



Suburban Diagnostics (I) Pvt. Ltd.  
301 & 302, 3rd Floor, Vini Elegance,  
Above Tariq Jeweller, L. T. Road,  
Borivli (West), Mumbai - 400 092.

*Kumar Gaurav*

5

CID : 2118922784	SID : 177803845686
Name : MR.KUMAR GAURAV	Registered : 08-Jul-2021 / 09:09
Age / Gender : 37 Years/Male	Collected : 08-Jul-2021 / 09:09
Ref. Dr :-	Reported : 09-Jul-2021 / 09:21
Reg.Location : Borivali West (Main Centre)	Printed : 09-Jul-2021 / 09:22

**PHYSICAL EXAMINATION REPORT**

**History and Complaints:**

Asymptomatic

**EXAMINATION FINDINGS:**

Height (cms): 176 cms  
Temp (0c): Afebrile  
Blood Pressure (mm/hg): 130/80 mm/hg  
Pulse: 78/min

Weight (kg): 105 kg  
Skin: Normal  
Nails: Normal  
Lymph Node: Not palpable

**Systems**

Cardiovascular: S1S2 audible  
Respiratory: AEBE  
Genitourinary: NAD  
GI System: Liver & Spleen not palpable  
CNS: NAD

**IMPRESSION:**

*HDL ↓*

**ADVICE:**

*- wt reduction 25kg  
- Regular exercise*

**CHIEF COMPLAINTS:**

- |                                 |    |
|---------------------------------|----|
| 1) Hypertension:                | No |
| 2) IHD                          | No |
| 3) Arrhythmia                   | No |
| 4) Diabetes Mellitus            | No |
| 5) Tuberculosis                 | No |
| 6) Asthama                      | No |
| 7) Pulmonary Disease            | No |
| 8) Thyroid/ Endocrine disorders | No |
| 9) Nervous disorders            | No |
| 10) GI system                   | No |
| 11) Genital urinary disorder    | No |

ADDRESS: 2<sup>nd</sup> Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West - 400053

HEALTHLINE - MUMBAI: 022-6170-0000 | OTHER CITIES: 1800-266-4343

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Reg.Location : Borivali West (Main Centre)

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- 12) Rheumatic joint diseases or symptoms No  
13) Blood disease or disorder No  
14) Cancer/lump growth/cyst No  
15) Congenital disease No  
16) Surgeries No  
17) Musculoskeletal System No

**PERSONAL HISTORY:**

- 1) Alcohol No  
2) Smoking No  
3) Diet Mix  
4) Medication Nil

\*\*\* End Of Report \*\*\*

**Dr.NITIN SONAVANE**  
**PHYSICIAN**

**DR. NITIN SONAVANE**  
M.B.B.S.AFLH, D.DIAB, D.CARD.  
CONSULTANT-CARDIOLOGIST  
REGD. NO. : 87714

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Reg. Location : Borivali West (Main Centre)

Collected : 08-Jul-2021 / 09:11  
Reported : 08-Jul-2021 / 11:29

**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**

**CBC (Complete Blood Count), Blood**

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
<b>RBC PARAMETERS</b>			
Haemoglobin	13.4	13.0-17.0 g/dL	Spectrophotometric
RBC	5.09	4.5-5.5 mil/cmm	Elect. Impedance
PCV	41.1	40-50 %	Measured
MCV	81	80-100 fl	Calculated
MCH	26.3	27-32 pg	Calculated
MCHC	32.6	31.5-34.5 g/dL	Calculated
RDW	15.4	11.6-14.0 %	Calculated
<b>WBC PARAMETERS</b>			
WBC Total Count	9140	4000-10000 /cmm	Elect. Impedance
<b>WBC DIFFERENTIAL AND ABSOLUTE COUNTS</b>			
Lymphocytes	33.1	20-40 %	
Absolute Lymphocytes	3025.3	1000-3000 /cmm	Calculated
Monocytes	6.6	2-10 %	
Absolute Monocytes	603.2	200-1000 /cmm	Calculated
Neutrophils	57.7	40-80 %	
Absolute Neutrophils	5273.8	2000-7000 /cmm	Calculated
Eosinophils	2.4	1-6 %	
Absolute Eosinophils	219.4	20-500 /cmm	Calculated
Basophils	0.2	0.1-2 %	
Absolute Basophils	18.3	20-100 /cmm	Calculated
Immature Leukocytes	-		
WBC Differential Count by Absorbance & Impedance method/Microscopy.			
<b>PLATELET PARAMETERS</b>			
Platelet Count	275000	150000-400000 /cmm	Elect. Impedance
MPV	11.1	6-11 fl	Calculated
PDW	22.3	11-18 %	Calculated
<b>RBC MORPHOLOGY</b>			
Hypochromia	Mild		
Microcytosis	Occasional		
Macrocytosis	-		

Authenticity Check



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Reported : 08-Jul-2021 / 12:06

Anisocytosis -  
Poikilocytosis -  
Polychromasia -  
Target Cells -  
Basophilic Stippling -  
Normoblasts -  
Others -  
WBC MORPHOLOGY -  
PLATELET MORPHOLOGY -  
COMMENT -

Specimen: EDTA Whole Blood

ESR, Citrate WB 15 2-15 mm at 1 hr. Westergren

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Borivali Lab, Borivali West  
\*\*\* End Of Report \*\*\*



MC-2111



*N. D. Shah*

Dr. Nami Shah  
M.B.B.S, DCP (PATHOLOGY)  
Manager - Medical Services (Pathology)

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Reported : 08-Jul-2021 / 12:03

**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
GLUCOSE (SUGAR) FASTING, Fluoride Plasma	92.9	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma	100.3	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl	Hexokinase
CHOLESTEROL, Serum	149.6	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	Enzymatic
HDL CHOLESTEROL, Serum	32.2	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Enzymatic
LDL CHOLESTEROL, Serum	111.6	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Calculated
<b>Note : LDL test is performed by direct measurement.</b>			
TRIGLYCERIDES, Serum	60.8	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	Enzymatic
BILIRUBIN (TOTAL), Serum	0.58	0.1-1.2 mg/dl	Colorimetric
BILIRUBIN (DIRECT), Serum	0.24	0-0.3 mg/dl	Diazo
BILIRUBIN (INDIRECT), Serum	0.34	0.1-1.0 mg/dl	Calculated
SGOT (AST), Serum	16.0	5-40 U/L	NADH (w/o P-5-P)



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SGPT (ALT), Serum	21.1	5-45 U/L	NADH (w/o P-5-P)
ALKALINE PHOSPHATASE, Serum	90.4	40-130 U/L	Colorimetric
BLOOD UREA, Serum	17.7	12.8-42.8 mg/dl	Kinetic
BUN, Serum	8.3	6-20 mg/dl	Calculated
CREATININE, Serum	0.81	0.67-1.17 mg/dl	Enzymatic
eGFR, Serum	114	>60 ml/min/1.73sqm	Calculated
URIC ACID, Serum	6.8	3.5-7.2 mg/dl	Enzymatic

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Borivali Lab, Borivali West  
\*\*\* End Of Report \*\*\*



MC-2111



*Anupa*  
Dr. ANUPA DIXIT  
M.D.(PATH)  
PATHOLOGIST

ADDRESS: 2<sup>nd</sup> Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West - 400053

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**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**THYROID FUNCTION TEST**

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGE</u>	<u>METHOD</u>
sensitiveTSH, Serum	2.04	0.35-5.5 microIU/ml	ECLIA

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Reported : 08-Jul-2021 / 14:01

**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**

**GLYCOSYLATED HEMOGLOBIN (HbA1c)**

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
Glycosylated Hemoglobin (HbA1c), EDTA WB	5.9	Non-Diabetic Level: < 5.7 % Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %	HPLC
Estimated Average Glucose (eAG), EDTA WB	122.6	mg/dl	Calculated

**Intended use:**

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

**Clinical Significance:**

- HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

**Test Interpretation:**

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

**Factors affecting HbA1c results:**

**Increased in:** High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

**Decreased in:** Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

**Reflex tests:** Blood glucose levels, CGM (Continuous Glucose monitoring)

**References:** ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD CPL, Andheri West  
\*\*\* End Of Report \*\*\*



*Dr. Leena Chetan Salunkhe*  
**Dr.LEENA CHETAN SALUNKHE**  
D.P.B  
PATHOLOGIST

ADDRESS: 2<sup>nd</sup> Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West - 400053

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**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**EXAMINATION OF FAECES**

PARAMETER	RESULTS	BIOLOGICAL REF RANGE
<b>PHYSICAL EXAMINATION</b>		
Colour	Brown	Brown
Form and Consistency	Semi Solid	Semi Solid
Mucus	Absent	Absent
Blood	Absent	Absent
<b>CHEMICAL EXAMINATION</b>		
Reaction (pH)	Acidic (5.5)	-
Occult Blood	Absent	Absent
<b>MICROSCOPIC EXAMINATION</b>		
Protozoa	Absent	Absent
Flagellates	Absent	Absent
Ciliates	Absent	Absent
Parasites	Absent	Absent
Macrophages	Absent	Absent
Mucus Strands	Absent	Absent
Fat Globules	Absent	Absent
RBC/hpf	Absent	Absent
WBC/hpf	Absent	Absent
Yeast Cells	Absent	Absent
Undigested Particles	Present +	-
Concentration Method (for ova)	No ova detected	Absent
Reducing Substances	-	Absent

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**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE  
URINE EXAMINATION REPORT**

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
<b>PHYSICAL EXAMINATION</b>			
Color	Pale yellow	Pale Yellow	-
Reaction (pH)	6.0	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.005	1.001-1.030	Chemical Indicator
Transparency	Clear	Clear	-
Volume (ml)	40	-	-
<b>CHEMICAL EXAMINATION</b>			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
<b>MICROSCOPIC EXAMINATION</b>			
Leukocytes(Pus cells)/hpf	1-2	0-5/hpf	
Red Blood Cells / hpf	Absent	0-2/hpf	
Epithelial Cells / hpf	0-1		
Casts	Absent	Absent	
Crystals	Absent	Absent	
Amorphous debris	Absent	Absent	
Bacteria / hpf	3-4	Less than 20/hpf	
Others	-		

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Collected : 08-Jul-2021 / 09:11  
Reported : 08-Jul-2021 / 12:52

**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**BLOOD GROUPING & Rh TYPING**

<u>PARAMETER</u>	<u>RESULTS</u>
ABO GROUP	B
Rh TYPING	POSITIVE

NOTE: Test performed by automated column agglutination technology (CAT) which is more sensitive than conventional methods.

Specimen: EDTA Whole Blood and/or serum

**Clinical significance:**  
ABO system is most important of all blood group in transfusion medicine

**Limitations:**

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

**References:**

1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
2. AABB technical manual

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CID : 2118922784  
Name : MR.KUMAR GAURAV  
Age / Gender : 37 Years / Male  
Consulting Dr. : -  
Reg. Location : Borivali West (Main Centre)



Authenticity Check  
Use a QR Code Scanner  
Application To Scan the Code

Collected : 08-Jul-2021 / 09:11  
Reported : 08-Jul-2021 / 12:16

**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**LIPID PROFILE**

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
CHOLESTEROL, Serum	149.6	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	Enzymatic
TRIGLYCERIDES, Serum	60.8	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	Enzymatic
HDL CHOLESTEROL, Serum	32.2	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Enzymatic
NON HDL CHOLESTEROL, Serum	117.4	Desirable: <130 mg/dl Borderline-high: 130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	105.0	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Calculated
VLDL CHOLESTEROL, Serum	12.4	< / = 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	4.7	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	3.3	0-3.5 Ratio	Calculated

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Borivali Lab, Borivali West  
\*\*\* End Of Report \*\*\*



MC-2111



*N. D. Shah*  
Dr.Nami Shah  
M.B.B.S, DCP (PATHOLOGY)  
Manager - Medical Services(Pathology)

ADDRESS: 2<sup>nd</sup> Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West - 400053

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## ENT BASIC CHEEK-UP

DATE :- 8/7/21 NAME :- Mr. Kumar Gaurav.

Ear- Normal, No swelling, No discharge  
No significant ENT History

Nose- No swelling, No DNS, Normal

Throat - Normal, soft, Hard palate Normal, No lymphadenopathy.



Dr. Nitin Sonavane  
D Card(Consultant Cardiologist)

**DR. NITIN SONAVANE**  
M.B.B.S.AFLH, D.DIAB, D.CARD.  
CONSULTANT-CARDIOLOGIST  
REGD. NO. : 87714

Suburban Diagnostics (I) Pvt. Ltd.  
301& 302, 3rd Floor, Vini Elegance,  
Above Tanisq Jeweller, L. T. Road,  
Borivali (West), Mumbai - 400 092.

ADDRESS: 2<sup>nd</sup> Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West - 400053

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CID	: 2118922784	SID	: 177803845686
Name	: MR.KUMAR GAURAV	Registered	: 08-Jul-2021 / 09:09
Age / Gender	: 37 Years/Male	Collected	: 08-Jul-2021 / 09:09
Ref. Dr	: -	Reported	: 08-Jul-2021 / 11:04
Reg.Location	: Borivali West (Main Centre)	Printed	: 08-Jul-2021 / 12:17

**X-RAY CHEST PA VIEW**

Both lung fields are clear.

The cardiac size and shape are within normal limits.

Both costo-phrenic angles appear normal.

Visualized bony thorax appears unremarkable.

**IMPRESSION:**

**No significant abnormality detected.**

***For clinical correlation and follow up.***

Investigations have their limitations. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly.

\*\*\* End Of Report \*\*\*



**Dr. Vikrant Patil**

**M.D. Radio Diagnosis. Reg No. 2014052421**

**ADDRESS:** 2<sup>nd</sup> Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West - 400053

**HEALTHLINE - MUMBAI:** 022-6170-0000 | **OTHER CITIES:** 1800-266-4343

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Name	: MR.KUMAR GAURAV	Registered	: 08-Jul-2021 / 09:09
Age / Gender	: 37 Years/Male	Collected	: 08-Jul-2021 / 09:09
Ref. Dr	: -	Reported	: 08-Jul-2021 / 10:37
Reg.Location	: Borivali West (Main Centre)	Printed	: 08-Jul-2021 / 10:38

### **USG WHOLE ABDOMEN**

**LIVER:** Liver is normal in size, shape and echotexture. There is no intra-hepatic biliary radical dilatation. No evidence of any obvious focal lesion.

**GALL BLADDER:** Gall bladder is distended and appears normal. No obvious wall thickening is noted. There is no evidence of any calculus.

**PORTAL VEIN:** Portal vein is normal. **CBD:** CBD is normal.

**PANCREAS:** Pancreas appears normal in echotexture. There is no evidence of any focal lesion or calcification.

**KIDNEYS:** Right kidney measures 11.9 x 5.2 cm. Left kidney measures 11.4 x 5.3 cm. Both kidneys are normal in shape and echotexture. Corticomedullary differentiation is maintained. There is no evidence of any hydronephrosis, hydroureter or calculus.

**SPLEEN:** Spleen is normal in size, shape and echotexture. No focal lesion is seen.

**URINARY BLADDER:** Urinary bladder is distended and normal. Wall thickness is within normal limits.

**PROSTATE:** Prostate is normal in size and echotexture. No evidence of any obvious focal lesion.

No free fluid or size significant lymphadenopathy is seen.

**Opinion:**

· **No significant abnormality is detected.**

***For clinical correlation and follow up.***

Investigations have their limitations. They only help in diagnosing the disease in correlation to clinical symptoms and other related tests. Please interpret accordingly.

\*\*\* End Of Report \*\*\*



**Dr.Vikrant Patil**  
**M.D. Radio Diagnosis. Reg No. 2014052421**

**ADDRESS:** 2<sup>nd</sup> Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West - 400053

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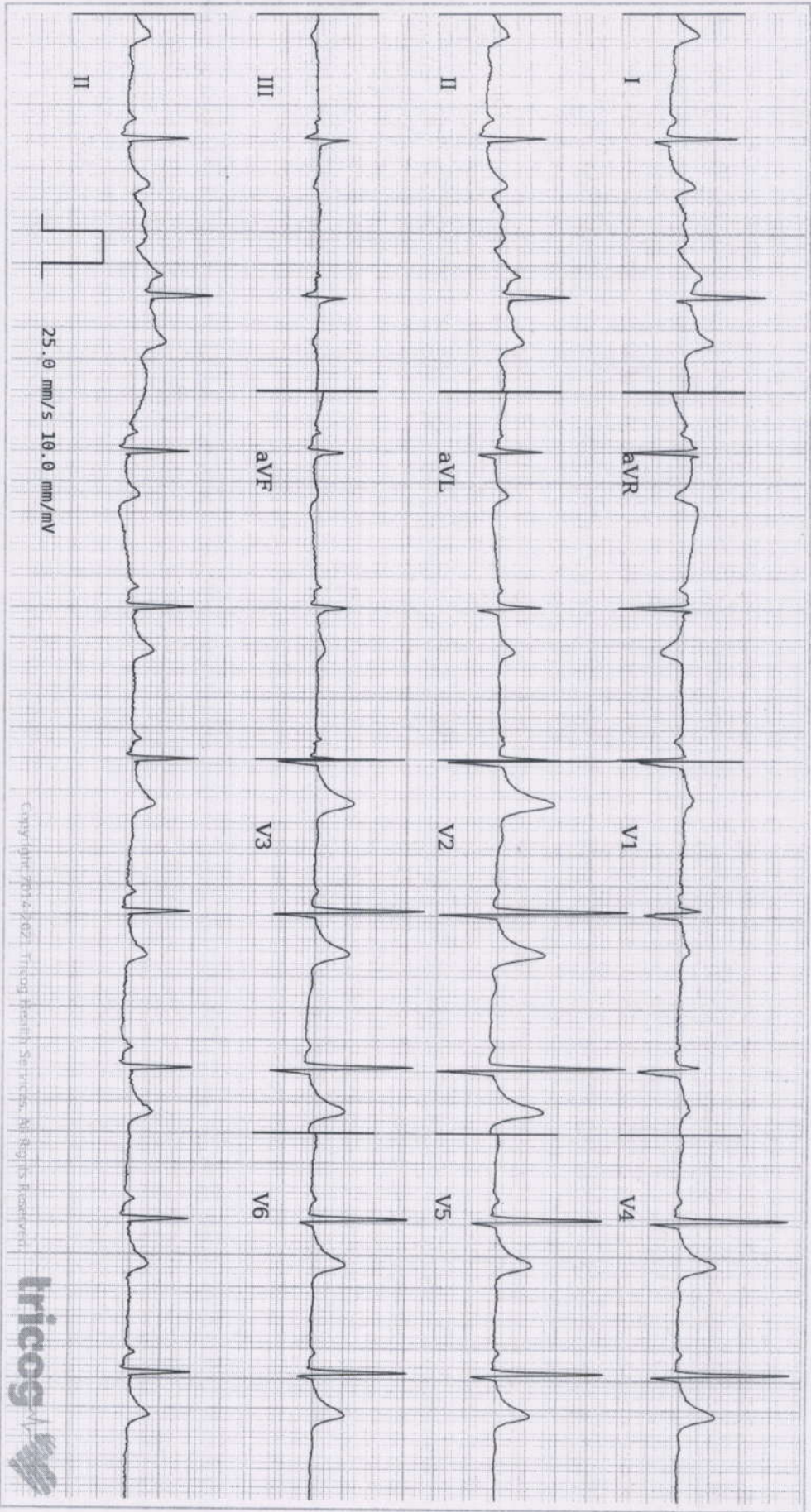
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**SUBURBAN DIAGNOSTICS - BORIVALI WEST**

Patient Name: **KUMAR GAURAV**  
Patient ID: **2118922784**

Date and Time: **8th Jul 21 9:38 AM**



Age **37** **6** **3**  
years months days

Gender **Male**

Heart Rate **60 bpm**

**Patient Vitals**

BP: NA  
Weight: NA  
Height: NA  
Pulse: NA  
Spo2: NA  
Resp: NA  
Others: \_\_\_\_\_

**Measurements**

QSRD: 88 ms  
QT: 422 ms  
QTc: 422 ms  
PR: 138 ms  
P-R-T: 34° 38° 31°

ECG Within Normal Limits: Sinus Rhythm, Normal Axis. Please correlate clinically.

**Suburban Diagnostics (Pvt.) Ltd.**

301/2, 30th Floor, Suburban Diagnostics Building,  
Abhyankar Complex, L.T. Road,  
Borivali West, Mumbai - 400 092.

**DR. NITIN SONAVANE**

M.D.B.S.AFLH, D.DIAB, D.CARD  
CONSULTANT-CARDIOLOGIST  
REGD. NO. : 87714  
Dr Nitin Sonavane  
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87714

REPORTED BY

