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- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MRS VINITA P NAVGIRE  
**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMALE Age : 30 Years  
**Collected At** : MAHAVIR NAGAR MAIN BRANCH

**Lab No.** : KGB8688 \*KGB8688\*  
**Reg. Date** : 22-Jul-2023 8:50 am  
**Report Date** : 22-Jul-2023 3:29 pm  
**Print Date** : 24-Jul-2023 4:46 pm

## BIOCHEMISTRY

TEST	RESULT		NORMAL VALUES
Blood Urea Nitrogen (BUN)	10.30		5 - 20 mg/dl
CREATININE	0.84	mg/dl	0.5 - 1.5 mg/dl
Serum Uric Acid	3.70	mg%	Female : 2.4 - 5.7 mg%
Age of the Patient	30		
eGFR	84.61	ml/min	

eGFR calculation based on MDRD guideline 2012

REFERENCE RANGE FOR CREATININE CLEARANCE ml/min

AGE	MALES	FEMALES	AGE	MALES	FEMALES
20-29	94-140	72-121	60-69	54-98	45-75
30-39	89-137	71-110	70-79	49-79	37-61
40-49	76-120	50-102	80-89	30-60	27-55
50-59	67-109	50-102	90-99	26-44	26-42

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DR. BHAVINI KAMDAR  
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## BLOOD GROUP

TEST	RESULT
Blood Group	'A'
Rh Factor	Positive

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## BLOOD SUGAR REPORT

TEST	RESULT	UNITS	NORMAL VALUES
BLOOD SUGAR FASTING	91.4	mg/dL	Normal: 70-110 mg/dL Impaired Fasting Glucose(IFG): 110 -125 Diabetes mellitus: >= 126 (on more than one occasion)
BLOOD SUGAR (Post prandial)	139.7	mg/dl	Normal: 70-140 mg/dL Impaired Tolerance: 140-199 Diabetes mellitus: >= 200 (on more than one occasion)
URINE SUGAR (Post prandial)	Absent		

Method: GOD - POD Enzymatic on Erba EM 200 Random access analyser

**Comment:**

Blood suagr values are known to be affected by several factors like food, stress and medication. So all discrepant results should be confirmed with repeat sample collection.

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## COMPLETE BLOOD COUNT

TEST	RESULT	UNITS	NORMAL VALUES
Haemoglobin	9.5	gm %	Female : 11.5 - 14.5 gm%
Erythrocytes ( Total RBCs)	4.52	mill. / cmm	Female : 3.8 - 5.2 mill. / cmm
PCV	31.1	%	Female : 32 - 47 %
MCV	68.70	fl	80- 96 fl
MCH	21.00	pg	27 - 32 pg
MCHC	30.50	gm%	32 - 37 gm%
RDW	15.4	%	12 - 14.5
<u>TOTAL WBC COUNT</u>			
TOTAL WBC COUNT	4820	/ cumm	4,000 - 11,000
<u>DIFFERENTIAL COUNT</u>			
Neutrophils	60	%	40 - 75
Lymphocytes	35	%	20 - 40
Eosinophils	03	%	0 - 6
Monocytes	02	%	2 - 8
Platelet count	257000	Lacs/cmm	150000-450000
<u>PERIPHERAL SMEAR</u>			
RBC Morphology	Hypo(mild) Micro(+)		
WBC Morphology	Normal		
Platelets Morphology	Adequate		
ESR (westergren's method)	50	mm/hr	Male: 0 - 10 mm Female: 0 - 20 mm

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## GLYCOSYLATED HAEMOGLOBIN (HbA1c)

TEST	RESULT	UNITS	NORMAL VALUES
HBA1C	5.2	%	4 - 5.7 %
ESTIMATED AVERAGE GLUCOSE	102.54		
METHOD : NEPHELOMETRY			

### DIAGNOSTIC CRITERIA FOR DIABETES:

Normal: Less than 5.7%  
 Impaired glucose tolerance: 5.8% to 6.4%  
 Diabetes: 6.5% or more

### CONTROL CRITERIA IN DIABETICS:

Optimal control: 7.0% or less  
 Fair control: 7.0% to 8.0%  
 Poor control: More than 8.0%

### Comment :

HbA1c values should not used in diagnosis of Diabetes Mellitus and are marker of glycaemic control in known cases of Diabetes Mellitus.

----- End of Report -----

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## LIPID PROFILE

TEST	RESULT	UNITS	NORMAL VALUES
SR. CHOLESTEROL	143	mg / dl	Desirable: < 200 mg/dl Borderline High: 200-239 mg/dl High: >= 240 mg/dl
SR. TRIGLYCERIDES	79.4	mg / dl	Normal: < 150 mg/dl Borderline High: 150-199 mg/dl High: 200-499 mg/dl Very High: >= 500 mg/dl
HDL CHOLESTEROL	40	mg / dl	40 - 60 mg / dl
VLDL	15.88	mg / dl	6 - 38 mg / dl
LDL CHOLESTEROL	87.12	mg / dl	Optimal: < 100 mg/dl Near Optimal: 100-129 mg/dl Borderline high: 130-159 mg/dl High: 160-189 mg/dl Very High: >= 190 mg/dl
CHOLESTEROL / HDL	3.58		< 5
LDL / HDL	2.18		< 3.5

NOTE: Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.  
 Lower HDL values are associated with increased risk of atherosclerosis. Cholesterol/HDL  
 Ratio below 5.1 is statistically associated with decreased incidence of heart disease.

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## LIVER FUNCTION TEST

TEST	RESULT	UNITS	NORMAL VALUES
Bilirubin Total	1	mg / dl	0.5 - 1.0 mg / dl
Bilirubin Direct	0.3	mg / dl	0.1 - 0.3 mg / dl
Bilirubin Indirect	0.70	mg/dl	UPTO 0.8 mg / dl
S.G.P.T.	25	U / L	Up to 49 U / L
S.G.O.T.	20	U / L	Up to 46 U / L
Alkaline Phosphatase	80.0	U/l	4 - 15 Years: 54 - 369 U/l 20 - 59 Years: 42 - 98 U/l > 60 Years: 53 - 141 U/l
Total Proteins	7.76	gm / dl	6 - 8 gm / dl
Albumin	3.54	gm / dl	3.2 - 5.5 gm / dl
Globulin	4.22	mg/dl	2 - 3.5 mg / dl
A / G Ratio	0.84		1.0- 2.3
GGT	30	IU/L	5 - 50 IU/L

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MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MRS VINITA P NAVGIRE  
**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMALE Age : 30 Years  
**Collected At** : MAHAVIR NAGAR MAIN BRANCH

**Lab No.** : KGB8688 \*KGB8688\*  
**Reg. Date** : 22-Jul-2023 8:50 am  
**Report Date** : 23-Jul-2023 3:34 pm  
**Print Date** : 24-Jul-2023 4:46 pm

## STOOL ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Colour	Brown
Form ( Consistency )	Semisolid
Mucus	Absent
Blood (Frank)	Absent
Parasites	Absent
<u>CHEMICAL EXAMINATION</u>	
Reaction	Acidic
Occult Blood	Absent
Reducing Substance	Absent
<u>MICROSCOPIC EXAMINATION</u>	
Red Blood Cells	Not seen
Epithelial Cells	Not seen
Pus Cells	Occasional
Macrophages	Not seen
Cyst/Ova/Trophozoites	Not seen
Fat globules	Absent

----- End of Report -----

Printed By : RUPALI

Checked By  
VAIBHAV

DR. BHAVINI KAMDAR  
MD (PATH) MUM

- BORIVALI CENTRE** 1ST FLR., YOGI AVENUE, YOGI NAGAR, BORIVALI (W), MUMBAI - 400092. • TEL.: 2899 6565 / 2899 1376 • MOB.: 90222 39301
- KANDIVALI CENTRE** MAHAVIR SURYADARSHAN SOC., SATYANAGAR RD., MAHAVIR NAGAR, KANDIVALI (W), MUMBAI - 67. • TEL.: 2868 0090 / 6522 6565 / 2869 7808 • MOB.: 90220 54458
- KANDIVALI CENTRE** SHOP NO. 44/49, EMP 71, EVERSHINE MILLENNIUM PARADISE, THAKUR VILLAGE, 120 FEET ROAD, KANDIVALI (E) MUMBAI - 400101. • TE.: 2885 7171 / 89288 41541
- DAHISAR CENTRE** NILANGI APARTMENT, KANDERPADA JUNCTION, DAHISAR (W), MUMBAI - 400068. • TEL.: 2893 3427 • MOB.: 90220 58504
- GORAI CENTRE** VICTORY HEIGHTS, GORAI MAIN ROAD, OPP. SUVIDYA SCHOOL, BORIVALI (W), MUMBAI - 400092. • TEL.: 2809 6556 • MOB.: 90224 80354 / 72080 02565
- GOREGAON CENTRE** M.G. ROAD, NEAR JAIN MANDIR, GOREGAON (W), MUMBAI - 400062. • Tel.: 2873 3030 / 2873 3131 • MOB.: 93213 83806

Website : [www.healthcarediag.com](http://www.healthcarediag.com) • E-mail : [healthcare.medicals@gmail.com](mailto:healthcare.medicals@gmail.com)  
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• E.C.G. • LUNG FUNCTION TEST  
• MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

• COMPUTERISED STRESS TEST  
• DENTAL  
• ADVANCED DENTISTRY  
• PHYSIOTHERAPY  
• AUDIOMETRY & SPEECH THERAPY  
• FULL BODY HEALTH CHECK-UPS  
• CORPORATE HEALTH CHECKUPS



**HEALTHCARE**

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MRS VINITA P NAVGIRE  
**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMALE **Age** : 30 Years  
**Collected At** : MAHAVIR NAGAR MAIN BRANCH

**Lab No.** : KGB8688 \*KGB8688\*  
**Reg. Date** : 22-Jul-2023 8:50 am  
**Report Date** : 22-Jul-2023 6:16 pm  
**Print Date** : 24-Jul-2023 4:46 pm

### T3 T4 TSH

TEST	RESULT	UNITS	NORMAL VALUES
T3 [ Tri - iodothyronine ]	149.028	ng/dl	91.14 - 237.61 ng/dl
T4 [ Thyroxine ]	9.386	ug/dl	4.71 - 13.20 ug/dl
TSH [Thyroid Stimulating Hormone]	3.451	uIU/mL	0.3 - 4.3 uIU/mL

METHOD: CLIA

Interpretation :

1. TSH results between 4.5 to 15 show considerable physiologic & seasonal variation, suggest clinical correlation or repeat testing with fresh sample.
2. TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal and heart failure , severe burns , trauma and surgery etc.
3. Drugs that decrease TSH values e.g:L dropa, Glucocorticoid Drugs that increase TSH values e.g Iodine,Lithium,Amiodarone.
- 4.Total T3 & T4 Values may also be altered in other conditions due to changes in serum proteins or binding sites Pregnancy. Drugs (Androgens,Estrogens. O C Pills,Phenytoin). Nephrosis etc. In such cases Free T3 and Free T4 give corrected values.

----- End of Report -----

\* RECHECKED & CONFIRMED

Printed By : RUPALI

Checked By  
DEEPIKA

DR. BHAVINI KAMDAR  
MD (PATH) MUM

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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

**Patient's Name** : MRS VINITA P NAVGIRE  
**Referred By Dr** : MEDIWHEEL  
**Sex** : FEMALE Age : 30 Years  
**Collected At** : MAHAVIR NAGAR MAIN BRANCH

**Lab No.** : KGB8688 \*KGB8688\*  
**Reg. Date** : 22-Jul-2023 8:50 am  
**Report Date** : 22-Jul-2023 5:21 pm  
**Print Date** : 24-Jul-2023 4:46 pm

## URINE ROUTINE & MICROSCOPY

TEST	RESULT
<u>PHYSICAL EXAMINATION</u>	
Quantity	15 ml
Colour	Pale yellow
Appearance	Slightly Hazy
Deposit	Absent
pH	Acidic (5.0 )
Specific Gravity	1.020
<u>CHEMICAL EXAMINATION</u>	
Proteins	Absent
Sugar	Absent
Ketone	Absent
Occult Blood	Absent
Bile Pigment	Absent
Bile Salts	Absent
Urobilinogen	Normal
<u>MICROSCOPIC EXAMINATION OF CENTRIFUGED DEPOSIT</u>	
Red Blood Cells	Absent
Pus Cells	8-10/ hpf
Epithelial Cells	6-8/ hpf
Casts	Not seen
Crystals	Not seen
Yeast	Not seen
Bacteria	Absent

----- End of Report -----

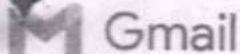
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DR. BHAVINI KAMDAR  
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 "Home Visit Facility Call On 76667 66307"



Healthcare Diagnostics &lt;healthcare.medicals@gmail.com&gt;

**Health Check up Booking Confirmed Request(bobS42396),Package Code-PKG10000241, Beneficiary Code-59606**

2 messages

Wellness : Mediwheel : New Delhi <wellness@mediwheel.in>  
To: "healthcare.medicals@gmail.com" <healthcare.medicals@gmail.com>  
Cc: "Customer Care :Mediwheel : New Delhi" <customercare@mediwheel.in>

Wed, Jul 19, 2023 at 12:38 PM



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011-41195959

Email:wellness@mediwheel.in

Hi Healthcare Medical Centre and Diagnostic ,

Diagnostic/Hospital Location :76/754 Mahavir Suryadarshan Soc., Satyanagar Road, Mahavir Nagar, Kandivali West, Mumbai 400 067 ,City:Mumbai

We have received the confirmation for the following booking .

**Beneficiary Name :** PKG10000241

**Beneficiary Name :** Vinita P Navgire

**Member Age :** 30

**Member Gender :** Female

**Member Relation :** Spouse

**Package Name :** Medi-Wheel Metro Full Body Health Checkup Female Below 40

**Location :** IGATPURI,Maharashtra-422403

**Contact Details :** 7757900101

**Booking Date :** 18-07-2023

**Appointment Date :** 22-07-2023

**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

**For Women:**

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

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Government of India

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नोंदणी क्रमांक:/ Enrolment No.: 0648/00402/45496

To  
श्रीनिवास प्रवीण नवगिरे  
VINITA PRAVIN NAVGIRE  
C/O: Pravin Madhukarrao Navgire  
304, A-Wing, Anupam Building  
Sector-8, Swami Samarth Mandir Road  
Swami Samarth Mandir  
Charkop  
Mumbai  
Mumbai Suburban Maharashtra - 400067  
7409225701

Signature Not Verified  
Digital Signature  
UNIQUE IDENTIFICATION  
AUTHORITY OF INDIA  
Date: 2018/11/08 10:24:17  
UTC



आपला आधार क्रमांक / Your Aadhaar No. :

7014 8765 4408

VID : 9164 0142 1143 4737

माझे आधार, माझी ओळख



भारत सरकार  
Government of India



श्रीनिवास प्रवीण नवगिरे  
VINITA PRAVIN NAVGIRE  
जन्म तारीख/DOB: 22/08/1992  
लिंग/ GENDER: FEMALE

7014 8765 4408

VID : 9164 0142 1143 4737

माझे आधार, माझी ओळख



Government of India



माहिती / INFORMATION

- आधार हा ओळखीचा पुरावा आहे, नागरिकत्वाचा नाही.
- आधार अद्वितीय आणि सुरक्षित आहे.
- सुरक्षित QR कोड/ ऑफलाइन XML/ ऑनलाइन प्रमाणीकरण वापरून ओळख सत्यापित करा.
- आधार कार्ड, पीव्हीसी कार्ड्स, ईआधार आणि mAadhaar सारखे आधारचे सर्व प्रकार तितकेच वैध आहेत. १२ अंकी आधार क्रमांकाच्या जागी व्हर्च्युअल आधार ओळख (VID) देखील वापरली जाऊ शकते.
- 10 वर्षांतून एकदा तरी आधार अपडेट करा.
- आधार तुम्हाला विविध सरकारी आणि गैर-सरकारी लाभ/सेवांचा लाभ घेण्यास मदत करते.
- आधारमध्ये तुमचा मोबाईल नंबर आणि ईमेल आयडी अपडेट ठेवा.
- आधार सेवांचा लाभ घेण्यासाठी स्मार्टफोनवर mAadhaar ॲप डाउनलोड करा.
- सुरक्षितता सुनिश्चित करण्यासाठी लॉक/अनलॉक बायोमेट्रिक्स/आधार या वैशिष्ट्यांचा वापर करा.
- आधारची मागणी करणाऱ्या योग्य संमती संस्थानी शोध घेणे बंधनकारक आहे.
- आधार is a proof of identity, not of citizenship.
- Aadhaar is unique and secure.
- Verify identity using secure QR code/offline XML/online Authentication.
- All forms of Aadhaar like Aadhaar letter, PVC Cards, eAadhaar and mAadhaar are equally valid. Virtual Aadhaar Identity (VID) can also be used in place of 12 digit Aadhaar number.
- Update Aadhaar at least once in 10 years.
- Aadhaar helps you avail various Government and Non-Government benefits/services.
- Keep your mobile number and email id updated in Aadhaar.
- Download mAadhaar app on smart phones to avail Aadhaar Services.
- Use the feature of lock/unlock Aadhaar/biometrics to ensure security.
- Entities seeking Aadhaar are obligated to seek due consent.

Dr. NUPUR RAI  
MBBS, DIPLOMA CARDIOLOGY (1990)  
Reg. No.. 2018116643  
Healthcare Soc  
Suryadarsan  
Mandir Road, Mandir Nagar,  
Mumbai  
W. Mumbai  
Tel. No. 2869 7808

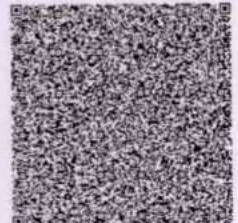


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महंत: प्रवीण मधुकरराव नवगिरे, 304, ए-विंग, अनुपम  
बिल्डिंग, सेक्टर-८, स्वामी समर्थ मंदिर रोड, स्वामी समर्थ  
मंदिर, चारकोप, मुंबई, मुंबई उपनगर,  
महाराष्ट्र - 400067

Address:  
C/O: Pravin Madhukarrao Navgire, 304, A-  
Wing, Anupam Building, Sector-8, Swami  
Samarth Mandir Road, Swami Samarth  
Mandir, Charkop, Mumbai, Mumbai Suburban,  
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# HEALTHCARE

MEDICAL CENTRE & DIAGNOSTICS

NAME:	MRS VINITA NAVGIRE	DATE:	22/07/2023
HEIGHT:160CMS	WEIGHT:69.2 KGS	AGE:	30YRS
REFERRED BY:	MEDIWHEEL	SEX:	FEMALE

PRESENT COMPLAIN: NIL	
CURRENT MEDICATION: NIL	
PAST HISTORY: LSCS IN 2020	
FAMIL HISTORY: FATHER:HTN,MOTHER:NIL	
ALLERGY:AZITHROMYCIN CAUSES ITCHING	HABITS:NIL
BLADDER: NAD	BOWEL:NAD
GENERAL EXAMINATION:	ADVICE-
P: 76/min BP:120/70 mm of hg	Add jaggery & channa in daily diet.
ICTERUS: NIL	OEDEMA: NIL
OTHERS: NAD	
RS: NAD	Check Xr x 1 month
CVS: NAD	Repeat Cb after 1 month
PA: NAD	Medically fit
CNS: NAD	
INVESTIGATION:	

**Dr. NUPUR RAI**  
 MBBS, DIPLOMA IN CARDIOLOGY (PGDCC)  
 Reg. No. D 2018115643

**Healthcare**  
 Mahavir Suryadarshan Soc.  
 Satya Nagar Road, Mahavir Nagar,  
 Kandivali (W), Mumbai - 400 067  
 Tel. No. 2869 7808



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## OPHTHALMIC REPORT

NAME <i>Vinita Marghise</i>	DATE <i>22/7/23</i>
R- NO	AGE <i>30</i>
REF. BY DR. <i>MEDIWHEEL</i>	SEX <i>Female</i>

	<b>RIGHT EYE</b>	<b>LEFT EYE</b>
V.A. WITHOUT GLASSES:	<i>6/18 N6</i>	<i>6/18 N6</i>
V.A. WITH GLASSES:	<i>NOT</i>	<i>CARRYING -</i>
SLIT LAMP EXAMINATION:	-	-
IOP - SCHIOTZ TONOMETER:	-	-
FUNDUS:	-	-
COLOUR VISION: (ISHIHARA CHART)	<i>Normal (BE)</i>	
OCULAR MOVEMENTS:	<i>full &amp; normal</i>	
RETINOSCOPY:	-	-

Prescription:

	SPH	CYL	AXIS
DISTANCE	<i>1.75</i>	<i>—</i>	<i>66</i>
NEAR	<i>—</i>	<i>—</i>	<i>N6</i>

	SPH	CYL	AXIS
	<i>1.50</i>	<i>—</i>	<i>66</i>
	<i>—</i>	<i>—</i>	<i>N6</i>

CLINICAL IMPRESSION: *(N)*  
 ADVICE: *glasses*

Healthcare  
 Mahavir Suryadarshan Soc.  
 Satya Nagar Road, Mahavir Nagar,  
 Kandivali (W), Mumbai - 400 067  
 Tel. No. 2969 7808

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<b>NAME</b>	<b>MRS VINITA P NAVGIRE</b>	<b>DATE</b>	<b>22.07.2023</b>
		<b>AGE</b>	<b>30YRS</b>
<b>REF. BY DR.</b>	<b>MEDIWHEEL</b>	<b>SEX</b>	<b>FEMALE</b>

**X-RAY CHEST (PAVIEW).**

The lungs on the either side show equal translucency.

The pleural spaces are normal.

The cardiac size is normal.

The domes of the diaphragms are normal in position, and show smooth outline.

Ribs appear normal.

**IMPRESSION :**

**NO EVIDENCE OF PLEURAL OR PARENCHYMAL PATHOLOGY IS NOTED.**

**Correlate clinically .**

**DR, SACHIN JADKAR**  
**Consultant Radiologist**

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly



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<b>NAME</b>	<b>MRS VINITA P NAVGIRE</b>	<b>DATE</b>	<b>22/07/2023</b>
<b>REF. BY DR</b>	<b>MEDIWHEEL</b>	<b>AGE</b>	<b>30YRS</b>
		<b>SEX</b>	<b>FEMALE</b>

**REAL TIME ABDOMINAL SONOGRAPHY SHOWS,**

**LIVER :** Liver is normal in size showing homogenous parenchymal echotexture . There is no evidence of solid or cystic mass .The portal and the hepatic venous system appears normal.

**Gall bladder :** The Gall bladder is well distended .The gall bladder wall of normal thickness . No evidence of gall stones.

**PANCREAS :** Pancreas is normal in size with smooth margin and homogenous paranchymal echotexture. No focal lesion seen.

**KIDNEYS :** Both kidneys are normal in size and shows homogenous cortical echotexture. Central calyceal echoes appears normal. There is no evidence of hydronephrosis or renal calculus.

- (a) Right kidney measures: 10.3 X 4.3cms
- (b) Left kidney measures: 9.6x 4.1 cms.

**SPLEEN :** The spleen is normal in size with homogenous parenchymal echotexture. No focal lesion are seen.

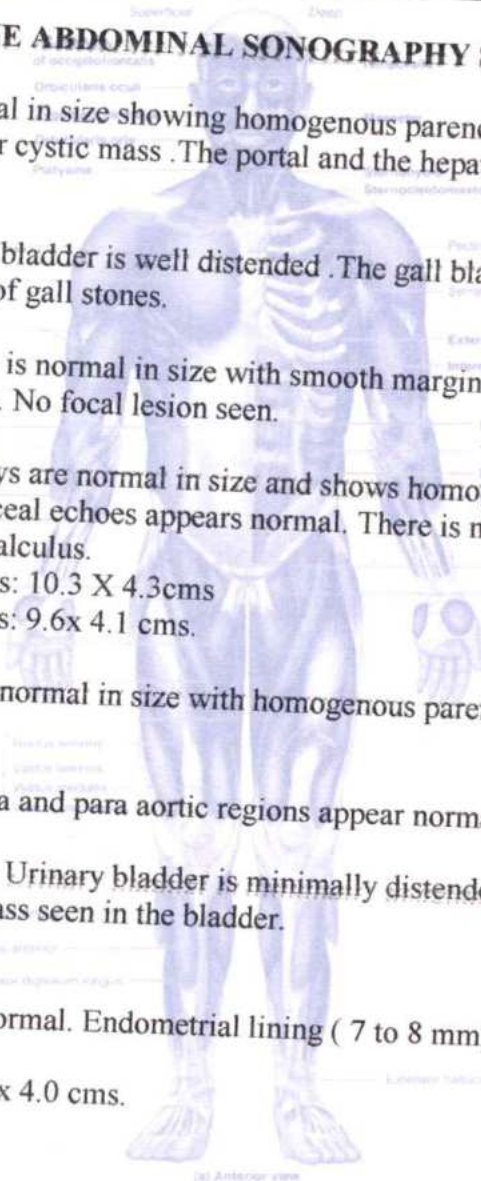
**AORTA :** The upper aorta and para aortic regions appear normal.

**URINARY BLADDER :** Urinary bladder is minimally distended. No evidence of calculus or intraluminal mass seen in the bladder.

**UTERUS (TAS):**

Uterus is anteverted and normal. Endometrial lining ( 7 to 8 mm) appears normal. No evidence of focal lesion.

Uterus measures: 6.8 x 4.2 x 4.0 cms.



- COMPU. PATHOLOGY • ALLERGY TESTING
- DIGITAL WHOLE BODY X-RAYS
- DIGITAL 3D SONOGRAPHY
- DIGITAL WHOLE BODY COLOUR DOPPLER
- DIGITAL 2-D ECHO WITH COLOUR DOPPLER
- E.C.G. • LUNG FUNCTION TEST
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY

- COMPUTERISED STRESS TEST
- DENTAL
- ADVANCED DENTISTRY
- PHYSIOTHERAPY
- AUDIOMETRY & SPEECH THERAPY
- FULL BODY HEALTH CHECK-UPS
- CORPORATE HEALTH CHECKUPS



NAME	MRS VINITA P NAVGIRE	DATE	22/07/2023
REF. BY DR	MEDIWHEEL	AGE	30YRS
		SEX	FEMALE

**ADNEXA :**

Right ovary is normal in size and shows homogenous echo pattern. No evidence of focal lesion.

Left ovary is normal in size and shows homogenous echo pattern. No evidence of focal lesion..

No evidence of free fluid.

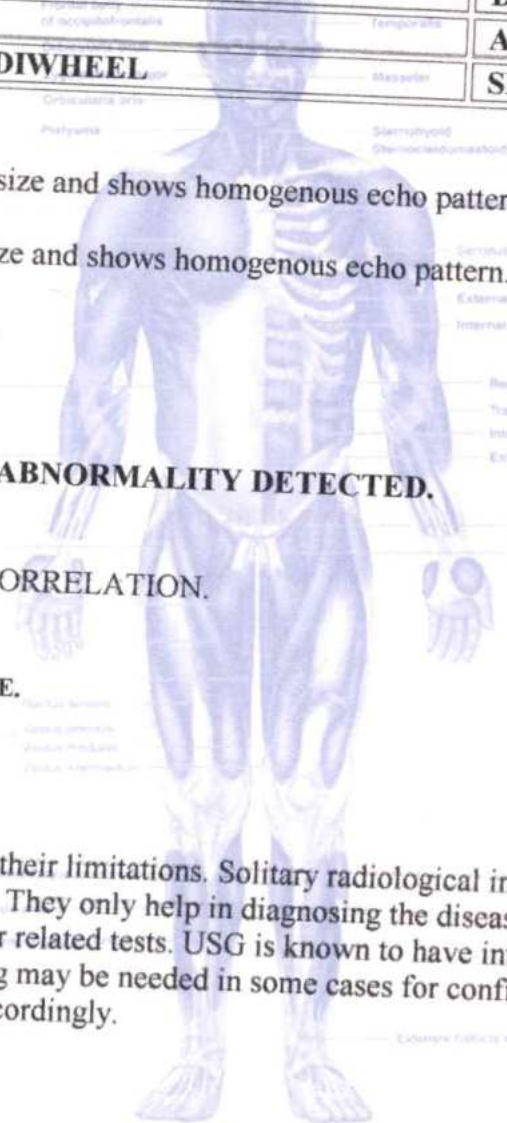
**IMPRESSION :**

- **NO SIGNIFICANT ABNORMALITY DETECTED.**

SUGGEST: CLINICAL CORRELATION.

*[Signature]*  
**DR SACHIN JADKAR**  
CONS. RADIOLOGIST. DMRE.

Note : Investigations have their limitations. Solitary radiological investigations never confirm the final diagnosis. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. USG is known to have interobserver variation. Further / Follow-up imaging may be needed in some cases for confirmation of USG findings. Please interpret accordingly.





- COMPU. PATHOLOGY
- DIGITAL X-RAY
- DIGITAL SONOGRAPHY
- DIGITAL COLOR DOPPLER
- 2D ECHO CARDIOGRAPHY
- MAMMOGRAPHY & BONE MINERAL DENSITOMETRY ( BMD )
- ECG ■ PFT
- COMPU. TREADMILL TEST
- PHYSIOTHERAPY
- DENTAL
- HEALTH CHECK-UP



MEDICAL CENTRE & DIAGNOSTICS

# ELECTROCARDIOGRAM (ECG)

MRS VINITA P NAVGIRE  
EKG8688 22-Jul-2023



ECG

PATIENT MRS. VINITA P NAVGIRE AGE 30 SEX F

REF. BY DR. MEDWHEEL DATE 22/7/23



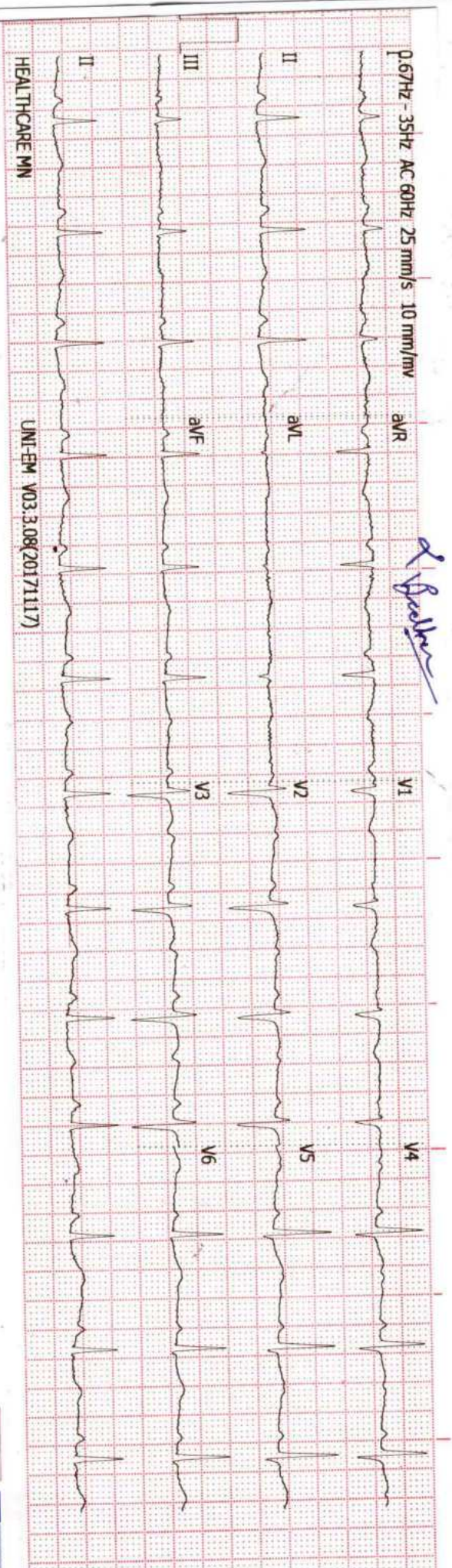
INTERPRETATION: KRM

Healthcare  
Suryadarsan Soc.  
Mahavir Suryadarsan Soc.  
Mahavir Nagar  
Salva Nagar Road, Mahavir Nagar,  
Mumbai - 400 067  
Andivali (W), Mumbai - 2869 7808  
Tel. No. 2869 7808

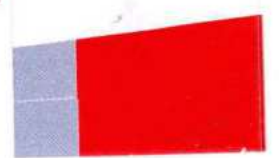
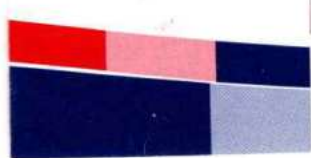
Dr. Dr. NUPUR RAI

MBBS, DIPLOMA CARDIOLOGY (PGDCC)  
Reg. No. 2018115643





*Dr. [Signature]*



History : .....

B.P. : .....

Drugs : .....

Standard : .....

Auricular Rate : ..... 78 bpm

Ventricular Rate : ..... 74

Rhythm : .....

Mechanism : .....

Voltage : .....

Axis : .....

P Waves : .....

PR Interval : .....

Q. Waves : .....

QRS Interval : ..... (2)

ST Segment : .....

T. Waves : .....

QT Interval : .....

Extra Systoles : .....

REMARKS & CONCLUSIONS : .....

low

.....



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MAHAVIR SURYADARSHAN SOC SATYANAGAR ROAD  
MAHAVIR NAGAR KANDIVALI WEST 400068

MRS VINITA NAVGIRE

TREADMILL TEST REPORT

ID : 924  
DATE : 22/07/2023  
AGE/SEX : 30 / F  
HT/WT : 160 / 69  
REF. BY : MEDIMHEEL

PROTOCOL : Bruce  
HISTORY : Checkup/physical fitness,  
INDICATION : HEALTH CHECK UP  
MEDICATION : NONE

PHASE	TOTAL TIME	STAGE TIME	SPEED Km/Hr	GRADE %	H.R. bpm	B.P. mmHg	RPP x100	ST LEVEL (MM)			METS	
								II	VI	V5		
SUPINE					77	120 / 70	92	1				
STANDING					86	120 / 70	103	0.4	0		1.2	
HYPERVENT					92	120 / 70	110	0.1	0.3		1.1	
Stage 1	2:55	2:55	2.7	10	116	130 / 80	150	0.3	0.2		0.2	4.67
Stage 2	5:55	2:55	4	12	157	140 / 90	219	0.3	-0.8		2.3	7.04
PK-EXERCISE	7:38	1:38	5.4	14	165	150 / 100	247	0.5	0.2		1.4	8.68
RECOVERY	8:42	0:56			139	160 / 100	222	3.9	-0.2		3.3	
RECOVERY	9:41	1:55			111	150 / 90	166	2.5	0.1		2.3	
RECOVERY	10:41	2:55			96	140 / 80	134	1	0.3		0.9	
RECOVERY	12:11	4:25			100	130 / 80	130	0.5	0.3		0.3	

**RESULTS**

EXERCISE DURATION : 7:38  
MAX HEART RATE : 181 bpm  
MAX BLOOD PRESSURE : 160 / 100 mm Hg  
REASON OF TERMINATION : Achieved THR,  
BP RESPONSE : Normal,  
ARRYTHMIA : None,  
H.R. RESPONSE : Normal  
IMPRESSIONS : Normal Chronotropic Response,  
FAIR EFFORT TOLERANCE,  
NO ANGINA,  
NO ARRYTHMIA,  
NORMAL HR, BP RESPONSE,  
NO SIGNIFICANT ST CHANGES NOTED DURING TEST AS COMPARED TO BASELINE ECG,  
STRESS TEST NEGATIVE FOR INDUCIBLE ISCHEMIA,

MAX WORK LOAD : 8.68 METS

**Healthcare**  
Mahavir Suryadarshan Soc.  
Satya Nagar Road, Mahavir Nagar,  
Kandivali (W), Mumbai - 400 067  
Tel. No. 2869 7808

**DR. MUPUR RAI**  
MBBS, DIPLOMA IN SPORTS MEDICINE (PGDC),  
REG. NO. 162018115643 (MD)

Technician : 1



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS VINITA NAVGIRE  
 I.D. 924  
 Age 30/F  
 Date 22/07/2023

RATE 77bpm  
 B.P. 120/70

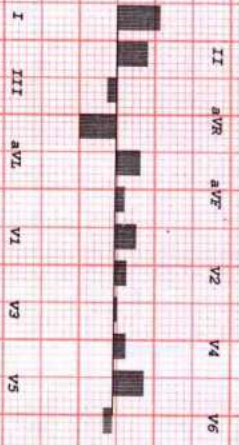
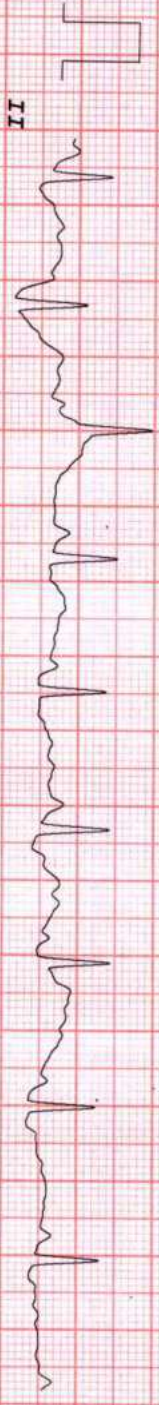
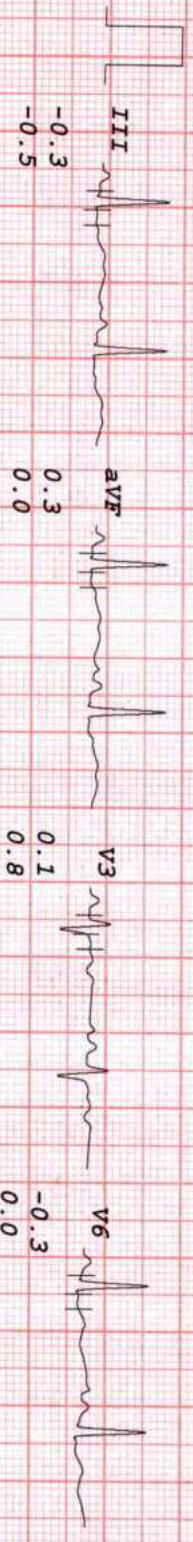
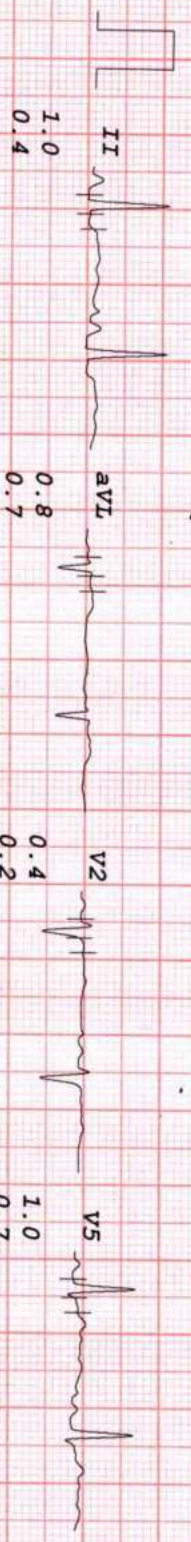
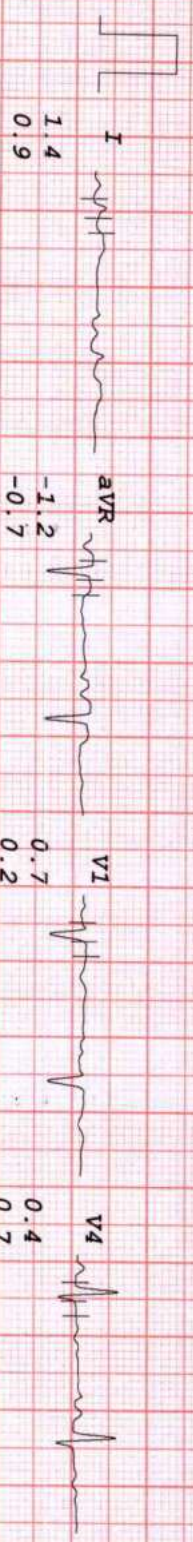
PRETEST  
 SUPINE

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

V6



*Handwritten signature*



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS VINITA NAVGIRE  
 I.D. 924  
 Age 30/F  
 Date 22/07/2023

RATE 86bpm  
 B.P. 120/70

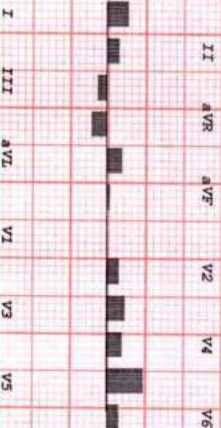
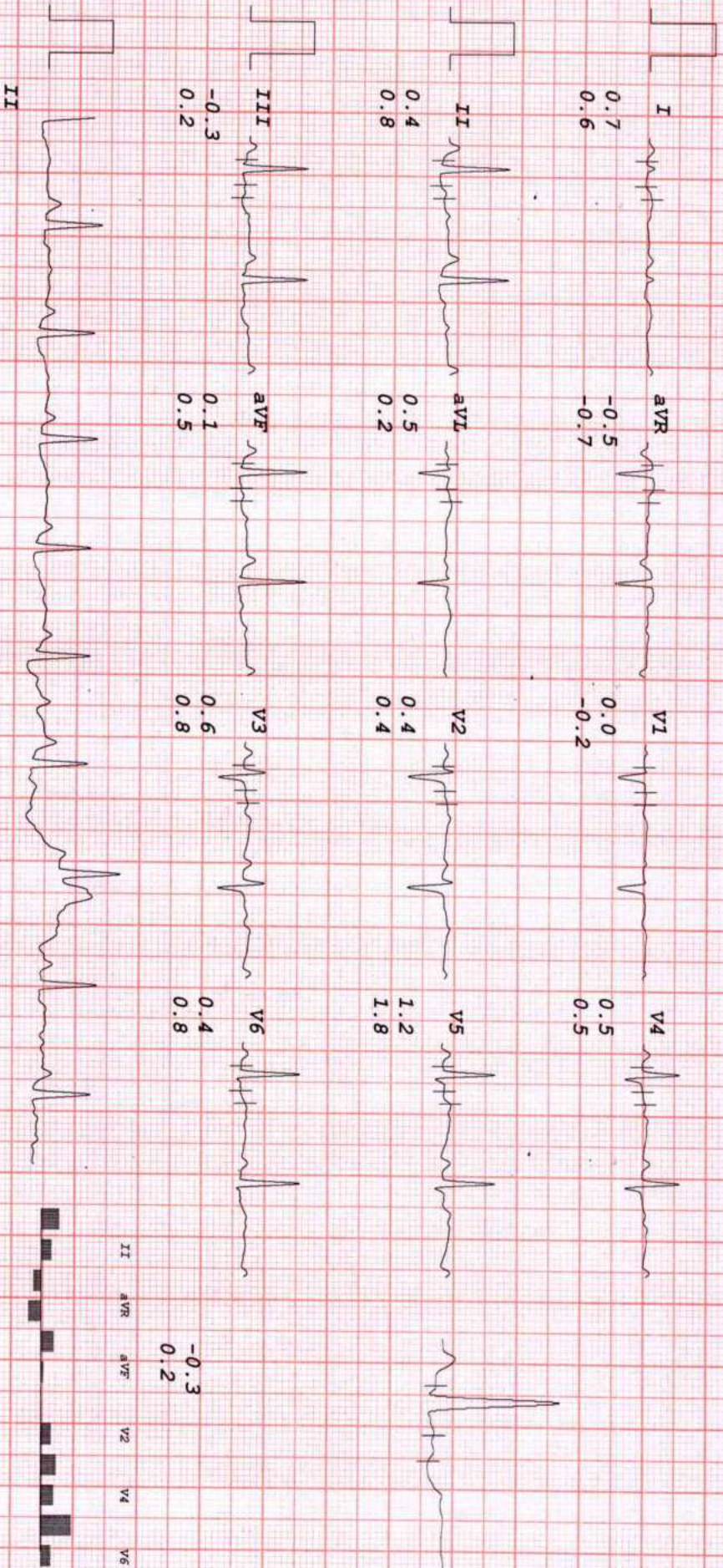
PRETEST  
 STANDING

ST @ 10mm/mV  
 80ms PostL

LINKED MEDIAN

Mag. X 2

III



*Signature*



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS VINITA NAVGIRE  
 I.D. 924  
 Age 30/F  
 Date 22/07/2023

RATE 92bpm  
 B.P. 120/70

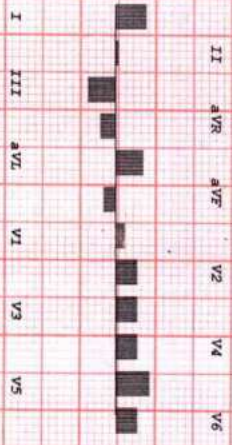
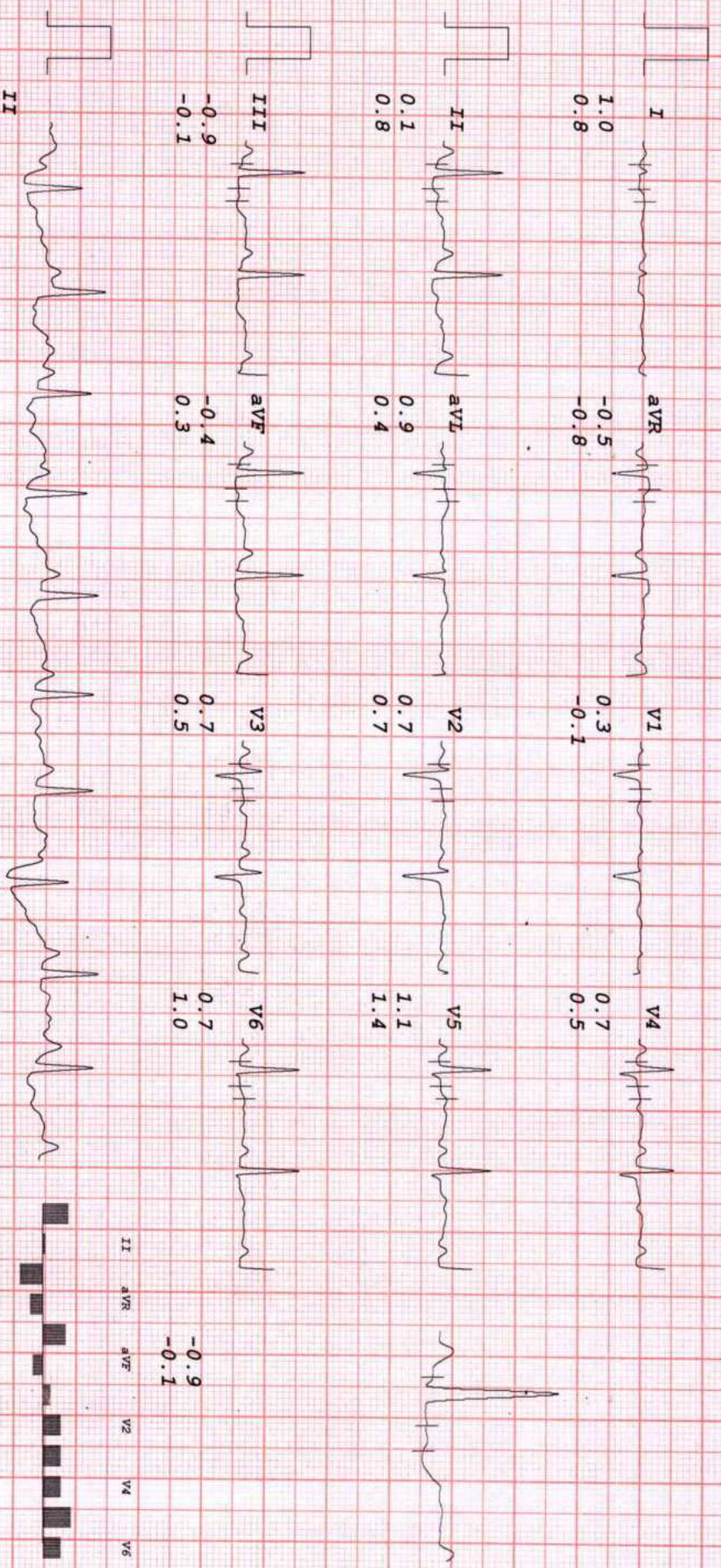
PRETEST  
 HYPERVENT  
 PHASE TIME 0:10

ST @ 10mm/mv  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



*Spencer*



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS VINITA NAVGIRE  
 I.D. 924  
 Age 30/F  
 Date 22/07/2023

RATE 116bpm  
 B.P. 130/80

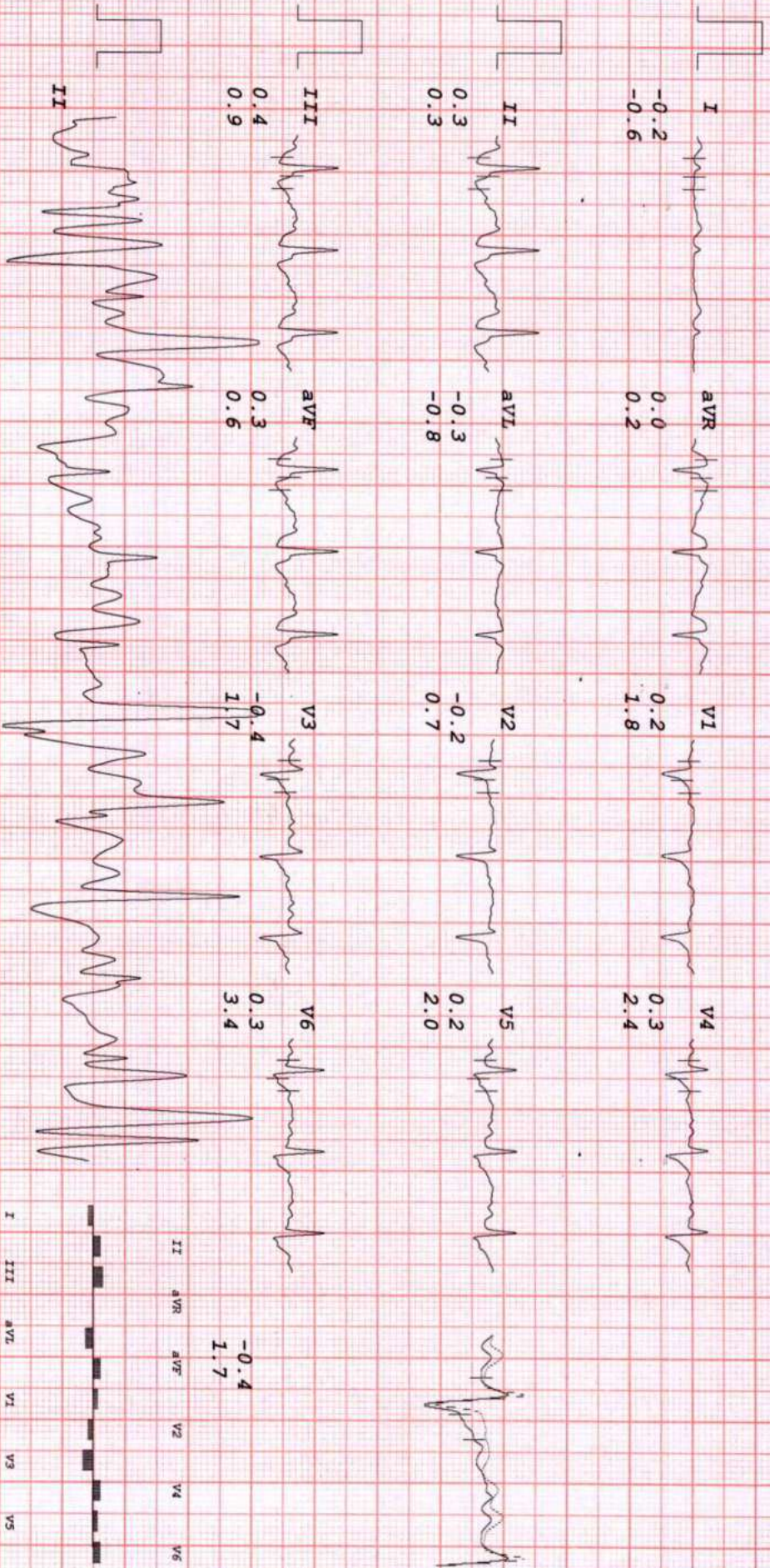
Bruce  
 Stage 1  
 TOTAL TIME 2:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 2.7 km/hr  
 SLOPE 10 °

LINKED MEDIAN

Mag. X 2

V3



*Posth*



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS VINITA NAVGIRE  
 I.D. 924  
 Age 30/F  
 Date 22/07/2023

RATE 157bpm  
 B.P. 140/90

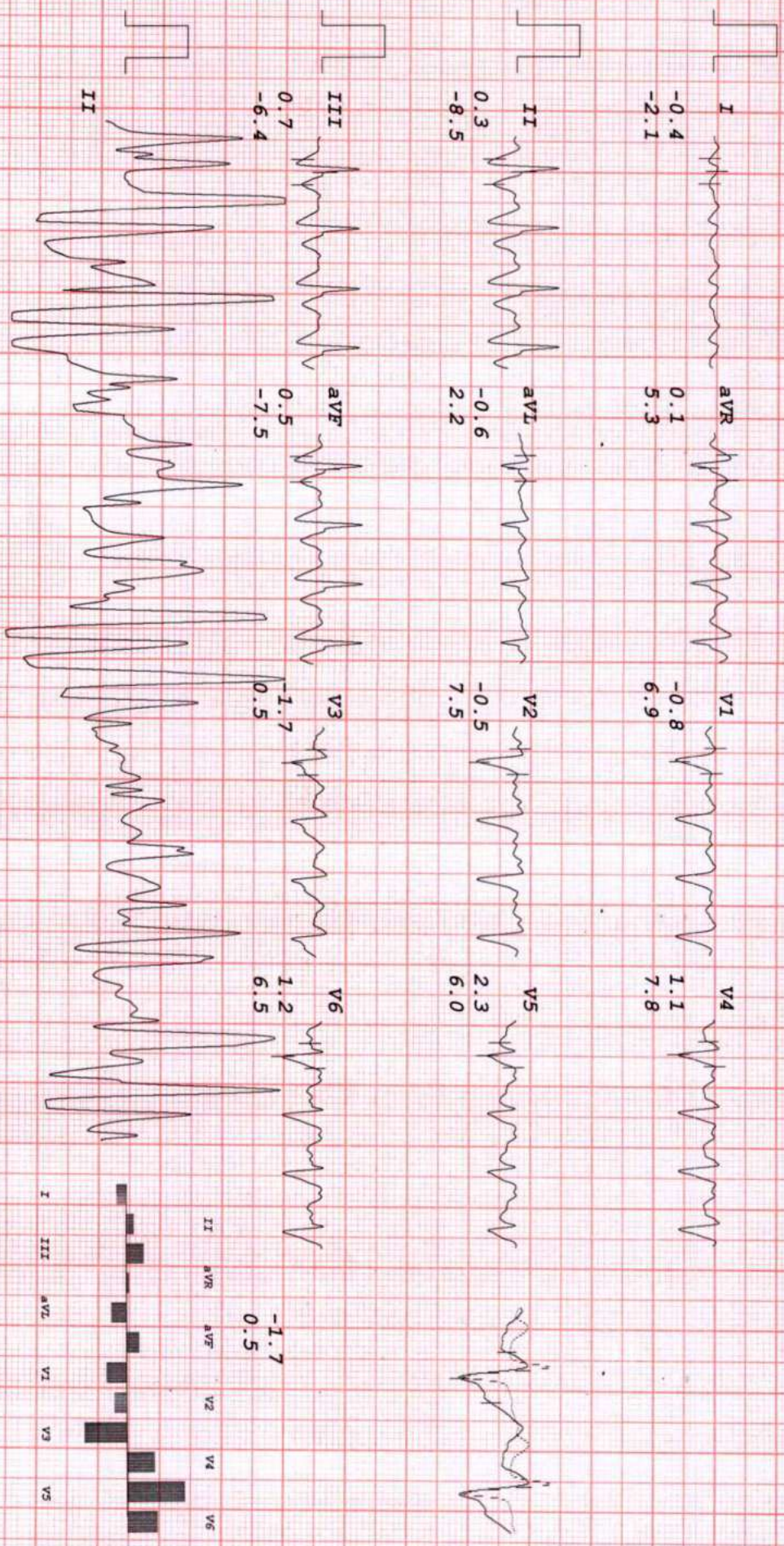
Bruce  
 Stage 2  
 TOTAL TIME 5:55  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ  
 Speed 4 km/hr  
 SLOPE 12 8

LINKED MEDIAN

Mag. X 2

V3



*Sothi*



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS VINITA NAVGIRE  
 I.D. 924  
 Age 30/F  
 Date 22/07/2023

Rate 165bpm  
 B.P. 150/100

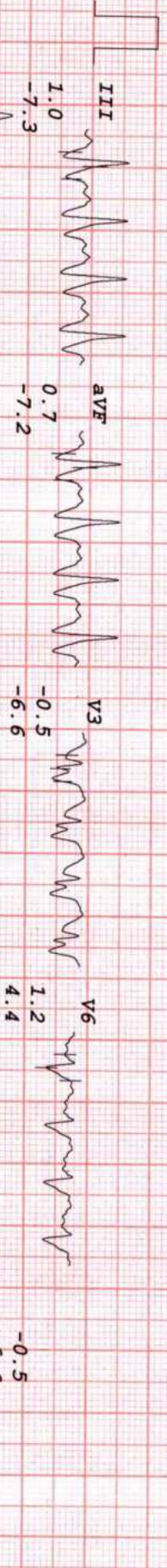
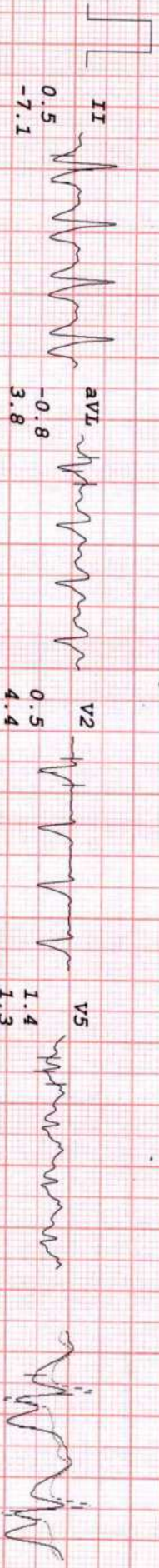
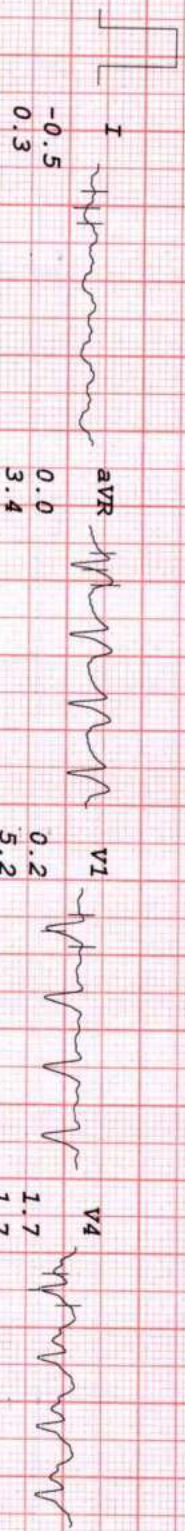
Bruce  
 PK-EXERCISE  
 TOTAL TIME 7:38  
 PHASE TIME 1:38

ST @ 10mm/mV  
 80ms Post J  
 Speed 5.4 km/hr  
 SLOPE 14 %

LINKED MEDIAN

Mag. X 2

V3



*Signature*



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS VINITA NAVGIRE  
 I.D. 924  
 Age 30/F  
 Date 22/07/2023

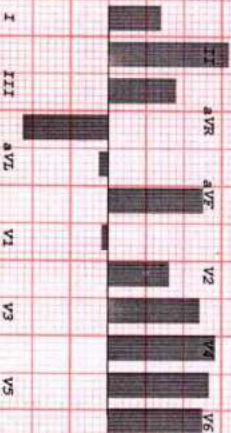
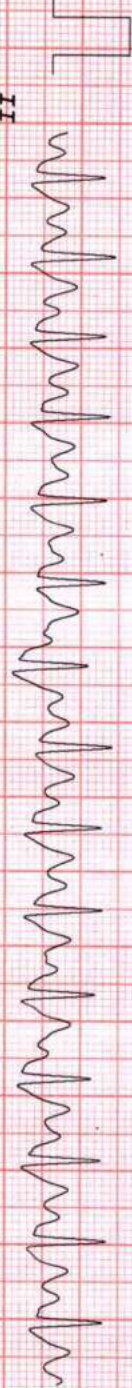
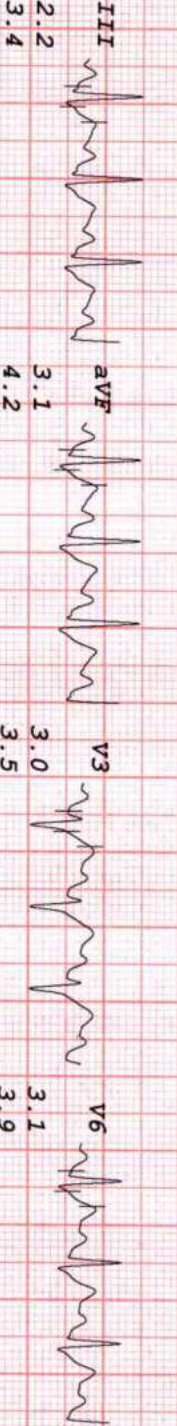
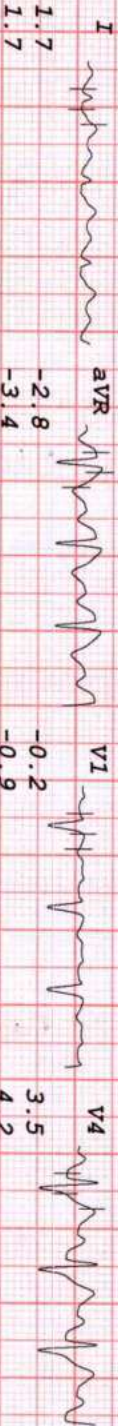
RATE 139bpm  
 B.P. 160/100

Brice  
 RECOVERY  
 TOTAL TIME 8:42  
 PHASE TIME 0:56

LINKED MEDIAN

Mag. X 2

V1



*Spalding*



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS VINITA NAVGIRE  
 I.D. 924  
 Age 30/F  
 Date 22/07/2023

RATE 111bpm  
 B.P. 150/90

Brice  
 RECOVERY  
 TOTAL TIME 9:41  
 PHASE TIME 1:55

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

V1

I 1.1  
 0.5  
 aVR -1.8  
 -1.3

V1 0.1  
 -0.5

V4 2.4  
 2.2

II 2.5  
 2.1  
 aVL -0.2  
 -0.5

V2 1.4  
 0.6

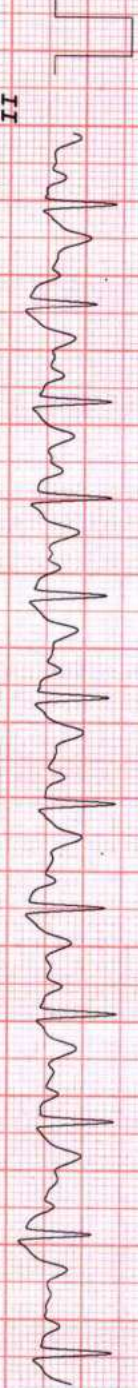
V5 2.3  
 2.3

III 1.5  
 1.5  
 aVF 2.0  
 1.8

V3 2.4  
 2.7

V6 1.7  
 2.1

0.1  
 -0.5



*Posth*



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS VINITA NAVGIRE  
 I.D. 924  
 Age 30/F  
 Date 22/07/2023

RATE 96bpm  
 B.P. 140/80

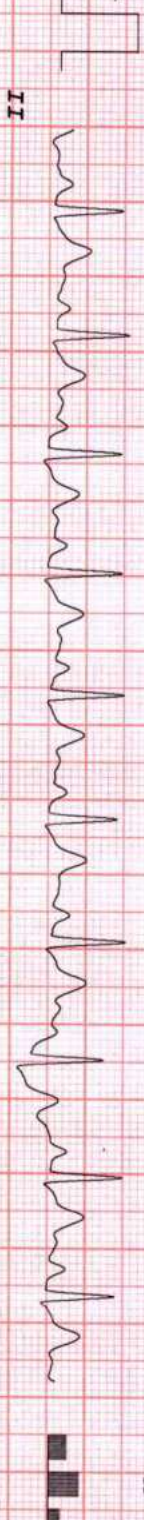
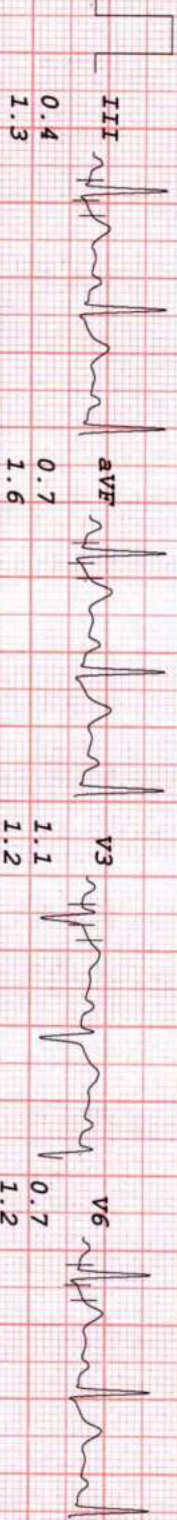
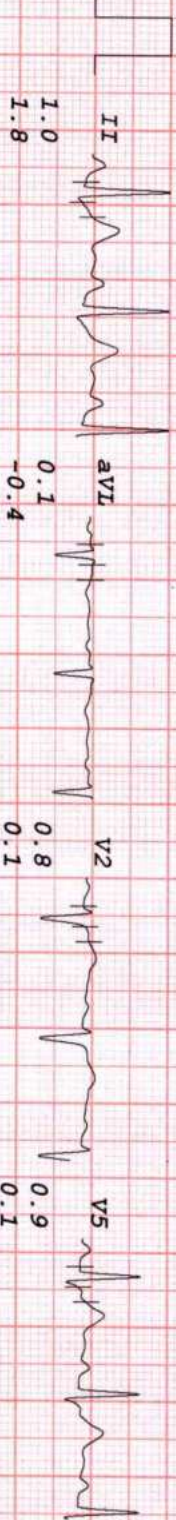
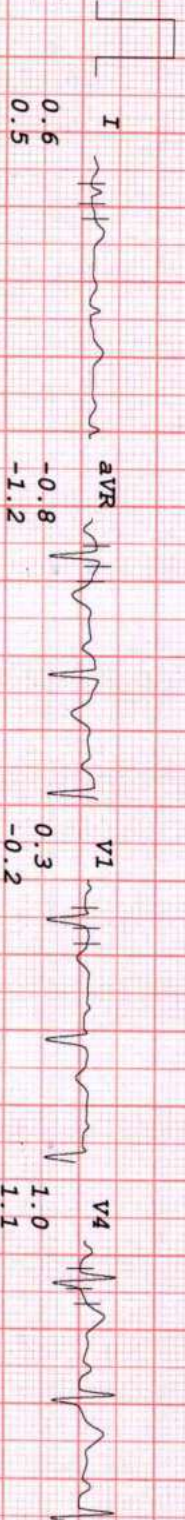
Brice  
 RECOVERY  
 TOTAL TIME 10:41  
 PHASE TIME 2:55

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

V1



II aVR aVF V2 V4 V6

I III aVL V1 V3 V5

0.3  
 -0.2



# HEALTHCARE MEDICALS CENTRE & DIAGNOSTICS

MRS VINITA NAVGIRE  
 I.D. 924  
 Age 30/F  
 Date 22/07/2023

RATE 100bpm  
 B.P. 130/80

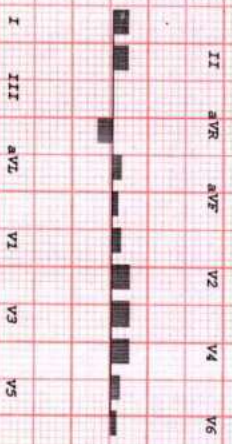
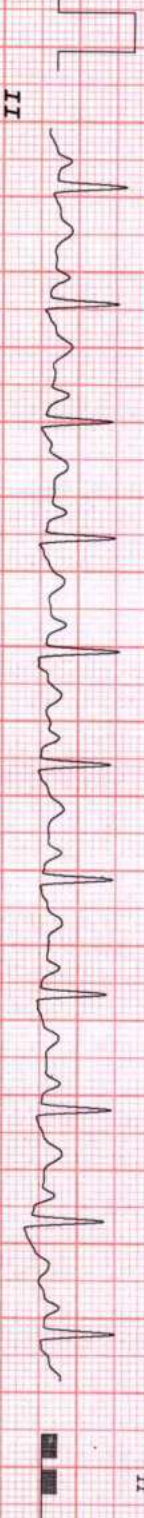
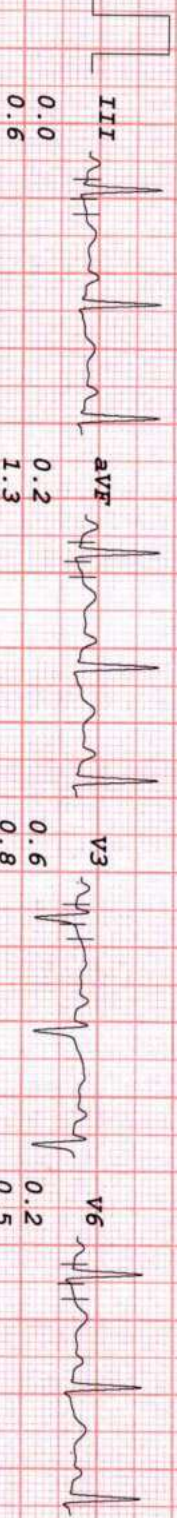
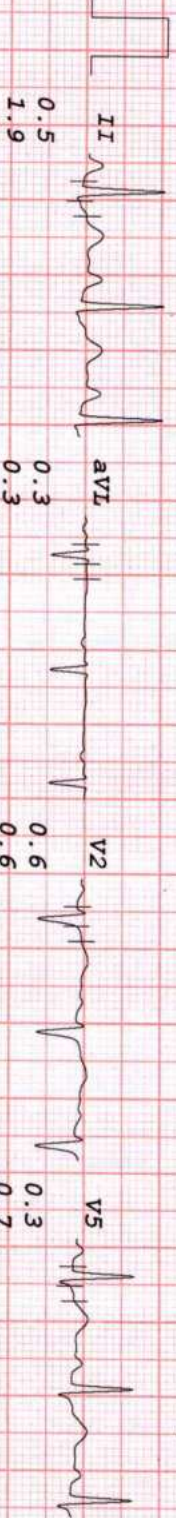
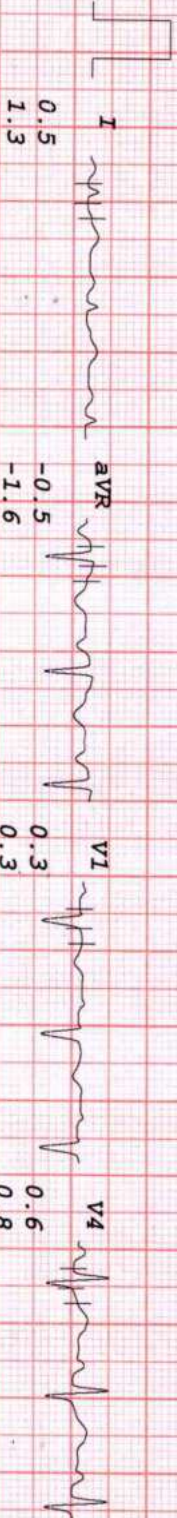
Bruce  
 RECOVERY  
 TOTAL TIME 12:11  
 PHASE TIME 4:25

ST @ 10mm/mV  
 80ms PostJ

LINKED MEDIAN

Mag. X 2

III



*Spokane*