

Mr. PALANIKUMAR M (35 /M)

Date: 08/04/2023  
ASHT: QP AHC - 03

Address : 2/185 , ANNAMALAI NAGAR , Y.OTHAKADAI ,, MADURAI, MADURAI, TAMIL NADU, INDIA

Examined by:

UHID : ASM1.0000477931

Package : MEDIWHEEL WHOLE BODY HEALTH CHECK MALE BELOW 40YRS

AHC No : TRYMH45211



### CHIEF COMPLAINTS

For general health checkup  
No specific complaints

### PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Stroke, Asthma, COPD,  
Cancer



### Family history

Father	- has expired
Mother	- has expired
Brothers	- 3
Sisters	- 1
Diabetes	- mother
Coronary artery disease	- none
Cancer	- None

### PHYSICAL EXAMINATION



### General

General appearance	- normal
Build	- normal
Height	- 162
Weight	- 75.9
BMI	- 28.92
Pallor	- No
Oedema	- no



### Cardiovascular system

Heart rate (Per minute)	- 70
Rhythm	- Regular
	- B.P. Sitting
Systolic(mm of Hg)	- 110
Diastolic(mm of Hg)	- 70
Heart sounds	- S1S2+

### Respiratory system

Breath sounds	- Normal vesicular breath sounds
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### Abdomen

Appearance	- Normal
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### DRUG ALLERGY

NO KNOWN ALLERGY :02/10/2019



### Past medical history

Do you have any allergies?	- No
Allergies	- Nil
Do you have any drug allergies?	- No
Covid 19	- No



### Surgical history

Surgical history	- Nil
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### Immunization history

- Covid Dose1, Covid Dose2



### Personal history

Marital status	- Married
Profession	- government employee
Diet	- Mixed Diet
Alcohol	- does not consume alcohol
Smoking	- No
Chews tobacco	- No
Physical activity	- Sedentary

Printed By : Elvis Matthew Gomes





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**AHC MEDICAL SUMMARY**

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**URINE ROUTINE (CUE)**

Test Name	Result	Unit	Level	Range
Specific Gravity	1.025		●	1.016 - 1.026
Colour:	Pale-Yellow			
Transparency:	Clear			
pH	6 *		●	4.6 -8.0
Protein :	Nil			Negative
Sugar:	Nil			
Ketone	Negative			
Bile Pigments:	Negative			
Bile Salts :	Negative			
Urobilinogen	Normal	E.U./d L		
RBC	Nil	/hpf		0-5
Pus Cells	4-6 /h.p.f			
Epithelial Cells	1-2 /h.p.f			0-5 /HPF
Reaction:	Acidic			
Blood:	Negative			

Test Name	Result	Unit	Level	Range
ALT(SGPT)	46 *	U/L	●	Adult Male : < 45
Globulin - Serum: (Calculated)	2.8	g/dL	●	Adult (2.0 - 3.5)
Alkaline Phosphatase - Serum	71	U/L	●	ADULT(MALE) < 129 ADULT(FEMAL E) < 104
AST (SGOT)	30	U/L	●	Adult Male: <35
Bilirubin, Total - Serum	0.5	mg/dL		

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
Total Cholesterol	224 *	mg/dL	●	Adult Desirable: <200 Borderline High: 200 - 239 High: >=240

**CBC**

Test Name	Result	Unit	Level	Range
Hemoglobin	14.0	gm%	●	13.0-18.0
Packed cell volume(Calculated)	44.3	%	●	40-54
WBC Count	5.54	10 <sup>3</sup> /m m <sup>3</sup>	●	4-11
Platelet Count	338	10 <sup>3</sup> /m m <sup>3</sup>	●	150-450
ESR	01	mm/hr	●	0-15
Neutrophils	62	%	●	40-80
Lymphocytes	27	%	●	20-40
Eosinophils	06	%	●	01-06
Monocytes	05	%	●	2-10

**CREATININE - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
Creatinine - Serum	0.9	mg/dL	●	Male: 0.9 - 1.3

**LIVER FUNCTION TEST WITH GGTP**

Test Name	Result	Unit	Level	Range
GGTP: Gamma Glutamyl Transpeptidase	47	U/L	●	Male: < 55

**GLUCOSE - SERUM / PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
Glucose - Serum / Plasma (Fasting)	98	mg/dL	●	70 - 100

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
Glucose - Serum / Plasma (Post Prandial)	117	mg/dL	●	< 140

**GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD**

Test Name	Result	Unit	Level	Range

**BLOOD GROUPING AND TYPING (ABO and Rh)**

Test Name	Result	Unit	Level	Range
Blood Group	O			
Rh (D) Type:	POSITIVE			

**LIVER FUNCTION TEST WITH GGTP**

● Within Normal Range    ● Borderline High/Low    ● Out of Range





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Glycosylated Hemoglobin (HbA1c)	5.8	%	●	4 - 6 % (NGSP)	TSH: Thyroid Stimulating Hormone	6.77 *	μIU/mL ●	Adults(21 - 54 Years): 0.5 - 5.0
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**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL Cholesterol	54	mg/dL	●	Low: <40 High: >=60
LDL Cholesterol (Direct LDL)	145 *	mg/dL	●	Optimal: <100 Near/above optimal: 100 - 129 Borderline High: 130 - 159 High: 160 - 189 Very High: >=190

**LIVER FUNCTION TEST WITH GGTP**

Test Name	Result	Unit	Level	Range
Protein Total - Serum	7.4	g/dL	●	>2 Year: 6.0 - 8.0
Albumin - Serum	4.6	g/dL	●	Adult(20 - 60 Yr): 3.5 - 5.2

**TOTAL T3 T4 TSH**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	176.62	ng/dL	●	Adults(20-50 Yrs Male): 70 - 204
TOTAL T4: THYROXINE - SERUM	10.0	μg/dL	●	Adults(15-60 Yrs Male): 4.6 - 10.5

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
Triglycerides - Serum	91	mg/dL	●	Normal: <150 High: 150 - 199 Hypertriglyceridemic: 200 - 499 Very High: >=500
Total Cholesterol / HDL Cholesterol Ratio (Calculated)	4.1		●	< 4.5

**TOTAL T3 T4 TSH**

Test Name	Result	Unit	Level	Range
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● Within Normal Range    ● Borderline High/Low    ● Out of Range

**UREA - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
Urea	27	mg/dL	●	Adult: 13 - 43

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
Uric Acid - Serum	5.5	mg/dL	●	Adult Male: 3.5 - 7.2

**LIVER FUNCTION TEST WITH GGTP**

Test Name	Result	Unit	Level	Range
Bilirubin Conjugated - Serum	0.1	mg/dL	●	0.0-0.2
Bilirubin Unconjugated - Serum (Calculated)	0.4	mg/dL	●	0.0-1.0

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	12.6	mg/dL	●	Adult : 6 - 20

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES/HDL CHOLESTROL	2.6			

**2D-ECHO WITH COLOUR DOPPLER**

NO REGIONAL WALL MOTION ABNORMALITY  
LEFT VENTRICLE NORMAL IN SIZE  
NORMAL LEFT VENTRICULAR FUNCTION  
NO LV CLOT  
TRIVIAL MITRAL REGURGITATION  
TRIVIAL AORTIC REGURGITATION  
TRIVIAL TRICUSPID REGURGITATION  
NO PULMONARY ARTERY HYPERTENSION  
NO PERICARDIAL EFFUSION  
IAS/IVS INTACT

**ULTRASOUND - WHOLE ABDOMEN**



- Grade I fatty liver.
- Grade I prostatomegaly.
- Bilateral inguinal hernia (R>L).

Suggested Clinical Correlation and Further Evaluation.

Please note that this report is a radiological professional opinion. It has to be correlated clinically and interpreted along with other investigations.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE (LAB, RADIOLOGY & RADIOLOGY)

**Haematology**

STOOL ROUTINE

**CARDIOLOGY**

ECG

**X Ray**

X-RAY CHEST PA



Within Normal Range



Borderline High/Low



Out of Range