

Name : Mr. ARVIND SINGH (30 /M)

Date : 22/07/2022

Address : 2 NO, DAKSHINPARA, RISHRA, HOOGHLY, HOOGHLY, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0001989916

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH152819



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

Present known illness

No history of : - Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart disease, Asthma



DRUG ALLERGY

NO KNOWN ALLERGY

:25/07/2022



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

Appetite - normal; Bowel habits - regular

Genitourinary system

Frequency - normal

Central nervous system

- Nil Significant

Eyes

Vision - normal

ENT

- Normal hearing

Skin

- Nil Significant

Weight

- stable



Present medications

- Nil



Past medical history

Past medical history - nil significant



Surgical history

Surgical history - Nil



Personal history

Marital status - Married

No. of children - 1

Diet - Non Vegetarian

Alcohol - consumes alcohol

Units - 1 unit

Frequency - monthly

Smoking - Yes

Frequency - occasional

Chews tobacco - No

Physical activity - Mild

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Family history

Father - has expired
Aged - At 59 years
- CKD
Mother - alive
Aged - 55 years
Sisters - 1
Hypertension - father
Coronary artery disease - none
Cancer - None

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Present.

Central nervous system

- No neurological deficit

Skin

- No significant finding

PHYSICAL EXAMINATION

General

Build - over weight
Height - 169 Cm
Weight - 76 Kg
BMI - 26.61
Pallor - No
Oedema - no

Musculo Skeletal System

- No significant finding

Cardiovascular system

Heart rate (Per minute) - 64
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 120
Diastolic(mm of Hg) - 72
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Printed By : AVIJIT DAS

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	15.7	g/dl	●	13.0-17.0
RBC COUNT	5.29	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	47.2	%	●	41-53
MCV	89.3	fl	●	83-101
MCH	29.6	pg	●	27-32
MCHC	33.2	%	●	31.5-34.5
RDW	13.4	%	●	11.8-14.0
WBC Count	7200	/cu mm	●	4000-10000
Platelet Count	2.39	lacs/cu mm	●	1.5-4.0
Neutrophils	58	%	●	40-80
Lymphocytes	33	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	05	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.020			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	A			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	147 *	U/L	●	10-40
ALBUMIN - SERUM	4.7	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	95	U/L	●	53-128
AST (SGOT) - SERUM	70 *	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.8	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	182	mg/dL	●	0-200

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.1	mg/dL	●	0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	46	U/L	●	7-64

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range

● Within Normal Range ● Borderline High/Low ● Out of Range

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GLUCOSE - PLASMA (FASTING) 106 * mg/dL ● 70-99

TSH: THYROID STIMULATING HORMONE - SERUM 3.000 μIU/mL ● 0.270-4.200

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	6.4 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.3	mg/dL	●	3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	37	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	121	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	24	mg/dL	●	0-35

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	14.1	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.4:1.0			1.0-2.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	8.1	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.3	g/dL	●	1.8-3.6

ECG

SINUS BRADYCARDIA. OTHERWISE WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade-I fatty liver.

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	8.5	μg/dL	●	5.1-14.1

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	101	mg/dL	●	0-150

Haematology

STOOL ROUTINE
URINE SUGAR - POST PRANDIAL (QUALITATIVE)

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
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Biochemistry

GLUCOSE - PLASMA (POST PRANDIAL)

● Within Normal Range ● Borderline High/Low ● Out of Range

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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