

Name : Mr. SAJAL KANTI BERA (54 /M)

Date : 23/09/2022

Address : 401, GALAXY APPRT, UTTARPARA, HOOGHLY, HOOGHLY, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0002021330

Package : MEDI WHEEL FULL BODY HCK - MALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH157758



CHIEF COMPLAINTS

For corporate health checkup
No specific complaints

PRESENT KNOWN ILLNESS

Present known illness

- Diabetes mellitus, Dyslipidemia, Thyroid disorder, Heart disease, Asthma
Since - 5 yrs Medication - regular
- H/O Adult onset Still's disease under care of Rheumatologist



DRUG ALLERGY

NO KNOWN ALLERGY

:24/09/2022



SYSTEMIC REVIEW

Cardiovascular system

Chest pain - no; High blood pressure - yes;
Medication - yes

Respiratory system

Sneezing - yes; Exacerbated by - allergens

Gastrointestinal system

Appetite - normal; Dyspepsia - no; Bowel habits - regular; Piles - no; Hernia - no

Genitourinary system

- Nil Significant

Eyes

Vision - normal with glasses

ENT

- Normal hearing

Musculoskeletal system

Spine and joints
Polyarthralgia - yes

Weight

- stable



Present medications

- names not known



Past medical history

Do you have any allergies? - Yes

Allergies - pollens

Do you have any drug allergies? - No

Covid 19 - Yes
- 2021

Hospitalization for Covid 19 - No



Surgical history

Surgical history - Nil

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Personal history

Marital status - Married
Female - 1
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild



Family history

Father - has expired
Aged - 80
Cause - natural cause
Mother - has expired
Aged - 60
Cause - not known
Brothers - 1
Sisters - 1
Hypertension - brother
Coronary artery disease - none
Cancer - None

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No



Skin

Xanthesma palpabrarum - Yes

PHYSICAL EXAMINATION



General

Build - obese
Height - 168
Weight - 91
BMI - 32.24
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 68
Rhythm - Regular
Systolic(mm of Hg) - 148
Diastolic(mm of Hg) - 92
Heart sounds - S1S2+

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	13.8	g/dl	●	13.0-17.0
RBC COUNT	4.53	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	42.0	%	●	41-53
MCV	92.7	fl	●	83-101
MCH	30.5	pg	●	27-32
MCHC	32.9	%	●	31.5-34.5
RDW	14.6 *	%	●	11.8-14.0
WBC Count	5100	/cu mm	●	4000-10000
Platelet Count	0.92 *	lacs/cu mm	●	1.5-4.0
Neutrophils	56	%	●	40-80
Lymphocytes	37	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	02	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			

ERYTHROCYTE SEDIMENTATION RATE (ESR) 16 * mm/1st hr ● 0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.005			
pH:	7.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells Occasional/hpf
 Casts: Not Found
 Crystals: Not Found
 Note: Biological reference interval
 RBC- 0-2/hpf
 Pus Cell - 0-5/hpf.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	23	U/L	●	10-40
ALBUMIN - SERUM	4.0	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	57	U/L	●	53-128
AST (SGOT) - SERUM	29	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.8	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	260 *	mg/dL	●	0-200

● Within Normal Range ● Borderline High/Low ● Out of Range

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CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.1	mg/dL	●	0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	16	U/L	●	7-64

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	95	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	96	mg/dL	●	70-140

HBA1C (GLYCOSYLATED

HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.2	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	47	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	190 *	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	23	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.0	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.0	g/dL	●	1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	8.9	µg/dL	●	5.1-14.1

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	159 *	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	5.4 *	µIU/mL	●	0.270-4.200

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	9.0 *	mg/dL	●	3.5-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM

Test Name	Result	Unit	Level	Range
PROSTATIC SPECIFIC ANTIGEN (PSA TOTAL) - SERUM	0.78	ng/mL	●	0.00-6.50

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BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	12.3	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.4:1.0			1.0-2.0

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

- * Grade-I fatty liver.
- * Calcification is seen in the prostate.

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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