

Dr. Vimmi Goel

Head - Non Invasive Cardiology

Incharge - Preventive Health Care

MBBS, MD (Internal Medicine)

Reg. No: MMC- 2014/01/0113

Date : 24/09/22

Name : Mrs Shubhangi Khapekar

Age : 324 Sex : M/F Weight : 61.4 kg Height : 151.6 in BMI : 26.7

BP : 110/70 mmHg Pulse : 101k bpm RBS : _____ mg/dl

SpO2 99%

LMP 09/09/22



A unit of SPANV Medisearch Lifesciences Pvt. Ltd.

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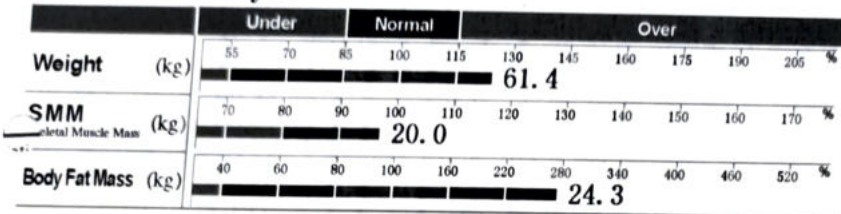


ID 118390	Height 151.6cm	Age 32	Gender Female	Test Date / Time 24.09.2022 11:59
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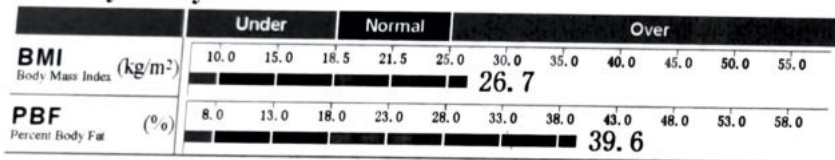
Body Composition Analysis

Total amount of water in my body	Total Body Water (L)	27.2 (25.2~30.8)
What I need to build muscles	Protein (kg)	7.3 (6.8~8.3)
What I need for strong bones	Mineral (kg)	2.64 (2.33~2.85)
Where my excess energy is stored	Body Fat Mass (kg)	24.3 (9.9~15.8)
Sum of the above	Weight (kg)	61.4 (42.0~56.8)

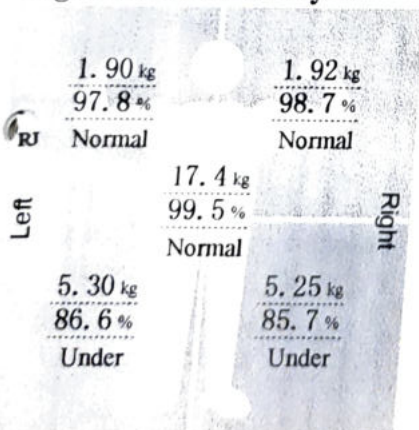
Muscle-Fat Analysis



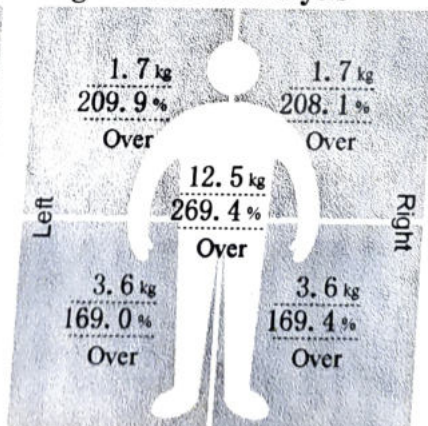
Obesity Analysis



Segmental Lean Analysis



Segmental Fat Analysis



* Segmental fat is estimated.

InBody Score

66/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Weight Control

Target Weight	49.4 kg
Weight Control	-12.0 kg
Fat Control	-12.9 kg
Muscle Control	+0.9 kg

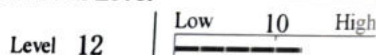
Obesity Evaluation

BMI	<input type="checkbox"/> Normal	<input type="checkbox"/> Under	<input checked="" type="checkbox"/> Slightly Over	<input type="checkbox"/> Over
PBF	<input type="checkbox"/> Normal	<input type="checkbox"/> Slightly Over	<input checked="" type="checkbox"/> Over	

Waist-Hip Ratio



Visceral Fat Level



Research Parameters

Fat Free Mass	37.1 kg
Basal Metabolic Rate	1172 kcal (1289~1493)
Obesity Degree	124% (90~110)
SMI	6.3 kg/m ²
Recommended calorie intake	1509 kcal

Calorie Expenditure of Exercise

Golf	108	Gateball	117
Walking	123	Yoga	123
Badminton	139	Table Tennis	139
Tennis	184	Bicycling	184
Boxing	184	Basketball	184
Mountain Climbing	200	Jumping Rope	215
Aerobics	215	Jogging	215
Soccer	215	Swimming	215
Japanese Fencing	307	Racketball	307
Squash	307	Taekwondo	307

*Based on your current weight
*Based on 30 minute duration

Impedance

	RA	LA	TR	RL	LL
Z(Ω) 20 kHz	390.3	393.8	24.0	304.7	297.4
100 kHz	351.0	355.2	22.0	270.2	264.7

Body Composition History

	24.09.22 11:59				
Weight (kg)	61.4				
SMM (kg)	20.0				
PBF (%)	39.6				
Recent <input checked="" type="checkbox"/> Total					

44 KINGSWAY, NEAR KASTURCHAND PARK, NAGPUR, NEAR
KASTURCHAND PARK

Nagpur, Maharashtra

India.

Patient Name: Mrs Shubhangi Khapekar

UHID KH118390	Age 32 Y	Gender Female	Admission No. OPRI-53346
Speciality	Certificate No.		Created on 24-09-2022 01:43 PM

OPHTHALMOLOGY - PREVIOUS GLASS

RIGHT EYE

EYE	Sph	Cyl	Axis	Visual Acuity
00	00	-3.75	175	6/9

LEFT EYE

EYE	Sph	Cyl	Axis	Visual Acuity
00	00	-3.00	180	6/9

Near: Addition

RIGHT

N6

LEFT

N6

Created By

Ashish Kamble

Print Date & Time

24-09-2022 01:43 PM

Name : Mrs Shubhangi Khafekar DOB : _____ Date : 24/9/22

Age : 32 Sex : M/F Weight : _____ kg Height : _____ in BMI : _____

BP : _____ mmHg Pulse : _____ bpm

For Health Check up

No gynec complaints at present.

O/H : P₁₂, (LSCS) eyes back.

M/H : LMP - 9/9/22
 P₁MC - 3-4d/28-30d/Reg.

P/H : Nil

Sx/H : LSCS

F/H : Nil

USG : Ut (N), ET - 6 mm
 B/L ovaries (N)

Adv : PAP Smear Test - Taken on 24/9/22

Breast examination : WNL

P/A : Soft NT

P/S : Mild erosion (+) on ant lip
 Vg - Healthy

P/U : Ut (N) AV/AF
 B/L ovaries free NT

Rx
 - 75. F51 123
 0 -> 1 -> 2 x 300

Monika

UHID	KH118390	Order Date & time	24-09-2022
Patient Name	Mrs Shubhangi Khapekar	Sample Collection Date	24-09-2022 10:45 AM
Age/Gender	32 Y/Female	Acknowledge Date	24-09-2022 11:00 AM
Patient Type	OP	Visit No	OP-97978
Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-221963	Accession Number	0136868

Haematology

Service Name	Result	Unit	Reference Range	Method
Haemogram (CBC with ESR), Whole Blood				
Erythrocytes				
* Haemoglobin	12.6	gm/dl	12-15	
* RBC count	4.52	millions/cumm	3.8-4.8	Photometric Measurement
* Packed Cell Volume (PCV/HCT)	38.6	%	36-46	Photometric Measurement
* MCV	85	fl	83-101	Calculated
* MCH	28.0	pg	27-32	Calculated
* MCHC	32.7	gm/dl	31.5-34.5	Calculated
* RDW	14.2 H	%	11.5-14.0	Calculated
Leucocytes				
* TLC (Total Leukocyte Count)	6900	/cumm	4000-10000	Flow cytometry
* Neutrophils	59.1	%	50-70	
* Lymphocytes	35.6 H	%	25-30	
* Eosinophils	1.5	%	1-5	
* Monocytes	3.8 L	%	5-10	
* Basophils	0.0 L	%	1-2	
* Absolute Neutrophil Count	4077.90	/cumm	2000-7000	Calculated
* Absolute Lymphocyte Count	2456.40	/cumm	1000-4800	Calculated
* Absolute Eosinophil Count	103.50	/Cumm	20-500	Calculated
* Absolute Monocyte Count	262.20	/cumm	200-1000	Calculated
* Absolute Basophil Count	0.00 L	/cumm	20-100	Calculated
Platelets				
* Platelet Count	241	10 ³ /cumm	150-450	Impedance
* MPV	9.3	fl	6.0-9.5	Calculated
* PCT (Platelet Hematocrit)	0.23	%	0.2-0.5	
* PDW (Platelet Distribution Width)	17.50 H	%	9-17	
Peripheral Smear Examination				
RBC Morphology				
* Normochromic Normocytic	+			
* WBCs	As Above			
* Platelets	Adequate			
* ESR (Westergren)	22 H	mm/hr	<20	Westergren
* Blood Grouping & RH Factor, Whole Blood & Serum	"O" Rh POSITIVE			Column agglutination test
* HbA1c (Glycosylated Haemoglobin), Blood	5.8 H	%	Non-Diabetic: <=5.6 % Pre-Diabetic: 5.7-6.4 % Diabetic >=6.5 %	HPLC

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Patient Type	OP	Visit No	OP-97978
Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-221963	Accession Number	0136868

Clinical Biochemistry

Service Name	Result	Unit	Reference Range	Method
Fasting Blood Sugar	98.0	mg/dL	<100	GOD\POD, Colorimetric
Lipid Profile, Serum				
Cholesterol	175.00	mg/dL	<200	Enzymatic Method
Triglyceride	315.0 H	mg/dL	Normal Less than 150 mg/dl Borderline High 150 - 199 mg/dl High 200 - 499 mg/dl Very High More than 499 mg/dl	Enzymatic(Lipase/GK/GPO /POD)
HDL Cholesterol Direct	29.0 L	mg/dL	Major risk factor for Heart disease <40 mg/dl (Males) Major risk factor for Heart disease<50 mg/dl (Female) Negative risk factor for Heart disease >60 mg/dl	Phosphotungstic acid/mgcl- Enzymatic (microslide)
LDL Cholesterol (Calculated)	83.0	mg/dL	Optimal <100 mg/dl Near optimal 100 - 129 mg/dl Borderline high 130 - 159 mg/dl High 60 - 189 mg/dl Very High >190 mg/dl	Enzymatic
VLDL	63.00 H	mg/dL	<30	Calculated
Cholesterol/HDL Ratio	6.00 H		3-5	Calculated
Non HDL	146.00	mg/dL		Calculated
Kidney Function Test (KFT), Serum				
Blood Urea	11.00 L	mg/dL	15-36	Urease with indicator dye
Creatinine	0.70	mg/dL	0.52-1.04	Enzymatic (creatinine amidohydrolase)
eGFR	114.64	mL/min/1.73m ²		Calculated
Sodium	141	mmol/L	136-145	Direct ion selective electrode
Potassium	4.30	mmol/L	3.5-5.1	Direct ion selective electrode
BUN (Blood Urea Nitrogen), Serum	4.5 L	mg/dL	7-17	Urease with indicator dye
Liver Function test, Serum				
Total Bilirubin	0.32	mg/dL	0.2-1.3	Azobilirubin/Dyphylline
Bilirubin Direct	0.11	mg/dL	0.1-0.3	Calculated
Bilirubin Indirect	0.21	mg/dL	0.1-1.1	Dual wavelength Spectrophotometric
SGOT (AST)	21	U/L	13-35	Kinetic with pyridoxal 5 phosphate
SGPT (ALT)	15	U/L	13-45	Kinetic with pyridoxal 5 phosphate
Alkaline Phosphatase	92.00	U/L	38-126	Pnpp/AMP buffer
Total Protein	7.29	gm/dl	6.3-8.2	Biuret(Alkaline cupric Sulfate)
Albumin	4.44	gm/dl	3.5-5.0	Bromocresol green dye binding
Globulin	3.20	gm/dl	2-4	Calculated
Albumin/Globulin Ratio	1.39			Calculated
Gamma GT (GGT), Serum	27.0	U/L	12-43	Kinetic Method

UHID	KH118390	Order Date & time	24-09-2022
Patient Name	Mrs Shubhangi Khapecar	Sample Collection Date	24-09-2022 10:45 AM
Age/Gender	32 Y/Female	Acknowledge Date	24-09-2022 11:00 AM
Patient Type	OP	Visit No	OP-97978
Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-221963	Accession Number	0136868

Service Name	Result	Unit	Reference Range	Method
Interpretation:	:A high fat meal may cause decreased bilirubin levels by interfering with the clinical reactions. GT activity is elevated in all forms of liver disease. This test is much more sensitive than either the alkaline phosphatase test or the transaminase test (i.e., SGOT, SGPT) in detecting obstructive jaundice, cholangitis, and cholecystitis. It is also indicated in the differential diagnosis of liver disease in children and pregnant women who have elevated levels of LDH and alkaline phosphatase.			
* Uric Acid, Serum	5.70	mg/dL	2.6-6.0	Uricase/Peroxidase (Colorimetric)
Thyroid Function Test (T3,FT4,TSH), Serum				
* T3	1.41	ng/mL	0.55-1.7	Enhanced chemiluminescence
* Free T4	1.26	ng/dL	0.8-1.7	Enhanced chemiluminescence
* Thyroid Stimulating Hormone (TSH)	1.83	uIU/mL	0.5-4.8	Enhanced chemiluminescence

Clinical Pathology

Service Name	Result	Unit	Reference Range	Method
Urine Routine and Microscopy, Urine				
Physical Examination				
Volume	30 ml			
Appearance	Clear			
Colour	Pale Yellow			
PH	5.0	NA	4.6-8.0	
Specific Gravity	1.015 L	NA	1.016-1.022	Iodometric method
Chemical Examination				
Protein	Negative	mg/dL		
Glucose	Negative			
Ketone	Negative			
Bilirubin	Negative			
Urobilinogen	Normal			
Nitrate	Negative			
Microscopic Examination				
Pus Cells	0-1	/ hpf		
Epithelial Cells	0-1	/ hpf		
Red Blood Cells	Absent	/ hpf		
Crystal	Absent			
Cast	Absent	/hpf		
Bacteria	Absent			
Other	.			
Urine Sugar Fasting, Urine	Negative			GOD/POD

Dr Gauri Hardas
Consultant Pathologist
2011/06/1806

Dr Vaidehee Naik
Consultant Pathologist
2015/05/2163

KINGSWAY HOSPITALS

PERSONALISING HEALTHCARE

A Unit of SPANV Medisearch Lifesciences Pvt. Ltd.
CIN U74999MH2018PTC303510

Toll-free Number 1800 266 8346
Emergency No: 0712-6789200
Ambulance No: 60096 60098

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UHID	KH118390	Order Date & time	24-09-2022
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Age/Gender	32 Y/Female	Acknowledge Date	24-09-2022 11:00 AM
Patient Type	OP	Visit No	OP-97978
Ordering Doctor		Refer By	Dr Vimmi Goel
Order Id	ODRID-221963	Accession Number	0136868



UHID	KH118390	Patient Name	Mrs Shubhangi Khapekar
Age	32 Y	Gender	Female
Payer Name	Self	Payer Type	cash
Order Date & time	24-09-2022 12:00 AM	Acknowledge Date	24-09-2022 12:16 PM
Refer By	Dr Vimmi Goel	Accession Number	OPRDAC-17607
DOB		Patient Type	OP
Order Id	ODRID-221963		

X-Ray Chest AP

Both the lung fields are clear.

Heart and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -

No pleuro-parenchymal abnormality seen.



Dr Naveen Pugalia
Consultant Radiologist
MBBS,MD
76125

UHID	KH118390	Patient Name	Mrs Shubhangi Khapecar
Age	32 Y	Gender	Female
Payer Name	Self	Payer Type	cash
Order Date & time	24-09-2022 12:00 AM	Acknowledge Date	24-09-2022 12:11 PM
Refer By	Dr Vimmi Goel	Accession Number	OPRDAC-17602
DOB		Patient Type	OP
Order Id	ODRID-221963		

USG Whole Abdomen

LIVER is normal in shape, size but shows mild increase in echotexture. No evidence of any focal lesion seen. Intrahepatic biliary radicals are not dilated. PORTAL VEIN and CBD are normal in course and caliber. b

GALL BLADDER is physiologically distended. No stones or sludge seen within it. Wall thickness is within normal limits.

PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in shape, size and echotexture. No focal lesion seen.

Both KIDNEYS are normal in shape, size and echotexture.
No evidence of calculus or hydronephrosis seen.
URETERS are not dilated.

BLADDER is partially distended. No calculus or mass lesion seen.

Uterus is anteverted and normal measuring 8.0 x 4.4 x 4.8 cm
No focal myometrial lesion seen.
Endometrial echo-complex appears normal. ET- 6 mm.

Both ovaries are seen. No adnexal mass lesion seen.


There is no free fluid or abdominal lymphadenopathy seen.

IMPRESSION -

Mild fatty infiltration in liver.

No other significant abnormality seen.

Suggest clinical correlation / further evaluation.



Dr Naveen Pugalía
Consultant Radiologist
MBBS,MD
76125

2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mrs. Shubhangi Khapekar
Age : 32 years / Female
UHID : KH118390
Date : 24/09/2022
Done by : Dr. Vimmi Goel
ECG : NSR, WNL

Impression:

Normal 2D Echocardiography Study

Normal chambers dimensions
No RWMA of LV at rest
Good LV systolic function, LVEF 70%
Normal LV diastolic function
E/A is 1.4
Valves are normal
No pulmonary hypertension
IVC is normal in size and collapsing well with respiration
No clots or pericardial effusion

Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 70%. Normal LV diastolic function. E Velocity is 98 cm/s, A Velocity is 71 cm/s. E/A is 1.4. Valves are normal. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen.

M Mode echocardiography and dimension:

	Normal range (mm)		Observed (mm)
	(adults)	(children)	
Left atrium	19-40	7-37	29
Aortic root	20-37	7-28	22
LVIDd	35-55	8-47	36
LVIDs	23-39	6-28	22
IVS (d)	6-11	4-8	09
LVPW (d)	6-11	4-8	09
LVEF %	~ 60%	~60%	70%
Fractional Shortening			40%

P.T.O


Dr. Vimmi Goel
MD, Sr. Consultant
Non-invasive Cardiology



KH118390
32 Years

MRS. SHUBHANGI KHAPEKAR
Female

24-Sep-22 11:37:17 AM
KIMS-KINGSWAY HOSPITALS
PHC DEPT.

Rate 82 . Sinus rhythm.....normal P axis, V-rate 50- 99
. Nonspecific intraventricular conduction delay.....QRSd >115ms, not LBBB/RBBB

PR 140
QRSd 121
QT 347
QTc 406

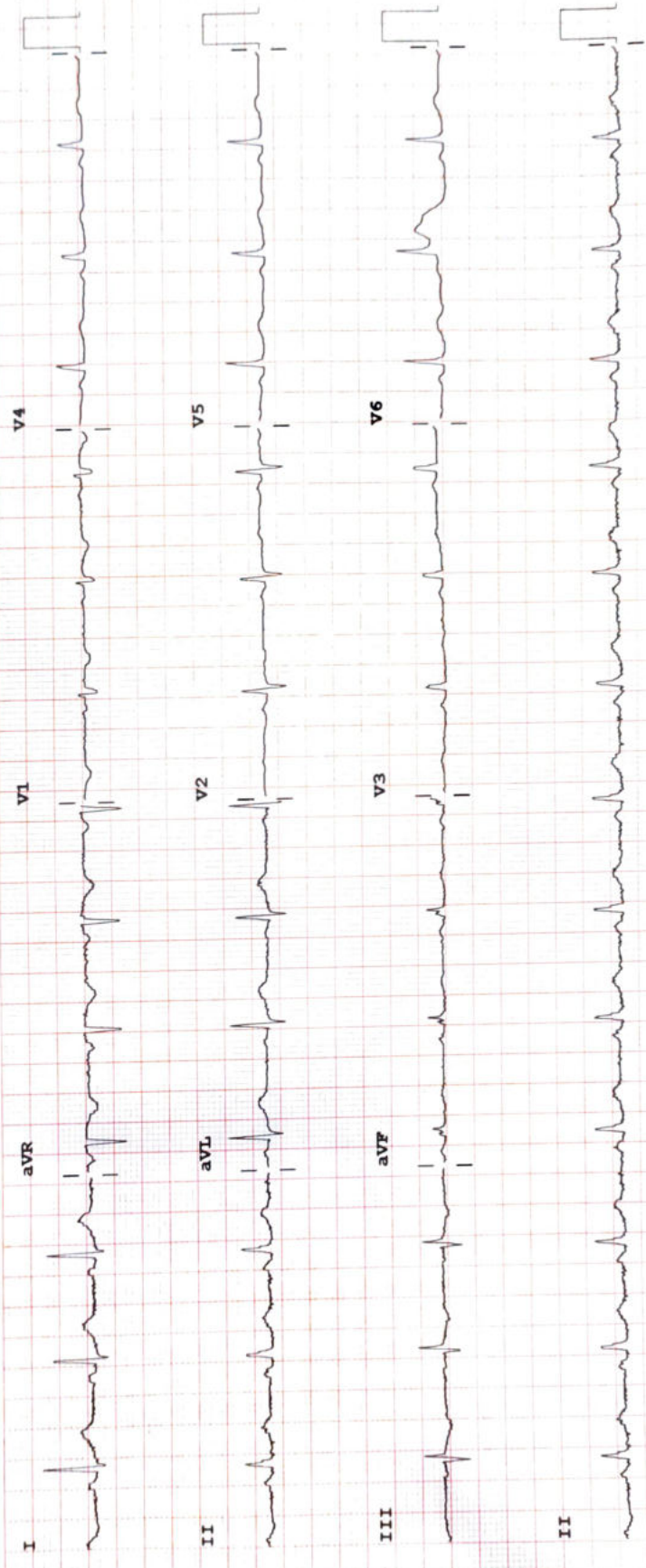
--AXIS--

P 31
QRS 29
T 6

12 Lead; Standard Placement

- ABNORMAL ECG -

Unconfirmed Diagnosis



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.50-150 Hz W

100B CL

P?