



ADITIJKLK@GMAIL.COM
ADITIJKLK@GMAIL.COM

LETTER OF APPROVAL / RECOMMENDATION

To,

The Coordinator,
Mediwheel (Arcofemi Healthcare Limited)
Helpline number: 011- 41195959

Dear Sir / Madam,

Sub: Annual Health Checkup for the employees of Bank of Baroda

This is to inform you that the following employee wishes to avail the facility of Cashless Annual Health Checkup provided by you in terms of our agreement.

PARTICULARS	EMPLOYEE DETAILS
NAME	MS. JAIN ADITI
EC NO.	85245
DESIGNATION	ZONAL VIGILANCE
PLACE OF WORK	NEW DELHI,ZO NEW DELHI
BIRTHDATE	08-05-1985
PROPOSED DATE OF HEALTH CHECKUP	10-07-2021
BOOKING REFERENCE NO.	21S85245100000936E

This letter of approval / recommendation is valid if submitted along with copy of the Bank of Baroda employee id card. This approval is valid from **29-06-2021** till **31-03-2022** The list of medical tests to be conducted is provided in the annexure to this letter. Please note that the said health checkup is a **cashless facility** as per our tie up arrangement. We request you to attend to the health checkup requirement of our employee and accord your top priority and best resources in this regard. The EC Number and the booking reference number as given in the above table shall be mentioned in the invoice, invariably.

We solicit your co-operation in this regard.

Yours faithfully,

Sd/-

Chief General Manager
HRM Department
Bank of Baroda

SUGGESTIVE LIST OF MEDICAL TESTS

FOR MALE	FOR FEMALE
CBC	CBC
ESR	ESR
Blood Group & RH Factor	Blood Group & RH Factor
Blood and Urine Sugar Fasting	Blood and Urine Sugar Fasting
Blood and Urine Sugar PP	Blood and Urine Sugar PP
Stool Routine	Stool Routine
Lipid Profile	Lipid Profile
Total Cholesterol	Total Cholesterol
HDL	HDL
LDL	LDL
VLDL	VLDL
Triglycerides	Triglycerides
HDL / LDL ratio	HDL / LDL ratio
Liver Profile	Liver Profile
AST	AST
ALT	ALT
GGT	GGT
Bilirubin (total, direct, indirect)	Bilirubin (total, direct, indirect)
ALP	ALP
Proteins (T, Albumin, Globulin)	Proteins (T, Albumin, Globulin)
Kidney Profile	Kidney Profile
Serum creatinine	Serum creatinine
Blood Urea Nitrogen	Blood Urea Nitrogen
Uric Acid	Uric Acid
HBA1C	HBA1C
Routine urine analysis	Routine urine analysis
USG Whole Abdomen	USG Whole Abdomen
General Tests	General Tests
X Ray Chest	X Ray Chest
ECG	ECG
2D/3D ECHO / TMT	2D/3D ECHO / TMT
Stress Test	Thyroid Profile (T3, T4, TSH)
PSA Male (above 40 years)	Mammography (above 40 years) and Pap Smear (above 30 years).
Thyroid Profile (T3, T4, TSH)	Dental Check-up consultation
Dental Check-up consultation	Physician Consultation
Physician Consultation	Eye Check-up consultation
Eye Check-up consultation	Skin/ENT consultation
Skin/ENT consultation	Gynaec Consultation

DR. CHARU KOHLI
CONSULTANT MBBS
DMC-8388
Dr. Charu Kohli's Clinic

Case

of

Age - 36 years
94597948

भारत सरकार
GOVT. OF INDIA

ADITI JAIN
INCOME TAX DEPARTMENT

VINAY KUMAR JAIN
08/05/1985
Permanent Account Number
ANXPJ4923H

Signature



02082010

Waste

DR. CHARU KOHLI
CONSULTANT MBBS
DMC-8388
Dr. Charu Kohli Clinic

Aditi

पिचने पर निम्नलिखित को सौंपिए
सहायक महाप्रबन्धक (सुरक्षा)
बैंक ऑफ बरोडा कॉर्पोरेट सेंटर
सी-28, जी ब्लॉक, बान्द्रा-कुर्या कॉम्प्लेक्स,
मुंबई : 400 051, भारत
फोन : 91 22 6698 5196, फेक्स : 91 22 2652 5747
If found, please return to :
Asst. General Manager (Security)
Bank of Baroda, Baroda Corporate Center
C-28, G-Block, Bandra-Kurla Complex
Mumbai-400 051, India
Phone : 91 22 6698 5196, Fax : 91 22 2652 5747

रक्त समूह : Blood Group : **O-ve**
संकेतक चिह्न (Identification Marks) : **Mole on right side of neck.**

Signature of Holder

आपके लेखक
Aditi



Issuing Authority

सहायक महाप्रबन्धक
Aditi

संस्था का नाम
E.C. No. 85245

नाम
ADITI JAIN

बैंक ऑफ बरोडा
Bank of Baroda



Handwritten notes on the left side of the page, including 'H-115', 'M-11', and '28-201/2'.



Charu

DR. CHARU KOHLI
CONSULTANT MBBS
DMC-8388



Charu



Dr. Charu Kohli's Clinic
C-234 Defence Colony, New Delhi-110024
Ph 41550792, 24336960, 24332759
E-mail: drcharukohli@yahoo.com

To,

The HR Team
BANK OF BARODA

Fitness

This is certify that **MS ADITI JAIN** has undergone the necessary tests for the Employee Health check.

Her reports are within normal limits and we hereby conclude that she is fit to join duty.

DATE : 10.07.2021


DR. CHARU KOHLI
CONSULTANT MBBS
DMC-8388




Dr. Charu Kohli's Clinic

C-234 Defence Colony
Phone: 41550792 / 9810017584

Fax: 24332759

e mail: drcharukohli@yahoo.com
website: www.charukohlisultrasound.com

Name : MS ADITI JAIN
Date : 10.07.21

AGE : 36Y Sex : FEMALE
Ref by : Bank of Baroda

MEDICAL SUMMARY

Chief Complaints : NO

History of Present Illness : NO

Systemic Review

<u>Cardiovascular</u>	<u>Respiratory</u>	<u>Gastro Intestinal</u>	<u>CNS</u>	<u>Genito-urin.</u>					
Chest pain	No	Sneezing	No	Appetite	Good	Headache	No	Frequency	Normal
Breathlessness	No	Cough	No	Nausea	No	Giddiness	No	Day	
Palpitation	No	Sputum	No	Vomiting	No	Vertigo	No	Night	
Swelling feet	No	Cold		Diarrhoea	No	Memory & Concentration	Good	Burning	No
Effort tolerance	good	Running nose	No	Constipation	No	Sleep	Good	Urgency	No
		Nose Block	No	Flatulence & Dyspepsia	No	Weakness in any limb	No	Hesitancy	No
		Dyspnoea	No	Retrosternal Burning	No	Tremors	No	Dribbling	No
		Wheeze	No	Abdominal Pain	No	Proximal Muscle Weakness	No	Overflow	No
		Chest Pain	No	Abdominal distension	No	Tingling Sensation	No	Hydrocoele	NA
		Haemoptysis	No	Haemetemesis	No	Feeling Ground like cotton Wool	No		
				Malena	No	Urinary bladder sphincter control	Normal		
				Mouth Ulcers	No	Bowel sphincter control	Normal		
				History of Piles	No	History of fits & seizures	No		
				Bowel Habits	Regular				

Glasses : NO

Eyes : vision - Normal - DV- 6/6
NV-N/6

Ears : NAD Color vision : Normal

Spine& Joints : NAD

Skin : NAD

Dental : Normal

Other symptoms : NIL

Past History : NO

Medical : NO

Surgical : NO

History : NO

<u>Marital Status</u> UNMARRIED	<u>No. of Children</u> 0
<u>Diet (Veg /Non-Veg)</u> VEG	<u>Physical Activity</u> Good
<u>Habits Smoking/Alcohol - NO</u> SMOKING - NO	NO NO

Drug Allergies : Not Known

Family History : NAD

	Age of Present	Health Status	Year of Death	Cause of Death
Father				
Mother	68	Healthy	2019(75)	Natural Death
Brother	32	Healthy		
Sister	35	Healthy		

For female examinees only		Yes/no
a)	Is the applicant pregnant currently? If yes. give details of duration in weeks	NO
b)	Any history of Miscarriage, Abortion or MTP?	NO
c)	Any adverse menstrual history?	NO
d)	Do you suspect any disease related to breast on history taking?(Please do a physical examination only in case of suspicion)	NO

e)	Is there any reason to suspect disease of pelvic organs on history taking?	NO
f)	Has the applicant undergone any of these tests: Pap smear, Mammogram or ultrasound of pelvis? If yes, please give details of date, reason and result.	NO
g)	Any history of gestational HT/diabetes mellitus? If yes, please give details	NO

General Physical Examination

General :

Height	162cm	Pallor	Nil	Cyanosis	Nil
Weight	66kg	Icterus	Nil	Clubbing	Nil
Skin	Normal	Edema	Nil	Lymphadenopathy	Nil
				Temperature	98F

CVS :

Blood Pressure	110/70mmHg	Rhythm	Regular
Pulse Rate	86/min	Heart Sounds	S1,S2Normal
Quality of pulse	Good	Murmurs	Nil

Respiratory System :

Rate & Rhythm	20/min, Regular	Tenderness	Nil
Shape of Chest	B/L Symmetrical	Breath Sounds	Normal
Chest Movements	Normal	Adventitious Sounds	None

Abdomen :

Appearance	Normal	Kidney	Not palpable
Tenderness	Nil	Guarding	Not present
Liver	Not palpable	Spleen	Not palpable
Ascites	No	Hernia	No
Bowel Sounds	Normal	Rigidity	Not seen

CNS :

Cranial Nerves : NAD
 Sensory System : NAD
 Motor System : NAD
 Reflexes : NAD

Extremities & Spine : NAD

ENT : NAD

Signature of Medical Examiner:


DR. CHARU KOHLI
 CONSULTANT MBBS
 DMC-8388

Charu

10/7/2021

TO WHOMSOEVER IT MAY CONCERN

This is to inform you that I visited your clinic today i.e. 10/7/2021 for full medical check up regarding, one of the tests i.e. PAP SMEAR. However, I am not married and not sexually active, hence I do not give my consent for captioned test.

Yours faithfully

AJAIN

(Aadita Jain)

9459279400



Registration No.	10217315	Mobile No.	9459279400
Patient Name	Ms. ADITI JAIN	Registration Date/Time	10/07/2021 08:58:19
Age / Sex	36 Yrs Female	Report Date/Time	10/07/2021 18:20:36
Ref By / Hospital	MEDI WHEEL	Validation Date/Time	10/07/2021 18:20:52
Collected At	DCKC	Printed Date/Time	11/07/2021 13:09:08

Test Name	Value	Unit	Biological Ref Interval
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HAEMATOLOGY

Complete Blood Count (CBC)

Haemoglobin (Hb) .EDTA <i>Method : Colorimetric</i>	13.2	g/dL	12.0 - 15.0
Total Leucocyte Count (TLC) .EDTA <i>Method : Electric impedance</i>	11.3	10 ⁹ /L	04.0 - 10.0
Differential Leucocyte Count <i>Method : Microscopy</i>			
Neutrophil .EDTA	71.2	%	40.0 - 75.0
Lymphocyte .EDTA	20.6	%	20.0 - 45.0
Eosinophil .EDTA	2.6	%	1.0 - 6.0
Monocyte .EDTA	5.6	%	2.0 - 10.0
Basophil .EDTA	0.0	%	0.0 - 1.0
ESR* .EDTA <i>Method : Westergreen</i>	10	mm/1st hr.	00 - 20
Red Blood Cell (RBC) .EDTA <i>Method : Electric impedance</i>	4.86	10 ⁶ /uL	3.80 - 4.80
Hematocrit (HCT /PCV) .EDTA <i>Method : Pulse height detection</i>	38.9	%	36.0 - 46.0
Mean Corp Volume (MCV) .EDTA <i>Method : Calculated</i>	80.1	fL	83.0 - 101.0
Mean Corp Hb (MCH) .EDTA <i>Method : Calculated</i>	27.2	pg	27.0 - 32.0
Mean Corp Hb Conc (MCHC) .EDTA <i>Method : Calculated</i>	33.9	g/dL	31.5 - 34.5
Platelet Count(PLT) .EDTA <i>Method : Electric impedance/Microscopy</i>	249.00	10 ³ /uL	150.00 - 450.00

Page No: 1 of 10

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Nidhi
Dr. Nidhi Vachher
MBBS,MD (Path)



Ayesh
Dr. Ayesha
MBBS, MD(Pathology)

At Your Home: Collection of Blood Samples, ECG, Digital X-Ray

Occupational Health Service • Diagnostic & Preventive • Health Assessment • Periodic Preventive Health Camps • Corporate Health Checks

Ultrasound | Digital X Ray | DEXA | Mammography | Path Lab | ECHO | TMT | Healthchecks | PFT | Holter | Auditory



Registration No.	10217315	Mobile No.	9459279400
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Collected At	DCKC	Printed Date/Time	11/07/2021 13:09:08

Test Name	Value	Unit	Biological Ref Interval
RDW- CV%* ,EDTA	12.6	%	10.0 - 14.5
Blood Group ABO* ,EDTA <i>Method : Forward Grouping</i>	"O"		
Rh Typing ,EDTA <i>Method : Forward Grouping</i>	NEGATIVE		
HbA1c* ,EDTA <i>Method : Photometric method</i>	10.5	%	


INTERPRETATIONS:-

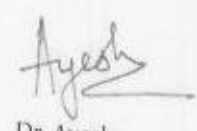
Non Diabetic level/Normal	4.50 - 6.00	%
Good Diabetic Control	6.00 - 6.80	%
Fair Diabetic Control	6.80 - 7.60	%
Uncontrolled Diabetes -action suggested	>7.6	%

Note:-

Glycosylated Haemoglobin is a specific component of HBA1C and is the blood glucose bound to it. This test is an index of carbohydrate in balance during the preceding two months. The estimation is of greater importance for specific group of patient. This result are not affected by time, meal intake exercise, diabetic drugs, emotional Stress etc. HbA1c should be routinely monitored ideally at least every 3 months.

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 Dr. Nidhi Vaehher
 MBBS,MD (Path)


 Dr. Ayesha
 MBBS , MD(Pathology)



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Test Name	Value	Unit	Biological Ref Interval

BIOCHEMISTRY

LIPID PROFILE

Total Lipids .Serum Plain	414	mg/dl	400 - 700
Serum Cholesterol .Serum Plain <i>Method : CHOD-POD</i>	149	mg/dl	80 - 200
Serum Triglycerides .Serum Plain <i>Method : GOD-POD</i>	116	mg/dl	40 - 200
Serum HDL Cholesterol* .Serum Plain <i>Method : Direct Method</i>	44.0	mg/dl	40.0 - 70.0
Serum LDL Cholesterol* .Serum Plain <i>Method : Calculated</i>	82.0	mg/dl	30.0 - 100.0
Serum VLDL Cholesterol* .Serum Plain <i>Method : Calculated</i>	23.0	mg/dl	24.0 - 45.0
Total CHO/HDL Cholesterol Ratio* .Serum Plain <i>Method : Calculated</i>	3.39		
LDL/HDL Cholesterol Ratio* .Serum Plain <i>Method : Calculated</i>	1.86		

* Guidelines for Total Blood Cholesterol Levels on 11 to 12 hour fasting samples.

Desirable : Less than 200 mg/dl

Borderline High Risk : 200 to 239 mg/dl

High Risk : 240 mg/dl and over, on repeated values

Optimal Level for Cardiac Patients : Less than 200 mg/dl

HDL-C : High HDL has generally been found to be protective, decreasing the risk of coronary Artery disease (CAD) in most people. However, some recent studies have shown that in some people with high HDL, the HDL is not protective and may, in fact result in higher risk for CAD than in people with normal HDL levels. In one study it was shown that people with CAD and high HDL had underlying genetic anomalies in enzymes important in lipid turnover. Another study showed that high levels of abnormally large HDL particles were associated with increased risk of CAD. Factors that elevate HDL concentrations include chronic alcoholism, treatment with oral estrogen replacement therapy, extensive aerobic exercise, and treatment with niacin, statins, or fibrates. Smoking reduces levels of HDL cholesterol, while quitting smoking leads to a rise in the plasma HDL level.

LDL Reference Range :

Levels in terms of risk for coronary heart disease :


Adult levels:

Optimal

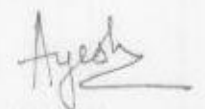
<100 mg/dL

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 Dr. Nidhi Vaehher
 MBBS, MD (Path)




 Dr. Ayesha
 MBBS, MD(Pathology)
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DR. CHARU KOHLI'S CLINIC
 C-234, Defence Colony, New Delhi - 110024
 Phone: 011-41550792, 24332759, 24336950
 E-mail: drcharukohli@yahoo.com
 Facebook.com/Dr.Charukohli



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Patient Name	Ms. ADITI JAIN	Registration Date/Time	10/07/2021 08:58:19
Age / Sex	36 Yrs Female	Report Date/Time	10/07/2021 18:18:07
Ref By / Hospital	MEDI WHEEL	Validation Date/Time	10/07/2021 18:20:52
Collected At	DCKC	Printed Date/Time	11/07/2021 13:09:08

Test Name	Value	Unit	Biological Ref Interval
Near Optimal: above optimal			100 - 129 mg/dL
Borderline high			130 - 159 mg/dL
High			160 - 189 mg/dL

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Nidhi
 Dr. Nidhi Vachher
 MBBS, MD (Path)



Ayesha
 Dr. Ayesha
 MBBS, MD(Pathology)
 DR POOJA SINGH



Registration No.	10217315	Mobile No.	9459279400
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Collected At	DCKC	Printed Date/Time	11/07/2021 13:09:08

Test Name	Value	Unit	Biological Ref Interval
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KIDNEY FUNCTION TEST (KFT)

Blood Urea ,Serum Plain <i>Method : Urease -GLDH</i>	29.8	mg/dl	15.0 - 45.0
Serum Creatinine ,Serum Plain <i>Method : Modified Jaffe's</i>	0.55	mg/dl	0.50 - 1.50
Serum Uric Acid ,Serum Plain <i>Method : Uriase- POD</i>	3.04	mg/dl	2.40 - 5.70
Serum Sodium# ,Serum Plain <i>Method : ISE Direct</i>	139.0	mmol/L	135.0 - 148.0
Serum Potassium* ,Serum Plain <i>Method : ISE Direct</i>	3.89	mmol/L	3.50 - 5.00
Serum Chloride* ,Serum Plain <i>Method : ISE DIRECT</i>	102.00	mmol/L	97.00 - 107.00
Serum Calcium ,Serum Plain <i>Method : Arsenazo III</i>	8.90	mg/dl	New Born : 7.8 - 11.2 mg/dl Adult : 8.2 - 10.6 mg/dl

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Test Name	Value	Unit	Biological Ref Interval
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LIVER PROFILE / LFT

Serum Bilirubin (Total) ,Serum Plain <i>Method : DSA Method</i>	0.36	mg/dl	0.00 - 1.30
Serum Bilirubin (Direct)* ,Serum Plain <i>Method : DSA Method</i>	0.15	mg/dl	0.00 - 0.30
Serum Bilirubin (Indirect)* ,Serum Plain <i>Method : Calculated Parameter</i>	0.21	mg/dl	0.00 - 0.60
SGOT ,Serum Plain <i>Method : IFCC KINETIC</i>	08.9	IU/l	Males : Upto 46 IU/l Females : Upto 40 IU/l
SGPT ,Serum Plain <i>Method : IFCC KINETIC</i>	8.5	IU/l	Upto 49 IU/l
Serum Alkaline Phosphatase ,Serum Plain <i>Method : DEA Method</i>	76.0	IU/l	30.0 - 310.0
Serum Total Protein ,Serum Plain <i>Method : Buret Method</i>	7.15	gm/dl	6.00 - 8.50
Serum Albumin ,Serum Plain <i>Method : BCG Method</i>	4.02	gm/dl	3.50 - 5.50
Globulin ,Serum Plain <i>Method : Calculated</i>	3.10	gm/dl	2.00 - 4.10
A/G Ratio ,Serum Plain <i>Method : Calculated</i>	1.30		1.00 - 2.10
Serum GGTP* ,Serum Plain <i>Method : G-Glutamyl Transferase</i>	25.0	U/L	0.0 - 50.0

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 MBBS.MD (Path)




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Collected At	DCKC	Printed Date/Time	11/07/2021 13:09:08

Test Name	Value	Unit	Biological Ref Interval
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Blood Sugar (Fasting) ,Plasma F <i>Method : GOD POD</i>	229.0	mg/dl	70.0 - 110.0
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Ref By / Hospital	MEDI WHEEL	Validation Date/Time	11/07/2021 13:08:10
Collected At	DCKC	Printed Date/Time	11/07/2021 13:09:08
Test Name		Value	Unit
			Biological Ref Interval

IMMUNOASSAY

TOTAL THYROID PROFILE# .Serum Plain

Triiodothyronine (T3)	1.39	ng/ml	0.50 - 2.00
Thyroxin (T4)	7.36	ug/dl	4.40 - 11.60
Thyroid Stimulating Hormone (TSH)	4.88	uIU/mL	0.39 - 6.16

Comments :

The levels of thyroid hormone (T3&T4) are low in case of primary secondary and tertiary hypothyroidism and sometimes in nonthyroidal illness also. Increased levels are found in grave-s disease, hyperthyroidism and thyroid hormone resistance. T3 levels are also raised in T3 thyrotoxicosis. TSH levels are raised in primary hypothyroidism and are low in hyperthyroidism and secondary

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Ayesha
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Registration No.	10217315	Mobile No.	9459279400
Patient Name	Ms. ADITI JAIN	Registration Date/Time	10/07/2021 08:58:19
Age / Sex	36 Yrs Female	Report Date/Time	10/07/2021 18:20:37
Ref By / Hospital	MEDI WHEEL	Validation Date/Time	10/07/2021 18:20:52
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Test Name	Value	Unit	Biological Ref Interval
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CLINICAL PATHOLOGY

URINE ROUTINE EXAMINATION*

URE PHYSICAL EXAMINATION*

Colour .URINE	Pale Yellow		Pale Yellow
Volume .URINE	10	mL	
Appearance .URINE	S. Turbid		Clear

URE CHEMICAL EXAMINATION*

Reaction .URINE	Acidic		Acidic
Ph (Strip Method) .URINE	6.0		5.0 - 8.0
Specific Gravity .URINE	1.025		1.001 - 1.035
Protein (Strip Method) .URINE	Nil		Not-Detected
Glucose (Strip Method) .URINE	++		Nil

URE MICROSCOPY EXAMINATION

Pus Cells .URINE	2 - 4	/HPF	0 - 2
Epithelial Cells .URINE	3 - 5	/HPF	0 - 2
RBC's .URINE	NIL	/HPF	0 - 2
Casts .URINE	Nil		
Crystals .URINE	Nil		
Bacteria .URINE	Present		Absent
Mucus Thread .URINE	Nil		Nil
Other .URINE	Nil		

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 Dr. Nidhi Vachher
 MBBS, MD (Pathology)

Dr. Nidhi Vachher
 MBBS, MD (Path)



At Your Home: Collection of Blood Samples, ECG, Digital X-Ray

Occupational Health Service • Diagnostic & Preventive • Health Assessment • Periodic Preventive Health Camps • Corporate Health Checks
 Ultrasound | Digital X Ray | DEXA | Mammography | Path Lab | ECHO | TMT | Healthchecks | PFT | Holter | Audiometry



Registration No.	10217315	Mobile No.	9459279400
Patient Name	Ms. ADITI JAIN	Registration Date/Time	10/07/2021 08:58:19
Age / Sex	36 Yrs Female	Report Date/Time	10/07/2021 18:20:37
Ref By / Hospital	MEDI WHEEL	Validation Date/Time	10/07/2021 18:20:52
Collected At	DCKC	Printed Date/Time	11/07/2021 13:09:08
Test Name	Value	Unit	Biological Ref Interval

STOOL ANALYSIS*

STOOL MICROSCOPIC EXAMINATION

OTHERS .STOOL

SNR

Nil

*** End of Report ***



Page No: 10 of 10

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Occupational Health Service • Diagnostic & Preventive • Health Assessment • Periodic Preventive Health Camps • Corporate Health Checks

Ultrasound | Digital X Ray | DEKA | Mammography | Path Lab | ECHO | TMT | Healthchecks | PFT | Holter | Audiometry

Alpina

DR. CHARU KOHLI CLINIC

C-234, DEFENCE COLONY NEW DELHI-110024

NAME : MS. ADITI JAIN
Age/sex : 36/F
REFD BY :

I.D. : 98
Ht/Wt : 162/66
Recorded : 10.07.2021 12.25

TREADMILL TEST SUMMARY REPORT
Protocol: Bruce
History:

Indication1 :
Indication2 :
Indication3 :

Phase Name	Stage Name	Stage Time	Speed (Km./Hr)	Grade (%)	H.R. (BPM)	B.P. (mmHg)	RPP X100	II	ST LEVEL(mm) V2	V5	METS
PRETEST	SUPINE				86	110/70	98				
	HYPERTENT	0.15			111	110/70	105	2.5	1.2	2.8	
	VALSALVA				93	110/70	98	2.8	1.2	2.8	
	STANDING				123	110/70	90	2.6	1.1	2.6	
EXERCISE	STAGE 1	2.59	2.70	10%	95	120/70	114	2.7	1.1	3.0	4.80
	STAGE 2	5.59	4.0	12%	105	120/70	122	1.0	0.9	1.0	7.10
	STAGE 3	8.59	5.4	14%	131	140/70	141	0.3	0.9	0.1	10.00
PEAK EXER	RECOVERY 1	2.59			98	130/70	93	0.8	0.1	1.2	
	RECOVERY 2	5.59			103	120/70	91	0.3	0.2	1.1	

Negative for RMI.

RESULTS
Exercise Duration : 09:35 Minutes
Maximum heart rate : 168 bpm 90% of target heart rate 185 bpm
Maximum Blood Pressure : 140/70 mmHg
Maximum Workload : 10.00 METS
Reason for termination :

DR. D. R. RAJIV
MBBS, MD
DMC-46748
CONSULTANT CARDIOLOGIST
Cardiologist

IMPRESSIONS

SUPINE
PRETEST

ST @ 10mm/mV
80ms PostJ

Ms. ADITI JAIN

I.D. : 98

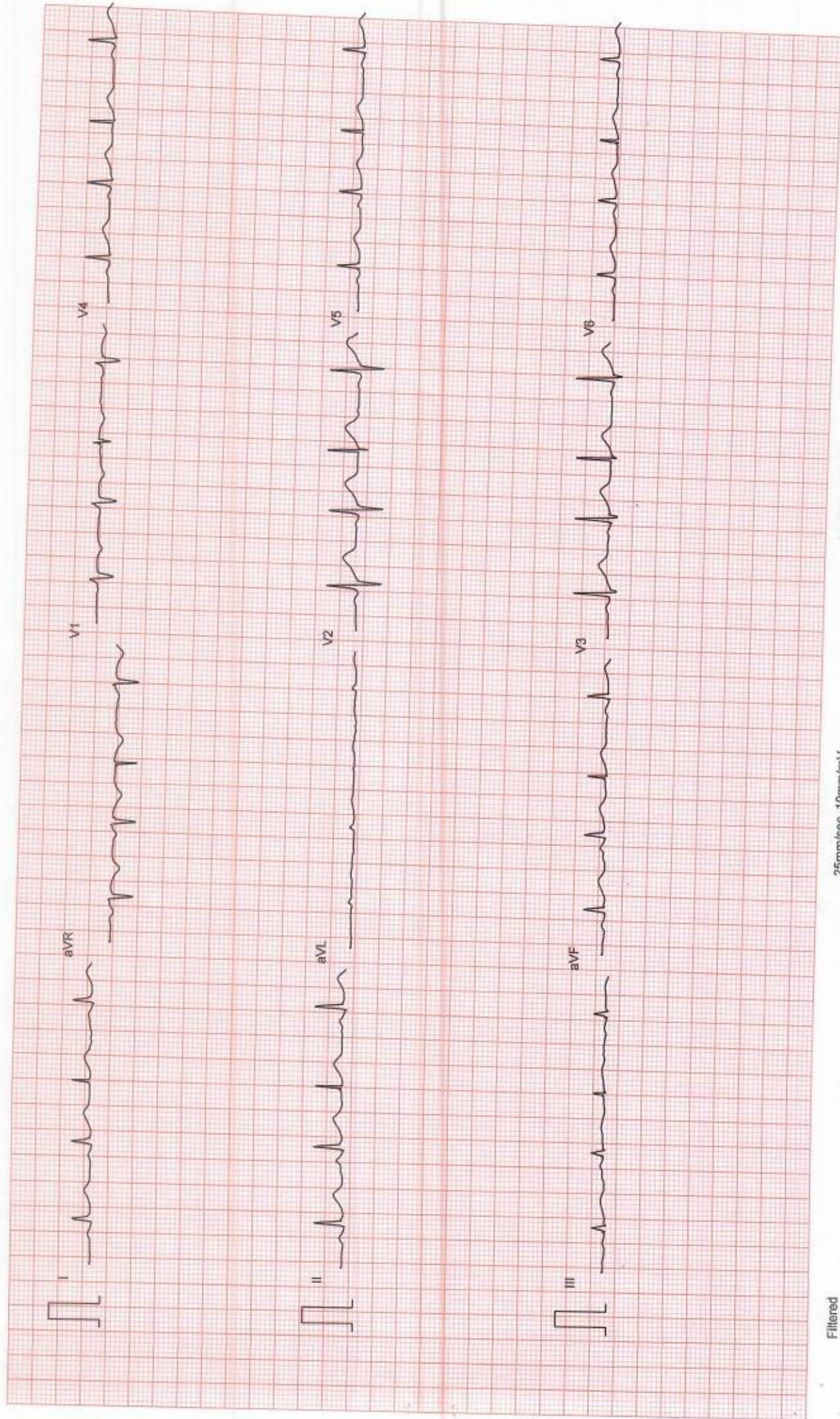
AGE/SEX : 36/F

RECORDED : 10-7-2021 12:25

RATE : 86 BPM

B.P. : 110/70 mmHg

RAW E.C.G.



Filtered

25mm/sec 10mm/mV

CardiCom, INDIA

DR. CHARU KOHLI'S CLINIC

HYPERVENTILATION
PRETEST

ST @ 10mm/mV
80ms PostJ

Ms. ADITI JAIN

I.D. : 98

AGE/SEX : 36/F

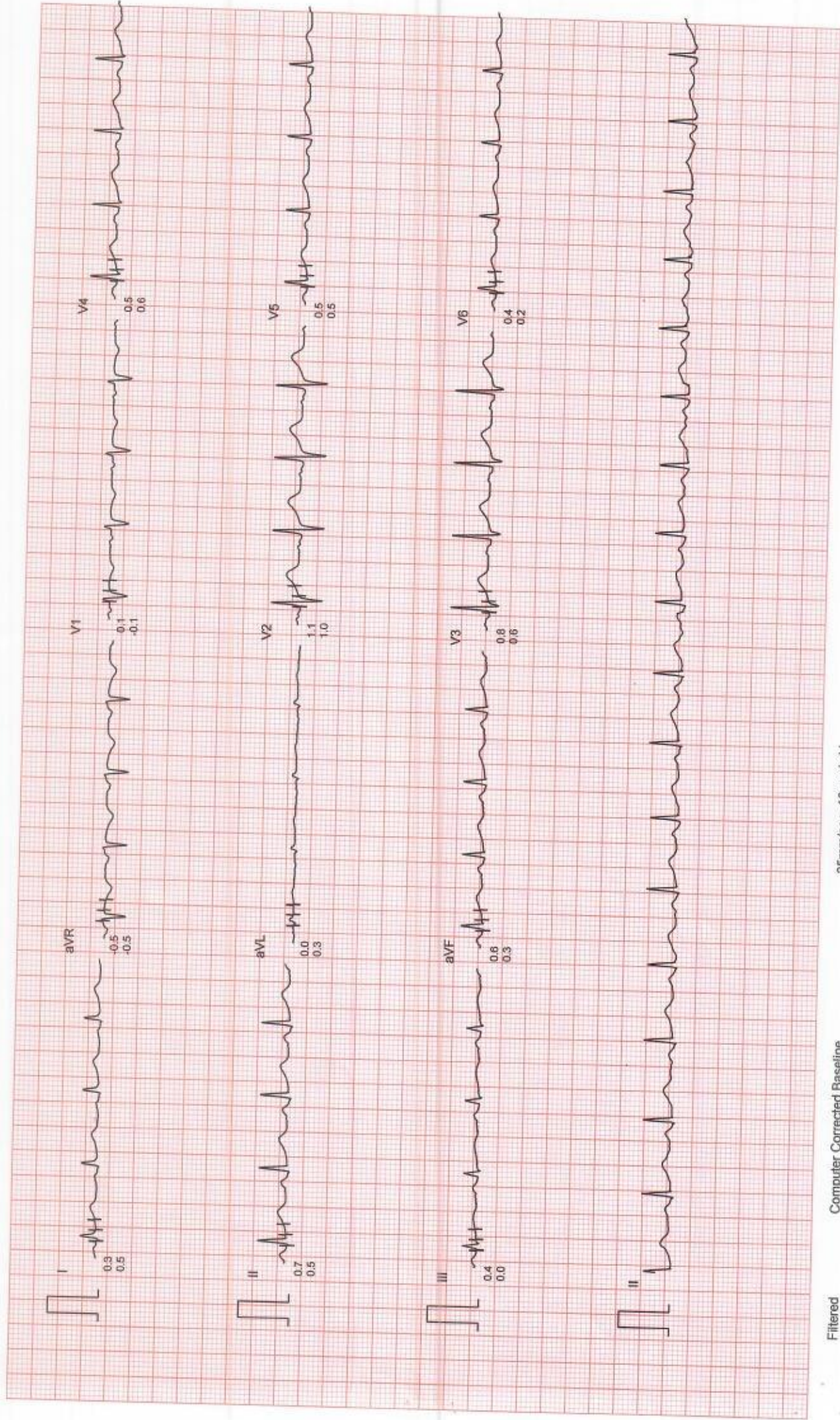
RECORDED : 10-7-2021 12:25

RATE : 111 BPM

B.P. : 110/70 mmHg

STAGE TIME : 0:15

LINKED MEDIAN



Filtered

Computer Corrected Baseline

25mm/sec 10mm/mV

CardiCom, INDIA

DR. CHARU KOHLI'S CLINIC

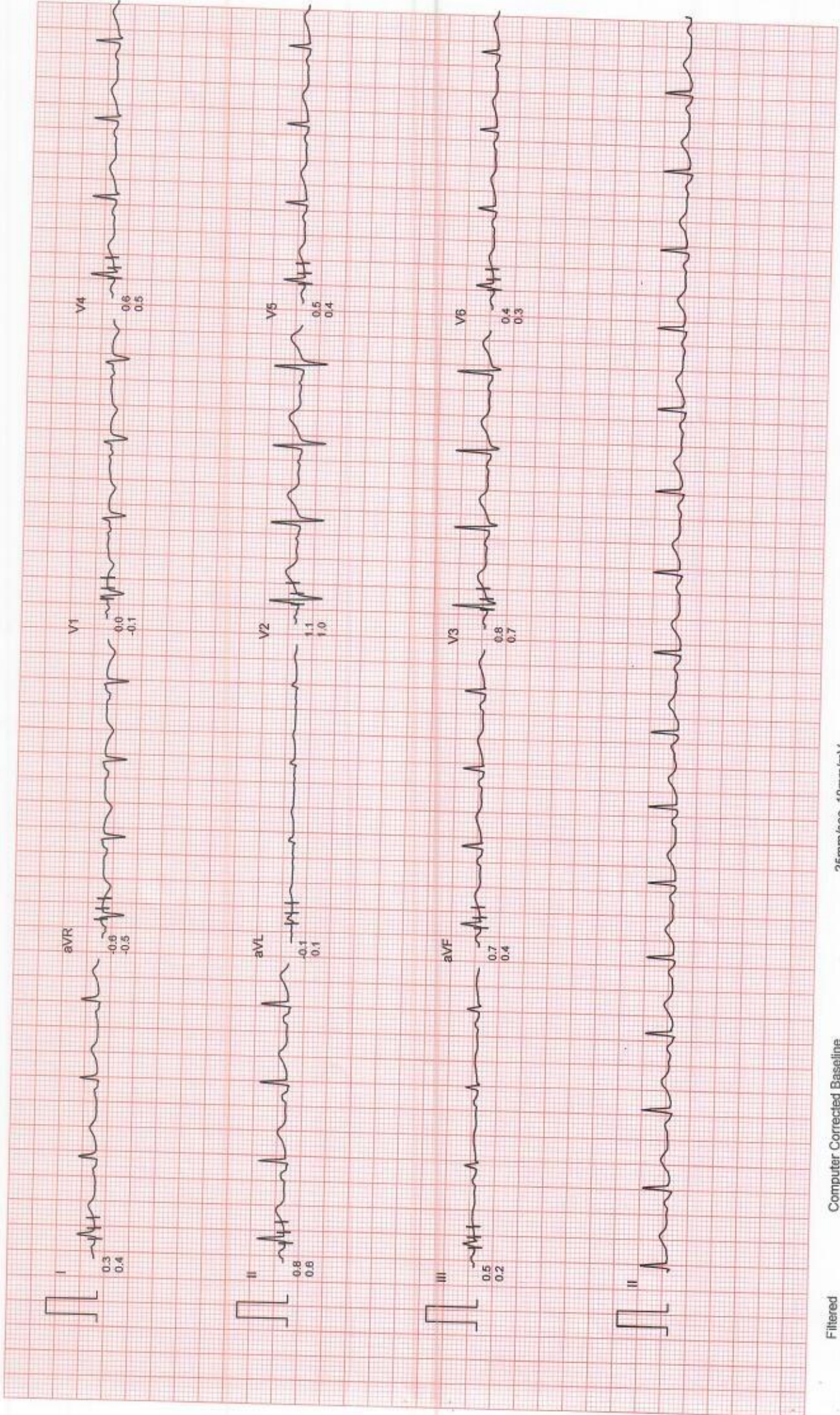
VALSALVA
PRETEST

ST @ 10mm/mV
80ms PostJ

Ms. ADITI JAIN
I.D. : 98
AGE/SEX : 36/F
RECORDED : 10-7-2021 12:25

RATE : 96 BPM
B.P. : 110/70 mmHg

LINKED MEDIAN



Filtered

Computer Corrected Baseline

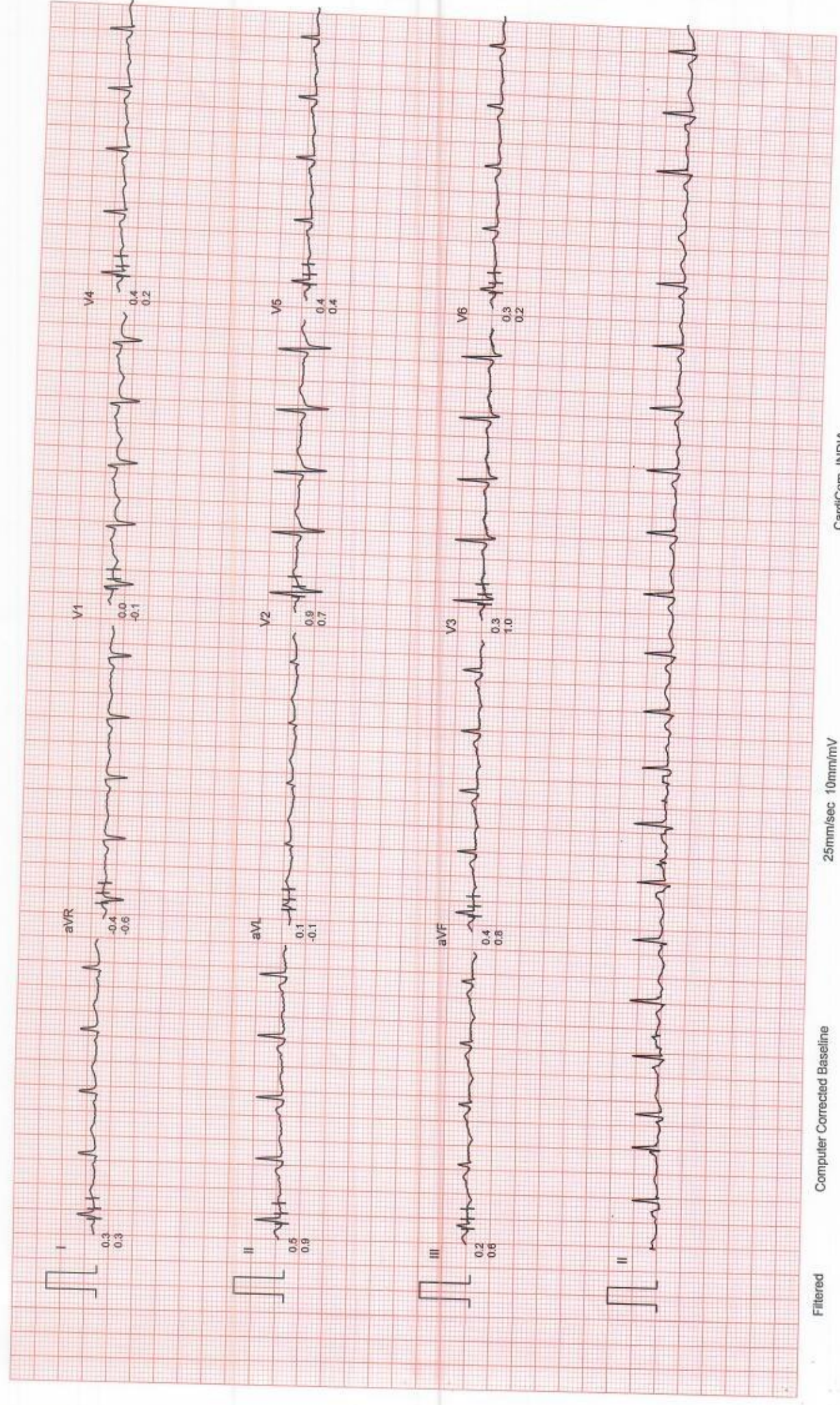
25mm/sec 10mm/mV

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Ms. ADITI JAIN
I.D. : 98
AGE/SEX : 36/F
RECORDED : 10-7-2021 12:25

RATE : 123 BPM
B.P. : 110/70 mmHg

LINKED MEDIAN



Filtered

Computer Corrected Baseline

25mm/sec 10mm/mV

CardiCom, INDIA

DR. CHARU KOHLI'S CLINIC

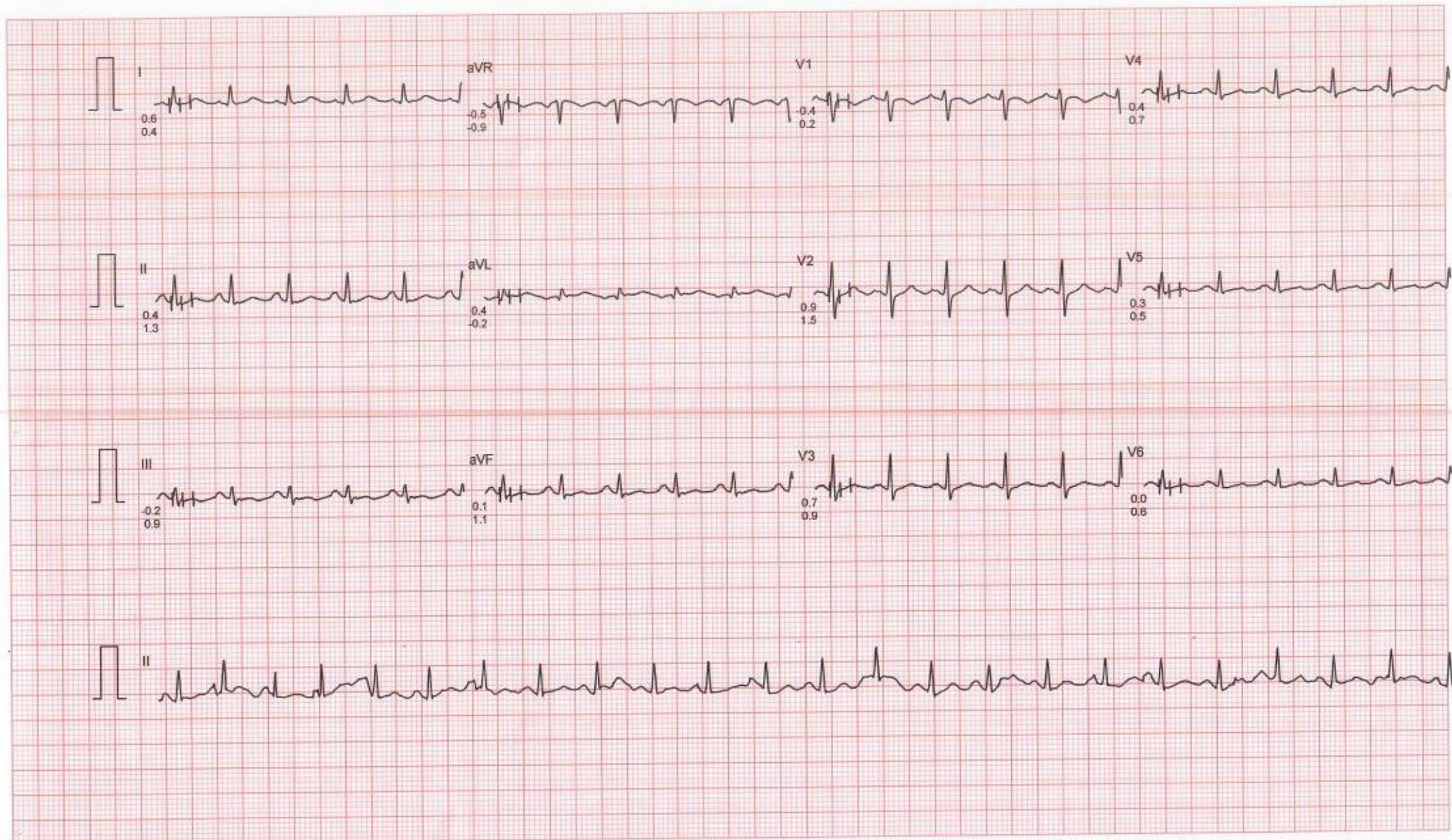
Ms. ADITI JAIN
I.D. : 98
AGE/SEX : 36/F
RECORDED : 10- 7-2021 12:25

RATE : 138 BPM
B.P. : 120/70 mmHg

BRUCE
EXERCISE 1
PHASE TIME : 2:59
STAGE TIME : 2:59

ST @ 10mm/mV
80ms PostJ
SPEED : 2.7 Km./Hr.
GRADE : 10.0 %

LINKED MEDIAN



DR. CHARU KOHLI'S CLINIC

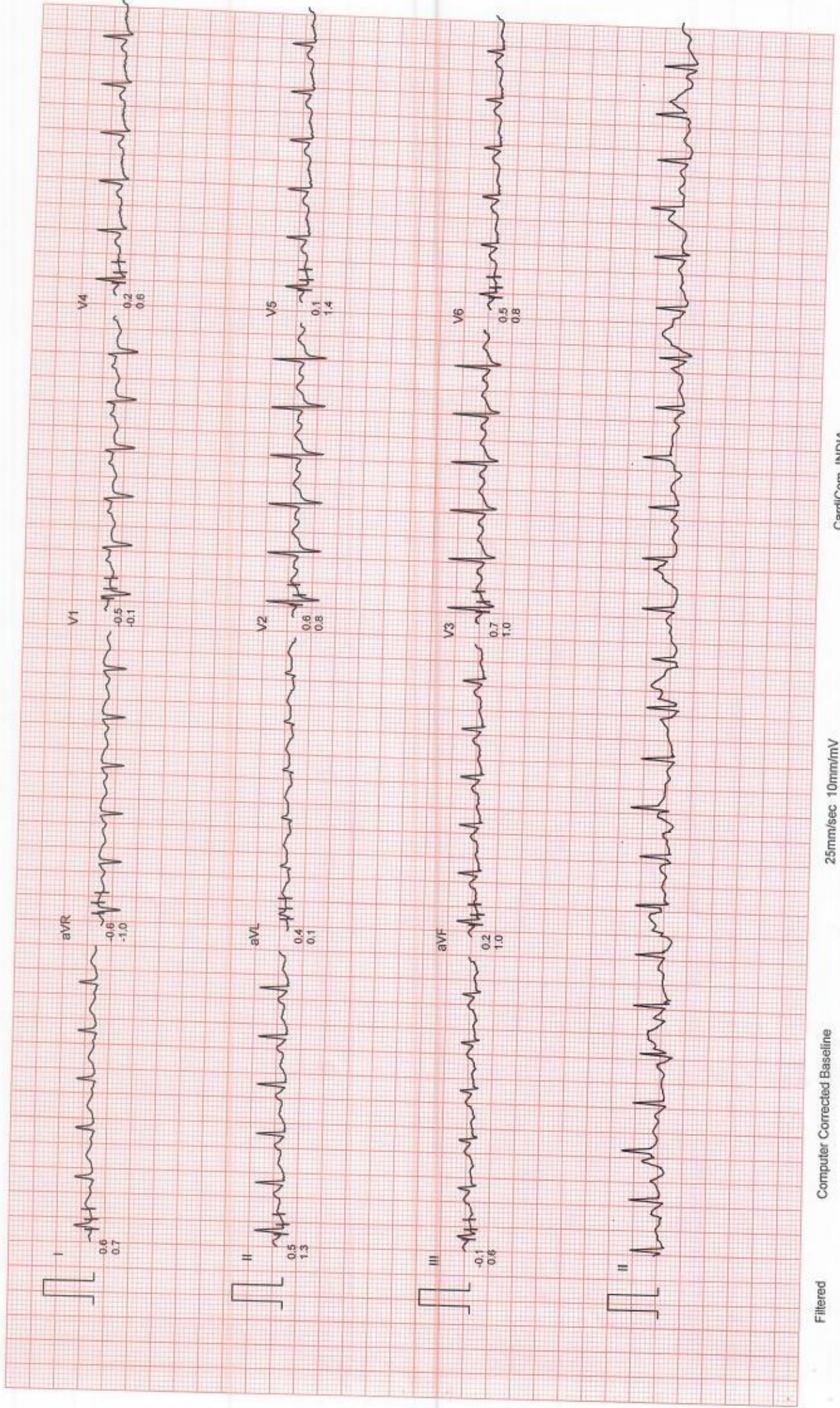
Ms. ADITI JAIN
I.D. : 98
AGE/SEX : 36/F
RECORDED : 10-7-2021 12:25

RATE : 153 BPM
B.P. : 120/70 mmHg

BRUCE
EXERCISE 2
PHASE TIME : 5:59
STAGE TIME : 2:59

ST @ 10mm/mV
80ms PostJ
SPEED : 4.0 Km./Hr.
GRADE : 12.0 %

LINKED MEDIAN



Filtered

Computer Corrected Baseline

25mm/sec 10mm/mV

CardiCom, INDIA

MS. ADITI JAIN

I.D. : 98

AGE/SEX : 36/F

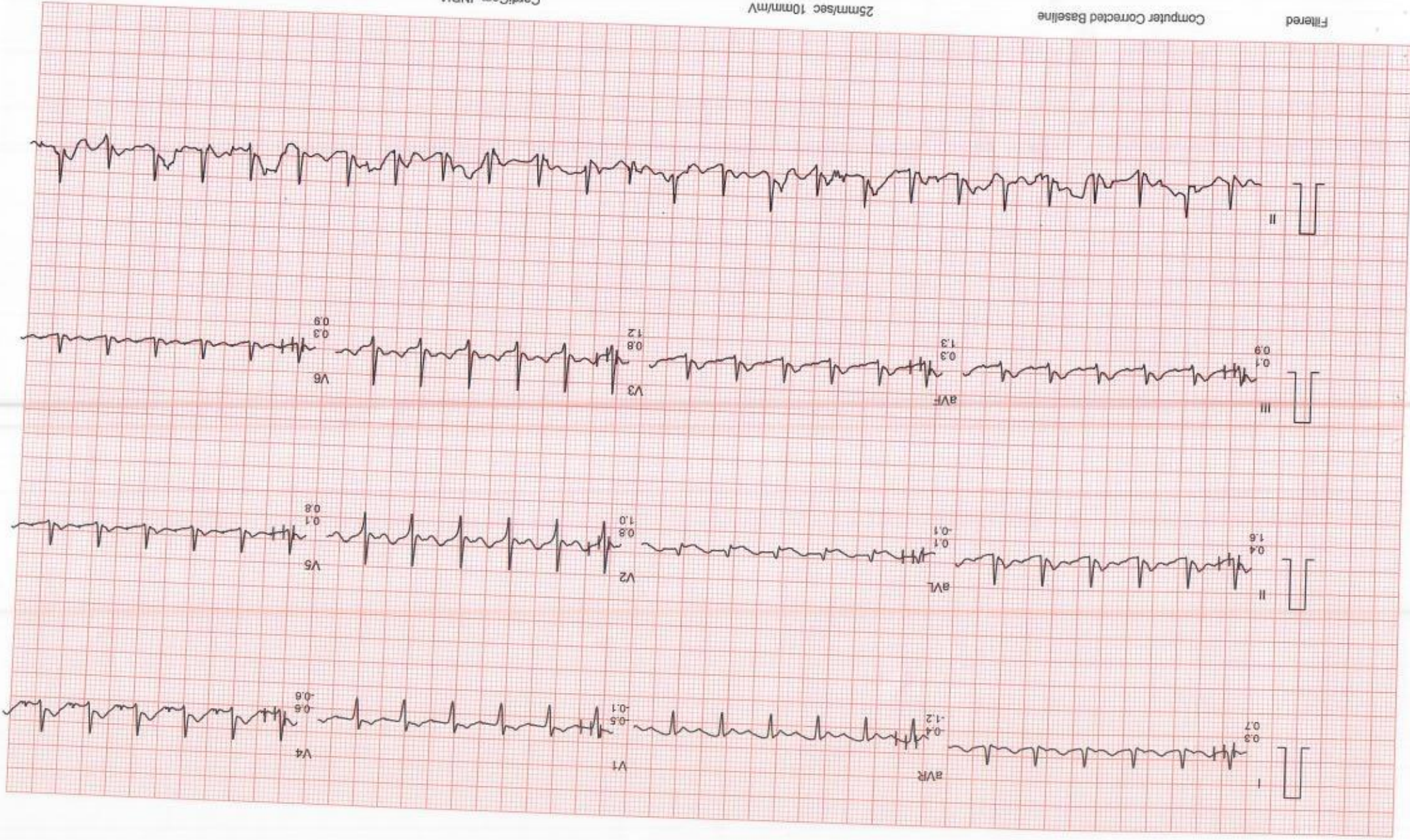
RECORDED : 10-7-2021 12:25

RATE : 157 BPM
B.P. : 140/70 mmHg

BRUCE
EXERCISE 3
PHASE TIME : 8:59
STAGE TIME : 2:59

ST @ 10mm/mV
80ms PostI
SPEED : 5.4 Km./Hr.
GRADE : 14.0 %
LINKED MEDIAN

DR. CHARU KOHLI'S CLINIC



Filtered
Computer Corrected Baseline

25mm/sec 10mm/mV

CardiCom, INDIA

DR. CHARU KOHLI'S CLINIC

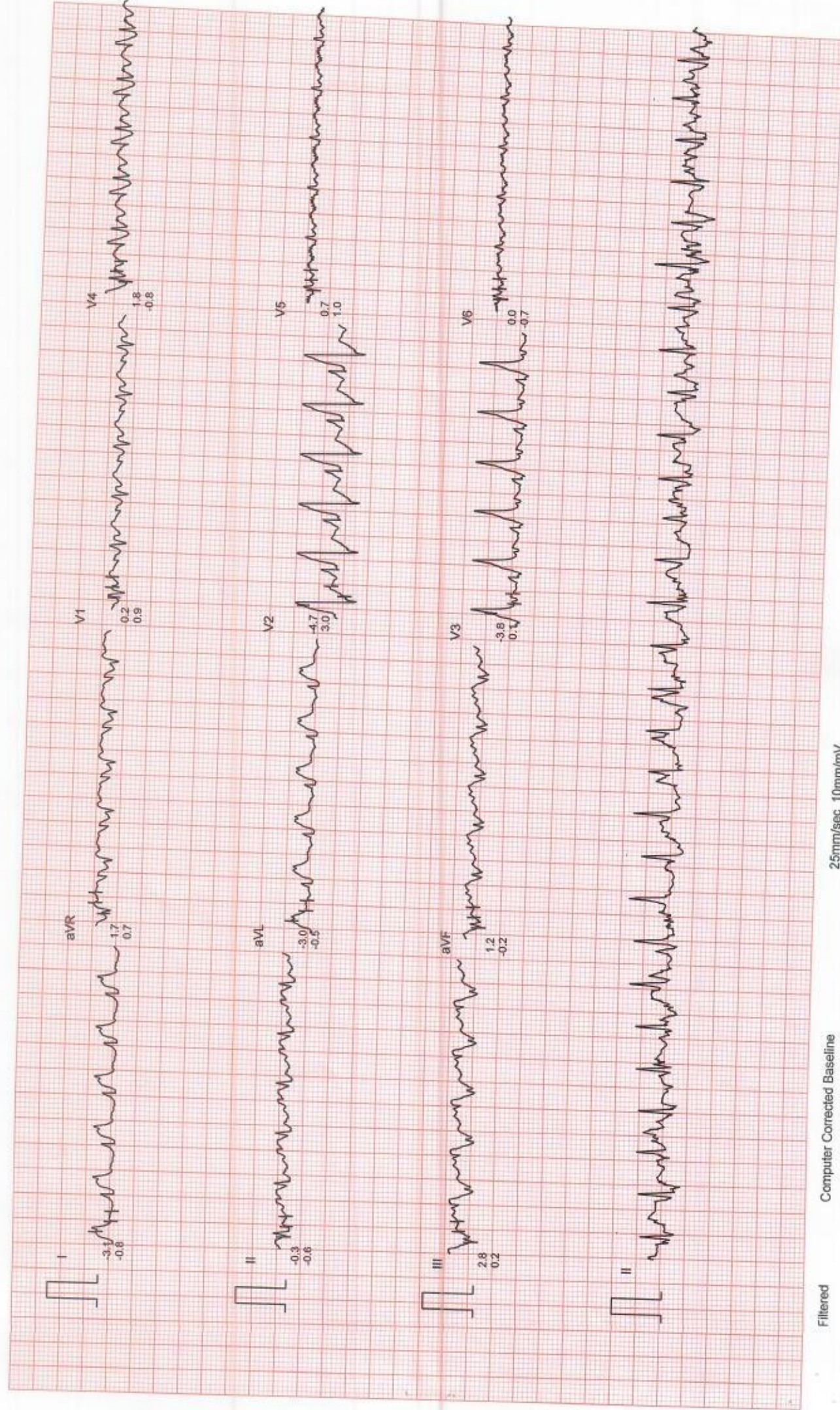
Ms. ADITI JAIN
I.D. : 98
AGE/SEX : 36/F
RECORDED : 10-7-2021 12:25

RATE : 168 BPM
B.P. : 140/70 mmHg

BRUCE
PEAK EXER
PHASE TIME : 9:35
STAGE TIME : 0:35

ST @ 10mm/mV
80ms PostJ
SPEED : 6.7 Km./Hr.
GRADE : 16.0 %

LINKED MEDIAN



Filtered

Computer Corrected Baseline

25mm/sec 10mm/mV

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DR. CHARU KOHLI'S CLINIC

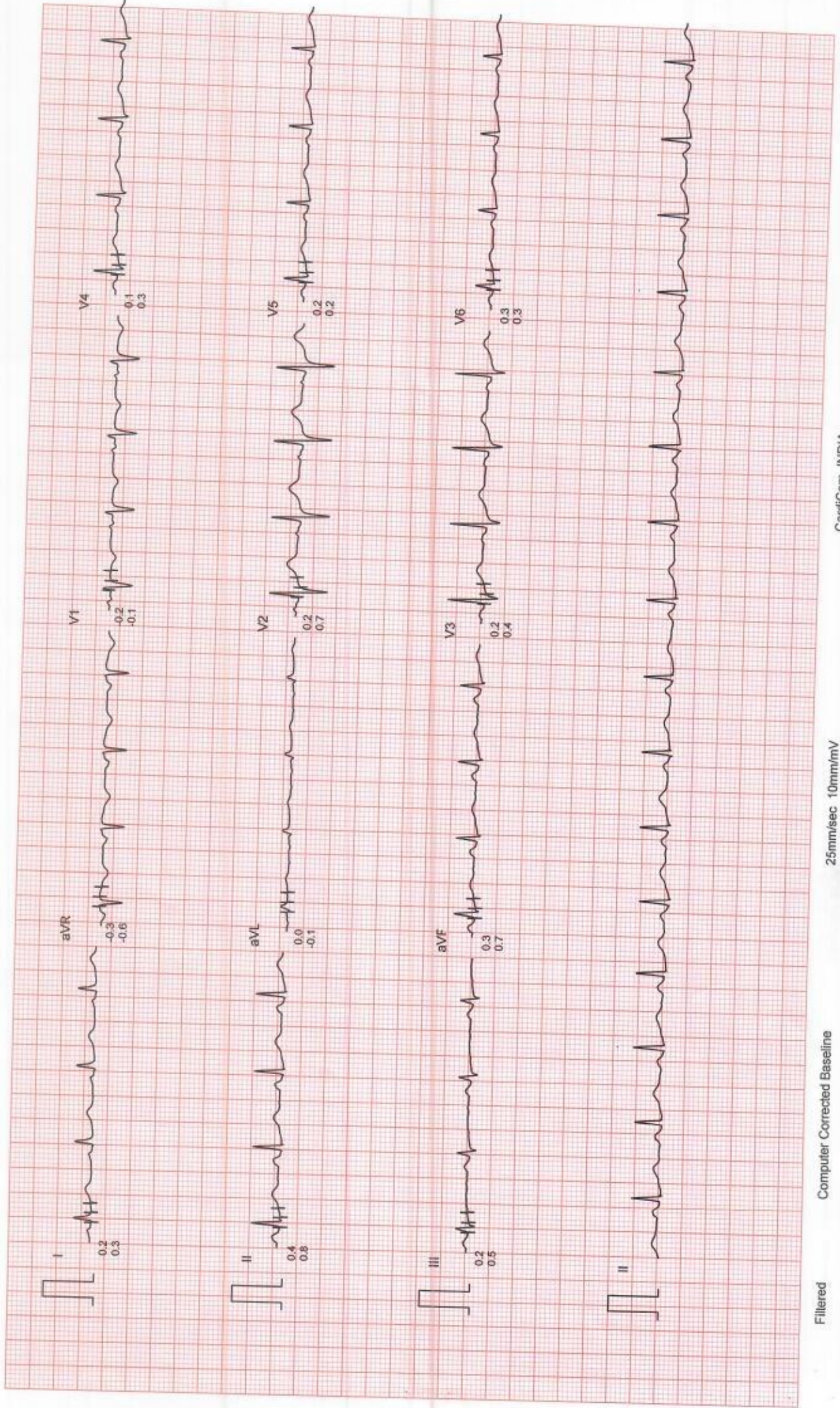
ST @ 10mm/mV
80ms PostJ
SPEED : 0.0 Km./Hr.
GRADE : 0.0 %
LINKED MEDIAN

Ms. ADITI JAIN
I.D. : 98
AGE/SEX : 36/F
RECORDED : 10- 7-2021 12:25

RATE : 98 BPM
B.P. : 130/70 mmHg

Ms. ADITI JAIN
I.D. : 98
AGE/SEX : 36/F
RECORDED : 10- 7-2021 12:25

RATE :
B.P. : 1



SDM CHARITABLE MEDICAL CENTRE

COMPUTERISED LAB, DIGITAL X-RAY, ULTRASOUND & DOPPLER

Shri Sanatan Dharam Mandir, Mandir Marg, C-Block, Jangpura Extn.,
New Delhi-110014 • Ph. : 24318071, 24328071, 43658397

NAME : MS. ADITI JAIN	DATE : 10/07/21
AGE/SEX : 36Y/F	REF BY :

USG WHOLE ABDOMEN

- Scan shows liver of normal echo pattern. No focal lesion is seen in the liver.
- Intraheptic bile duct and CBD are not dilated. Hepatic portal vein and the IVC appear normal in calibre.
- Gall bladder does not show any evidence of cholecystitis or cholelithiasis. Its wall thickness is normal.
- Both kidneys are of normal size, shape and echo pattern. No calculus, growth or hydronephrotic changes seen in either kidney.
- RK - 95 x 42mm LK - 104 x 49mm
- Spleen is of normal size and echo pattern.
- Pancreas is of normal echopattern with no obvious focal lesion.
- No evidence of Para - aortic lymphadenopathy seen.
- Both domes are moving well with respiration.
- Subdiaphragmatic spaces of both sides are clear.
- Scan shows anteverted uterus of normal echo pattern and contour measuring 40 x 26 mm. Endometrium measures - 3mm
- Both the adnexae are clear.
- No pelvic collection seen.
- Bladder is full and does not show any intraluminal pathology.

IMPRESSION - No significant abnormality seen.

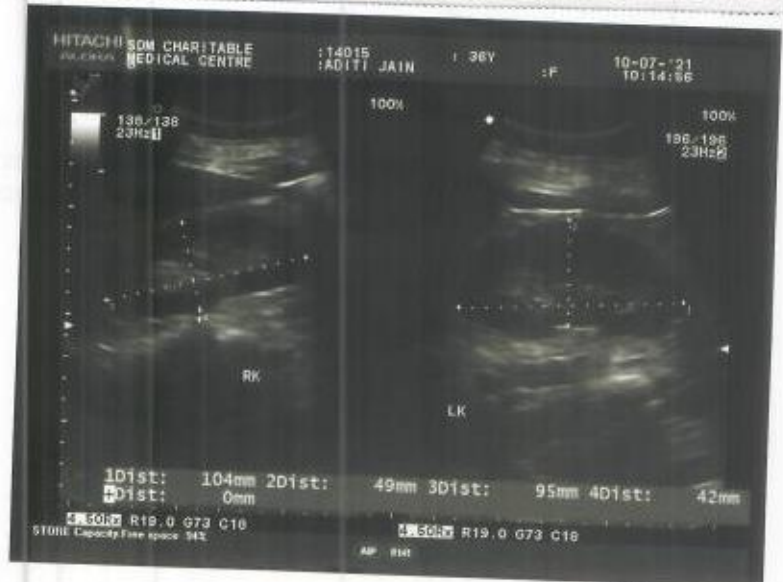
Ch

DR. CHARU KOHLI
MBBS, DMRD (RADIOLOGY)

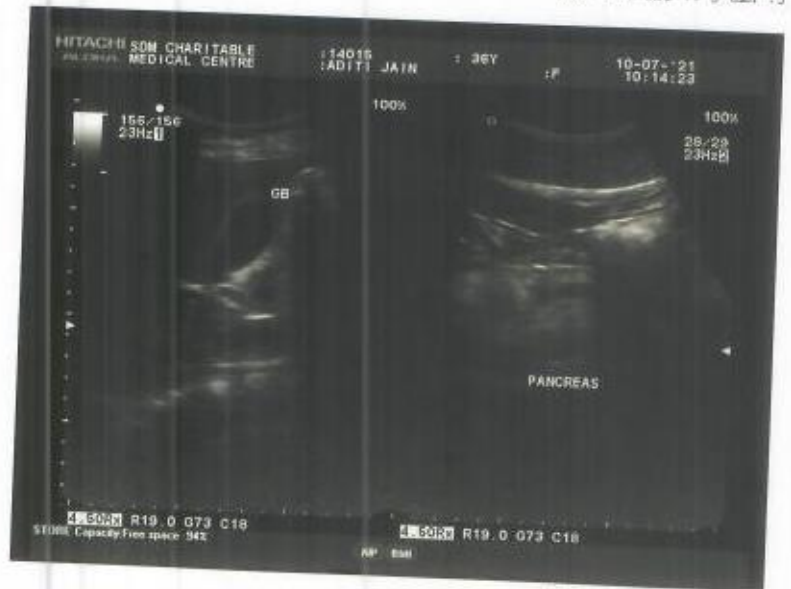
DR. CHARU KOHLI
MBBS, DMRD

DMC-8388
CONSULTANT RADIOLOGIST





BRT :+ 7 CNT :+ 5 GMA :5



BRT :+ 7 CNT :+ 5 GMA :5



BRT :+ 7 CNT :+ 5 GMA :5

At Your Home

Occupational Health Services ■ Diagnostic & Preventive |

Test marked with * are not in NABL Scope. / Tests marked with # are performed at outsourced laboratory.

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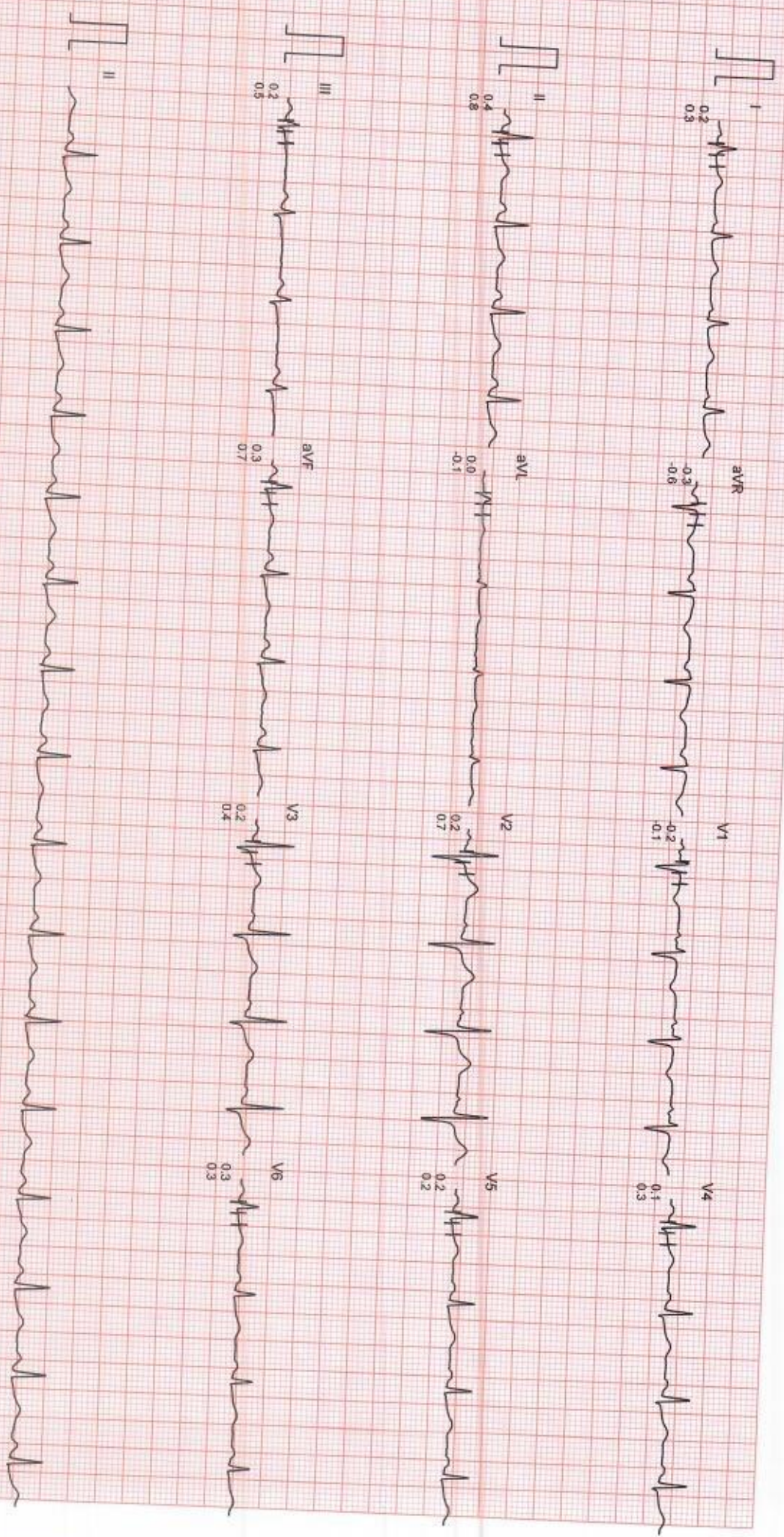
Ms. ADITI JAIN
I.D. : 98
AGE/SEX : 36/F
RECORDED : 10-7-2021 12:25

RATE : 98 BPM
B.P. : 130/70 mmHg

DR. CHARU KOHLI'S CLINIC

BRUCE
RECOVERY
PHASE TIME : 2:59

ST @ 10mm/mV
80ms PostU
SPEED : 0.0 Km./Hr.
GRADE : 0.0 %
LINKED MEDIAN



Filtered

Computer Corrected Baseline

25mm/sec 10mm/mV

CardCom, INDIA

Ms. ADITI JAIN
I.D. : 98
AGE/SEX : 36/F
RECORDED : 10- 7-2021 12:25

RATE : 103 BPM
B.P. : 120/70 mmHg

DR. CHARU KOHLI'S CLINIC

BRUCE
RECOVERY
PHASE TIME : 5:59

ST @ 10mm/mV
80ms PostJ
SPEED : 0.0 Km./Hr.
GRADE : 0.0 %

LINKED MEDIAN



Filtered

Computer Corrected Baseline

25mm/sec 10mm/mV

CardiCom, INDIA

NAME : ADITI JAIN
AGE/SEX : 36 Y/F
DATE : 10.07.2021

X Ray Chest PA View :

Cardiac shadow is normal.
Aorta is normal.
Both lung fields are clear.
Both costophrenic angles are clear.
Bilateral domes of diaphragm are normal.
No bony injury noted.

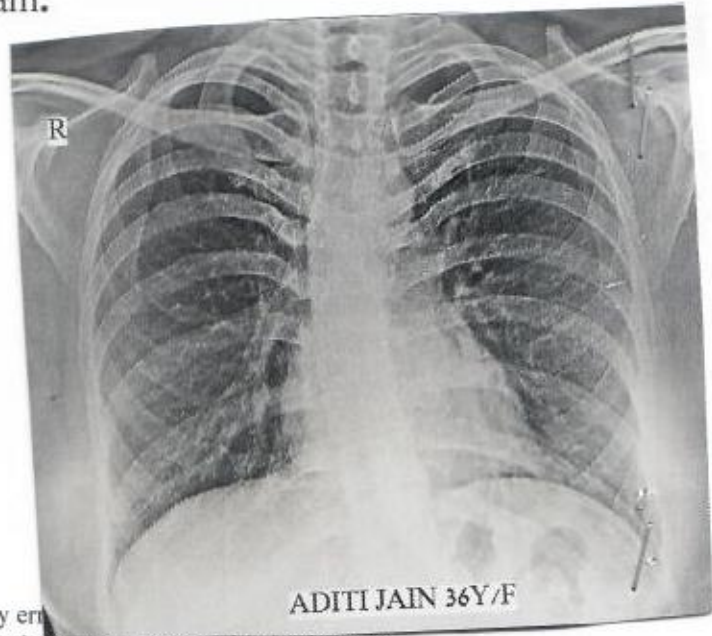
IMPRESSION: Normal chest skiagram.

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MBBS, DMRD
DMC-8388
CONSULTANT RADIOLOGIST



Charu

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MBBS, MD
Consultant Radiologist



IMPORTANT: Owing to technical limitations ,in case of any error
responsible for claim of damages of any nature, and this report is not valid for any Medical aspect.