





TMT INVESTIGATION REPORT

Patient Name: Mohd shayeed AHMAD

Location

: Ghaziabad

Age/Sex

: 40Year(s)/male

Visit No

: V0000000001-GHZB

MRN No

Order Date

: 12/12/2022

Ref. Doctor : HCP

Report Date

: 12/12/2022

Protocol

: Bruce

MPHR

: 180BPM

Duration of exercise

: 6min 04sec

85% of MPHR

: 153BPM

Reason for termination: THR achieved

Peak HR Achieved : 161BPM % Target HR

Blood Pressure (mmHg) : Baseline BP : 120/76mmHg

METS

: 89%

Peak BP : 134/80mmHg : 7.0METS

STAGE	TIME (min)	H.R (bpm)	BP (mmHg)	SYMPTOMS	ECG CHANGES	ARRHYTHMIA
PRE- EXC.	0:00	72	120/76	Nil	No ST changes seen	Nil
STAGE 1	3:00	132	126/76	Nil	No ST changes seen	Nil
STAGE 2	3:00	159	134/80	Nil	No ST changes seen	Nil
STAGE 3	0:04	161	134/80	Nil	No ST changes seen	. Nil
RECOVERY	4:15	94	130/80	Nil	No ST changes seen	Nil

COMMENTS:

- No ST changes in base line ECG.
- No ST changes during exercise and recovery.
- Normal chronotropic response.
- Normal blood pressure response.
- Fair effort tolerance.

IMPRESSION:

Treadmill test is negative for exercise induced reversible myocardial ischemia.

Dr. Bhupendra Singh

Dr. Abhishek Singh

Dr. Sudhanshu Mishra

Sr. Consultant Cardiology

MD, DM (CARDIOLOGY), FACC MD, DNB (CARDIOLOGY), MNAMS MD

Cardiology Registrar

Sr.Consultant Cardiology

Manipal Hospital, Ghaziabad

NH - 24, Hapur Road, Opp. Bahmeta Village, Ghaziabad, Uttar Pradesh - 201 002

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P: 0120-616 5666

Manipal Health Enterprises Private Limited

CIN: U85110KA2003PTC033055

Regd. Off. The Annexe, #98/2, Rustom Bagh, Off. HAL Airport Road, Bengaluru - 560 017



Name	Mohd shayeed AHMAD	Modality	DX
Patient ID	MH010635707	Accession No	R4894940
Gender/Age	M / 40Y 23D	Scan Date	12-12-2022 10:35:58
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	12-12-2022 11:21:41

XR- CHEST PA VIEW

FINDINGS:

LUNGS: Bronchovascular markings appear prominent.

TRACHEA: Normal. CARINA: Normal.

RIGHT AND LEFT MAIN BRONCHI: Normal.

PLEURA: Normal. HEART: Normal.

RIGHT HEART BORDER: Normal. LEFT HEART BORDER: Normal. PULMONARY BAY: Normal. PULMONARY HILA: Normal.

AORTA: Normal.

THORACIC SPINE: Normal.

OTHER VISUALIZED BONES: Normal. VISUALIZED SOFT TISSUES: Normal.

DIAPHRAGM: Normal.

VISUALIZED ABDOMEN: Normal. VISUALIZED NECK: Normal.

IMPRESSION:

Prominent bronchovascular markings in bilateral lung fields.

Recommend clinical correlation.

(Marica)

Dr. Monica Shekhawat, MBBS, DNB, Consultant Radiologist, Reg No MCI 11 10887



Name	Mohd shayeed AHMAD	Modality	US
Patient ID	MH010635707	Accession No	R4894941
Gender/Age	M / 40Y 23D	Scan Date	12-12-2022 11:19:07
Ref. Phys	Dr. HEALTH CHECK MGD	Report Date	12-12-2022 11:53:11

USG ABDOMEN & PELVIS

FINDINGS

LIVER: appears enlarged in size (measures 153 mm) but normal in shape and shows diffuse increase in liver echotexture, in keeping with diffuse grade I fatty infiltration. Rest normal.

SPLEEN: Spleen is normal in size (measures 100 mm), shape and echotexture. Rest normal.

PORTAL VEIN: Appears normal in size and measures 10.8 mm. COMMON BILE DUCT: Appears normal in size and measures 3 mm.

IVC, HEPATIC VEINS: Normal. BILIARY SYSTEM: Normal.

GALL BLADDER: Gall bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal.

PANCREAS: Pancreas is normal in size, shape and echotexture. Rest normal.

KIDNEYS: Bilateral kidneys are normal in size, shape and echotexture. Cortico-medullary differentiation is maintained.

Rest normal.

Right Kidney: measures 97 x 53 mm. Left Kidney: measures 116 x 48 mm. PELVI-CALYCEAL SYSTEMS: Compact.

NODES: Not enlarged. FLUID: Nil significant.

URINARY BLADDER: Urinary bladder is well distended. Wall thickness is normal and lumen is echofree. Rest normal. PROSTATE: Prostate is normal in size, shape and echotexture. It measures 32 x 30 x 25 mm with volume 12 cc. Rest normal.

SEMINAL VESICLES: Normal.

BOWEL: Visualized bowel loops appear normal.

IMPRESSION

-Hepatomegaly with diffuse grade I fatty infiltration in liver.

Recommend clinical correlation.

Dr. Prabhat Prakash Gupta,

MBBS, DNB, MNAMS, FRCR(I)

Consultant Radiologist, Reg no DMC/R/14242



Name MR MOHD SHAYEED AHMAD

Age 40 Yr(s) Sex :Male

Registration No

Lab No

32221203931

Patient Episode

MH010635707

Collection Date:

12 Dec 2022 20:01

H18000000016

Referred By

HEALTH CHECK MGD

Reporting Date:

13 Dec 2022 09:33

Receiving Date

12 Dec 2022 20:07

BIOCHEMISTRY

TEST

RESULT

UNIT BIOLOGICAL REFERENCE INTERVAL

THYROID PROFILE, Serum

T3 - Triiodothyronine (ECLIA)

1.16

ng/ml

[0.70-2.04]

T4 - Thyroxine (ECLIA) Thyroid Stimulating Hormone (ECLIA)

8.65 11.200 # micq/dl µIU/mL

[4.60-12.00] [0.340-4.250]

Note: TSH levels are subject to circadian variation, reaching peak levels between 2-4.a.m.and at a minimum between 6-10 pm. Factors such as change of seasons hormonal fluctuations, Ca or Fe supplements, high fibre diet, stress and illness affect TSH results.

- * References ranges recommended by the American Thyroid Association
- 1) Thyroid. 2011 Oct; 21(10):1081-125.PMID .21787128
- 2) http://www.thyroid-info.com/articles/tsh-fluctuating.html

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----END OF REPORT--

Dr. Neelam Singal

CONSULTANT BIOCHEMISTRY

Neelan Su



LIFE'S ON

Age

LABORATORY REPORT

Name

MR MOHD SHAYEED AHMAD

40 Yr(s) Sex :Male

Registration No

MH010635707

Lab No 202212000759

Patient Episode

H18000000016

Collection Date:

Referred By

12 Dec 2022 10:16

HEALTH CHECK MGD

Reporting Date: 12 Dec 2022 17:40

Receiving Date

12 Dec 2022 11:39

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Glycosylated Hemoglobin

Specimen: EDTA

HbAlc (Glycosylated Hemoglobin)

[0.0-5.6]

Method: HPLC

As per American Diabetes Association (ADZ

HbA1c in %

Non diabetic adults >= 18years <5.7

Prediabetes (At Risk) 5.7-6.4 Diagnosing Diabetes >= 6.5

Estimated Average Glucose (eAG)

105

mg/dl

Comments: HbAlc provides an index of average blood glucose levels over the past 8-12 weeks and is a much better indicator of long term glycemic control.

ROUTINE URINE ANALYSIS (Semi Automated) Specimen-Urine

· MACROSCOPIC DESCRIPTION

Colour Appearance Reaction[pH] Specific Gravity PALE YELLOW CLEAR

(Pale Yellow - Yellow)

5.0

1.015

(1.003 - 1.035)

(4.6-8.0)

CHEMICAL EXAMINATION

Protein/Albumin Glucose Ketone Bodies Urobilinogen Bilirubin Nitrites Leukocytes esterase

NOT DETECTED NOT DETECTED NOT DETECTED NORMAL Negative

Negative

NEGATIVE

(NOT DETECTED) (NOT DETECTED) (NOT DETECTED) (NORMAL) (NOT DETECTED) (NEGATIVE) (NEGATIVE)

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MANIPAL HOSPITALS

NH-24, Hapur Road, Near Landcraft Golflinks, Ghaziabad - 201002 www.manipalhospitals.com



LIFE'S ON

LABORATORY REPORT

Name MR MOHD SHAYEED AHMAD Age 40 Yr(s) Sex :Male

Registration No

MH010635707

Lab No 202212000759

Reporting Date:

Patient Episode

H18000000016

Collection Date: 12 Dec 2022 11:39

Referred By

12 Dec 2022 18:10

HEALTH CHECK MGD

Receiving Date 12 Dec 2022 11:39

CLINICAL PATHOLOGY

MICROSCOPIC E	EXAMINATION	(Automated	/Manual)
---------------	-------------	------------	----------

Pus Cells		1-2 /h	pf	(0-5/hpf)
RBC	0-1/hpf		(0-2/hpf)	
Epithelial Cells		nil	/hpf	
CASTS		nil		
Crystals		nil		
OTHERS		nil		

Serum LIPID PROFILE

Serum TOTAL CHOLESTEROL	172	mg/dl	[<200]
			Moderate risk:200-239
TRIGLYCERIDES (GPO/POD)	84	mg/dl	High risk:>240 [<150]
THE STATE OF THE S	04	mg/ui	Borderline high:151-199
			High: 200 - 499
			Very high:>500
HDL- CHOLESTEROL	46.0	mg/dl	[35.0-65.0]
Method: Enzymatic Immunoimhibition			
VLDL- CHOLESTEROL (Calculated)	. 17	mg/dl	[0-35]
CHOLESTEROL, LDL, DIRECT	109.0	mg/dl	[<120.0]
			Near/
above optimal-100-129			

Above optimal-100-129		
		Borderline High:130-159 High Risk:160-189
T.Chol/HDL.Chol ratio(Calculated)	3.7	<4.0 Optimal
		4.0-5.0 Borderline
	Service Color Services Color	>6 High Risk
LDL.CHOL/HDL.CHOL Ratio(Calculated)	2.4	<3 Optimal
		3-4 Borderline
		>6 High Risk

Note:

Reference ranges based on ATP III Classifications.

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Registration No

MH010635707

Lab No 202212000759

Patient Episode

Collection Date:

12 Dec 2022 10:16

H18000000016 Referred By

HEALTH CHECK MGD

Reporting Date:

12 Dec 2022 11:54

Receiving Date 12 Dec 2022 11:39

BIOCHEMISTRY

TEST	RESULT	UNIT	BIOLOGICAL REFERENCE INTERVAL

KIDNEY PROFILE

Specimen: Serum			
UREA	18.3	mg/dl	[15.0-40.0]
Method: GLDH, Kinatic assa	y		
BUN, BLOOD UREA NITROGEN	8.6	mg/dl	[8.0-20.0]
Method: Calculated			
CREATININE, SERUM	0.76	mg/dl	[0.70-1.20]
Method: Jaffe rate-IDMS St.	andardization .	The second second second	
URIC ACID	.5.0	mg/dl	[4.0-8.5]
Method:uricase PAP			
SODIUM, SERUM	137.8	mmol/L	[136.0-144.0]
POTASSIUM, SERUM	4.28	mmol/L	[3.60-5.10]
SERUM CHLORIDE	103.9	mmo1/1	[101.0-111.0]
Method: ISE Indirect			
eGFR (calculated)	114.1	ml/min/1.73sq.m	[>60.0]
Toghnigal Note			

eGFR which is primarily based on Serum Creatinine is a derivation of CKD-EPI 2009 equation normalized to1.73 sq.m BSA and is not applicable to individuals below 18 years. eGFR tends to be less accurate when Serum Creatinine estimation is indeterminate e.q. patients at extremes of muscle mass, on unusual diets etc. and samples with severe Hemolysis Icterus / Lipemia.

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Name MR MOHD SHAYEED AHMAD

40 Yr(s) Sex: Male Age

Registration No

MH010635707

Lab No 202212000759

Patient Episode

H18000000016

Collection Date: 12 Dec 2022 10:16

Referred By

HEALTH CHECK MGD

Reporting Date: 12 Dec 2022 11:54

Receiving Date 12 Dec 2022 11:39

BIOCHEMISTRY

TEST	RESULT	UNIT BIOL	OGICAL REFERENCE INTERVAL
LIVER FUNCTION TEST			
BILIRUBIN - TOTAL Method: D P D	0.56	mg/dl	[0.30-1.20]
BILIRUBIN - DIRECT Method: DPD	0.10	mg/dl	[0.00-0.30]
INDIRECT BILIRUBIN (SERUM) Method: Calculation	0.46 #	mg/dl	[0.10-0.30]
TOTAL PROTEINS (SERUM) Method: BIURET	7.50	gm/dl	[6.60-8.70]
ALBUMIN (SERUM) Method: BCG	4.12	g/dl	[3.50-5.20]
GLOBULINS (SERUM) Method: Calculation	3.40	gm/dl	[1.80-3.40]
PROTEIN SERUM (A-G) RATIO Method: Calculation	1.22		[1.00-2.50]
AST(SGOT) (SERUM) Method: IFCC W/O P5P	30.00	U/L	[0.00-40.00]
ALT(SGPT) (SERUM) Method: IFCC W/O P5P	45.00	U/L	[17.00-63.00]
Serum Alkaline Phosphatase Method: AMP BUFFER IFCC)	86.0	IU/L	[32.0-91.0]
GGT	41.0		[7.0-50.0]

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Name

MR MOHD SHAYEED AHMAD

Age

40 Yr(s) Sex: Male

Registration No

MH010635707

Lab No

202212000759

Patient Episode

H18000000016

Collection Date:

12 Dec 2022 10:16

Referred By

HEALTH CHECK MGD

Reporting Date:

13 Dec 2022 09:48

Receiving Date

12 Dec 2022 11:39

BLOOD BANK

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

Blood Group & Rh Typing (Agglutination by gel/tube technique) Specimen-Blood

Blood Group & Rh typing

O Rh(D) Positive

Technical note:

ABO grouping and Rh typing is done by cell and serum grouping by microplate / gel technique.

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----END OF REPORT-----

Dr. Alka Dixit Vats

Name

: MR MOHD SHAYEED AHMAD

Age

40 Yr(s) Sex: Male

Registration No

: MH010635707

Lab No

202212000760

Patient Episode

H18000000016

Collection Date:

12 Dec 2022 10:16

Referred By

: HEALTH CHECK MGD

Reporting Date:

12 Dec 2022 12:10

Receiving Date

12 Dec 2022 10:16

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

GLUCOSE-Fasting

Specimen: Plasma

GLUCOSE, FASTING (F)

93.0

mg/d1

[70.0-110.0]

Method: Hexokinase

----END OF REPORT-----

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N 1

Dr. Charu Agarwal

Name

: MR MOHD SHAYEED AHMAD

Age

40 Yr(s) Sex :Male

Registration No

: MH010635707

Lab No

202212000761

Patient Episode

: H18000000016

Collection Date:

12 Dec 2022 12:40

Referred By

: HEALTH CHECK MGD

Reporting Date: 12 Dec 2022 18:09

Receiving Date

12 Dec 2022 12:40

BIOCHEMISTRY

TEST

RESULT

UNIT

BIOLOGICAL REFERENCE INTERVAL

PLASMA GLUCOSE

Specimen: Plasma

GLUCOSE, POST PRANDIAL (PP), 2 HOURS

135.0

mg/dl

[80.0-140.0]

Method: Hexokinase

Note:

Conditions which can lead to lower postprandial glucose levels as compared to

fasting glucose are excessive insulin release, rapid gastric emptying,

brisk glucose absorption , post exercise

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-----END OF REPORT

Dr. Alka Dixit Vats