Derived from HBA1c values

Please correlate with clinical conditions.

Sample Collected on (SCT) : 08 May 2023 15:20
Sample Received on (SRT) : 09 May 2023 14:35
Report Released on (RRT) : 09 May 2023 15:52
Sample Type : EDTA
Labcode : 0905081410/AJ392
Barcode : BA486207

Dr Sumanta Basak, DPB

NAME : SHWETA MEHTA (36Y/F)
REF. BY : SELF
TEST ASKED : T3-T4-TSH

HOME COLLECTION :
SURANA HOSPITAL SANPADA - 400071

TEST NAME	TECHNOLOGY	VALUE	UNITS	REFERENCE RANGE
TOTAL TRIIODOTHYRONINE (T3)	C.L.I.A	83	ng/dL	60-200
TOTAL THYROXINE (T4)	C.L.I.A	5.7	µg/dL	4.5-12
THYROID STIMULATING HORMONE (TSH)	C.L.I.A	10.75	µIU/mL	0.3-5.5

Comments : IF NOT ON DRUGS SUGGESTED FT3 & FT4 ESTIMATION

Please correlate with clinical conditions.

Method :

T3 - Competitive Chemi Luminescent Immuno Assay

T4 - Competitive Chemi Luminescent Immuno Assay

TSH - Sandwich Chemi Luminescent Immuno Assay

Pregnancy reference ranges for TSH/USTSH :

Trimester	T3 (ng/dl)	T4 (µg/dl)	TSH/USTSH (µIU/ml)
1st	83.9-196.6	4.4-11.5	0.1-2.5
2nd	86.1-217.4	4.9-12.2	0.2-3.0
3rd	79.9-186	5.1-13.2	0.3-3.5

References :

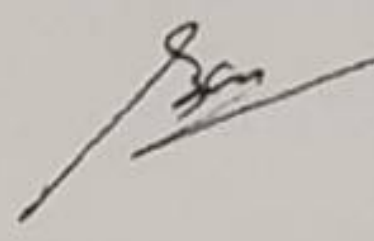
1. Carol Devilia, C I Parhon. First Trimester Pregnancy ranges for Serum TSH and Thyroid Tumor reclassified as Benign. Acta Endocrinol. 2016; 12(2) : 242 - 243
2. Kulhari K, Negi R, Kalra DK et al. Establishing Trimester specific Reference ranges for thyroid hormones in Indian women with normal pregnancy : New light through old window. Indian Journal of Contemporary medical research. 2019; 6(4)

Disclaimer :

Results should always be interpreted using the reference range provided by the laboratory that performed the test. Different laboratories do tests using different technologies, methods and using different reagents which may cause difference in reference ranges and hence it is recommended to interpret result with assay specific reference ranges provided in the reports. To diagnose and monitor therapy doses, it is recommended to get tested every time at the same Laboratory.

--- End of report ---

Sample Collected on (SCT) : 08 May 2023 15:20
Sample Received on (SRT) : 09 May 2023 14:38
Report Released on (RRT) : 09 May 2023 15:56
Sample Type : SERUM
Labcode : 0905081697/AJ392
Barcode : AX342781


Dr Sumanta Basak, DPB

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Chembur | Malad | Bhiwandi | Navi Mumbai

NAME	: MRS. SHWETA MEHTA	SEX	: FEMALE
AGE	: 35 YRS	ID NO.	: 1130158
REF BY	: MEDI WHEEL HEALTH	DATE	: 09/05/2023

EXAMINATION: 2D ECHOCARDIOGRAPHY

Conclusion:

1. All chambers normal sized.
2. Good LV function with LVEF = 60 %
3. All valves structurally & functionally normal.
4. No regional wall motion abnormality.
5. IAS / IVS intact.
6. No clot / vegetation / effusion.

Doppler Study:

- No diastolic dysfunction
- No TR. No PH.
- No other valvular regurgitation.
- No signs of high LVEDP.

Impression:

Normal Studies.

**Dr. Dinesh Rajpal
MD, Physician
Reg. No.82808.**

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Doppler Study:

- Diastolic dysfunction: Normal
- RVOT = Normal mm of Hg.
- LVOT = Normal mm of Hg.
- AR: NO MR: NO PR: NO TR: NO
- Peak / Mean across MV= Normal mm of Hg.
- Peak / mean across AV = 2 mm of Hg.
- MV PHT = Normal
- MVA by PHT = Normal square cm.
- AR PHT = Normal millisecond
- CWD across TV = Normal mm of Hg.
- PASP by TR jet = 27 mm of Hg.

Measurements:

	Measurement	Unit
Aorta		
LA	35	mm
AO	26	mm
ACS	18	mm
Mitral Valve		
Study		
Excursion D-E		mm
EF slop		mm/s
EPSS	3	mm

	Measurement	Unit
LV study		
IVsd	10	mm
LVIDd	43	mm
LVPWD	13	mm
IVSs	15	mm
LVIDs	26	mm
LVPWa	7	mm
EF %		%
% FS		%

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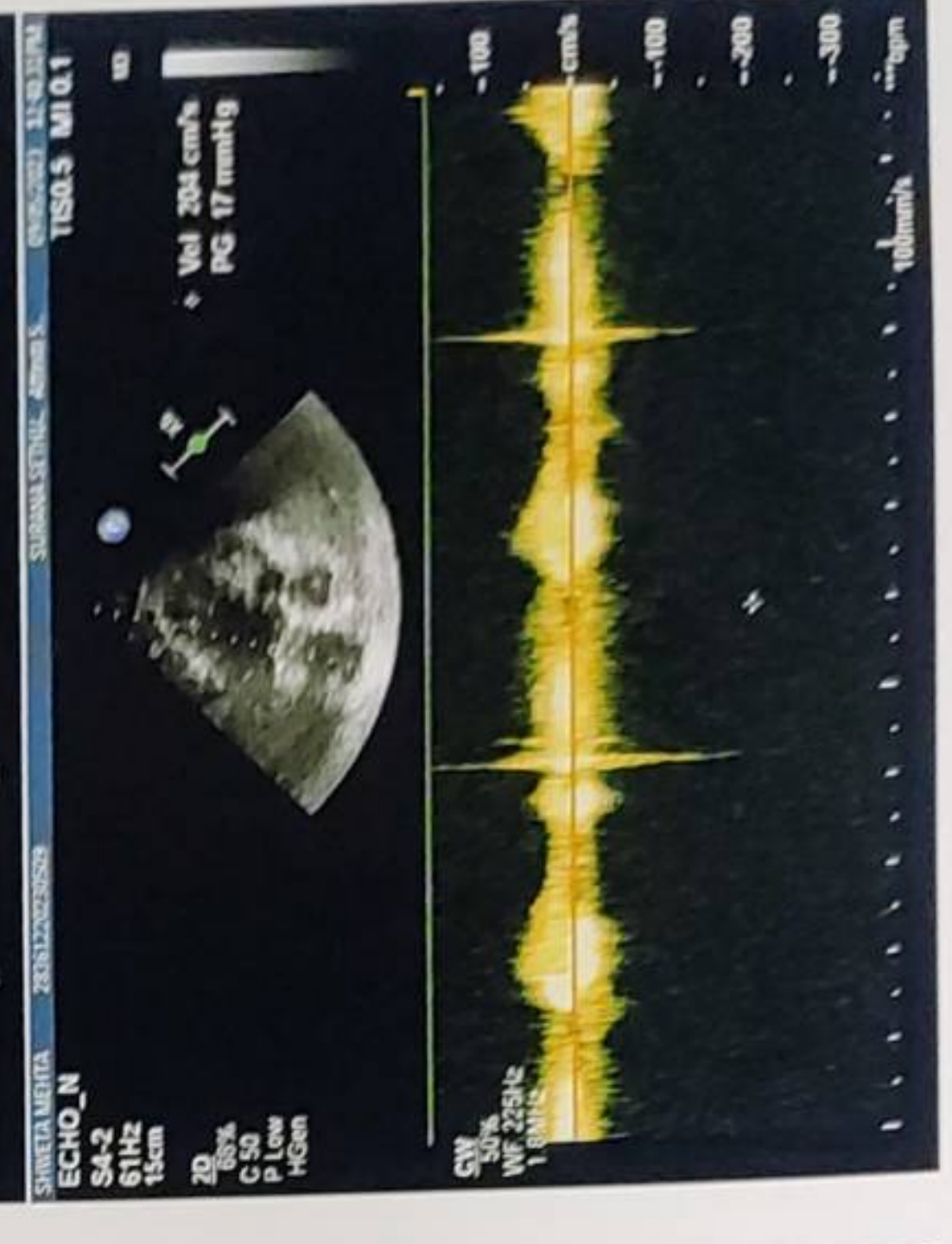
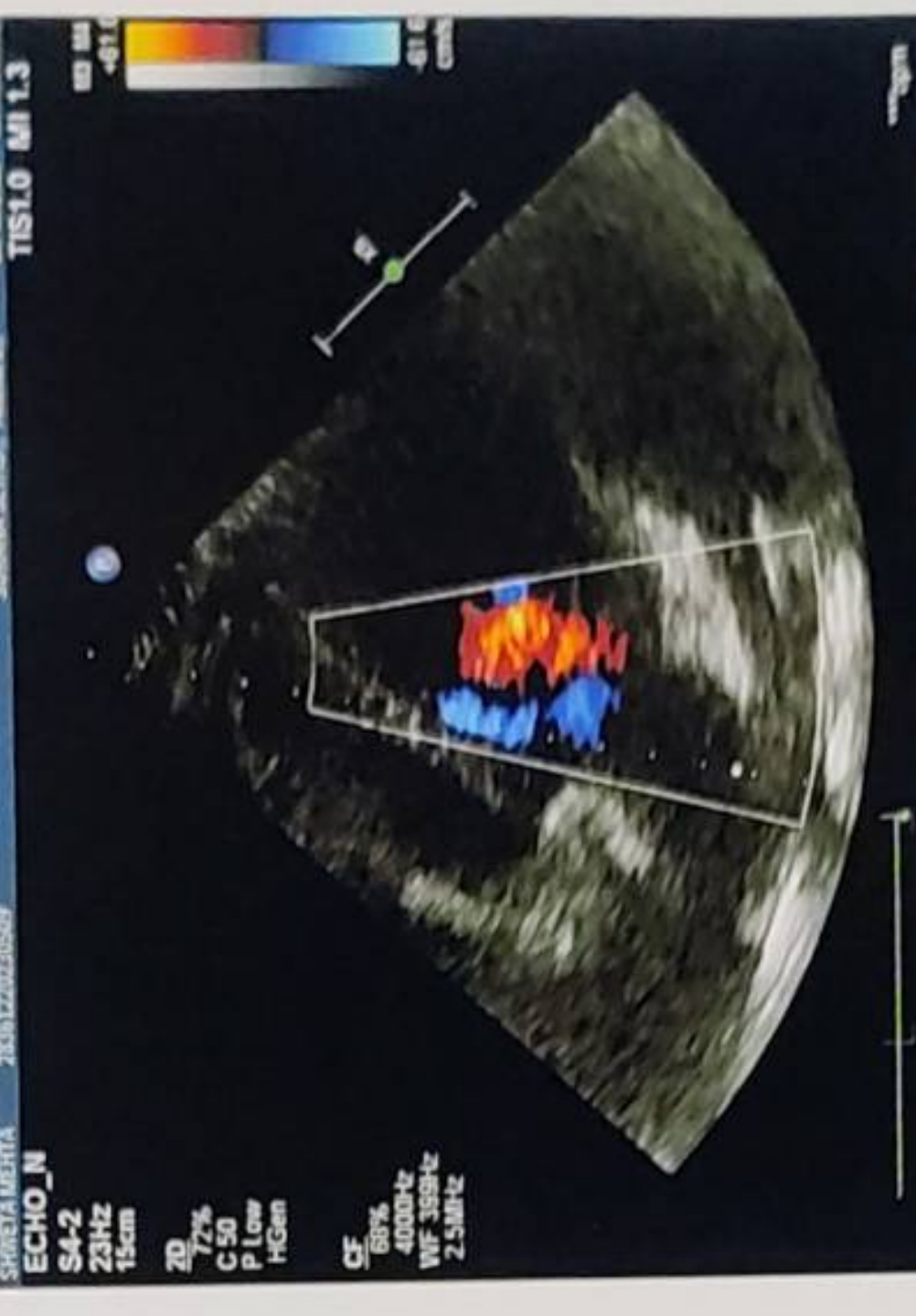
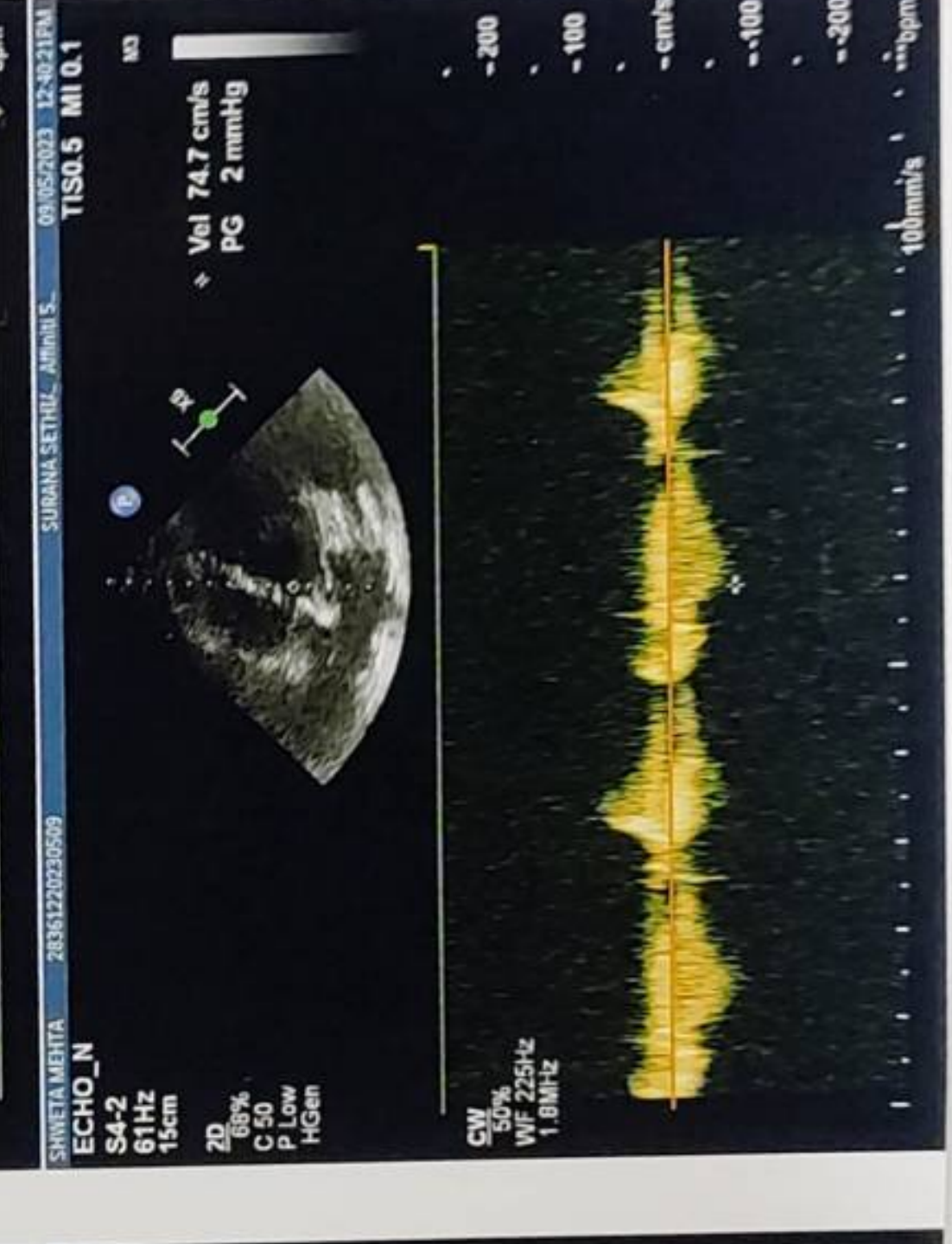
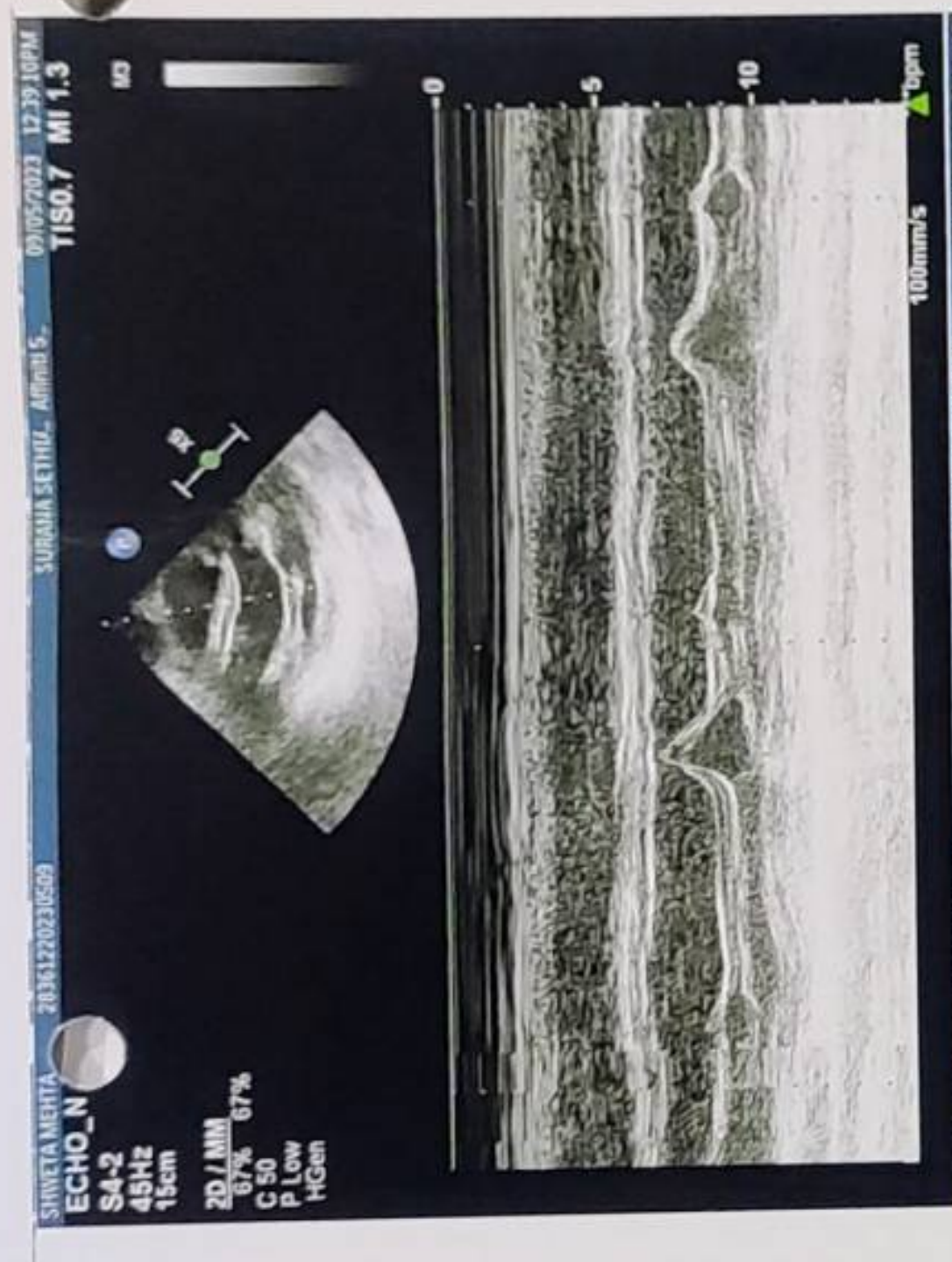
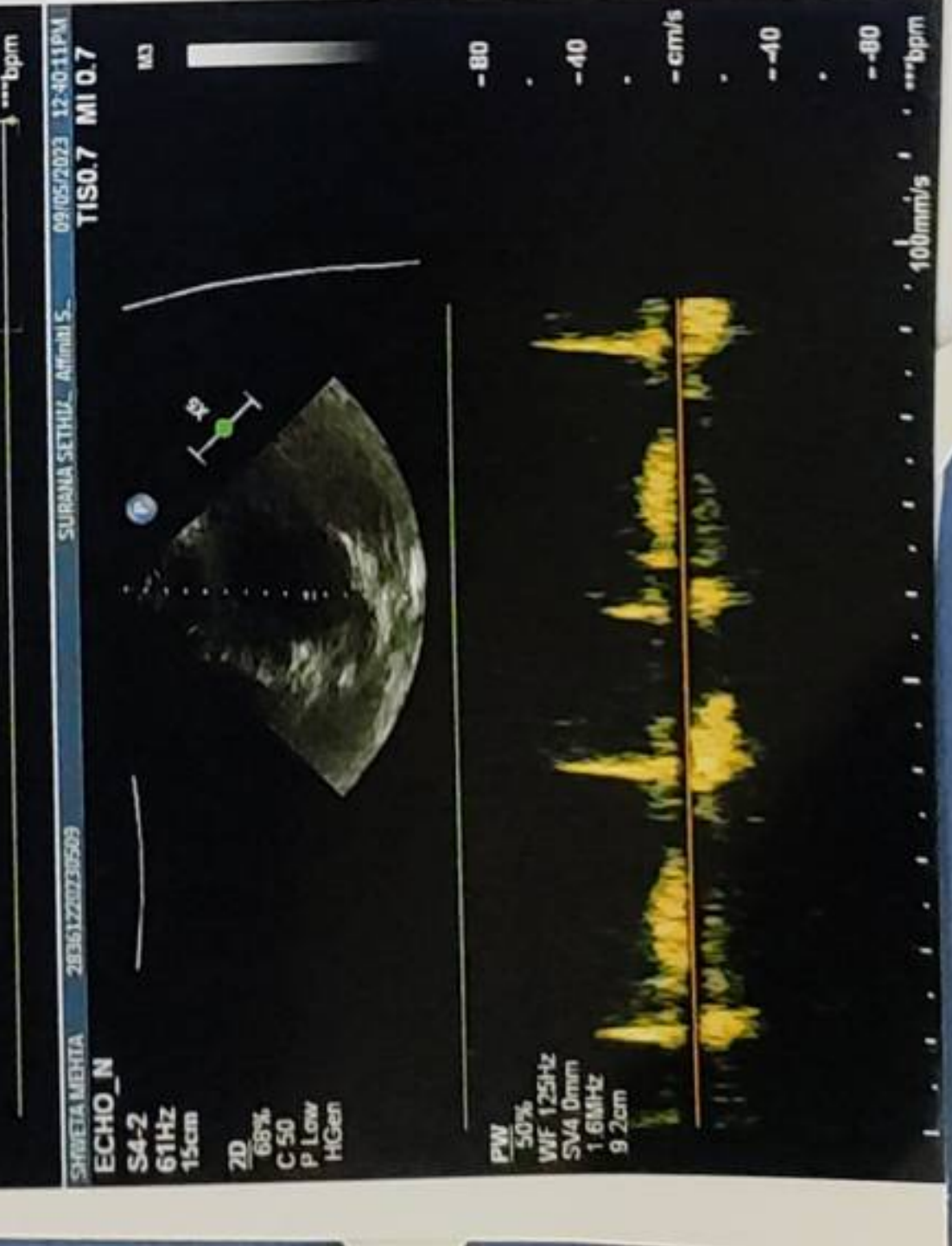
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AND RESEARCH CENTRE
CHARITABLE**

Chembur | Malad | Bhiwandi | Navi Mumbai

NAME	: MRS. SHWETA MEHTA	SEX	: FEMALE
AGE	: 36 YRS	ID NO.	: 1130158
REF BY	: C/O MEDIWHEEL	DATE	: 09/05/2023

X-RAY CHEST PA VIEW

Protocol :

Computerised radiography of chest PA reveals:

Observation:

- Lung fields appear clear.
- Cardiac silhouette is within normal limits.
- Bilateral costophrenic angles are clear.
- Visualised bones are unremarkable.

Impression:

- **No significant abnormality detected.**

**DR. KETAN KALASKAR
M.D.
Consultant Radiologist**

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ULTRASONOGRAPHY OF ABDOMEN AND PELVIS

LIVER

Liver is normal in size, shape and contour. It shows homogeneous echotexture. No abnormal parenchymal mass lesion is seen. Intra hepatic biliary radicles and portal radicles are normal.

PORTAL VEIN AND C.B.D

Portal vein and C.B.D are normal in course and caliber.

GALL BLADDER

Gall bladder is physiologically distended. Wall thickness is normal. No evidence of calculus or sludge or pericholecystic collection is seen.

SPLEEN

Spleen shows normal size, shape, contour and echogenicity. No abnormal parenchymal mass / lesion. Splenic vein is normal.

PANCREAS

Pancreas is normal in size, shape and position. It shows normal echogenicity. No focal mass lesion or calcification is seen. Pancreatic duct is not dilated.

KIDNEYS

Both kidneys are normal in size, shape, position and contour. Parenchymal echogenicity is normal. Cortico-medullary difference is well maintained. No abnormal mass lesion is seen. No evidence of calculus and hydronephrosis in both kidneys.

Right kidney measures 11.2 x 4.3 cm.

Left kidney measures 11.3 x 4.9 cm.

Contd 2/..

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CHARITABLE**

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:2:

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AGE	: 35YRS	ID NO.	: 1130158
REF BY	: MEDIWHEEL	DATE	: 09/05/2023

AORTA AND RETROPERITONEUM

Visualized aorta and retroperitoneal vessels are normal in course and caliber. No evidence of significant lymphadenopathy or free fluid.

URINARY BLADDER

Urinary bladder is well distended. It shows smooth wall and mucosal thickening is normal. No obvious mass lesion or calculus is seen.

UTERUS

Uterus is anteverted, normal in size. Myometrial echopattern is normal. No obvious focal mass lesion is seen. Endometrium is central, 5.5 mm in thickness.

OVARIES

Bilateral ovaries are normal in size and echopattern. Few small follicles are seen. Bilateral adnexae are clear.

No free fluid is seen in Pouch of Douglas.

IMPRESSION:

- No significant abnormality is detected.

DR. KETAN KALASKAR
M.D.
Consultant Radiologist
KKRG

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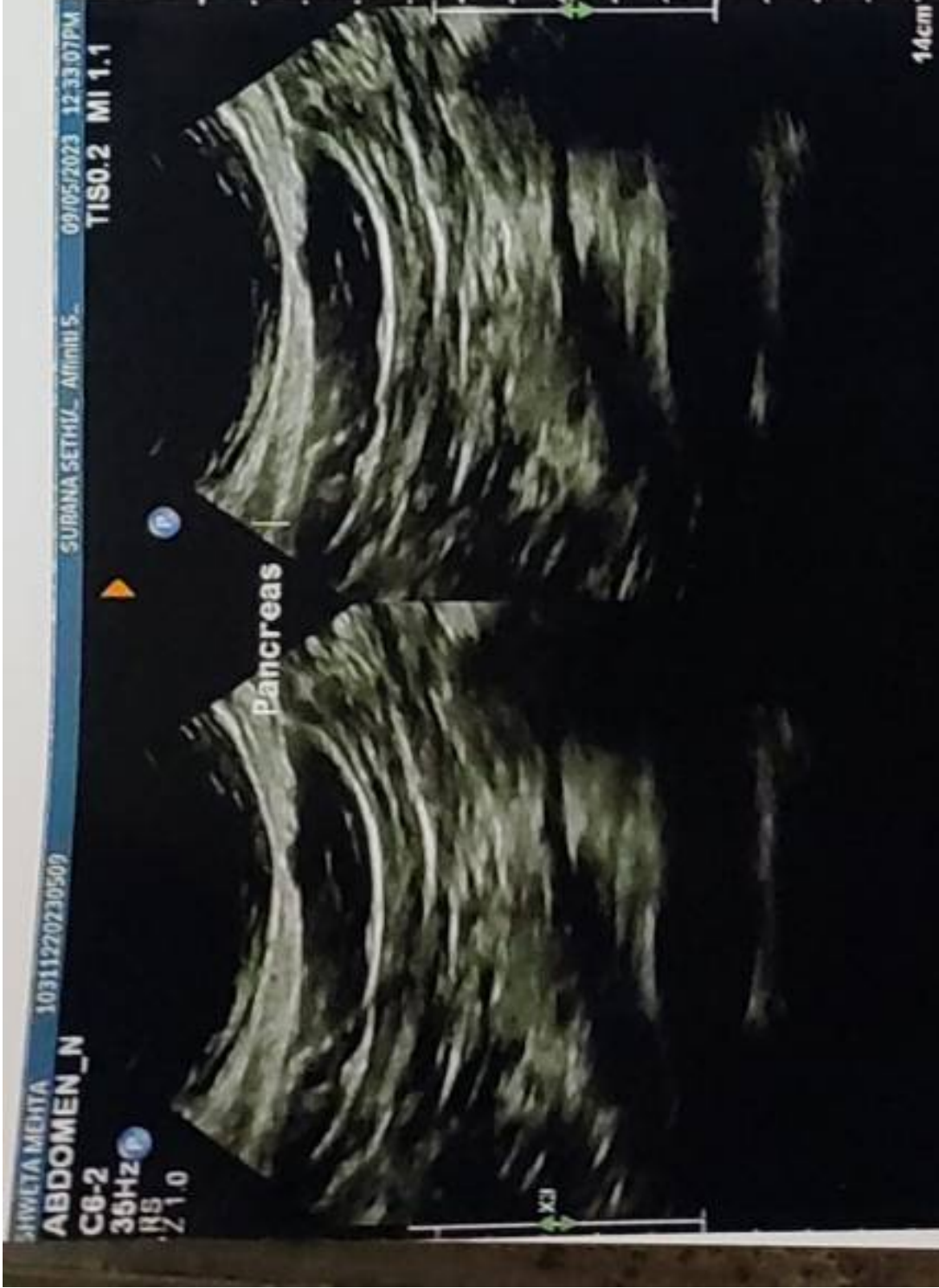
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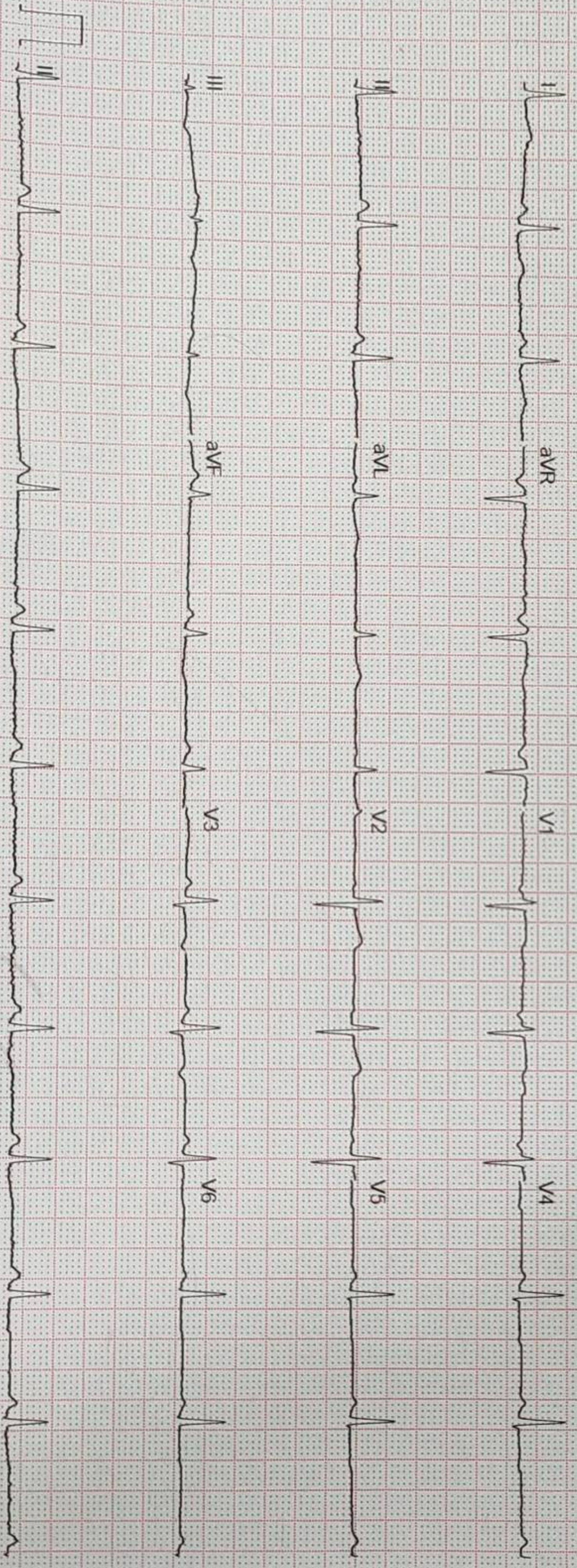
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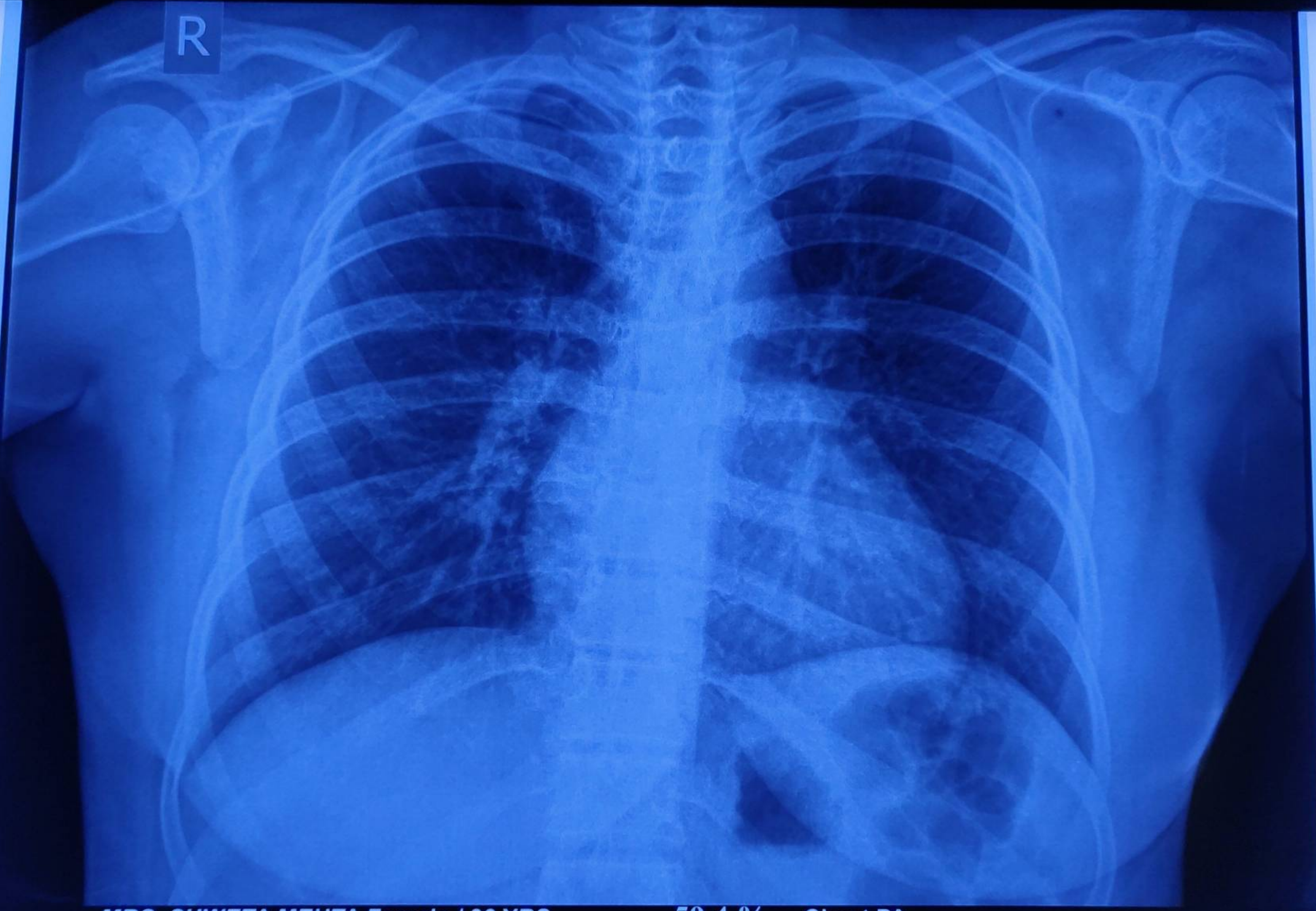
QRS 84 ms
 QT/QTcBaz 394 / 413 ms
 PR 118 ms
 P 92 ms
 RR/PP 902 / 909 ms
 P/QRS/T 41 / 32 / -7 degrees

Normal sinus rhythm
 Nonspecific T wave abnormality
 Abnormal ECG

BP - 120/80 mmHg
 P - 66 / min



R



MRS. SHWETA MEHTA Female / 36 YRS 59.4 % Chest PA
Pat. ID. : OPD/1130158 Ref.Dr. C/O MEDIWHEEL 09/05/2023 10:19:19 AM
SURANA SETHIA HOSPITAL, CHEMBUR, MUMBAI - 71.