

| Customer Name | MR.SEKHARA RAO K | Customer ID | MED112068591 |
|---------------|------------------|-------------|--------------|
| Age & Gender  | 51Y/MALE         | Visit Date  | 10/02/2024   |
| Ref Doctor    | MediWheel        | V. 3-       |              |

## Personal Health Report

# General Examination:

Height: 168.5 cms

Weight: 70.8 kg BMI : 24.8 kg/m<sup>2</sup>

BP: 140/80 mmhg

Pulse: 106/ min, regular

#### Systemic Examination:

CVS: S1 S2 heard;

RS: NVBS+. Abd: Soft. CNS: NAD

### Blood report:

Glucose-(FBS)-119.4 mg/dl & HbA1C test -6.7% - slightly elevated.

Liver function test -SGPT/ALT-45.4 U/L - Slightly elevated.

All other blood parameters are well within normal limits. (Report enclosed).

Urine analysis - Within normal limits.

X-Ray Chest - Normal study.

ECG - Normal ECG.

TMT- Negative.

Dental - Normal.

USG whole abdomen - Fatty liver, prostatomegaly.

Eye Test - Distant vision defect.

| Vision         | Right eye | Left eye |
|----------------|-----------|----------|
| Distant Vision | 6/18      | 6/12     |
| Near Vision    | N6        | N6       |
| Colour Vision  | Normal    | Normal   |





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#### Impression & Advice:

Glucose-(FBS)-119.4 mg/dl & HbA1C test -6.7% - slightly elevated. To consult a diabetologist for further evaluation and management. To have diabetic diet recommended by the dietician.

Liver function test -SGPT/ALT-45.4~U/L-Slightly elevated - To consult a gastroenterologist for further evaluation and management.

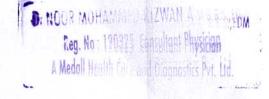
USG whole abdomen - Fatty liver, prostatomegaly to consult urologist and to take low fat diet, and high fiber diets. Regular brisk walking for 45 minutes daily, 5 days a week is essential.

Eye Test - Distant vision defect. To consult an ophthalmologist for further evaluation and management.

All other health parameters are well within normal limits.

DR. NOOR MOHAMMED RIZWAN A. M.B.B.S, FDM

MHC Physician Consultant







10/02/2024

Mr. Sekhara Rao SIlM

- No plagues

+ NO tastrate

-) No Conity -) Hlo loss of took

-) Alignment good

DINGUR NOHAMMA RIZMAN A 11885, FOM Reg. No.: 120323 Consultant Physician A Medall Health Care until Diagnostics Pvt. Ltd.





: Mr. SEKHARA RAO K

PID No.

: MED112068591

Register On

: 10/02/2024 9:06 AM

SID No.

: 224002060

Collection On : 10/02/2024 9:47 AM

Age / Sex Type

: OP

: 51 Year(s)/ Male

Report On Printed On

10/02/2024 5:35 PM 10/02/2024 5:47 PM

Ref. Dr

: MediWheel

| Investigation  | Observed<br>Value   | <u>Unit</u>       | Biological<br>Reference Interval |
|--|---------------------|-------------------|----------------------------------|
| BLOOD GROUPING AND Rh<br>TYPING  | 'O' 'Positive'      |                   |                                  |
| (EDTA Blood/Agglutination)   |                     |                   |                                  |
| INTERPRETATION: Reconfirm the Blood grou   | p and Typing before | blood transfusion |                                  |
| Complete Blood Count With - ESR  |                     |                   |                                  |
| Haemoglobin (EDTA Blood/Spectrophotometry)   | 15.7                | g/dL              | 13.5 - 18.0                      |
| Packed Cell Volume(PCV)/Haematocrit (EDTA Blood/Derived from Impedance)              | 46.4                | %                 | 42 - 52                          |
| RBC Count (EDTA Blood/Impedance Variation)   | 5.12                | mill/cu.mm        | 4.7 - 6.0                        |
| Mean Corpuscular Volume(MCV) (EDTA Blood/Derived from Impedance)                     | 90.5                | fL                | 78 - 100                         |
| Mean Corpuscular Haemoglobin(MCH) (EDTA Blood/Derived from Impedance)                | 30.6                | pg                | 27 - 32                          |
| Mean Corpuscular Haemoglobin concentration(MCHC) (EDTA Blood/Derived from Impedance) | 33.8                | g/dL              | 32 - 36                          |
| RDW-CV (EDTA Blood/Derived from Impedance)   | 14.0                | %                 | 11.5 - 16.0                      |
| RDW-SD (EDTA Blood/Derived from Impedance)   | 44.34               | fL                | 39 - 46                          |
| Total Leukocyte Count (TC) (EDTA Blood/Impedance Variation)                          | 6140                | cells/cu.mm       | 4000 - 11000                     |
| Neutrophils (EDTA Blood/Impedance Variation & Flow Cytometry)                        | 59.9                | %                 | 40 - 75                          |
| Lymphocytes (EDTA Blood/Impedance Variation & Flow Cytometry)                        | 26.0                | %                 | 20 - 45                          |
|  |                     |                   |                                  |





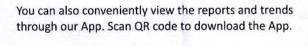
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The results pertain to sample tested.

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Lab Address: MEDALL HEALTHCARE PRIVATE LIMITED,#17,RACE VIEW COLONY, 2ND STREET, RACE COURSE ROAD, GUINDY, CHENNAI, TAMIL NADU, INDIA.,







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| Investigation   | Observed<br>Value          | Unit                       | Biological<br>Reference Interval           |
|---|----------------------------|----------------------------|--|
| Eosinophils (EDTA Blood/Impedance Variation & Flow Cytometry)                     | 5.9                        | %                          | 01 - 06                                    |
| Monocytes (EDTA Blood/Impedance Variation & Flow Cytometry)                       | 7.0                        | %                          | 01 - 10                                    |
| Basophils (EDTA Blood/Impedance Variation & Flow Cytometry)                       | 1.2                        | %                          | 00 - 02                                    |
| INTERPRETATION: Tests done on Auto  | mated Five Part cell count | er. All abnormal results a | re reviewed and confirmed microscopically. |
| Absolute Neutrophil count (EDTA Blood/Impedance Variation & Flow Cytometry)       | 3.68                       | 10^3 / μl                  | 1.5 - 6.6                                  |
| Absolute Lymphocyte Count (EDTA Blood/Impedance Variation & Flow Cytometry)       | 1.60                       | 10^3 / μl                  | 1.5 - 3.5                                  |
| Absolute Eosinophil Count (AEC) (EDTA Blood/Impedance Variation & Flow Cytometry) | 0.36                       | 10^3 / μ1                  | 0.04 - 0.44                                |
| Absolute Monocyte Count (EDTA Blood/Impedance Variation & Flow Cytometry)         | 0.43                       | 10^3 / μ1                  | < 1.0                                      |
| Absolute Basophil count (EDTA Blood Impedance Variation & Flow Cytometry)         | 0.07                       | 10^3 / μ1                  | < 0.2                                      |
| Platelet Count (EDTA Blood/Impedance Variation)                                   | 310                        | 10^3 / μΙ                  | 150 - 450                                  |
| MPV<br>(EDTA Blood'Derived from Impedance)  | 11.1                       | fL                         | 7.9 - 13.7                                 |
|   |                            |                            |  |



%

mm/hr

0.18 - 0.28

< 20

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(EDTA Blood'Automated Blood cell Counter) ESR (Erythrocyte Sedimentation Rate)

(Blood/Automated - Westergren method)

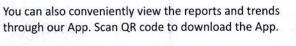
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0.34







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INTERPRETATION: Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level.

Glucose, Fasting (Urine)
(Urine - F/GOD - POD)

Glucose Postprandial (PPBS)

111.60

mg/dL

70 - 140

#### INTERPRETATION:

Uric Acid

Bilirubin(Indirect)

(Serum/Derived)

Factors such as type, quantity and time of food intake, Physical activity, Psychological stress, and drugs can influence blood glucose level. Fasting blood glucose level may be higher than Postprandial glucose, because of physiological surge in Postprandial Insulin secretion, Insulin resistance, Exercise or Stress, Dawn Phenomenon, Somogyi Phenomenon, Anti- diabetic medication during treatment for Diabetes.

Remark: Please correlate clinically.

Blood Urea Nitrogen (BUN) 10.9 mg/dL 7.0 - 21 (Serum/Urease UV / derived) 0.90 mg/dL 0.9 - 1.3 (Serum/Modified Jaffe)

INTERPRETATION: Elevated Creatinine values are encountered in increased muscle mass, severe dehydration, Pre-eclampsia, increased ingestion of cooked meat, consuming Protein/ Creatine supplements, Diabetic Ketoacidosis, prolonged fasting, renal dysfunction and drugs such as cefoxitin, cefazolin, ACE inhibitors, angiotensin II receptor antagonists, N-acetylcysteine, chemotherapeutic agent such as flucytosine etc.

mg/dL

 (Serum/Enzymatic)
 Liver Function Test

 Bilirubin(Total)
 0.72 mg/dL
 0.1 - 1.2

 (Serum/DCA with ATCS)
 Bilirubin(Direct)
 0.14 mg/dL
 0.0 - 0.3

 (Serum/Diazotized Sulfanilic Acid)
 0.00 - 0.3
 0.00 - 0.3

0.58

2.90

mg/dL

Dr Archana K MD Ph.D Consultant Pathologist Reg No: 79967

3.5 - 7.2

0.1 - 1.0

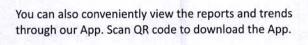
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10/02/2024 5:35 PM 10/02/2024 5:47 PM

Type : OP

Ref. Dr

: MediWheel

| Investigation   | Observed<br>Value | <u>Unit</u> | <u>Biological</u><br>Reference Interval   |
|---|-------------------|-------------|---|
| SGOT/AST (Aspartate<br>Aminotransferase)<br>(Serum/Modified IFCC) | 27.90             | U/L         | 5 - 40  |
| SGPT/ALT (Alanine Aminotransferase)<br>(Serum/Modified IFCC)      | 45.4              | U/L         | 5 - 41  |
| GGT(Gamma Glutamyl Transpeptidase)<br>(Serum/IFCC / Kinetic)      | 29.90             | U/L         | < 55  |
| Alkaline Phosphatase (SAP)<br>(Serum/Modified IFCC)               | 78.90             | U/L         | 56 - 119  |
| Total Protein<br>(Serum/Biuret)                                   | 7.68              | gm/dl       | 6.0 - 8.0   |
| Albumin<br>(Serum/Bromocresol green)                              | 4.6               | gm/dl       | 3.5 - 5.2   |
| Globulin<br>(Scrum/Derived)                                       | 3.08              | gm/dL       | 2.3 - 3.6   |
| A : G RATIO<br>(Scrum/Derived)                                    | 1.49              |             | 1.1 - 2.2   |
| <u>Lipid Profile</u>  |                   |             |   |
| Cholesterol Total<br>(Serum/CHOD-PAP with ATCS)                   | 152.30            | mg/dL       | Optimal: < 200<br>Borderline: 200 - 239<br>High Risk: >= 240                    |
| Triglycerides<br>(Serum/GPO-PAP with ATCS)                        | 89.00             | mg/dL       | Optimal: < 150<br>Borderline: 150 - 199<br>High: 200 - 499<br>Very High: >= 500 |

INTERPRETATION: The reference ranges are based on fasting condition. Triglyceride levels change drastically in response to food, increasing as much as 5 to 10 times the fasting levels, just a few hours after eating. Fasting triglyceride levels show considerable diurnal variation too. There is evidence recommending triglycerides estimation in non-fasting condition for evaluating the risk of heart disease and screening for metabolic syndrome, as non-fasting sample is more representative of the "usual" circulating level of triglycerides during most part of the day.





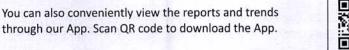
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Age / Sex : 51 Year(s) / Male Report On : 10/02/2024 5:35 PM Type : OP Printed On 10/02/2024 5:47 PM

Ref. Dr : MediWheel

| Investigation                                      | Observed<br>Value | <u>Unit</u> | Biological<br>Reference Interval   |
|--|-------------------|-------------|--|
| HDL Cholesterol (Serum/Immunoinhibition)           | 51.30             | mg/dL       | Optimal(Negative Risk Factor): >= 60 Borderline: 40 - 59   |
| LDL Cholesterol (Serum/Calculated)                 | 83.2              | mg/dL       | High Risk: < 40  Optimal: < 100  |
| (Scrum Calculated)                                 |                   |             | Above Optimal: 100 - 129<br>Borderline: 130 - 159<br>High: 160 - 189<br>Very High: >= 190            |
| VLDL Cholesterol<br>(Serum/ <i>Calculated</i> )    | 17.8              | mg/dL       | < 30   |
| Non HDL Cholesterol<br>(Scrum/ <i>Calculated</i> ) | 101.0             | mg/dL       | Optimal: < 130 Above Optimal: 130 - 159 Borderline High: 160 - 189 High: 190 - 219 Very High: >= 220 |

INTERPRETATION: 1. Non-HDL Cholesterol is now proven to be a better cardiovascular risk marker than LDL Cholesterol. 2.It is the sum of all potentially atherogenic proteins including LDL, IDL, VLDL and chylomicrons and it is the "new bad cholesterol" and is a co-primary target for cholesterol lowering therapy.

1.7

1.6

| Total Cholesterol/HDL Cholesterol | 3 |
|-----------------------------------|---|
| Datia                             |   |

Ratio (Serum/Calculated)

Triglyceride/HDL Cholesterol Ratio (TG/HDL) (Serum/Calculated)

LDL/HDL Cholesterol Ratio (Serum/Calculated)

Optimal: < 3.3

Low Risk: 3.4 - 4.4 Average Risk: 4.5 - 7.1 Moderate Risk: 7.2 - 11.0 High Risk: > 11.0

Optimal: < 2.5

Mild to moderate risk: 2.5 - 5.0 High Risk: > 5.0

> Optimal: 0.5 - 3.0 Borderline: 3.1 - 6.0 High Risk: > 6.0





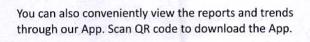
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Age / Sex : 51 Year(s) / Male

: 10/02/2024 5:35 PM

: OP

Report On Printed On

10/02/2024 5:47 PM

Ref. Dr : MediWheel

Investigation Observed Unit **Biological** Value Reference Interval

Glycosylated Haemoglobin (HbA1c)

HbA1C

(Whole Blood/HPLC)

(Whole Blood)

6.7

%

Normal: 4.5 - 5.6 Prediabetes: 5.7 - 6.4 Diabetic: >= 6.5

INTERPRETATION: If Diabetes - Good control: 6.1 - 7.0 %, Fair control: 7.1 - 8.0 %, Poor control >= 8.1 %

Estimated Average Glucose

145.59

1.85

mg/dL

INTERPRETATION: Comments

HbA1c provides an index of Average Blood Glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations.

Conditions that prolong RBC life span like Iron deficiency anemia, Vitamin B12 & Folate deficiency,

hypertriglyceridemia, hyperbilirubinemia, Drugs, Alcohol, Lead Poisoning, Asplenia can give falsely elevated HbA1C values. Conditions that shorten RBC survival like acute or chronic blood loss, hemolytic anemia, Hemoglobinopathies, Splenomegaly, Vitamin E ingestion, Pregnancy, End stage Renal disease can cause falsely low HbA1c.

Prostate specific antigen - Total(PSA)

ng/mL

Normal: 0.0 - 4.0 Inflammatory & Non Malignant conditions of Prostate & genitourinary system: 4.01 - 10.0

Suspicious of Malignant disease of Prostate: > 10.0

INTERPRETATION: REMARK: PSA alone should not be used as an absolute indicator of malignancy.

THYROID PROFILE / TFT

(Serum/Manometric method)

T3 (Triiodothyronine) - Total

1.25

ng/ml

0.4 - 1.81

(Serum/Chemiluminescent Immunometric Assay (CLIA))

INTERPRETATION:

Comment:

Total T3 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T3 is recommended as it is Metabolically active.

T4 (Tyroxine) - Total

8.84

μg/dl

4.2 - 12.0

(Serum/Chemiluminescent Immunometric Assay (CLIA))



Reg No : APPROVED BY

Consultant Pathologist

70067

VERIFIED BY

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Investigation Observed Unit Biological Value Reference Interval

INTERPRETATION:

Comment:

Total T4 variation can be seen in other condition like pregnancy, drugs, nephrosis etc. In such cases, Free T4 is recommended as it is Metabolically active.

TSH (Thyroid Stimulating Hormone) 3.200 μIU/

 $\mu IU/mL$  0.35 - 5.50

(Serum/Chemiluminescent Immunometric Assay

(CLIA))

INTERPRETATION:

Reference range for cord blood - upto 20

1 st trimester: 0.1-2.5 2 nd trimester 0.2-3.0 3 rd trimester: 0.3-3.0

(Indian Thyroid Society Guidelines)

Comment:

1.TSH reference range during pregnancy depends on Iodine intake, TPO status, Serum HCG concentration, race, Ethnicity and BMI.
2.TSH Levels are subject to circadian variation, reaching peak levels between 2-4am and at a minimum between 6-10PM. The variation can be of the order of 50%, hence time of the day has influence on the measured serum TSH concentrations.

3. Values&amplt;0.03 µIU/mL need to be clinically correlated due to presence of rare TSH variant in some individuals.

#### Urine Analysis - Routine

| COLOUR<br>(Urine)                                      | Pale yellow |      | Yellow to Amber |
|--|-------------|------|-----------------|
| APPEARANCE<br>(Urine)                                  | Clear       |      | Clear           |
| Protein<br>(Urine/Protein error of indicator)          | Negative    |      | Negative        |
| Glucose<br>(Urine/GOD - POD)                           | Negative    |      | Negative        |
| Pus Cells<br>(Urine/Automated – Flow cytometry)        | 0 - 1       | /hpf | NIL             |
| Epithelial Cells<br>(Urine/Automated – Flow cytometry) | 0 - 1       | /hpf | NIL             |
| RBCs<br>(Urine/Automated – Flow cytometry)             | NIL         | /HPF | NIL             |

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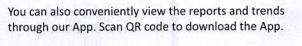
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Observed Value

<u>Unit</u>

Biological Reference Interval

NIL

(Urine/Automated - Flow cytometry )

Crystals

NIL

NIL

/hpf

/hpf

NIL

(Urine/Automated - Flow cytometry )

Others (Urine) NIL

INTERPRETATION: Note: Done with Automated Urine Analyser & Automated urine sedimentation analyser. All abnormal reports are reviewed and confirmed microscopically.



Dr Archana K MD Ph.D Consultant Pathologist Reg No: 79967

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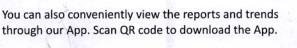
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| Name         | Mr. SEKHARA RAO K | Customer ID | MED112068591       |
|--------------|-------------------|-------------|--------------------|
| Age & Gender | 51Y/M             | Visit Date  | Feb 10 2024 9:06AM |
| Ref Doctor   | MediWheel         |             |                    |

# X-RAY CHEST PA VIEW

Bilateral lung fields appear normal.

Cardiac size is within normal limits.

Bilateral hilar regions appear normal.

Bilateral domes of diaphragm and costophrenic angles are normal.

Visualised bones and soft tissues appear normal.

Impression: Essentially normal study.

Dr.N.Sandhya, DMRD Consultant Radiologist

N. Sandhya







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| Age & Gender  | 51Y/MALE         | Visit Date  | 10/02/2024   |
| Ref Doctor    | MediWheel        |             | 10/02/2024   |

#### SONOGRAM REPORT

### WHOLE ABDOMEN

The liver is normal in size and shows diffuse fatty changes. No focal lesion is seen.

The gall bladder is normal sized, smooth walled and contains no calculus.

There is no intra or extra hepatic biliary ductal dilatation.

The pancreas shows a normal configuration and echotexture. The pancreatic duct is normal.

The portal vein and IVC are normal.

The spleen is normal.

There is no free or loculated peritoneal fluid.

No para aortic lymphadenopathy is seen.

No abnormality is seen in the region of the adrenal glands.

The right kidney measures ~ 11.7 x 6.4 cm.

The left kidney measures ~ 10.1 x 6.1 cm.

Both kidneys are normal in size, shape and position. Cortical echoes are normal bilaterally.

There is no calculus or calyceal dilatation.

The ureters are not dilated.

The bladder is smooth walled and uniformly transonic. There is no intravesical mass or calculus. Insignificant postvoid residual urine ~ 4 ml

The prostate measures  $\sim 3.8 \times 3.6 \times 3.5 \text{ cm}$  (Vol  $\sim 25.9 \text{ ml}$ ) and is enlarged in size.

The echotexture is homogeneous.





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|---------------|------------------|-------------|--|
| Age & Gender  |                  | Customer ID | MED112068591   |
| Age & Gender  | 51Y/MALE         | Visit Date  | 10/00/0004   |
| Ref Doctor    | MediWheel        | VIOLE DUCE  | 10/02/2024   |

The seminal vesicles are normal.

Iliac fossae are normal.

# IMPRESSION:

- · Fatty liver.
- Prostatomegaly with insignificant postvoid residual urine.

DR. UMALAKSHMI SONOLOGIST



Medall Healthcare Pvt Ltd 58/6, Revathy street, Jawarlal nehru road, 100 feet Road, (Former State ElectionCommission Office),

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