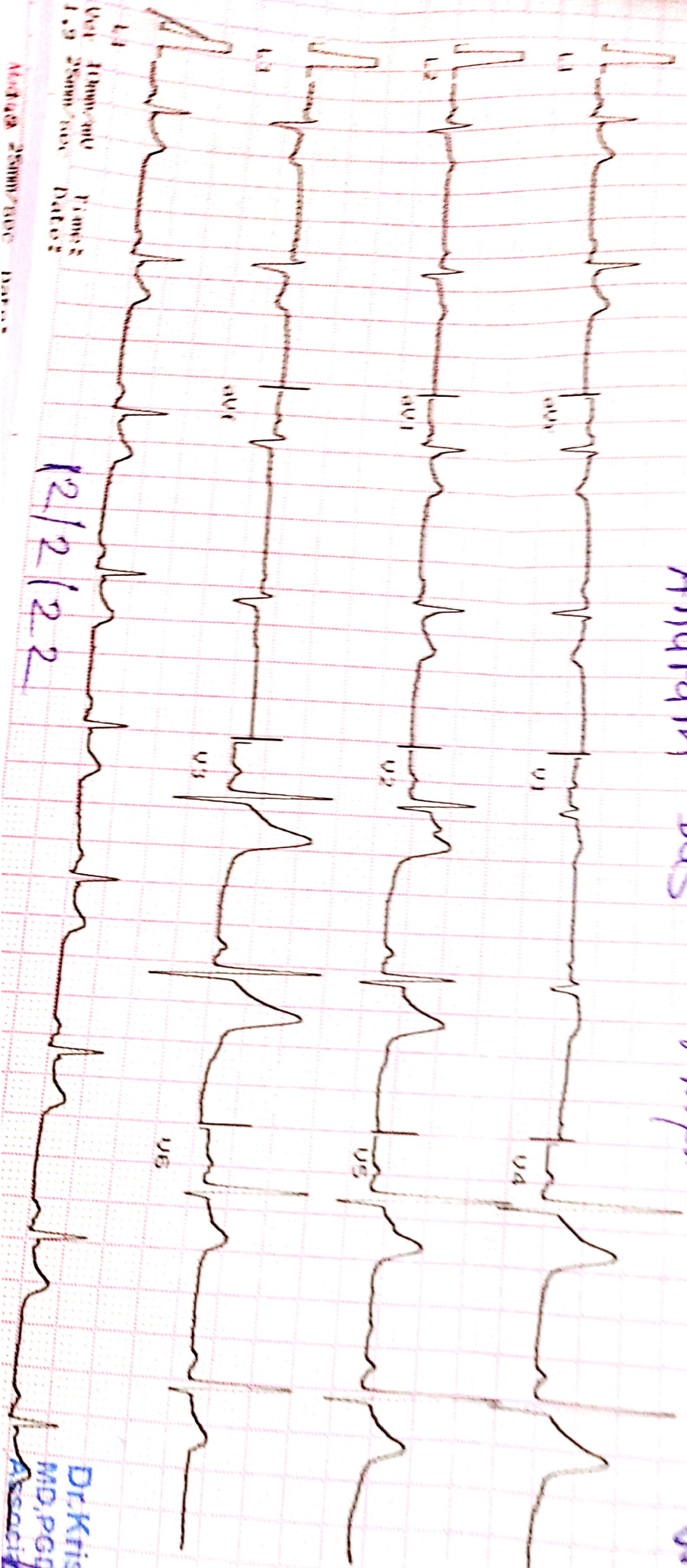


Number 2
V1 V2 V3 V4 V5
1.5 2.5 3.5 4.5 5.5



Electrocardiogram
1.5 2.5 3.5 4.5 5.5
Date: 12/12/22

Anupam DAS

Anupam

WNL

Heart
INTER
PR:14
QT:30
QT:15
AXIS:
P: 30
T: 30

Dr. Krish P. Vair
MD, PGD
Associate Consultant



Heart & General Clinic

iCure Heart & Diet Clinic, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

:: PERSONAL HEALTH REPORT ::

NAME <u>Anupam Das</u>	DATE <u>12 Feb 2022</u>
	SR. NO.
	SEX. <u>Male</u>
	AGE <u>37</u>
	HEIGHT <u>181cm</u>
	WEIGHT <u>72.5kg</u>

HISTORY

Present History : Skin Allergy on Rkx (since 4 months)
 Past Illness History : Yes Diabetes/Hypertension/Tuberculosis/Asthma/Epilepsy Got slip disc in Jun
 Past Occupational History : No
 Family History : Mother - Diabetic
 Personal History : NO
 Addiction : ✓ Tobacco/Gutkha/Smoking/Alcohol 2-3 years

GENERAL EXAMINATION

T.P.R. : B.P. : 120/70 mm Hg :
 Pallor/Icterus/Cyanosis/Varicosity/Lymph Nodes/Thyroid/Oedema/NVE/Other : NAD

SYSTEMIC EXAMINATION

R.S. : NAD
 C.V.S : NAD
 C.N.S : NAD
 A.S. : NAD
 Musculo-skelet System : NAD

E.N.T. Ex. <u>NAD</u>	ACUITY OF VISION		RT EYE	LT EYE
	Without Glass	DISTANT	6/6	6/6
Near		6/6	6/6	
Dental Ex. <u>NAD</u>	With Glass	DISTANT	6/6	6/6
		Near	6/6	6/6
Skin Ex. <u>Yes on Rkx.</u>	COLOUR BLINDNESS <u>NAD</u>			
Psychic Ex. <u>NAD</u>				

REMARK

ADVICE

The Worker is FIT/UNFIT for the assigned job.



Dr. Krish P. Vaidya
 MD, PGCC
 Associate Consultant Cardiology
 Reg. No. G-50510



बैंक ऑफ बड़ोदा
Bank of Baroda



नाम **अनुपम दास**
Name **Anupam Das**
कार्यकारी सूट क्र. **72248**
E.C No.

जारीकर्ता प्राधिकारी
Issuing Authority

धारक के हस्ताक्षर
Signature of Holder



UNION OF INDIA Driving Licence (GJ) (NT)
GUJARAT STATE
GJ06 20190026091



Date of first Issue **08-11-2019** Validity **07-11-2029**
CDOI: **08/11/2019**
Date of Birth **19-02-1985** Blood Group **O+ VE**



Name
ANUPAM DAS

Son/Daughter/Wife of
ATUL CHANDRA DAS





JKV LABORATORY



FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.
8320343731 / 9601969303M jkvlaboratory2021@gmail.com

Patient's Name : ANUPAM DAS
Referred by : I Cure Heart & Diet Clinic
Date : 12/02/2022 20:48

Ref. No. : 9402
Age : 37 Years
Sex : Male

BIOCHEMICAL TESTS

Test Name	Result	Units	Biological Reference Interval
Uric Acid :	5.22	mg/dl	3.4 - 7.0

DR K K PATEL
MD (G-20476)
CONSULTANT PATHOLOGIST





J K V LABORATORY



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Patient's Name : **ANUPAM DAS**
Referred by : I Cure Heart & Diet Clinic
Date : 12/02/2022 20:48

Ref. No. : 9402
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Sex : Male

BLOOD GROUP

Test Name	Result
ABO System :	"O"
Rh Typing :	"POSITIVE"

DR K K PATEL
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Sex : Male

HBA1C [Glycosylated Haemoglobin]

Test Name	Result	Units	Biological Reference Interval
Glycosylated Haemoglobin : (HBA1C)	5.6	%	Excellent control: 4.2-6.2 Good Control : 6.3-7.2 Fair Control : 7.3-8.2 Poor Control : >8.3
Estimated Average glucose :	114.02	mg/dl	
Comment	*As per the new 2009 update of American Diabetes Association regarding HbA1C & Mean Blood Glucose relationship.		
NOTE: blood glucose	This test is used to monitor diabetic patients compliance with the therapeutic regimen and long term blood glucose control. It's level is proportional to both the average concentration and the life span of the red blood cells (RBC) in circulation. HbA1c values are free of day to day glucose fluctuations and are unaffected by exercise or recent food intake.		


DR. K. K. PATEL
MD (G-20476)
G-23327
CONSULTANT PATHOLOGIST
(Pathology)



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Patient's Name : ANUPAM DAS
Referred by : I Cure Heart & Diet Clinic
Date : 12/02/2022 20:48

Ref. No. : 9402
Age : 37 Years
Sex : Male

THYROID FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
Serum T3 :	1.22	ng/ml	[0.60 - 1.81]
Serum T4 :	6.87	µg/dl	[4.50 - 10.90]
Serum TSH : (CHEMILUMINESCENCE)	3.520	µIU/ml	[0.55 - 4.78]

Thyroid stimulating hormone (TSH) is synthesized and secreted by the anterior pituitary in response to a negative feedback mechanism involving concentrations of FT3 (free T3) and FT4 (free T4). Additionally, the hypothalamic tripeptide, thyrotropin-releasing hormone (TRH), directly stimulates TSH production. TSH stimulates thyroid cell production and hypertrophy, also stimulate the thyroid gland to synthesize and secrete T3 and T4. Quantification of TSH is significant to differentiate primary (thyroid) from secondary (pituitary) and tertiary (hypothalamus) hypothyroidism. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels are low.

TSH levels During Pregnancy :

- First Trimester : 0.1 to 2.5 µIU/mL
- Second Trimester : 0.2 to 3.0 µIU/mL
- Third trimester : 0.3 to 3.0 µIU/mL

Referance : Carl A.Burtis,Edward R.Ashwood,David E.Bruns. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics. 5th Edition. Philadelphia: WB Saunders,2012:2170


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8320343731 / 9601969303M jkvlaboratory2021@gmail.com



Patient's Name : **ANUPAM DAS**
Referred by : I Cure Heart & Diet Clinic
Date : 12/02/2022 20:48

Ref. No. : 9402
Age : 37 Years
Sex : Male

LIVER FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
S.G.P.T. (ALT) :	32.0	U/L	30- 65
S.G.O.T. (AST) :	31.5	IU/L	[Female: 0 - 31] [Male: 0 - 35]
S. Alkaline Phosphatase :	102	IU/L	[upto 15 yrs Female 50-162] [>20 yrs Female 42 - 141] [>20 yrs Male 53 - 119]
S. Bilirubin (Total) :	0.85	mg/dl	[0.1 to 1.2]
S. Bilirubin (Direct) :	0.24	mg/dl	[0.0 to 0.3]
S. Bilirubin (Indirect) :	0.61	mg/dl	[0.0 to 0.9]
S. Proteins: (Total) :	6.84	gm/dl	[6.6 to 8.8]
S. Albumin :	3.90	gm/dl	[3.5 to 5.2]
S. Globulin :	2.94	gm/dl	[2.5 to 3.0]
A/G Ratio :	1.3		
G.G.T. : (Gamma-Glutamyl Transferase)	45.6	IU/L	[8 to 78]

DR. K.K. PATEL

MD (G-20476)

CONSULTANT PATHOLOGIST





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Patient's Name : ANUPAM DAS
Referred by : I Cure Heart & Diet Clinic
Date : 12/02/2022 20:48
Ref. No. : 9402
Age : 37 Years
Sex : Male

RENAL FUNCTION TEST

Test Name	Result	Units	Biological Reference Interval
Blood Urea :	36.1	mg/dl	[12.6 to 42.6]
Blood Urea Nitrogen :	17.5	mg/dl	[8 to 23]
Serum Creatinine :	0.80	mg/dl	[Male : 0.6 to 1.1] [Female : 0.5 to 0.9]


DR. K. K. PATEL
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8320343731 / 9601969303 M jkvlaboratory2021@gmail.com

Patient's Name : ANUPAM DAS
Referred by : I Cure Heart & Diet Clinic
Date : 12/02/2022 20:48

Ref. No. : 9402
Age : 37 Years
Sex : Male

LIPID PROFILE

Test Name	Result	Units	Biological Reference Interval
Cholesterol :	155.6	mg/dl	Desirable level/low risk : < 200 Borderline level/moderate risk : 200-250 Elevated level/ high risk : > 250
Triglyceride :	122.3	mg/dl	Normal : <150 Borderline high :150-200 High : > 200
HDL Cholesterol :	54.5	mg/dl	Desirable level/low risk : >60 Borderline level/moderate risk : 35-60 Elevated level/ high risk : <35
LDL Cholesterol :	76.64	mg/dl	Desirable level/low risk : <130 Borderline level/moderate risk : 130-159 Elevated level/ high risk : >159
VLDL :	24.46	mg/dl	Upto 34
Chol./HDL Ratio :	2.9		
LDL/HDL Ratio :	1.4		
Total Lipids :	633.5	mg/dl	Desirable level/low risk : 0.5-3.0 Borderline level/moderate risk : 3.0-6.0 Elevated level/ high risk : >6.0 400 - 1000

DR K K PATEL
Reg.
MD (G-20476)
CONSULTANT PATHOLOGIST
(Pathologist)



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Patient's Name : ANUPAM DAS
Referred by : I Cure Heart & Diet Clinic
Date : 12/02/2022 20:48

Ref. No. : 9402
Age : 37 Years
Sex : Male

HEMOGRAM

Test Name	Result	Units	Biological Reference Interval
Hemoglobin :	13.0	g/dl	[13.0-18.0]
Total RBC Count :	4.52	mill/cmm	[4.7-6.0]
<u>Blood Indices</u>			
P.C.V :	36.9	%	[42-52]
M.C.V. :	81.64	femtolitre	[78-100]
M.C.H. :	28.76	pg	[27-31]
M.C.H.C. :	35.2	g/dl	[32-36]
R.D.W. :	12.5	%	[11.5-14.0]
Total WBC Count :	7800	/cmm	[4000-10000]
Platelet Count :	312000	/cmm	150000-450000
<u>Differential WBC Count</u>			
Polymorphs :	62	%	[60 - 70]
Lymphocytes :	30	%	[20 - 40]
Eosinophils :	02	%	[1 - 4]
Monocytes :	06	%	[2 - 6]
Basophils :	00	%	[0 - 1]
MPV :	9.4		
PDW-CV :	12.3		
PDW-SD :	15.6		
PCT :	0.28		
P-LCR :	22.4		
<u>Erythrocyte Sedimentation Rate</u> [Modified Westergren]			
After 1 hour :	06	mm	[M: 1 - 7 / F: 3 - 12]


DR K K PATEL
MD (G-20476)
CONSULTANT PATHOLOGIST


Heart & General Clinic

2D Echocardiography & Color Doppler Report

iCure Hear care, 402, Epsilon tower, opp Pasha bhai park, Race course, Vadodara

Name :Mr Anupam Das Age/ Sex : 37yrs/male		Date: 12/02/2022
MEASUREMENTS		OBSERVED
AORTIC ROOT	[22-33]	27
LEFT ATRIUM	[29-40]	34
LEFT VENTRICLE [ES]	[22-37]	26
LEFT VENTRICLE [ED]	[39-51]	49
RIGHT VENTRICLE [ED]	[13-24]	19
I.V.S THICKNESS	[8 - 10]	9
L.V.P.WALL THICKNESS[ED]	[8 - 10]	09
I.V.S / L.V.P.W RATIO		-
L V EJECTION FRACTION	[50-70]	58%
FRACTIONAL SHORTENING	[27- 43]	32%

MOTION:

I.V.S.: Normal

L.V.P.W: Normal

VALVES:

ANTERIOR MITRAL

LEAFLET : NORMAL
EF - SLOPE : NORMAL
DE EXCN : NORMAL
EPSS : NORMAL

POSTERIOR MITRAL

LEAFLET : NORMAL
STRUCTURE : NORMAL
MOTION : NORMAL
SUB VAL FUSION : NORMAL

AORTIC VALVE : NORMAL

TRICUSPID VALVE : NORMAL

PULMONARY VALVE : NORMAL

RVOT : NORMAL

OTHER ABNORMALITIES : NIL

CALCIFICATION: NIL

DOPPLER EVALUATION:

Structure	Flow Velocity	
MV	E - 1.46	A- 1.15
AV	1.44	
TV	1.7	
PV	1.5	
SHUNT	NIL	

Dr.Krish P.Vaidya

MD, PCC


Associate Consultant Cardiology

Reg.No.G-50510



Dr. Krish Vaidya

MD. G-50510

 **iCure™**
Heart & General Clinic

CONCLUSION:

Fair LV systolic function. [LV EF – 62%]
No RWMA
Normal Cardiac Chambers
NO LVDD
Trivial MR, No MS
No AR, No AS
Normal values & blood flow velocities.
Mild TR, Mild PAH (RVSP =35mmhg)
No e/o PE / PAH / clot / shunt.

Dr. Krish P. Vaidya
MD, PC
Associate Consultant-Cardiology
Reg. No. G-50510

Dr. Krish Vaidya
MD. G-50510



PARAMOUNT DIAGNOSTIC & RESEARCH CENTRE

(A Unit of Paramount Charity Trust)

Radiology ■ Pathology ■ Histopathology ■ Molecular Biology

NAME : ANUPAM DAS	AGE : 37 Y/M	DATE : 12/02/2022
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ULTRASOUND WHOLE ABDOMEN (Screening)

Liver is normal in size 138mm and shows *mild fatty changes*. No focal lesion is seen. Hepatic veins appear normal. There is no evidence of any dilated intra hepatic biliary radicals.

Portal Vein appears normal in diameter. **Common Bile Duct** is of normal diameter.

Gallbladder is distended with normal wall thickness. There is no evidence of gallstones. No evidence of peri-cholecystic fluid or probe tenderness.

Pancreas is normal in size and shows homogenous reflectivity. There is no evidence of any calcification or ductal dilatation.

Spleen is normal size 101 mm and shows a homogenous echotexture. There is no evidence of any focal lesion.

Both Kidneys are normal in position and size. They show normal cortical reflectivity and cortico-medullary distinction. There is no evidence of renal calculi, hydronephrosis or mass seen.

Bladder is physiologically distended and shows normal wall thickness. No evidence of intraluminal mass or calculi.

Prostate gland is normal in size. It shows smooth walls and homogeneous echotexture.

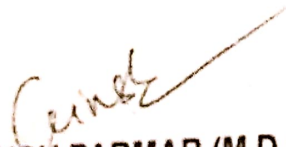
There is no evidence of ascites.

No evidence of any gross bowel mass seen.

No evidence of any aorto-caval or mesenteric root lymphadenopathy.

CONCLUSION:

- No significant sonographic abnormality is detected.


DR GIRISH PARMAR (M.D.)
CONSULTANT RADIOLOGIST



PARAMOUNT DIAGNOSTIC & RESEARCH CENTRE

(A Unit of Paramount Charity Trust)

Radiology ■ Pathology ■ Histopathology ■ Molecular Biology

NAME : ANUPAM DAS	AGE : 37 Y/M	DATE : 12/02/2022
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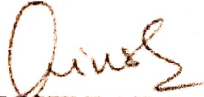
X RAY CHEST (PA)

OBSERVATIONS:

- Both the lung fields and apices appear clear.
- Both the hilar shadow appears normal.
- Cardiac silhouette appears normal.
- Both the costophrenic sinuses are clear.
- Mediastinal and tracheal shadows are normal.
- Both the domes of diaphragm are normal.
- Visualized rib cage and clavicle are normal.

COMMENTS:

No significant abnormality is seen.



DR GIRISH PARMAR (M.D.)
CONSULTANT RADIOLOGIST





JKV LABORATORY



Name : ANUPAM DAS
Ref By : ICURE HEART & DIET CLINIC

Age/Sex : 37 Yrs./M
Date : 12/02/2022
Report ID. : 23

BIOCHEMISTRY

<u>TEST</u>	<u>RESULT</u>	<u>UNIT</u>	<u>REFERENCE INTERVAL</u>
<u>FASTING (FBS)</u>			
Blood Glucose	: 91.0	mg/dL	70 - 110 mg/dL
<u>POST-PRANDIAL</u>			
Blood Glucose	: 101.0	mg/dL	80 - 140 mg/dL

Done By Fully Auto Analyzer MIURA, A-1004

EXAMINATION OF URINE

Sample : FASTING

PHYSICAL EXAMINATION

Quantity : 10 mL
Colour : YELLOW
Transparency : CLEAR
Specific Gravity : 1.030
Reaction : ACIDIC
Deposits : ABSENT

CHEMICAL EXAMINATION

Albumin : NIL
Sugar : NIL
Acetone : ABSENT
Bile Salts : ABSENT
Bile Pigments : ABSENT
Urobilinogen : NORMAL : ~ < 1.0 mg/dL
Occult Blood : ABSENT
Nitrate : ABSENT

MICROSCOPIC EXAMINATION

Pus Cells : 0-1 / hpf
RBC : NIL
Epithelial Cells : NIL
Crystals : NIL
Amorphous Phosphate : NIL
Cast : NIL

DR. JIGAR PATEL
Reg. G-23327
M.D. Pathologist

DR JIGAR PATEL (G23327)
M.D. Pathologist

Time : 7 a.m. to 9.00 p.m. • Emergency 24 Hrs.

FF-5, Pancham Elite, Khodiyar Nagar, New V.I.P. Road, Vadodara-390 022.

8320343731 / 9601969303 jkvlaboratory2021@gmail.com

Test Report are subject to technical limitations & should be clinically correlated. Laboratory may be contacted whenever required.