

Age / Gender : 32 Years/Male

CID# : 2222105209

Name : MR.PREETAM .

Consulting Dr. : - Collected : 09-Aug-2022 / 08:55

Reg.Location : Lulla Nagar, Pune (Main Centre) Reported : 09-Aug-2022 / 16:03

PHYSICAL EXAMINATION REPORT

a) Diet: Mixed

b)Addiction: Alcohol Occasional

GENERAL EXAMINATION:

a)Height (cms): 174

b)Weight (kgs): 80

c)Lymph Nodes: Not Palpable

3) SYSTEMIC EXAMINATION

A) RESPIRATORY SYSTEM

a) Lungs : Clear

b) Trachea: Central

c) Air Entry : Equal

d) Rales: No

d) Others: NAD

B) CARDIOVASCULAR SYSTEM (CVS)

a) Heart Sounds: S1 S2 Normal

b) Murmurs : No

c) Pulse/min: 74

d) B/P (mm of Hg): 120/80

e) Miscellenous : NAD

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C) ABDOMEN

a) Liver: Not Palpable

b) Spleen: Not Palpable

c) Any other Swelling: No

D) NERVOUS SYSTEM

a) Ankle Reflex: Normal

b) Plantars: Flexor

DOCTOR REMARKS:

*** End Of Report ***

Dr.Milind Shinde MBBS, DNB, Consuling Physician, Diabetologist & Echocardiologist

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:09-Aug-2022 / 08:59

:09-Aug-2022 / 13:10

Name : MR.PREETAM . Age / Gender : 32 Years / Male

Consulting Dr. Reg. Location : Lulla Nagar, Pune (Main Centre)

: 2222105209

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

	CBC (Complete Blood	<u>l Count), Blood</u>	
<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
RBC PARAMETERS			
Haemoglobin	14.9	13.0-17.0 g/dL	Spectrophotometric
RBC	4.73	4.5-5.5 mil/cmm	Elect. Impedance
PCV	45.2	40-50 %	Calculated
MCV	96	80-100 fl	Calculated
MCH	31.5	27-32 pg	Calculated
MCHC	33.0	31.5-34.5 g/dL	Calculated
RDW	13.1	11.6-14.0 %	Calculated
WBC PARAMETERS			
WBC Total Count	6800	4000-10000 /cmm	Elect. Impedance
WBC DIFFERENTIAL AND ABSO	LUTE COUNTS		
Lymphocytes	37.1	20-40 %	
Absolute Lymphocytes	2522.8	1000-3000 /cmm	Calculated
Monocytes	7.4	2-10 %	
Absolute Monocytes	503.2	200-1000 /cmm	Calculated
Neutrophils	47.8	40-80 %	
Absolute Neutrophils	3250.4	2000-7000 /cmm	Calculated
Eosinophils	7.7	1-6 %	
Absolute Eosinophils	523.6	20-500 /cmm	Calculated
Basophils	0.0	0.1-2 %	
Absolute Basophils	0.0	20-100 /cmm	Calculated
Immature Leukocytes	-		

WBC Differential Count by Absorbance & Impedance method/Microscopy.

PΙ	ΔTFI	FT	PΔ	RΔ	MF.	TFRS

Platelet Count	301000	150000-400000 /cmm	Elect. Impedance
MPV	9.3	6-11 fl	Calculated

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PDW	16.5	11-18 %	Calculated
-----	------	---------	------------

RBC MORPHOLOGY

Hypochromia

: 2222105209

: MR.PREETAM .

: 32 Years / Male

Microcytosis

Macrocytosis

Anisocytosis

Poikilocytosis

Polychromasia

Target Cells Basophilic Stippling

Normoblasts

Others Normocytic, Normochromic

WBC MORPHOLOGY

PLATELET MORPHOLOGY

COMMENT Eosinophilia

Specimen: EDTA Whole Blood

ESR, EDTA WB Westergren 13 2-15 mm at 1 hr.

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate *** End Of Report ***







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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
GLUCOSE (SUGAR) FASTING, Fluoride Plasma	89.5	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R	106.2	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl	Hexokinase
BILIRUBIN (TOTAL), Serum	0.6	0.1-1.2 mg/dl	Colorimetric
BILIRUBIN (DIRECT), Serum	0.23	0-0.3 mg/dl	Diazo
BILIRUBIN (INDIRECT), Serum	0.37	0.1-1.0 mg/dl	Calculated
TOTAL PROTEINS, Serum	7.9	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	5.0	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	2.9	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.7	1 - 2	Calculated
SGOT (AST), Serum	21.2	5-40 U/L	NADH (w/o P-5-P)
SGPT (ALT), Serum	26.4	5-45 U/L	NADH (w/o P-5-P)
GAMMA GT, Serum	41.0	3-60 U/L	Enzymatic
ALKALINE PHOSPHATASE, Serum	85.7	40-130 U/L	Colorimetric
BLOOD UREA, Serum	15.9	12.8-42.8 mg/dl	Kinetic
BUN, Serum	7.4	6-20 mg/dl	Calculated

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Collected

,	0.86	0.67-1.17 mg/dl	Enzymatic	
eGFR, Serum	110	>60 ml/min/1.73sqm	Calculated	
URIC ACID, Serum	6.1	3.5-7.2 mg/dl	Enzymatic	

Urine Sugar (Fasting)

Absent

Absent

Urine Ketones (Fasting)

Absent

Absent

Urine Sugar (PP) Absent Absent Urine Ketones (PP) Absent Absent







Dr.SHAMLA KULKARNI M.D.(PATH) Pathologist

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^{*}Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate

*** End Of Report ***



Name

: 2222105209

: MR.PREETAM .

Age / Gender : 32 Years / Male

Consulting Dr. Reg. Location

: Lulla Nagar, Pune (Main Centre)



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:09-Aug-2022 / 15:27

HPLC

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE GLYCOSYLATED HEMOGLOBIN (HbA1c)

BIOLOGICAL REF RANGE PARAMETER RESULTS METHOD

Glycosylated Hemoglobin Non-Diabetic Level: < 5.7 % 4.6 (HbA1c), EDTA WB - CC

Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %

Collected

Reported

Estimated Average Glucose 85.3 mg/dl Calculated

(eAG), EDTA WB - CC

Intended use:

In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year

In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly

For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

Clinical Significance:

HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.

The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate







Dr.GOURAV AGRAWAL DCP, DNB (Path) **Pathologist**

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Name : MR.PREETAM .

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: 09-Aug-2022 / 08:59 : 09-Aug-2022 / 13:10

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE URINE EXAMINATION REPORT

	OINITE EXCLUSION	INATION NEI ONT	
<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
PHYSICAL EXAMINATION			
Color	Yellow	Pale Yellow	-
Reaction (pH)	Alkaline (8.0)	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.010	1.001-1.030	Chemical Indicator
Transparency	Clear	Clear	-
Volume (ml)	20	-	-
CHEMICAL EXAMINATION			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
MICROSCOPIC EXAMINATION			
Leukocytes(Pus cells)/hpf	1-7	0-5/hnf	

Leukocytes(Pus cells)/hpf 1-2 0-5/hpf
Red Blood Cells / hpf Absent 0-2/hpf

Epithelial Cells / hpf 0-1

CastsAbsentAbsentCrystalsAbsentAbsentAmorphous debrisAbsentAbsent

Bacteria / hpf 4-5 Less than 20/hpf

^{*}Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate
*** End Of Report ***







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AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE BLOOD GROUPING & Rh TYPING

PARAMETER RESULTS

ABO GROUP B

Rh TYPING Positive

NOTE: Test performed by Semi- automated column agglutination technology (CAT)

Specimen: EDTA Whole Blood and/or serum

Clinical significance:

ABO system is most important of all blood group in transfusion medicine

Limitations:

- · ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

Refernces:

- 1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- 2. AABB technical manual

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate

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Consulting Dr.

Reg. Location

: Lulla Nagar, Pune (Main Centre)

AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE LIPID PROFILE

PARAMETER CHOLESTEROL, Serum TRIGLYCERIDES, Serum		RESULTS	BIOLOGICAL REF RANGE	<u>METHOD</u>
	CHOLESTEROL, Serum	193.8	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	CHOD-POD
	TRIGLYCERIDES, Serum	125.3	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	GPO-POD
	HDL CHOLESTEROL, Serum	38.8	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Homogeneous enzymatic colorimetric assay
	NON HDL CHOLESTEROL, Serum	155	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
	LDL CHOLESTEROL, Serum	130.0	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Calculated
	VLDL CHOLESTEROL, Serum	25.0	< /= 30 mg/dl	Calculated
	CHOL / HDL CHOL RATIO, Serum	5.0	0-4.5 Ratio	Calculated
	LDL CHOL / HDL CHOL RATIO,	3.4	0-3.5 Ratio	Calculated







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:09-Aug-2022 / 14:00

METHOD

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BIOLOGICAL REF RANGE

Age / Gender : 32 Years / Male

: 2222105209

: MR.PREETAM .

Consulting Dr.

PARAMETER

: Lulla Nagar, Pune (Main Centre) Reg. Location

> **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE THYROID FUNCTION TESTS**

Free T3, Serum 4.9 2.6-5.7 pmol/L **CMIA**

Kindly note change in reference range and method w.e.f. 16/08/2019

RESULTS

Free T4, Serum 12.4 9-19 pmol/L **CMIA**

Kindly note change in reference range and method w.e.f. 16/08/2019

sensitiveTSH, Serum 1.03 0.35-4.94 microIU/ml **CMIA**

Kindly note change in reference range and method w.e.f. 16/08/2019. NOTE: 1) TSH values between 5.5 to 15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH. 2) TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal & heart failure, severe burns, trauma & surgery etc.

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A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

Clinical Significance:

- 1)TSH Values between high abnormal upto15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors
- can give falsely high TSH. 2)TSH values may be trasie
- 2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

Diurnal Variation:TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

Limitations:

- 1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
- Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

Reference

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2. Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3. Tietz , Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)

*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate
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Dr.SHAMLA KULKARNI M.D.(PATH) Pathologist

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ADDRESS: 2nd Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West - 400053

Suburban Diagnostics Lullanagar

Time: 11:03:51 AM

Patient Details Date: 09-Aug-22

Name: PREETAM . ID: 2222105209

Age: 32 y Sex: M Height: 174 cms Weight: 80 Kgs

Clinical History: NIL

Medications: NIL

Test Details

Protocol: Bruce Pr.MHR: 188 bpm THR: 169 (90 % of Pr.MHR) bpm

Total Exec. Time: 6 m 25 s Max. HR: 169 (90% of Pr. MHR)bpm Max. Mets: 10.20

Test Termination Criteria: Target HR attained

Protocol Details

Stage Name	Stage Time	Mets Sp	Speed	Speed Grade	Heart	Max. BP	Max. ST	Max. ST
	(min : sec)		(mph)	(%)	Rate (bpm)	(mm/Hg)	Level (mm)	Slope (mV/s)
Supine	0:11	1.0	0	0	0	120 / 80	0.001	0.00 II
Standing	0:7	1.0	0	0	82	120 / 80	-0.85 aVR	1.42
Hyperventilation	0:6	1.0	0	0	81	120 / 80	-0.85 aVR	1.42
1	3:0	4.6	1.7	10	126	120 / 80	-1.49 aVR	2.12
2	3:0	7.0	2.5	12	164	130 / 88	-2.55 III	3.54 II
Peak Ex	0:25	10.2	3.4	14	169	136 / 94	-1.06 V6	2.83 V2
Recovery(1)	1:0	1.8	1	0	138	136 / 94	-1,70 aVR	3.18
Recovery(2)	1:0	1.0	0	0	124	136 / 94	-1.49 aVR	2.83 II
Recovery(3)	1:0	1.0	0	0	115	136 / 94	-1.06 aVR	2.12
Recovery(4)	0:14	1.0	0	0	118	136 / 94	-0.64 aVR	1.77 II

Interpretation

The patient exercised according to the Bruce protocol for 6 m 25 s achieving a work level of Max. METS: 10.20. Resting heart rate initially 0 bpm, rose to a max. heart rate of 169 (90% of Pr.MHR) bpm. Resting blood Pressure 120 / 80 mmHg, rose to a maximum blood pressure of 136 / 94 mmHg.

Good Effort Tolerance

No Angina/Arrhythmia/Dysponea/significant STT changes during test/recovery.

Stress Test is NEGATIVE for Inducible Myocardial Ischemia

Disclaimer

Negative Stress Test does not rule out Coronary Artery Diseases.

Positive Test is suggestive but not confirmatory of Coronary Artery Disease.

Hence clinical correlation is mandatory.

Ref. Doctor: BOB

(Summary Report edited by user)

Doctor: DR.MILIND SHINDE

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Dr. MILIND SHINDE MBBS, DNB Medicine

Reg. No. 2011/05/1544

T.



















