

Patient Name : Mr.PANKAJ	Collected : 26/Aug/2023 10:13AM
Age/Gender : 35 Y 8 M 12 D/M	Received : 26/Aug/2023 01:36PM
UHID/MR No : CBEL.0000094262	Reported : 26/Aug/2023 06:46PM
Visit ID : CINROPV202999	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 9663275102	

DEPARTMENT OF HAEMATOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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HEMOGRAM , WHOLE BLOOD EDTA

HAEMOGLOBIN	15.2	g/dL	13-17	Spectrophotometer
PCV	44.00	%	40-50	Electronic pulse & Calculation
RBC COUNT	4.84	Million/cu.mm	4.5-5.5	Electrical Impedence
MCV	90.9	fL	83-101	Calculated
MCH	31.3	pg	27-32	Calculated
MCHC	34.5	g/dL	31.5-34.5	Calculated
R.D.W	15.5	%	11.6-14	Calculated
TOTAL LEUCOCYTE COUNT (TLC)	5,820	cells/cu.mm	4000-10000	Electrical Impedence

DIFFERENTIAL LEUCOCYTIC COUNT (DLC)

NEUTROPHILS	52.1	%	40-80	Electrical Impedence
LYMPHOCYTES	35.4	%	20-40	Electrical Impedence
EOSINOPHILS	2.9	%	1-6	Electrical Impedence
MONOCYTES	9.3	%	2-10	Electrical Impedence
BASOPHILS	0.3	%	<1-2	Electrical Impedence

ABSOLUTE LEUCOCYTE COUNT

NEUTROPHILS	3032.22	Cells/cu.mm	2000-7000	Electrical Impedence
LYMPHOCYTES	2060.28	Cells/cu.mm	1000-3000	Electrical Impedence
EOSINOPHILS	168.78	Cells/cu.mm	20-500	Electrical Impedence
MONOCYTES	541.26	Cells/cu.mm	200-1000	Electrical Impedence
BASOPHILS	17.46	Cells/cu.mm	0-100	Electrical Impedence

PLATELET COUNT

PLATELET COUNT	204000	cells/cu.mm	150000-410000	Electrical impedence
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ERYTHROCYTE SEDIMENTATION RATE (ESR)

ERYTHROCYTE SEDIMENTATION RATE (ESR)	19	mm at the end of 1 hour	0-15	Modified Westgren method
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**PERIPHERAL SMEAR**

RBCs: are normocytic normochromic

WBCs: are normal in total number with normal distribution and morphology.

PLATELETS: appear adequate in number.

HEMOPARASITES: negative

**IMPRESSION: NORMOCYTIC NORMOCHROMIC BLOOD PICTURE.**

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**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method



SIN No:BED230204237

Patient Name : Mr.PANKAJ	Collected : 26/Aug/2023 10:13AM
Age/Gender : 35 Y 8 M 12 D/M	Received : 26/Aug/2023 01:36PM
UHID/MR No : CBEL.0000094262	Reported : 26/Aug/2023 08:18PM
Visit ID : CINROPV202999	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
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**DEPARTMENT OF HAEMATOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
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**BLOOD GROUP ABO AND RH FACTOR , WHOLE BLOOD EDTA**

BLOOD GROUP TYPE	AB			Microplate Hemagglutination
Rh TYPE	Positive			Microplate Hemagglutination



Patient Name : Mr.PANKAJ	Collected : 26/Aug/2023 10:13AM
Age/Gender : 35 Y 8 M 12 D/M	Received : 26/Aug/2023 01:47PM
UHID/MR No : CBEL.0000094262	Reported : 26/Aug/2023 07:32PM
Visit ID : CINROPV202999	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 9663275102	

DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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GLUCOSE, FASTING , NAF PLASMA	105	mg/dL	70-100	HEXOKINASE
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**Comment:**

As per American Diabetes Guidelines

Fasting Glucose Values in mg/dL	Interpretation
70-100 mg/dL	Normal
100-125 mg/dL	Prediabetes
≥126 mg/dL	Diabetes
<70 mg/dL	Hypoglycemia

**Note:**

- The diagnosis of Diabetes requires a fasting plasma glucose of > or = 126 mg/dL and/or a random / 2 hr post glucose value of > or = 200 mg/dL on at least 2 occasions.
- Very high glucose levels (>450 mg/dL in adults) may result in Diabetic Ketoacidosis & is considered critical.

GLUCOSE, POST PRANDIAL (PP), 2 HOURS , SODIUM FLUORIDE PLASMA (2 HR)	89	mg/dL	70-140	HEXOKINASE
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**Comment:**

It is recommended that FBS and PPBS should be interpreted with respect to their Biological reference ranges and not with each other.

Conditions which may lead to lower postprandial glucose levels as compared to fasting glucose levels may be due to reactive hypoglycemia, dietary meal content, duration or timing of sampling after food digestion and absorption, medications such as insulin preparations, sulfonylureas, amylin analogues, or conditions such as overproduction of insulin.

Ref: Marks medical biochemistry and clinical approach

HBA1C, GLYCATED HEMOGLOBIN , WHOLE BLOOD EDTA	5.4	%		HPLC
ESTIMATED AVERAGE GLUCOSE (eAG) ,	108	mg/dL		Calculated



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DEPARTMENT OF BIOCHEMISTRY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
WHOLE BLOOD EDTA				

**Comment:**

Reference Range as per American Diabetes Association (ADA) 2023 Guidelines:

REFERENCE GROUP	HBA1C %
NON DIABETIC	<5.7
PREDIABETES	5.7 – 6.4
DIABETES	≥ 6.5
DIABETICS	
EXCELLENT CONTROL	6 – 7
FAIR TO GOOD CONTROL	7 – 8
UNSATISFACTORY CONTROL	8 – 10
POOR CONTROL	>10

Note: Dietary preparation or fasting is not required.

- HbA1C is recommended by American Diabetes Association for Diagnosing Diabetes and monitoring Glycemic Control by American Diabetes Association guidelines 2023.
- Trends in HbA1C values is a better indicator of Glycemic control than a single test.
- Low HbA1C in Non-Diabetic patients are associated with Anemia (Iron Deficiency/Hemolytic), Liver Disorders, Chronic Kidney Disease. Clinical Correlation is advised in interpretation of low Values.
- Falsely low HbA1c (below 4%) may be observed in patients with clinical conditions that shorten erythrocyte life span or decrease mean erythrocyte age. HbA1c may not accurately reflect glycemic control when clinical conditions that affect erythrocyte survival are present.
- In cases of Interference of Hemoglobin variants in HbA1C alternative methods (Fructosamine) estimation is recommended for Glycemic Control
  - A: HbF >25%
  - B: Homozygous Hemoglobinopathy.
 (Hb Electrophoresis is recommended method for detection of Hemoglobinopathy)



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Visit ID : CINROPV202999	Status : Final Report
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DEPARTMENT OF BIOCHEMISTRY

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Test Name	Result	Unit	Bio. Ref. Range	Method
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LIPID PROFILE , SERUM

TOTAL CHOLESTEROL	197	mg/dL	<200	CHO-POD
TRIGLYCERIDES	196	mg/dL	<150	GPO-POD
HDL CHOLESTEROL	42	mg/dL	40-60	Enzymatic Immunoinhibition
NON-HDL CHOLESTEROL	155	mg/dL	<130	Calculated
LDL CHOLESTEROL	115.6	mg/dL	<100	Calculated
VLDL CHOLESTEROL	39.2	mg/dL	<30	Calculated
CHOL / HDL RATIO	4.69		0-4.97	Calculated

Comment:

Reference Interval as per National Cholesterol Education Program (NCEP) Adult Treatment Panel III Report.

	Desirable	Borderline High	High	Very High
TOTAL CHOLESTEROL	< 200	200 - 239	≥ 240	
TRIGLYCERIDES	<150	150 - 199	200 - 499	≥ 500
LDL	Optimal < 100 Near Optimal 100-129	130 - 159	160 - 189	≥ 190
HDL	≥ 60			
NON-HDL CHOLESTEROL	Optimal <130; Above Optimal 130-159	160-189	190-219	>220

1. Measurements in the same patient on different days can show physiological and analytical variations.
2. NCEP ATP III identifies non-HDL cholesterol as a secondary target of therapy in persons with high triglycerides.
3. Primary prevention algorithm now includes absolute risk estimation and lower LDL Cholesterol target levels to determine eligibility of drug therapy.
4. Low HDL levels are associated with Coronary Heart Disease due to insufficient HDL being available to participate in reverse cholesterol transport, the process by which cholesterol is eliminated from peripheral tissues.
5. As per NCEP guidelines, all adults above the age of 20 years should be screened for lipid status. Selective screening of children above the age of 2 years with a family history of premature cardiovascular disease or those with at least one parent with high total cholesterol is recommended.
6. VLDL, LDL Cholesterol Non HDL Cholesterol, CHOL/HDL RATIO, LDL/HDL RATIO are calculated parameters when

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**DEPARTMENT OF BIOCHEMISTRY**

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Triglycerides are below 350 mg/dl. When Triglycerides are more than 350 mg/dl LDL cholesterol is a direct measurement.



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DEPARTMENT OF BIOCHEMISTRY

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Test Name	Result	Unit	Bio. Ref. Range	Method
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LIVER FUNCTION TEST (LFT) , SERUM

BILIRUBIN, TOTAL	0.74	mg/dL	0.3-1.2	DPD
BILIRUBIN CONJUGATED (DIRECT)	0.13	mg/dL	<0.2	DPD
BILIRUBIN (INDIRECT)	0.61	mg/dL	0.0-1.1	Dual Wavelength
ALANINE AMINOTRANSFERASE (ALT/SGPT)	43	U/L	<50	IFCC
ASPARTATE AMINOTRANSFERASE (AST/SGOT)	25.0	U/L	<50	IFCC
ALKALINE PHOSPHATASE	<b>137.00</b>	U/L	30-120	IFCC
PROTEIN, TOTAL	7.33	g/dL	6.6-8.3	Biuret
ALBUMIN	4.48	g/dL	3.5-5.2	BROMO CRESOL GREEN
GLOBULIN	2.85	g/dL	2.0-3.5	Calculated
A/G RATIO	1.57		0.9-2.0	Calculated





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DEPARTMENT OF BIOCHEMISTRY

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Test Name	Result	Unit	Bio. Ref. Range	Method
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RENAL PROFILE/KIDNEY FUNCTION TEST (RFT/KFT) , SERUM				
Test Name	Result	Unit	Bio. Ref. Range	Method
CREATININE	0.93	mg/dL	0.72 – 1.18	JAFFE METHOD
UREA	19.80	mg/dL	17-43	GLDH, Kinetic Assay
BLOOD UREA NITROGEN	9.2	mg/dL	8.0 - 23.0	Calculated
URIC ACID	7.16	mg/dL	3.5–7.2	Uricase PAP
CALCIUM	8.90	mg/dL	8.8-10.6	Arsenazo III
PHOSPHORUS, INORGANIC	2.82	mg/dL	2.5-4.5	Phosphomolybdate Complex
SODIUM	138	mmol/L	136–146	ISE (Indirect)
POTASSIUM	4.3	mmol/L	3.5–5.1	ISE (Indirect)
CHLORIDE	104	mmol/L	101–109	ISE (Indirect)



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**DEPARTMENT OF BIOCHEMISTRY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
<b>GAMMA GLUTAMYL TRANSPEPTIDASE (GGT) , SERUM</b>	33.00	U/L	<55	IFCC



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Visit ID : CINROPV202999	Status : Final Report
Ref Doctor : Dr.SELF	Sponsor Name : ARCOFEMI HEALTHCARE LIMITED
Emp/Auth/TPA ID : 9663275102	

DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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THYROID PROFILE TOTAL (T3, T4, TSH) , SERUM

TRI-IODOTHYRONINE (T3, TOTAL)	0.77	ng/mL	0.7-2.04	CLIA
THYROXINE (T4, TOTAL)	9.39	µg/dL	6.09-12.23	CLIA
THYROID STIMULATING HORMONE (TSH)	2.935	µIU/mL	0.34-5.60	CLIA

Comment:

Note:

For pregnant females	Bio Ref Range for TSH in uIU/ml (As per American Thyroid Association)
First trimester	0.1 - 2.5
Second trimester	0.2 - 3.0
Third trimester	0.3 - 3.0

TSH is a glycoprotein hormone secreted by the anterior pituitary. TSH activates production of T3 (Triiodothyronine) and its prohormone T4 (Thyroxine). Increased blood level of T3 and T4 inhibit production of TSH.

TSH is elevated in primary hypothyroidism and will be low in primary hyperthyroidism. Elevated or low TSH in the context of normal free thyroxine is often referred to as sub-clinical hypo- or hyperthyroidism respectively.

Both T4 & T3 provides limited clinical information as both are highly bound to proteins in circulation and reflects mostly inactive hormone. Only a very small fraction of circulating hormone is free and biologically active.

Significant variations in TSH can occur with circadian rhythm, hormonal status, stress, sleep deprivation, medication & circulating antibodies.

TSH	T3	T4	FT4	Conditions
High	Low	Low	Low	Primary Hypothyroidism, Post Thyroidectomy, Chronic Autoimmune Thyroiditis

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DEPARTMENT OF IMMUNOLOGY

ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324

Test Name	Result	Unit	Bio. Ref. Range	Method
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High	N	N	N	Subclinical Hypothyroidism, Autoimmune Thyroiditis, Insufficient Hormone Replacement Therapy.
N/Low	Low	Low	Low	Secondary and Tertiary Hypothyroidism
Low	High	High	High	Primary Hyperthyroidism, Goitre, Thyroiditis, Drug effects, Early Pregnancy
Low	N	N	N	Subclinical Hyperthyroidism
Low	Low	Low	Low	Central Hypothyroidism, Treatment with Hyperthyroidism
Low	N	High	High	Thyroiditis, Interfering Antibodies
N/Low	High	N	N	T3 Thyrotoxicosis, Non thyroidal causes
High	High	High	High	Pituitary Adenoma; TSHoma/Thyrotropinoma



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Age/Gender : 35 Y 8 M 12 D/M	Received : 26/Aug/2023 02:20PM
UHID/MR No : CBEL.0000094262	Reported : 26/Aug/2023 03:09PM
Visit ID : CINROPV202999	Status : Final Report
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**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
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**COMPLETE URINE EXAMINATION (CUE) , URINE**

**PHYSICAL EXAMINATION**

COLOUR	PALE YELLOW		PALE YELLOW	Visual
TRANSPARENCY	CLEAR		CLEAR	Visual
pH	5.5		5-7.5	DOUBLE INDICATOR
SP. GRAVITY	1.010		1.002-1.030	Bromothymol Blue

**BIOCHEMICAL EXAMINATION**

URINE PROTEIN	NEGATIVE		NEGATIVE	PROTEIN ERROR OF INDICATOR
GLUCOSE	NEGATIVE		NEGATIVE	GLUCOSE OXIDASE
URINE BILIRUBIN	NEGATIVE		NEGATIVE	AZO COUPLING REACTION
URINE KETONES (RANDOM)	NEGATIVE		NEGATIVE	SODIUM NITRO PRUSSIDE
UROBILINOGEN	NORMAL		NORMAL	MODIFIED EHRlich REACTION
BLOOD	NEGATIVE		NEGATIVE	Peroxidase
NITRITE	NEGATIVE		NEGATIVE	Diazotization
LEUCOCYTE ESTERASE	NEGATIVE		NEGATIVE	LEUCOCYTE ESTERASE

**CENTRIFUGED SEDIMENT WET MOUNT AND MICROSCOPY**

PUS CELLS	2-3	/hpf	0-5	Microscopy
EPITHELIAL CELLS	1-2	/hpf	<10	MICROSCOPY
RBC	NIL	/hpf	0-2	MICROSCOPY
CASTS	NIL		0-2 Hyaline Cast	MICROSCOPY
CRYSTALS	ABSENT		ABSENT	MICROSCOPY

**Comment:**

- Biochemical Examination of urine sample was performed by reflectance photometry and confirmed by alternative methods.
- The samples are assessed for integrity and adequacy before processing.





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UHID/MR No : CBEL.0000094262	Reported : 26/Aug/2023 07:15PM
Visit ID : CINROPV202999	Status : Final Report
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**DEPARTMENT OF CLINICAL PATHOLOGY**

**ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324**

Test Name	Result	Unit	Bio. Ref. Range	Method
URINE GLUCOSE(POST PRANDIAL)	NEGATIVE		NEGATIVE	Dipstick
URINE GLUCOSE(FASTING)	NEGATIVE		NEGATIVE	Dipstick

**\*\*\* End Of Report \*\*\***

Result/s to Follow:  
PERIPHERAL SMEAR

*Prasanna B.K.P*  
Dr PRASANNA B.K.P  
Md.Path.Pathologist

*Anita Shobha Flynn*  
Dr.Anita.Shobha Flynn  
M.B.B.S,MD(Pathology)  
Consultant Pathologist


*Ashetty*  
DR.SHIVARAJA SHETTY  
M.B.B.S, M.D(Biochemistry)  
CONSULTANT BIOCHEMIST

*Anita Shobha Flynn*  
Dr.Anita.Shobha Flynn  
M.B.B.S MD(Pathology)  
Consultant Pathologist

*Shobha Emmanuel*  
Dr.Shobha Emmanuel  
M.B.B.S,M.D(Pathology)  
Consultant Pathologist

*Prasanna B.K.P*  
Dr PRASANNA B.K.P  
Md.Path.Pathologist



<b>Name</b> : Mr. Pankaj  <b>Address</b> : Bangalore  <b>Plan</b> : ARCOFEMI MEDIWHEEL MALE AHC CREDIT PAN INDIA OP AGREEMENT	<b>Age</b> : 35 Y  <b>Sex</b> : M	<b>UHID</b> :CBEL.0000094262  <small>*CBEL-0000094262*</small> <b>OP Number</b> :CINROPV202999 <b>Bill No</b> :CINR-OCR-88060 <b>Date</b> : 26.08.2023 09:46
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Sno	Service Type/ServiceName	Department
1	ARCOFEMI - MEDIWHEEL - FULL BODY ANNUAL PLUS MALE - 2D ECHO - PAN INDIA - FY2324	
1	URINE GLUCOSE(FASTING)	
2	GAMMA GLUTAMYL TRANSFERASE (GGT)	
3	HbA1c, GLYCATED HEMOGLOBIN	
4	2 D ECHO / <i>TMT</i>	
5	LIVER FUNCTION TEST (LFT)	
6	X-RAY CHEST PA - <i>10</i>	
7	GLUCOSE, FASTING	
8	HEMOGRAM + PERIPHERAL SMEAR	
9	ENT CONSULTATION - <i>7</i>	
10	FITNESS BY GENERAL PHYSICIAN	
11	DIET CONSULTATION	
12	COMPLETE URINE EXAMINATION	
13	URINE GLUCOSE(POST PRANDIAL)	
14	PERIPHERAL SMEAR	
15	ECG - <i>Op</i>	
16	BLOOD GROUP ABO AND RH FACTOR	
17	LIPID PROFILE	
18	BODY MASS INDEX (BMI) - <i>6</i>	
19	OPHTHAL BY GENERAL PHYSICIAN - <i>5</i>	
20	RENAL PROFILE/RENAL FUNCTION TEST (RFT/KFT)	
21	ULTRASOUND - WHOLE ABDOMEN - <i>9</i>	
22	THYROID PROFILE (TOTAL T3, TOTAL T4, TSH)	
23	DENTAL CONSULTATION - <i>1</i>	
24	GLUCOSE, POST PRANDIAL (PP), 2 HOURS (POST MEAL) - <i>12:30</i>	

*25. Opthal - 5*  
*26. Dental - 1*  
*27. physiotherapy - 1/2*  
*28. Audiometry - 5 - B/L Normal*

*9663275102.*

Date : 26-08-2023

Department : GENERAL

MR NO : CBEL.0000094262

Doctor :

Name : Mr. Pankaj

Registration No :

Age/ Gender : 35 Y / Male

Qualification :

Consultation Timing: 09:45

Height :	Weight :	BMI :	Waist Circum :
Temp :	Pulse :	Resp :	B.P :

General Examination / Allergies  
History

Clinical Diagnosis & Management Plan

Follow up date:

Doctor Signature

## OPHTHAL PRESCRIPTION

PATIENT NAME: Mr. pankaj

UHID NO: 94262

OPTOMETRIST NAME: Mr Gowtham M H

DATE: 26/8/23

AGE: 35

GENDER: M

This is to certify that I have examined

years and findings of his/her eye examination are as follows,

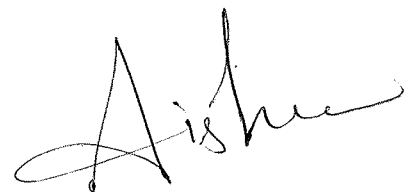
	RIGHT EYE				LEFT EYE			
	SPH	CYL	AXIS	BCVA	SPH	CYL	AXIS	BCVA
Distance	0.25	0.50	170	6/6	0.00	0.50	150	6/6
Add				Nil				Nil

PD - RE: \_\_\_\_\_ LE: \_\_\_\_\_

Colour Vision:

Normal @

Remarks:



Apollo clinic Indiranagar

**Health Check up Booking Confirmed Request(bobS44450),Package Code-PKG10000309,  
Beneficiary Code-60323**

Wellness : Mediwheel : New Delhi &lt;wellness@mediwheel.in&gt;

Fri 18-08-2023 15:35

To:Wellness : Mediwheel : New Delhi &lt;wellness@mediwheel.in&gt;

Cc:Customer Care :Mediwheel : New Delhi &lt;customercare@mediwheel.in&gt;

**Mediwheel**  
...Your wellness partner**011-41195959****Email:wellness@mediwheel.in**Dear **Team Mediwheel**,

We have received the confirmation for Health Check up from .

**Beneficiary Name** : PANKAJ**Beneficiary Code:** 60323**Member Relation:** Spouse**Provider Name** : Apollo Clinic - Indiranagar**Provider Code** : DIA1000420DIA1015**Address** : Plot 2012,1st floor, Above vision express, Next to Starbucks, 100 feet road, HAL 2nd stage, Indiranagar - 560038**City** : Bangalore**State** : Karnataka**Pincode** : 560038**Email** :**Contact Details** : (080) 2521 4614 - 15**Package Name** : Arcofemi MediWheel Full Body Annual Plus Male 2D ECHO (Metro)**Comment** : APPOINTMENT TIME 9:00AM**Booking Date** : 17-08-2023**Appointment Date** : 26-08-2023**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

**For Women:**





सत्यमेव जयते  
भारत सरकार



आधार

भारतीय विशिष्ट पहचान प्राधिकरण

भारत सरकार  
Unique Identification Authority of India  
Government of India

नामांकन क्रमांक Enrolment No.: 1047/10045/75902

To,

Pankaj Kumar Gautam

पंकज कुमार गौतम

S/O Durga Prasad

HOUSE NO. A- 659- A GIRI MARG MANDAWALI, FAZALPUR

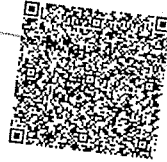
Mandawali Shaktapur  
East Delhi  
Delhi 110092

01/11/211



UC 01589375 5 IN

Ref No.:4I2B3E9X-1589375



आपका आधार क्रमांक / Your Aadhaar No. :

**5752 4948 4883**

आधार — आम आदमी का अधिकार



भारत सरकार  
GOVERNMENT OF INDIA

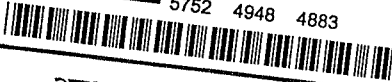


पंकज कुमार गौतम  
Pankaj Kumar Gautam

जन्म वर्ष / Year of Birth : 1987

पुरुष / Male

5752 4948 4883



आधार — आम आदमी का अधिकार

**MR PANKAJ,**  
 Patient ID: 94262  
 26.08.2023 Male 177 cm 78 kg  
 2:41:08pm 35 yrs Indian

Ref. MD: Ordering MD:  
 Technician: Test Type:  
 Comment:

Test Reason:  
 Medical History:

BRUCE: Exercise Time 09:32  
 Max HR: 162 bpm 87% of max predicted 185 bpm HR at rest: 56  
 Max BP: 160/100 mmHg Max RPP: 25110 mmHg\*bp  
 Maximum Workload: 11.90 METS  
 Max. ST: -2.40 mm, -1.71 mV/s in II; EXERCISE STAGE 3 7:30  
 Arrhythmia: PSVC:4  
 ST/HR index: 1.08  $\mu$ V/bpm  
 ST/HR slope: 0.95  $\mu$ V/bpm (V5)  
 HR reserve used: 82 %  
 HR recovery: 36 bpm  
 VE recovery: 0 VE/min  
 ST/HR hysteresis: 0.051 mV (I)  
 QRS duration: BASELINE: 86 ms, PEAK EX: 84 ms, REC: 84 ms  
**Reasons for Termination:** Target heart rate achieved  
**Summary:**  
**Resting ECG:** normal. **Functional Capacity:** normal. **HR Response to Exercise:** appropriate. **BP Response to Exercise:** normal resting BP - appropriate response.  
**Chest Pain:** none. **Arrhythmias:** none. **ST Changes:** none. **Overall impression:** Normal stress test.

**Conclusion:** GOOD EFFORT TOLERANCE  
 NORMAL HR AND BP RESPONSE  
 NO ANGINA AND ARRHYTHMIA DURING TEST  
 STRESS TEST IS NEGATIVE FOR THE EXERCISE INDUCIBLE ISCHEMIA  
 Room:  
 Location: \* 0 \*

Phase Name	Stage Name	Time in Stage	Speed [mph]	Grade [%]	Workload [METS]	HR [bpm]	BP [mmHg]	RPP [mmHg*bp]	VE [l/min]	ST Level II [mm]	Comment
PRETEST	SUPINE	00:31	0.00	0.00	1.0	56			0	-1.40	
	STANDING	00:15	0.00	0.00	1.0	56			0	-1.35	
	HYPERV.	00:41	0.00	0.00	1.0	57			0	-1.35	
	WARM-UP	00:25	1.00	0.00	1.2	54			0	-1.35	
EXERCISE	STAGE 1	03:00	1.70	10.00	4.6	98	118/80	11564	0	-1.35	
	STAGE 2	03:00	2.50	12.00	7.0	120	138/85	16560	0	-1.30	
	STAGE 3	03:00	3.40	14.00	10.1	150	155/95	23250	0	-0.45	
	STAGE 4	00:33	4.20	16.00	11.8	162		25110	0	-1.20	
RECOVERY		03:03	0.00	0.00	1.0	101	159/100	16059	0	-1.15	

Normal

Handwritten signature

MR PANKAJ  
Patient ID: 94262  
26.08.2023  
2:41:28pm

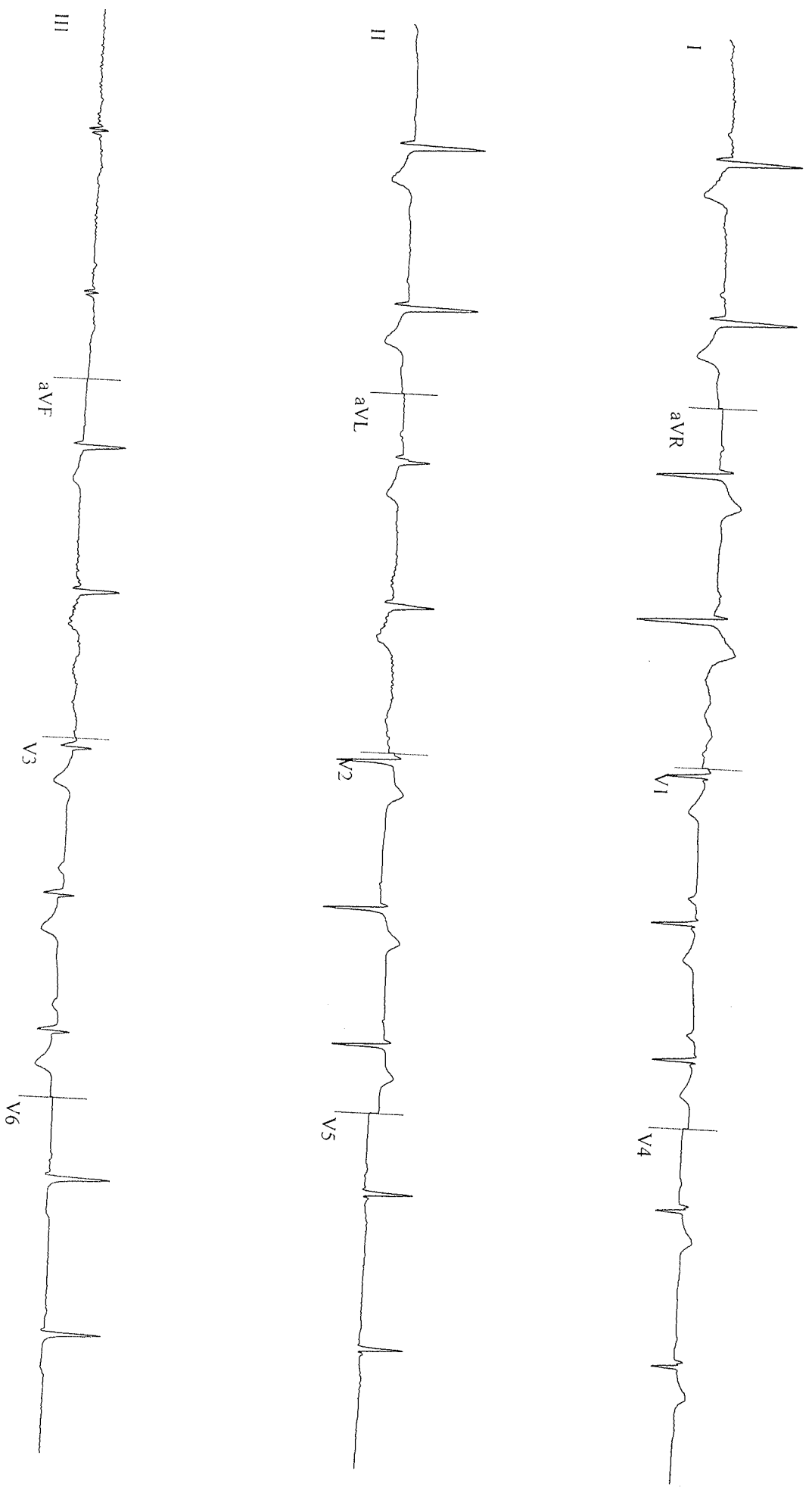
Male 177 cm 78 kg  
35 yrs Indian

64 bpm

Exercise Test / 12-Lead Report  
PRETEST  
SUPINE  
00:14

BRUCE  
0.0 mph  
0.0 %

APOLLO CLINIC



GE CardioSoft V7.0.(10)  
25 mm/s 10 mm/mV 50 Hz 0.05 - 40 Hz FRF- HR(L.V6)

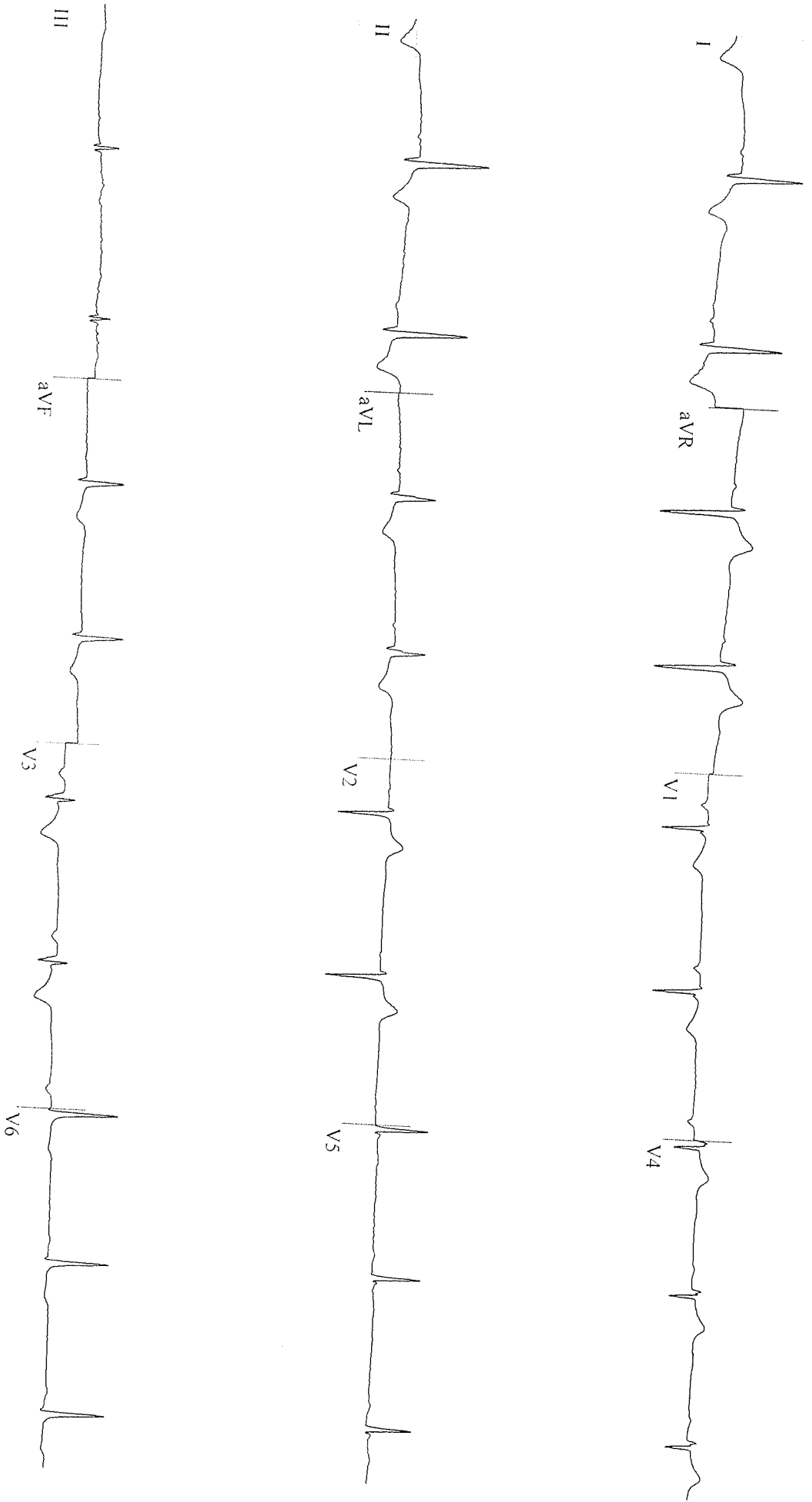
Start of Test: 2:41:08pm

MR PANKAJ  
Patient ID: 94262  
26.08.2023  
2:41:46pm  
Male 177 cm 78 kg  
35 yrs Indian

Exercise Test / 12-Lead Report  
PRETEST  
STANDING  
00:32

BRUCE  
0.0 mph  
0.0 %

APOLLO CLINIC



GIE CardioSoft V7.0 (10)  
25 mm/s 10 mm/mV 50 Hz 0.05 - 40 Hz FRF- HR(L.V6)

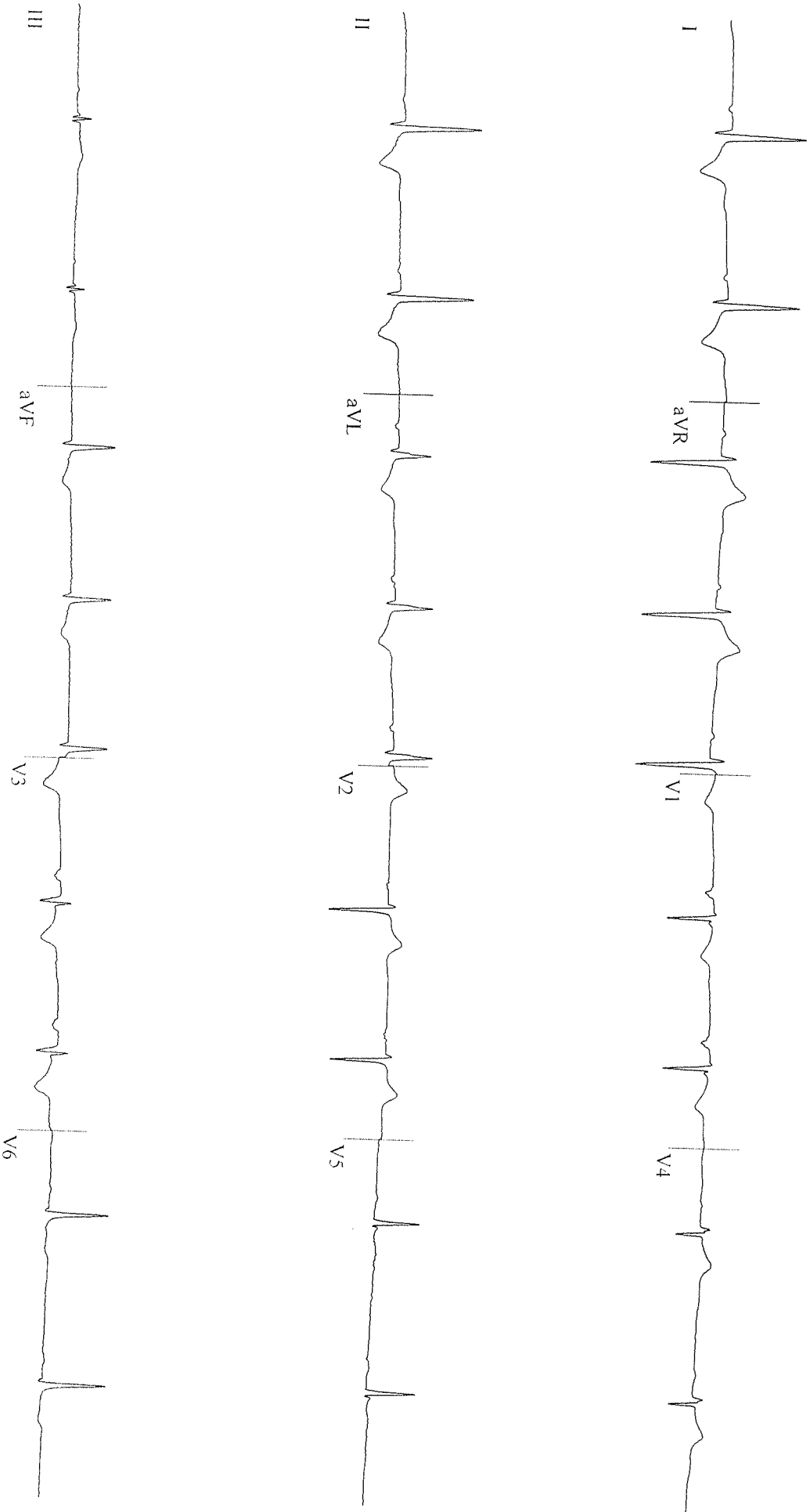
Start of Test: 2:41:08pm

MR PANKAJ,  
Patient ID: 94262  
26.08.2023 Male 177 cm 78 kg  
2:42:00pm 35 yrs Indian

Exercise Test / 12-Lead Report  
PRETEST  
HYPERV.  
00:46

BRUCE  
0.0 mph  
0.0 %

APOLLO CLINIC



GE CardioSoft V7.0(10)  
25 mm/s 10 mm/mV 50 Hz 0.05 - 40 Hz FRF- HR(I,V6)

Start of Test: 2:41:08pm



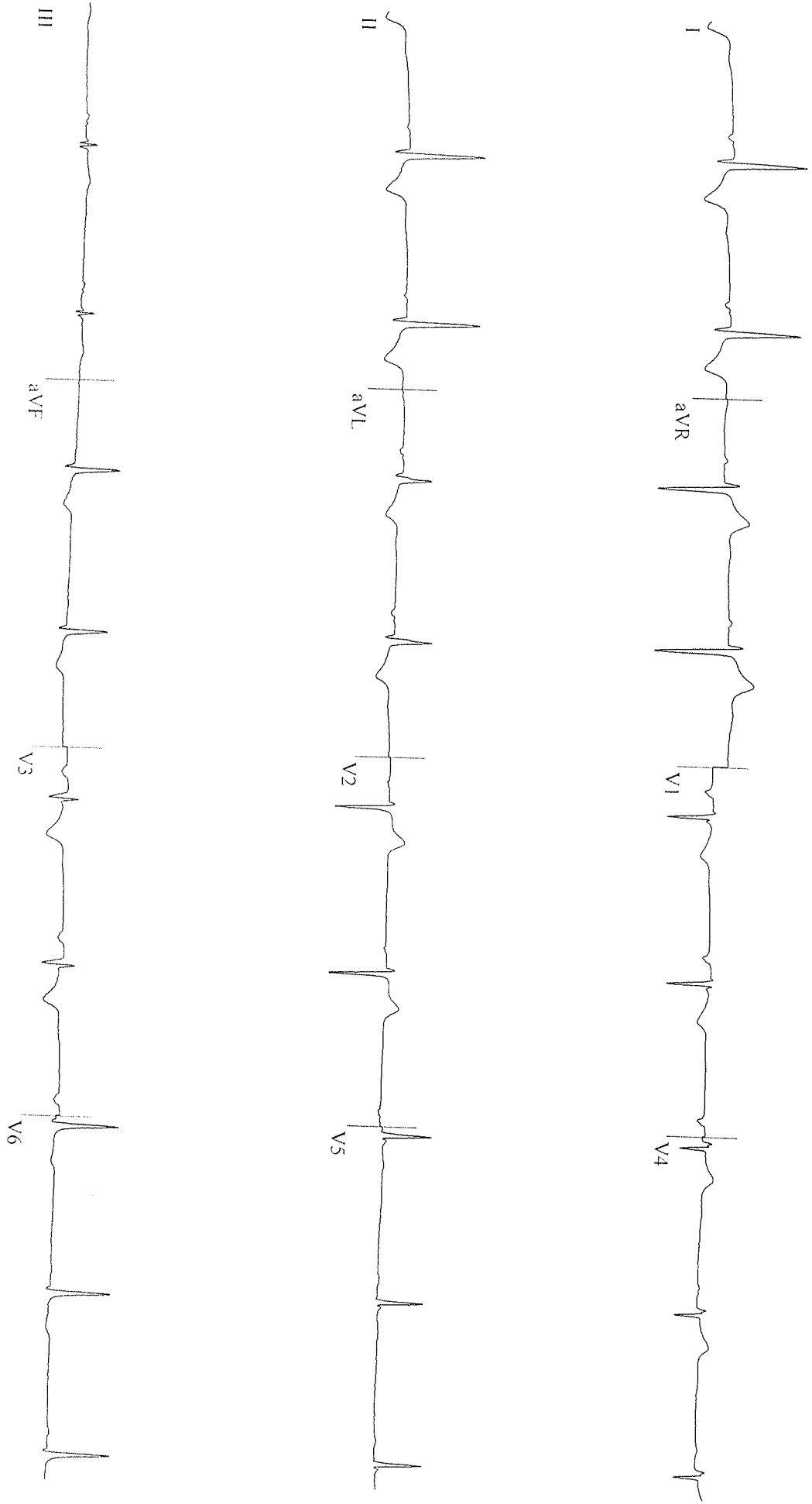
MR PANKAJ,  
Patient ID: 94262  
26.08.2023  
2:42:40pm  
Male 177 cm 78 kg  
35 yrs Indian

Exercise Test / 12-Lead Report

PRETEST  
~~WARMUP~~  
01:27

BRUCE  
0.0 mph  
0.0 %

APOLLO CLINIC



GE CardioSoft V7.0 (10)  
25 mm/s 10 mm/mV 50 Hz 0.05 - 40 Hz FRF- HR(L.V6)

Start of Test: 2:41:08pm

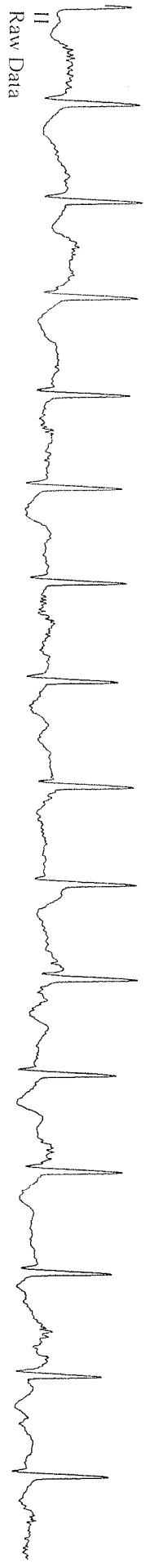
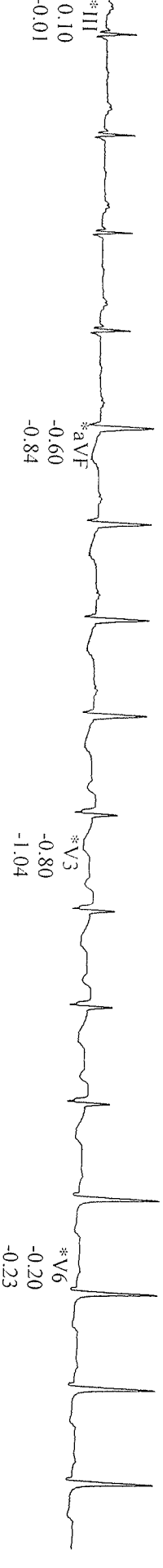
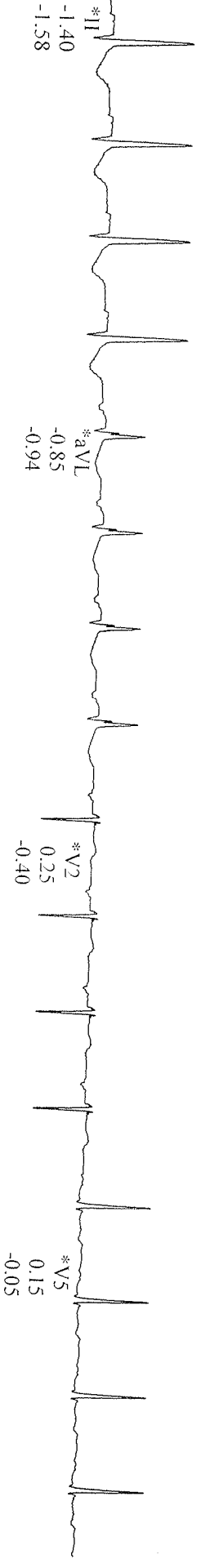
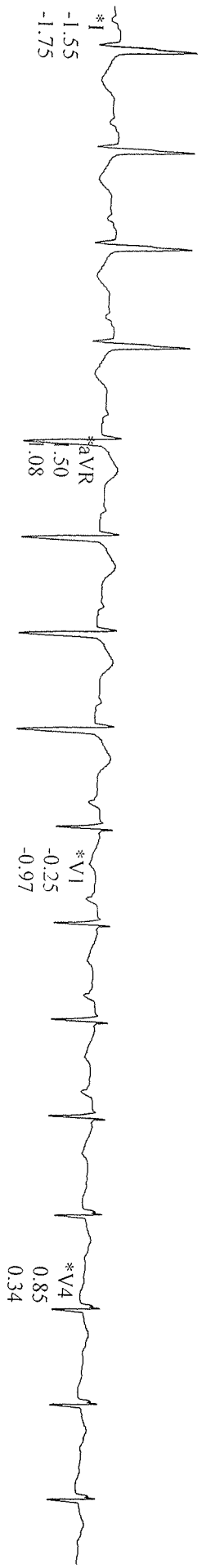
MR PANKAJ,  
Patient ID: 94262  
26.08.2023 Male 177 cm 78 kg  
2:45:46pm 35 yrs Indian

Exercise Test / Linked Medians  
EXERCISE  
STAGE 1  
02:50  
96 bpm

BRUCE  
1.7 mph  
10.0 %

APOLLO CLINIC

Lead  
ST Level (mm)  
ST Slope (mV/s)



\*Computer Synthesized Rhythms

GE CardioSoft V7.0 (10)  
25 mm/s 10 mm/mV 50 Hz 0.05 - 40 Hz FRF- HR(LV6)

Start of Test: 2:41:08pm

**MIR PANKAJ**,  
Patient ID: 94262  
26.08.2023  
2:48:46pm

Male 177 cm 78 kg  
35 yrs Indian

117 bpm  
138/85 mmHg

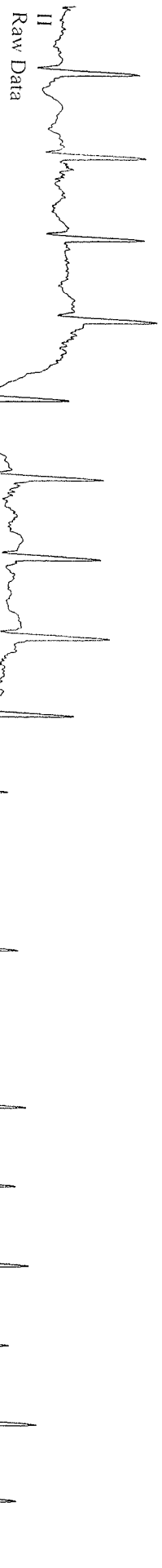
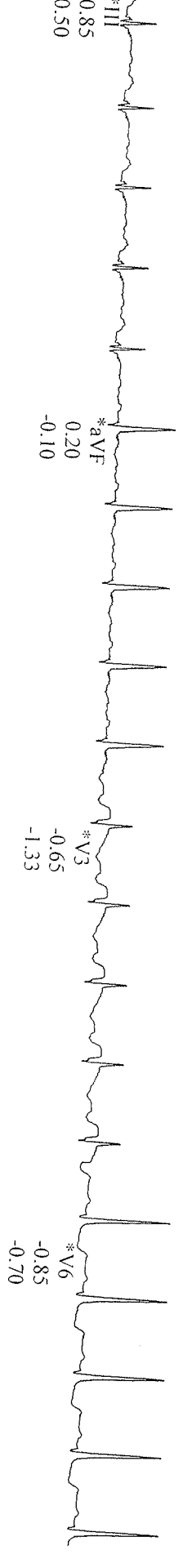
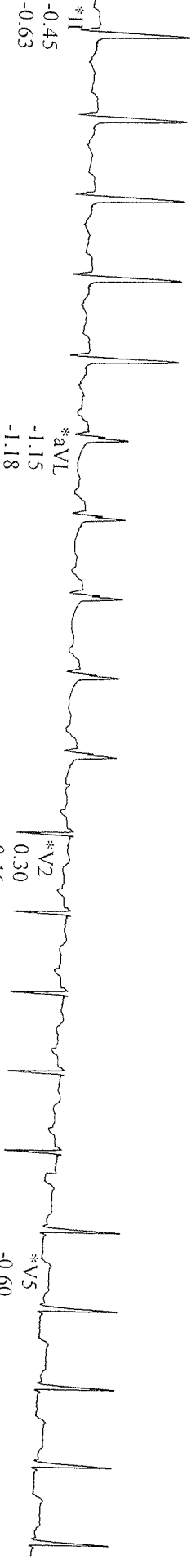
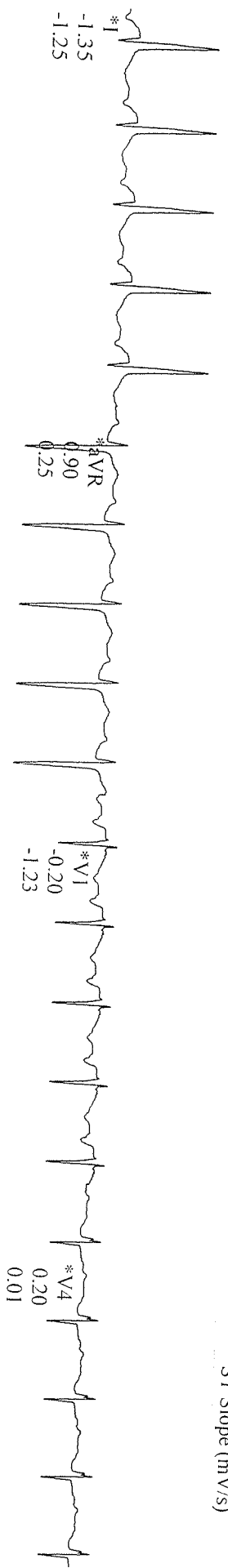
EXERCISE  
STAGE 2  
05:50

BRUCE  
2.5 mph  
12.0 %

APOLLO CLINIC

Exercise Test / Linked Medians

Lead  
ST Level (mm)  
ST Slope (mV/s)



GE CardioSoft V7.0 (10)  
25 mm/s 10 mm/mV 50 Hz 0.05 - 40 Hz FRF- HR(L.V6)

Start of Test: 2:41:08pm

\* Computer Synthesized Rhythms

**MIR PANKAJ**  
Patient ID: 94262  
26.08.2023  
2:51:46pm

Male 177 cm 78 kg  
35 yrs Indian

150 bpm  
155/95 mmHg

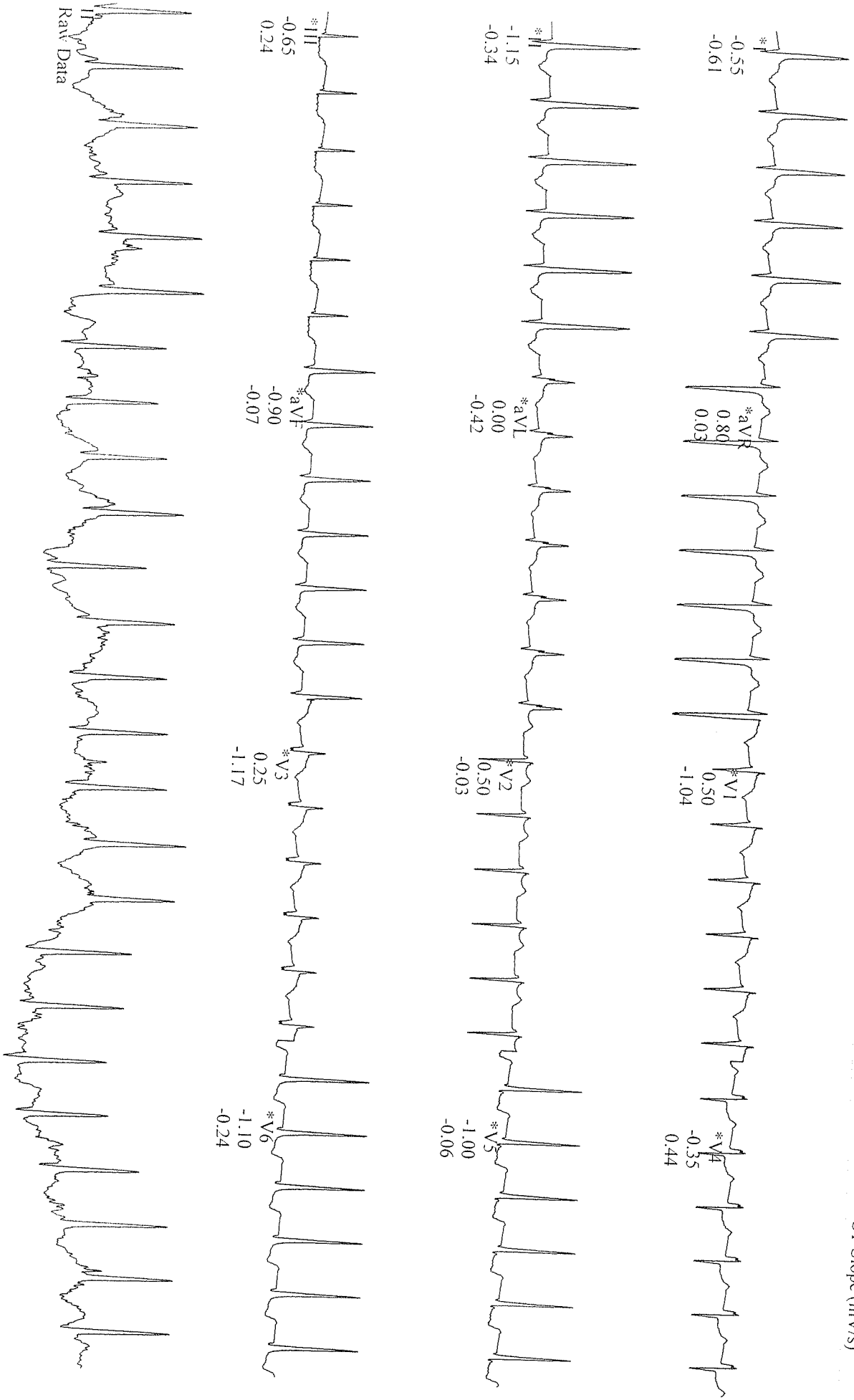
EXERCISE  
STAGE 3  
08:50

BRUCE  
3.4 mph  
14.0%

APOLLO CLINIC

Exercise Test / Linked Medians

Lead  
ST Level (mm)  
ST Slope (mV/s)



GE CardioSoft V7.0 (10)  
25 mm/s 10 mm/mV 50 Hz 0.05 - 40 Hz FRF- HR(1.V6)

\*Computer Synthesized Rhythms

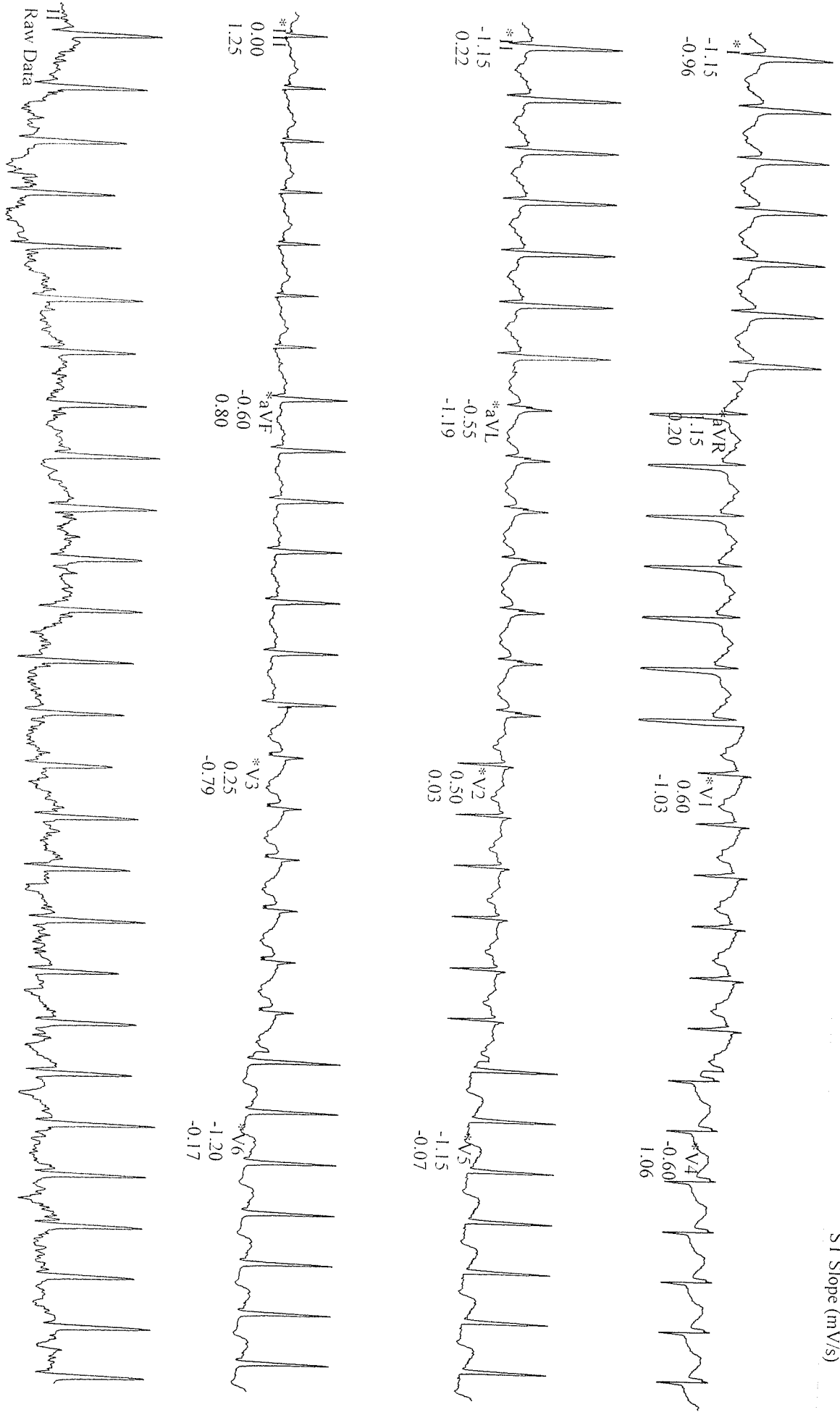
Start of Test: 2:41:08pm

MR PANKAJ,  
 Patient ID: 94262  
 26/08/2023 Male 177 cm 78 kg  
 2:52:29pm 35 yrs Indian

Exercise Test / Linked Medians ( PEAK EXERCISE )  
 EXERCISE STAGE 4  
 162 bpm  
 BRUCE 4.2 mph  
 16.0 %  
 09:33

APOLLO CLINIC

Lead  
 ST Level (mm)  
 ST Slope (mV/s)



GE CardioSoft V7.0 (10)  
 25 mm/s 10 mm/mV 50 Hz 0.05 - 10 Hz FRF- HR(L.V6)

\*Computer Synthesized Rhythms

Start of Test: 2:41:08pm

MR PANKAJ,  
Patient ID: 94262  
26.08.2023  
2:53:28pm

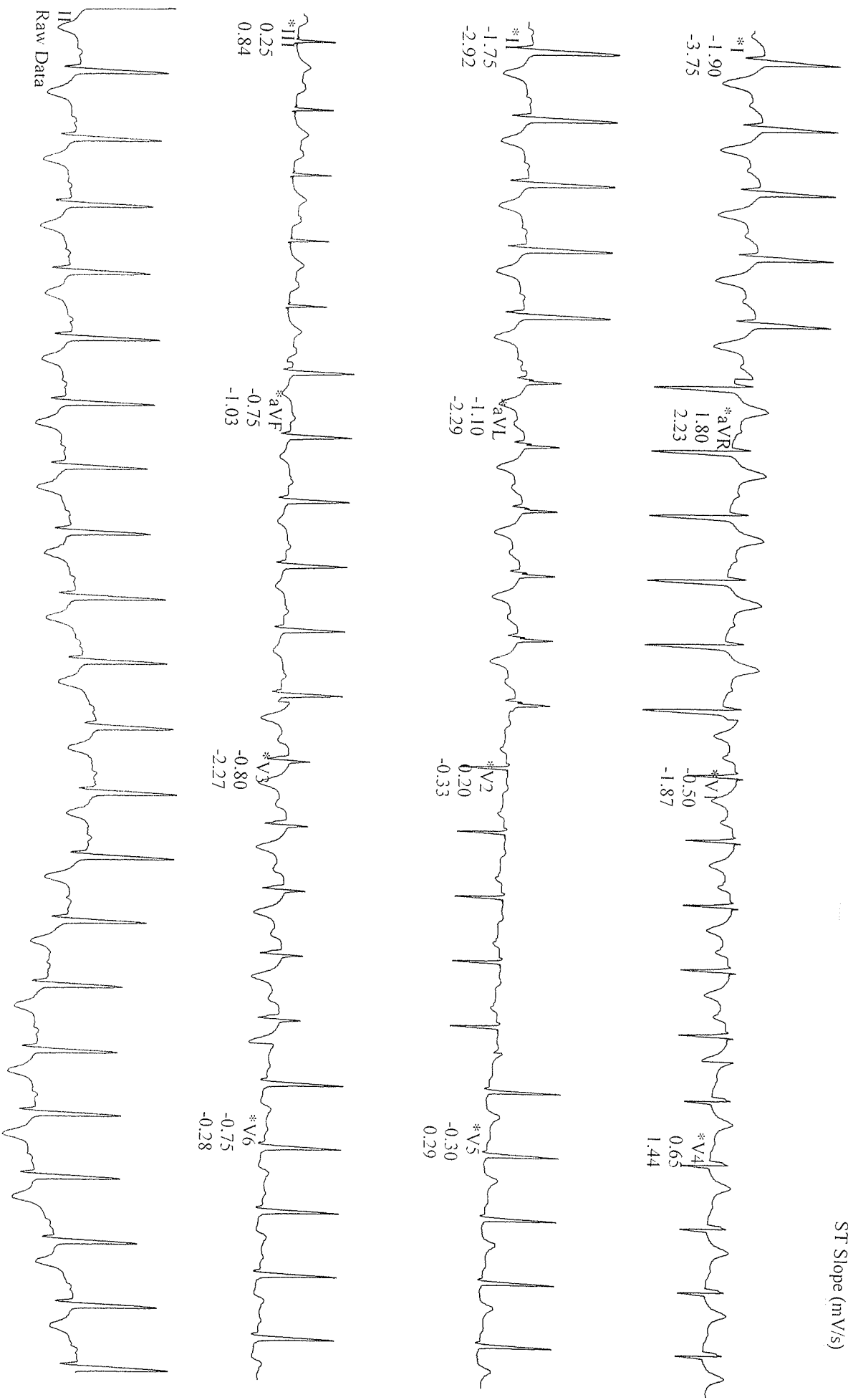
Male 177 cm 78 kg  
35 yrs Indian

Exercise Test / Linked Medians  
RECOVERY #1  
126 bpm  
160/100 mmHg  
01:00

BRUCE  
0.0 mph  
0.0 %

APOLLO CLINIC

Lead  
ST Level (mm)  
ST Slope (mV/s)



GE CardioSoft V7.0 (10)  
25 mm/s 10 mm/mV 50 Hz 0.05 - 40 Hz FRF- HR(L,V6)

\*Computer Synthesized Rhythms

Start of Test: 2:41:08pm

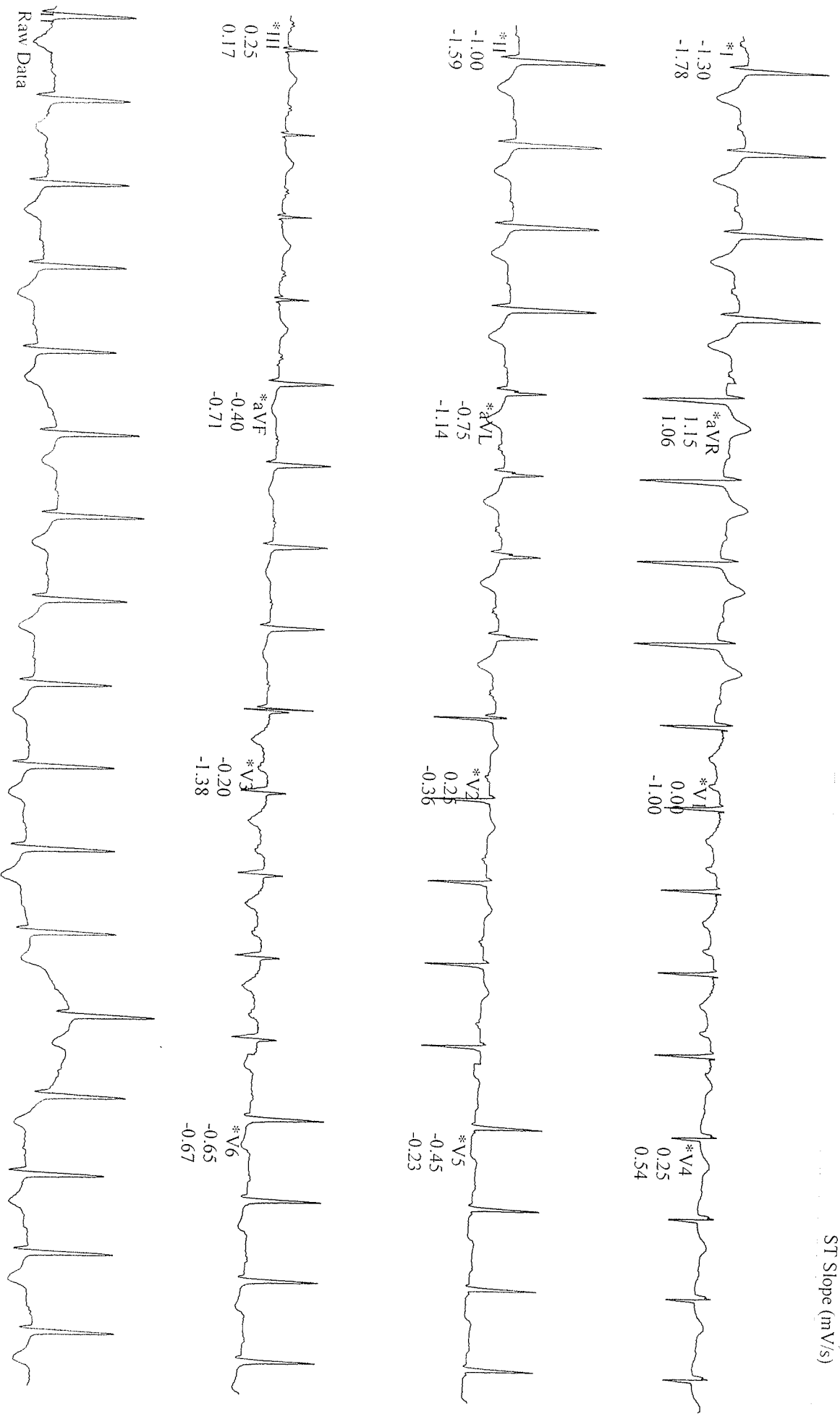
\*MR PANKAJ,  
 Patient ID: 94262  
 26.08.2023 Male 177 cm 78 kg  
 2:55:28pm 35 yrs Indian

Exercise Test / Linked Medians  
 RECOVERY #1  
 100 bpm  
 159/100 mmHg  
 03:00

BRUCE  
 0.0 mph  
 0.0 %

APOLLO CLINIC

Lead  
 ST Level (mm)  
 ST Slope (mV/s)



Raw Data

GE CardioSoft V7.0(10)  
 25 mm/s 10 mm/mV 50 Hz 0.05 - 40 Hz FRF- HR(1.V6)

\*Computer Synthesized Rhythms

Start of Test: 2:41:08pm



<b>Patient Name</b>	: Mr. Pankaj	<b>Age/Gender</b>	: 35 Y/M
<b>UHID/MR No.</b>	: CBEL.0000094262	<b>OP Visit No</b>	: CINROPV202999
<b>Sample Collected on</b>	:	<b>Reported on</b>	: 26-08-2023 17:17
<b>LRN#</b>	: RAD2083031	<b>Specimen</b>	:
<b>Ref Doctor</b>	: SELF		
<b>Emp/Auth/TPA ID</b>	: 9663275102		

**DEPARTMENT OF RADIOLOGY**

**X-RAY CHEST PA**

Both lung fields and hila are normal .

No obvious active pleuro-parenchymal lesion seen .

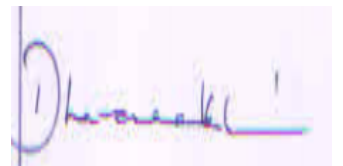
Both costophrenic and cardiophrenic angles are clear .

Both diaphragms are normal in position and contour .

Thoracic wall and soft tissues appear normal.

**CONCLUSION :**

No obvious abnormality seen



**Dr. DHANALAKSHMI B**  
**MBBS, DMRD**  
Radiology

<b>Patient Name</b>	: Mr. Pankaj	<b>Age/Gender</b>	: 35 Y/M
<b>UHID/MR No.</b>	: CBEL.0000094262	<b>OP Visit No</b>	: CINROPV202999
<b>Sample Collected on</b>	:	<b>Reported on</b>	: 26-08-2023 13:59
<b>LRN#</b>	: RAD2083031	<b>Specimen</b>	:
<b>Ref Doctor</b>	: SELF		
<b>Emp/Auth/TPA ID</b>	: 9663275102		

## DEPARTMENT OF RADIOLOGY

### ULTRASOUND - WHOLE ABDOMEN

**LIVER:** Appears normal in size, shape and echopattern. No focal parenchymal lesions identified. No evidence of intra/extrahepatic biliary tree dilatation noted. Portal vein appears to be of normal size.

**GALLBLADDER:** Moderately distended. No definite calculi identified. No evidence of abnormal wall thickening noted.

**SPLEEN:** Appears normal in size, shape and echopattern. No focal parenchymal lesions identified.

**PANCREAS:** Obscured by bowel gas. However, the visualized portion appear normal.

**KIDNEYS:** Both kidneys appear normal in size, shape and echopattern. Corticomedullary differentiation appears maintained. No evidence of calculi or hydronephrosis on either side.

**URINARY BLADDER:** Distended and appears normal. No evidence of abnormal wall thickening noted.

**PROSTATE:** Prostate is normal in size and echo-pattern.

No free fluid or lymphadenopathy is seen.

#### IMPRESSION:

**NO SIGNIFICANT SONOGRAPHIC ABNORMALITY DETECTED.**



**Dr. DHANALAKSHMI B**  
MBBS, DMRD  
Radiology