Meduwiel.

Rlo-> Nagrum

Name: Mes. Sayali Shelkar	Date : 21 02 22
Age : <u>304</u> Sex : M(F) Weight : <u>61 · 1</u> kg Height : <u>153 · 7</u> in BMI : _	259
BP: 120 80 mmHg Pulse: 80 L bpm RBS:	mg/dl
Spoz; gax LMP:- a	06/11/22

30/F No compl. No known convorbidines

Ch Ly P/A

I'm - wored

Diet + walting Dr. VIMMI GOEL Sr. Consultant-Non Invasive Cardiology Reg.No.: 2014/01/0113 MBBS, MD



A unit of SPANV Medisearch Lifesciences Pvt. Ltd. CIN U74999MH2018PTC303510 44, Kingsway, Near Kasturchand Park, Nagpur, Maharashtra, India - 440 001



C +91 712 6789100 🛞 www.kingswayhospitals.com

Ø info@kingswayhospitals.com € Toll Free Number : 1800 266 8346

# InBody

ID 2223135 114

#### Height 153, 7cm

[InBody270] Gender | Test Date / Time 21.02.2023 16:00 Female

Body (	ompo	sition	Ana	lvsis
Doug .	mpo			

Total amount	of water in my body	Total Hody Mater	(L)	24.9	$(25.8 \sim 31.6)$
What I nee i	to build muscles	Protein	(kg)	6.7	( 6.9~8.5 )
What I nee	for strong bones	Mineral	(kg)	2.51	( 2.39~2.93 )
Where my	xcess energy is stored	Body ⊢at Mass	(kg)	27.0	( 10. 2~16. 3 )
Sum of the		Weight	(kg)	61.1	( 43. 2~58. 4 )

A

30

#### Muscle Fat Analysis

in tuber			nder		Norma	111			Ove	er			
Weight	(kg)	55	70	85	1.1	11	61. 1	145	160	175	190	205	%
Skeletal Musck	(kg)	70	80	18.0	)	Ð	120	130	140	150	160	170	%
Body Fat M	s (kg)	40	60	so			220	280	$27.0^{340}$	400	460	520	%

#### Obesity Analysis

		U	nder		Norma	<b>F</b>			0	ver		
BMI Body Mas	s Incl. (kg/r	n <sup>2</sup> )	15.0	18,5	11	2 <sup>3</sup> .	<sup>30.0</sup> 25.9	35.0	40.0	45.0	50.0	55.0
PBF Percent Bo	sdy F	%) 8.0	13, 0	18.0	0	3	33.0	38.0	43.0	4 <sup>48.0</sup> 44.2	53,0	58.0
					an Mass %							Fat Mas % Evaluatio
Segm	iental	Lean A	naly		dition in		egme	ntal	Fat	Ana	lysis	
	1. 6 kg 78.9 %			50 kg 0 ° °			249	. 1 kg . 9 %		2	2. 1 246. 5	9%
ĝ	Uider			mal			C	)ver		_	Ove	er
Lett		15. 7 kg 87. 8 %			Right		LCI.		283	. 5 kg . 3 % ver		Kignt
	1. 1 kg 8. 8%		4. 9 78.					. 1 kg			4. 1	
1	Under		Un	der			C	lver			Ove	er
									* S	egmenta	al fat is	estimate

Weight	(kg)	61.1			
SKeletal Muscle	(kg)	18.0			
PBF Percent Body F-	(%)	44.2			
Recent	⊐Total	21. 02. 23 16:00			

InBody Score		
-	)/100 Points	
<ul> <li>Total score that re composition. A mini- 100 points.</li> </ul>	ets the evaluation of ular person may se	ody . av.
Weight Control		
Target Weight	50.7 kg	
Weight Control	-10.4 kg	
Fat Control	-15.4 kg	
Muscle Control	+5.0 kg	
Obesity Evalua	on	1.0
BMI 🗆 No	$ \begin{array}{c} \text{ial} \ \square \ \text{Under} & \bigstar \\ \square \end{array} $	ight Fer or
PBF DNc	$ al \ \Box \frac{Slightly}{Over}  \overleftarrow{\bullet} $	· er
Waist-Hip Ratio		
	0.75 (	ā
0.92		
Visceral Fat Le	9	
	Low 10	He
Level 15		
Research Para	eters	
Fat Free Mass	34.1 kg	
Basal Metabolic Rate	1106 kcal ( 12)	~14
Obesity Degree	120 •. (	~11
SMI	5. 5 kg/m <sup>2</sup>	
Recommended calorie in:	1537 keal	
Calorie Expen	iture of Exercia	-
Golf	08 Gateball	
Walking	22 Yoga	a a
Badminton	38 Table Tennis	1
Tennis	83 Bicycling	13
Boxing	83 Basketball	L.
Mountain Climbing	99 Jumping Rope	
Aerobics	1 3 1	-
Soccer	14 Jogging	-
	06 Racketball	÷.,
Japanese Fencing	06 Taekwondo	97 13
Squash		
<ul> <li>Based on your currer</li> <li>Based on 30 minute</li> </ul>		
Impedance		

Impedance

	RA	LA.	TR	RI	11
$Z(\Omega) 20 \text{ kHz}$	433. 1-	15.6	27.9	313.	12
100 kHz	398.	10.9	25.1	284.	'S I.

#### KIMS KINGSWAY HOSPITALS

(A Unit Of SPANV Medisearch Lifescience Pvt. Ltd.) 44, Kingsway Near Kasturchand Park Nagpur – 440001 P: +91 7126789100, F: +91 7126789100

Patient Name	SAYALIU SHELKAR	REG. NO-	2223135414
Age\Sex	30/F	DATE	21/02/2023

**GLASS PRISCRIPTION** 

EYE	SPH	CYL	AXIS	VISION
RIGHT	00	00	00	6/6P
LEFT	00	00	00	6/6P

NEAR ADDITION

RIGHT	00	N6	
LEFT	00	N6	

REMARK'S - NORMAL VISION

Dr.ASHISH KAMBLE MBBS,MS(OPTH),FICO(LON),FVRS. VITRORETINAL & PHACO SURGEON REG NO. MCI/11-39352

KIMS-KINGSWAY





#### DEPARTMENT OF BIOCHEMISTRY

Patient Name: Mrs. SAYALI RAJESH SHELKARAge /Gender: 30 Y(s)/FemaleBill No/ UMR No: BIL2223017539/UMR2223135414Referred By: Dr. Vimmi Goel MBBS,MDReceived Dt: 21-Feb-23 01:43 pmReport Date: 21-Feb-23 03:40 pm

Parameter Post Prandial Plasma Glucose SpecimenResultsPlasma80

Biological Reference < 140 mg/dl Method GOD/POD, Colorimetric

Interpretation:

Clinical Decision Value as per ADA Guidelines 2021

Diabetes Mellites If, Fasting =/>126 mg/dl Random/2Hrs.OGTT=/>200 mg/dl Impaired Fasting = 100-125 mg/dl Impaired Glucose Tolerance = 140-199 mg/dl

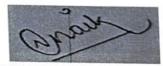
\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If neccessary, Please discuss

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Dr. VAIDEHEE NAIK, MBBS,MD CONSULTANT PATHOLOGIST





# DEPARTMENT OF BIOCHEMISTRY

Patient Name	Mar CAVALLER LAND			
	: Mrs. SAYALI RAJESH SHELKAR	Age /Gender	: 30 Y(s)/Female	
Bill No/ UMR No	: BIL2223017539/UMR2223135414		Dr. Vimmi Goel MBBS,MD	
-	:21-Feb-23 02:00 pm			
nocorred bt	: 21-Feb-23 02:00 pm	Report Date	:21-Feb-23 03:46 pm	

#### URINE SUGAR

<u>Parameter</u> Urine Glucose

Result Values Negative \*\*\* End Of Report \*\*\*

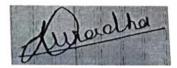
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Dr. Anuradha Deshmukh, MBBS, MD

#### CONSULTANT MICROBIOLOGIST







# DEPARTMENT OF PATHOLOGY

-	DEPAR	<b>TMENT OF</b>	PATHOLOGY		
Bill No/ UMR No : BIL222 Received Dt : 21-Fet	Fattent Name: Mrs. SAYALI RAJESH SHELKARBIII No/ UMR No: BIL2223017539/UMR2223135414Received Dt: 21-Feb-23 09:49 am		Age /Gender :30 Y(s)/Female Referred By :Dr. Vimmi Goel MBBS Report Date :21-Feb-23 11:26 am		
HAEMOGRAM				121-TeD-23	11:26 am
Parameter Haemoglobin Haematocrit(PCV) RBC Count Mean Cell Volume (MCV) Mean Cell Haemoglobin (MCH) Mean Cell Haemoglobin Concentration (MCHC) RDW Platelet count WBC Count DIFFERENTIAL COUNT	Blood 12 39 4. 80	5.4 9.0 5.1 1	<b>Biological Refe</b> 12.0 - 15.0 gm% 36.0 - 46.0 Vol% 3.8 - 4.8 Millions/ 83 - 101 fl 27 - 32 pg 31.5 - 35.0 g/l 11.5 - 14.0 % 150 - 450 10^3/c 4000 - 11000 cells	umm	Method Photometric Calculated Photometric Calculated Calculated Calculated Calculated Impedance Impedance
Neutrophils	48.	.5	50		
Lymphocytes Eosinophils	<b>46.</b> 3.8	.5	50 - 70 % 20 - 40 %		Flow Cytometry/Ligh microscopy Flow Cytometry/Ligh microscopy
lonocytes			1-6 %		Flow Cytometry/Light
asophils	<b>1.2</b> 0.0		2-10 % 0-1 %		microscopy Flow Cytometry/Ligi microscopy Flow Cytometry/Ligi
rge Immature cells	0.0				microscopy
osolute Neutrophil Count	2861	1.5	2000 7000		Flowcytometry
solute Lymphocyte Count	2743		2000 - 7000 /cum		Calculated
solute Eosinophil Count	224.2	2	1000 - 4800 /cum	m	Calculated
		-	20 - 500 /cumm		Calculated

Calculated

Page 1 of 2







### DEPARTMENT OF PATHOLOGY

Patient Name Bill No/ UMR No Received Dt	: Mrs. SAYALI RAJESH : BIL2223017539/UMF : 21-Feb-23 09:49 an	2223135414	Age /Gender :30 Y(s) Referred By :Dr. Vin Report Date :21-Feb	nmi Goel MBBS,MD
Parameter Absolute Monocyte Absolute Basophil PERIPHERAL S Microcytosis	Count	Results 70.8 0 Microcytosis +(Few)	Biological Referen 200 - 1000 /cumm 0 - 100 /cumm	
Hypochromasia Anisocytosis WBC		Hypochromia +(Few) Anisocytosis +(Few) As Above		
Platelets E S R		Adequate 02 *** End Of R	0 - 20 mm/hr eport ***	Automated Westergren's Method

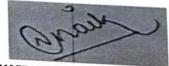
Page 2 of 2

Suggested Clinical Correlation \* If neccessary, Please

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Dr. VAIDEHEE NAIK, MBBS, MD CONSULTANT PATHOLOGIST



# CLINICAL DIAGNOSTIC LABORATORY

# DEPARTMENT OF BIOCHEMISTRY

				Contraction of the second s	
Patient Name	: Mrs. SAYALI RAJESH S	SHELKAR	Age /Gender : 30 Y(s)/		
Bill No/ UMR No	: BIL2223017539/UMR2223135414		Referred By : Dr. Vimn		
Received Dt	:21-Feb-23 09:46 am		Report Date : 21-Feb-2	23 12:17 pm	
Parameter Fasting Plasma Gluco	Specimen ose Plasma	Results 93	Biological Reference < 100 mg/dl	<u>Method</u> GOD/POD,Colorimetric	
Interpretation Clinical Decision	1 Value as per ADA Diabetes Mel Fasting =/>1 Random/2Hr Impaired Fas	11tes 17, .26 mg/dl s.OGTT=/>2 ting = 100-1	00 mg/dl		
GLYCOSYLATE	HAEMOGLOBIN (H	<b>BA1C)</b> 5.2	Non-Diabetic : <= 5.6 % Pre-Diabetic : 5.7 - 6.4 % Diabetic : >= 6.5 %	HPLC	
RFT Blood Urea		19	15.0 - 36.0 mg/dl	Urease with indicator dye	
Creatinine		0.60	0.52 - 1.04 mg/dl	Enzymatic ( creatinine amidohydrolase)	
GFR		123.8		Calculation by CKD-EP 2021	
Sodium		142	136 - 145 mmol/L	Direct ion selective electrode	
Potassium		4.43	3.5 - 5.1 mmol/L	Direct ion selective electrode	
THYROID PROF	ILE	1.44	0.55 - 1.70 ng/ml	Enhanced chemiluminescence	
Free T4		1.39	0.80 - 1.70 ng/dl	Enhanced Chemiluminescence	
SH		1.880	0.50 - 4.80 uIU/ml	Enhanced chemiluminescence	
1773 (2045) (C					

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Suggested Clinical Correlation \* If neccessary, Please discuss Verified By : : 11100026

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KIMS-KINGSWAY





# DEPARTMENT OF BIOCHEMISTRY

Patient Name Bill No/ UMR No Received Dt	No/ UMR No : BIL2223017539/UMR22231354		No. of the second se	emale i Goel MBBS,MD 3 12:17 pm
LIPID PROFI Parameter Total Cholesterol	<b>ILE</b> <u>Specimen</u> Serum	<u>Results</u> 168 90	< 200 mg/dl < 150 mg/dl	Method Enzymatic(CHE/CHO/P D) Enzymatic (Lipase/GK/GPO/POD)
Triglycerides HDL Cholesterol D	birect	67	> 50 mg/dl	Phosphotungstic acid/mgcl-Enzymatic (microslide) Enzymatic
LDL Cholesterol D VLDL Cholesterol		74.57 18 3	< 100 mg/dl < 30 mg/dl 3 - 5	Calculated Calculation
Tot Chol/HDL Rat	eutic k equivalent	>100	Consider Drug therapy >130, optional at 100-129	<u>LDC-C</u> <100
10 yrs CHD risk: Two or more ad	ditional major risk	>130	10 yrs risk 10-20 % >130 10 yrs risk <10% >160	
factors,10 yrs C No additional ma additional major	ajor risk or one	>160	>190,optional at 160-189	<160

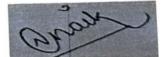
\*\*\* End Of Report \*\*

Suggested Clinical Correlation \* If neccessary, Please discuss

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Dr. VAIDEHEE NAIK, MBBS, MD CONSULTANT PATHOLOGIST







# DEPARTMENT OF BIOCHEMISTRY

Patient Name	: Mrs. SAYALI RAJESH SHELKAR
Bill No/ UMR No	: BIL2223017539/UMR2223135414
Received Dt	: 21-Feb-23 09:49 am

Age /Gender: 30 Y(s)/FemaleReferred By: Dr. Vimmi Goel MBBS,MDReport Date: 21-Feb-23 12:17 pm

# LIVER FUNCTION TEST(LFT)

Parameter Total Bilirubin Direct Bilirubia	<u>Specimen</u> Serum	<b><u>Results</u></b> 0.50	Biological Reference 0.2 - 1.3 mg/dl	<u>Method</u> Azobilirubin/Dyphylline
Direct Bilirubin Indirect Bilirubin		0.30	0.1 - 0.3 mg/dl	Calculated
		0.20	0.1 - 1.1 mg/dl	Duel wavelength spectrophotometric
Alkaline Phosphatase SGPT/ALT		94 16	38 - 126 U/L	pNPP/AMP buffer
SGOT/AST			13 - 45 U/L	Kinetic with pyridoxal 5 phosphate
Serum Total Protein		18	13 - 35 U/L	Kinetic with pyridoxal 5 phosphate
		6.89	6.3 - 8.2 gm/dl	Biuret (Alkaline cupric sulphate)
Albumin Serum		4.49	3.5 - 5.0 gm/dl	Bromocresol green Dye
Globulin		2.40	2.0 - 4.0 gm/	Binding Calculated
A/G Ratio		1.87		
		*** End Of Re	port ***	

Suggested Clinical Correlation \* If neccessary, Please

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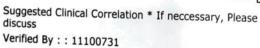




# DEPARTMENT OF PATHOLOGY

Patient Name	: Mrs. SAY	ALI RAJESH	SHELKAR	Age /Gender	130 V/a)/Fa	
Bill No/ UMR No	: BIL22230	17539/UMR	2223135414			
Received Dt		3 11:28 am		<b>Referred By</b>		
Received Dr	· 21-Feb-2	5 11:28 am		Report Date	:21-Feb-23	01:04 pm
Parameter	1	Specimen	Results			Method
URINE MICROS	COPY				1	Hethou
PHYSICAL EXAM	INATION					
Volume		Urine	30 ml			
Colour.			Pale yellow			
Appearance			Clear			
CHEMICAL EXAM	INATION					
Reaction (pH)		Urine	5.0	4.6 - 8.0		Indicators
Specific gravity			1.010	1.005 - 1.025		on concentration
Urine Protein			Negative	1.000 1.020		protein error of pH
Sugar			Negative			ndicator
Bilirubin			Negative			GOD/POD Diazonium
Ketone Bodies			Negative			Legal's est Principle
Nitrate			Negative			Legal 3 est Filliciple
Urobilinogen			Normal			Ehrlich's Reaction
MICROSCOPIC E	XAMINATI	ON				
Epithelial Cells		Urine	0-1	0-4 /hpf		Manual
R.B.C.			Absent	0-4 /hpf		Manual
Pus Cells			0-1	0-4 /hpf		Manual
Casts			Absent			Manual
Crystals			Absent			Manual
Others			•			
USF(URINE SU	GAR FAST	ING)				
Urine Glucose		Urine	Negative			GOD/POD

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1

Test results related only to the item tested.

Dr. Anuradha Deshmukh, MBBS,MD CONSULTANT MTC

H2018PTC303510







# DEPARTMENT OF IMMUNO HAEMATOLOGY

Patient Name : Mrs. SAYALI RAJESH SHELKAR Bill No/ UMR No : BIL2223017539/UMR2223135414

Received Dt :21-Feb-23 09:49 am

Age / Gender: 30 Y(s)/FemaleReferred By: Dr. Vimmi Goel MBBS,MDReport Date: 21-Feb-23 12:21 pm

#### BLOOD GROUPING AND RH

Parameter BLOOD GROUP.

# Specimen Results

EDTA Whole Blood & Plasma/ Serum

Gel Card Method

Rh (D) Typing.

" Positive "(+Ve)

\*\*\* End Of Report \*\*\*

Suggested Clinical Correlation \* If neccessary, Please discuss

Verified By : : 11100731

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CONSULTANT PATHOLOGIST



PATIENT NAME	MRS. SAYALI SHELKAR		
REGNO	SATALI SHELKAR	AGE	30 YRS/F
	UMR2223135414		
REFERRED BY	DR. VIMMI GOEL	BILL NO	2223017539
	DR. VIVIVI GOEL	REPORT DATE:	21/02/2023

#### USG ABDOMEN AND PELVIS

LIVER is normal in size (11 cm) and echotexture.

DAMM

No evidence of any focal lesion seen. Intrahepatic billiary radicals are not dilated. PORTAL VEIN and CBD are normal in course and caliber.

GALL BLADDER is physiologically distended. No stones or sludge seen within it. Wall thickness is within normal limits.

Visualized head and body of PANCREAS is normal in shape, size and echotexture.

SPLEEN is normal in size (9.7 cm), shape and echotexture. No focal lesion seen.

Right kidney measures -10.2 x 4.5 cm. Left kidney measures - 9.7 x 4.4 cm Both KIDNEYS are normal in size, shape and echotexture. No evidence of calculus or hydronephrosis seen. URETERS are not dilated.

URINARY BLADDER is well distended. No calculus or mass lesion seen. Uterus is anteverted and normal. No focal myometrial lesion seen. Endometrial echo-complex appear normal. ET – 4 mm. Both ovaries are normal. No adnexal mass lesion seen.

There is no free fluid or abdominal lymphadenopathy seen.

**IMPRESSION:** USG reveals,

No significant abnormality.

DR. ASAWARI LAUTRE MBBS,MD(Radio-Diag), (2016083313) CONSULTANT RADIOLOGIST



# DEPARTMENT OF RADIOLOGY & IMAGING SCIENCE

NAME	SAYALI RAJESH SHELKAR	310010111	21-02-2023 10:45:02
AGE/ SEX	30Y6M27D / F	HOSPITAL NO.	UMR2223135414
ACCESSION NO.	BIL2223017539-10	MODALITY	DX
REPORTED ON	21-02-2023 12:07	REFERRED BY	Dr. Vimmi Goel

### X-RAY CHEST PA VIEW

Both the lung fields are clear.

art and Aorta are normal.

Both hilar shadows appear normal.

Diaphragm domes and CP angles are clear.

Bony cage is normal.

IMPRESSION -No pleuro-parenchymal abnormality seen.

DR. ASAWARI. S. LAUTRE MBBS (KEM HOSPITAL), MD RADIODIAGNOSIS (TMH MUMBAI) CONSULTANT RADIOLOGIST.

> SPANV Medisearch Lifesciences Private Limited Parwana Bhawan, Kingsway, Nagpur - 440 001, Maharashtra, India. Phone: +91 0712 6789100 CIN: U74999MH2018PTC303510 cal investigations are subject to variations due to technical limitations

N.B : This is only a professional opinion and not the final diagnosis. Radiological investigations are subject to variations due to technical limitations. Hence, correlation with clinical findings and other investigations should be carried out to know true nature of illness.

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# 2D ECHOCARDIOGRAPHY AND COLOR DOPPLER REPORT

Patient Name : Mrs. Savali Rajesh Shelkar

Patient Manie	, 1110, 00/01
Age	: 30 years / Female
UMR	: UMR2223135414
Date	: 21/02/2023
Done by	: Dr. Vimmi Goel
ECG	: NSR, Minor ST-T changes

# Impression: Normal 2D Echocardiography Study

Normal chambers dimensions No RWMA of LV at rest Good LV systolic function, LVEF 63% Normal LV diastolic function E/A is 1.2 Valves are normal No pulmonary hypertension IVC is normal in size and collapsing well with respiration No clots or pericardial effusion

#### Comments:

Sector echocardiography was performed in various conventional views (PLAX, SSAX, AP4 CH and 5 CH views). LV size normal. There is no RWMA of LV seen at rest. Good LV systolic function. LVEF 63%. Normal LV diastolic function. E Velocity is 107 cm/s, A Velocity is 75 cm/s. E/A is 1.2. Valves are normal. No Pulmonary Hypertension. IVC normal in size and collapsing well with respiration. Pericardium is normal. No clots or pericardial effusion seen.

#### M Mode echocardiography and dimension:

	Normal ra	inge (mm)	Observed (mm)	
	(adults) (	children)		
Left atrium	19-40	7-37	29	
Aortic root	20-37	7-28	21	
LVIDd	35-55	8-47	39	
LVIDs	23-39	6-28	23	
IVS (d)	6-11	4-8	09	
LVPW (d)	6-11	4-8	09	
LVEF %	~ 60%	~60%	63%	
Fractional Shortening			33%	
			$\cap$	

Dr. Vimmi Goel MD, Sr. Consultant Non-invasive Cardiology

P.T.O

