



Patient Ref. No. 6500000529607

CLIENT CODE : C000138379

CLIENT'S NAME AND ADDRESS :
ACROFEMI HEALTHCARE LTD (MEDIWHEEL)
F-703, LADO SARAI, MEHRAULI
SOUTH WEST DELHI
NEW DELHI 110030
DELHI INDIA
8800465156

SRL Ltd
PLOT No. 88, ROAD No. 15,MIDC ESTATE,ANDHERI (EAST)
MUMBAI, 400093
MAHARASHTRA, INDIA
Tel : 09152729959/9111591115, Fax :
CIN - U74899PB1995PLC045956

PATIENT NAME : KUNDAN KUMAR JHA

PATIENT ID : KUNDM19018665

ACCESSION NO : 0065VF004447 AGE : 36 Years SEX : Male

DRAWN : RECEIVED : 25/06/2022 08:26 REPORTED : 27/06/2022 13:18

REFERRING DOCTOR : SELF

CLIENT PATIENT ID :

Table with 4 columns: Test Report Status, Final, Results, Biological Reference Interval, Units

MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

BLOOD COUNTS,EDTA WHOLE BLOOD

Table with 4 columns: Test Name, Value, Reference Range, Units. Rows include Hemoglobin, Red Blood Cell Count, White Blood Cell Count, Platelet Count.

RBC AND PLATELET INDICES

Table with 4 columns: Test Name, Value, Reference Range, Units. Rows include Hematocrit, Mean Corpuscular Vol, Mean Corpuscular Hgb, Mean Corpuscular Hemoglobin Concentration, Mentzer Index, Red Cell Distribution Width, Mean Platelet Volume.

WBC DIFFERENTIAL COUNT - NLR

Table with 4 columns: Test Name, Value, Reference Range, Units. Rows include Segmented Neutrophils, Absolute Neutrophil Count, Lymphocytes, Absolute Lymphocyte Count, Neutrophil Lymphocyte Ratio (NLR), Eosinophils.



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METHOD : VCSN TECHNOLOGY/ MICROSCOPY				
ABSOLUTE EOSINOPHIL COUNT	0.40	0.02 - 0.50		thou/ μ L
METHOD : CALCULATED PARAMETER				
MONOCYTES	10	2.0 - 10.0		%
METHOD : VCSN TECHNOLOGY/ MICROSCOPY				
ABSOLUTE MONOCYTE COUNT	0.79	0.2 - 1.0		thou/ μ L
METHOD : CALCULATED PARAMETER				
BASOPHILS	0	0 - 1		%
METHOD : VCSN TECHNOLOGY/ MICROSCOPY				
ABSOLUTE BASOPHIL COUNT	0.00	Low 0.02 - 0.10		thou/ μ L
METHOD : CALCULATED PARAMETER				
ERYTHRO SEDIMENTATION RATE, BLOOD				
SEDIMENTATION RATE (ESR)	37	High 0 - 14		mm at 1 hr
METHOD : AUTOMATED (PHOTOMETRICAL CAPILLARY STOPPED FLOW KINETIC ANALYSIS)				
GLUCOSE, FASTING, PLASMA				
GLUCOSE, FASTING, PLASMA	111	High 74 - 99		mg/dL
METHOD : SPECTROPHOTOMETRY HEXOKINASE				
GLYCOSYLATED HEMOGLOBIN, EDTA WHOLE BLOOD				
GLYCOSYLATED HEMOGLOBIN (HBA1C)	5.3	Non-diabetic: < 5.7 Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5 ADA Target: 7.0 Action suggested: > 8.0		%
METHOD : ION- EXCHANGE HPLC				
MEAN PLASMA GLUCOSE	105.4	< 116.0		mg/dL
METHOD : CALCULATED PARAMETER				
GLUCOSE, POST-PRANDIAL, PLASMA				
GLUCOSE, POST-PRANDIAL, PLASMA	102	70 - 139		mg/dL
METHOD : SPECTROPHOTOMETRY HEXOKINASE				

Comments

NOTE : PLEASE CORRELATE GLUCOSE RESULTS WITH CLINICAL & THERAPEUTIC HISTORY.

CORONARY RISK PROFILE (LIPID PROFILE), SERUM

CHOLESTEROL	168	Desirable cholesterol level < 200 Borderline high cholesterol 200 - 239 High cholesterol > / = 240		mg/dL
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METHOD : SPECTROPHOTOMETRY, ENZYMATIC COLORIMETRIC - CHOLESTEROL OXIDASE, ESTERASE, PEROXIDASE



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TRIGLYCERIDES 227 High Normal: < 150 mg/dL
Borderline high: 150 - 199
High: 200 - 499
Very High: >/= 500

METHOD : SPECTROPHOTOMETRY, ENZYMATIc ENDPOINT WITH GLYCEROL BLANK

HDL CHOLESTEROL 37 Low Low HDL cholesterol < 40 mg/dL
High HDL cholesterol > / = 60

METHOD : SPECTROPHOTOMETRY, HOMOGENEOUS DIRECT ENZYMATIc COLORIMETRIC

DIRECT LDL CHOLESTEROL 98 Optimal : < 100 mg/dL
Near optimal/above optimal : 100 - 129
Borderline high : 130 - 159
High : 160 - 189
Very high : > / = 190

METHOD : SPECTROPHOTOMETRY, HOMOGENEOUS ENZYMATIc COLORIMETRIC

NON HDL CHOLESTEROL 131 High Desirable : < 130 mg/dL
Above Desirable : 130 -159
Borderline High : 160 - 189
High : 190 - 219
Very high : > / = 220

METHOD : CALCULATED PARAMETER

CHOL/HDL RATIO 4.5 High Low Risk : 3.3 - 4.4
Average Risk : 4.5 - 7.0
Moderate Risk : 7.1 - 11.0
High Risk : > 11.0

METHOD : CALCULATED PARAMETER

LDL/HDL RATIO 2.6 Desirable/Low Risk : 0.5 - 3.0
Borderline/Moderate Risk : 3.1 - 6.0
High Risk : > 6.0

METHOD : CALCULATED PARAMETER

VERY LOW DENSITY LIPOPROTEIN 45.0 High < or = 30.0 mg/dL

METHOD : CALCULATED PARAMETER

LIVER FUNCTION PROFILE, SERUM

BILIRUBIN, TOTAL 0.47 Upto 1.2 mg/dL

METHOD : SPECTROPHOTOMETRY, COLORIMETRIC -DIAZO METHOD

BILIRUBIN, DIRECT 0.22 High 0.0 - 0.2 mg/dL

METHOD : SPECTROPHOTOMETRY, JENDRASSIK & GROFF - DIAZOTIZATION

BILIRUBIN, INDIRECT 0.25 0.1 - 1.0 mg/dL

METHOD : CALCULATED PARAMETER

TOTAL PROTEIN 8.1 High 6.0 - 8.0 g/dL

METHOD : SPECTROPHOTOMETRY, COLORIMETRIC -BIURET, REAGENT BLANK, SERUM BLANK



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ALBUMIN		4.8	3.97 - 4.94	g/dL
METHOD : SPECTROPHOTOMETRY, BROMOCRESOL GREEN(BCG) - DYE BINDING				
GLOBULIN		3.3	2.0 - 3.5	g/dL
METHOD : CALCULATED PARAMETER				
ALBUMIN/GLOBULIN RATIO		1.5	1.0 - 2.1	RATIO
METHOD : CALCULATED PARAMETER				
ASPARTATE AMINOTRANSFERASE (AST/SGOT)		40	Upto 40	U/L
METHOD : SPECTROPHOTOMETRY, WITHOUT PYRIDOXAL PHOSPHATE ACTIVATION(P5P) - IFCC				
ALANINE AMINOTRANSFERASE (ALT/SGPT)		33	Upto 41	U/L
METHOD : SPECTROPHOTOMETRY, WITHOUT PYRIDOXAL PHOSPHATE ACTIVATION(P5P) - IFCC				
ALKALINE PHOSPHATASE		107	40 - 129	U/L
METHOD : SPECTROPHOTOMETRY, PNPP, AMP BUFFER - IFCC				
GAMMA GLUTAMYL TRANSFERASE (GGT)		53	< 60	U/L
METHOD : SPECTROPHOTOMETRY, ENZYMATIC COLORIMETRIC - G-GLUTAMYL-CARBOXY-NITROANILIDE - IFCC				
LACTATE DEHYDROGENASE		158	< 232	U/L
METHOD : SPECTROPHOTOMETRY, LACTATE TO PYRUVATE - UV-IFCC				
SERUM BLOOD UREA NITROGEN				
BLOOD UREA NITROGEN		13	6 - 20	mg/dL
METHOD : SPECTROPHOTOMETRY, UREASE -COLORIMETRIC				
CREATININE, SERUM				
CREATININE		0.75	Low 0.90 - 1.30	mg/dL
METHOD : SPECTROPHOTOMETRY, JAFFE'S ALKALINE PICRATE KINETIC - RATE BLANKED - IFCC-IDMS STANDARDIZED				
BUN/CREAT RATIO				
BUN/CREAT RATIO		17.33	High 8 - 15	
METHOD : CALCULATED PARAMETER				
URIC ACID, SERUM				
URIC ACID		5.6	3.4 - 7.0	mg/dL
METHOD : SPECTROPHOTOMETRY, ENZYMATIC COLORIMETRIC- URICASE				
TOTAL PROTEIN, SERUM				
TOTAL PROTEIN		8.1	High 6.0 - 8.0	g/dL
METHOD : SPECTROPHOTOMETRY, COLORIMETRIC -BIURET, REAGENT BLANK, SERUM BLANK				
ALBUMIN, SERUM				
ALBUMIN		4.8	3.97 - 4.94	g/dL
METHOD : SPECTROPHOTOMETRY, BROMOCRESOL GREEN(BCG) - DYE BINDING				
GLOBULIN				
GLOBULIN		3.3	2.0 - 3.5	g/dL
METHOD : CALCULATED PARAMETER				



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ELECTROLYTES (NA/K/CL), SERUM

Table with 4 columns: Test Name, Results, Biological Reference Interval, Units. Rows include Sodium, Potassium, Chloride.

PHYSICAL EXAMINATION, URINE

Table with 4 columns: Test Name, Results, Biological Reference Interval, Units. Rows include Color, Appearance, Specific Gravity.

CHEMICAL EXAMINATION, URINE

Table with 4 columns: Test Name, Results, Biological Reference Interval, Units. Rows include PH, Protein, Glucose, Ketones, Blood, Bilirubin, Urobilinogen, Nitrite, Leukocyte Esterase.

MICROSCOPIC EXAMINATION, URINE

Table with 4 columns: Test Name, Results, Biological Reference Interval, Units. Rows include Pus Cell (WBC'S), Epithelial Cells, Erythrocytes (RBC'S).



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Table with 5 columns: Test Report Status, Final, Results, Biological Reference Interval, Units. Rows include CASTS, CRYSTALS, BACTERIA, and YEAST.

Comments

URINALYSIS : MICROSCOPIC EXAMINATION OF URINE IS CARRIED OUT ON CENTRIFUGED URINARY SEDIMENT.

NOTE:KINDLY EXERT CAUTION DURING INTERPRETATION OF FINDINGS REPORTED IN URINALYSIS WHERE IN THE SAMPLE IS MORE THAN TWO HOURS OLD.

THYROID PANEL, SERUM

Table with 4 columns: Test Name, Result, Reference Interval, Units. Rows include T3, T4, and TSH 3RD GENERATION.

STOOL: OVA & PARASITE

Table with 4 columns: Test Name, Result, Reference Interval, Units. Rows include COLOUR, CONSISTENCY, ODOUR, MUCUS, VISIBLE BLOOD, POLYMORPHONUCLEAR LEUKOCYTES, RED BLOOD CELLS, MACROPHAGES, CHARCOT-LEYDEN CRYSTALS, TROPHOZOITES, and CYSTS.



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Table with 4 columns: Test Name, Results, Biological Reference Interval, Units. Rows include OVA, LARVAE, ADULT PARASITE, OCCULT BLOOD.

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD

Table with 2 columns: Test Name, Results. Rows include ABO GROUP (TYPE AB), RH TYPE (POSITIVE).

XRAY-CHEST

IMPRESSION NO ABNORMALITY DETECTED

TMT OR ECHO

TMT OR ECHO TMT DONE- NEGATIVE

ECG

ECG WITHIN NORMAL LIMITS

MEDICAL HISTORY

Table with 2 columns: Test Name, Results. Rows include RELEVANT PRESENT HISTORY (CVS-2ND DOSE), RELEVANT PAST HISTORY (NOT SIGNIFICANT), RELEVANT PERSONAL HISTORY (NOT SIGNIFICANT), RELEVANT FAMILY HISTORY (HYPERTENSION), HISTORY OF MEDICATIONS (NOT SIGNIFICANT).

ANTHROPOMETRIC DATA & BMI

Table with 4 columns: Test Name, Results, Units, Notes. Rows include HEIGHT IN METERS (1.71 mts), WEIGHT IN KGS. (78 Kgs), BMI (27). Includes BMI & Weight Status legend.

GENERAL EXAMINATION

Table with 2 columns: Test Name, Results. Rows include MENTAL / EMOTIONAL STATE (NORMAL), PHYSICAL ATTITUDE (NORMAL), GENERAL APPEARANCE / NUTRITIONAL STATUS (HEALTHY).



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BUILT / SKELETAL FRAMEWORK	AVERAGE			
FACIAL APPEARANCE	NORMAL			
SKIN	NORMAL			
UPPER LIMB	NORMAL			
LOWER LIMB	NORMAL			
NECK	NORMAL			
NECK LYMPHATICS / SALIVARY GLANDS	NOT ENLARGED OR TENDER			
THYROID GLAND	NOT ENLARGED			
CAROTID PULSATION	NORMAL			
TEMPERATURE	NORMAL			
PULSE	82/MIN REGULAR, ALL PERIPHERAL PULSES WELL FELT, NO CAROTID BRUIT			
RESPIRATORY RATE	NORMAL			
CARDIOVASCULAR SYSTEM				
BP	125/84MM HG (SUPINE)		mm/Hg	
PERICARDIUM	NORMAL			
APEX BEAT	NORMAL			
HEART SOUNDS	S1, S2 HEARD NORMALLY			
MURMURS	ABSENT			
RESPIRATORY SYSTEM				
SIZE AND SHAPE OF CHEST	NORMAL			
MOVEMENTS OF CHEST	SYMMETRICAL			
BREATH SOUNDS INTENSITY	NORMAL			
BREATH SOUNDS QUALITY	VESICULAR (NORMAL)			
ADDED SOUNDS	ABSENT			
PER ABDOMEN				
APPEARANCE	NORMAL			
VENOUS PROMINENCE	ABSENT			
LIVER	NOT PALPABLE			
SPLEEN	NOT PALPABLE			
HERNIA	NORMAL			
CENTRAL NERVOUS SYSTEM				
HIGHER FUNCTIONS	NORMAL			
CRANIAL NERVES	NORMAL			



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CEREBELLAR FUNCTIONS NORMAL
SENSORY SYSTEM NORMAL
MOTOR SYSTEM NORMAL
REFLEXES NORMAL

MUSCULOSKELETAL SYSTEM

SPINE NORMAL
JOINTS NORMAL

BASIC EYE EXAMINATION

CONJUNCTIVA NORMAL
EYELIDS NORMAL
EYE MOVEMENTS NORMAL
CORNEA NORMAL
DISTANT VISION RIGHT EYE WITHOUT GLASSES WITHIN NORMAL LIMIT(6/6)
DISTANT VISION LEFT EYE WITHOUT GLASSES WITHIN NORMAL LIMIT(6/6)
NEAR VISION RIGHT EYE WITHOUT GLASSES WITHIN NORMAL LIMIT(N/6)
NEAR VISION LEFT EYE WITHOUT GLASSES WITHIN NORMAL LIMIT(N/6)
COLOUR VISION NORMAL(17/17)

BASIC ENT EXAMINATION

EXTERNAL EAR CANAL HEAVY WITHIN NORMAL LIMIT
TYMPANIC MEMBRANE NORMAL
NOSE NO ABNORMALITY DETECTED
SINUSES CLEAR
THROAT NO ABNORMALITY DETECTED
TONSILS NOT ENLARGED

SUMMARY

RELEVANT HISTORY CVS-2ND DOSE.
RELEVANT GP EXAMINATION FINDINGS NOT SIGNIFICANT
RELEVANT LAB INVESTIGATIONS RAISED ESR(37),
RAISED FASTING BLOOD SUGAR(111),
STOOL MUCUS DETECTED
RAISED DIRECT BILIRUBIN(0.22)
LOW CREATININE(0.75)
RAISED PROTEIN(8.1),
RAISED TRIGLYCERIDES(227),
LOW HDL CHOLESTEROL(37),
RAISED NON HDL CHOLESTEROL(131),
RAISED DIRECT LDL CHOLESTEROL(),
RAISED VLDL CHOLESTEROL(45.0)



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RELEVANT NON PATHOLOGY DIAGNOSTICS

USG : MILD FATTY LIVER.

REMARKS / RECOMMENDATIONS

REGULAR PHYSICAL EXERCISES / LOW CALORIC DIET
REDUCE FATTY AND PROCESSED FOOD IN DIET
REDUCE SUGARS, SWEETS IN DIET

Interpretation(s)

BLOOD COUNTS,EDTA WHOLE BLOOD-

The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.

RBC AND PLATELET INDICES-

Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT - NLR-

The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients ; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope.

ERYTHRO SEDIMENTATION RATE, BLOOD-

Erythrocyte sedimentation rate (ESR) is a non - specific phenomena and is clinically useful in the diagnosis and monitoring of disorders associated with an increased production of acute phase reactants. The ESR is increased in pregnancy from about the 3rd month and returns to normal by the 4th week post partum. ESR is influenced by age, sex, menstrual cycle and drugs (eg. corticosteroids, contraceptives). It is especially low (0 -1mm) in polycythaemia, hypofibrinogenemia or congestive cardiac failure and when there are abnormalities of the red cells such as poikilocytosis, spherocytosis or sickle cells.

Reference :

- 1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition
2. Paediatric reference intervals, AACCC Press, 7th edition, Edited by S. Soldini
3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis, 10th Edition"

GLUCOSE, FASTING, PLASMA-

ADA 2021 guidelines for adults, after 8 hrs fasting is as follows:

Pre-diabetics: 100 - 125 mg/dL

Diabetic: > or = 126 mg/dL

GLYCOSYLATED HEMOGLOBIN, EDTA WHOLE BLOOD-

Glycosylated hemoglobin (GHb) has been firmly established as an index of long-term blood glucose concentrations and as a measure of the risk for the development of complications in patients with diabetes mellitus. Formation of GHb is essentially irreversible, and the concentration in the blood depends on both the life span of the red blood cell (average 120 days) and the blood glucose concentration. Because the rate of formation of GHb is directly proportional to the concentration of glucose in the blood, the GHb concentration represents the integrated values for glucose over the preceding 6-8 weeks.

Any condition that alters the life span of the red blood cells has the potential to alter the GHb level. Samples from patients with hemolytic anemias will exhibit decreased glycated hemoglobin values due to the shortened life span of the red cells. This effect will depend upon the severity of the anemia. Samples from patients with polycythemia or post-splenectomy may exhibit increased glycated hemoglobin values due to a somewhat longer life span of the red cells.

Glycosylated hemoglobins results from patients with HbSS, HbCC, and HbSC and HbD must be interpreted with caution, given the pathological processes, including anemia, increased red cell turnover, transfusion requirements, that adversely impact HbA1c as a marker of long-term glycemic control. In these conditions, alternative forms of testing such as glycated serum protein (fructosamine) should be considered.

"Targets should be individualized; More or less stringent glycemic goals may be appropriate for individual patients. Goals should be individualized based on duration of diabetes, age/life expectancy, comorbid conditions, known CVD or advanced microvascular complications, hypoglycemia unawareness, and individual patient considerations."

References

- 1. Tietz Textbook of Clinical Chemistry and Molecular Diagnostics, edited by Carl A Burtis, Edward R.Ashwood, David E Bruns, 4th Edition, Elsevier publication, 2006, 879-884.
2. Forsham PH. Diabetes Mellitus:A rational plan for management. Postgrad Med 1982, 71,139-154.
3. Mayer TK, Freedman ZR: Protein glycosylation in Diabetes Mellitus: A review of laboratory measurements and their clinical utility. Clin Chim Acta 1983, 127, 147-184.
GLUCOSE, POST-PRANDIAL, PLASMA-ADA Guidelines for 2hr post prandial glucose levels is only after ingestion of 75grams of glucose in 300 ml water,over a period of 5 minutes.

CORONARY RISK PROFILE (LIPID PROFILE), SERUM-

Serum cholesterol is a blood test that can provide valuable information for the risk of coronary artery disease This test can help determine your risk of the build up of plaques in your arteries that can lead to narrowed or blocked arteries throughout your body (atherosclerosis). High cholesterol levels usually don't cause any signs or symptoms, so a cholesterol test is an important tool. High cholesterol levels often are a significant risk factor for heart disease and important for diagnosis of



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ACROFEMI HEALTHCARE LTD (MEDIWHEEL)
F-703, LADO SARAI, MEHRAULI
SOUTH WEST DELHI
NEW DELHI 110030
DELHI INDIA
8800465156

SRL Ltd
PLOT No. 88, ROAD No. 15,MIDC ESTATE,ANDHERI (EAST)
MUMBAI, 400093
MAHARASHTRA, INDIA
Tel : 09152729959/9111591115, Fax :
CIN - U74899PB1995PLC045956

PATIENT NAME : KUNDAN KUMAR JHA

PATIENT ID : KUNDM19018665

ACCESSION NO : 0065VF004447 AGE : 36 Years SEX : Male

DRAWN : RECEIVED : 25/06/2022 08:26 REPORTED : 27/06/2022 13:18

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Table with 4 columns: Test Report Status, Final, Results, Biological Reference Interval, Units

hyperlipoproteinemia, atherosclerosis, hepatic and thyroid diseases.

Serum Triglyceride are a type of fat in the blood. When you eat, your body converts any calories it doesn't need into triglycerides, which are stored in fat cells. High triglyceride levels are associated with several factors, including being overweight, eating too many sweets or drinking too much alcohol, smoking, being sedentary, or having diabetes with elevated blood sugar levels.

High-density lipoprotein (HDL) cholesterol. This is sometimes called the "good" cholesterol because it helps carry away LDL cholesterol, thus keeping arteries open and blood flowing more freely.

SERUM LDL The small dense LDL test can be used to determine cardiovascular risk in individuals with metabolic syndrome or established/progressing coronary artery disease, individuals with triglyceride levels between 70 and 140 mg/dL, as well as individuals with a diet high in trans-fat or carbohydrates.

Non HDL Cholesterol - Adult treatment panel ATP III suggested the addition of Non-HDL Cholesterol as an indicator of all atherogenic lipoproteins (mainly LDL and VLDL). NICE guidelines recommend Non-HDL Cholesterol measurement before initiating lipid lowering therapy.

Recommendations: Results of Lipids should always be interpreted in conjunction with the patient's medical history, clinical presentation and other findings.

NON FASTING LIPID PROFILE includes Total Cholesterol, HDL Cholesterol and calculated non-HDL Cholesterol. It does not include triglycerides and may be best used in patients for whom fasting is difficult.

LIVER FUNCTION PROFILE, SERUM-LIVER FUNCTION PROFILE

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Paget's disease, Rickets, Sarcoidosis etc.

SERUM BLOOD UREA NITROGEN-

Causes of Increased levels

Pre renal

- High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal

Renal Failure

Post Renal

- Malignancy, Nephrolithiasis, Prostatism

Causes of decreased levels

Liver disease

SIADH.

CREATININE, SERUM-



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8800465156

SRL Ltd
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Higher than normal level may be due to:

- Blockage in the urinary tract
Kidney problems, such as kidney damage or failure, infection, or reduced blood flow
Loss of body fluid (dehydration)
Muscle problems, such as breakdown of muscle fibers
Problems during pregnancy, such as seizures (eclampsia), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:

- Myasthenia Gravis
Muscular dystrophy
URIC ACID, SERUM- Causes of Increased levels
Dietary
High Protein Intake.
Prolonged Fasting,
Rapid weight loss.
Gout
Lesch nyhan syndrome.
Type 2 DM.
Metabolic syndrome.

Causes of decreased levels

- Low Zinc Intake
OCP's
Multiple Sclerosis

Nutritional tips to manage increased Uric acid levels

- Drink plenty of fluids
Limit animal proteins
High Fibre foods
Vit C Intake
Antioxidant rich foods

TOTAL PROTEIN, SERUM-

Serum total protein,also known as total protein, is a biochemical test for measuring the total amount of protein in serum..Protein in the plasma is made up of albumin and globulin

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease

Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage),Burns,Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome,Protein-losing enteropathy etc.

ALBUMIN, SERUM-

Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc.

ELECTROLYTES (NA/K/CL), SERUM-

Sodium levels are Increased in dehydration, cushing's syndrome, aldosteronism & decreased in Addison's disease, hypopituitarism,liver disease. Hypokalemia (low K) is common in vomiting, diarrhea, alcoholism, folic acid deficiency and primary aldosteronism. Hyperkalemia may be seen in end-stage renal failure, hemolysis, trauma, Addison's disease, metabolic acidosis, acute starvation, dehydration, and with rapid K infusion.Chloride is increased in dehydration, renal tubular acidosis (hyperchloremia metabolic acidosis), acute renal failure, metabolic acidosis associated with prolonged diarrhea and loss of sodium bicarbonate, diabetes insipidus, adrenocortical hyperfunction, salicylate intoxication and with excessive infusion of isotonic saline or extremely high dietary intake of salt.Chloride is decreased in overhydration, chronic respiratory acidosis, salt-losing nephritis, metabolic alkalosis, congestive heart failure, Addisonian crisis, certain types of metabolic acidosis, persistent gastric secretion and prolonged vomiting,

MICROSCOPIC EXAMINATION, URINE-

Routine urine analysis assists in screening and diagnosis of various metabolic, urological, kidney and liver disorders

Protein: Elevated proteins can be an early sign of kidney disease. Urinary protein excretion can also be temporarily elevated by strenuous exercise, orthostatic proteinuria, dehydration, urinary tract infections and acute illness with fever

Glucose: Uncontrolled diabetes mellitus can lead to presence of glucose in urine. Other causes include pregnancy, hormonal disturbances, liver disease and certain medications.

Ketones: Uncontrolled diabetes mellitus can lead to presence of ketones in urine. Ketones can also be seen in starvation, frequent vomiting, pregnancy and strenuous exercise.

Blood: Occult blood can occur in urine as intact erythrocytes or haemoglobin, which can occur in various urological, nephrological and bleeding disorders.

Leukocytes: An increase in leukocytes is an indication of inflammation in urinary tract or kidneys. Most common cause is bacterial urinary tract infection.

Nitrite: Many bacteria give positive results when their number is high. Nitrite concentration during infection increases with length of time the urine specimen is retained in bladder prior to collection.

pH: The kidneys play an important role in maintaining acid base balance of the body. Conditions of the body producing acidosis/ alkalosis or ingestion of certain type of food can affect the pH of urine.

Specific gravity: Specific gravity gives an indication of how concentrated the urine is. Increased specific gravity is seen in conditions like dehydration, glycosuria and proteinuria while decreased specific gravity is seen in excessive fluid intake, renal failure and diabetes insipidus.



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SOUTH WEST DELHI
NEW DELHI 110030
DELHI INDIA
8800465156

SRL Ltd
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Bilirubin: In certain liver diseases such as biliary obstruction or hepatitis, bilirubin gets excreted in urine.
Thyroid Panel, Serum-
Triiodothyronine T3, is a thyroid hormone. It affects almost every physiological process in the body, including growth, development, metabolism, body temperature, and heart rate.
Thyroxine T4, Thyroxine's principal function is to stimulate the metabolism of all cells and tissues in the body.
Levels in Pregnancy: TOTAL T4 (µg/dL), TSH3G (µIU/mL), TOTAL T3 (ng/dL)
First Trimester: 6.6 - 12.4, 0.1 - 2.5, 81 - 190
2nd Trimester: 6.6 - 15.5, 0.2 - 3.0, 100 - 260
3rd Trimester: 6.6 - 15.5, 0.3 - 3.0, 100 - 260

NOTE: TSH concentrations in apparently normal euthyroid subjects are known to be highly skewed, with a strong tailed distribution towards higher TSH values. This is well documented in the pediatric population including the infant age group.

- Reference:
1. Burtis C.A., Ashwood E. R. Bruns D.E. Teitz textbook of Clinical Chemistry and Molecular Diagnostics, 4th Edition.
2. Gowenlock A.H. Varley's Practical Clinical Biochemistry, 6th Edition.
3. Behrman R.E. Kilegman R.M., Jenson H. B. Nelson Text Book of Pediatrics, 17th Edition

STOOL: OVA & PARASITE-
Acute infective diarrhoea and gastroenteritis (diarrhoea with vomiting) are major causes of ill health and premature death in developing countries. Loss of water and electrolytes from the body can lead to severe dehydration which if untreated, can be rapidly fatal in young children, especially that are malnourished, hypoglycaemic, and generally in poor health.

Laboratory diagnosis of parasitic infection is mainly based on microscopic examination and the gross examination of the stool specimen. Depending on the nature of the parasite, the microscopic observations include the identification of cysts, ova, trophozoites, larvae or portions of adult structure. The two classes of parasites that cause human infection are the Protozoa and Helminths. The protozoan infections include amoebiasis mainly caused by Entamoeba histolytica and giardiasis caused by Giardia lamblia. The common helminthic parasites are Trichuris trichiura, Ascaris lumbricoides, Strongyloides stercoralis, Taenia sp. etc

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-
Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

MEDICAL HISTORY-
THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVOLABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.





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MEDI WHEEL FULL BODY HEALTH CHECK UP BELOW 40 MALE

ULTRASOUND ABDOMEN

ULTRASOUND ABDOMEN

MILD FATTY LIVER

****End Of Report****

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Dr. Kshama P.
Biochemist

Dr. Ekta Patil
Microbiologist

Dr. Deepak Sanghavi, M.D(Path)
(Reg.no.MMC2004/03/1530)
Chief Of Lab - Mumbai
Reference Lab

Dr. Sushant Chikane
Consultant Pathologist



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