

Name : Mrs. BULBUL BERA (49 /F)

Date : 23/09/2022

Address : 301 K L STREET UTTARPARA, ARAMBAG, HOOGHLY, WEST BENGAL, INDIA

Examined by:

UHID : AC01.0003945835

Package : MEDI WHEEL FULL BODY HCK - FEMALE (ABOVE 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH157760



CHIEF COMPLAINTS

For corporate health checkup

PRESENT KNOWN ILLNESS

Present known illness

- Dyslipidemia, Thyroid disorder, Heart disease
- type 2 Since - 2 yrs Medication - regular
- Since - 25 yrs Medication - regular
- Since - childhood Medication - regular Exacerbating factors - dust



DRUG ALLERGY

NO KNOWN ALLERGY

:24/09/2022



SYSTEMIC REVIEW

Cardiovascular system

High blood pressure - yes; Medication - yes

Respiratory system

Sneezing - yes; Exacerbated by - allergens, cold weather, dust; Blocked nose - yes; Runny nose - yes; Exacerbated by - allergens, cold weather, dust; Cough - yes, intermittent; Exacerbated by - allergens, cold weather; Relieved by - medication; Dyspnoea - yes; Wheezing - on and off; Relieved by - inhalers, medication

Gastrointestinal system

Appetite - normal; Dyspepsia - yes; Nature - intermittent; More than 6 weeks - yes; Symptoms - heart burn, regurgitation; PPI treatment for more than 6 weeks - yes; Bowel habits - incomplete evacuation

Genitourinary system

Frequency - normal; Dysuria/burning micturition - yes

Gynaec history

Last menstrual period - 1 month back; Pregnant - No; Periods - irregular; No of Children - 1; Last child birth - 27 yrs back; Deliveries - LSCS; Medical termination of pregnancy - 2

Central nervous system

Sleep - insomnia; - on medication

Eyes

Vision - normal with glasses; Glasses - yes; Glasses for - refractive error, reading

ENT

- Normal hearing

Musculoskeletal system

Spine and joints
Back (lower) - pain; Knee (bilateral) - pain

Weight

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- stable



Present medications

- names not known



Past medical history

Covid 19 - Yes
- 2020
Hospitalization for Covid 19 - Yes
Oxygen support - Yes
Ventilator support - No
Malaria - yes
Jaundice - yes
Typhoid - yes



Surgical history

Caesarian section - 26 yrs back



Personal history

Marital status - Married
No. of children - 1
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Moderate



Family history

Father - has expired
Cause - stroke
Mother - alive
Brothers - 2
Sisters - 1
Diabetes - mother
Hypertension - father,mother
Coronary artery disease - father
Cancer - None

PHYSICAL EXAMINATION



General

Build - over weight
Height - 145
Weight - 55
BMI - 26.16
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 70
Rhythm - Regular
Systolic(mm of Hg) - 124
Diastolic(mm of Hg) - 70
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Normal

Printed By : Benazir Begaum

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	11.5 *	g/dl	●	12.0-15.0
RBC COUNT	4.47	Million/ ul	●	3.8-4.8
Hematocrit - Hct:	36.8	%	●	36-46
MCV	82.3 *	fl	●	83-101
MCH	25.7 *	pg	●	27-32
MCHC	31.3 *	%	●	31.5-34.5
RDW	15.2 *	%	●	11.8-14.0
WBC Count	7400	/cu mm	●	4000-10000
Platelet Count	1.88	lacs/cu mm	●	1.5-4.0
Neutrophils	69	%	●	40-80
Lymphocytes	25	%	●	20-40
Monocytes	05	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	28 *	mm/1st hr	●	0-20

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	30	mL		
Colour:	Pale Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Trace			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		

Pus Cells	10-12	/hpf
Epithelial Cells	10-15	
Casts:	Not Found	
Crystals:	Not Found	
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.	
NOTE : -	Urine protein rechecked and confirmed by sulphosalicylic acid test	

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	23	U/L	●	10-40
ALBUMIN - SERUM	4.4	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	63	U/L	●	42-98
AST (SGOT) - SERUM	25	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.4	mg/dL	●	0.0-1.0

● Within Normal Range ● Borderline High/Low ● Out of Range

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LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	293 *	mg/dL	●	0-200

LDL CHOLESTEROL -SERUM 201 * mg/dL ● 0-100

VLDL CHOLESTEROL - SERUM (Calculated) 28 mg/dL ● 0-35

CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8	mg/dL	●	0.6-1.1

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	7.3	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	2.9	g/dL	●	1.8-3.6

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	24	U/L	●	7-64

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2
TOTAL T4: THYROXINE - SERUM	8.8	µg/dL	●	5.1-14.1

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	94	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	124	mg/dL	●	70-140

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	223 *	mg/dL	●	0-150

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	6.4 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Therapeutic goal : <7%

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.3	µIU/mL	●	0.270-4.200

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	5.0	mg/dL	●	2.6-6.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	64	mg/dL	●	30-70

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.1	mg/dL	●	0.0-0.2

BUN (BLOOD UREA NITROGEN)

● Within Normal Range ● Borderline High/Low ● Out of Range

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Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.0	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.5:1.0			1.0-2.0

PAP SMEAR /CERVICAL SMEAR

Ref No:

AG01.C2205626

SPECIMEN TYPE:

Conventional cervical smear (Pap) x 1

SPECIMEN ADEQUACY:

Satisfactory for evaluation with endocervical cells and Metaplastic cells

INTERPRETATION/RESULT:

Negative for intraepithelial lesion or malignancy, Reactive cellular changes associated with inflammation (includes typical repair)

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND BREAST BILATERAL

* Both breasts sonographic study within normal limits.

BI-RADS category - 1 (normal).

Suggested: Bilateral mammogram after 1 year.

Dr. TANDRA SARKAR

MBBS, DMRE, DNB (RADIODIAGNOSIS),

MNAMS

CONSULTANT RADIOLOGIST

Reg. No. 49319 (WBMC)

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade-I fatty liver.

* Bulky uterus.

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE



Within Normal Range



Borderline High/Low



Out of Range

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Other Lifestyle Changes & Recommendations :-

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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