

Name : MRS. G GOUTAMI

Date : 12/01/2023

Age&Sex : 43Y/F

**X-RAY CHEST PA VIEW**

Cardiac size is normal.

Both of the lung fields are normal.

Both Costophrenic angles and Cardiophrenic angles are clear.

Both the hila are normal.

Both the domes of diaphragm are normal.

Visualized bony thorax is normal.

**IMPRESSION: NORMAL STUDY**



**DR.B.REVATHI,DMRD  
CONSULTANT RADIOLOGIST**



Patient:

MRS. G. GOWTHAMI

43 year / F

..... cm / ..... kg

HR 78/min

Intervals:

RR	770 ms
P	108 ms
PR	158 ms
QRS	82 ms
QT	382 ms
QTc	439 ms

Axis: 51°

P	51°
QRS	-2°
T	14°

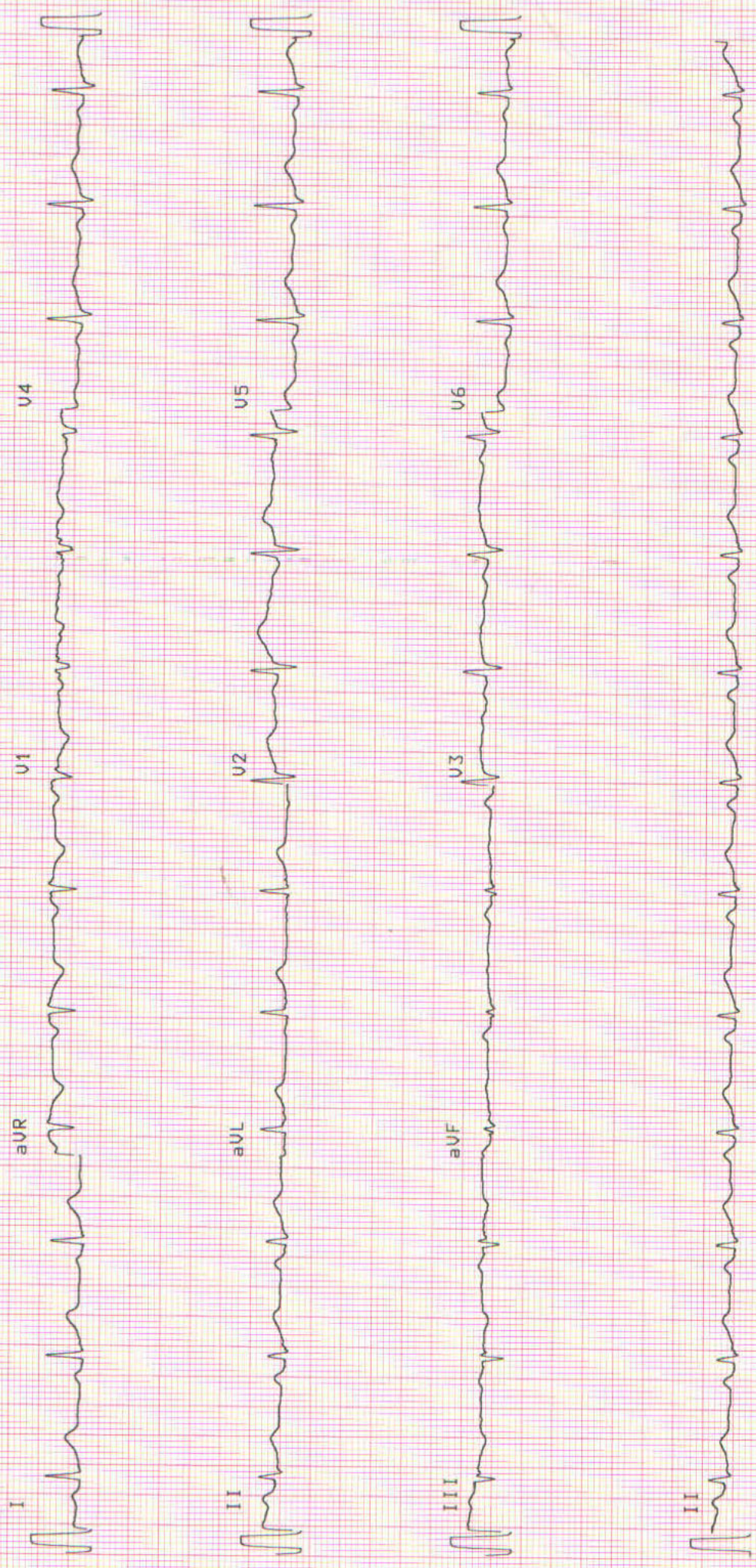
5.62

SINUS RHYTHM  
LEFTWARD AXIS  
OTHERWISE NORMAL ECG

UNCONFIRMED REPORT

10 mm/mV

10 mm/mV



25 mm/s

0.05-25Hz F50 SSF S85

Th 12-JAN-23 10:12:47

MEITRA HOSPITAL

AT-2plus 4.14 CM

SCHILLER

Part No 7 1570



# SRL DIAGNOSTICS CENTRE

## Cardiology Report

**Patient ID :** 12\_01\_2023\_10\_27\_16  
**Patient Name :** MRS.G.GOWTHAMI  
**Age :** 43Years  
**Sex :** F  
**Indication :**

**Study Date :** 12/01/2023  
**Referring MD :**  
**Performing MD :**  
**Sonographer :**

**Exam Type :** Cardiac

**Height :** ??cm

**BP(SYS/DIA) :** ??/??mmHg

**Weight :** ??kg

**BSA :** ??m<sup>2</sup>

### LV/Teich(M) [ Direct ]

IVSd	9.4 mm	LVIDd	46.9 mm
LVPWd	8.2 mm	IVSs	13.5 mm
LVIDs	24.0 mm	LVPWs	14.1 mm
EDV	101.9 mL	ESV	20.2 mL
SV	81.7 mL	EF	80.18 %
FS	48.83 %	LV Mass	171.8 g
LV Mass-c	138.0 g		

### AV/LA(M) [ Direct ]

AOd	22.3 mm	LA diam	30.5 mm
AOd/LAs	0.73	LA/ AOd	1.37

### Mitral Valve [ Direct ]

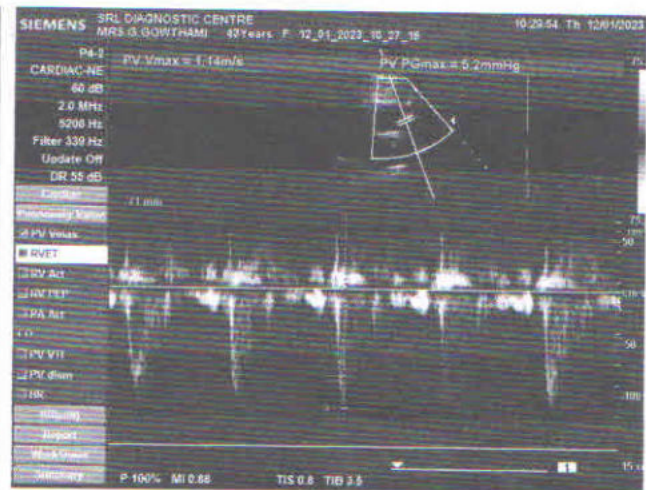
MV E pt	0.60 m/s	MV A pt	0.49 m/s
Dec Time	150 ms	Dec Slope	3.97 m/s <sup>2</sup>
MV PHT	44 ms	E/A	1.22
A/E	0.82	MVA(PHT)	5.00 cm <sup>2</sup>

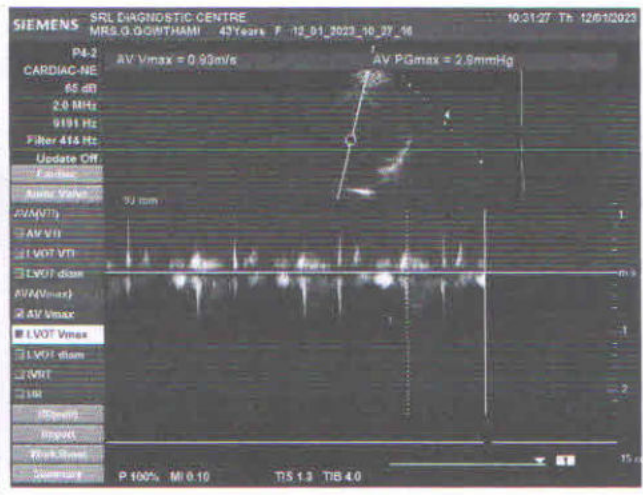
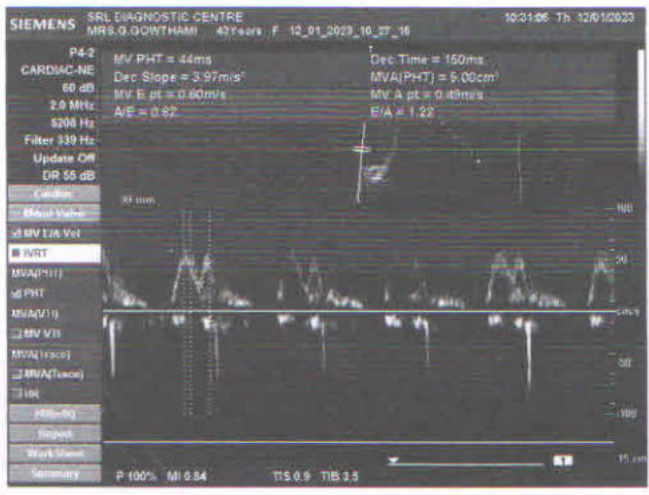
### Aortic Valve [ Direct ]

AV Vmax	0.83 m/s	AV PGmax	2.8 mmHg
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### Pulmonary Valve [ Direct ]

PV Vmax	1.14 m/s	PV PGmax	5.2 mmHg
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**Summary**

NORMAL CARDIAC SIZE

NO REGIONAL WALL MOTION ABNORMALITY

GOOD L V , R V FUNCTION

Signature \_\_\_\_\_



Patient Ref. No. 19400000342255

CLIENT CODE : C000138398

## CLIENT'S NAME AND ADDRESS :

ACROFEMI HEALTHCARE LTD ( MEDIWHEEL )  
F-703, F-703, LADO SARAI, MEHRAULI  
SOUTH WEST DELHI  
NEW DELHI 110030  
DELHI INDIA  
8800465156

SRL Ltd

Flat No. 104-106, Animishai Pearl,Collectorate Junction  
Visakhapatnam, 530002  
ANDHRA PRADESH, INDIA  
Tel : 9111591115, CIN - U74899PB1995PLC045956  
Email : customercare.vizag@srl.in

PATIENT NAME : GARUDA GOUTAMI

PATIENT ID : GARUF090879194

ACCESSION NO : 0194WA00120

AGE : 43 Years

SEX : Female

ABHA NO :

DRAWN : 12/01/2023 00:00:00

RECEIVED : 12/01/2023 08:45:49

REPORTED : 16/01/2023 12:39:22

REFERRING DOCTOR : DR. MEDIWHEEL

CLIENT PATIENT ID :

Test Report Status	Final	Results	Biological Reference Interval	Units
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**MEDI WHEEL FULL BODY HEALTH CHECKUP ABOVE 40FEMALE****BLOOD COUNTS,EDTA WHOLE BLOOD**

HEMOGLOBIN (HB)	12.1	12.0 - 15.0	g/dL
RED BLOOD CELL (RBC) COUNT	4.43	3.8 - 4.8	mil/ $\mu$ L
WHITE BLOOD CELL (WBC) COUNT	6.90	4.0 - 10.0	thou/ $\mu$ L
PLATELET COUNT	209	150 - 410	thou/ $\mu$ L

**RBC AND PLATELET INDICES**

HEMATOCRIT (PCV)	37.4	36 - 46	%
MEAN CORPUSCULAR VOLUME (MCV)	84.0	83 - 101	fL
MEAN CORPUSCULAR HEMOGLOBIN (MCH)	27.2	27.0 - 32.0	pg
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION (MCHC)	32.3	31.5 - 34.5	g/dL
RED CELL DISTRIBUTION WIDTH (RDW)	<b>14.2</b>	<b>High</b> 11.6 - 14.0	%
MENTZER INDEX	19.0		
MEAN PLATELET VOLUME (MPV)	9.2	6.8 - 10.9	fL

**WBC DIFFERENTIAL COUNT**

NEUTROPHILS	66	40 - 80	%
LYMPHOCYTES	24	20 - 40	%
MONOCYTES	8	2 - 10	%
EOSINOPHILS	2	1 - 6	%
BASOPHILS	0	0 - 2	%
ABSOLUTE NEUTROPHIL COUNT	4.55	2.0 - 7.0	thou/ $\mu$ L
ABSOLUTE LYMPHOCYTE COUNT	1.66	1.0 - 3.0	thou/ $\mu$ L
ABSOLUTE MONOCYTE COUNT	0.55	0.2 - 1.0	thou/ $\mu$ L
ABSOLUTE EOSINOPHIL COUNT	0.14	0.02 - 0.50	thou/ $\mu$ L
ABSOLUTE BASOPHIL COUNT	<b>0.00</b>	<b>Low</b> 0.02 - 0.10	thou/ $\mu$ L
NEUTROPHIL LYMPHOCYTE RATIO (NLR)	2.7		

**MORPHOLOGY**

RBC NORMOCYTIC NORMOCHROMIC RBC.

WBC NORMAL COUNT & DISTRIBUTION ,NO ABNORMAL CELLS / IMMATURE CELLS.

PLATELETS ADEQUATE & DISCRETELY PRESENT. NO HAEMOPARASITES SEEN.

IMPRESSION NORMOCYTIC NORMOCHROMIC BLOOD PICTURE.



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**ERYTHROCYTE SEDIMENTATION RATE (ESR),WHOLE BLOOD**

E.S.R	20		0 - 20	mm at 1 hr
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**GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD**

HBA1C	5.8	High	Non-diabetic: < 5.7 Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5 ADA Target: 7.0 Action suggested: > 8.0	%
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ESTIMATED AVERAGE GLUCOSE(EAG)	119.8	High	< 116.0	mg/dL
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**Comments**

NOTE: KINDLY CORRELATE THE GLYCOSYLATED HEMOGLOBIN RESULT CLINICALLY.

**GLUCOSE FASTING,FLUORIDE PLASMA**

FBS (FASTING BLOOD SUGAR)	115	High	74 - 99	mg/dL
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**GLUCOSE, POST-PRANDIAL, PLASMA**

PPBS(POST PRANDIAL BLOOD SUGAR)	115		70 - 139	mg/dL
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**LIPID PROFILE, SERUM**

CHOLESTEROL, TOTAL	163		< 200 Desirable 200 - 239 Borderline High >/= 240 High	mg/dL
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TRIGLYCERIDES	196	High	< 150 Normal 150 - 199 Borderline High 200 - 499 High >/=500 Very High	mg/dL
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HDL CHOLESTEROL	48		< 40 Low >/=60 High	mg/dL
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CHOLESTEROL LDL	76		< 100 Optimal 100 - 129 Near optimal/ above optimal 130 - 159 Borderline High 160 - 189 High >/= 190 Very High	mg/dL
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NON HDL CHOLESTEROL	115		Desirable: Less than 130 Above Desirable: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220	mg/dL
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VERY LOW DENSITY LIPOPROTEIN	39.2	High	</= 30.0	mg/dL
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CHOL/HDL RATIO		3.4	3.3 - 4.4 Low Risk 4.5 - 7.0 Average Risk 7.1 - 11.0 Moderate Risk > 11.0 High Risk	
LDL/HDL RATIO		1.6	0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate Risk >6.0 High Risk	

## Comments

NOTE: KINDLY CORRELATE THE RESULT WITH CLINICAL &amp; THERAPEUTIC HISTORY.

## Interpretation(s)

## LIVER FUNCTION PROFILE, SERUM

BILIRUBIN, TOTAL	0.20	0.2 - 1.0	mg/dL
BILIRUBIN, DIRECT	0.10	0.0 - 0.2	mg/dL
BILIRUBIN, INDIRECT	0.10	0.1 - 1.0	mg/dL
TOTAL PROTEIN	7.4	6.4 - 8.2	g/dL
ALBUMIN	3.4	3.4 - 5.0	g/dL
GLOBULIN	4.0	2.0 - 4.1	g/dL
ALBUMIN/GLOBULIN RATIO	<b>0.9</b>	<b>Low</b> 1.0 - 2.1	RATIO
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	17	15 - 37	U/L
ALANINE AMINOTRANSFERASE (ALT/SGPT)	19	< 34.0	U/L
ALKALINE PHOSPHATASE	53	30 - 120	U/L
GAMMA GLUTAMYL TRANSFERASE (GGT)	24	5 - 55	U/L
LACTATE DEHYDROGENASE	137	100 - 190	U/L

## BLOOD UREA NITROGEN (BUN), SERUM

BLOOD UREA NITROGEN 7 6 - 20 mg/dL

## CREATININE, SERUM

CREATININE 0.62 0.60 - 1.10 mg/dL

METHOD : ALKALINE PICRATE

## BUN/CREAT RATIO

BUN/CREAT RATIO 11.29 5.00 - 15.00



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## URIC ACID, SERUM

URIC ACID	4.3	2.6 - 6.0	mg/dL
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## TOTAL PROTEIN, SERUM

TOTAL PROTEIN	7.4	6.4 - 8.2	g/dL
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## ALBUMIN, SERUM

ALBUMIN	3.4	3.4 - 5.0	g/dL
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## GLOBULIN

GLOBULIN	4.0	2.0 - 4.1	g/dL
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## ELECTROLYTES (NA/K/CL), SERUM

SODIUM, SERUM	138.6	136 - 145	mmol/L
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POTASSIUM, SERUM	4.56	3.50 - 5.10	mmol/L
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CHLORIDE, SERUM	101.2	98 - 107	mmol/L
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## Interpretation(s)

## PHYSICAL EXAMINATION, URINE

COLOR	Yellow
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APPEARANCE	Clear
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## CHEMICAL EXAMINATION, URINE

PH	5.5	4.7 - 7.5
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SPECIFIC GRAVITY	1.010	1.003 - 1.035
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PROTEIN	NOT DETECTED	NOT DETECTED
---------	--------------	--------------

GLUCOSE	NOT DETECTED	NOT DETECTED
---------	--------------	--------------

KETONES	NOT DETECTED	NOT DETECTED
---------	--------------	--------------

BLOOD	NOT DETECTED	NOT DETECTED
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BILIRUBIN	NOT DETECTED	NOT DETECTED
-----------	--------------	--------------

UROBILINOGEN	NORMAL	NORMAL
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NITRITE	NOT DETECTED	NOT DETECTED
---------	--------------	--------------

LEUKOCYTE ESTERASE	NOT DETECTED	NOT DETECTED
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## MICROSCOPIC EXAMINATION, URINE

RED BLOOD CELLS	NOT DETECTED	NOT DETECTED	/HPF
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PUS CELL (WBC'S)	2-3	0-5	/HPF
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EPITHELIAL CELLS	3-5	0-5	/HPF
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CASTS	NOT DETECTED		
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CRYSTALS

NOT DETECTED

BACTERIA

NOT DETECTED

NOT DETECTED

YEAST

NOT DETECTED

NOT DETECTED

## Interpretation(s)

## THYROID PANEL, SERUM

T3

139.9

Non-Pregnant Women  
80.0 - 200.0

ng/dL

Pregnant Women  
1st Trimester:105.0 - 230.0  
2nd Trimester:129.0 - 262.0  
3rd Trimester:135.0 - 262.0

T4

8.39

Non-Pregnant Women  
5.10 - 14.10

µg/dL

Pregnant Women  
1st Trimester: 7.33 - 14.80  
2nd Trimester: 7.93 - 16.10  
3rd Trimester: 6.95 - 15.70

TSH (ULTRASENSITIVE)

4.050

Non Pregnant Women  
0.27 - 4.20

µIU/mL

Pregnant Women  
1st Trimester: 0.33 - 4.59  
2nd Trimester: 0.35 - 4.10  
3rd Trimester: 0.21 - 3.15

## Interpretation(s)

## ABO GROUP &amp; RH TYPE, EDTA WHOLE BLOOD

ABO GROUP

TYPE B

RH TYPE

POSITIVE

## XRAY-CHEST

»»

BOTH THE LUNG FIELDS ARE CLEAR

»»

BOTH THE COSTOPHRENIC AND CARIOPHRENIC ANGELS ARE CLEAR

»»

BOTH THE HILA ARE NORMAL

»»

CARDIAC AND AORTIC SHADOWS APPEAR NORMAL

»»

BOTH THE DOMES OF THE DIAPHRAM ARE NORMAL

»»

VISUALIZED BONY THORAX IS NORMAL

IMPRESSION

NO ABNORMALITY DETECTED

## TMT OR ECHO



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ACCESSION NO : **0194WA00120**    AGE : 43 Years    SEX : Female    ABHA NO :

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TMT OR ECHO	NORMAL			
<b>ECG</b>				
ECG	WITHIN NORMAL LIMITS			
<b>MAMOGRAPHY (BOTH BREASTS)</b>				
MAMOGRAPHY BOTH BREASTS	U/S BREAST: FIBROADENOSIS CHANGES IN BOTH BREASTS AND SIMPLE CYST IN RIGHT BREAST			
<b>MEDICAL HISTORY</b>				
RELEVANT PRESENT HISTORY	NOT SIGNIFICANT			
RELEVANT PAST HISTORY	UNDERWENT RIGHT EYE RETINA,LASER SURGERY 30 YEARS BACK.			
RELEVANT PERSONAL HISTORY	NOT SIGNIFICANT			
RELEVANT FAMILY HISTORY	NOT SIGNIFICANT			
OCCUPATIONAL HISTORY	NOT SIGNIFICANT			
HISTORY OF MEDICATIONS	NOT SIGNIFICANT			
<b>ANTHROPOMETRIC DATA &amp; BMI</b>				
HEIGHT IN METERS	1.59			mts
WEIGHT IN KGS.	73			Kgs
BMI	29			
			BMI & Weight Status as follows: kg/sqmts Below 18.5: Underweight 18.5 - 24.9: Normal 25.0 - 29.9: Overweight 30.0 and Above: Obese	
<b>GENERAL EXAMINATION</b>				
MENTAL / EMOTIONAL STATE	NORMAL			
PHYSICAL ATTITUDE	NORMAL			
GENERAL APPEARANCE / NUTRITIONAL STATUS	HEALTHY			
BUILT / SKELETAL FRAMEWORK	AVERAGE			
FACIAL APPEARANCE	NORMAL			
SKIN	NORMAL			
UPPER LIMB	NORMAL			
LOWER LIMB	NORMAL			
NECK	NORMAL			
NECK LYMPHATICS / SALIVARY GLANDS	NOT ENLARGED OR TENDER			
THYROID GLAND	NOT ENLARGED			
CAROTID PULSATION	NORMAL			
TEMPERATURE	NORMAL			





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PULSE		REGULAR, ALL PERIPHERAL PULSES WELL FELT, NO CAROTID BRUIT		
RESPIRATORY RATE		NORMAL		
<b>CARDIOVASCULAR SYSTEM</b>				
BP		120/80 MM HG (SITTING)		mm/Hg
PERICARDIUM		NORMAL		
APEX BEAT		NORMAL		
HEART SOUNDS		NORMAL		
MURMURS		ABSENT		
<b>RESPIRATORY SYSTEM</b>				
SIZE AND SHAPE OF CHEST		NORMAL		
MOVEMENTS OF CHEST		SYMMETRICAL		
BREATH SOUNDS INTENSITY		NORMAL		
BREATH SOUNDS QUALITY		VESICULAR (NORMAL)		
ADDED SOUNDS		ABSENT		
<b>PER ABDOMEN</b>				
APPEARANCE		NORMAL		
VENOUS PROMINENCE		ABSENT		
LIVER		NOT PALPABLE		
SPLEEN		NOT PALPABLE		
HERNIA		ABSENT		
<b>CENTRAL NERVOUS SYSTEM</b>				
HIGHER FUNCTIONS		NORMAL		
CRANIAL NERVES		NORMAL		
CEREBELLAR FUNCTIONS		NORMAL		
SENSORY SYSTEM		NORMAL		
MOTOR SYSTEM		NORMAL		
REFLEXES		NORMAL		
<b>MUSCULOSKELETAL SYSTEM</b>				
SPINE		NORMAL		
JOINTS		NORMAL		
<b>BASIC EYE EXAMINATION</b>				
CONJUNCTIVA		NORMAL		



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PATIENT NAME : GARUDA GOUTAMI

PATIENT ID : GARUF090879194

ACCESSION NO : 0194WA00120

AGE : 43 Years

SEX : Female

ABHA NO :

DRAWN : 12/01/2023 00:00:00

RECEIVED : 12/01/2023 08:45:49

REPORTED : 16/01/2023 12:39:22

REFERRING DOCTOR : DR. MEDIWHEEL

CLIENT PATIENT ID :

Test Report Status	Final	Results	Biological Reference Interval	Units
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EYELIDS		NORMAL		
EYE MOVEMENTS		NORMAL		
CORNEA		NORMAL		
DISTANT VISION RIGHT EYE WITHOUT GLASSES		6/60		
DISTANT VISION LEFT EYE WITHOUT GLASSES		NIL[ABSENT VISION].		
DISTANT VISION RIGHT EYE WITH GLASSES		6/12		
DISTANT VISION LEFT EYE WITH GLASSES		NIL.		
NEAR VISION RIGHT EYE WITHOUT GLASSES		WITHIN NORMAL LIMIT		
NEAR VISION LEFT EYE WITHOUT GLASSES		NIL.		
COLOUR VISION		NORMAL		

## BASIC ENT EXAMINATION

EXTERNAL EAR CANAL		NORMAL		
TYMPANIC MEMBRANE		NORMAL		
NOSE		NO ABNORMALITY DETECTED		
SINUSES		CLEAR		
THROAT		NO ABNORMALITY DETECTED		
TONSILS		NOT ENLARGED		

## BASIC DENTAL EXAMINATION

TEETH		NORMAL		
GUMS		HEALTHY		

## SUMMARY

RELEVANT HISTORY		NOT SIGNIFICANT		
RELEVANT GP EXAMINATION FINDINGS		NOT SIGNIFICANT		
RELEVANT LAB INVESTIGATIONS		WITHIN NORMAL LIMITS		
RELEVANT NON PATHOLOGY DIAGNOSTICS		NO ABNORMALITIES DETECTED		
REMARKS / RECOMMENDATIONS				

ADVICE TO FOLLOWUP WITH OPHTHAMOLOGIST FOR VISUAL CORRECTION.

CONSULT PHYSICIAN FOR ELEVATED BLOOD GLUCOSE LEVELS.

## FITNESS STATUS

FITNESS STATUS

FIT (WITH MEDICAL ADVICE) (AS PER REQUESTED PANEL OF TESTS)



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Patient Ref. No. 19400000342255

CLIENT CODE : C000138398

## CLIENT'S NAME AND ADDRESS :

ACROFEMI HEALTHCARE LTD ( MEDIWHEEL )  
F-703, F-703, LADO SARAI, MEHRAULI  
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ANDHRA PRADESH, INDIA  
Tel : 9111591115, CIN - U74899PB1995PLC045956  
Email : customercare.vizag@srl.in

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**MEDI WHEEL FULL BODY HEALTH CHECKUP ABOVE 40FEMALE****ULTRASOUND ABDOMEN****ULTRASOUND ABDOMEN****MILD HEPATOMEGALY WITH FATTY INFILTRATION****Interpretation(s)**

BLOOD COUNTS,EDTA WHOLE BLOOD-The cell morphology is well preserved for 24hrs. However after 24-48 hrs a progressive increase in MCV and HCT is observed leading to a decrease in MCHC. A direct smear is recommended for an accurate differential count and for examination of RBC morphology.

RBC AND PLATELET INDICES-Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait

(<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients ; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope.

**ERYTHROCYTE SEDIMENTATION RATE (ESR),WHOLE BLOOD-TEST DESCRIPTION :-**

Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic; it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition.CRP is superior to ESR because it is more sensitive and reflects a more rapid change.

**TEST INTERPRETATION**

**Increase** in: Infections, Vasculitis, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging.

Finding a very accelerated ESR(>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum.

**Decreased** in: Polycythemia vera, Sickle cell anemia

**LIMITATIONS**

**False elevated** ESR : Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia

**False Decreased** : Poikilocytosis,(SickleCells,spherocytes),Microcytosis, Low fibrinogen, Very high WBC counts, Drugs(Quinine, salicylates)

**REFERENCE :**

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition;2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin;3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis,10th edition.

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-Used For:

1.Evaluating the long-term control of blood glucose concentrations in diabetic patients.

2.Diagnosing diabetes.

3. Identifying patients at increased risk for diabetes (prediabetes).

The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patient's metabolic control has remained continuously within the target range.

1.eAG (Estimated average glucose) converts percentage HbA1c to mg/dl, to compare blood glucose levels.

2. eAG gives an evaluation of blood glucose levels for the last couple of months.

3. eAG is calculated as  $eAG (mg/dl) = 28.7 * HbA1c - 46.7$

**HbA1c Estimation can get affected due to :**

I.Shortened Erythrocyte survival : Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss,hemolytic anemia) will falsely lower HbA1c test results.Fructosamine is recommended in these patients which indicates diabetes control over 15 days.

II.Vitamin C & E are reported to falsely lower test results.(possibly by inhibiting glycation of hemoglobin.

III.Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia,uremia, hyperbilirubinemia, chronic alcoholism,chronic ingestion of salicylates & opiates addiction are reported to interfere with some assay methods,falsely increasing results.



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**CLIENT CODE :** C000138398

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**PATIENT NAME :** GARUDA GOUTAMI **PATIENT ID :** GARUF090879194

**ACCESSION NO :** 0194WA00120 **AGE :** 43 Years **SEX :** Female **ABHA NO :**

**DRAWN :** 12/01/2023 00:00:00 **RECEIVED :** 12/01/2023 08:45:49 **REPORTED :** 16/01/2023 12:39:22

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IV. Interference of hemoglobinopathies in HbA1c estimation is seen in  
 a. Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.  
 b. Heterozygous state detected (D10 is corrected for HbS & HbC trait.)  
 c. HbF > 25% on alternate platform (Boronate affinity chromatography) is recommended for testing of HbA1c. Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy  
**GLUCOSE FASTING, FLUORIDE PLASMA-TEST DESCRIPTION**  
 Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and so that no glucose is excreted in the urine.

**Increased in**  
 Diabetes mellitus, Cushing's syndrome (10 – 15%), chronic pancreatitis (30%). Drugs: corticosteroids, phenytoin, estrogen, thiazides.

**Decreased in**  
 Pancreatic islet cell disease with increased insulin, insulinoma, adrenocortical insufficiency, hypopituitarism, diffuse liver disease, malignancy (adrenocortical, stomach, fibrosarcoma), infant of a diabetic mother, enzyme deficiency diseases (e.g., galactosemia), Drugs- insulin, ethanol, propranolol; sulfonyleureas, tolbutamide, and other oral hypoglycemic agents.

**NOTE:**  
 While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals. Thus, glycosylated hemoglobin (HbA1c) levels are favored to monitor glycemic control.  
 High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glycosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.  
 GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glycosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc. Additional test HbA1c  
**LIVER FUNCTION PROFILE, SERUM-LIVER FUNCTION PROFILE**

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels result from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease. Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors & scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of hepatocellular injury, to determine liver health. AST levels increase during acute hepatitis, sometimes due to a viral infection, ischemia to the liver, chronic hepatitis, obstruction of bile ducts, cirrhosis.

ALP is a protein found in almost all body tissues. Tissues with higher amounts of ALP include the liver, bile ducts and bone. Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Paget's disease, Rickets, Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilson's disease. GGT is an enzyme found in cell membranes of many tissues mainly in the liver, kidney and pancreas. It is also found in other tissues including intestine, spleen, heart, brain and seminal vesicles. The highest concentration is in the kidney, but the liver is considered the source of normal enzyme activity. Serum GGT has been widely used as an index of liver dysfunction. Elevated serum GGT activity can be found in diseases of the liver, biliary system and pancreas. Conditions that increase serum GGT are obstructive liver disease, high alcohol consumption and use of enzyme-inducing drugs etc. Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is made up of albumin and globulin. Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease. Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc. Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc  
**BLOOD UREA NITROGEN (BUN), SERUM-** Causes of Increased levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)  
 Causes of decreased level include Liver disease, SIADH.

**CREATININE, SERUM-** Higher than normal level may be due to:  
 • Blockage in the urinary tract  
 • Kidney problems, such as kidney damage or failure, infection, or reduced blood flow  
 • Loss of body fluid (dehydration)  
 • Muscle problems, such as breakdown of muscle fibers  
 • Problems during pregnancy, such as seizures (eclampsia), or high blood pressure caused by pregnancy (preeclampsia)

Lower than normal level may be due to:  
 • Myasthenia Gravis  
 • Muscular dystrophy

**URIC ACID, SERUM- Causes of Increased levels:-** Dietary (High Protein Intake, Prolonged Fasting, Rapid weight loss), Gout, Lesch nyhan syndrome, Type 2 DM, Metabolic syndrome

**Causes of decreased levels-** Low Zinc intake, OCP, Multiple Sclerosis

**TOTAL PROTEIN, SERUM-** Serum total protein, also known as total protein, is a biochemical test for measuring the total amount of protein in serum. Protein in the plasma is



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**DIAGNOSTIC REPORT**

Patient Ref. No. 19400000342255



CLIENT CODE : C000138398

**CLIENT'S NAME AND ADDRESS :**ACROFEMI HEALTHCARE LTD ( MEDIWHEEL )  
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ANDHRA PRADESH, INDIA  
Tel : 9111591115, CIN - U74899PB1995PLC045956  
Email : customercare.vizag@srl.in**PATIENT NAME : GARUDA GOUTAMI**PATIENT ID : **GARUF090879194**ACCESSION NO : **0194WA00120** AGE : 43 Years SEX : Female ABHA NO :

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made up of albumin and globulin

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease  
Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage), Burns, Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome, Protein-losing enteropathy etc.

ALBUMIN, SERUM-Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance, malnutrition and wasting etc.

**ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-**

Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

**MEDICAL**

HISTORY-\*\*\*\*\*

THIS REPORT CARRIES THE SIGNATURE OF OUR LABORATORY DIRECTOR. THIS IS AN INVOLABLE FEATURE OF OUR LAB MANAGEMENT SOFTWARE. HOWEVER, ALL EXAMINATIONS AND INVESTIGATIONS HAVE BEEN CONDUCTED BY OUR PANEL OF DOCTORS.

\*\*\*\*\*  
FITNESS STATUS-Conclusion on an individual's Fitness, which is commented upon mainly for Pre employment cases, is based on multi factorial findings and does not depend on any one single parameter. The final Fitness assigned to a candidate will depend on the Physician's findings and overall judgement on a case to case basis, details of the candidate's past and personal history; as well as the comprehensiveness of the diagnostic panel which has been requested for. These are then further correlated with details of the job under consideration to eventually fit the right man to the right job.

Basis the above, SRL classifies a candidate's Fitness Status into one of the following categories:

- Fit (As per requested panel of tests) – SRL Limited gives the individual a clean chit to join the organization, on the basis of the General Physical Examination and the specific test panel requested for.
- Fit (with medical advice) (As per requested panel of tests) - This indicates that although the candidate can be declared as FIT to join the job, minimal problems have been detected during the Pre- employment examination. Examples of conditions which could fall in this category could be cases of mild reversible medical abnormalities such as height weight disproportions, borderline raised Blood Pressure readings, mildly raised Blood sugar and Blood Lipid levels, Hematuria, etc. Most of these relate to sedentary lifestyles and come under the broad category of life style disorders. The idea is to caution an individual to bring about certain lifestyle changes as well as seek a Physician's consultation and counseling in order to bring back to normal the mildly deranged parameters. For all purposes the individual is FIT to join the job.
- Fitness on Hold (Temporary Unfit) (As per requested panel of tests) - Candidate's reports are kept on hold when either the diagnostic tests or the physical findings reveal the presence of a medical condition which warrants further tests, counseling and/or specialist opinion, on the basis of which a candidate can either be placed into Fit, Fit (With Medical Advice), or Unfit category. Conditions which may fall into this category could be high blood pressure, abnormal ECG, heart murmurs, abnormal vision, grossly elevated blood sugars, etc.
- Unfit (As per requested panel of tests) - An unfit report by SRL Limited clearly indicates that the individual is not suitable for the respective job profile e.g. total color blindness in color related jobs.

**\*\*End Of Report\*\*****Please visit [www.srlworld.com](http://www.srlworld.com) for related Test Information for this accession****Dr. Uram Aruna Jyothi  
Consultant Pathologist**

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AGE: 43/F

**SONOGRAPHY OF BREAST**

Real time ultrasound examination of breast was done using high frequency linear probe.

Thickened fibroglandular tissue noted in both breasts  
10 mm cyst in 12 'O' clock position of right breast.

No e/o micro/macro calcification noted.

Retroareolar tissue is normal.

The axillary vessels are normal in caliber.

No e/o Axillary Lymphadenopathy noted.

**IMPRESSION :** FIBROADENOSIS CHANGES IN BOTH BREASTS SIMPLE CYST  
IN RIGHT BREAST.



**DR. B. REVATHI, DMRD**  
**CONSULTANT RADIOLOGIST**

NAME: MRS. G. GOUTAMI

DATE: 12/01/2023

AGE: 43/F

SONOGRAPHY OF ABDOMEN & PELVIS

- Liver** : Liver is 16.3 cms, Mildly enlarged with increased echotexture.  
Portal vein is normal Common bile duct is normal.  
Intrahepatic biliary radicles normal.
- Gall Bladder** : Gall bladder is Normal. Wall is normal. No evidence of any calculi. No evidence of any pericholecystic collection.
- CBD** : Normal
- PV** : Normal
- Pancreas** : Pancreas are normal in size and echotexture. No focal lesions.  
Pancreatic duct is normal.
- Spleen** : 8.0 cms, Normal in size and echotexture.
- Kidneys** : Both kidneys are normal in size & echo texture. No focal lesions.  
No evidence of calculi. No evidence of any hydronephrosis.  
Cortico-medullary differentiation is normal.  
(RIGHT KIDNEY 11.8 x 4.6 cms, LEFT KIDNEY 10.7 x 4.7 cms).
- U. Bladder** : Urinary bladder is Well distended. No calculi. Wall thickness normal
- Uterus** : Measures 7.4x3.2x5.2 cms. Uterus is anteverted and normal size  
and shape Endometrial thickness is 5 mm.
- Both Ovaries** : Right ovary measures 2.3x1.8 cms. Left ovary measures 2.5x1.6 cms  
Both ovaries are normal in size and echotexture
- Misc** : No evidence of any abdominal lymphadenopathy.  
No evidence of any abnormal mass  
No evidence of any free or localized collection of fluid.

**IMPRESSION : MILD HEPATOMEGALY WITH FATTY INFILTRATION**  
DR. B. REVATHI, DMRD  
CONSULTANT RADIOLOGIST