

❖ This medical fitness is only on the basis of clinical examination. No COVID -19 and other investigation has been done to reveal the fitness

MEDICAL EXAMINATION REPORT

Name Garg Sachin Age & Sex 34y/m Date of MER 25/03/23  
 Identification Mark Mole on upper side of upper lip ID Proof E-ID Card  
 Ht 180 Wt 84 Chest Exp/Insp 97/102 Abd 102 PR 67/m BP 126/82

Any Operation

YES N/A Left Rhinoplasty done in 2009 at Saksham Hospital Saharanpur

Any Medicine Taken

No

Any Accident

No

Alcohol/Tabacco/Drugs

Consumption Weekly Duration 1 year

Qty 30-60ml.

Whether the person is suffering from any of the following diseases, give details

DISEASE	Yes/NO	DETAIL
Diabetes	No	
Hypertension	No	
Renal Complications	No	
Heart Disease	No	
Cancer	No	
Any Other	No	

Examination of systems

SYSTEMS( any evidence of past/present disease)	YES	NO	DETAILS
Brain or nervous system		<input checked="" type="checkbox"/>	
Lungs or other parts of respiratory system		<input checked="" type="checkbox"/>	
GI Tract		<input checked="" type="checkbox"/>	
Ears, Eyes, Nose, Throat, Neck		<input checked="" type="checkbox"/>	
Cardiovascular System		<input checked="" type="checkbox"/>	

Signature of client Sachin Garg

Signature of Doctor Dr R.K. Mittal

Registration No 17707 (PMC)

Seal of Centre Consultant Physician & Chest Specialist

**Dr R.K. Mittal**  
 MBBS MD (Chest)  
 Registration No 17707 (PMC)  
 Consultant Physician & Chest Specialist

## Feedback – Medical Checks

This is to confirm & certify that I have gone through the medical examination through centre on \_ to complete the requisite medical formalities towards my application for life insurance from Employ ID vide Proposal Form bearing no \_\_\_\_\_ dated 25/03/23

I do confirm specifically that the following medical activities have been performed for me:

- |  |   |                             |
|--|---|-----------------------------|
| 1. Full Medical Report (Medical Questionnaire)     | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 2. Sample Collection                               |   |                             |
| a. Blood   | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| b. Urine   | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 3. Electro Cardio Gram (ECG)                       | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 4. Treadmill Test (TMT)                            | Yes <input checked="" type="checkbox"/> | No <input type="checkbox"/> |
| 5. Others <u>CXR, USG, Eyes Checkup, Stool R/E</u> |   |                             |

I have furnished my ID Proof Employ ID bearing ID No. 170801 at the time of my medical.

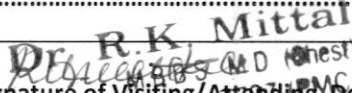
### Feedback Form

- Behavior and cooperation of staff
 

Reception/ Clinic/ Hospital	<input checked="" type="checkbox"/> Good	<input type="checkbox"/> Average	<input type="checkbox"/> Poor
Technician/ Doctors	<input checked="" type="checkbox"/> Good	<input type="checkbox"/> Average	<input type="checkbox"/> Poor
- Time Management  Good  Average  Poor
- Upkeep of hospital  Good  Average  Poor
- Technology & Skills  Good  Average  Poor
- Please remark if the medical check procedure was satisfactory Yes  No

(Medical Facility- Location; Facility Set-up, instruments, cleanliness; Process followed; etc. Also on the Medical Staff: Appearance; Technical Know-how; Behavior etc.)

- If No please provide details or let us know of anything additional you would like to provide

Signature of the Life to be Insured (Proposer in case of Life insured being minor) <u>Lochin Singh</u>	<div style="text-align: center;">                       Signature of Visiting/Attending Doctor                      Registration No. _____                      Consultant Physician &amp; Chest Specialist                 </div> Name of Visiting/Attending Doctor <hr/> MC Registration No: <u>17707</u>
Name of the Life to be Insured with date (Proposer (in case of Life insured being minor) <u>Garg Sachin</u>	Doctor Stamp with date <u>25/03/2023</u>

**Self Declaration & Special COVID-19 Consent**

Date: 25/03/23

Day:

Time:

Patient's Name/Client Name

Garg Sachin

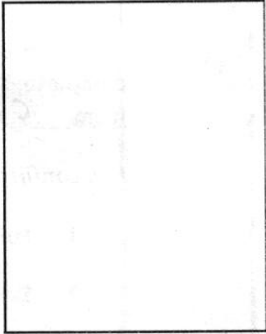
Age: 34 yrs

Sex: Male

Case No/Proposal no

Address:

Profession:



1) Do you have Fever/Cough/Tiredness/Difficulty in Breathing? Yes/No

2) Have you travelled outside India and came back during pandemic of COVID 19 or Have you come from other country during pandemic of COVID 19? Yes/No

3) Have you travelled anywhere in India in last 60 days? Yes/No

4) Any Personal or Family History of Positive COVID 19 or Quarantine? Yes/No

5) Any history of known case of Positive COVID 19 or Quarantine patient in your Neighbors/Apartment/Society area Yes/No

6) Are you suffering from any following diseases? Diabetes/Hypertension/Lung Disease/Heart Disease Yes/No

7) Are you healthcare worker or interacted/lived with Positive COVID 19 patients? Yes/No

During the Lockdown period and with current situation of Pandemic of COVID 19, I came to this hospital/home visit by this hospital at my home for medical checkup..e.g. MER, Blood Sample, Urine sample and ECG. I also know that I may get infection from the hospital or from doctor, and I will take every precaution to prevent this from happening. for that I will never hold doctors or hospital staffs accountable if such infection occurs to me or my accompanying persons.

Above information is true as per best to my knowledge, I understand that giving false information or hiding the facts or any type of violence in the hospital are punishable offence in IPC.

*Sachin Garg*  
Patient's Signature with Name

*Dr. Sachin Garg*  
Doctor's Signature & Name  
MBBS (Chest)  
Registration No 17707 (PMC)  
Consultant Physician & Chest Specialist



नाम: **MR. GARG SACHIN**  
Name:

कर्मचारी कूट क्र. **170861**  
E.C. No.

*Sachin Garg*



*Sachin Garg*

धारक के हस्ताक्षर  
Signature of Holder



जारीकर्ता अधिकारी: डी.के.ए. रो. लुधियाना  
Issuing Authority DRM RO, Ludhiana

*Rajesh Mittal*  
**Dr R.K. Mittal**  
MBBS MD (chest)  
Registration No 17707 (PMC)  
Consultant Physician & Chest Specialist

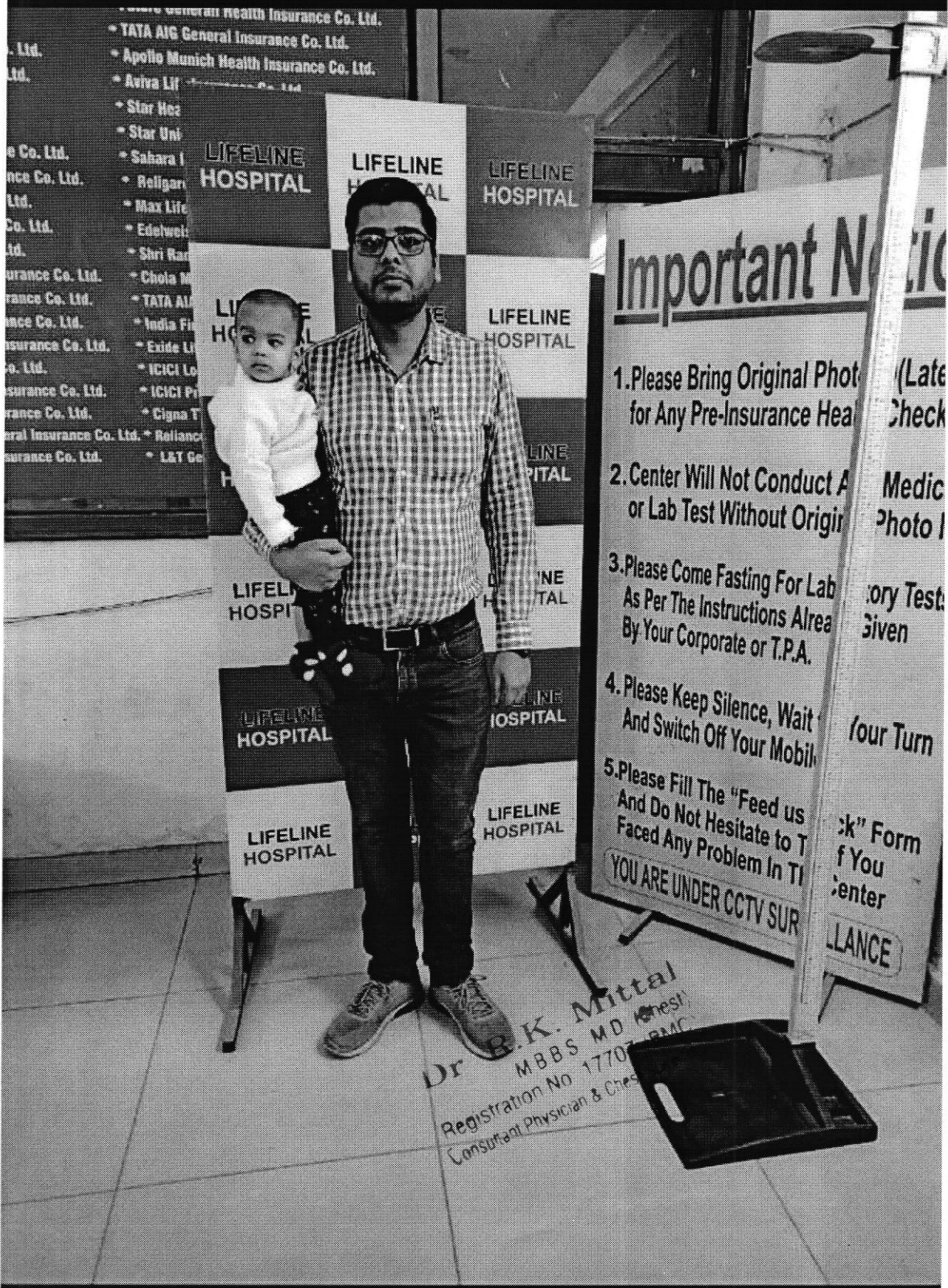
मिलने पर रिम्पॉसिबिल को लौटाना  
सहायक महाप्रबंधक (सुरक्षा)  
बैंक ऑफ बड़ोदा कारपोरेट सेंटर  
ए. 26, जी ब्लॉक, बान्द्रा-कुर्या कॉम्प्लेक्स  
मुंबई 400 051, भारत  
फोन : 91 22 6698 5196 फैक्स : 91 22 2652 5747

If found, please return to:  
Asst. General Manager (Security)  
Bank of Baroda, Baroda Corporate Center  
C-26, G-Block, Bandra-Kurla Complex  
Mumbai 400 051, India  
Phone : 91 22 6698 5196 Fax : 91 22 2652 5747

रक्त समूह : Blood Group : **B +VE**  
पहचान चिह्न : Identification Marks : **MOLE NEAR LIP**

*Sachin Garg*





2674, Gill Rd, Kartar Nagar, Dasmesh Nagar, clear sky  
 New Kartar Nagar, 19.0 °C  
 25 Mar 2023 09:13 am

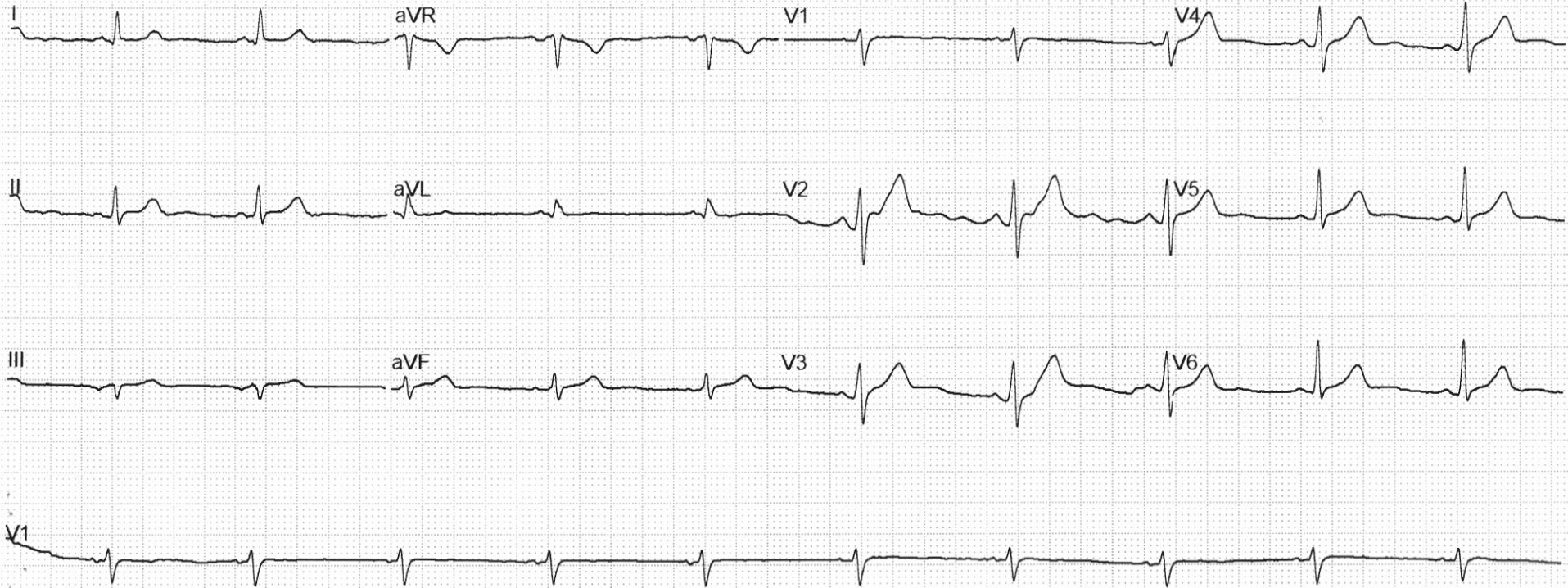
QRS : 86 ms  
QT / QTcBaz : 386 / 391 ms  
PR : 114 ms  
P : 82 ms  
RR / PP : 962 / 967 ms  
P / QRS / T : 7 / 25 / 50 degrees

Normal sinus rhythm  
Normal ECG

Technician:  
Ordering Ph:  
Referring Ph:  
Attending Ph:

*Dr. R.K. Mittal*  
MBBS MD (Chest)  
Registration No. 17707 (M.C.)  
Consultant Physician & Chest Specialist

*Sachin Garg*





# Lifeline Hospital

Multi Speciality & Super Speciality Hospital

NABH Accredited  
ENTRY LEVEL



To,  
Lifeline Hospital  
Ludhiana.

Dear Sir,

My name is Sachin Garg I refused my stool  
sample.

Sachin Garg.

Dr. R.K. Mittal  
MBBS MD Chest  
Registration No. 17707 (PMC)  
Consultant Physician & Chest Specialist

# Lifeline Hospital

Multi Speciality & Super Speciality Hospital

NABH ACCREDITED



NAME Garg Sachin

AGE / SEX 34y / M DATE 25/03/2023

REF. BY Bank of Baroda (Medi wheel)

	RIGHT EYE				LEFT EYE			
	SPH	CYL	AXIS	VIA	SPH	CYL	AXIS	VIA
DISTANCE	-1.25D	—		6/6	-1.25D	—		6/6
FOR NEAR ADD								

COLOR VISION (ISHIHARA'S CHART)

COLOR VISION : OK

OTHER OPINION: —



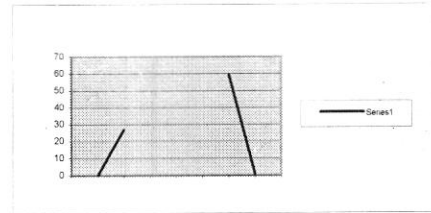
<b>ID.NO :-</b> 12	<b>Date :</b> 25/03/2023
<b>NAME :-</b> GARG SACHIN	<b>AGE/SEX:</b> 34/Y /MALE
<b>REF BY:-</b> BANK OF BARODA	

## HAEMATOLOGY REPORT

C.B.C performed on fully automated haematology analyser, Model: Sysmex KX-21 (japan)

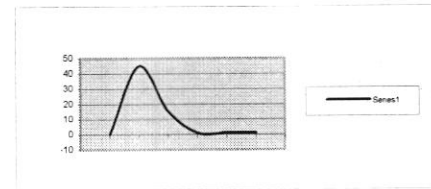
### LEUCOCYTES

W.B.C	:	8.0	10 <sup>3</sup> /uL	4.0 - 11.0
LYM	:	27.0	%	20.0-45.0
MIXED	:	13.5	%	3.0 - 10.0
GRA	:	59.5	%	40.0-75.0



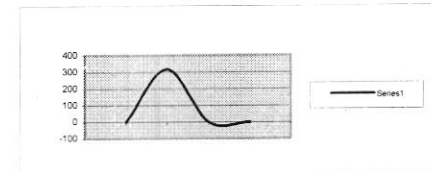
### ERYTHROCYTES

R.B.C	:	5.04	10 <sup>6</sup> /uL	3.5-5.5
HB	:	13.8	g/dL	<b>M</b> 12.0-17.0, <b>F</b> 11.0-16.0
HCT	:	43.2	%	26.0-50.0
MCV	:	85.7	fL	82.0-92.0
MCH	:	27.4	pg	27.0-32.0
MCHC	:	31.9	g/dL	32.0-36.0
RDW-SD	:	45.8	fL	37.0-52.0



### THROMBOCYTES

PLT	:	318	10 <sup>3</sup> /uL	150 - 450
PDW	:	17.4	fL	9.0-17.0
MPV	:	12.3	fL	9.0-13.0
P-LCR	:	45.1	%	15.0 - 45.0



BLOOD GROUP "B" POSITIVE

E.S.R (Westgrn) 10 mm/1st Hr. 00 - 20

COMMENTS

*Dr. Surbhi Goyal*  
**Dr. SURBHI GOYAL**  
 M.B.B.S. M.D. (PATHOLOGY)  
 CONSULTANT PATHOLOGIST  
 Reg. No. 40195

NAME : GARG SACHIN  
AGE/SEX : 34Y/M  
REF BY : BANK OF BARODA  
DATE : 25.03.2023

## BLOOD EXAMINATION REPORT

DETERMINATION	NORMAL	RESULT
FBS	70-110mg/dl	97mg/dl
PPBS	70-140mg/dl	114mg/dl
UREA(BUN)	15-45mg/dl	24mg/dl
CREATININE	0.7-1.5mg/dl	0.83mg/dl
URIC ACID	3.0-7.2mg/dl	5.91mg/dl
BUN/SR.CREATININE RATIO	9:1-23:1 RATIO	28.9:0 RATIO
CHOLESTEROL	140-200mg/dl	168mg/dl
TRIGLYCRIDE	60-160mg/dl	143mg/dl
CHOLESTEROL HDL	35-60 mg/dl	46mg/dl
CHOLESTEROL LDL	60-150 mg/dl	94mg/dl
VLDL	20-40 mg/dl	28mg/dl
CHOLESTEROL/HDL Ratio	4.0:1-4.16:1 mg/dl	3.6:1mg/dl
LDL/HDL Ratio	1.71-2.5mg/dl	2.0mg/dl

### Recommendation:-

- 1 This report is not valid for medico legal purposes .
2. The test can be repeated free of cost in case of any discrepancy.
3. Test to be clinically correlated.
4. All card tests require confirmation by serology
5. False negative or false positive results may occur in some cases.

NAME : GARG SACHIN  
AGE/SEX : 34Y/M  
REF BY : BANK OF BARODA  
DATE : 25.03.2023

## LIVER EXAMINATION REPORT

DETERMINATION	NORMAL	RESULT
BILLIRUBIN TOTAL	<1.2mg/dl.	0.84mg/dl
BILLIRUBIN DIRECT	<0.3mg/dl	0.22mg/dl
BILIRUBIN INDIRECT	<0.9mg/dl	0.62mg/dl
S.G.O.T.	5-50Units/L	38Units/L
S.G.P.T.	5-50 Units/L	32Units/L
GAMMA GT	9-52 Units/L	27Units/L
ALK. PHOSPHATASE	108-305 Units/L	220Units/L
TOTAL PROTEIN	6.0-8.0mg/dl	7.2mg/dl
ALBUMIN	3.5-5.3mg/dl	4.1mg/dl
S.GLOBULIN	2.0-4.0gm/dl	3.1 gm/dl
A/G RATIO	1.25:1-1.75:1 mg/dl	1.32:1gm/dl
AST/ALT RATIO	2:1 RATIO	1.18 RATIO

### Recommendation:-

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3. Test to be clinically correlated.
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NAME : GARG SACHIN  
AGE/SEX : 34Y/M  
REF BY : BANK OF BARODA  
DATE : 25.03.2023

## TEST ASKED : -T3,T4,TSH

<u>TEST NAME</u>	<u>RESULT</u>	<u>NORMAL RANGE</u>
T3	0.952 ng/ml	0.70-2.04 ng/ml
T4	5.55 µg/dl	4.6-10.5 µg/dl
TSH	1.15 µIU/ml	0.40-4.20µIU/ml

### Recommendation:-

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2. The test can be repeated free of cost in case of any discrepancy.
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**NAME : GARG SACHIN**  
**AGE/SEX : 34Y/M**  
**REF BY : BANK OF BARODA**  
**DATE : 25.03.2023**

## HbA1C

Test name	results	units
HbA1c{GLYCOSYLATED HEMOGLOBIN}BLOOD	5.32	%

### Interpretation

As per American Diabetes association {ADA}	
Reference Group	HbA1c in %
Non diabetic adults $\geq 18$ years	4.0 - 6.0
At risk	$\geq 6.0$ to $\leq 6.5$
Diagnosing diabetes	$> 6.5$
Therapeutic goals for glycemic Control	Adults Goal of therapy : $< 7.0$ Action suggested : $> 8.0$

**Note :** 1. Since HbA1c reflects long term fluctuations in the blood glucose concentration, a diabetic patient who is recently under good control may still have a high concentration of HbA1c. Converse is true for a diabetic previously under good control but now poorly controlled.

2. target goals of  $< 7.0$  % may be beneficial in patients with short duration of diabetes , long life expectancy and no significant cardiovascular disease .In patient with significant complications of diabetes , limited life expectancy or extensive co-morbid conditions, targeting a goal of  $< 7.0$  % may not be appropriate.

### Comments

HbA1c provides an index of average blood glucose level over the past 8-12 weeks & is a much better indicator of long term glycemic as compared to blood & urinary glucose determinations.

### ADA criteria for correlation between HbA1c & Mean plasma glucose levels

HbA1c %	Mean plasma glucose {mg/dl }	HbA1c %	Mean plasma glucose {mg/dl }
5	98	9	212
6	126	10	240
7	154	11	269
8	183	12	298



NAME : GARG SACHIN  
AGE/SEX : 34Y/M  
REF BY : BANK OF BARODA  
DATE : 25.03.2023

## • URINE EXAMINATION REPORT

A. PHYSICAL EXAMINATION	
QUANTITY	25ml
COLOUR	YELLOW
DEPOSIT	ABSENT
REACTION	ACIDIC
SECIFIC GRAVITY	1.020
B. CHEMICAL EXAMINATION	
UROBILINOGEN	NIL
BLOOD	NIL
PROTEIN	NIL
SUGAR	NIL
KETONE BODIES	NIL
BILIRUBIN	NIL
NITRITE	NIL
LEUKOCYTES	NIL
C. MICROSCOPIC EXAMINATION	
EPITHELIAL CELLS	NIL
PUS CELLS	2-3/hpf
R.B.C.	NIL
CRYSTALS	NIL
CAST	NIL

### Recommendation:-

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2. The test can be repeated free of cost in case of any discrepancy.
3. Test to be clinically correlated.
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NAME : GARG SACHIN  
AGE/SEX : 34Y/M  
REF BY : BANK OF BARODA  
DATE : 25.03.2023

## URINE EXAMINATION REPORT

DETERMINATION	NORMAL	RESULT
POST URINE SUGAR	NIL	NIL

**\*Recommendation:-**

1. This report is not valid for medico legal purposes.
2. The test can be repeated free of cost in case of any discrepancy
3. Test to be clinically correlated.
4. All card tests require confirmation by serology
5. False negative or false positive results may occur in some cases



**Name** : GARG SACHIN  
**Age/Sex** : 34Yrs/M  
**Date** : 25.3.2023

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## X-ray Chest PA View

The cardiac size and shape is normal.

Both hilla are normal in size ,having equal density and bear normal relationship .

The lungs on either side shows equal translucency.

The peripheral vasculature is normal

The domes of the diaphragm is normal

The pleural spaces are normal.

CT ratio is normal.

Dr. R.K. Mittal

MBBS MD (Chest)

Registration No. 17707 (PMC)

Consultant Physician & Chest Specialist

**DR.R.K.MITTAL**

**M.B.B.S, M.D.( Chest Specialist )**



Patient's Name: **SACHIN GARG**

DATE : **25/03/2023**

Age/Sex : **34 Yrs/M**

## ULTRASONOGRAPHY OF ABDOMEN

**LIVER** : Liver is normal in size & shape. Hepatic biliary radicals are normally outlined. Portal vein is normal in caliber. No evidence of liver abscess. Movements of diaphragm are not restricted. No evidence of secondaries. CBD is of normal calibre.

**GALL BLADDER** : Gall Bladder is distended. Walls are normal. Lumen shows normal echo.

**PANCREAS** : Pancreas is normal in size, shape and echotexture. No evidence of any collection in less sac.

**SPLEEN** : Spleen is normal in size, shape and echotexture. Calibre splenic vein at hilum is WNL.

**RIGHT KIDNEY** : Right kidney is normal in size, shape & outline. Cortical thickness is WNL. Pelvi-calyceal system is normal. There is no evidence of calculus. No backpressure, changes or SOL. Corticomedullary differentiation is well maintained.

**LEFT KIDNEY** : Left kidney is normal in size & shape. Cortical thickness is WNL. Pelvi-calyceal system is normal. There is no evidence of calculus. No backpressure changes or S.O.L.. Corticomedullary differentiation is well maintained.

**URETERS** :- Both ureters are normal and not dilated.

**URINARY BLADDER** :- UB is seen filled stage. Lumen is echo free. Walls are normal.

**PROSTATE** :- is normal in size. No focal lesion is seen.

No free fluid seen in peritoneal cavity

**IMPRESSION: NORMAL U.S.G.**

*Dr. R.S. Maheshwari*  
MBBS M.D (Pead)

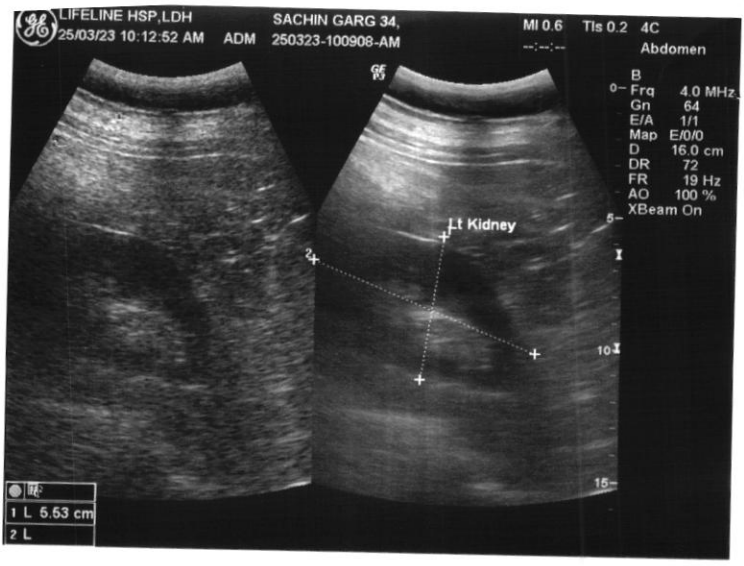
**DR.R.S. MAHESHWARI** UROLOGIST

**(ULTRASONOLOGIST)** LIFELINE HOSPITAL

This is only professional opinion and the diagnosis. It should be correlated clinically & with either investigation to come to final diagnosis.

Reg No DAABED/141003

Reg No DAABED/141003





LIFELINE HSP,LDH  
25/03/23 10:11:52 AM

ADM

SACHIN GARG 34,  
250323-100908-AM

MI 0.6

Tis 0.2 4C

Abdomen

GE  
P5

B  
0- Frq 4.0 MHz  
Gn 64  
E/A 1/1  
Map C/0/0  
D 16.0 cm  
DR 72  
FR 19 Hz  
AO 100 %  
XBeam On

Rt Kidney

5-

I

10 I

15-

● ME

1 L 5.55 cm

2 L 9.47 cm





Protocol : BRUCE  
History :

Stage	StageTime (Min:Sec)	PhaseTime (Min:Sec)	Speed (mph)	Grade (%)	METs	H.R. (bpm)	B.P. (mmHg)	R.P.P. x100	PVC	Comments
Supine					1.0	68	130/80	88	-	
Standing					1.0	68	130/80	88	-	
HV					1.0	68	130/80	88	-	
ExStart					1.0	68	130/80	88	-	
Stage 1	3:00	3:01	1.7	10.0	4.7	129	134/84	172	-	
Stage 2	3:00	6:01	2.5	12.0	7.1	164	136/86	223	-	
PeakEx	0:31	6:32	0.0	0.0	7.3	164	136/86	223	-	
Recovery	1:00		0.0	0.0	1.2	129	136/86	175	-	
Recovery	3:00		0.0	0.0	1.0	111	135/85	149	-	
Recovery	5:00		0.0	0.0	1.0	94	130/80	122	-	

Findings :

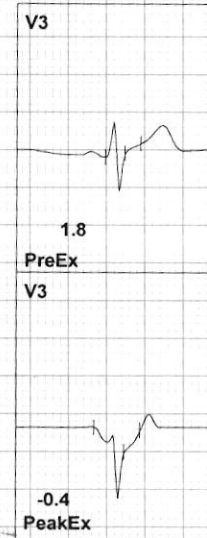
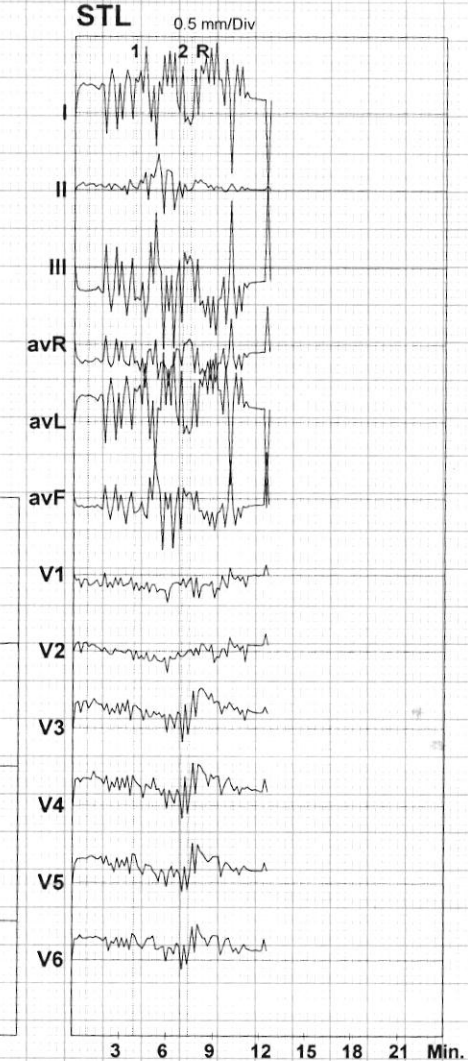
Exercise Time :06:32  
Max HR Attained :164 bpm 88% of Max Predictable HR 186  
Max BP : 136/86(mmHg)  
Max WorkLoad attained :7.3(Fair Effort Tolerance)

*Sachin Garg*

*TMT negative for Ischemia*

*Dr. Ravi Kant Singla*  
M.B.B.S, M.D.,  
Medical Specialist  
Ex-Registrar CMC, LDH.

Advice/Comments:





LIFELINE HOSPITAL  
GILL ROAD, LUDHIANA  
7566766/GARG SACHIN  
34 Yrs/Male  
84 Kg/180 Cms  
Date: 25-Mar-2023 10:39:36 AM

### 12 Lead + Median



HR: 68 bpm  
METS: 1.0  
BP: 130/80

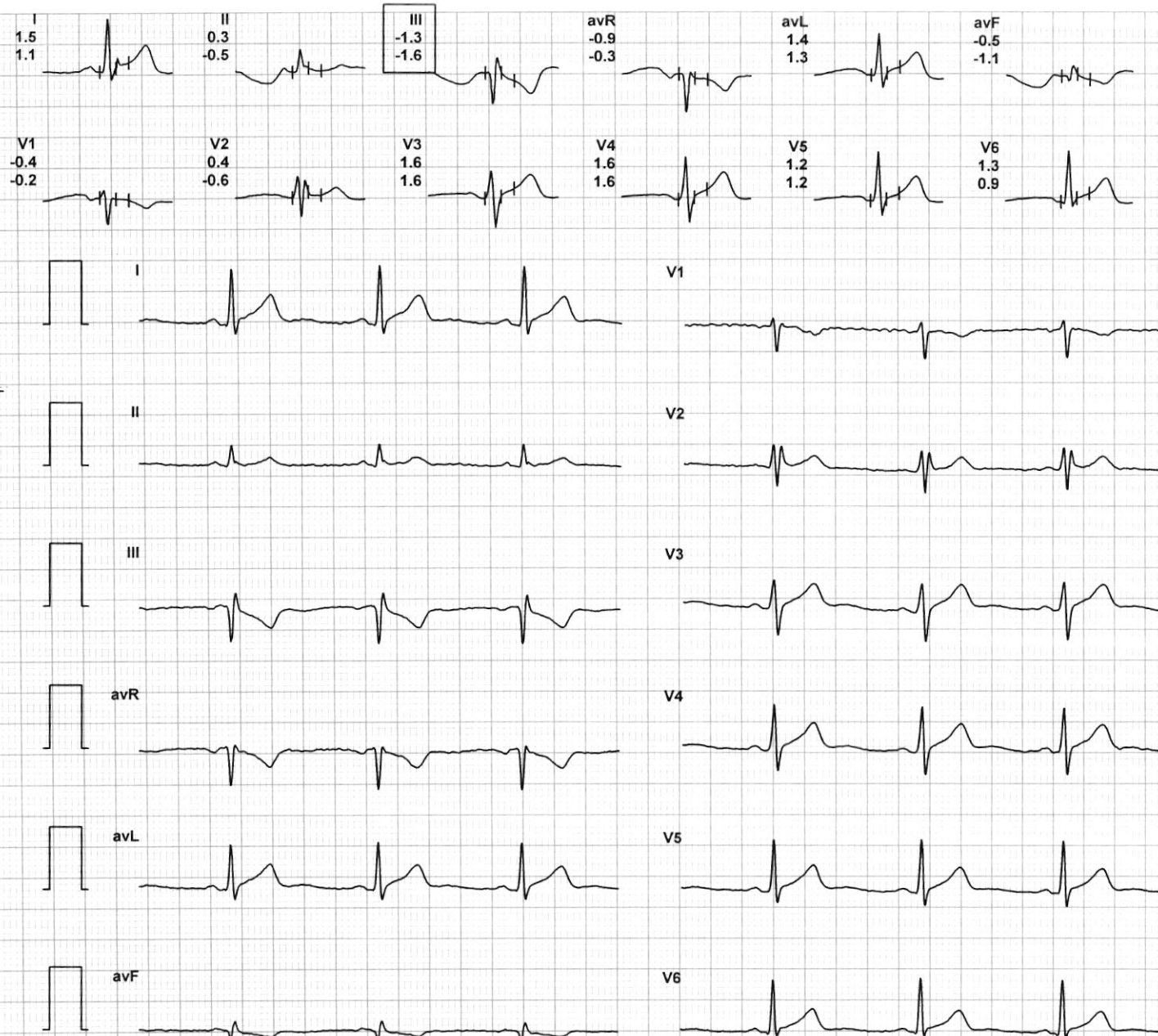
MpHR: 36% of 186  
Speed: 0.0 mph  
Grade: 0.0%

Raw ECG  
BRUCE  
(0.05-100)Hz

Ex Time 00:14  
BLC :On  
Notch :On

Supine  
10.0 mm/mV  
25 mm/Sec.

4X 60 mS Post J



V5  
1.2

*Sachin Garg*

LIFELINE HOSPITAL  
GILL ROAD, LUDHIANA  
7566766/GARG SACHIN  
34 Yrs/Male  
84 Kg/180 Cms  
Date: 25-Mar-2023 10:39:36 AM

### 12 Lead + Median



HR: 68 bpm  
METS: 1.0  
BP: 130/80

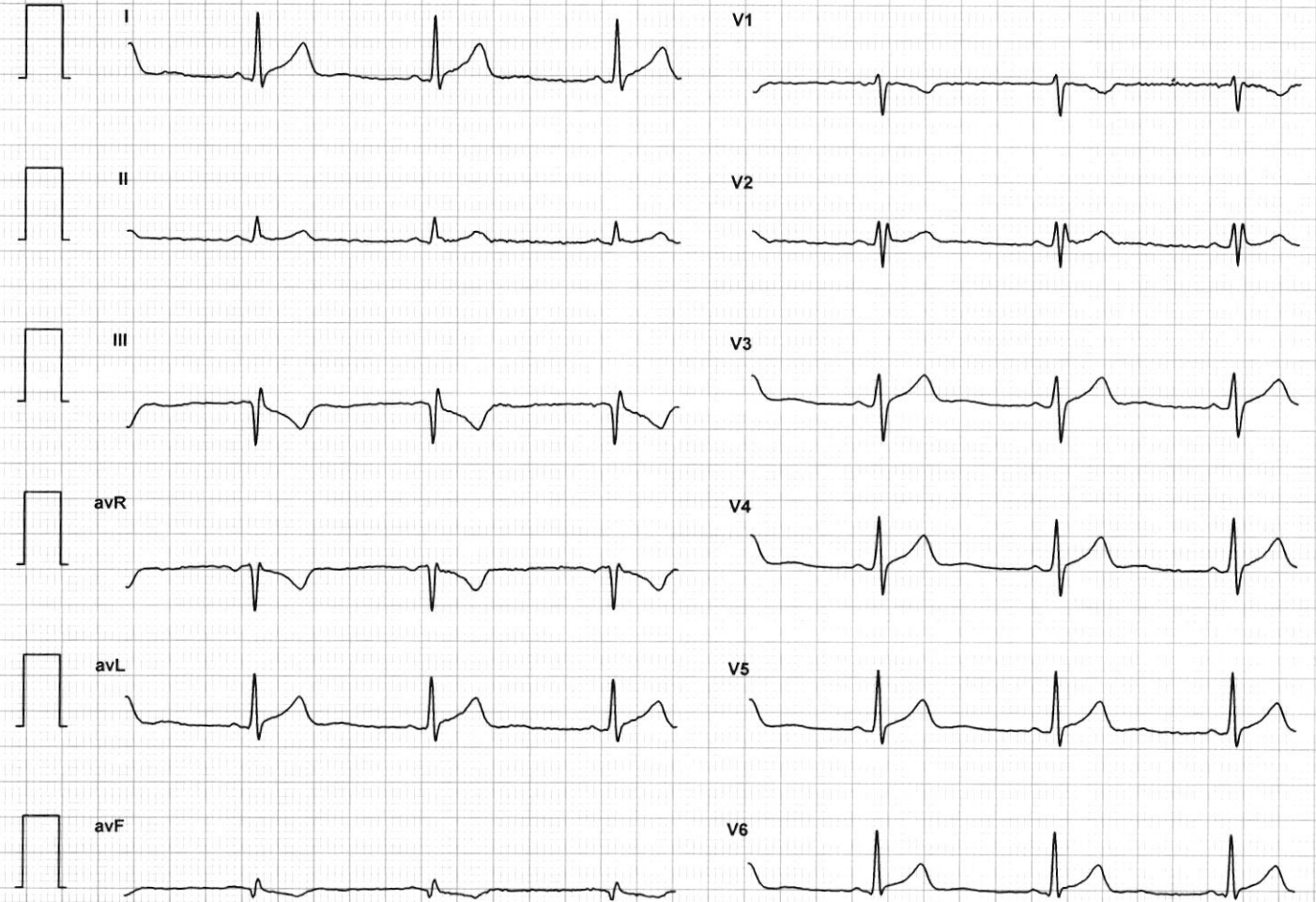
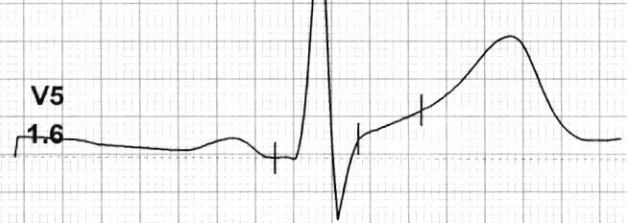
MPHR: 36% of 186  
Speed: 0.0 mph  
Grade: 0.0%

Raw ECG  
BRUCE  
(0.05-100)Hz

Ex Time 00:24  
BLC :On  
Notch :On

Standing  
10.0 mm/mV  
25 mm/Sec.

4X 60 mS Post J



*Sachin Garg*

LIFELINE HOSPITAL  
GILL ROAD, LUDHIANA  
7566766/GARG SACHIN  
34 Yrs/Male  
84 Kg/180 Cms  
Date: 25-Mar-2023 10:39:36 AM

### 12 Lead + Median



HR: 68 bpm  
METS: 1.0  
BP: 130/80

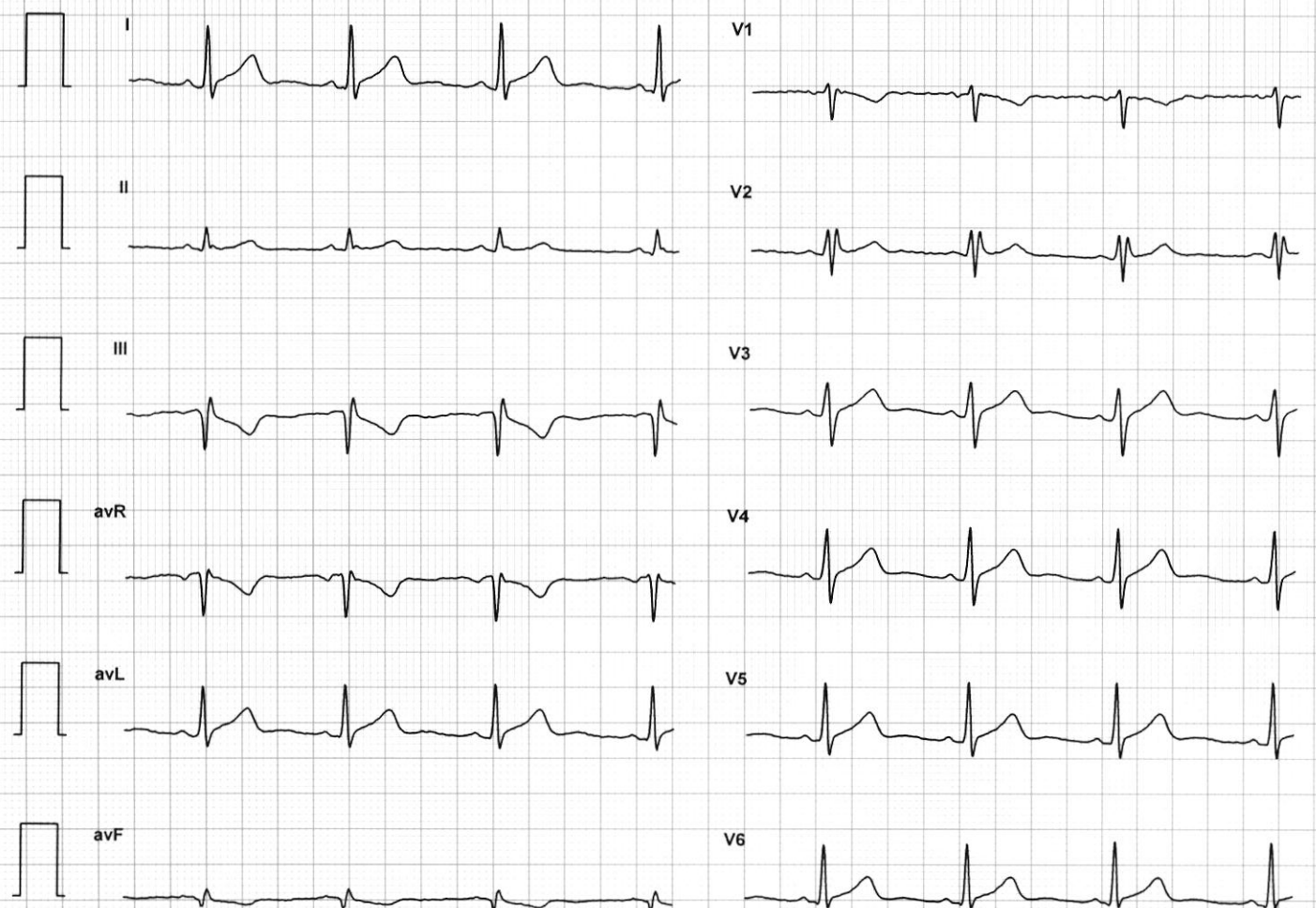
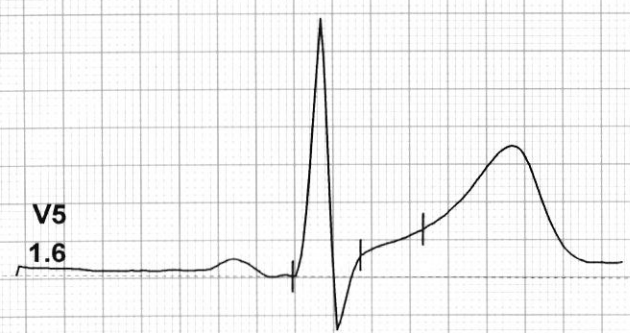
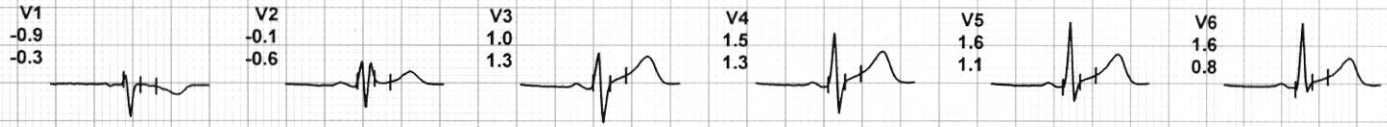
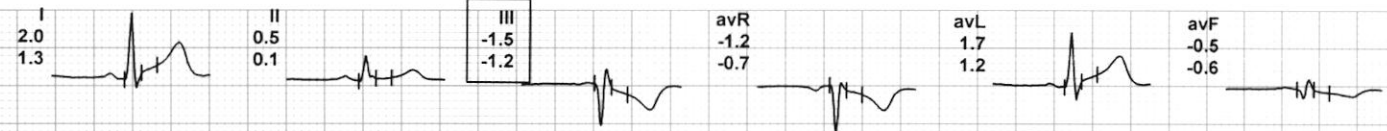
MpHR: 36% of 186  
Speed: 0.0 mph  
Grade: 0.0%

Raw ECG  
BRUCE  
(0.05-100)Hz

Ex Time 00:34  
BLC : On  
Notch : On

HV  
10.0 mm/mV  
25 mm/Sec.

4X 60 mS Post J





LIFELINE HOSPITAL  
 GILL ROAD, LUDHIANA  
 7566766/GARG SACHIN  
 34 Yrs/Male  
 84 Kg/180 Cms  
 Date: 25-Mar-2023 10:39:36 AM

12 Lead + Median



HR: 68 bpm  
 METS: 1.0  
 BP: 130/80

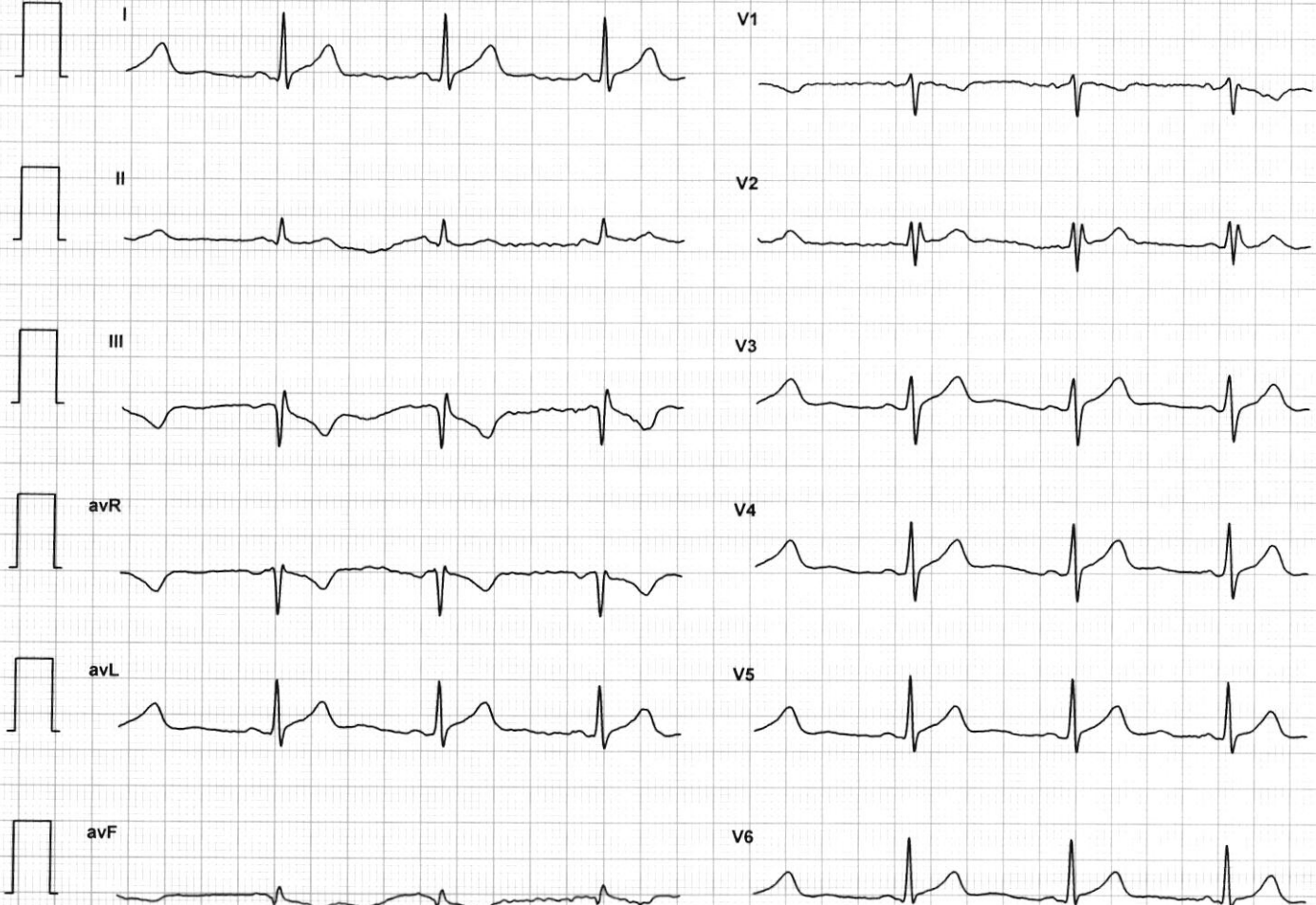
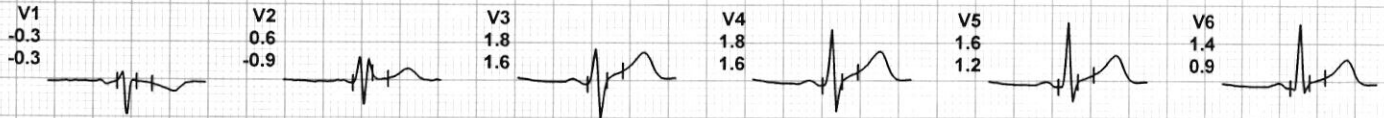
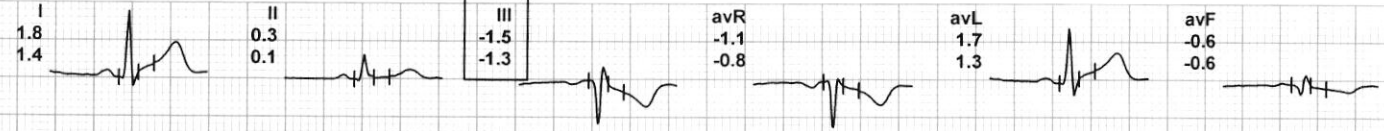
MPHR: 36% of 186  
 Speed: 0.0 mph  
 Grade: 0.0%

Raw ECG  
 BRUCE  
 (0.05-100)Hz

Ex Time 00:53  
 BLC :On  
 Notch :On

ExStart  
 10.0 mm/mV  
 25 mm/Sec.

4X 60 mS Post J



*Sachin Garg*

LIFELINE HOSPITAL  
GILL ROAD, LUDHIANA

7566766/GARG SACHIN  
34 Yrs/Male  
84 Kg/180 Cms  
Date: 25-Mar-2023 10:39:36 AM

### 12 Lead + Median



HR: 129 bpm  
METS: 4.7  
BP: 134/84

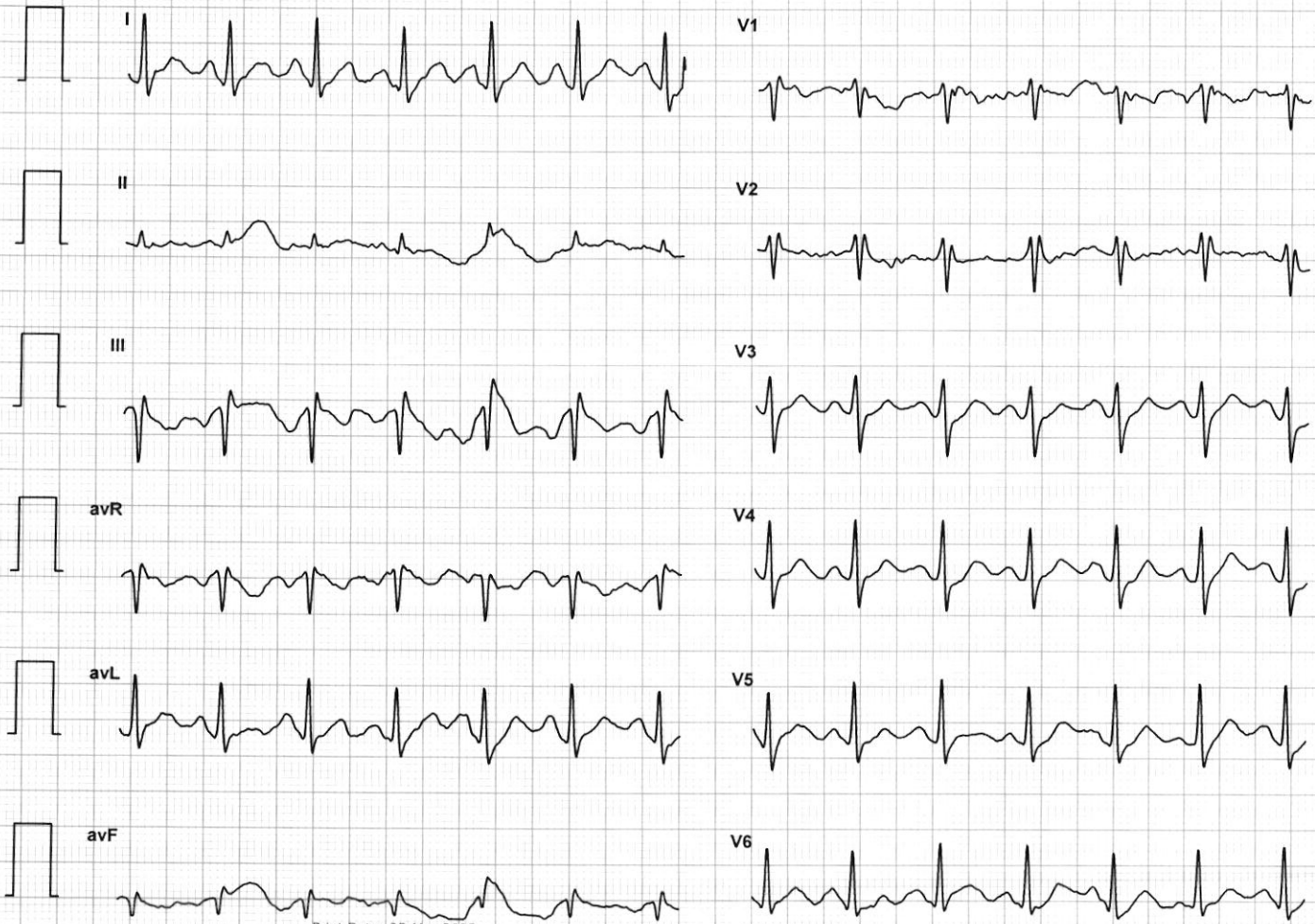
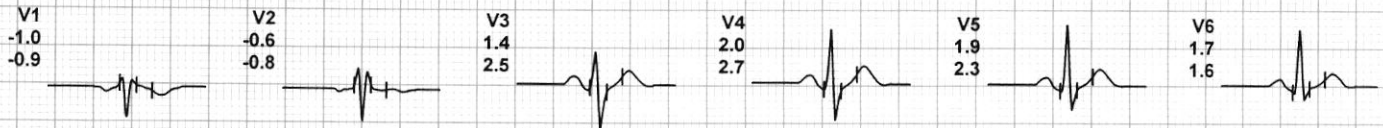
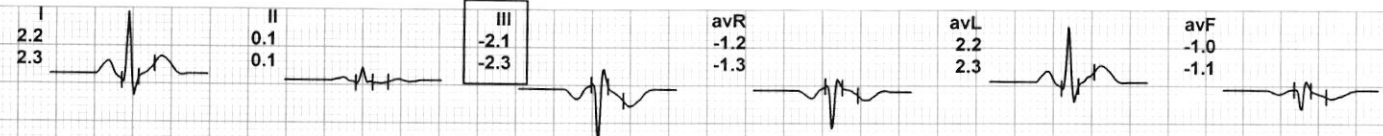
MPHR: 69% of 186  
Speed: 1.7 mph  
Grade: 10.0%

Raw ECG  
BRUCE  
(0.05-100)Hz

Ex Time 03:00  
BLC :On  
Notch :On

BRUCE: Stage 1 (3:00)  
10.0 mm/mV  
25 mm/Sec.

4X 60 mS Post J



LIFELINE HOSPITAL  
 GILL ROAD, LUDHIANA  
 7566766/GARG SACHIN  
 34 Yrs/Male  
 84 Kg/180 Cms  
 Date: 25-Mar-2023 10:39:36 AM

12 Lead + Median



HR: 164 bpm  
 METS: 7.1  
 BP: 136/86

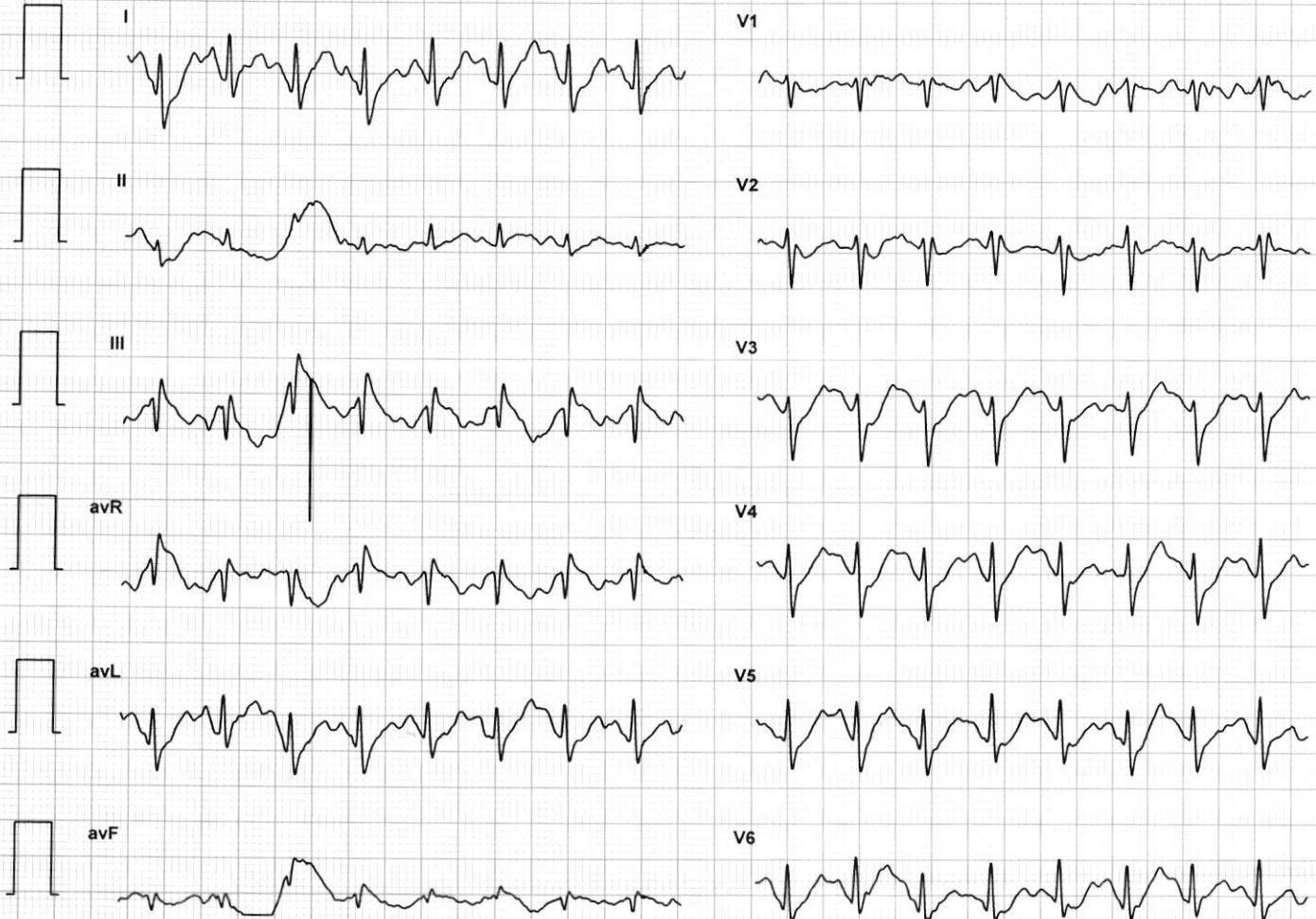
MPHR: 88% of 186  
 Speed: 2.5 mph  
 Grade: 12.0%

Raw ECG  
 BRUCE  
 (0.05-100)Hz

Ex Time 06:00  
 BLC :On  
 Notch :On

BRUCE: Stage 2(3:00)  
 10.0 mm/mV  
 25 mm/Sec.

4X 60 mS Post J



*Sachin says.*



LIFELINE HOSPITAL  
 GILL ROAD, LUDHIANA  
 7566766/GARG SACHIN  
 34 Yrs/Male  
 84 Kg/180 Cms  
 Date: 25-Mar-2023 10:39:36 AM

12 Lead + Median

HR: 164 bpm  
 METS: 7.3  
 BP: 136/86

MpHR: 88% of 186  
 Speed: 0.0 mph  
 Grade: 0.0%

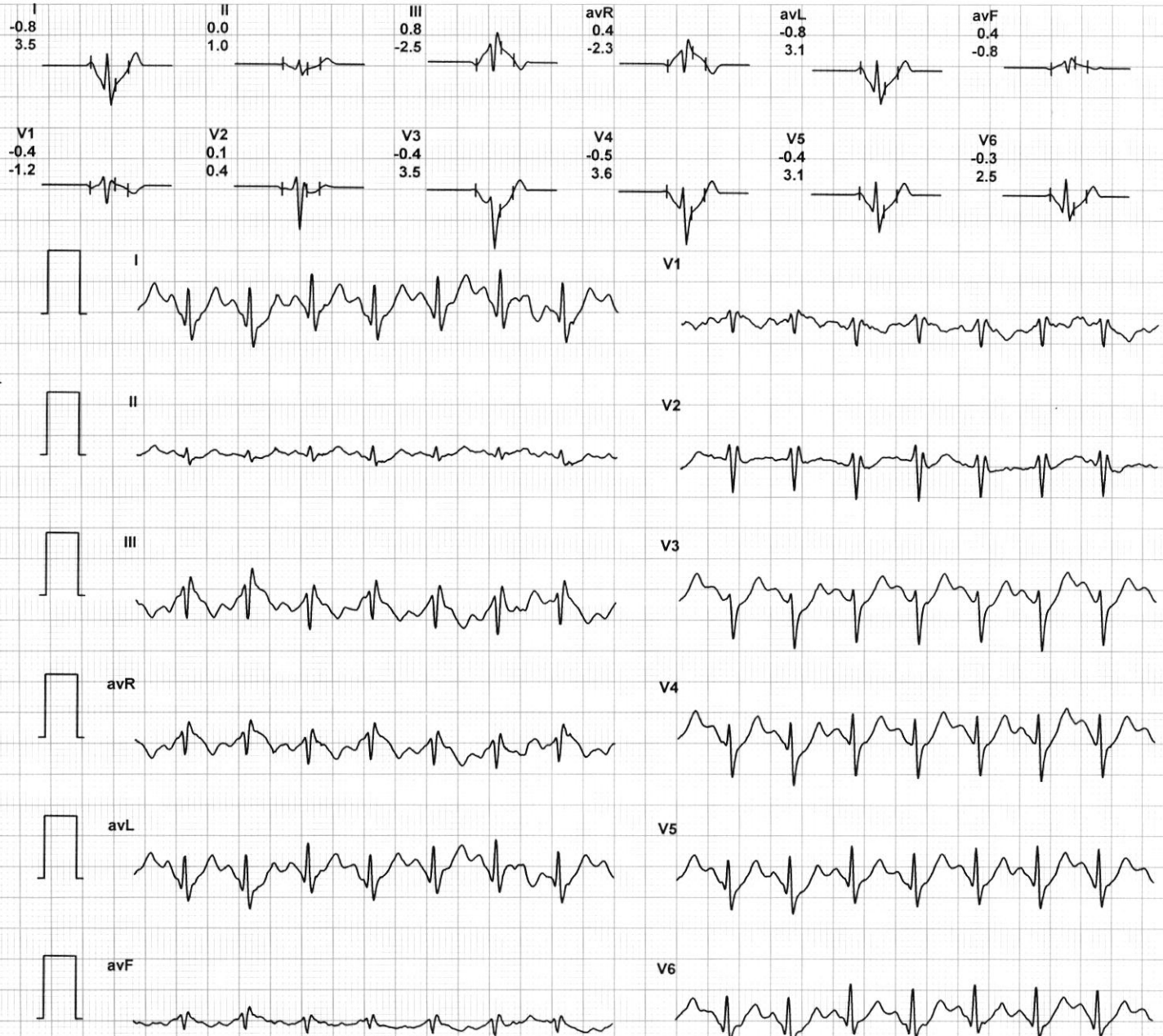
Raw ECG  
 BRUCE  
 (0.05-100)Hz

Ex Time 06:31  
 BLC :On  
 Notch :On

BRUCE:PeakEx(0:31)  
 10.0 mm/mV  
 25 mm/Sec.



4X 60 mS Post J



*Sachin Garg*

LIFELINE HOSPITAL  
GILL ROAD, LUDHIANA  
7566766/GARG SACHIN  
34 Yrs/Male  
84 Kg/180 Cms  
Date: 25-Mar-2023 10:39:36 AM

### 12 Lead + Median



HR: 129 bpm  
METS: 1.2  
BP: 136/86

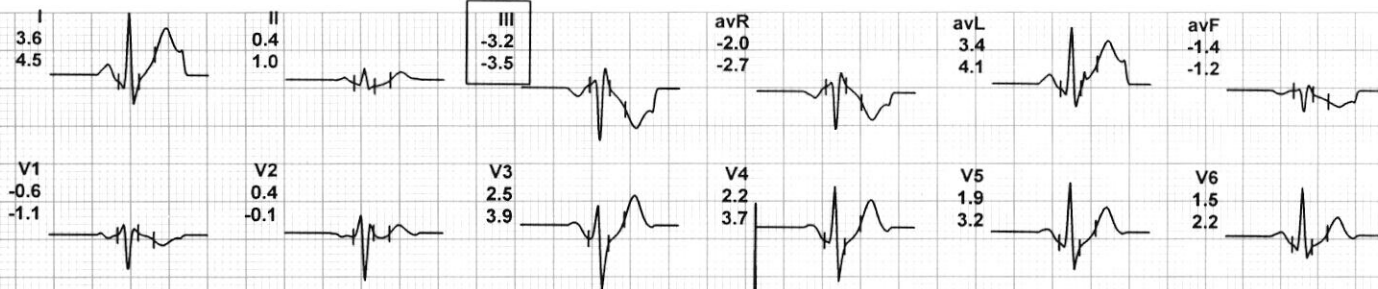
MPHR: 69% of 186  
Speed: 0.0 mph  
Grade: 0.0%

Raw ECG  
BRUCE  
(0.05-100)Hz

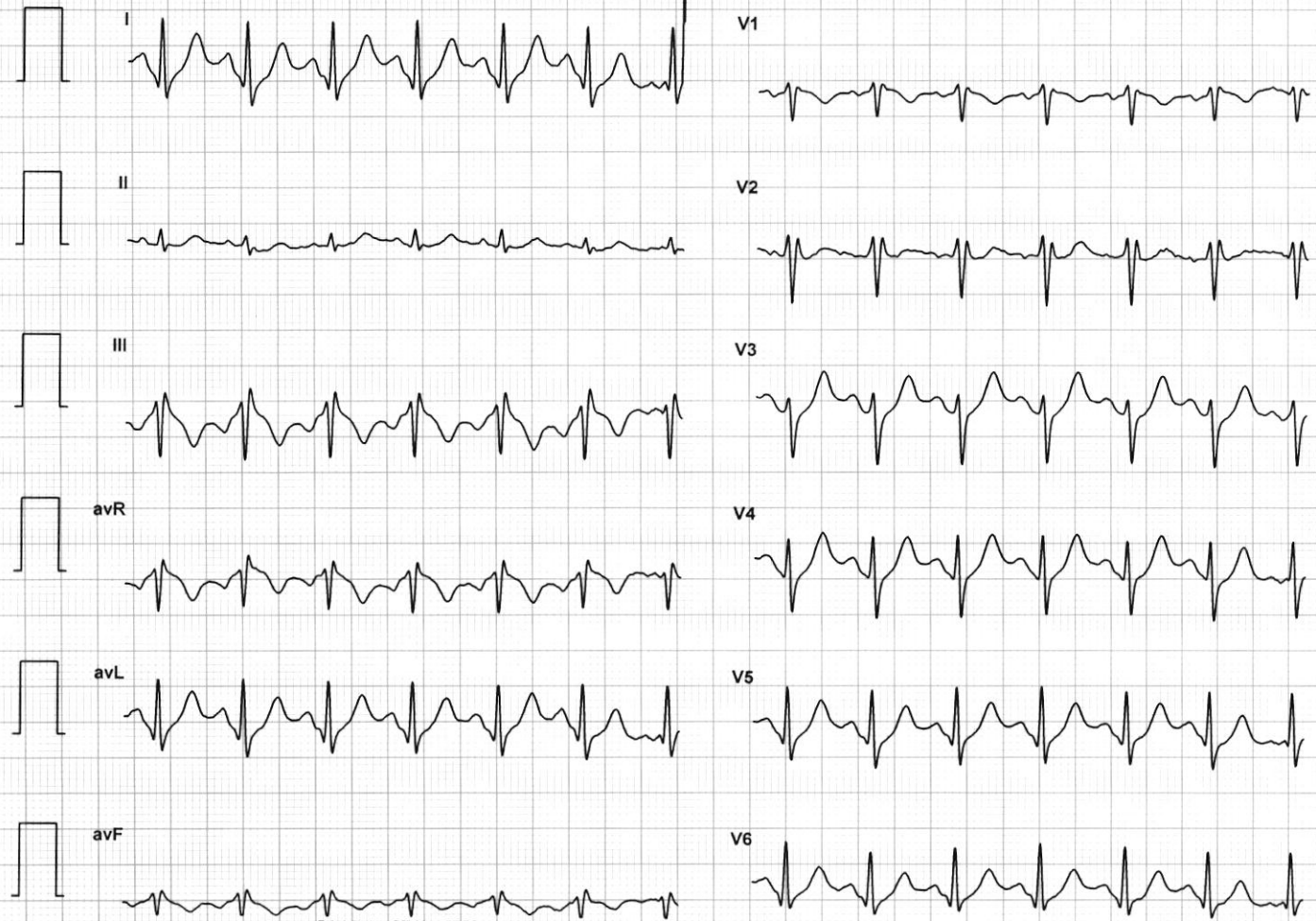
Ex Time 06:32  
BLC :On  
Notch :On

Recovery(1:00)  
10.0 mm/mV  
25 mm/Sec.

4X 60 mS Post J



*Sachin Garg*





LIFELINE HOSPITAL  
GILL ROAD, LUDHIANA  
7566766/GARG SACHIN  
34 Yrs/Male  
84 Kg/180 Cms  
Date: 25-Mar-2023 10:39:36 AM

### 12 Lead + Median

HR: 111 bpm  
METS: 1.0  
BP: 135/85

MPHR: 59% of 186  
Speed: 0.0 mph  
Grade: 0.0%

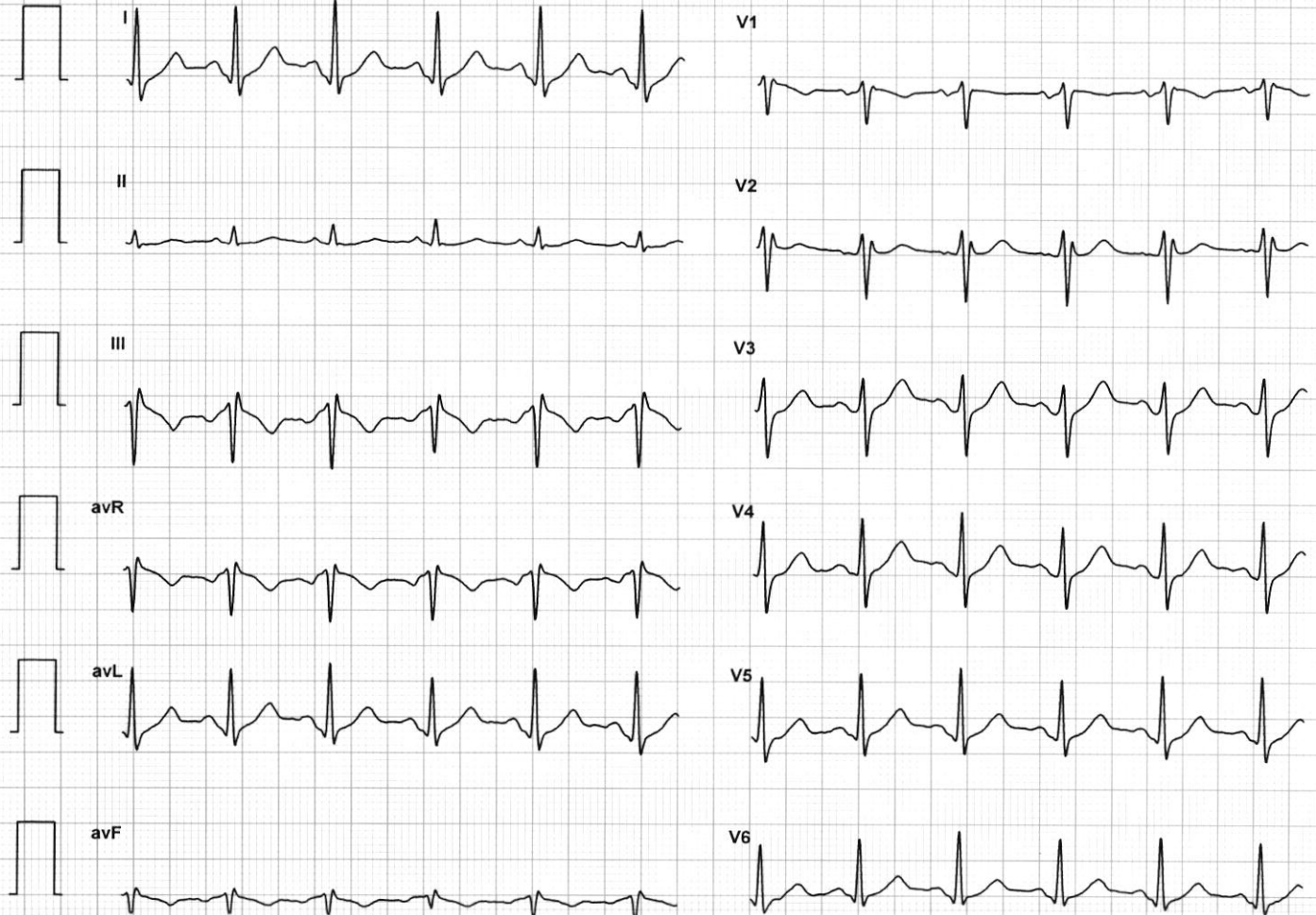
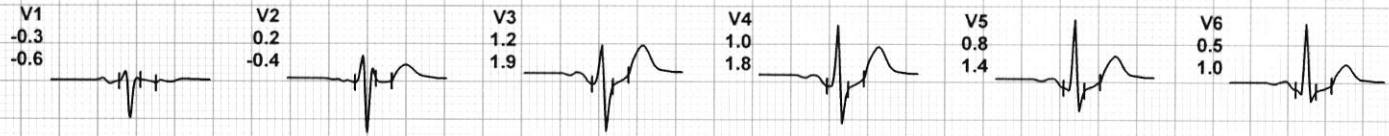
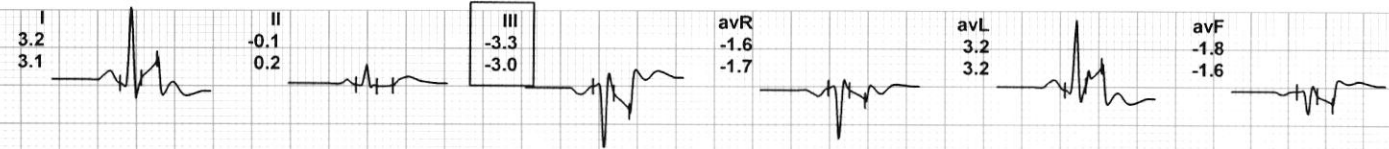
Raw ECG  
BRUCE  
(0.05-100)Hz

Ex Time 06:32  
BLC : On  
Notch : On

Recovery(3:00)  
10.0 mm/mV  
25 mm/Sec.



4X 60 mS Post J



*Sachin Garg*

LIFELINE HOSPITAL  
 GILL ROAD, LUDHIANA  
 7566766/GARG SACHIN  
 34 Yrs/Male  
 84 Kg/180 Cms  
 Date: 25-Mar-2023 10:39:36 AM

12 Lead + Median



HR: 94 bpm  
 METS: 1.0  
 BP: 130/80

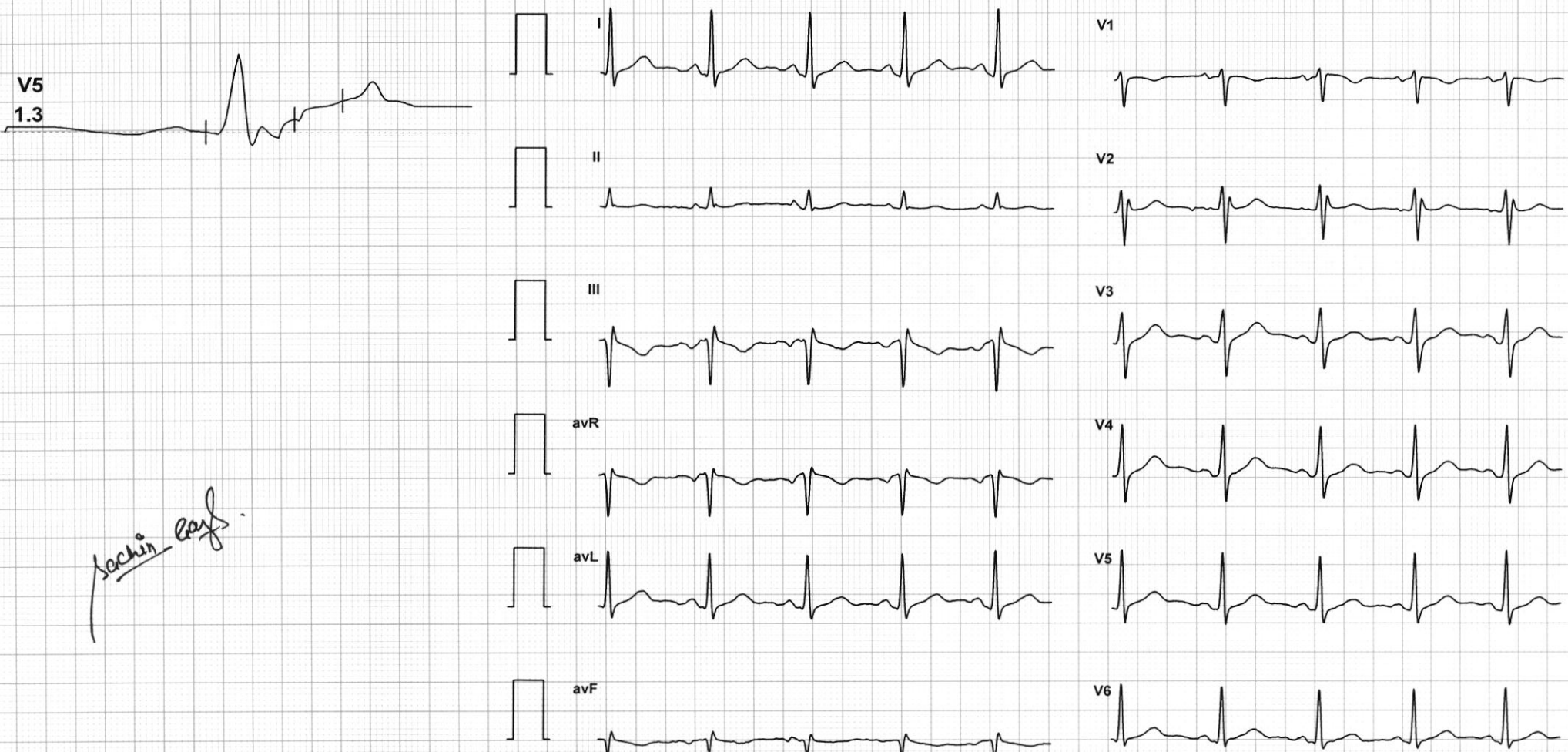
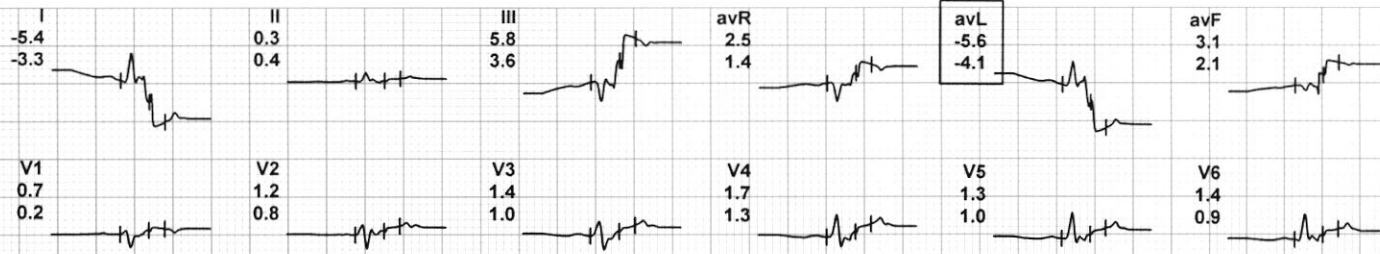
MPHR: 50% of 186  
 Speed: 0.0 mph  
 Grade: 0.0%

Raw ECG  
 BRUCE  
 (0.05-100)Hz

Ex Time 06:32  
 BLC :On  
 Notch :On

Recovery(5:00)  
 10.0 mm/mV  
 25 mm/Sec.

4X 60 mS Post J

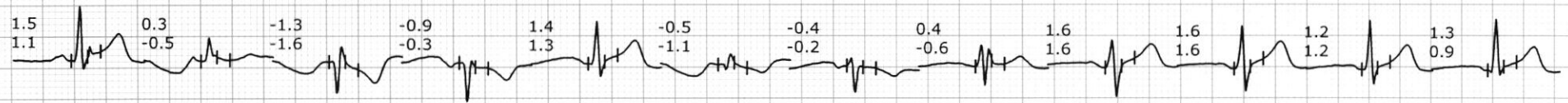




I II III avR avL avF V1 V2 V3 V4 V5 V6

Supine

(1) 0:00 0.0 mph  
(2) 0:00 0.0 %  
68 bpm 130/80



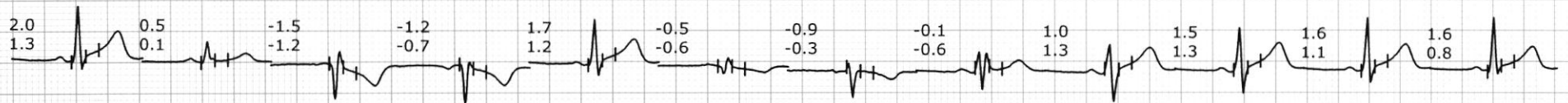
Standing

(1) 0:00 0.0 mph  
(2) 0:00 0.0 %  
68 bpm 130/80



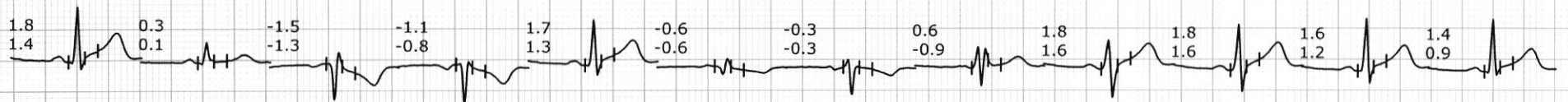
HV

(1) 0:00 0.0 mph  
(2) 0:00 0.0 %  
68 bpm 130/80



ExStart

(1) 0:00 0.0 mph  
(2) 0:00 0.0 %  
68 bpm 130/80



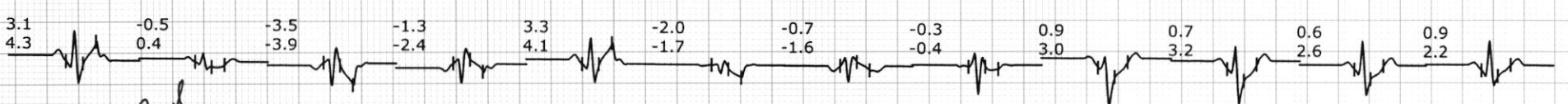
Stage 1

(1) 3:00 1.7 mph  
(2) 3:00 10.0 %  
129 bpm 134/84



Stage 2

(1) 6:00 2.5 mph  
(2) 3:00 12.0 %  
164 bpm 136/86



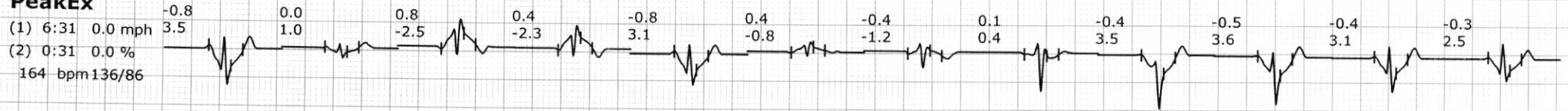
Sachin Garg



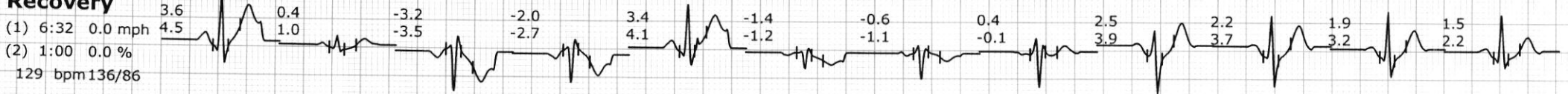


I II III avR avL avF V1 V2 V3 V4 V5 V6

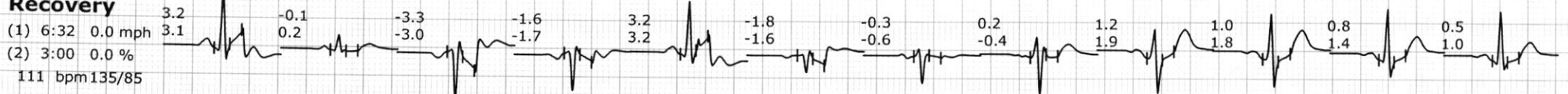
**PeakEx**



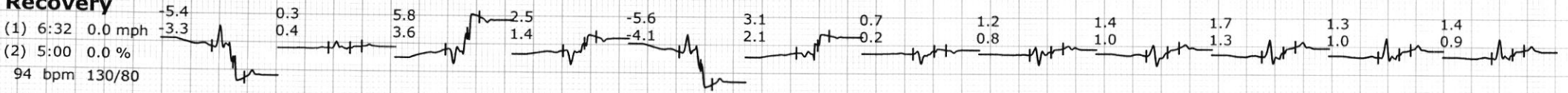
**Recovery**



**Recovery**



**Recovery**



*Sachin Garg*



Protocol : BRUCE

		I	II	III	avR	avL	avF	V1	V2	V3	V4	V5	V6
STL (mm) 60 mSecs Post J	Supine	1.5	0.3	-1.3	-0.9	1.4	-0.5	-0.4	0.4	1.6	1.6	1.2	1.3
	Standing	1.8	0.3	-1.5	-1.1	1.6	-0.6	-0.3	0.6	1.7	1.8	1.6	1.3
	HV	2.0	0.5	-1.5	-1.2	1.7	-0.5	-0.9	-0.1	1.0	1.5	1.6	1.6
	ExStart	1.8	0.3	-1.5	-1.1	1.7	-0.6	-0.3	0.6	1.8	1.8	1.6	1.4
	Stage 1	2.2	0.1	-2.1	-1.2	2.2	-1.0	-1.0	-0.6	1.4	2.0	1.9	1.7
	Stage 2	3.1	-0.5	-3.5	-1.3	3.3	-2.0	-0.7	-0.3	0.9	0.7	0.6	0.9
	PeakEx	-0.8	0.0	0.8	0.4	-0.8	0.4	-0.4	0.1	-0.4	-0.5	-0.4	-0.3
	Recovery	3.6	0.4	-3.2	-2.0	3.4	-1.4	-0.6	0.4	2.5	2.2	1.9	1.5
	Recovery	3.2	-0.1	-3.3	-1.6	3.2	-1.8	-0.3	0.2	1.2	1.0	0.8	0.5
	Recovery	-5.4	0.3	5.8	2.5	-5.6	3.1	0.7	1.2	1.4	1.7	1.3	1.4
STS mV/Sec.	Supine	1.1	-0.5	-1.6	-0.3	1.3	-1.1	-0.2	-0.6	1.6	1.6	1.2	0.9
	Standing	1.3	0.1	-1.3	-0.7	1.3	-0.6	-0.3	-0.8	1.5	1.5	1.2	0.8
	HV	1.3	0.1	-1.2	-0.7	1.2	-0.6	-0.3	-0.6	1.3	1.3	1.1	0.8
	ExStart	1.4	0.1	-1.3	-0.8	1.3	-0.6	-0.3	-0.9	1.6	1.6	1.2	0.9
	Stage 1	2.3	0.1	-2.3	-1.3	2.3	-1.1	-0.9	-0.8	2.5	2.7	2.3	1.6
	Stage 2	4.3	0.4	-3.9	-2.4	4.1	-1.7	-1.6	-0.4	3.0	3.2	2.6	2.2
	PeakEx	3.5	1.0	-2.5	-2.3	3.1	-0.8	-1.2	0.4	3.5	3.6	3.1	2.5
	Recovery	4.5	1.0	-3.5	-2.7	4.1	-1.2	-1.1	-0.1	3.9	3.7	3.2	2.2
	Recovery	3.1	0.2	-3.0	-1.7	3.2	-1.6	-0.6	-0.4	1.9	1.8	1.4	1.0
	Recovery	-3.3	0.4	3.6	1.4	-4.1	2.1	0.2	0.8	1.0	1.3	1.0	0.9
STI $\mu$ Vs	Supine	10.6	2.9	-6.1	-5.8	7.5	-1.6	-2.2	3.7	8.5	8.9	5.9	7.5
	Standing	10.1	1.9	-8.4	-6.0	9.2	-3.2	-0.6	5.1	9.7	9.9	8.8	7.7
	HV	11.5	3.1	-8.6	-7.4	10.1	-2.5	-5.8	-1.3	4.1	7.7	9.0	9.8
	ExStart	10.4	1.9	-8.5	-6.3	9.7	-3.3	-1.2	4.9	9.8	9.8	8.9	8.1
	Stage 1	9.5	0.2	-9.3	-4.7	9.9	-4.5	-4.9	-4.3	3.1	6.1	7.1	7.8
	Stage 2	9.5	-6.4	-16.0	-1.5	12.7	-11.1	0.4	-3.1	-3.2	-6.1	-5.2	-0.5
	PeakEx	-19.4	-4.5	14.8	11.9	-17.2	5.3	1.9	-3.5	-16.5	-17.6	-14.9	-11.8
	Recovery	12.2	-0.9	-13.1	-5.6	14.2	-7.1	-0.6	0.4	4.9	3.5	3.2	2.7
	Recovery	13.9	-1.5	-15.3	-6.2	16.1	-8.4	0.4	1.2	3.4	2.1	1.5	0.8
	Recovery	-40.5	2.0	42.6	19.2	-41.3	23.2	6.1	7.4	8.6	10.7	8.0	8.7

*Sachin Ray*