

Ms. KUMUDINIKANCHAN MAKWANA (38

UHID

AHIL.0000862050

AHC No

AHILAH206055

Date

14/04/2023

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

Namaste Ms. KUMUDINIKANCHAN MAKWANA.

Thank you for choosing Apollo ProHealth, India's first Al-powered health management program, curated to help you make positive health shifts. Being healthy is about making smart choices, and you have taken the first step with this program. We are privileged to be your healthcare partner. Your health is our priority.

We are with you on your path to wellness by:

Predicting your risk: Artificial Intelligence-powered predictive risk scores are generated, based on your personal, medical, and family history and detailed multi-organ evaluation of your body through diagnostic and imaging tests.

Preventing onset or progress of chronic lifestyle diseases: Your Health Mentor is available to help you understand your physician's recommendations and helping you handle any concerns (complimentary service up to one year)

Overcoming barriers to your wellbeing: Your Health Mentor will help you set your health goals and guide you with tips to stay on track. We will also, digitally remind you to proactively prioritize your health.

Through this report, you will be able to understand your overall health status, your health goals and the recommendations for your path to wellness. Your Health Report will include the following:

- Your medical history and physical examination reports
- Results from your diagnostic and imaging tests
- Al powered health risk scores
- Your physician's impression and recommendations regarding your overall health
- Your personalized path to wellness, including your follow-up assessments and vaccinations



We have reviewed the results of the tests and have identified some areas for you to act on. We believe that with focus and targeted interventions, you can be healthier and happier.

Scan the QR code to download the Apollo 247 App



You can visit your proHealth physician in person at this center, or you can book a virtual consultation for review via www.apollo247.com or through the Apollo 24*7 mobile app. You can avail 30% discount on additional tests and follow-up tests at Apollo Hospitals within one week. You may call your Health Mentor on 04048492633 or email at prohealthcare@apollohospitals.com

Stay Healthy and happy!

Apollo ProHealth Care team

Disclaimer: The services offered in the program may vary depending on any prior mutual agreements between guests and the facility/unit.

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: Ms. KUMUDINIKANCHAN MAKWANA (38 /F)

Date



Examined by : Dr. SHASHIKANT NIGAM

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

UHID

: AHIL.0000862050

AHC No : AHILAH206055

Chief Complaints

For Annual health checkup No specific complaints

Present Known illness

No history of

- Diabetes mellitus, Hypertension, Dyslipidemia, Thyroid disorder, Heart

disease, Stroke

Drug Allergy

NO KNOWN ALLERGY

:14/04/2023



Systemic Review

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Oral and dental

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Gynaec history

- Nil Significant

Central nervous system

- Nil Significant

Eyes

- Nil Significant

ENT

- Nil Significant

Musculoskeletal system

Spine and joints

- Nil Significant

Skin

- Nil Significant

General symptoms

- Nil Significant



Past medical history

Do you have any

Nil

allergies?

Allergies

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organization is A credited by Joint Commission Pastrinedical history

- nil significant

Covid 19

- Yes

- 2022

Post detection (3

Weeks)

- No

Hospitalization for

- No

Covid 19



Surgical history

Caesarian section

- 2016



Personal history

Ethnicity

- Indian Asian

Marital status

- Married

No. of children

- 2

Female

1

Male

1

Profession

- corporate employed

Diet

- Mixed Diet

Alcohol

- does not consume alcohol

Smoking

- No

Chews tobacco

- No

Physical activity

Moderate



Family history

Father

- alive

Mother

alive

Brothers

- 1

Sisters

- 1

Diabetes

father, mother

Hypertension

mother

Coronary artery

- none

disease

Cancer

None

Asthma

mother



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General

General appearance - normal

Build - normal

Height - 158

Weight - 65.6

BMI - 26.28

Pallor - No

Oedema - no

Cardiovascular system

- 70 Heart rate (Per minute)

Rhythm - Regular

Systolic(mm of Hg) - 110

Diastolic(mm of Hg) - 70

- B.P. Sitting

Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Organomegaly - No

Tenderness - No

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COMPLETE BLOOD COUNT WITH ESR

Test Name	Result	Unit	Level	Range
Hemoglobin (Photometric Measurement)	13.7	gm%		12-16
Packed cell volume(Calculated)	40.7	%		36-46
RBC COUNT (Impedance)	4.68	Million/ul		3.8-5.2
MCV (From RBC Histogram)	87	fl		80-100
MCH(Calculated)	29.35	pg		27-32
MCHC(Calculated)	33.7	%		31-36
RDW(Calculated)	13.5	%		11.5-14.5
WBC Count (Impedance)	5978	/cu mm		4000-11000
Neutrophils	60	%		40-75
Lymphocytes	30	%		20-40
Monocytes	08	%		2-10
Eosinophils	02	%		01-06
Basophils	00	%		0-1
Platelet Count (Impedance)	263400	/cu mm		150000-450000
MPV (Calculated)	7.5	fl		7-11
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Automated/ optic– electronic)	7	mm/1st hr	•	0-20

BLOOD GROUPING AND TYPING (ABO and Rh)

Test Name Result Unit Level Range

BLOOD GROUP: B Positive

LFT (LIVER FUNCTION TEST)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Within Normal Range	Borderline	e High/Low	Out	of Range
AST (SGOT) - SERUM	24	U/L		>1 year Female : <32
ALKALINE PHOSPHATASE - SERUM/PLASMA	57	U/L		Adult(Female): 35 - 104
ALT(SGPT) - SERUM / PLASMA	25	U/L		0-35
Test Name	Result	Unit	Level	Range

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Total Bilirubin	0.464	mg/dL	0.300-1.200
Direct Bilirubin	0.174	mg/dL	Upto 0.3 mg/dl
Indirect Bilirubin	0.29	mg/dL	1 Day ≤5.1 mg/dL

2 Days ≤7.2 mg/dL 3-5 Days ≤10.3 mg/dL 6-7 Days ≤8.4 mg/dL 8-9 Days ≤6.5 mg/dL 10-11 Days ≤4.6 mg/dL 12-13 Days ≤2.7 mg/dL 14 Days - 9 Years 0.2-0.8 mg/dL 10-19 Years 0.2-1.1 mg/dL

≥20 Years 0.2-1.2 mg/dL

CREATININE - SERUM / PLASMA

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.94	mg/dL		Adult Female: 0.5 - 1.2

LFT (LIVER FUNCTION TEST)

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Test Name	Result	Unit	Level	Range	
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	24	U/L		Male : 10 - 71 Female : 6 - 42	

GLUCOSE - SERUM / PLASMA (FASTING)

Within Normal Range

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	95	mg/dL		70 - 100 : Normal

>= 126 : Diabetes Mellitus

Unit

GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Post Prandial)	82	mg/dL		70-140
GLYCOSYLATED HEMOGLOBIN (HB				

Result

Page 7 of 12

Test Name



Borderline High/Low



Level

Range

Out of Range

%

Normal < 5.7

%Increased risk for Diabetes 5.7 - 6.4%

Diabetes >= 6.5%

Monitoring criteria for Diabetes Mellitus <7.0: Well Controlled Diabetes 7.1 – 8.0: Unsatisfactory Control > 8.0: Poor Control & Needs Immediate Treatment

102.54

Estimated Average Glucose.

LFT (LIVER FUNCTION TEST)

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM / PLASMA	7.17	g/dL		6.00-8.00
PROTEIN TOTAL - SERUM / PLASMA	7.17	g/dL		6.00-8.00
ALBUMIN - SERUM	4.55	g/dL		Adult(18 - 60 Yr): 3.5 - 5.2
ALBUMIN - SERUM	4.55	g/dL		Adult(18 - 60 Yr): 3.5 - 5.2
Globulin-Serum/Plasma	2.62			2.20-4.20
Globulin-Serum/Plasma	2.62			2.20-4.20
A/G ratio	1.74			1.00-2.00
A/G ratio	1.74	95	•	1.00-2.00
THYROID PROFILE (T3,T4 AND TSH	1			
Test Name	Result	Unit	Level	Range
				=
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.3	nmol/L	•	Adults(20-120 Yrs): 1.2 - 3.1 Pregnant Female : First Trimester : 1.61 - 3.53 Second Trimester : 1.98 - 4.02 Third Trimester : 2.07 - 4.02
	1.3 78	nmol/L	•	Pregnant Female : First Trimester : 1.61 - 3.53 Second Trimester : 1.98 - 4.02

Within Normal Range



Borderline High/Low



Out of Range

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MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

URIC ACID - SERUM

Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It is also associated with other medical conditions including diabetes and the formation of kidney stones.

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.7	mg/dL		Male : 3.4-7.0 Female : 2.4-5.7
BUN (BLOOD UREA NITROGEN)				
Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9	mg/dL		6-20
UREA - SERUM / PLASMA	19	mg/dL		15 - 50
LIPID PROFILE - SERUM				
Test Name	Result	Unit	Level	Range
Total Cholesterol	161	mg/dl		0 - 200 : Desirable 200 - 240 : Borderline High 240 - 280 : High > 280 : Very High
Triglycerides - Serum	80	mg/dL		0-150
HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	44 *	mg/dL	•	< 40 : Major risk factor for heart disease 40 - 59 : The higher The better. >=60 : Considered protective against heart disease
LDL Cholesterol (Direct LDL)	120	mg/dL	•	100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High >=190 : Very High
VLDL CHOLESTEROL	16			< 40 mg/dl
C/H RATIO	4			0-4.5

X-RAY CHEST PA

X-ray imaging creates pictures of the inside of your body. Chest X-ray can reveal abnormalities in the lungs, the heart, and bones that sometimes cannot be detected by examination.



Within Normal Range



Borderline High/Low



Out of Range





by Joint Commission in Accounting

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

Lung fields are otherwise clear.

Cardio thoracic ratio is normal.

Minimal blunting of right costophrenic angle is seen, possibility of pleural effusion / thickening.

UHID : AHIL.0000862050

Left costophrenic angle is clear.

Domes of diaphragm are well delineated.

Bony thorax shows no significant abnormality.

Advice clinical correlation.

ECHO/TMT

Investigations Not Done / Not Yet Reported

Haematology

STOOL ROUTINE

URINE GLUCOSE(FASTING)

URINE GLUCOSE(POST PRANDIAL)

Histopathology

CONVENTIONAL PAP SMEAR /CERVICAL SMEAR

Haematology

URINE FOR ROUTINE EXAMINATION

CARDIOLOGY

ECG

Ultrasound Radiology

USG WHOLE ABDOMEN

Within Normal Range

Borderline High/Low



Out of Range

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Executive Summary



.BODY WEIGHT 65.6 KG, IDEAL BODY WEIGHT 47-57 KG

.SUBCLINICAL HYPOTHYROIDISM

.ECG - NORMAL

.ECHO - NORMAL STUDY

.USG ABDOMEN - A well defined hyperechoic lesion of approximate size 1.6 x 1.4 cm seen in right lobe of

liver, possibility of benign etiology fatty hemangioma likely.

Rest unremarkable study,

.CHEST X-RAY - Minimal blunting of right costophrenic angle is seen, possibility of pleural effusion / thickenin, Fibrocalcified opacities are seen in the right lower zone.

.VISION - NORMAL

.DENTAL - AS PER DOCTOR ADVICE

Wellness Prescription

Advice On Diet :-



BALANCED DIET

Advice On Physical Activity :-



REGULAR 30 MINUTES WALK FOR HEALTH AND 60 MINUTES FOR WEIGHT REDUCTION PRACTICE YOGA AND MEDITATION
MAINTAIN WEIGHT BETWEEN 47-57 KG

Follow-up and Review Plan



CHECK ANTI TPO ANTIBODIES

Scan the QR code in AskApollo App to book your follow-up appointments and

investigations

Dr.SHASHIKANT NIGAM

AHC Physician / Consultant Internal Medicine

Merchanica A. Regal No

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Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

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CARDIOLOGY

Patient Details : Ms. KUMUDINIKANCHAN MAKWANA | Female | 38Yr 11Mth 14Days

UHID : AHIL.0000862050 Patient Location: AHC

Patient Identifier: AHILAH206055

DRN : 5623035875 Completed on : 15-APR-2023 13:43

Ref Doctor : DR. SHASHIKANT NIGAM

ECHO/TMT

FINDINGS:

Normal cardiac chamber dimensions.

Normal LV systolic function, LVEF: 60%

No Regional wall motion abnormalities at rest.

Normal LV compliance.

All cardiac valves are structurally normal.

IAS/ IVS intact.

No MR, No AR, No PR, Trivial TR.

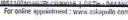
No PAH, RVSP:18 mm Hg.

No clots/ vegetation/ effusion.

MEASUREMENTS (mm) ::

	LVID diastole	LVID systole	IVSd / LVPW	LA Size	AO (Root
Measurements (mm)	38	21	9/10	29	24

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Ms. KUMUDINIKANCHAN MAKWANA

AHIL.0000862050

AHILAH206055

ECHO/TMT

PULSED, HPRF, CW AND COLOUR DOPPLER PARAMETERS

MITRAL AORTIC PULMONAR

Peak Velocity m/sc.

E:1.00/A:

0.63

0.74

Peak PR. Gradient mm.Hg.

6.86

1.31

2.18

IMPRESSION

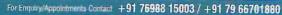
--- END OF THE REPORT ----

DR SAMEER DANI MD.DM

DR. CHIRAG PRAHLADBHAI PATEL

Interventional Cardiologist

MBBS., PGDCC











RADIOLOGY

Patient Details : Ms. KUMUDINIKANCHAN MAKWANA | Female | 38Yr 11Mth 13Days

UHID : AHIL.0000862050

Patient Location: AHC

Patient Identifier:

AHILAH206055

DRN

223020786

Completed on:

14-APR-2023 13:15

Ref Doctor

DR. SHASHIKANT NIGAM

USG WHOLE ABDOMEN

FINDINGS:

Liver appears normal in size and shows uniform normal echotexture. A well defined hyperechoic lesion of approximate size 1.6 x 1.4 cm is seen in right lobe of liver, possibility of benign etiology hemangioma likely. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.

Visualized Head and body of pancreas appear normal in size and echotexture. No focal lesions identified. Pancreatic duct appears normal in caliber.

Spleen measures 10.7 cms and shows uniform echotexture.

Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation. Cortical outlines appear smooth. No evidence of calculi. Pelvicalyceal system on both sides appear normal.

No evidence of ascites or lymphadenopathy.

Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.

Uterus is anteverted and appears normal in size and echotexture. No focal lesion is seen. Myometrial and endometrial echopattern appear normal. Endometrial thickness is 5 mm.

Both ovaries are normal in size and echopattern.

No free fluid is seen in Pouch Of Douglas.

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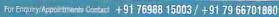
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Ms. KUMUDINIKANCHAN MAKWANA

AHIL.0000862050

AHILAH206055

USG WHOLE ABDOMEN

No definite evidence of adnexal/pelvic mass is seen.

IMPRESSION:

A well defined hyperechoic lesion of approximate size 1.6 x 1.4 cm seen in right lobe of liver, possibility of benign etiology hemangioma likely.

Rest unremarkable study.

- END OF THE REPORT -

S. S. Porme

SIDDHARTH S PARMAR

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RADIOLOGY

Patient Details : Ms. KUMUDINIKANCHAN MAKWANA | Female | 38Yr 11Mth 13Days

UHID : AHIL.0000862050

Patient Location: AHC

Patient Identifier:

AHILAH206055

DRN

: 123049697

Completed on:

14-APR-2023 10:54

Ref Doctor

DR. SHASHIKANT NIGAM

X-RAY CHEST PA

IMPRESSION

Fibrocalcified opacities are seen in the right lower zone.

Lung fields are otherwise clear.

Cardio thoracic ratio is normal.

Minimal blunting of right costophrenic angle is seen, possibility of pleural effusion / thickening.

Left costophrenic angle is clear.

Domes of diaphragm are well delineated.

Bony thorax shows no significant abnormality.

Advice clinical correlation.

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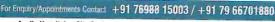
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Ms. KUMUDINIKANCHAN MAKWANA

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AHILAH206055

X-RAY CHEST PA

-- END OF THE REPORT --

AKSHAY SHARMA

Medical Officer

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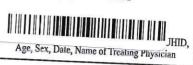
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AHIL.0000862050 Ms. KUMUDINIKANCHAN MAKWANA

38 Year(s) / Female



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			The Carle Street Philips	
Name :		Date : 14/04/2) Unit No. :		
Occupation :		Ref. Physician :		
Age:Sex: Male	Female	Copies to :		
	DENTAL			
ALLERGIES:	DENTAL	NECORD		
PAIN : Score (0-10)	ocation :		Shawa da T	
C E			character:	
			ccasionally	
Market Control American Control	느	nger Sti	ck Any other	
Appendix State			y other	
DO THE GUMS BLEED WHEN YOU	J BRUSH YOUR TEETH	l? Yes	No	
ARE YOUR TEETH SENSITIVE TO	HEAT / COLD?			
ORAL HYGIENE	1	Yes	No.	
		Goo	d Fair Poor	
ORAL TISSUE EXAMINATION	PERIODONTAL	EXAMINATION		
NORMAL FINDINGS			OCCLUSION CLASS II III	
IN DISEASE		MILD MOD SEV	CROSSBITE	
Cheeks	Gingivitis		Hypoplasia	
ongue :	Calculus		Impaction — F/F	
loor of the mouth:	Recession		Non-vital	
alate	Periodontal Pockets	님 닏닏	Fracture	
onsilar Area	Attrition	닐 닏 닏	Abcess	
ny other			Ulcers Caries	
ny outer	Erosion		Missing Teeth	
	Mobility		Supernumerary	
			Others	
RESENT COMPLAINT:	Portes Cl	lectry		
RE-MEDICAL HISTORY: DM	☐ HTN ☐ Thyroid	☐ Acidity ☐ Pregr	nancy	



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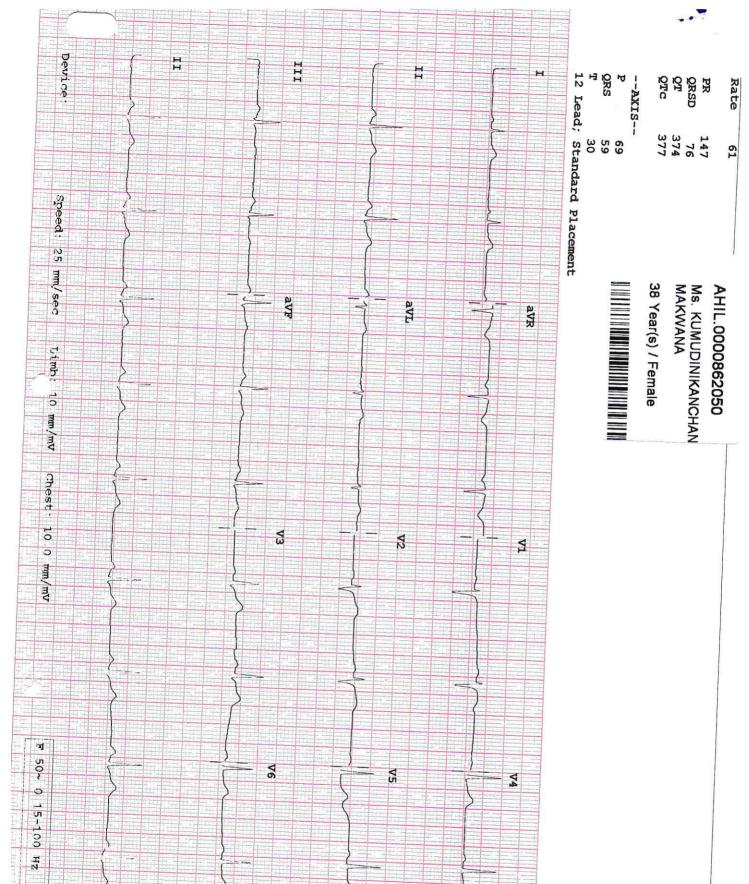
OBSTETRICS & GYNAECOL	OGY - AHC
AHIL.0000862050 Name Ms. KUMUDINIKANCHAN MAKWANA 38 Year(s) / Female emale GYNAEC	Date: WWW. Unit No.: Ref. Physician: Da. Usha Rohra Copies to:
Chief Complaint:	
Bone.	P2+1
Children: 2, 19 18)	Weight:
Deliveries: 1FTND, 29454.	*
Last Child: Mch 16 years 1 LSCS	BP:
Periods: lequeur — dan	Breasts: Normal SPAP Smear: Not terran (M/C++)
LMP: 1314123	Previous Medical H/O:
Menopause:	Dom.
G. Condition:	EIHIO: DM
P/A: soft	Previous Sural and the
S/E:	Previous Surgical H/O:
P/V:	

P/R:

Impression:

Doctor Signature
Date & Time
MMM 23

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AHIL.0000862050 Ms. KUMUDINIKANCHAN

MAKWANA

Date:

14/4/23

Name

UHID:

38 Year(s) / Female

Distance Vision:

Right Eye -

6/6

Left Eye -

616

Near Vision:

Right Eye:

NG

Left Eye:

No

APLN.TN - Right Eye

Left Eye- 15 mmHg

Both Eye - Colour Vision

Dormal

Both Eye - Anterior Segment Examinations -

Both Eye Posterior Segment Examinations -

AHMROP028V1

Ophthalmologist Name