

Name : MRS.RITU KUMARI

Age / Gender : 28 Years / Female

Consulting Dr. :

Reg. Location

: Lulla Nagar, Pune (Main Centre)

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:09-Aug-2022 / 09:05 :09-Aug-2022 / 13:11

## **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**

| CBC (Complete Blood Count), Blood |                |                      |                    |
|-----------------------------------|----------------|----------------------|--------------------|
| <u>PARAMETER</u>                  | <u>RESULTS</u> | BIOLOGICAL REF RANGE | <u>METHOD</u>      |
| RBC PARAMETERS                    |                |                      |                    |
| Haemoglobin                       | 12.9           | 12.0-15.0 g/dL       | Spectrophotometric |
| RBC                               | 4.35           | 3.8-4.8 mil/cmm      | Elect. Impedance   |
| PCV                               | 39.5           | 36-46 %              | Calculated         |
| MCV                               | 91             | 80-100 fl            | Calculated         |
| MCH                               | 29.6           | 27-32 pg             | Calculated         |
| MCHC                              | 32.6           | 31.5-34.5 g/dL       | Calculated         |
| RDW                               | 13.8           | 11.6-14.0 %          | Calculated         |
| WBC PARAMETERS                    |                |                      |                    |
| WBC Total Count                   | 4100           | 4000-10000 /cmm      | Elect. Impedance   |
| WBC DIFFERENTIAL AND ABSO         | LUTE COUNTS    |                      |                    |
| Lymphocytes                       | 37.0           | 20-40 %              |                    |
| Absolute Lymphocytes              | 1517.0         | 1000-3000 /cmm       | Calculated         |
| Monocytes                         | 4.2            | 2-10 %               |                    |
| Absolute Monocytes                | 172.2          | 200-1000 /cmm        | Calculated         |
| Neutrophils                       | 54.4           | 40-80 %              |                    |
| Absolute Neutrophils              | 2230.4         | 2000-7000 /cmm       | Calculated         |
| Eosinophils                       | 3.5            | 1-6 %                |                    |
| Absolute Eosinophils              | 143.5          | 20-500 /cmm          | Calculated         |
| Basophils                         | 0.9            | 0.1-2 %              |                    |
| Absolute Basophils                | 36.9           | 20-100 /cmm          | Calculated         |
| Immature Leukocytes               | -              |                      |                    |

WBC Differential Count by Absorbance & Impedance method/Microscopy.

| PΙ | <b>ATFI</b> | FT | DΔR | SVME. | TFRS |
|----|-------------|----|-----|-------|------|

| Platelet Count | 203000 | 150000-400000 /cmm | Elect. Impedance |
|----------------|--------|--------------------|------------------|
| MPV            | 10.4   | 6-11 fl            | Calculated       |

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18.5



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Calculated

Collected

Reported

11-18 %

### **RBC MORPHOLOGY**

**PDW** 

Hypochromia -

Microcytosis -

Macrocytosis -

Anisocytosis -

Poikilocytosis -

Polychromasia -

Target Cells Basophilic Stippling -

Normoblasts -

Others Normocytic, Normochromic

WBC MORPHOLOGY -

PLATELET MORPHOLOGY -

COMMENT -

Specimen: EDTA Whole Blood

ESR, EDTA WB 25 2-20 mm at 1 hr. Westergren

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate

\*\*\* End Of Report \*\*\*







Dr.GOURAV AGRAWAL DCP, DNB (Path) Pathologist

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ADDRESS: 2<sup>nd</sup> Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West - 400053

HEALTHLINE - MUMBAI: 022-6170-0000 | OTHER CITIES: 1800-266-4343



Name : MRS.RITU KUMARI

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## AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

| <u>PARAMETER</u>                            | <u>RESULTS</u> | BIOLOGICAL REF RANGE   | <u>METHOD</u>    |
|---|----------------|--|------------------|
| GLUCOSE (SUGAR) FASTING,<br>Fluoride Plasma | 79.4           | Non-Diabetic: < 100 mg/dl<br>Impaired Fasting Glucose:<br>100-125 mg/dl<br>Diabetic: >/= 126 mg/dl   | Hexokinase       |
| GLUCOSE (SUGAR) PP, Fluoride<br>Plasma PP/R | 86.6           | Non-Diabetic: < 140 mg/dl<br>Impaired Glucose Tolerance:<br>140-199 mg/dl<br>Diabetic: >/= 200 mg/dl | Hexokinase       |
| BILIRUBIN (TOTAL), Serum                    | 0.4            | 0.1-1.2 mg/dl  | Colorimetric     |
| BILIRUBIN (DIRECT), Serum                   | 0.17           | 0-0.3 mg/dl  | Diazo            |
| BILIRUBIN (INDIRECT), Serum                 | 0.23           | 0.1-1.0 mg/dl  | Calculated       |
| TOTAL PROTEINS, Serum                       | 7.8            | 6.4-8.3 g/dL   | Biuret           |
| ALBUMIN, Serum                              | 4.8            | 3.5-5.2 g/dL   | BCG              |
| GLOBULIN, Serum                             | 3              | 2.3-3.5 g/dL   | Calculated       |
| A/G RATIO, Serum                            | 1.6            | 1 - 2  | Calculated       |
| SGOT (AST), Serum                           | 17.6           | 5-32 U/L   | NADH (w/o P-5-P) |
| SGPT (ALT), Serum                           | 18.0           | 5-33 U/L   | NADH (w/o P-5-P) |
| GAMMA GT, Serum                             | 18.6           | 3-40 U/L   | Enzymatic        |
| ALKALINE PHOSPHATASE,<br>Serum              | 108.2          | 35-105 U/L   | Colorimetric     |
| BLOOD UREA, Serum                           | 21.6           | 12.8-42.8 mg/dl  | Kinetic          |
| BUN, Serum                                  | 10.1           | 6-20 mg/dl   | Calculated       |
|   |                |  |                  |

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| CREATININE, Serum | 0.76 | 0.51-0.95 mg/dl    | Enzymatic  |
|-------------------|------|--------------------|------------|
| eGFR, Serum       | 96   | >60 ml/min/1.73sqm | Calculated |
| URIC ACID, Serum  | 3.9  | 2.4-5.7 mg/dl      | Enzymatic  |

Urine Sugar (Fasting)

Absent

Absent

Urine Ketones (Fasting)

Absent

Absent

Urine Sugar (PP) Absent Absent Urine Ketones (PP) Absent Absent







Dr.SHAMLA KULKARNI M.D.(PATH) Pathologist

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<sup>\*</sup>Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate

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## AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE GLYCOSYLATED HEMOGLOBIN (HbA1c)

PARAMETER RESULTS BIOLOGICAL REF RANGE METHOD

Glycosylated Hemoglobin 5.1 Non-Diabetic Level: < 5.7 % HPLC (HbA1c), EDTA WB - CC Prediabetic Level: 5.7-6.4 %

Diabetic Level: 5.7-6.4 %

Estimated Average Glucose 99.7 mg/dl Calculated

(eAG), EDTA WB - CC

#### Intended use:

• In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year

• In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly

• For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

#### Clinical Significance:

• HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.

• The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

### Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- · Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

#### Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

**Decreased in:** Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate







Dr.GOURAV AGRAWAL DCP, DNB (Path) Pathologist

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HEALTHLINE - MUMBAI: 022-6170-0000 | OTHER CITIES: 1800-266-4343



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Name : MRS.RITU KUMARI

: 28 Years / Female Age / Gender

Consulting Dr.

: Lulla Nagar, Pune (Main Centre) Reg. Location



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## **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE URINE EXAMINATION REPORT**

| <u>PARAMETER</u>            | RESULTS        | BIOLOGICAL REF RANGE | <u>METHOD</u>      |
|-----------------------------|----------------|----------------------|--------------------|
| PHYSICAL EXAMINATION        |                |                      |                    |
| Color                       | Yellow         | Pale Yellow          | -                  |
| Reaction (pH)               | Alkaline (8.0) | 4.5 - 8.0            | Chemical Indicator |
| Specific Gravity            | 1.010          | 1.001-1.030          | Chemical Indicator |
| Transparency                | Clear          | Clear                | -                  |
| Volume (ml)                 | 20             | -                    | -                  |
| <b>CHEMICAL EXAMINATION</b> |                |                      |                    |
| Proteins                    | Absent         | Absent               | pH Indicator       |
| Glucose                     | Absent         | Absent               | GOD-POD            |
| Ketones                     | Absent         | Absent               | Legals Test        |
| Blood                       | +              | Absent               | Peroxidase         |
| Bilirubin                   | Absent         | Absent               | Diazonium Salt     |
| Urobilinogen                | Normal         | Normal               | Diazonium Salt     |
| Nitrite                     | Absent         | Absent               | Griess Test        |
| MICROSCOPIC EXAMINATION     | <u>N</u>       |                      |                    |
| Leukocytes(Pus cells)/hpf   | 10-12          | 0-5/hpf              |                    |
| Red Blood Cells / hpf       | 1-2            | 0-2/hpf              |                    |

Epithelial Cells / hpf 4-5

Casts Absent Absent Crystals **Absent Absent** Amorphous debris **Absent** Absent

Bacteria / hpf +(>20/hpf) Less than 20/hpf

<sup>\*</sup>Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate \*\*\* End Of Report \*\*\*







**Dr.GOURAV AGRAWAL** DCP, DNB (Path) **Pathologist** 

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## **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**

**BLOOD GROUPING & Rh TYPING** 

PARAMETER RESULTS

ABO GROUP B

Rh TYPING Positive

NOTE: Test performed by Semi- automated column agglutination technology (CAT)

Specimen: EDTA Whole Blood and/or serum

#### Clinical significance:

ABO system is most important of all blood group in transfusion medicine

#### Limitations:

- · ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

#### Refernces:

- 1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- 2. AABB technical manual

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate

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Dr.GOURAV AGRAWAL DCP, DNB (Path) Pathologist

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## **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE** LIPID PROFILE

| <u>PARAMETER</u>                    | RESULTS | BIOLOGICAL REF RANGE   | <u>METHOD</u>                            |
|-------------------------------------|---------|--|--|
| CHOLESTEROL, Serum                  | 169.5   | Desirable: <200 mg/dl<br>Borderline High: 200-239mg/dl<br>High: >/=240 mg/dl   | CHOD-POD                                 |
| TRIGLYCERIDES, Serum                | 66.0    | Normal: <150 mg/dl<br>Borderline-high: 150 - 199<br>mg/dl<br>High: 200 - 499 mg/dl<br>Very high:>/=500 mg/dl                                     | GPO-POD                                  |
| HDL CHOLESTEROL, Serum              | 63.5    | Desirable: >60 mg/dl<br>Borderline: 40 - 60 mg/dl<br>Low (High risk): <40 mg/dl  | Homogeneous enzymatic colorimetric assay |
| NON HDL CHOLESTEROL,<br>Serum       | 106     | Desirable: <130 mg/dl<br>Borderline-high:130 - 159 mg/d<br>High:160 - 189 mg/dl<br>Very high: >/=190 mg/dl                                       | Calculated<br>l                          |
| LDL CHOLESTEROL, Serum              | 93.0    | Optimal: <100 mg/dl<br>Near Optimal: 100 - 129 mg/dl<br>Borderline High: 130 - 159<br>mg/dl<br>High: 160 - 189 mg/dl<br>Very High: >/= 190 mg/dl | Calculated                               |
| VLDL CHOLESTEROL, Serum             | 13.0    | < /= 30 mg/dl  | Calculated                               |
| CHOL / HDL CHOL RATIO,<br>Serum     | 2.7     | 0-4.5 Ratio  | Calculated                               |
| LDL CHOL / HDL CHOL RATIO,<br>Serum | 1.5     | 0-3.5 Ratio  | Calculated                               |







**Dr.GOURAV AGRAWAL** DCP, DNB (Path) **Pathologist** 

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: MRS.RITU KUMARI

## **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE THYROID FUNCTION TESTS**

**BIOLOGICAL REF RANGE RESULTS PARAMETER METHOD** 

Free T3, Serum 4.3 **CMIA** 2.6-5.7 pmol/L

Kindly note change in reference range and method w.e.f. 16/08/2019

Free T4, Serum 11.4 9-19 pmol/L **CMIA** 

> Pregnant Women (pmol/L): First Trimester: 9.0-24.7 Second Trimester: 6.4-20.59 Third Trimester: 6.4-20.59

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Kindly note change in reference range and method w.e.f. 16/08/2019

sensitiveTSH, Serum 1.57 0.35-4.94 microIU/ml **CMIA** 

Pregnant Women (microIU/ml): First Trimester: 0.1-2.5 Second Trimester: 0.2-3.0 Third Trimester: 0.3-3.0

Kindly note change in reference range and method w.e.f. 16/08/2019. NOTE: 1) TSH values between 5.5 to 15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH. 2) TSH values may be transiently altered because of non thyroidal illness like severe infections, liver disease, renal & heart failure, severe burns, trauma & surgery etc.

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A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

#### Clinical Significance:

- 1)TSH Values between high abnormal upto15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors
- can give falsely high TSH.
- 2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

| TSH  | FT4 / T4 | FT3 / T3 | Interpretation  |
|------|----------|----------|---|
| High | Normal   | Normal   | Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.   |
| High | Low      | Low      | Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism. |
| Low  | High     | High     | Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)   |
| Low  | Normal   | Normal   | Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.   |
| Low  | Low      | Low      | Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.   |
| High | High     | High     | Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.   |

**Diurnal Variation:**TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

#### Limitations:

- 1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
- 2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

#### Reference

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2. Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3. Tietz , Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Pune Lab, Pune Swargate
\*\*\* End Of Report \*\*\*







Dr.SHAMLA KULKARNI M.D.(PATH) Pathologist

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## PHYSICAL EXAMINATION REPORT

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: 09-Aug-2022 / 09:00

a) Diet: Mixed

Consulting Dr. : -

b)Addiction: No

**GENERAL EXAMINATION**:

a)Height (cms): 159

b)Weight (kgs): 53

c)Lymph Nodes: Not Palpable

3) SYSTEMIC EXAMINATION

## A) RESPIRATORY SYSTEM

a) Lungs : Clear

b) Trachea: Central

c ) Air Entry : Equal

d) Rales: No

d) Others: NAD

## B) CARDIOVASCULAR SYSTEM ( CVS )

a) Heart Sounds: S1 S2 Normal

b) Murmurs : No

c ) Pulse/min: 74

d) B/P (mm of Hg): 100/60

e ) Miscellenous : NAD

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## C) ABDOMEN

CID#

a) Liver: Not Palpable

b) Spleen: Not Palpable

c) Any other Swelling: No

#### D) NERVOUS SYSTEM

a) Ankle Reflex: Normal

b) Plantars: Flexor

**DOCTOR REMARKS:** 

\*\*\* End Of Report \*\*\*

Dr.Milind Shinde MBBS, DNB, Consuling Physician, Diabetologist & Echocardiologist

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Mrs RITU KUMARI 2222105260 028Y / F CHEST PA 8/9/2022 SUBURBAN DIAGNOSTICS LULLANAGAR PUNE



**CID** 

: 2222105260

Name

: Mrs RITU KUMARI

Age / Sex

Reg. Location

: 28 Years/Female

Ref. Dr

: Lulla Nagar, Pune Main Centre

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## X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

## **IMPRESSION:**

No significant abnormality is detected. -----End of Report-----

This report is prepared and physically checked by Dr Pallavi before dispatch.

Dr. PALLAVI RAWA MBBS, MD Radiology Reg No 2013/04/1170

Click here to view images << ImageLink>>

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: Mrs RITU KUMARI

: 2222105260

Ref. Dr Reg. Location

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Name

Age / Sex

: Lulla Nagar, Pune Main Centre

## USG (ABDOMEN + PELVIS)

Reg. Date

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**LIVER**: The liver is normal in size, shape and smooth margins. It shows normal parenchymal echo pattern. The intra hepatic biliary and portal radical appear normal. No evidence of any intra hepatic cystic or solid lesion seen. The main portal vein and CBD appears normal.

**GALL BLADDER**: The gall bladder is physiologically distended. The visualized gall bladder appears normal. No evidence of pericholecystic fluid is seen.

PANCREAS: The pancreas is well visualised and appears normal. No evidence of solid or cystic mass lesion is noted.

KIDNEYS: Right kidney measures 9.0X3.2 cm. Left kidney measures 9.6X4.6 cm. Both the kidneys are normal in size, shape and echotexture. No evidence of any calculus, hydronephrosis or mass lesion seen.

**SPLEEN**: The spleen is normal in size, shape and echotexture. No evidence of focal lesion is noted.

**URINARY BLADDER**: The urinary bladder is well distended. It shows thin walls and sharp mucosa. No evidence of calculus is noted. No mass or diverticulum is seen.

<u>UTERUS</u>: The uterus is anteverted and appears normal. It measures 10.0X3.4X4.7 cm in size. The endometrial thickness is 11.7mm.

**OVARIES**: Both the ovaries are well visualised and appears normal. There is no evidence of any ovarian or adnexal mass seen.

Visualized small bowel loops appear non-dilated. Gaseous distension of large bowel loops. There is no evidence of any lymphadenopathy or ascitis.

Click here to view images << ImageLink>>

PUNE LAB ADDRESS: Seraph Centre, Opp. BSNL Exchange, Shahu College Road, Off Pune-Satara Road, Behind Panchami Hotel, Pune - 411003

CENTRAL PROCESSING LAB: 2<sup>nd</sup> Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West, Mumbai - 400053

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CID

: 2222105260

Name

: Mrs RITU KUMARI

Age / Sex

: 28 Years/Female

Ref. Dr

: Lulla Nagar, Pune Main Centre

Reg. Date

Reported

Application To Scan the Code

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## **IMPRESSION:**

Reg. Location

No significant abnormality seen.

Advice - Clinical and lab correlation.

-----End of Report-----

This report is prepared and physically checked by Dr Pallavi before dispatch.

Dr. PALLAVI RAWAL MBBS, MD Radiology Reg No 2013/04/1170

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PUNE LAB ADDRESS: Seraph Centre, Opp. BSNL Exchange, Shahu College Road, Off Pune-Satara Road, Behind Panchami Hotel, Pune - 411009 CENTRAL PROCESSING LAB: 2nd Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West, Mumbai - 400053

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