

Name : Mr. DEEPAK KUMAR HELA (31 /M)

Date : 10/06/2023

Address : 418 GT ROAD PILKHANA HOWRAH-1, HOWRAH, HOWRAH, WEST BENGAL, INDIA

Examined by:

UHID : AMHL.0002157731

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH176182



## CHIEF COMPLAINTS

For corporate health checkup  
No specific complaints

## PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,  
Hypertension,  
Dyslipidemia, Thyroid  
disorder, Heart disease,  
Asthma



## DRUG ALLERGY

NO KNOWN ALLERGY

:10/06/2023



## SYSTEMIC REVIEW

### Cardiovascular system

- Nil Significant

### Respiratory system

- Nil Significant

### Gastrointestinal system

Appetite - normal; Symptoms - acidity, bloating;  
Bowel habits - regular; Piles - no; Hernia - no

### Genitourinary system

- Nil Significant

### Eyes

- Nil Significant

### ENT

- Nil Significant

### Musculoskeletal system

Spine and joints  
- Nil Significant

### Skin

- Nil Significant



## Present medications

- Nil



## Past medical history

Do you have any allergies? - No

Do you have any drug allergies? - No

Covid 19 - No



## Surgical history

Surgical history - Nil



## Personal history

Marital status - Married

No. of children - 1

Diet - Non Vegetarian

Alcohol - consumes alcohol  
occasionally

Frequency - occasional

Smoking - Yes

Type - Cigarette

Number - 3

Chews tobacco - No

Physical activity - Moderate  
- push up,pull up



## Family history

Father - alive

Mother - alive

Brothers - 1

Diabetes - father,mother

Coronary artery  
disease - none

Cancer - None

## PHYSICAL EXAMINATION



## General

Height - 165

Weight - 73

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BMI - 26.81  
Pallor - No  
Oedema - no



### Cardiovascular system

Heart rate (Per minute) - 74  
Rhythm - Regular  
- B.P. Sitting  
Systolic(mm of Hg) - 114  
Diastolic(mm of Hg) - 76  
Heart sounds - S1S2+

### Respiratory system

Breath sounds - Normal vesicular breath sounds



### Abdomen

Organomegaly - No  
Tenderness - No

Printed By : Benazir Begaum

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**COMPLETE HAEMOGRAM PROFILE**

Test Name	Result	Unit	Level	Range
Hemoglobin	12.2 *	g/dl	●	13.0-17.0
RBC COUNT	4.41 *	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	41.3	%	●	41-53
MCV	93.6	fl	●	83-101
MCH	27.7	pg	●	27-32
MCHC	29.6 *	%	●	31.5-34.5
RDW	16.8 *	%	●	11.8-14.0
WBC Count	6200	/cu mm	●	4000-10000
Platelet Count	1.36 *	lacs/cu mm	●	1.5-4.0
Neutrophils	53	%	●	40-80
Lymphocytes	39	%	●	20-40
Monocytes	04	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Anisocytosis+, Predominantly Normocytic Normochromic			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	10	mm/1st hr	●	0-15

**URINE ROUTINE AND MICROSCOPY**

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.010			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	0-2	/hpf		

Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found

**URINE SUGAR - POST PRANDIAL (QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

**URINE SUGAR- FASTING(QUALITATIVE)**

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	26	U/L	●	10-40
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	63	U/L	●	53-128
AST (SGOT) - SERUM	25	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.8	mg/dL	●	0.0-1.0

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	138	mg/dL	●	0-200

**CREATININE - SERUM**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.0	mg/dL	●	0.9-1.3

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	34	U/L	●	7-64

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**GLUCOSE - PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	83	mg/dL	●	70-99

**GLUCOSE - PLASMA (POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	115	mg/dL	●	70-140

**HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	5.3	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >= 6.5% ADA Therapeutic goal : <7%

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	36	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	90	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	12	mg/dL	●	0-35

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.2	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	2.8	g/dL	●	1.8-3.6

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2

TOTAL T4: 6.5 µg/dL ● 5.1-14.1  
THYROXINE - SERUM

**LIPID PROFILE TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	135	mg/dL	●	0-150

**THYROID PROFILE - I(T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	6.2 *	µIU/mL	●	0.270-4.200

**URIC ACID - SERUM**

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.6	mg/dL	●	3.5-7.2

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	15.1	mg/dL	●	7.0-18.0

**LIVER FUNCTION TEST (PACKAGE)**

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.6		●	1.0-2.0

**ECG**

SINUS BRADYCARDIA. OTHERWISE WITHIN NORMAL LIMITS.

**TREADMILL TEST / STRESS TEST**

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

**ULTRASOUND SCREENING WHOLE ABDOMEN**

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- 
- \* Grade-I fatty liver.
  - \* Mild splenomegaly.

Dr. GAURAV JAIN  
DNB RESIDENT  
Seen in consultation with

Dr. SHWETA KHANNA  
CONSULTANT RADIOLOGIST  
Reg – 72134 (WBMC)

#### **X-RAY CHEST PA**

No significant abnormality detected.

Dr. GAURAV JAIN  
DNB RESIDENT  
Seen in consultation with

Dr. SHWETA KHANNA  
CONSULTANT RADIOLOGIST  
Reg – 72134 (WBMC)

#### **INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)**

##### **Haematology**

STOOL ROUTINE

##### **Blood Bank - 2 Services**

BLOOD GROUPING AND TYPING (ABO AND RH)



Within Normal Range



Borderline High/Low



Out of Range

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**Printed By** :

AHC Physician / Consultant Internal Medicine

**Note** :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.