

Form No : 04

PERIODIC MEDICAL EXAMINATION REPORT

Name	: Shiv Shanker Upadhyay	Test Code	: AHC-4
Emp Code	: SU179876	Test Date	: 20-09-2021
Age	: 43 Years	Sex	: Male
Contact No	: 8169449459	Dep. Name	: --
Company Name	: Arcofemi Health Care Ltd.	Job Nature	: --

PHYSIOLOGICAL DATA

Height	: 165 Cms	Weight	: 69 Kgs	Expected Weight	: 60 Kgs
B.P	: 110/70 mmHg	PULSE	: 78 /min	Body Mass Index	: 25.34



MEDICAL HISTORY

<input checked="" type="checkbox"/> Frequent Cold	<input checked="" type="checkbox"/> Frequent Sneezing	<input checked="" type="checkbox"/> Joint Pain
<input checked="" type="checkbox"/> Shortness of breath	<input checked="" type="checkbox"/> Frequent Headache	<input checked="" type="checkbox"/> Chronic Cough
<input checked="" type="checkbox"/> Backache	<input checked="" type="checkbox"/> Intestinal trouble	<input checked="" type="checkbox"/> Ear Discharge
<input checked="" type="checkbox"/> Impaired Hearing	<input checked="" type="checkbox"/> Chest Pain Or Pressure	<input checked="" type="checkbox"/> Diabetes
<input checked="" type="checkbox"/> Recent Loss Of Weight	<input checked="" type="checkbox"/> Allergy To Drugs / Chemical	<input checked="" type="checkbox"/> High BP



PAST OPERATIVE HISTORY

<input checked="" type="checkbox"/> Hydrocele	<input checked="" type="checkbox"/> Renal Calculus	<input checked="" type="checkbox"/> Duodnal Ulcer
<input checked="" type="checkbox"/> Hernia	<input checked="" type="checkbox"/> Tonsillitis	<input checked="" type="checkbox"/> Appendicitis
<input checked="" type="checkbox"/> Cataract	<input checked="" type="checkbox"/> DNS	<input checked="" type="checkbox"/> Piles



OTHER PAST OPERATIVE HISTORY : No

OTHER COMPLAINTS : No

PAST HISTORY : No

FAMILY HISTORY : No

ADDICTIONS : Smoke : No | Drinks : No | Diet : Veg | Pan : No | Tobacco : No | Gutka : No

VISION

WITHOUT GLASSES		WITH GLASSES		COLOUR BLINDNESS
NEAR	R N-6 L N-6	NEAR	R N-6 L N-6	NO
FAR	R 6/9 L 6/12	FAR	R 6/6 L 6/6	



VISION REMARK : NORMAL WITH GLASS

Medical Test Date : 20-09-2021 Test Code : AHC-4
 Name : Shiv Shanker Upadhyay Emp Code : SU179876

CLINICAL EXAMINATION

GENERAL & DERMATOLOGY EXAMINATION			
General Condition	: Good	Nails	: NAD
Oedema Feet	: Absent	Skin	: Normal
Temperature	: Normal	Deformities	: None

CARDIOVASCULAR	Heart Sound	: Normal
-----------------------	-------------	----------

ABDOMEN	Spleen	: Not Palpable	
Liver	: Not Palpable	Other Masses	: NAD

GENITO URINARY	Discharge	: No	
Ext. Genitalia	: Normal	Hydrocele	: Normal

LYMPHATIC AND ENDOCRINE	Thyroid	: Not Palpable
Lymph Nodes	: Not Palpable	

MUSCULO SKETAL	Joints	: NAD	
Bones	: NAD	Posture Spine	: Normal

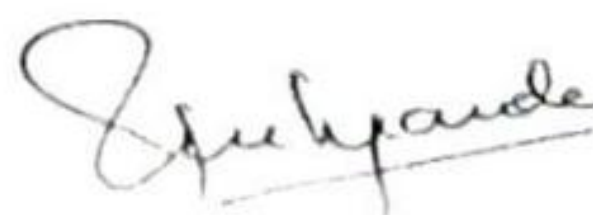
NERVOUS SYSTEM	Reflexes	: Normal	
Sensory System	: Normal	Motor System	: Normal

EYE CHECKUP	Cornea	: Normal	
Conjunctiva	: Normal	Fundus	: NAD
Pupil	: Normal		

SPO2	: 98 %
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E.C.G	: Sinus arrhythmia
PFT	: NA
ADVICE	: Normal Health But Consult with , Cardiologist.
RESULT	: This is to certify that the employee is free from contagious and obnoxious disease including skin & Tuberculosis. Hence found to be fit for the respective job.

*NAD - No Abnormality Ditected
 NA - Not Applicable



Dr. Rahul Deshpande
 M.B.B.S., ORTHO, A.F.I.H. (C.L.I)
 Industrial Health Consultant
Dr. Rahul S Deshpande
 M.B.B.S. D. Ortho A.F.I.H (Mumbai)
 Regd. No. 081019
HARDEV. HEALTH. CARE

Medical Test Date : 20-09-2021 Test Code : AHC-4
 Name : Shiv Shanker Upadhyay Emp Code : SU179876

BLOOD GROUP & RH FACTOR Blood Group : 'O' Rh Typing : 'Positive'

EXAMINATION OF HEMATOLOGY

NAME	RESULT	UNITS	NORMAL RANGE
Haemoglobin	15.8	mg/dl	13 - 17
RBC	5.17	mill/cumm	4.5 - 5.5
PCV / HCT	44.4	%	40 - 50
MCV	85.9	fl	83 - 101
MCH	30.6	pj	27 - 32
MCHC	35.6*	g/dl	31.5 - 34.5
RDW	13.0	%	11.6 - 14
Total WBC Count	6300	mill/cumm	4000 - 10000
Neutrophils	59	%	40 - 80
Lymphocytes	37	%	20 - 40
Monocytes	03	%	2 - 10
Eosinophils	01	%	1 - 6
Basophils	00	%	0 - 1
Platelet Count	325000	per cu. mm.	150000 - 410000
ESR	12	mm	0 - 20
DIABETIC PROFILE			
HbA1c	5.5	mgdl	4 - 6.5
Blood sugar fasting	75.04	mg/dl	70 - 120
Blood sugar post lunch	116.9	mg/dl	80 - 160
KIDNEY FUNCTION TEST			
S. creatinine	1.04	mg/dl	0.5 - 1.5
Uric acid	3.8*	mg/dl	4.5 - 6.7
Urea	19.5	mg/dl	14 - 40
Blood urea nitrogen	9.107	mg/dl	6 - 21
Bun/Creatinine Ratio	18.75	--NA--	10 - 30

EXAMINATION OF URINE

PHYSICAL EXAMINATION	CHEMICAL EXAMINATION	MICROSCOPIC EXAMINATION
Quantity : 30ml	Proteins : Absent	Erythrocytes : Absent
Color : Pale Yellow	Glucose : Absent	Epithelial Cell : 2-3 hpf
Appearance : Clear	Specific Gravity : 1.020	Pus Cell : 5-6 hpf
Deposite : Absent	Ketones : Absent	Bacteria : Not seen
Urobilinogen : Absent	Occult Blood : Negative	Casts : Not seen
	Nitrite : Absent	Crystals : Not seen
		A. Material : Not seen

N.B. : Above investigation have their limitations and should be interpreted by referring physician accordingly. Solitary Radiological/Pathological and other investigations do not confirm the final diagnosis of disease.

S. N. Tripathi

Dr. Surya N. Tripathi
 Consulting Pathologist
 www.hardevhealthcare.com Reg No. 2000/04/1994@hardevhealthcare.com

Test Code AHC-4
Emp Code : SU179876
Patient Name : Shiv Shanker Upadhyay
Age : 43 Years Gender : Male

Collected On : 20 September 2021
Received in Lab : 21 September 2021
Reported On : 22 September 2021

STOOL EXAMINATION

Investigation	Observed Value
PHYSICAL EXAMINATION	
Colour	Light Yellow
Form And Consistency	Semi Solid
Mucus	Absent
Frank Blood	Absent
Adult Worms	Absent
CHEMICAL EXAMINATION	
Reaction	Acidic
Occult Blood	Negative
MICROSCOPIC EXAMINATION	
Pus cells	1-2 /hpf
Red Blood Cell	Absent
Epithelial Cell	2-3 /hpf
Ova	Absent
Cyst	Absent
Trophozoites	Absent
Fat Bodies	Absent
Starch	Absent
Undigested Material	Absent
Budding Yeast	Absent
Others	Absent

—End Of Report—

Result relate only to the sample as recieved. Kindly correlate with clinical conditions.

REGN.NO.	: 06347	REGN. DATE	: 20-Sep-2021
PATIENT NAME	: Mr. Shiv Shankar Upadhaya	CENTER	: Hardev Health Care
AGE/SEX	: 43 Years / Male	BARCODE	
REFERRED BY	: Hardev Hospital (Opd)		

BIOCHEMISTRY

PARAMETER	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
BLOOD GLUCOSE FASTING			
GLUCOSE- FASTING	: 75.04	mg/dL	60-100
URINE SUGAR	: Absent		
URINE KETONE	: Absent		
BLOOD GLUCOSE POST MEAL			
BLOOD GLUCOSE PP	: 116.90	mg/dL	65-140
URINE GLUCOSE	: Absent		
URINE KETONE	: Absent		

INTERPRETATION

AS PER AMERICAN DIABETES ASSOCIATION 2015 UPDATE FASTING GLUCOSE LEVEL-

Normal glucose tolerance : 70-110 mg/dl

Impaired Fasting glucose (IFG) : 110-125 mg/dl

Diabetes mellitus : ≥ 126 mg/dl

POSTPRANDIAL/POST GLUCOSE (75 grams)

Normal glucose tolerance : 70-139 mg/dl

Impaired glucose tolerance : 140-199 mg/dl

Diabetes mellitus : ≥ 200 mg/dl

CRITERIA FOR DIAGNOSIS OF DIABETES MELLITUS

Fasting plasma glucose ≥ 126 mg/dl

Classical symptoms + Random plasma glucose ≥ 200 mg/dl

Plasma glucose ≥ 200 mg/dl (2 hrs after 75 grams of glucose)

Glycosylated haemoglobin $> 6.5\%$

***Any positive criteria should be tested on subsequent day with same or other criteria.

Test Done On Fully Automated ERBA EM200 Biochemistry Analyser

----- END OF REPORT -----

S. N. Tripathi

Dr Surya N. Tripathi
Reg No- 2000/04/1994

Medical Test Date : 20-09-2021 Test Code : AHC-4
 Name : Shiv Shanker Upadhyay Emp No : SU179876

BIOCHEMICAL EXAMINATION

LIPID PROFILE	RESULT	UNITS	NORMAL RANGE
Total cholesterol	161.4	mg/dl	130 - 200
Hdl cholestrol	42	mg/dl	40 - 60
Ldl cholestrol	93.76*	mg/dl	95 - 145
VLDL	25.64	mg/dL	2 - 30
LDL/HDL RATIO	2.23	--NA--	0.5 - 3.5
Triglycerides	128.2	mg/dl	70 - 140
Cholesterol/HDL Ratio	3.84	mg/dl	0 - 4.5
LIVER FUNCTIN TEST			
Total bilirubin	0.5	mg/dl	0.2 - 1.2
Direct bilirubin	0.2	mg/dl	0 - 0.5
Indirect bilirubin	0.3	mg/dl	0 - 0.3
SGOT	33.60	/ml	0 - 40
SGPT	21.22	/ml	0 - 40
Protein	7.4	g/dl	6 - 8
Albumin	4.2	g/dl	3.5 - 5.5
S. Globulin	3.2	g/dl	2.5 - 3.5
Alkaline phosphatase	84.63	u/l	50 - 150
GGT	11.7	u/l	10 - 50
A/G Ratio	0.9*	--NA--	1 - 2.3

S. N. Tripathi

Dr. Surya N. Tripathi
 Consulting Pathologist
 Reg No - 2000/04/1994

TEST DATE : 20-09-2021
REF. BY : HARDEV HEALTH CARE
EMP CODE : SU179876
NAME : Shiv Shanker Upadhyay
TEST ASKED: TSH

TEST NAME	TECHNOLOGY	VALUE	UNITS	REFERENCE RANGE
T3	C.L.I.A.	125.62	ng/dl	60 - 200
T4	C.L.I.A.	9.20	µg/dl	4.5 - 12
Thyroid Stimulating Hormone (TSH)	C.L.I.A.	1.22	µIU/mL	0.3 - 5.5

Comments : ***

Please correlate with clinical conditions.

Method :

TSH - ULTRA SENSITIVE SANDWICH CHEMI LUMINESCENT IMMUNO ASSAY

--End Of Report--

Sample Collected on (SCT) : 20-09-2021
Sample Received on (SRT) : 21.09.2021
Report Released on (RRT) : 22 September 2021
Sample Type : SERUM
Labcode : 110741711/AND45
Test Code : AHC-4

Dr.Durgaprasad N Agrawal MD Dr.Caesar Sengupta MD

Medical Test Date : 20-09-2021

Test Code : AHC-4

Name : Shiv Shanker Upadhyay

Emp Code : SU179876

X-RAY OF THE CHEST P.A. VIEW

There is no mediastinal shift.

The heart and aorta appears to be normal.

No pleural abnormality is noted.

The bony thorax is normal.

IMPRESSION : Normal Study**SUGGEST** : Clinico pathological correlation & sos f/u.

Please note that imaging conclusion need to be correlated with clinical findings & other investigations for final diagnosis.

Dr. N.P. CHHALLANI,
MBBS., DMRE, AFIH
TMC/MOH/PNDT/234

Medical Test Date : 20-09-2021

Test Code : AHC-4

Name : Shiv Shanker Upadhyay

Emp Code : SU179876

3ch x 4 + (1ch)

Name: Shiv shanker

ID: 20210920115110

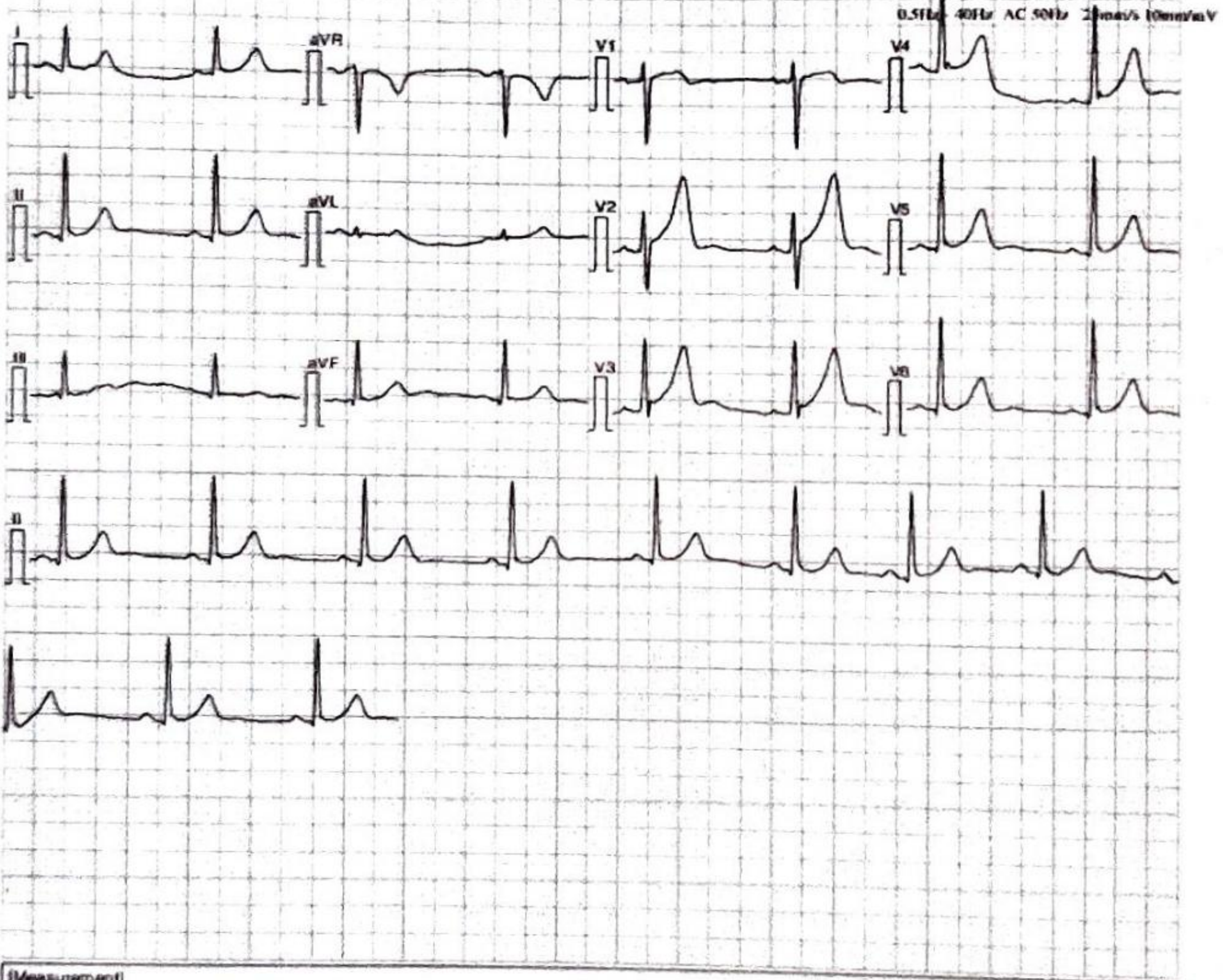
Sex: Male

Date of Birth: 1978/01/10 (43yrs)

Hospital:

Department:

Check Time: 2021-09-20 11:51:29



[Measurement]			
HR:	64 bpm	P' Width:	68 ms
P Axis:	40 deg	PR Interval:	136 ms
QRS Axis:	55 deg	QRS Duration:	82 ms
T Axis:	30 deg	QT/QTc Interval:	382/394 ms
[Analysis Result]			
"normal ECG"			
Sinus arrhythmia			

Sinus Arrhythmia

Notes: All the parameters and conclusions should be confirmed by doctor

Khang

Dr. Kailash Changani
M.D.(Med)
Reg No - 58574

DR. RAJAT BALIGA

MBBS, M. D. (Radiology), D. N. B.

CONSULTANT RADIOLOGIST & SONOLOGIST

RADIANCE SONOGRAPHY CENTRE



RADIANCE DIAGNOSTIC CENTRE

19, Shree Mangal Karyalay,
Opp. Shree Nagar Vidya Mandir, Shree Nagar,
Wagle Estate, Thane - 400 604 • Tel.: 7208542237

..... Experience the Difference

3, Durvankur, Near Panch Parmeshwar Mandir,
Kishan Nagar I, Wagle Estate, Thane - 400 604.
Tel.: 7208542237

NAME : SHIVSHANKAR UPADHYAY	AGE/SEX : 43 Y/M
REF BY : HARDEV HEALTH CARE	DATE: 20/09/2021

REAL TIME ABDOMINAL ULTRASOUND REPORT

LIVER :

Normal size liver with mildly raised parenchymal echo pattern. No evidence of any solid or cystic intra-hepatic lesion is noted. The portal and hepatic veins appear normal. No evidence of any dilated intra or extra hepatic biliary radicals noted. CBD is not dilated.

GALL-BLADDER:

The physiologically dilated gall bladder is visualized and appears normal. No evidence of any gall stones noted. No e/o wall thickening or peri-cholecystic free fluid.

PANCREAS :

It is normal in size and reflectivity. No evidence of peripancreatic collection. MPD is not dilated.

SPLEEN :

The spleen is normal in size and shows normal parenchymal echo pattern.

KIDNEYS :

No evidence of any renal mass, hydronephrosis or renal calculi noted. Cortico-medullary differentiation is maintained on both sides. Bilateral renal parenchymal thickness appears normal. The right kidney measures 9.5 x 3.9 cms. The left kidney measures 9.0 x 4.9 cms.

No evidence of ascites or significant para aortic lymphadenopathy. Bowel loops are not dilated .

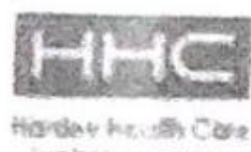
Anatomically normal urinary bladder. No e/o calculus or wall thickening or debris seen.

Prostate gland is normal in size, measures 3.2 x 2.9 x 2.7 cms corresponding to 13 gms.

CONCLUSION :

- Fatty liver grade 2

DR. RAJAT BALIGA
MBBS, MD (Radiology), DNB
FMF (Fetal Medical Foundation) ID- 176269



Summary

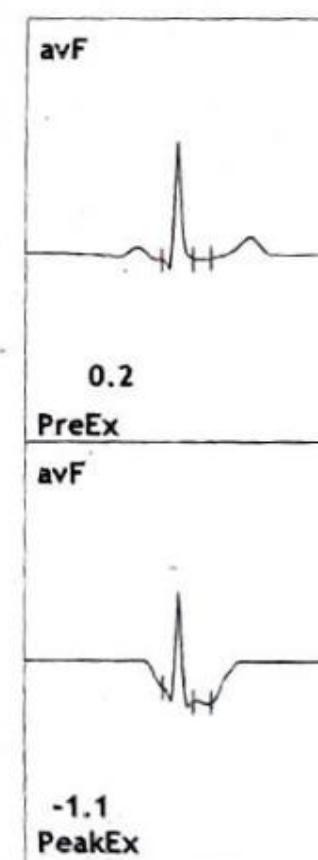
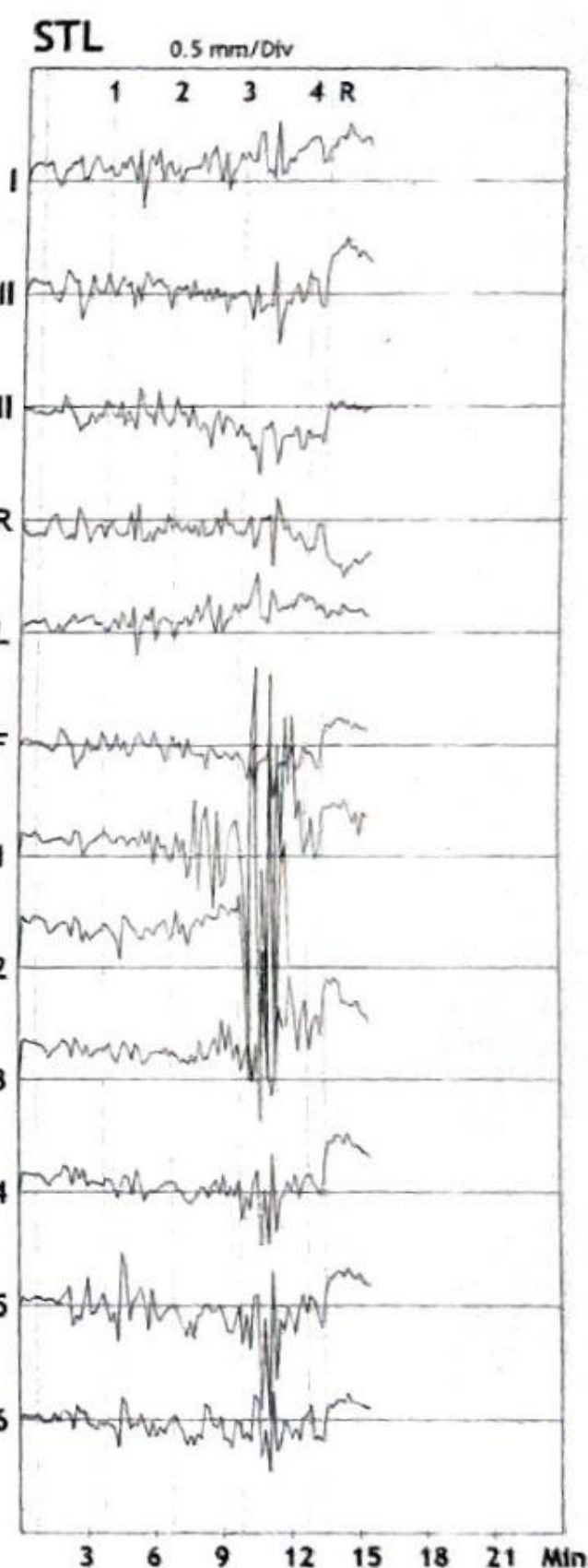
Hardev Health Care LLP

110/Shiv Shanker 43 Yrs/Male 69 Kg/165 Cms
Date: 20-Sep-2021 01:12:09 PM

Ref.By :
Medication : Nil
Objective : FOR TESTING PURPOSE ONLY.

Protocol : BRUCE
History : Nil

Stage	StageTime (Min:Sec)	PhaseTime (Min:Sec)	Speed (mph)	Grade (%)	METs	H.R. (bpm)	B.P. (mmHg)	R.P.P. x100	PVC	Comments
Supine					1.0	89	---/---	0	-	
Standing					1.0	91	---/---	0	-	
HV					1.0	84	---/---	0	-	
ExStart					1.0	87	---/---	0	-	
Stage 1	3:01	3:02	1.7	10.0	4.7	123	---/---	0	-	
Stage 2	3:01	6:02	2.5	12.0	7.1	149	---/---	0	-	
Stage 3	3:01	9:02	3.4	14.0	10.2	171	---/---	0	-	
Stage 4	3:01	12:02	4.2	16.0	13.5	187	---/---	0	-	
PeakEx	0:46	12:47	0.0	0.0	13.7	178	---/---	0	-	
Recovery	1:00		0.0	0.0	7.5	147	---/---	0	-	



Findings :

Exercise Time :12:46
 Max HR Attained :187 bpm 94% of Max Predictable HR 200
 Max BP : 0/0(mmHg)
 Max WorkLoad attained :13.7(Good Effort Tolerance)

Advice/Comments:

Dr. Ameya S. Chavan
 Dr. Ameya S. Chavan (MD, Dm Cardiology)



12 Lead + Median

Hardev Health Care LLP

110/Shiv Shanker
43 Yrs/Male
69 Kg/165 Cms
Date: 20-Sep-2021 01:12:09 PM

HR: 87 bpm
METS: 1.0
BP: ---/---

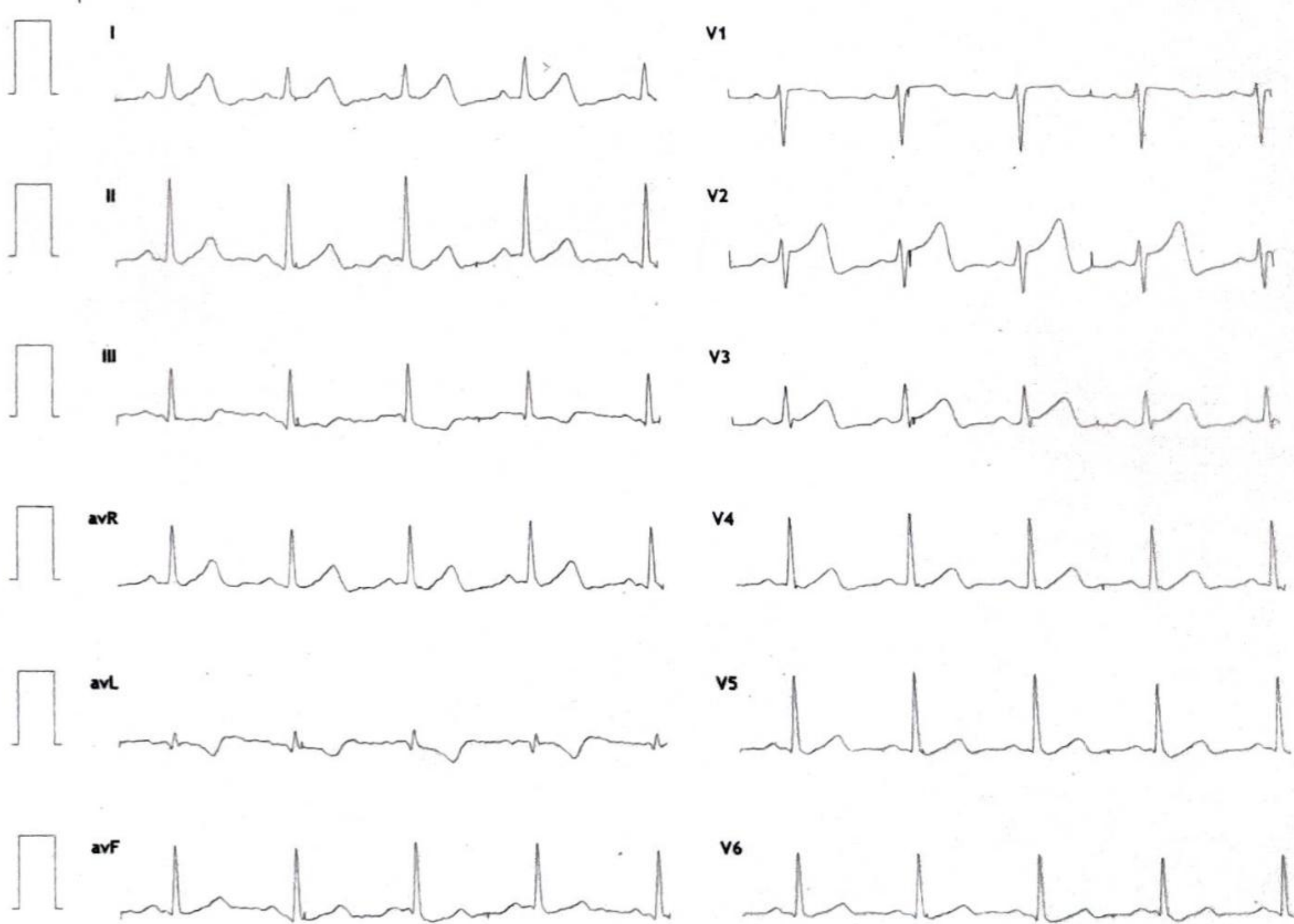
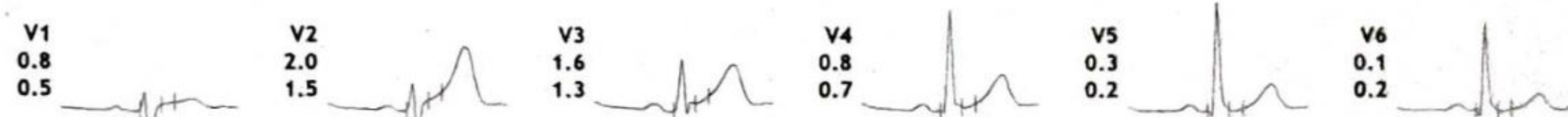
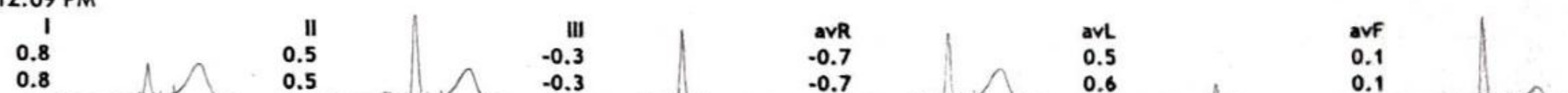
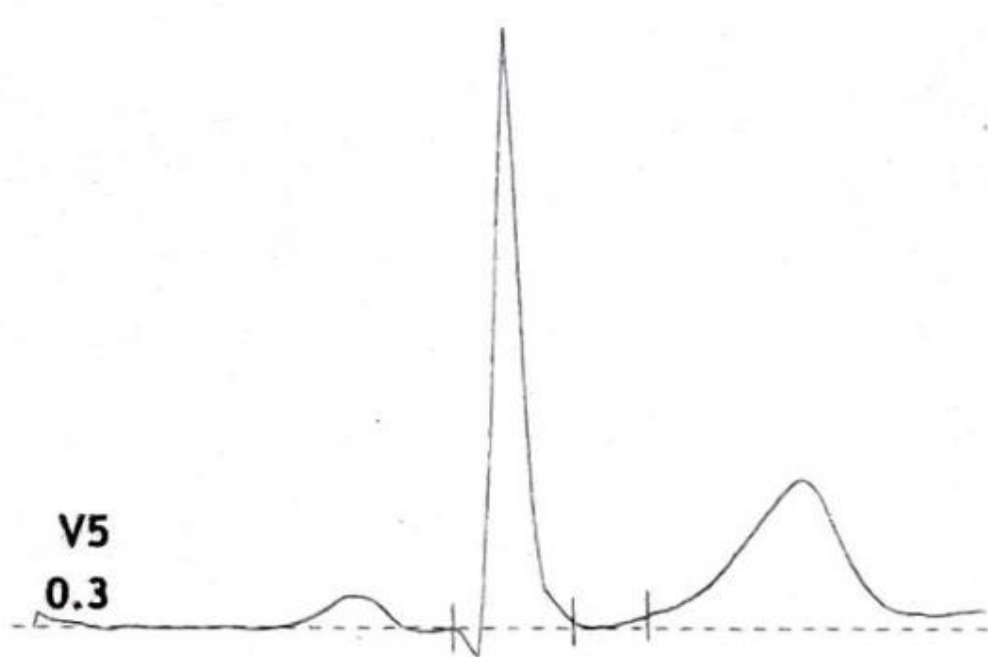
MPHR: 43% of 200
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 00:31
BLC :On
Notch :On

Supine
10.0 mm/mV
25 mm/Sec.

4X 80 mS Post J





12 Lead + Median

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110/Shiv Shanker
43 Yrs/Male
69 Kg/165 Cms
Date: 20-Sep-2021 01:12:09 PM

HR: 85 bpm
METS: 1.0
BP: ---/---

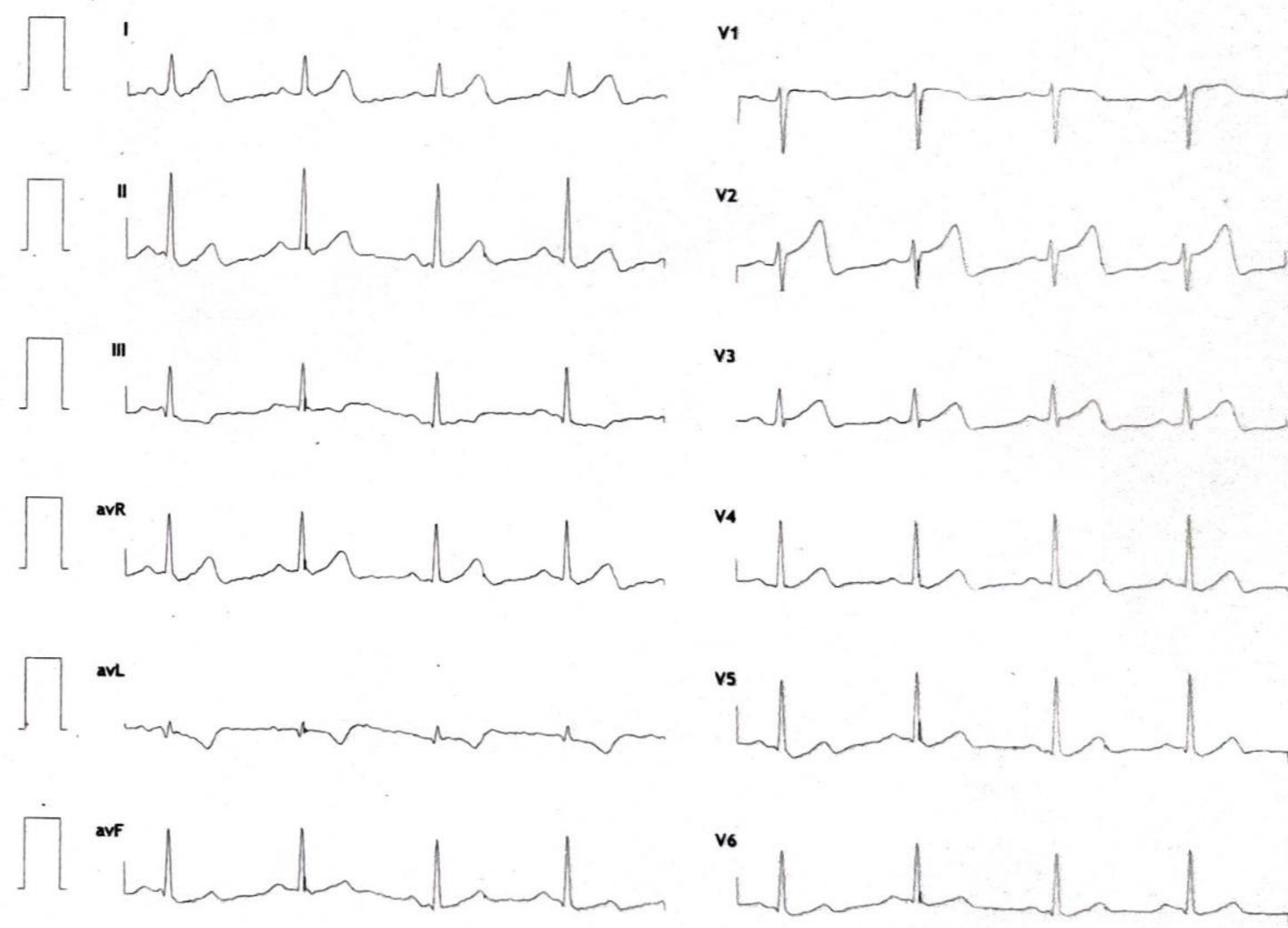
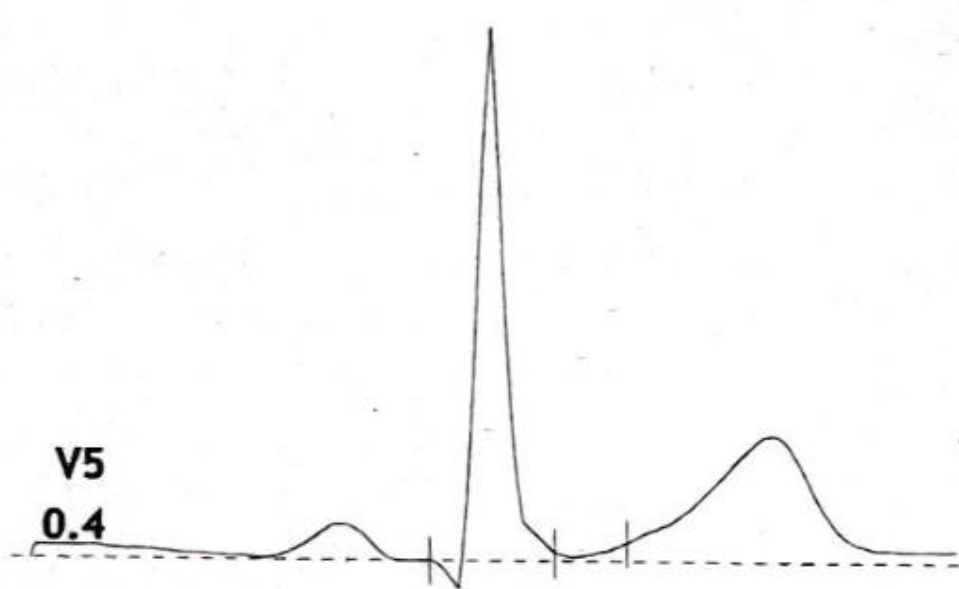
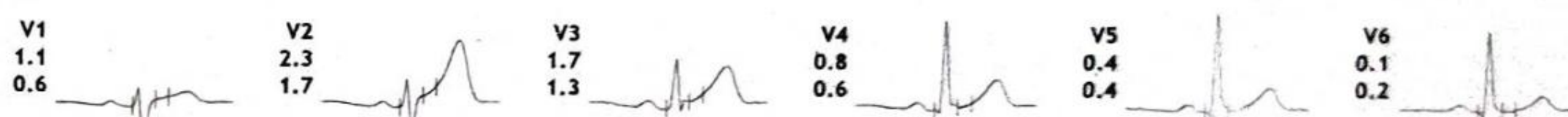
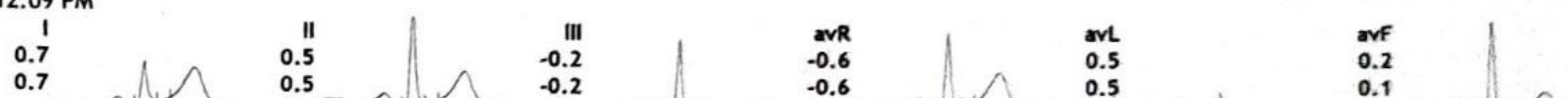
MPHR: 42% of 200
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 00:39
BLC : On
Notch : On

HV
10.0 mm/mV
25 mm/Sec.

4X 80 mS Post J





12 Lead + Median

Hardev Health Care LLP

110/Shiv Shanker
43 Yrs/Male
69 Kg/165 Cms
Date: 20-Sep-2021 01:12:09 PM

HR: 93 bpm
METS: 1.0
BP: ---/---

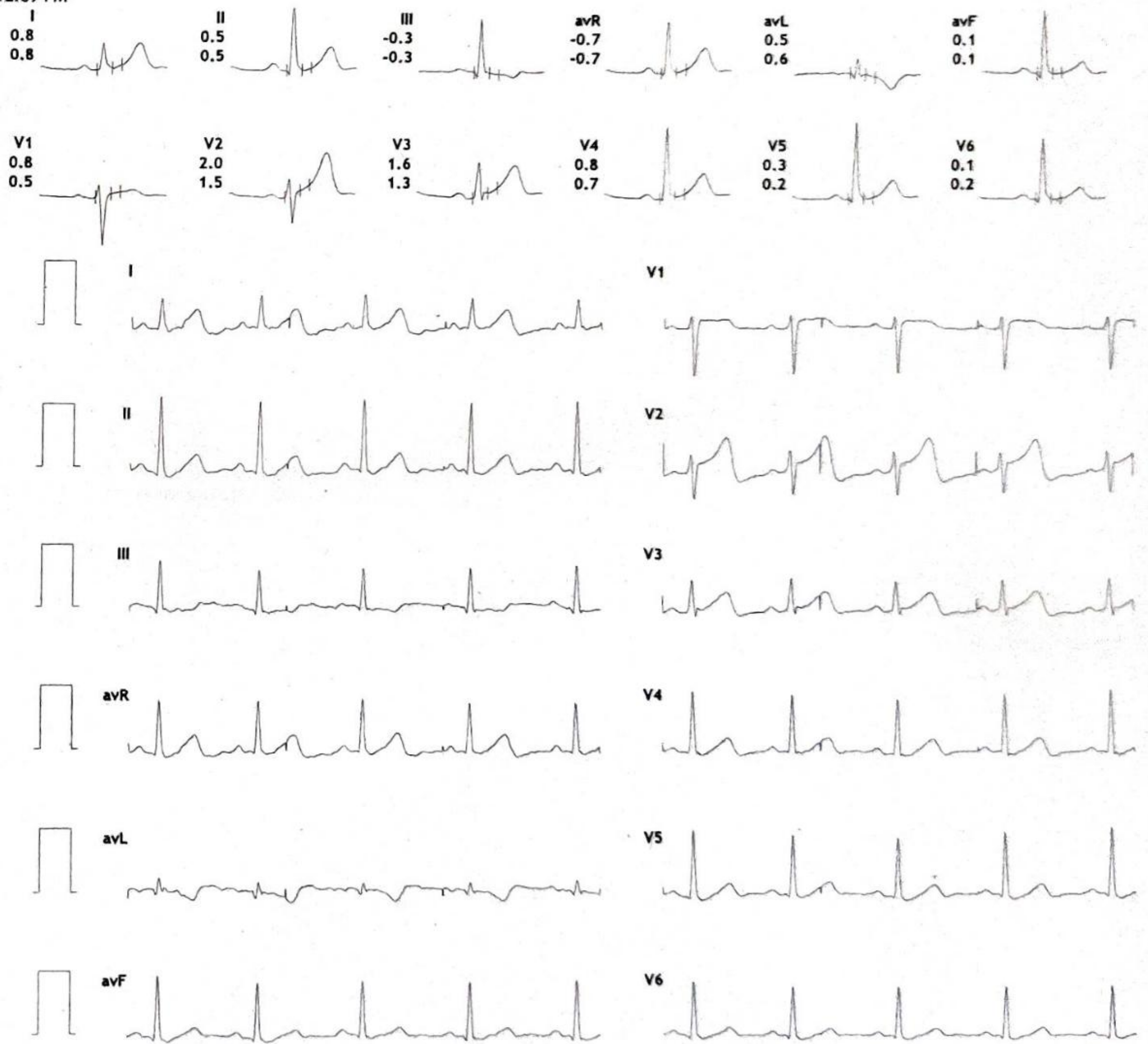
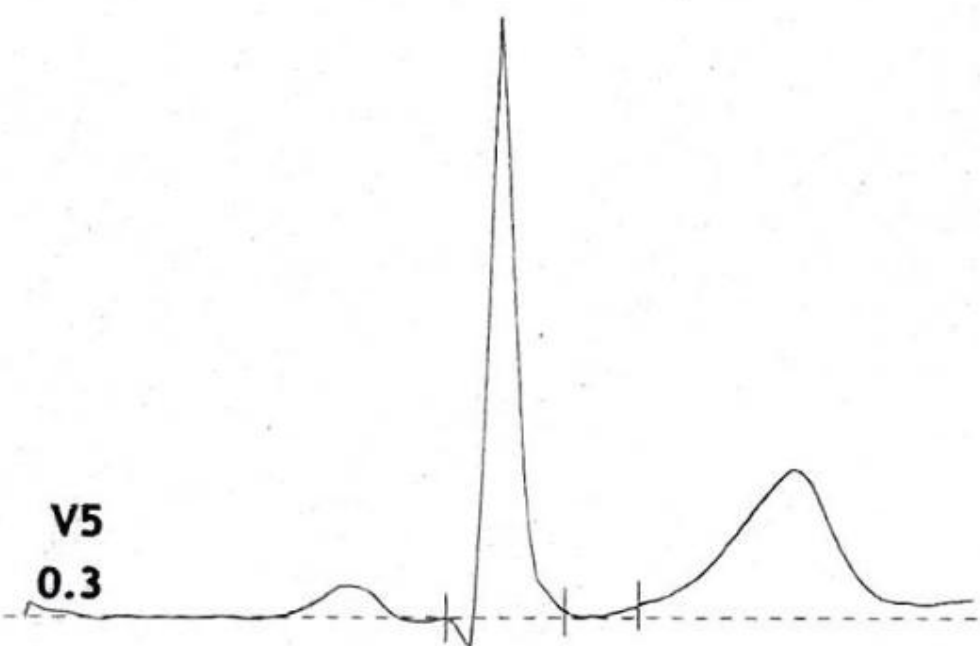
MPCR: 46% of 200
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 00:35
BLC : On
Notch : On

Standing
10.0 mm/mV
25 mm/Sec.

4X 80 mS Post J





12 Lead + Median

Hardev Health Care LLP

110/Shiv Shanker
43 Yrs/Male
69 Kg/165 Cms
Date: 20-Sep-2021 01:12:09 PM

HR: 123 bpm
METS: 4.7
BP: ---/---

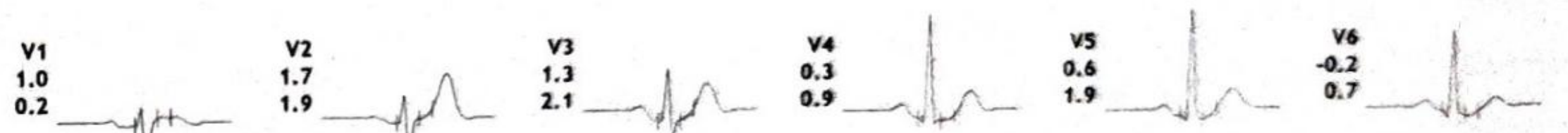
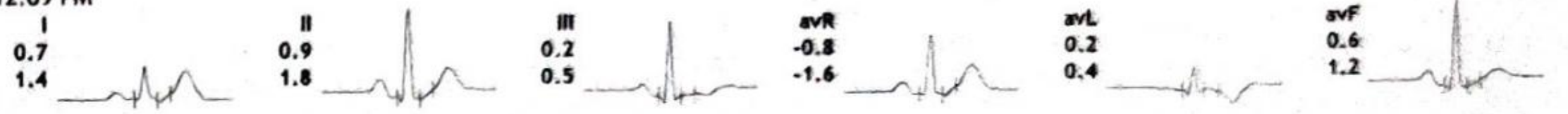
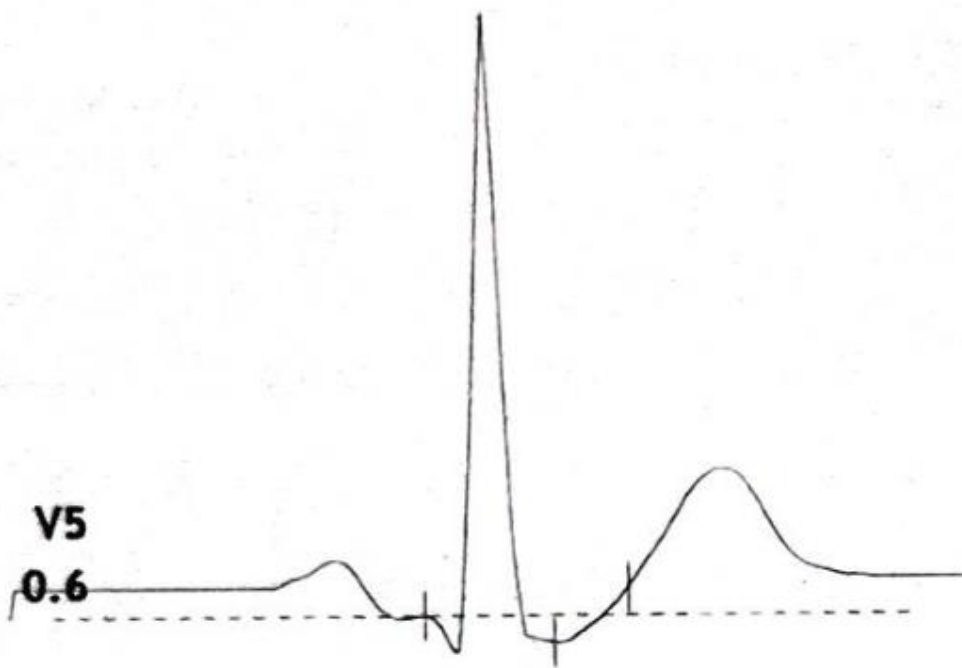
MPCR: 61% of 200
Speed: 1.7 mph
Grade: 10.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 03:00
BLC :On
Notch :On

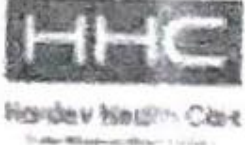
BRUCE:Stage 1(3:00)
10.0 mm/mV
25 mm/Sec.

4X 80 mS Post J



http://www.rmsindia.com © 145 StressTest (VEGA201_v0.0.5)

Print Date: 22-Sep-2021



12 Lead + Median

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110/Shiv Shanker
43 Yrs/Male
69 Kg/165 Cms
Date: 20-Sep-2021 01:12:09 PM

HR: 149 bpm
METS: 7.1
BP: ---/---

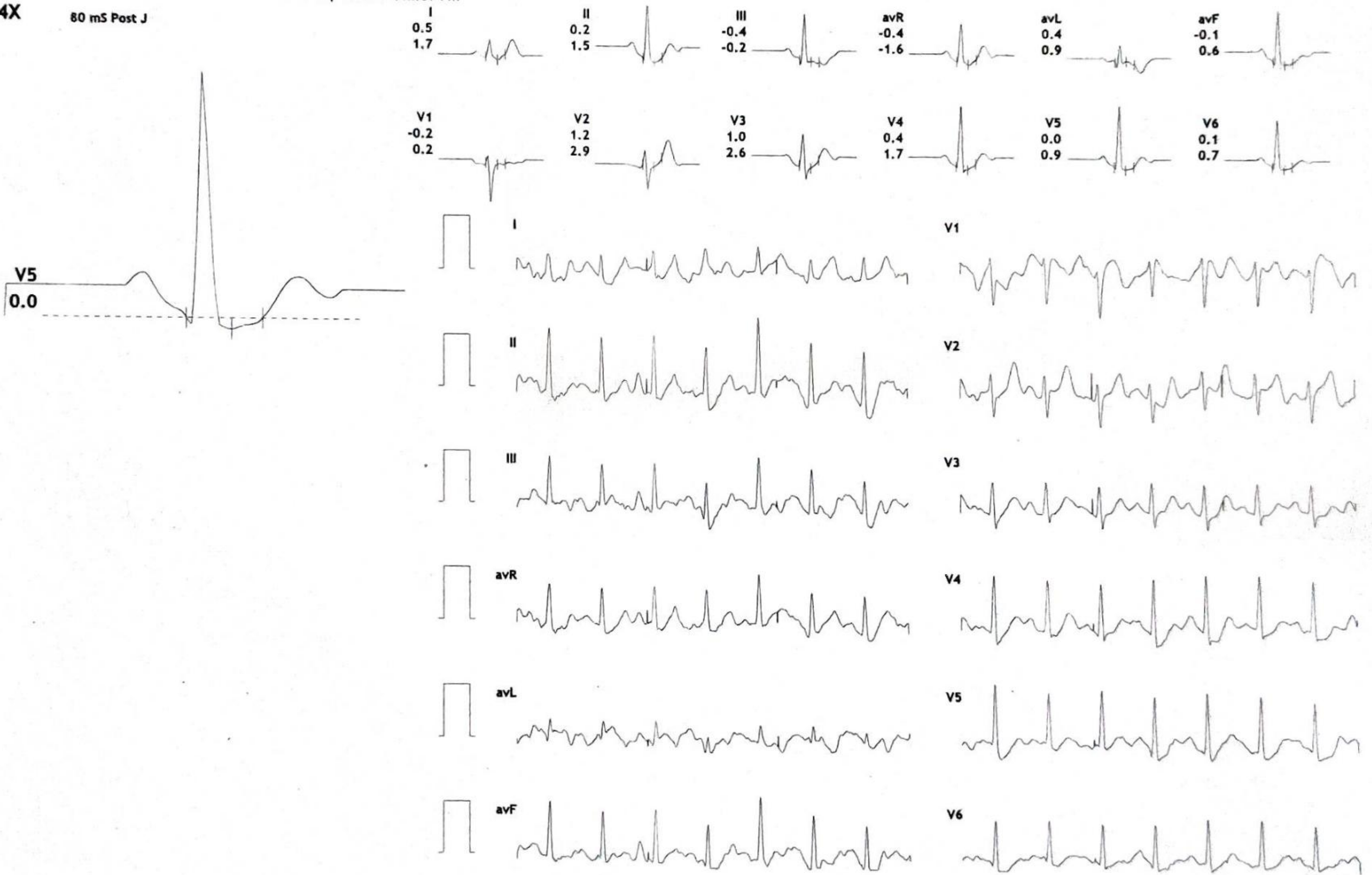
MPHR: 74% of 200
Speed: 2.5 mph
Grade: 12.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 06:00
BLC : On
Notch : On

BRUCE: Stage 2(3:00)
10.0 mm/mV
25 mm/Sec.

4X 80 mS Post J





12 Lead + Median

Hardev Health Care LLP

110/Shiv Shanker
43 Yrs/Male
69 Kg/165 Cms
Date: 20-Sep-2021 01:12:09 PM

HR: 171 bpm
METS: 10.2
BP: ---/---

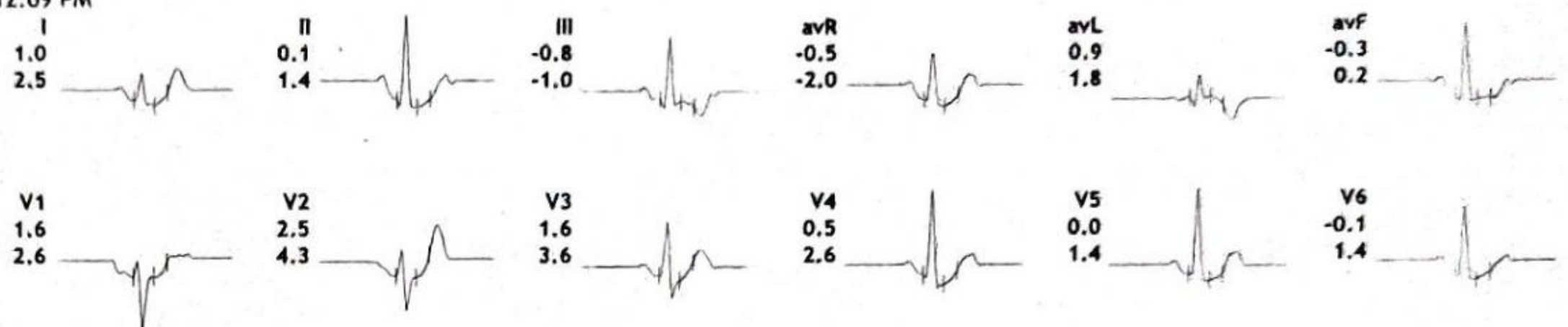
MPHR: 85% of 200
Speed: 3.4 mph
Grade: 14.0%

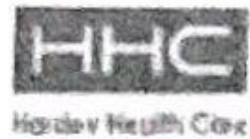
Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 09:00
BLC : On
Notch : On

BRUCE: Stage 3(3:00)
10.0 mm/mV
25 mm/Sec.

4X 80 mS Post J





12 Lead + Median

Hardev Health Care LLP

110/Shiv Shanker
43 Yrs/Male
69 Kg/165 Cms
Date: 20-Sep-2021 01:12:09 PM

HR: 187 bpm
METS: 13.5
BP: ---/---

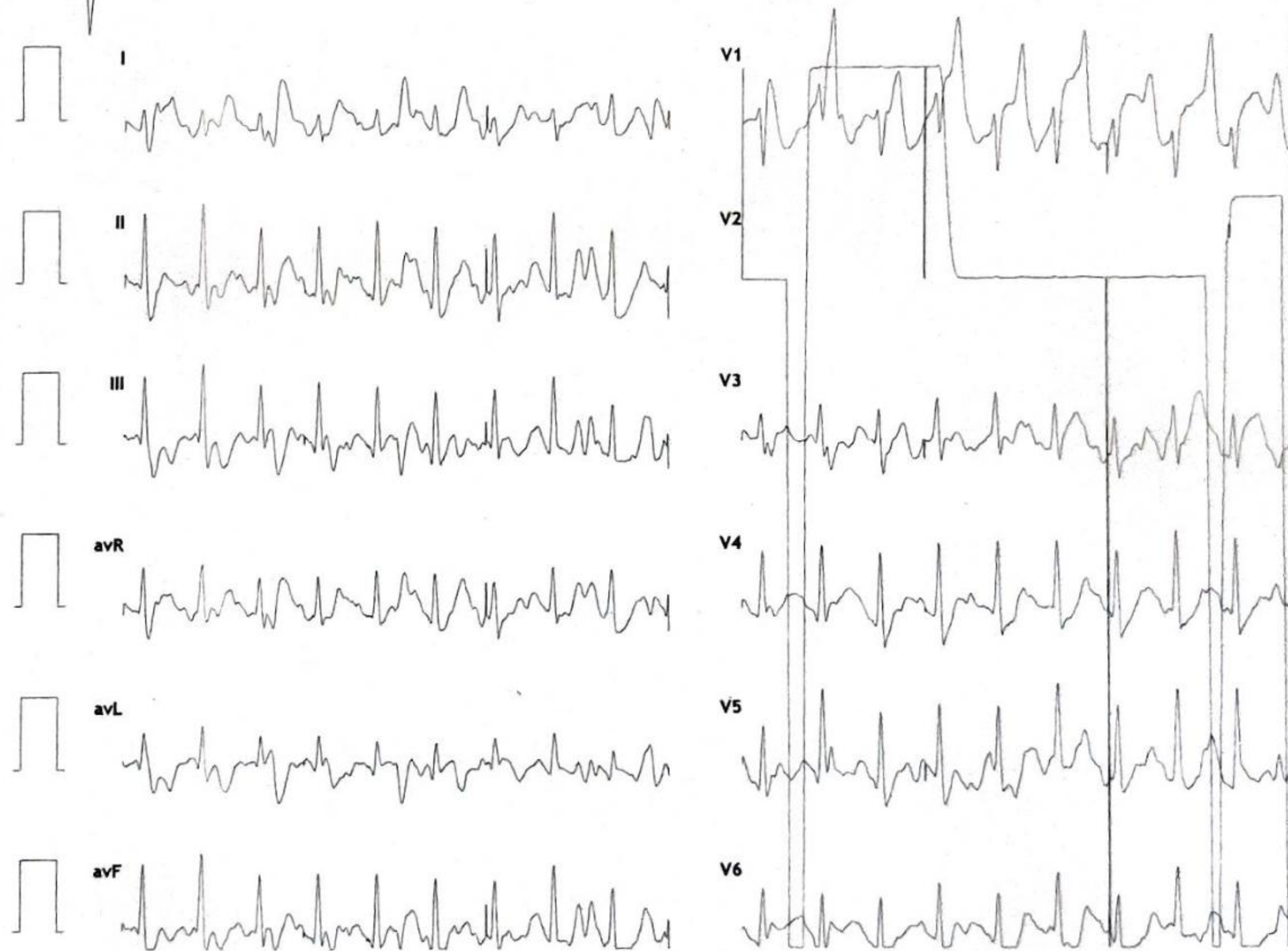
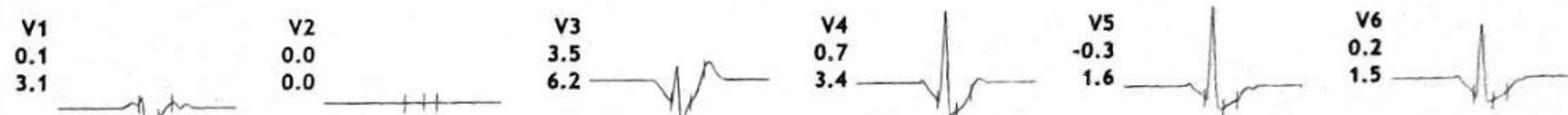
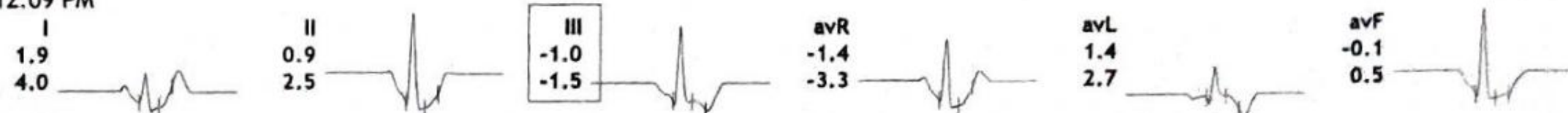
MPHR: 93% of 200
Speed: 4.2 mph
Grade: 16.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 12:00
BLC :On
Notch :On

BRUCE:Stage 4(3:00)
10.0 mm/mV
25 mm/Sec.

4X 80 mS Post J





12 Lead + Median

Hardev Health Care LLP

110/Shiv Shanker
43 Yrs/Male
69 Kg/165 Cms
Date: 20-Sep-2021 01:12:09 PM

HR: 149 bpm
METS: 7.6
BP: ---/---

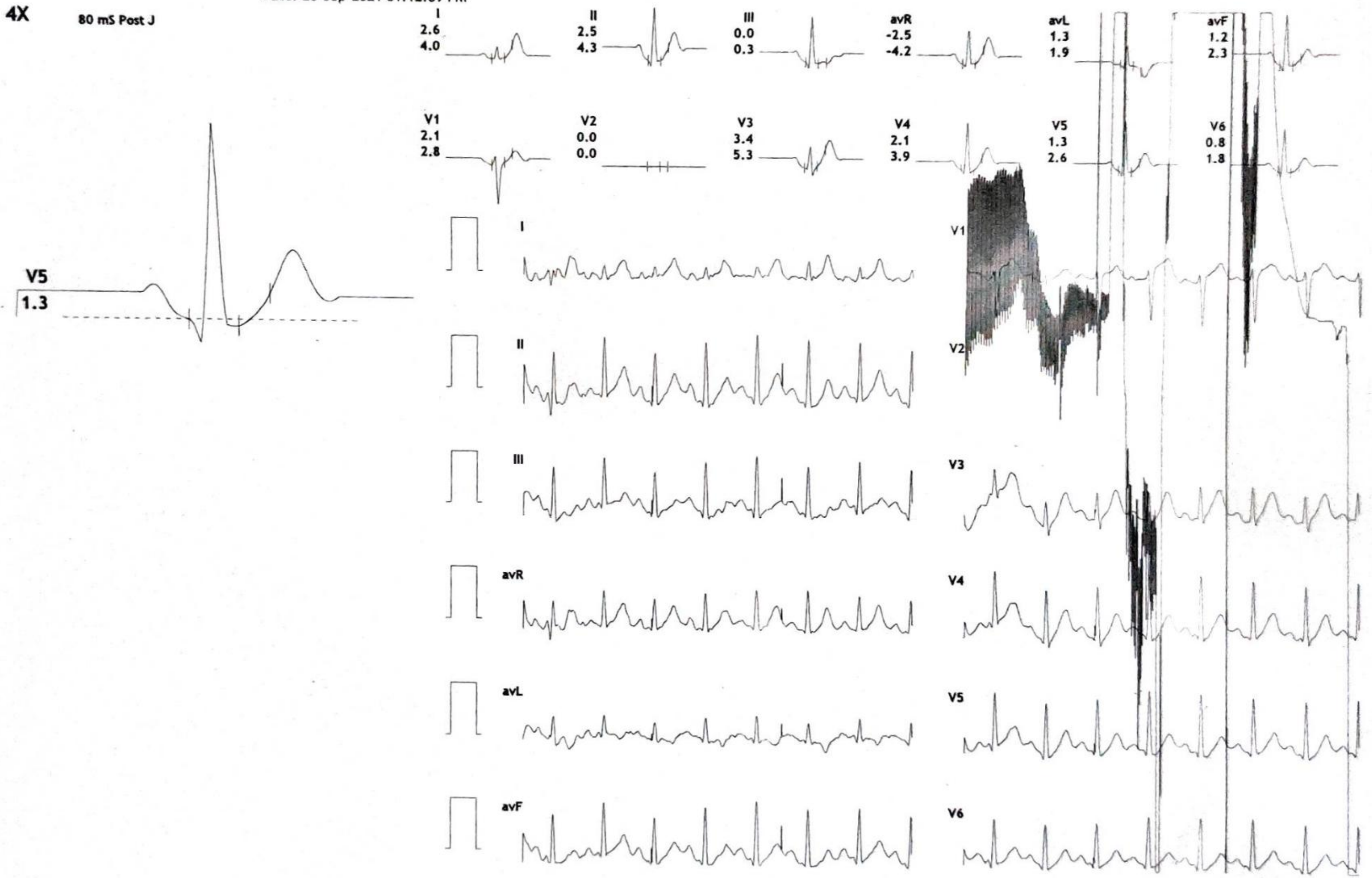
MHR: 74% of 200
Speed: 1.1 mph
Grade: 0.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 12:46
BLC :On
Notch :On

Recovery(1:00)
10.0 mm/mV
25 mm/Sec.

4X 80 mS Post J





12 Lead + Median

Hardev Health Care LLP

110/Shiv Shanker
43 Yrs/Male
69 Kg/165 Cms
Date: 20-Sep-2021 01:12:09 PM

HR: 180 bpm
METS: 13.7
BP: ---/---

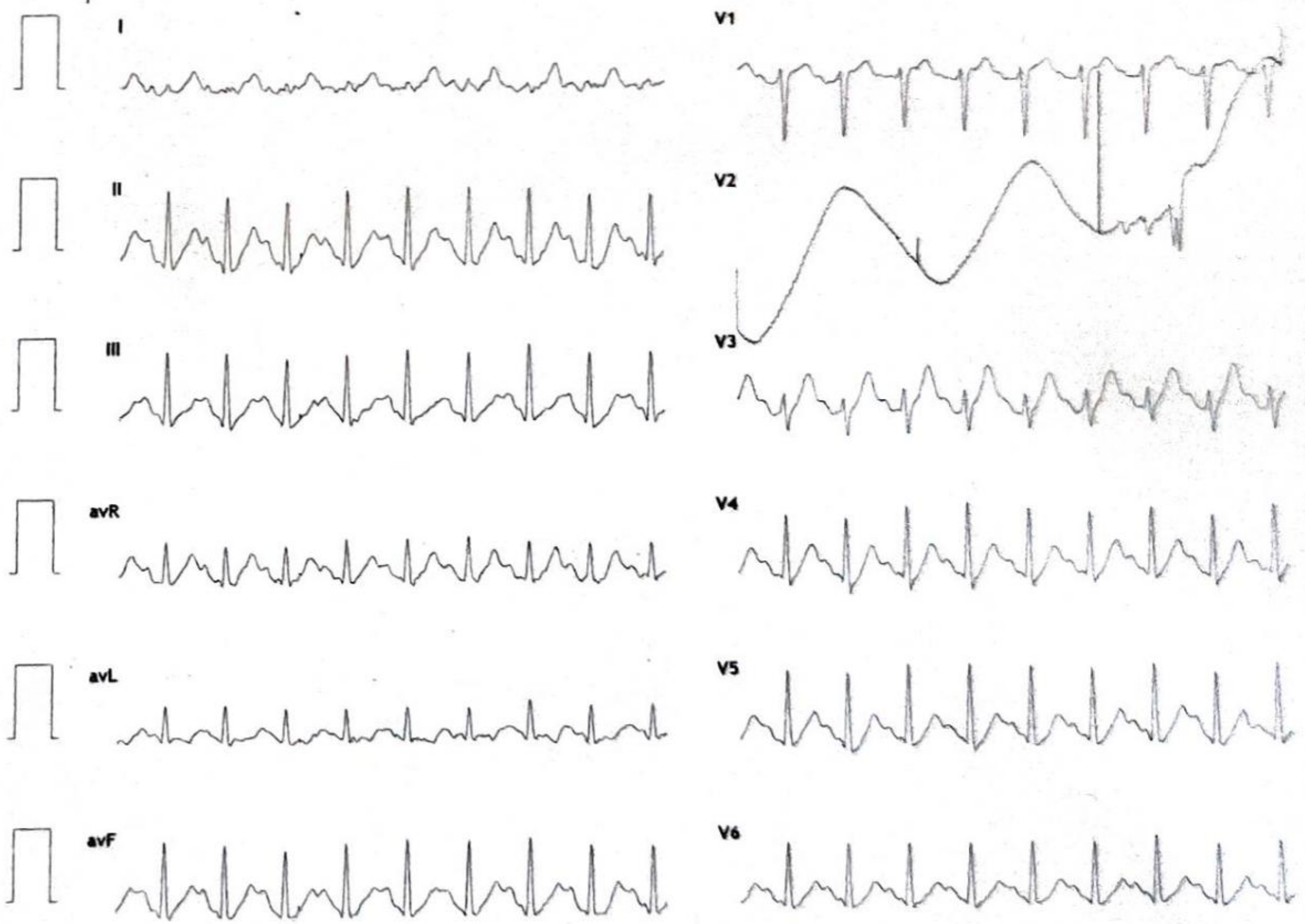
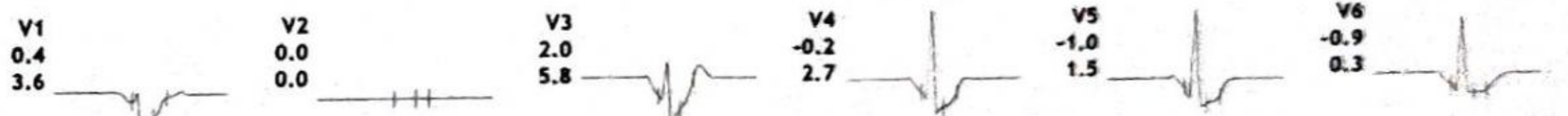
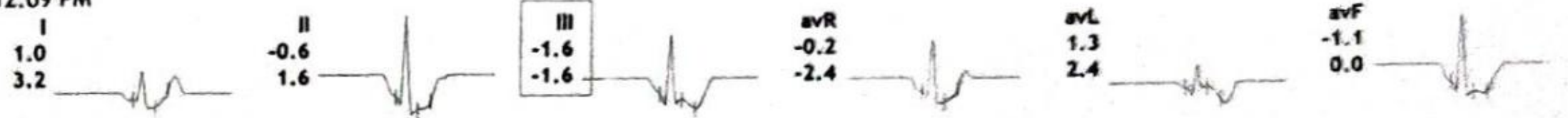
MPHR: 90% of 200
Speed: 0.0 mph
Grade: 0.0%

Raw ECG
BRUCE
(1.0-100)Hz

Ex Time 12:44
BLC : On
Notch : On

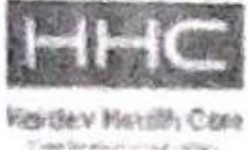
BRUCE: PeakEx(0:44)
10.0 mm/mV
25 mm/Sec.

4X 80 mS Post J



http://www.resonance.com © PMS StressTest (VEGA201_v0.0.5)

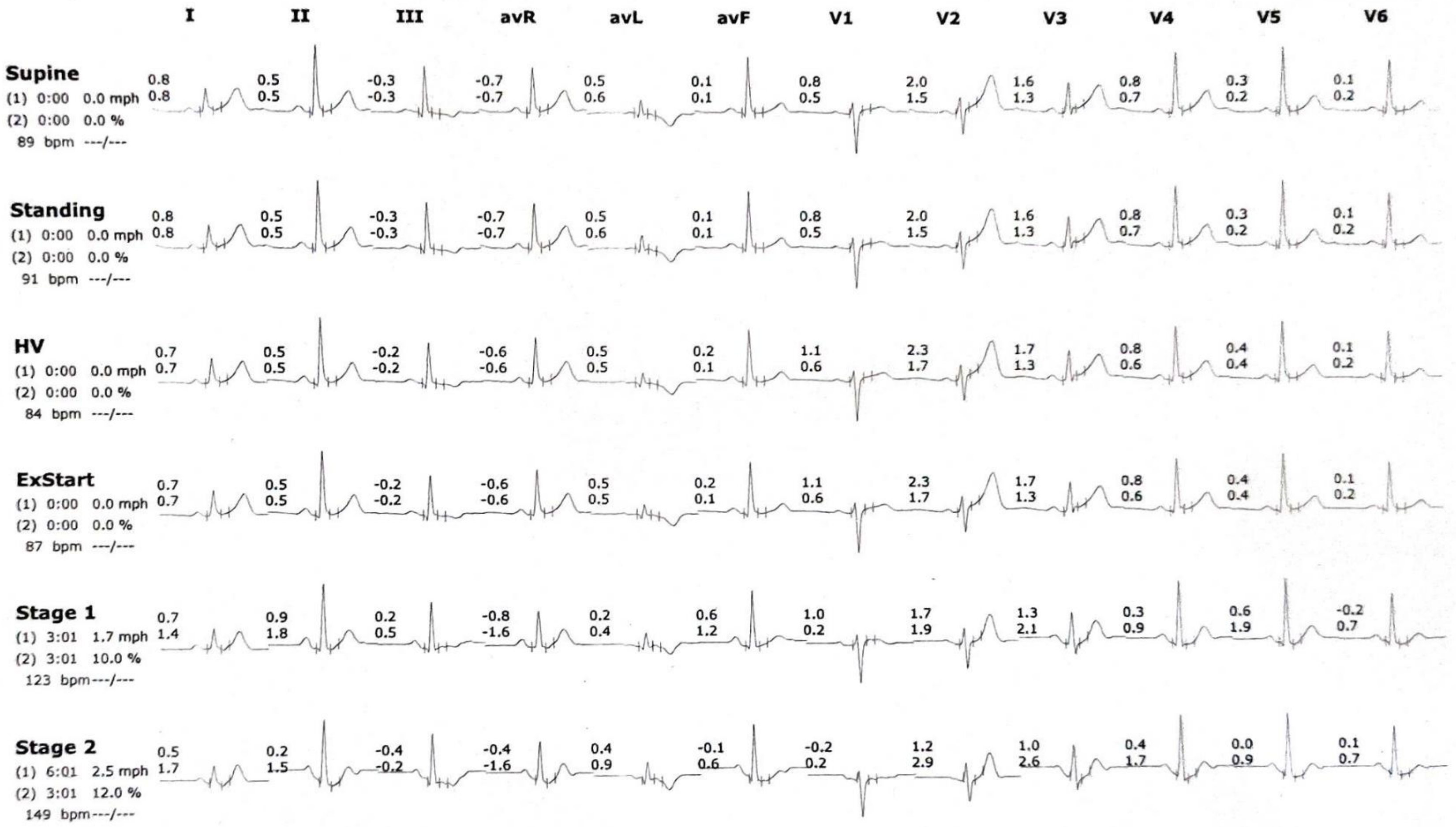
Print Date: 22-Sep-2021



Average

Hardev Health Care LLP

110/Shiv Shanker 43 Yrs/Male 69 Kg/165 Cms
Date: 20-Sep-2021 01:12:09 PM





Average

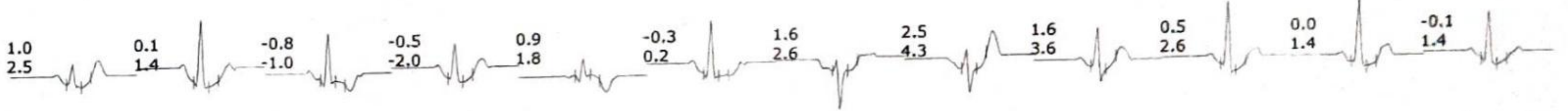
Hardev Health Care LLP

110/Shiv Shanker 43 Yrs/Male 69 Kg/165 Cms
Date: 20-Sep-2021 01:12:09 PM

I II III avR avL avF V1 V2 V3 V4 V5 V6

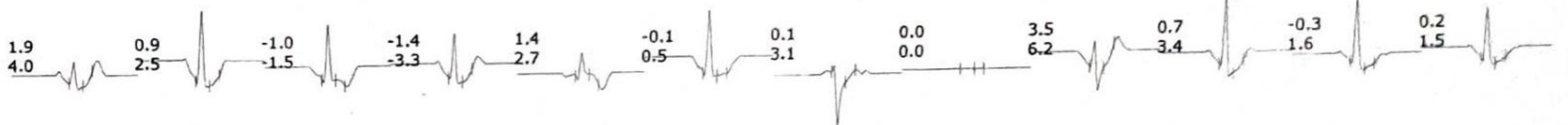
Stage 3

(1) 9:01 3.4 mph
(2) 3:01 14.0 %
171 bpm---/---



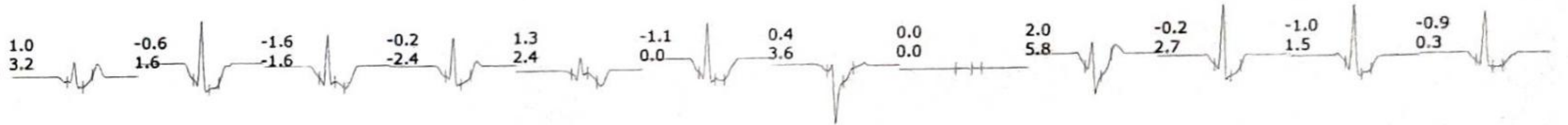
Stage 4

(1) 12:01 4.2 mph
(2) 3:01 16.0 %
187 bpm---/---



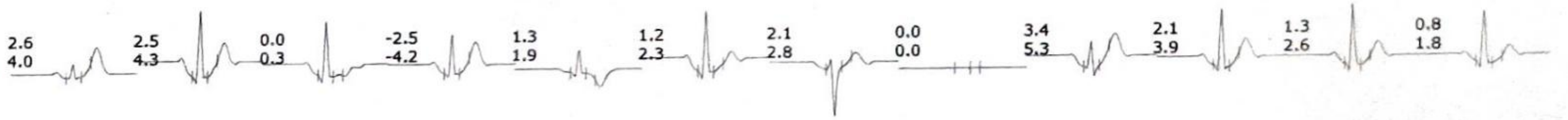
PeakEx

(1) 12:46 0.0 mph
(2) 0:46 0.0 %
178 bpm---/---



Recovery

(1) 12:46 0.0 mph
(2) 1:00 0.0 %
147 bpm---/---





ST Summary

Hardev Health Care LLP

110/Shiv Shanker 43 Yrs/Male 69 Kg/165 Cms
Date: 20-Sep-2021 01:12:09 PM


Protocol : BRUCE

		I	II	III	avR	avL	avF	V1	V2	V3	V4	V5	V6
STL (mm) 66 mSecs Post J	Supine	0.8	0.5	-0.3	-0.7	0.5	0.1	0.8	2.0	1.6	0.8	0.3	0.1
	Standing	0.8	0.5	-0.3	-0.7	0.5	0.1	0.8	2.0	1.6	0.8	0.3	0.1
	HV	0.8	0.5	-0.3	-0.7	0.5	0.1	0.8	2.0	1.6	0.8	0.3	0.1
	ExStart	0.7	0.5	-0.2	-0.6	0.5	0.2	1.1	2.3	1.7	0.8	0.4	0.1
	Stage 1	0.7	0.9	0.2	-0.8	0.2	0.6	1.0	1.7	1.3	0.3	0.6	-0.2
	Stage 2	0.5	0.2	-0.4	-0.4	0.4	-0.1	-0.2	1.2	1.0	0.4	0.0	0.1
	Stage 3	1.0	0.1	-0.8	-0.5	0.9	-0.3	1.6	2.5	1.6	0.5	0.0	-0.1
	Stage 4	1.9	0.9	-1.0	-1.4	1.4	-0.1	0.1	0.0	3.5	0.7	-0.3	0.2
	PeakEx	1.0	-0.6	-1.6	-0.2	1.3	-1.1	0.4	0.0	2.0	-0.2	-1.0	-0.9
	Recovery	2.6	2.5	0.0	-2.5	1.3	1.2	2.1	0.0	3.4	2.1	1.3	0.8
STS mV/Sec.	Supine	0.8	0.5	-0.3	-0.7	0.6	0.1	0.5	1.5	1.3	0.7	0.2	0.2
	Standing	0.8	0.5	-0.3	-0.7	0.6	0.1	0.5	1.5	1.3	0.7	0.2	0.2
	HV	0.8	0.5	-0.3	-0.7	0.6	0.1	0.5	1.5	1.3	0.7	0.2	0.2
	ExStart	0.7	0.5	-0.2	-0.6	0.5	0.1	0.6	1.7	1.3	0.6	0.4	0.2
	Stage 1	1.4	1.8	0.5	-1.6	0.4	1.2	0.2	1.9	2.1	0.9	1.9	0.7
	Stage 2	1.7	1.5	-0.2	-1.6	0.9	0.6	0.2	2.9	2.6	1.7	0.9	0.7
	Stage 3	2.5	1.4	-1.0	-2.0	1.8	0.2	2.6	4.3	3.6	2.6	1.4	1.4
	Stage 4	4.0	2.5	-1.5	-3.3	2.7	0.5	3.1	0.0	6.2	3.4	1.6	1.5
	PeakEx	3.2	1.6	-1.6	-2.4	2.4	0.0	3.6	0.0	5.8	2.7	1.5	0.3
	Recovery	4.0	4.3	0.3	-4.2	1.9	2.3	2.8	0.0	5.3	3.9	2.6	1.8
STI μ Vs	Supine	2.9	1.3	-1.5	-2.1	2.1	-0.1	4.1	8.8	6.7	2.7	0.5	0.0
	Standing	2.9	1.3	-1.5	-2.1	2.1	-0.1	4.1	8.8	6.7	2.7	0.5	0.0
	HV	2.9	1.3	-1.5	-2.1	2.1	-0.1	4.1	8.8	6.7	2.7	0.5	0.0
	ExStart	2.5	1.5	-1.0	-2.0	1.7	0.3	5.3	10.1	6.9	2.8	1.0	0.1
	Stage 1	0.4	1.3	0.8	-0.8	-0.3	1.1	5.8	5.1	3.1	-0.9	-1.0	-3.5
	Stage 2	-0.5	-2.5	-2.1	1.4	0.5	-2.2	-1.6	0.5	0.4	-0.9	-2.0	-1.1
	Stage 3	-0.3	-2.5	-2.1	1.4	0.9	-2.3	2.4	3.4	1.2	-3.1	-3.3	-3.6
	Stage 4	1.3	-0.6	-1.7	-0.1	1.4	-1.1	-4.4	0.0	7.4	-3.4	-4.6	-1.7
	PeakEx	-1.6	-7.9	-6.2	4.7	2.3	-7.1	-4.9	0.0	-1.9	-7.6	-9.3	-6.4
	Recovery	5.8	5.6	0.0	-5.6	2.8	2.8	6.3	0.0	8.5	3.7	1.5	0.4

Date : 20-09-2021

FITNESS CERTIFICATE

This is to certify that **Mr. Shiv Shanker Upadhyay** Emp. No. **SU179876** age **43** Yrs. has undergone the medical examination with us on **20-09-2021**. based on examination and investigation results he is free from infection / Contagious disease including skin & Tuberculosis for which diagnostic tests has been carried out and He is medically fit to continue his duties.


Dr. Rahul S. Deshpande
M.B.B.S. D. Ortho A.F.I.H (Mumbai)
Regd. No. 081019
HARDEV HEALTH CARE
Authorised Medical Practitioner