

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator, Mediwheel (Arcofemi Healthcare Limited) Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS		
NAME	MR. RAGHUVANSHI RITESH GOPALSINGH		
EC NO.	166152		
DESIGNATION	BRANCH HEAD		
PLACE OF WORK	TORDA		
BIRTHDATE	27-06-1985		
PROPOSED DATE OF HEALTH	25-12-2021		
CHECKUP			
BOOKING REFERENCE NO.	21D166152100008570E		

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **22-12-2021** till **31-03-2022** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager HRM Department Bank of Baroda

(Note: This is a computer generated letter. No Signature required. For any clarification, please contact Mediwheel (Arcofemi Healthcare Limited))



राम Jame

Ritesh Gopalsingh Raghuvanshi

रुर्मचारी कूट क्र. Employee Code No.

166152

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जारीकर्ता प्राधिकारी ssuing Authori'



Roberto

धारक के हस्ताक्षर Clanature of Holder

Release

Dr. Jinen M. Shah DNB (Medicine) RCS (USA) Reg. No.: G-20693





Referred by

: Self

Date

: 25/12/2021

Patient's Id : RR102 Age/Sex

: 35 Years/Male

Reg. No

: 6231 : 9998673306

Mobile Ref ID.

Fitness Certificate

GENERAL EXAMINATION

Height (cms): 175

Weight (kgs): 72.0

Blood Pressure: 140/90 mmHg

Pulse: 87/Min

No Clubbing/Cynosis/Pallor/Pedel Oedem

Systemic Examination:

Cardio vascular System - S1,S2 Normal, No Murmur

Respiratory system - AEBE

Central Nervous System - No FND

Abdomen - Soft, Non Tender, No Organomegaly

----- End of Report -----

Dr Jinen M Shah DMB (Medicine)FCCS (USA)

This is an electronically authenticated report. Note:((LL-Very Low, L-Low, HH-Very High)

Approved On : 25/12/2021 14:16:00

Generated On : 25/12/2021 14:21

'B' Block, Mondeal Business Park, Near Gurudwara, Bodakde \\S.G. Highway, Anniedabad-380054,

CACACAMHA

€079 40308700 €+91 75730 30001 info@curovis.co.in



Referred by : Self

Date : 25/12/2021 Patient's Id : RR102 Age/Sex

: 35 Years/Male

Reg. No : 6231

Mobile Ref ID. : 9998673306

HEMOGRAM REPORT

Performed on 5-Part Fully Auto Hematology Analyzer SIEMENS ADVIA 2120i)

Test	Result	Unit	Biological Reference Interval
Sample Type:	EDTA		
Haemoglobin: Total WBC Count: Platelets Count: Differential Count:	16.2 5400 250000	gm/dL /microlitre /microlitre	13.5 - 18.0 4000 - 10500 1,50,000 - 4,50,000
Neutrophils: Lymphocytes: Eosinophils: Monocytes: Basophils:	59 37 02 02 00	% % % %	40-80 20-40 Upto 6 2-10 <1-2
RBC indicies: RBC Count: HCT: MCV: MCH: MCHC: RDW:	5.58 49.6 88.9 29.0 32.7 12.3	*10^6 /microL % fL pg % %	4.5 - 5.5 40 - 50 83-101 27-32 31.5-34.5 11.6 - 14.0
Erythrocytes Sedimentation Rate(ESR): (By AUTO ESR-10, USA) ESR 1st Hr: Thick Smear Preparation:	06	mm	2 ~ 15 mm in 1Hr.

Haemoparasite:

Malarial parasites are not seen.

Peripheral Smear Examination:

RBCs:

Normocytic & Normochromic.

Platelet:

Platelet adequate & normal on smear.

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Epetof Report

Dr. Jaimin Panchal

MBBS, MD(Pathology)

'B' Block, Mondeal Business Park, Near Gurudwara, Bodakdev, S.G. Flighway, Ahmedabad-380054, Gujar Rage 1 of 2



Referred by : Self

Date : 25/12/2021 Patient's Id : RR102 Age/Sex : 35 Years/Male Reg. No : 6231

Mobile : 9998673306 Ref ID. :

Approved On : 25/12/2021 15:23:00 Generated On : 25/12/2021 16:07





Referred by : Self

Date : 25/12/2021 Patient's Id : RR102

Reg 2021 Mo

Age/Sex : 35 Years/Male Reg. No : 6231

Mobile : 9998673306 Ref ID. :

GLYCOSYLATED HAEMOGLOBIN (HbA1C) ESTIMATION

Test	Result	Unit	Biological Reference Interval
Sample Type: EDTA			
Glycosylated Haemoglobin (HbA1C)	5.5	%	Pre-Diabetic (Adult): 5.7 - 6.4 Diabetic (Adult): >6.5 Therapeutic goal for glycemic control: <7.0
Mean Blood Glucose Level (An average of 2 -3 Months)	111.15		

Method: HPLC on D-10, Bio-Rad, USA

INTERPRETATION:

* Blood sample can be drawn at any time. Fasting is not required.

* Reflects average blood sugar levels for the 2 to 3 months period before the test.

* Provides information for evaluating diabetic treatment modalities and tracks control of blood glucose of particular value in diabetic children, diabetics in whom the renal threshold for glucose is abnormal, unstable insulin dependent diabetics where blood sugars vary markedly from day to day.

* High value in poorly controlled DM and moves towards normal in patients with optimal control.

Dr. Jaimin Panchal

MBBS,MD(Pathology)

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: 25/12/2021 Date

Patient's Id : RR102 Age/Sex

Ref ID.

: 35 Years/Male

Reg. No

Mobile

: 6231 : 9998673306

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		PROFILE	
11gan _	(Performed on Semi Auto Ch		
Test Sample Type: Fasting Serum	Result	Unit	Biological Reference Interval
S.Cholesterol (Oxidase Peroxidase)	204	mg/dL	< 200 Desirable 200-239 Boderline High > 240 High
S.HDLC (Direct) (Phosphotungsstic Acid)	33.3	mg/dL	< 40 Low > 60 High
S.Triglyceride (GPO-POD)	202.8	mg/dL	< 150 mg/dl Normal 150-199 Boderline High 200-499 High > 500 Very High
S.VLDL (Calculated)	40.56	mg/dL	10-40 Normal
S.LDLC	130.14	mg/dL	< 100 Optimal
(Calculated)		Ţ.	100-129 Near to above optimal 130-159 Boderline high 160-189 High >190 Very High
S.Cholesterol / HDLC Ratio	6.13		< 4 Normal
(Calculated)			4-6 Borderline 6-8 Risklevel > 8 High Risk
S.LDLC / HDLC Ratio	3.91		< 3 Normal
(Calculated)			3-4 Borderline
			4-6 Risk Level
			> 6 High Risk
Cholesterol / HDLC Ratio (Calculated)	6.13		< 3.5 Normal
Triglyceride / HDLC Ratio (Calculated)	6.09		< 2 Normal > 4 Risk Level > 6 High Risk
Non HDLC (Calculated)	170.7		< 130 Normal 130 - 159 Near Normal 160 - 189 Borderline 190 - 219 Risklevel

Dr. Jaimin Panchal

> 220 High Risk

MBBS,MD(Pathology)

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Generated On : 25/12/2021 16:06

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'B' Block, Mondeal Business Park, Near Gurudwara, Bodakdev, S.G. Highway, Ahmedabad-380054, Gujarat.



: Self Referred by Date : 25/12/2021

Patient's Id : RR102

Age/Sex

Ref ID.

: 35 Years/Male

Reg. No Mobile

: 9998673306

: 6231

LIVER FUNCTION TEST

(Performed on Fully Auto DRY Chemistry Analyzer VITROS-250)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum S.Billirubin			
Total Bilirubin (Azobillirubin)	0.56	mg/dl	0 - 1.2
Conjugated Bilirubin (Dual Wavelength spectrophotometric)	0.11	mg/dl	0 - 0.4
Unconjugated Bilirubin (Dual Wavelength spectrophotometric)	0.45	mg/dl	0.0 - 1.1
S.G.P.T. (ALT) (Kinetic with Pyridoxal 5-Phosphate)	55.7	IU/L	0 - 49
S.G.O.T. (AST) (Kinetic with Pyridoxal 5-Phosphate)	39.0	IU/L	Up to 46
S.ALP (Alkaline Phosphatase) (4-Nitrophenyl phosphate)	267.3	U/L	80 - 306
S.Protein			
Total Protein (Biuret)	7.56	gm/dl	6.3 - 8.2
Albumin (BCG)	5.11	gm/dl	3.5 - 5.2
Globulin (Calculated)	2.45	gm/dl	1.9 - 3.5
Albumin Globulin Ratio	2.09		
S.GammaGT (L-Gamma Glutamyl-4-Nitroanalide)	50.5	IU/L	15-73

----- End of Report

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'B' Block, Mondeal Business Park, Near Gurudwara, Bodakdev, S.G. Highway, Ahmedabad-380054, Gujarat.



Referred by

: Self

Date : 25/12/2021 Patient's Id

: RR102

Age/Sex

: 35 Years/Male

Reg. No

Mobile Ref ID. : 9998673306

: 6231

BLOOD GROUP

Sample Type:

EDTA

ABO Group:

"A"

Rh Type:

Positive

RENAL FUNCTION TEST

(Performed on Fully Auto DRY Chemistry Analyzer VITROS-250)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
S.Urea (Urease with indicator dye)	23.1	mg/dl	Male: 19.6-43.6 Female: 15.2-37.0
S.Creatinine (Enzymatic)	1.16	mg/dL	0.55 - 1.30
S.Uric Acid (Uricase)	6.87	mg/dL	Male: 3.5-8.5 Female: 2.5-6.2

SERUM LDH LEVEL

Test

Sample Type:

Result Serum 180.12 Unit U/L

Biological Reference Interval

LDH Activity(Lactate Dehydrogenase): 120 - 246 Pyruvate to lactate Kinetic Method

#Tests Performed on Fully Auto DRY Chemistry Analyzer VITROS-250

----- End of Report -----

Dr. Jaimin Panchal

MBBS,MD(Pathology)

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Referred by Date

: Self : 25/12/2021

Patient's Id : RR102 Age/Sex

: 35 Years/Male : 6231

Reg. No Mobile

: 9998673306

Ref ID.

BLOOD GLUCOSE LEVEL

Test Sample Type:	Result Flouride	Unit	Biological Reference Interval
Fasting Blood Glucose (Hexokinase) Collection Time:	93.2	mg/dl	70-110
Collection Time: Post Prandial Blood Glucose (2 Hrs) (Hexokinase)	103.8	mg/dl	80-140

Tests Performed on Fully Auto DRY Chemistry Analyzer VITROS-250

THYROID FUNCTION TEST

(by CLIA on SIEMENS ADVIA Centaur XP)

Test	Result	Unit	Biological Reference Interval
Sample Type: Serum			
S.T3 (Total Triidothyronine by CLIA)	1,64	ng/mL	1 - 23 Months: 1.17 - 2.39 2 - 12 Years: 1.05 - 2.07 13 - 20 Years: 0.86 - 1.92 Adult: 0.6 - 1.81
S.T4 (Total Thyroxine by CLIA)	11.30	mcg/dL	3.2 - 12.6
S.TSH (Thyroid Stimulating Hormone by CLIA)	0.623	microU/mL	0 -12 Yrs: 0.77 - 5.64 12-19 Yrs: 0.75-3.69 19-100 Yrs: 0.35 -5.50

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MDBS,MD(Pathology)

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--- End of B

'B' Block, Mondeal Business Park, Near Gurudwara, Bodakdev, S.G. Highway, Ahmedabad-380054, Gujarat.



Referred by Date

: Self

Patient's Id

: 25/12/2021 : RR102

Age/Sex

: 35 Years/Male

Reg. No

: 6231

Mobile Ref ID. : 9998673306

Prostate Specific Antigen (Carried out on miniVIDAS, Biomerieux)

Test S.PSA: Result

1.010

Unit ng/ml Reference Interval

M: Healthy Male upto 4.00

(Prostate Specific Antigen)

Dr. Jaimin Panchal

----- End of Report -----

MBBS,MD(Pathology)

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Approved On : 25/12/2021 15:23:00 Generated On : 25/12/2021 16:08





Referred by : Self Date

Patient's Id : RR102

: 25/12/2021

Age/Sex

: 35 Years/Male

Reg. No : 6231

Mobile Ref ID. : 9998673306

URINE ROUTINE ANALYSIS

Sample Type: Fresh Urine		
Physical Examination	Result	Biological Ref. Value
(Naked Eye Observation)		
Amount	20 ml	>10 ml
Colour	Pale Yellow	Pale Yellow
Appearance	Clear	Clear

Chemic

cal Examination		
pH	6,5	4.5-8.0
(Dip stick) Specific Gravity	1.005	1.002-1.030
(Bromothymol Blue) Albumin (Tetrabromophenol)	Absent	Absent
Glucose	Absent	Absent
(Specific Glucose Oxidase/Peroxidase) Bilirubin	Absent	Absent
(Azo-coupling reaction) Acetone	Absent	Absent
(Sodium Nitroprusside Reaction) Urobilinogen	Absent	Absent
(Modified Ehrlich Reaction) Nitrites	Absent	Absent

(Diazotization Reaction)

Microscopic Examination

(After centrifugation at 1500 RPM for 10min./hpf)

Absent Pus Cells(WBCs) 1-2 Red Blood Cells(RBCs) Occasional Absent Epithelial cells 1-2 T.Vaginals Absent Absent Spermatozoa Absent Absent Absent Absent Casts Absent Crystals Absent Amorphous Material Absent Absent

Dr. Jaimin Panchal

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MBBS,MD(Pathology)



Referred by : Self : 25/12/2021 Date

Patient's Id : RR102 Age/Sex

: 35 Years/Male : 6231 Reg. No

Mobile Ref ID. : 9998673306

STOOL EXAMINATION

Sample Type: Stool **Physical Examination**

(Naked Eye Observation)

Colour Brownish Semisolid Consistency Absent Blood Mucus Absent Pus Absent

Worms Absent

Biochemical Examination

Absent Occuit Blood

(Non Benzidine Test)

6.5 pН

(Strip Test)

Microscopic Examination

Trophozoites

Parasite

Organsim

Pus Cells Absent Red Blood Cells Absent Absent Macrophages **Epithelial Cells** Absent Vegetable Cells Absent Starch Absent Fat Gloubles Absent Ova Absent Absent Cyst

Dr. Jaimin Panchal

MBBS,MD(Pathology)

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'B' Block, Mondeal Business Park, Near Gurudwara, Bodakdev, S.G. Highway, Ahmedabad-380054, Gujaracia of 2

Absent Absent

Absent



Referred by : Self
Date : 25/12/2021
Patient's Id : RR102

Age/Sex Reg. No Mobile Ref ID.

: 35 Years/Male : 6231

: 9998673306

Approved On : 25/12/2021 15:22:00 Generated On : 25/12/2021 16:06





Referred by

: Self

Date Patient's Id

: 25/12/2021 : RR102

: 35 Years/Male

Age/Sex Reg. No

Mobile Ref ID.

: 6231

: 9998673306

Electrocardiogram

Findings

Normal Sinus Rhythm.

Within Normal Limit.

---- End of Report

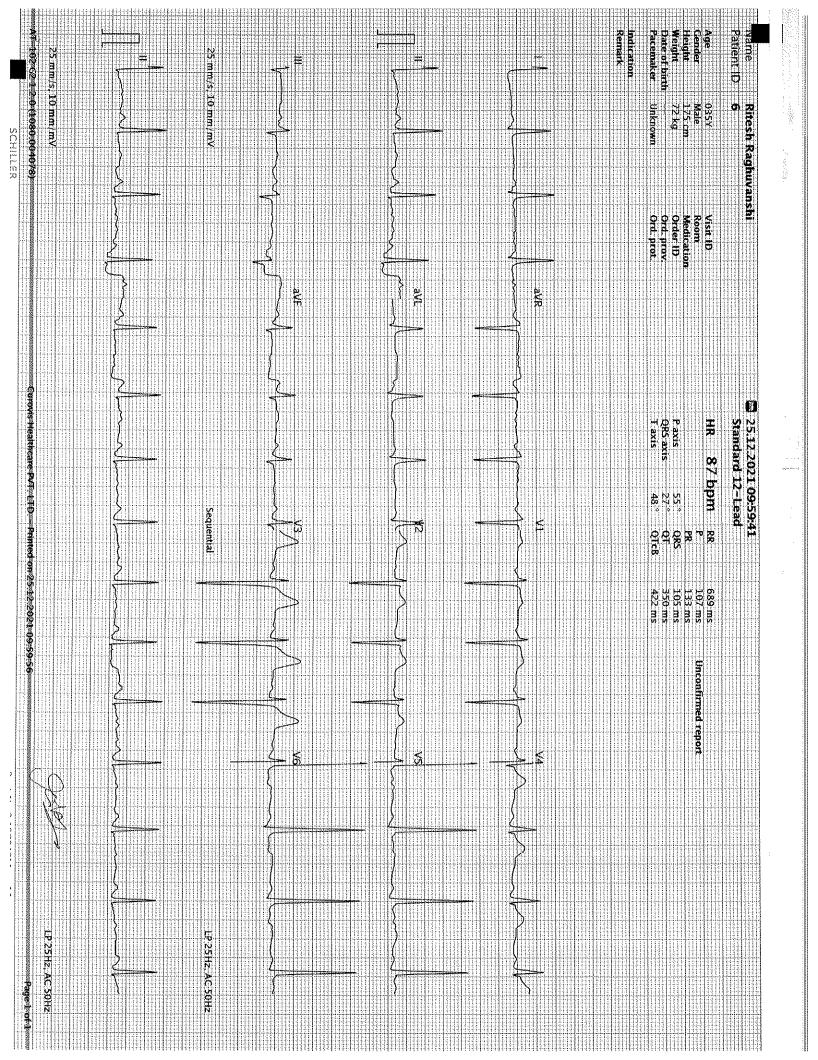
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Generated On : 25/12/2021 14:21

Dr Jinen M Shah DHB (Medicine)FCCS (USA)







Referred by

: Self

Date Patient's Id : 25/12/2021

: RR102

Age/Sex

: 35 Years/Male

Reg. No

: 6231

Mobile Ref ID. : 9998673306

2D Echo Colour Doppler

OBSERVATION:

2 D Echo and color flow studies were done in long and short axis, apical and Sub coastal views.

- 1. Normal LV size. No RWMA at rest.
- 2. Normal RV and RA, No Concentric LVH,
- 3. All Four valves are structurally normal.
- Good LV systolic function. LVEF = 60%.
- 5. Normal LV Compliance.
- 6. Trivial TR. Mild MR. No AR.
- 7. No PAH. RVSP = 28 mmHG.
- 8. Intact IAS and IVS.
- 9. No Clot, No Vegetation.
- 10. No pericardial effusion.

CONCLUSION

- 1. Normal LV size with Good LV systolic function.
- 2. No Concentric LVH . Normal LV Compliance
- 3. Trivial TR with No PAH. Mild MR. No AR
- 4. No RWMA at rest.

This echo doesn't rule out any kind of congenital cardiac anomalies.

----- End of Report -

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AHMEDABAD

Dr Jinen M Shah DNB (Medicine)FCCS (USA)

'B' Block, Mondeal Business Park, Near Gurudwara, Bodakdev, S.S. Highway, Abrnedabad-380054,



Referred by Date

: Self : 25/12/2021

Patient's Id

: RR102

Age/Sex

: 35 Years/Male : 6231

Reg. No Mobile

Ref ID.

: 9998673306

X RAY CHEST PA

Both lung	: fields	appear	clear.
-----------	----------	--------	--------

No evidence of any active infiltrations or consolidation.

Cardiac size appears within normal limits.

Both costo-phrenic angles appear free of fluid.

Both domes of diaphragm appear normal.

COMMENT: No significant abnormality is detected.

----- End of Report -----

Dr. Atul Patel

MD Radio-Dignosis

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Approved On : 25/12/2021 3:15:00 PM

Generated On : 25/12/2021 15:15





Referred by Date

: Self

Patient's Id

: 25/12/2021 : RR102

Age/Sex

: 35 Years/Male

Reg. No

: 6231

Mobile Ref ID.

: 9998673306

USG ABDOMEN

Liver appears normal in size, show homogenous parenchymal echo. No evidence of focal solid or cystic lesion seen.

No evidence of dilatation of intra-hepatic billiary or portal radicals. PV is normal in caliber.

Gall bladder is normally distended. No evidence of calculus or mass seen. Gall bladder wall thickness appears normal.

Pancreas Visualized portion appears normal in size and echopattern. No evidence of focal lesions.

Spleen appears normal in size & normal in echopattern. No evidence of focal lesions.

Both kidneys are normal in size, shape and position. C.M. differentiation on both sides is maintained. No evidence of hydronephrosis, calculus or solid mass on either side.

Urinary bladder contour is normal, No evidence of calculus or mass.

Prostate is normal in size and show homogenous echo, outline is smooth.

No evidence of para-aortic lymph adenopathy.

No evidence of dilated small bowel loops.

No evidence of free fluid in peritoneal cavity.

COMMENTS:

NO SIGNIFICANT ABNORMALITY DETECTED.

atulpatic Dr. Atul Patel ----- End of Report -----

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Approved On : 25/12/2021 3:16:00 PM

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MD Radio-Dignosis

'B' Block, Mondeal Business Park, Near Gurudwara, Bodakdev, S.G. Highway, Ahmedabad-380054,



Referred by Date

: Self

Patient's Id

: 25/12/2021 : RR102

Age/Sex

: 35 Years/Male

Reg. No

: 6231 Mobile

Ref ID.

: 9998673306

Eye Check - Up

RIGHT EYE

SP:

-3.00

CY: AX:

+0.00 00

LEFT EYE

SP:

-2.75

CY: AX: -0.25 178

Without Glasses

With Glasses

Right Eye Left Eye

6/36

6/18

6/5 6/5

Near Vision:

Right Eye - N/6, Left Eye - N/6

Fundus Examination: Within Normal Limits.

Colour Vision:

Normal

Comments:

Normal

Dr.Kejal Patel MB,DO(Ophth)

Approved On : 25/12/2021 14:18:00

Generated On : 25/12/2021 14:21



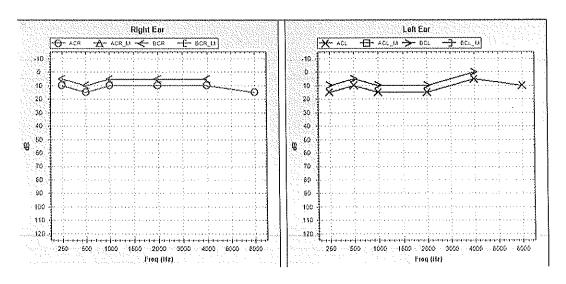


CLIENT NAME:- RITESH RAGHUWANSHI.

AGE:- 35Y/ M

DATE:- 25/12/2021

AUDIOGRAM



MODE	Alr Cor	uluction	Bone Co	onduction	ا المصل المسلم المس		RIGHT	LEFT
EAR	Masked	UnMasked		UnWasked			Main	he la l' l
LEFT		X		>	Blue	AIR CONDUCTION	10	10
RIGHT	Δ	0	C	<	Red	BONE CONDUCTION		
NO RESPONS	E: Add	J. below t	he respe	ctive symb	ols	SPEECH		

Comments:- Bilateral Hearing Sensitivity Within Normal Limits.



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