

Fwd: Please note the following health check-up booking summary on 11/03/2023

Amrendra Nath Dubey <amrendra.nathdubey@narayanahealth.org>

Wed 3/15/2023 1:06 PM

To: Dilip Kumar <dilip.kumar01@narayanahealth.org>

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From: Mediwheel Wellness <mediwheelwellness@gmail.com>

Sent: Friday, March 10, 2023 8:10:19 PM

To: Amrendra Nath Dubey <amrendra.nathdubey@narayanahealth.org>

Subject: Please note the following health check-up booking summary on 11/03/2023

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Member Name	Member Age	Package Name	Mobile
MR. TOMAR RAVINDRA SINGH	44	Medi-Wheel Metro Full Body Health Checkup Male Above 40	88263 79866
MRS. KUMARI ALKA	31	Medi-Wheel Metro Full Body Health Checkup Female Below 40	8384038029
MRS. SACHAN SAUMYA	34	Medi-Wheel Metro Full Body Health Checkup Female Below 40	9910671780
Rajiv kumar bhagat	35	Medi-Wheel Metro Full Body Health Checkup Male Below 40	8384038029
Saiswari Gochhayat	43	Medi-Wheel Metro Full Body Health Checkup Female Above 40	8447370826
Vipin rani tomar	43	Medi-Wheel Metro Full Body Health Checkup Female Above 40	88263 79866
Ashutosh sachan	37	Medi-Wheel Metro Full Body Health Checkup Male Below 40	9910671780
Mansukha Farhat	35	Medi-Wheel Metro Full Body Health Checkup Female Below 40	8511530035
MR. GOCHHAYAT MANOJA KUMAR	43	Medi-Wheel Metro Full Body Health Checkup Male Above 40	8447370826
MR. JAMAL SHAHID IZRAIL MANSOORI	42	Medi-Wheel Metro Full Body Health Checkup Male Above 40	8511530035



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www.narayanahealth.org | Patient Helpline  **1800-309-0309** | feedback@narayanahealth.org

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DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Manoja Kumar Gochhayat MRN : 15050000146833 Gender/Age : MALE , 45y (01/06/1977)

Collected On : 11/03/2023 09:38 AM Received On : 11/03/2023 09:55 AM Reported On : 11/03/2023 04:03 PM

Barcode : D72303110088 Specimen : Whole Blood Consultant : Dr. Gaurav Jain(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8447370826

HAEMATOLOGY

Test	Result	Unit	Biological Reference Interval
COMPLETE BLOOD COUNT (CBC)			
Haemoglobin (Hb%) (Spectrophotometry)	14.9	g/dL	13.0-17.0
Red Blood Cell Count (Electrical Impedance)	5.47	10 ⁶ /mm ³	4.5-6.5
PCV (Packed Cell Volume) / Hematocrit (Calculated)	44.9	%	40.0-54.0
MCV (Mean Corpuscular Volume) (Calculated)	82 L	μm ³	83.0-101.0
MCH (Mean Corpuscular Haemoglobin) (Calculated)	27.2	pg	27.0-32.0
MCHC (Mean Corpuscular Haemoglobin Concentration) (Calculated)	33.1	g/dL	32.0-36.0
Red Cell Distribution Width (RDW) (Calculated)	12.7	%	11.5-14.0
Platelet Count (Electrical Impedance)	162	10 ³ /mm ³	150.0-450.0
Total Leucocyte Count(WBC) (Electrical Impedance)	6.5	10 ³ /mm ³	4.0-11.0
DIFFERENTIAL COUNT (DC)			
Neutrophils (DHSS)	52.4	%	40.0-80.0
Lymphocytes (DHSS)	41.6 H	%	20.0-40.0
Monocytes (DHSS)	3.4	%	2.0-10.0
Eosinophils (DHSS)	2.0	%	1.0-6.0
Basophils (DHSS)	0.6	%	0.0-2.0
Absolute Neutrophil Count (Calculated)	3.41	10 ³ /mm ³	2.0-7.5

Page 1 of 4

Dharamshila Narayana Superspeciality Hospital

(A Unit of Dharamshila Cancer Foundation and Research Centre)

(Hospital Reg. No.: DHS/NH/144 | PAN No.: AAATD0451G | GST No.: 07AAATD0451G1Z7)

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Appointments

1800-309-0309

Emergencies

73700-73700

Patient Name : Mr Manoj Kumar Gochhayat MRN : 15050000146833 Gender/Age : MALE , 45y (01/06/1977)

Absolute Lymphocyte Count (Calculated)	2.71	x10 ³ cells/ μ l	1.0-3.0
Absolute Monocyte Count (Calculated)	0.23	x10 ³ cells/ μ l	0.2-1.0
Absolute Eosinophil Count (Calculated)	0.13	x10 ³ cells/ μ l	0.02-0.5
Absolute Basophil Count (Calculated)	0.04	x10 ³ cells/ μ l	0.02-0.1

As per the recommendation of International Council for Standardization in Hematology, the differential counts are additionally being reported as absolute numbers.

Erythrocyte Sedimentation Rate (ESR) (Modified Westergren Method)	02	mm/hr	0.0-15.0
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Dr. Prachi
 MBBS, MD Pathology
 JUNIOR CONSULTANT

IMMUNOLOGY

Test	Result	Unit	Biological Reference Interval
Prostate Specific Antigen (PSA) (ECLIA/ ELFA)	0.278	ng/mL	<4.0



Dr. Amit Samadhiya
 MBBS, MD Biochemistry
 JUNIOR CONSULTANT

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
Fasting Blood Sugar (FBS) (GOD/POD)	124 H	mg/dL	74.0-106.0

Patient Name : Mr Manoja Kumar Gochhayat MRN : 15050000146833 Gender/Age : MALE , 45y (01/06/1977)

Post Prandial Blood Sugar (PPBS) (Enzyme Method (GOD POD)) **145 H** mg/dL 100.0-140.0

LIPID PROFILE (CHOL,TRIG,HDL,LDL,VLDL)

Cholesterol Total (Non LDL Selective Elimination, CHOD/POD) **173.5** mg/dL <200.0

Triglycerides (LIPASE/GK/GPO/POD) **246.6 H** mg/dL <150.0

HDL Cholesterol (HDLC) (Colorimetric (Phosphotungstic Acid Method)) **32.8 L** mg/dL 40.0-60.0

Non-HDL Cholesterol **140.7 H** mg/dL <130.0

LDL Cholesterol (Turbidometric /Microtip) **91.28** mg/dL <100.0

VLDL Cholesterol (Calculated) **49.3 H** mg/dL 0.0-40.0

Cholesterol /HDL Ratio (Calculated) **5.3 H** - <4.5

THYROID PROFILE (T3, T4, TSH)

Tri Iodo Thyronine (T3) (ECLIA/ ELFA) **1.91** nmol/L 1.49-2.6

Thyroxine (T4) (ECLIA/ ELFA) **140** nmol/L 71.2-141.0

TSH (Thyroid Stimulating Hormone) (Electrochemiluminescence (ECLIA)) **0.88** uIU/ml 0.465-4.68

LIVER FUNCTION TEST(LFT)

Bilirubin Total (Azobilirubin Dyphylline) **1.13** mg/dL 0.2-1.3

Conjugated Bilirubin (Direct) (Dual Wavelength Reflectance) **0.36** mg/dL 0.0-0.4

Unconjugated Bilirubin (Indirect) (Calculated) **0.77** mg/dL 0.1-1.0

Total Protein (Biuret Method) **7.78** gm/dL 6.3-8.2

Serum Albumin (Bromcresol Green (BCG)) **4.45** gm/dL 3.5-5.0

Serum Globulin (Calculated) **3.33** gm/dL 2.3-3.5

Albumin To Globulin (A/G)Ratio (Calculated) **1.34** - 0.9-2.0

Patient Name : Mr Manoj Kumar Gochhayat MRN : 15050000146833 Gender/Age : MALE , 45y (01/06/1977)			
SGOT (AST) (P - Phosphate)	39.6	U/L	17.0-59.0
SGPT (ALT) (P - Phosphate)	37.9	U/L	<50.0
Alkaline Phosphatase (ALP) (PNPP With Amp Buffer)	68.7	U/L	38.0-126.0
Gamma Glutamyl Transferase (GGT) (GCNA)	22.8	U/L	15.0-73.0

--End of Report--



Dr. Amit Samadhiya
MBBS, MD Biochemistry
JUNIOR CONSULTANT

Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



DEPARTMENT OF LABORATORY MEDICINE

Final Report

Patient Name : Mr Manoja Kumar Gochhayat MRN : 15050000146833 Gender/Age : MALE , 45y (01/06/1977)

Collected On : 11/03/2023 09:38 AM Received On : 11/03/2023 09:56 AM Reported On : 11/03/2023 03:21 PM

Barcode : D62303110119 Specimen : Serum Consultant : Dr. Gaurav Jain(GENERAL MEDICINE)

Sample adequacy : Satisfactory Visit No : OP-001 Patient Mobile No : 8447370826

BIOCHEMISTRY

Test	Result	Unit	Biological Reference Interval
HBA1C			
HbA1c (Enzymatic Method)	6.6 H	%	Normal: 4.0-5.6 Pre Diabetes: 5.7-6.4 Diabetes: => 6.5 ADA Recommendation 2017
Estimated Average Glucose	142.72	-	-

Interpretation:

- HbA1C above 6.5% can be used to diagnose diabetes provided the patient has symptoms. If the patient does not have symptoms with HbA1C>6.5%, repeat measurement on further sample. If the repeat test result is <6.5%, consider as diabetes high risk and repeat measurement after 6 months.
- HbA1C measurement is not appropriate in diagnosing diabetes in children, suspicion of type 1 diabetes, symptoms of diabetes for less than 2 months, pregnancy, hemoglobinopathies, medications that may result sudden increase in glucose, anemia, renal failure, HIV infection, malignancies, severe chronic hepatic, and renal disease.
- Any sample with >15% should be suspected of having a haemoglobin variant.

Interpretation Notes

- HbA1c provides an index of average blood glucose levels over the past 8 - 12 weeks and is a much better indicator of long term glycemic control as compared to blood and urinary glucose determinations. Target goals of < 7.0 % may be beneficial in patients. Please co-relate with Blood Sugar Fasting.

RENAL PACKAGE - 2 (RFT FASTING)

Fasting Blood Sugar (FBS) (GOD/POD)	118.3 H	mg/dL	74.0-106.0
Blood Urea Nitrogen (BUN) (Urease, UV)	13.8	mg/dL	9.0-20.0

SERUM CREATININE

Serum Creatinine (Enzymatic Two Point Rate - Creatinine Amidohydrolase)	0.94	mg/dL	0.66-1.25
eGFR (Calculated)	86.8	mL/min/1.73m ²	Indicative of renal impairment < 60 Note:eGFR is inaccurate for Hemodynamically unstable patients eGFR is not applicable for less than 18 years of age.

Patient Name : Mr Manoj Kumar Gochhayat MRN : 15050000146833 Gender/Age : MALE , 45y (01/06/1977)			
Serum Sodium (ISE Direct)	139.9	mmol/L	137.0-145.0
Serum Potassium (ISE Direct)	4.26	mmol/L	3.5-5.1
Serum Chloride (ISE Direct)	105.1	mmol/L	98.0-107.0
Serum Bicarbonate Level (Phosphoenolpyruvate Carboxylase /Mdh Enzymatic End Point Assay)	22.3	mmol/L	22.0-30.0
Serum Calcium (Arsezano III Dye Binding Method)	9.01	mg/dL	8.4-10.2
Serum Magnesium (Formazan Dye)	2.22	mg/dL	1.6-2.3
Serum Uric Acid (Colorimetric - Uricase,Peroxidase)	6.92	mg/dL	3.5-8.5
Serum Phosphorus (Phosphomolybdate Reduction)	3.16	mg/dL	2.5-4.5



Dr. Amit Samadhiya
 MBBS, MD Biochemistry
 JUNIOR CONSULTANT

CLINICAL PATHOLOGY

Test	Result	Unit	Biological Reference Interval
URINE ROUTINE & MICROSCOPY			
PHYSICAL EXAMINATION			
Colour	Pale Yellow	-	-
Appearance	Clear	-	-
CHEMICAL EXAMINATION			
pH(Reaction) (Double Indicator Method)	6.0	-	4.8-7.5
Sp. Gravity (PKa Change Ionic Concentration Method)	1.020	-	1.002-1.030

Patient Name : Mr Manoja Kumar Gochhayat MRN : 15050000146833 Gender/Age : MALE , 45y (01/06/1977)

Protein (Protein Error Method)	Nil	-	Nil
Urine Glucose (GOD/POD)	Nil	-	Nil
Ketone Bodies	Negative	-	-
Blood Urine (Pseudo Peroxidase Method)	Nil	-	-

MICROSCOPIC EXAMINATION

Pus Cells	1-2	/hpf	1-2
RBC	Nil	/hpf	0 - 3
Epithelial Cells	1-2	/hpf	2-3
Urine For Sugar (Fasting)	Nil	-	-
Urine For Sugar (Post Prandial)	Nil	-	-

Prachi

Dr. Prachi
MBBS, MD Pathology
JUNIOR CONSULTANT

BLOOD BANK LAB

Test	Result	Unit
BLOOD GROUP & RH TYPING		
Blood Group	"O"	-
RH Typing	Positive	-

--End of Report--

Patient Name : Mr Manoj Kumar Gochhayat MRN : 15050000146833 Gender/Age : MALE , 45y (01/06/1977)



Dr. Manoj Rawat
Consultant & HOD, Blood Bank Center
Consultant & HOD Blood Center

Note

- Abnormal results are highlighted.
- Results relate to the sample only.
- Kindly correlate clinically.



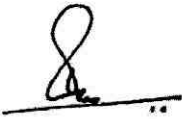
Patient Name	Manoja Gochhayat	Requested By	DR. GAURAV JAIN
MRN	15050000146833	Procedure DateTime	2023-03-11 12:13:06
Age/Sex	45Y 9M/Male	Hospital	NH-Dharamshila

Inv. No.: 6608

X-RAY CHEST (PA)

- Lung fields are clear.
- Costophrenic angles are clear.
- Both domes of diaphragm are normal.
- Mediastinum and both hila are within normal limits.
- Cardiac size is normal.
- Bones under review are unremarkable.

Impression: Normal Study.



Dr. (Col.)Vikas Rastogi
MBBS,MD
SR. CONSULTANT RADIOLOGIST
DML 89340

Patient Name	Manoja Gochhayat	Requested By	DR. GAURAV JAIN
MRN	15050000146833	Procedure DateTime	2023-03-11 11:04:24
Age/Sex	45Y 9M/Male	Hospital	NH-Dharamshila

Investigation No. 1971

ULTRASONOGRAPHY WHOLE ABDOMEN

Report:-

Liver : is enlarged in size (16.9 cm) with grade II fatty change. Small calcific focus of size 0.31 cm is seen in left lobe of liver. Normal sized intrahepatic biliary and vascular channels are seen. No focal lesion. The common bile duct and portal vein are normal.

Gall bladder : Normal in size with normal wall thickness and contents.

The pancreas : The pancreas shows normal contour, echogenicity and size.

The spleen : is normal in size, contour and echopattern.

The right kidney : The right kidney has a normal contour & echopattern in the cortex, medulla and pelvicalyceal system , measures 10.6 x 5.2 cm.

The left kidney : The left kidney has a normal contour & echopattern in the cortex, medulla and pelvicalyceal system, measures 10.1 x 4.7 cm.

Urinary bladder is normal in wall & contents.

Prostate is normal in size, shape and parenchymal echopattern.

No ascites seen.

Impression :

- **Hepatomegaly with grade II fatty liver.**



Dr. SHAIENDRA KR. BHARDWAJ
MBBS, DNB (Radiodiagnosis)
CONSULTANT RADIOLOGIST

Transthoracic Echo color Doppler Report

Patient's Name	Mr. Manoj Kumar Gochhayat	Age/Sex	45Years/Male
Ref By:	Dr. Gaurav Jain	Date:	11/03/2023
MRN No.	15050000146833	PVT/MRD/IPD	Mediwheel full body Health Check Up

Final Interpretation

1. Normal sized cardiac chamber dimensions.
2. No Regional wall motion abnormality, LVEF = 55%.
3. MIP - Diastolic Dysfunction Grade I
4. Normal RV systolic function.
5. Trace MR, No AR, No PR, Trace TR (PASP - 20mmHg).
6. No clot/vegetation/pericardial effusion.
7. IVC normal with >50% collapsibility with respiration.

Morphology :-

- ❖ Left Ventricle: It is normal sized.
- ❖ Left Atrium: It is normal sized.
- ❖ Right Atrium: It is normal sized.
- ❖ Right Ventricle: It is normal sized. RV systolic function is normal.
- ❖ Aortic Valve: Aortic valve appears tricuspid & cusps are normal.
- ❖ Mitral Valve: open normally, Subvalvular apparatus appears normal.
- ❖ Tricuspid valve: It appears normal.
- ❖ Pulmonic Valve: It appears normal.
- ❖ Main Pulmonary artery & its branches: Appear normal.
- ❖ Pericardium: There is no pericardial effusion.

DOPPLER/COLOUR FLOW

<u>VALVE</u>	<u>MAX. VELOCITY cm/sec</u>	<u>PG/MG mmHg</u>	<u>REGURGITATION</u>
MITRAL	E- 59cm/sec, A- 82cm/sec		Trace MR
AORTIC	124		No AR
TRICUSPID	193	(PASP – 20mmHg)	Trace TR
PULMONARY	63		No PR

Contd.....

M MODE & 2D Measurements

	Observed values	Normal values
Aortic root diameter	30	20-34(mm)
Left atrium size	30	19-40(mm)
Left Ventricular Size diastole	42	ED 37-56(mm)
Left Ventricular Size systole	29	ES 22-40 (mm)
Inter ventricular Septum diastole	09	ED 6-10(mm)
Posterior Wall thickness diastole	09	ED 6-10(mm)
End Diastolic Volume	80	
End Systolic Volume	32	
LV Ejection Fraction (%)	55%	55%-75%


2D EXAMINATION DESCRIPTION

2D and M Mode examination done in multiple views revealed fair movement of both mitral leaflets. Aortic valve has three cusps & cusps are normal. Tricuspid valve leaflets move normally. Pulmonary valve is normal. Ascending Aorta is normal. Interatrial septum and interventricular septum are intact.

Dimension of left atrium and left ventricle are normal. No regional wall motion abnormality seen. Global LVEF is 55%. No intracardiac mass or thrombus seen.

Dr. Anand PandeySr. Consultant & Head Consultant Cardiologist
Cardiologist**Dr. Sajal Gupta**

Consultant Cardiologist


Dr. Amrendra Pandey
 Consultant Cardiology
Dr. Rakesh Bachloo
Consultant - Cardiology

Note:- This is a professional opinion based on imaging finding and not the diagnosis. Not valid for medico-legal purposes. In case of any discrepancy due to machine error or typing error, please get it rectified immediately.