



# BMI CHART

Date: 12/11/22

Name: Mr. Shehnaq Ansari Age: \_\_\_\_\_ yrs

Sex: M / F

BP: 110/80 Height (cms): 153.5 Weight(kgs): 52.6 BMI: 22

*mefhg*

WEIGHT lbs	100	105	110	115	120	125	130	135	140	145	150	155	160	165	170	175	180	185	190	195	200	205	210	215
kgs	45.5	47.7	50.0	52.3	54.5	56.8	59.1	61.4	63.6	65.9	68.2	70.5	72.7	75.0	77.3	79.5	81.8	84.1	86.4	88.6	90.9	93.2	95.5	97.7
HEIGHT in/cm	Underweight				Healthy				Overweight				Obese				Extremely Obese							
5'0" - 152.4	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42
5'1" - 154.9	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	
5'2" - 157.4	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39		
5'3" - 160.0	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	
5'4" - 162.5	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	
5'5" - 165.1	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	
5'6" - 167.6	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	
5'7" - 170.1	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	
5'8" - 172.7	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	
5'9" - 176.2	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	
5'10" - 177.8	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	
5'11" - 180.3	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	
6'0" - 182.8	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	
6'1" - 185.4	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	
6'2" - 187.9	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	
6'3" - 190.5	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	
6'4" - 193.0	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	

**Doctors Notes:**

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Signature

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CIN : U85100MH2005PTC154823  
GST IN: 27AABCH5894D1ZG | PAN NO: AABCH5894D



Hiranandani  
HOSPITAL

(A Fortis Network Hospital)

<b>UHID</b>	<b>12115865</b>	<b>Date</b>	<b>12 /11/2022</b>		
<b>Name</b>	<b>Mrs.Shehnaz Ansari</b>	<b>Sex</b>	<b>Male</b>	<b>Sex</b>	<b>45</b> (41)
<b>OPD</b>	<b>PAP</b>	<b>Health Check-up</b>			

Drug allergy:  
Sys illness:



UHID	12115865	Date	12/11/2022		
Name	Mrs. Shehnaz Ansari	Sex	Male	Sex	45/41
OPD	Ophthal 14	Health Check-up			

Ch. No.

Drug allergy: → Not known  
 Sys illness: →

Mr. No

Unifed V → RG 6/90°  
 → LG 6/120°

Ref → RA → Plano / - 1.00 x 100° 6/6  
 → LG → Plano / - 1.25 x 80° 6/6  
 Add + 1.25 → W6

I.O.P. → RA → 15.5  
 → LG → 15.6

All clear



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<b>Name</b>	<b>Mrs.Shehnaz Ansari</b>	<b>Sex</b>	<b>Male</b>	<b>Sex</b>	<b>54</b>
<b>OPD</b>	<b>Dental 12</b>	<b>Health Check-up</b>			

Drug allergy:  
Sys illness:

**PATIENT NAME : MRS. MRS.SHEHNAZ KHURSHID ANSARI**PATIENT ID : **FH.12115865**

CLIENT PATIENT ID : UID:12115865

ACCESSION NO : **0022VK002635** AGE : 45 Years SEX : Female ABHA NO :

DRAWN : 12/11/2022 09:31:00 RECEIVED : 12/11/2022 09:31:46 REPORTED : 12/11/2022 14:41:24

CLIENT NAME : **FORTIS VASHI-CHC -SPLZD**

REFERRING DOCTOR : SELF

**CLINICAL INFORMATION :**

UID:12115865 REQNO-1319208

CORP-OPD

BILLNO-150122OPCR056874

BILLNO-150122OPCR056874

Test Report Status	Final	Results	Biological Reference Interval	Units
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**SPECIALISED CHEMISTRY - HORMONE****THYROID PANEL, SERUM**

T3	87.6	80 - 200	ng/dL
METHOD : ELECTROCHEMILUMINESCENCE, COMPETITIVE IMMUNOASSAY			
T4	6.39	5.1 - 14.1	µg/dL
METHOD : ELECTROCHEMILUMINESCENCE, COMPETITIVE IMMUNOASSAY			
TSH (ULTRASENSITIVE)	2.880	0.270 - 4.200	µIU/mL
METHOD : ELECTROCHEMILUMINESCENCE, COMPETITIVE IMMUNOASSAY			

**Interpretation(s)****\*\*End Of Report\*\***Please visit [www.srlworld.com](http://www.srlworld.com) for related Test Information for this accession

  
786
**Dr. Swapnil Sirmukaddam**

Consultant Pathologist

**SRL Ltd**
 BHOOMI TOWER, 1ST FLOOR, HALL NO.1, PLOT NO.28 SECTOR  
 4, KHARGHAR  
 NAVI MUMBAI, 410210  
 MAHARASHTRA, INDIA  
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Patient Ref. No. 2200000080806

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 ACCESSION NO : **0022VK002635** AGE : 45 Years SEX : Female ABHA NO :  
 DRAWN : 12/11/2022 09:31:00 RECEIVED : 12/11/2022 09:31:46 REPORTED : 12/11/2022 12:50:52  
 CLIENT NAME : **FORTIS VASHI-CHC -SPLZD** REFERRING DOCTOR : SELF

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**KIDNEY PANEL - 1**

**BLOOD UREA NITROGEN (BUN), SERUM**

BLOOD UREA NITROGEN **4** **Low** 6 - 20 mg/dL  
 METHOD : UREASE - UV

**CREATININE EGFR- EPI**

CREATININE **0.53** **Low** 0.60 - 1.10 mg/dL  
 METHOD : ALKALINE PICRATE KINETIC JAFFES

AGE 45 years

GLOMERULAR FILTRATION RATE (FEMALE) 116.16 Refer Interpretation Below mL/min/1.73m<sup>2</sup>  
 METHOD : CALCULATED PARAMETER

**BUN/CREAT RATIO**

BUN/CREAT RATIO 7.55 5.00 - 15.00  
 METHOD : CALCULATED PARAMETER

**URIC ACID, SERUM**

URIC ACID 3.3 2.6 - 6.0 mg/dL  
 METHOD : URICASE UV

**TOTAL PROTEIN, SERUM**

TOTAL PROTEIN 8.0 6.4 - 8.2 g/dL  
 METHOD : BIURET

**ALBUMIN, SERUM**

ALBUMIN 4.1 3.4 - 5.0 g/dL  
 METHOD : BCP DYE BINDING

**GLOBULIN**

GLOBULIN 3.9 2.0 - 4.1 g/dL  
 METHOD : CALCULATED PARAMETER

**ELECTROLYTES (NA/K/CL), SERUM**

SODIUM, SERUM 138 136 - 145 mmol/L  
 METHOD : ISE INDIRECT

POTASSIUM, SERUM 3.94 3.50 - 5.10 mmol/L  
 METHOD : ISE INDIRECT

CHLORIDE, SERUM 103 98 - 107 mmol/L  
 METHOD : ISE INDIRECT

**Interpretation(s)**





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**Interpretation(s)**

**BLOOD UREA NITROGEN (BUN), SERUM-** Causes of Increased levels include Pre renal (High protein diet, Increased protein catabolism, GI haemorrhage, Cortisol, Dehydration, CHF Renal), Renal Failure, Post Renal (Malignancy, Nephrolithiasis, Prostatism)  
Causes of decreased level include Liver disease, SIADH.

**CREATININE EGFR- EPI-**

**GFR—** Glomerular filtration rate (GFR) is a measure of the function of the kidneys. The GFR is a calculation based on a serum creatinine test. Creatinine is a muscle waste product that is filtered from the blood by the kidneys and excreted into urine at a relatively steady rate. When kidney function decreases, less creatinine is excreted and concentrations increase in the blood. With the creatinine test, a reasonable estimate of the actual GFR can be determined.

A GFR of 60 or higher is in the normal range.

A GFR below 60 may mean kidney disease.

A GFR of 15 or lower may mean kidney failure.

Estimated GFR (eGFR) is the preferred method for identifying people with chronic kidney disease (CKD). In adults, eGFR calculated using the Modification of Diet in Renal Disease (MDRD) Study equation provides a more clinically useful measure of kidney function than serum creatinine alone.

The CKD-EPI creatinine equation is based on the same four variables as the MDRD Study equation, but uses a 2-slope spline to model the relationship between estimated GFR and serum creatinine, and a different relationship for age, sex and race. The equation was reported to perform better and with less bias than the MDRD Study equation especially in patients with higher GFR. This results in reduced misclassification of CKD.

The CKD-EPI creatinine equation has not been validated in children & will only be reported for patients = 18 years of age. For pediatric and childrens, Schwartz Pediatric Bedside eGFR (2009) formulae is used. This revised "bedside" pediatric eGFR requires only serum creatinine and height.

**URIC ACID, SERUM-**

**Causes of Increased levels:-**Dietary(High Protein Intake,Prolonged Fasting,Rapid weight loss),Gout,Lesch nyhan syndrome,Type 2 DM,Metabolic syndrome

**Causes of decreased levels:-**Low Zinc intake,OCP,Multiple Sclerosis

**TOTAL PROTEIN, SERUM-**

Serum total protein,also known as total protein, is a biochemical test for measuring the total amount of protein in serum..Protein in the plasma is made up of albumin and globulin

Higher-than-normal levels may be due to: Chronic inflammation or infection, including HIV and hepatitis B or C, Multiple myeloma, Waldenstrom's disease

Lower-than-normal levels may be due to: Agammaglobulinemia, Bleeding (hemorrhage),Burns,Glomerulonephritis, Liver disease, Malabsorption, Malnutrition, Nephrotic syndrome,Protein-losing enteropathy etc.

**ALBUMIN, SERUM-**

Human serum albumin is the most abundant protein in human blood plasma. It is produced in the liver. Albumin constitutes about half of the blood serum protein. Low blood albumin levels (hypoalbuminemia) can be caused by: Liver disease like cirrhosis of the liver, nephrotic syndrome, protein-losing enteropathy, Burns, hemodilution, increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc.

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HIRANANDANI HOSPITAL-VASHI, MINI SEASHORE ROAD,

SECTOR 10,

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MAHARASHTRA, INDIA

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**HAEMATOLOGY**

**CBC-5, EDTA WHOLE BLOOD**

**RBC AND PLATELET INDICES**

HEMATOCRIT (PCV)	37.0	36 - 46	%
METHOD : CALCULATED PARAMETER			
MEAN CORPUSCULAR VOLUME (MCV)	<b>77.6</b>	<b>Low</b> 83 - 101	fL
METHOD : CALCULATED PARAMETER			
MEAN CORPUSCULAR HEMOGLOBIN (MCH)	<b>26.1</b>	<b>Low</b> 27.0 - 32.0	pg
METHOD : CALCULATED PARAMETER			
MEAN CORPUSCULAR HEMOGLOBIN CONCENTRATION(MCHC)	33.6	31.5 - 34.5	g/dL
METHOD : CALCULATED PARAMETER			
RED CELL DISTRIBUTION WIDTH (RDW)	<b>14.6</b>	<b>High</b> 11.6 - 14.0	%
METHOD : CALCULATED PARAMETER			
MENTZER INDEX	16.3		
MEAN PLATELET VOLUME (MPV)	9.7	6.8 - 10.9	fL
METHOD : CALCULATED PARAMETER			

**WBC DIFFERENTIAL COUNT**

NEUTROPHILS	56	40 - 80	%
METHOD : FLOW CYTOMETRY			
LYMPHOCYTES	30	20 - 40	%
METHOD : FLOW CYTOMETRY			
MONOCYTES	8	2 - 10	%
METHOD : FLOW CYTOMETRY			
EOSINOPHILS	6	1 - 6	%
METHOD : FLOW CYTOMETRY			
BASOPHILS	0	0 - 2	%
METHOD : FLOW CYTOMETRY			
ABSOLUTE NEUTROPHIL COUNT	3.30	2.0 - 7.0	thou/ $\mu$ L
METHOD : CALCULATED PARAMETER			
ABSOLUTE LYMPHOCYTE COUNT	1.77	1.0 - 3.0	thou/ $\mu$ L
METHOD : CALCULATED PARAMETER			
ABSOLUTE MONOCYTE COUNT	0.47	0.2 - 1.0	thou/ $\mu$ L
METHOD : CALCULATED PARAMETER			
ABSOLUTE EOSINOPHIL COUNT	0.35	0.02 - 0.50	thou/ $\mu$ L

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CORP-OPD

BILLNO-150122OPCR056874

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Test Report Status	Final	Results	Biological Reference Interval	Units
METHOD : CALCULATED PARAMETER				
ABSOLUTE BASOPHIL COUNT		<b>0</b>	<b>Low</b> 0.02 - 0.10	thou/ $\mu$ L
METHOD : CALCULATED PARAMETER				
NEUTROPHIL LYMPHOCYTE RATIO (NLR)		1.8		
METHOD : CALCULATED PARAMETER				
<b>MORPHOLOGY</b>				
RBC		PREDOMINANTLY NORMOCYTIC NORMOCHROMIC, MILD ANISOCYTOSIS		
METHOD : MICROSCOPIC EXAMINATION				
WBC		NORMAL MORPHOLOGY		
METHOD : MICROSCOPIC EXAMINATION				
PLATELETS		ADEQUATE		
METHOD : MICROSCOPIC EXAMINATION				
<b><u>ERYTHROCYTE SEDIMENTATION RATE (ESR),WHOLE BLOOD</u></b>				
E.S.R		<b>22</b>	<b>High</b> 0 - 20	mm at 1 hr
METHOD : WESTERNGREN METHOD				
<b><u>CBC-5, EDTA WHOLE BLOOD</u></b>				
<b>BLOOD COUNTS, EDTA WHOLE BLOOD</b>				
HEMOGLOBIN (HB)		12.4	12.0 - 15.0	g/dL
METHOD : SPECTROPHOTOMETRY				
RED BLOOD CELL (RBC) COUNT		4.77	3.8 - 4.8	mil/ $\mu$ L
METHOD : ELECTRICAL IMPEDANCE				
WHITE BLOOD CELL (WBC) COUNT		5.90	4.0 - 10.0	thou/ $\mu$ L
METHOD : DOUBLE HYDRODYNAMIC SEQUENTIAL SYSTEM(DHSS)CYTOMETRY				
PLATELET COUNT		357	150 - 410	thou/ $\mu$ L
METHOD : ELECTRICAL IMPEDANCE				

**Interpretation(s)**

**RBC AND PLATELET INDICES-**

Mentzer index (MCV/RBC) is an automated cell-counter based calculated screen tool to differentiate cases of Iron deficiency anaemia(>13) from Beta thalassaemia trait (<13) in patients with microcytic anaemia. This needs to be interpreted in line with clinical correlation and suspicion. Estimation of HbA2 remains the gold standard for diagnosing a case of beta thalassaemia trait.

WBC DIFFERENTIAL COUNT-The optimal threshold of 3.3 for NLR showed a prognostic possibility of clinical symptoms to change from mild to severe in COVID positive patients. When age = 49.5 years old and NLR = 3.3, 46.1% COVID-19 patients with mild disease might become severe. By contrast, when age < 49.5 years old and NLR < 3.3, COVID-19 patients tend to show mild disease.

(Reference to - The diagnostic and predictive role of NLR, d-NLR and PLR in COVID-19 patients ; A.-P. Yang, et al.; International Immunopharmacology 84 (2020) 106504 This ratio element is a calculated parameter and out of NABL scope.

**ERYTHROCYTE SEDIMENTATION RATE (ESR),WHOLE BLOOD-TEST DESCRIPTION :-**

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Erythrocyte sedimentation rate (ESR) is a test that indirectly measures the degree of inflammation present in the body. The test actually measures the rate of fall (sedimentation) of erythrocytes in a sample of blood that has been placed into a tall, thin, vertical tube. Results are reported as the millimetres of clear fluid (plasma) that are present at the top portion of the tube after one hour. Nowadays fully automated instruments are available to measure ESR.

ESR is not diagnostic; it is a non-specific test that may be elevated in a number of different conditions. It provides general information about the presence of an inflammatory condition. CRP is superior to ESR because it is more sensitive and reflects a more rapid change.

**TEST INTERPRETATION**

**Increase** in: Infections, Vasculitides, Inflammatory arthritis, Renal disease, Anemia, Malignancies and plasma cell dyscrasias, Acute allergy Tissue injury, Pregnancy, Estrogen medication, Aging.

Finding a very accelerated ESR (>100 mm/hour) in patients with ill-defined symptoms directs the physician to search for a systemic disease (Paraproteinemias, Disseminated malignancies, connective tissue disease, severe infections such as bacterial endocarditis).

In pregnancy BRI in first trimester is 0-48 mm/hr(62 if anemic) and in second trimester (0-70 mm /hr(95 if anemic). ESR returns to normal 4th week post partum.

**Decreased** in: Polycythemia vera, Sickle cell anemia

**LIMITATIONS**

**False elevated ESR :** Increased fibrinogen, Drugs(Vitamin A, Dextran etc), Hypercholesterolemia

**False Decreased :** Poikilocytosis,(SickleCells,spherocytes),Microcytosis, Low fibrinogen, Very high WBC counts, Drugs(Quinine, salicylates)

**REFERENCE :**

1. Nathan and Oski's Haematology of Infancy and Childhood, 5th edition;2. Paediatric reference intervals. AACC Press, 7th edition. Edited by S. Soldin;3. The reference for the adult reference range is "Practical Haematology by Dacie and Lewis,10th edition.

**IMMUNOHAEMATOLOGY**

**ABO GROUP & RH TYPE, EDTA WHOLE BLOOD**

ABO GROUP TYPE O  
 METHOD : TUBE AGGLUTINATION  
 RH TYPE POSITIVE  
 METHOD : TUBE AGGLUTINATION

**Interpretation(s)**

ABO GROUP & RH TYPE, EDTA WHOLE BLOOD-

Blood group is identified by antigens and antibodies present in the blood. Antigens are protein molecules found on the surface of red blood cells. Antibodies are found in plasma. To determine blood group, red cells are mixed with different antibody solutions to give A,B,O or AB.

Disclaimer: "Please note, as the results of previous ABO and Rh group (Blood Group) for pregnant women are not available, please check with the patient records for availability of the same."

The test is performed by both forward as well as reverse grouping methods.

**BIO CHEMISTRY**

**LIVER FUNCTION PROFILE, SERUM**

BILIRUBIN, TOTAL	0.52	0.2 - 1.0	mg/dL
METHOD : JENDRASSIK AND GROFF			
BILIRUBIN, DIRECT	0.07	0.0 - 0.2	mg/dL
METHOD : JENDRASSIK AND GROFF			
BILIRUBIN, INDIRECT	0.45	0.1 - 1.0	mg/dL
METHOD : CALCULATED PARAMETER			

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 ACCESSION NO : **0022VK002635** AGE : 45 Years SEX : Female ABHA NO :  
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 CLIENT NAME : **FORTIS VASHI-CHC -SPLZD** REFERRING DOCTOR : SELF

**CLINICAL INFORMATION :**

UID:12115865 REQNO-1319208  
 CORP-OPD  
 BILLNO-150122OPCR056874  
 BILLNO-150122OPCR056874

Test Report Status	Final	Results	Biological Reference Interval
TOTAL PROTEIN		8.0	6.4 - 8.2 g/dL
METHOD : BIURET			
ALBUMIN		4.1	3.4 - 5.0 g/dL
METHOD : BCP DYE BINDING			
GLOBULIN		3.9	2.0 - 4.1 g/dL
METHOD : CALCULATED PARAMETER			
ALBUMIN/GLOBULIN RATIO		1.1	1.0 - 2.1 RATIO
METHOD : CALCULATED PARAMETER			
ASPARTATE AMINOTRANSFERASE (AST/SGOT)		23	15 - 37 U/L
METHOD : UV WITH P5P			
ALANINE AMINOTRANSFERASE (ALT/SGPT)		21	< 34.0 U/L
METHOD : UV WITH P5P			
ALKALINE PHOSPHATASE		58	30 - 120 U/L
METHOD : PNPP-ANP			
GAMMA GLUTAMYL TRANSFERASE (GGT)		26	5 - 55 U/L
METHOD : GAMMA GLUTAMYL CARBOXY 4NITROANILIDE			
LACTATE DEHYDROGENASE		172	100 - 190 U/L
METHOD : LACTATE -PYRUVATE			

**LIPID PROFILE, SERUM**

CHOLESTEROL, TOTAL	189	< 200 Desirable 200 - 239 Borderline High ≥ 240 High	mg/dL
METHOD : ENZYMATIC/COLORIMETRIC, CHOLESTEROL OXIDASE, ESTERASE, PEROXIDASE			
TRIGLYCERIDES	102	< 150 Normal 150 - 199 Borderline High 200 - 499 High ≥ 500 Very High	mg/dL
METHOD : ENZYMATIC ASSAY			
HDL CHOLESTEROL	46	< 40 Low ≥ 60 High	mg/dL
METHOD : DIRECT MEASURE - PEG			
LDL CHOLESTEROL, DIRECT	117	< 100 Optimal 100 - 129 Near or above optimal 130 - 159 Borderline High 160 - 189 High ≥ 190 Very High	mg/dL
METHOD : DIRECT MEASURE WITHOUT SAMPLE PRETREATMENT			
NON HDL CHOLESTEROL	143	High Desirable: Less than 130 Above Desirable: 130 - 159	mg/dL

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**PATIENT NAME : MRS. MRS.SHEHNAZ KHURSHID ANSARI**

PATIENT ID : **FH.12115865** CLIENT PATIENT ID : UID:12115865  
 ACCESSION NO : **0022VK002635** AGE : 45 Years SEX : Female ABHA NO :  
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**CLINICAL INFORMATION :**

UID:12115865 REQNO-1319208  
 CORP-OPD  
 BILLNO-150122OPCR056874  
 BILLNO-150122OPCR056874

Test Report Status	Final	Results	Biological Reference Interval
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METHOD : CALCULATED PARAMETER			Borderline High: 160 - 189 High: 190 - 219 Very high: > or = 220
CHOL/HDL RATIO	4.1		3.3 - 4.4 Low Risk 4.5 - 7.0 Average Risk 7.1 - 11.0 Moderate Risk > 11.0 High Risk
METHOD : CALCULATED PARAMETER			
LDL/HDL RATIO	2.5		0.5 - 3.0 Desirable/Low Risk 3.1 - 6.0 Borderline/Moderate Risk >6.0 High Risk
METHOD : CALCULATED PARAMETER			
VERY LOW DENSITY LIPOPROTEIN	20.4		<= 30.0 mg/dL
METHOD : CALCULATED PARAMETER			

**GLUCOSE FASTING, FLUORIDE PLASMA**

FBS (FASTING BLOOD SUGAR)	89		74 - 99 mg/dL
METHOD : HEXOKINASE			

**GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD**

HBA1C	5.5		Non-diabetic: < 5.7 % Pre-diabetics: 5.7 - 6.4 Diabetics: > or = 6.5 ADA Target: 7.0 Action suggested: > 8.0
METHOD : HB VARIANT (HPLC)			
ESTIMATED AVERAGE GLUCOSE(EAG)	111.2		< 116.0 mg/dL
METHOD : CALCULATED PARAMETER			

**Interpretation(s)**

**LIVER FUNCTION PROFILE, SERUM- LIVER FUNCTION PROFILE**

Bilirubin is a yellowish pigment found in bile and is a breakdown product of normal heme catabolism. Bilirubin is excreted in bile and urine, and elevated levels may give yellow discoloration in jaundice. Elevated levels result from increased bilirubin production (eg, hemolysis and ineffective erythropoiesis), decreased bilirubin excretion (eg, obstruction and hepatitis), and abnormal bilirubin metabolism (eg, hereditary and neonatal jaundice). Conjugated (direct) bilirubin is elevated more than unconjugated (indirect) bilirubin in Viral hepatitis, Drug reactions, Alcoholic liver disease. Conjugated (direct) bilirubin is also elevated more than unconjugated (indirect) bilirubin when there is some kind of blockage of the bile ducts like in Gallstones getting into the bile ducts, tumors & Scarring of the bile ducts. Increased unconjugated (indirect) bilirubin may be a result of Hemolytic or pernicious anemia, Transfusion reaction & a common metabolic condition termed Gilbert syndrome, due to low levels of the enzyme that attaches sugar molecules to bilirubin.

AST is an enzyme found in various parts of the body. AST is found in the liver, heart, skeletal muscle, kidneys, brain, and red blood cells, and it is commonly measured clinically as a marker for liver health. AST levels increase during chronic viral hepatitis, blockage of the bile duct, cirrhosis of the liver, liver cancer, kidney failure, hemolytic anemia, pancreatitis, hemochromatosis. AST levels may also increase after a heart attack or strenuous activity. ALT test measures the amount of this enzyme in the blood. ALT is found mainly in the liver, but also in smaller amounts in the kidneys, heart, muscles, and pancreas. It is commonly measured as a part of a diagnostic evaluation of

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CLIENT PATIENT ID : UID:12115865

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Test Report Status	Final	Results	Biological Reference Interval
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hepatocellular injury, to determine liver health.AST levels increase during acute hepatitis,sometimes due to a viral infection,ischemia to the liver,chronic hepatitis,obstruction of bile ducts,cirrhosis.

ALP is a protein found in almost all body tissues.Tissues with higher amounts of ALP include the liver,bile ducts and bone.Elevated ALP levels are seen in Biliary obstruction, Osteoblastic bone tumors, osteomalacia, hepatitis, Hyperparathyroidism, Leukemia, Lymphoma, Paget's disease,Rickets,Sarcoidosis etc. Lower-than-normal ALP levels seen in Hypophosphatasia, Malnutrition, Protein deficiency, Wilson's disease.GGT is an enzyme found in cell membranes of many tissues mainly in the liver,kidney and pancreas.It is also found in other tissues including intestine,spleen,heart, brain and seminal vesicles.The highest concentration is in the kidney,but the liver is considered the source of normal enzyme activity.Serum GGT has been widely used as an index of liver dysfunction.Elevated serum GGT activity can be found in diseases of the liver,biliary system and pancreas.Conditions that increase serum GGT are obstructive liver disease,high alcohol consumption and use of enzyme-inducing drugs etc.Serum total protein,also known as total protein,is a biochemical test for measuring the total amount of protein in serum.Protein in the plasma is made up of albumin and globulin.Higher-than-normal levels may be due to:Chronic inflammation or infection,including HIV and hepatitis B or C,Multiple myeloma,Waldenstrom's disease.Lower-than-normal levels may be due to Agammaglobulinemia,Bleeding (hemorrhage),Burns,Glomerulonephritis,Liver disease, Malabsorption,Malnutrition,Nephrotic syndrome,Protein-losing enteropathy etc.Human serum albumin is the most abundant protein in human blood plasma.It is produced in the liver.Albumin constitutes about half of the blood serum protein.Low blood albumin levels (hypoalbuminemia) can be caused by:Liver disease like cirrhosis of the liver, nephrotic syndrome,protein-losing enteropathy,Burns,hemodilution,increased vascular permeability or decreased lymphatic clearance,malnutrition and wasting etc

LIPID PROFILE, SERUM-Serum cholesterol is a blood test that can provide valuable information for the risk of coronary artery disease This test can help determine your risk of the build up of plaques in your arteries that can lead to narrowed or blocked arteries throughout your body (atherosclerosis). High cholesterol levels usually don't cause any signs or symptoms, so a cholesterol test is an important tool. High cholesterol levels often are a significant risk factor for heart disease and important for diagnosis of hyperlipoproteinemia, atherosclerosis, hepatic and thyroid diseases.

Serum Triglyceride are a type of fat in the blood. When you eat, your body converts any calories it doesn't need into triglycerides, which are stored in fat cells. High triglyceride levels are associated with several factors, including being overweight, eating too many sweets or drinking too much alcohol, smoking, being sedentary, or having diabetes with elevated blood sugar levels. Analysis has proven useful in the diagnosis and treatment of patients with diabetes mellitus, nephrosis, liver obstruction, other diseases involving lipid metabolism, and various endocrine disorders. In conjunction with high density lipoprotein and total serum cholesterol, a triglyceride determination provides valuable information for the assessment of coronary heart disease risk.It is done in fasting state.

High-density lipoprotein (HDL) cholesterol. This is sometimes called the "good" cholesterol because it helps carry away LDL cholesterol, thus keeping arteries open and blood flowing more freely.HDL cholesterol is inversely related to the risk for cardiovascular disease. It increases following regular exercise, moderate alcohol consumption and with oral estrogen therapy. Decreased levels are associated with obesity, stress, cigarette smoking and diabetes mellitus.

SERUM LDL The small dense LDL test can be used to determine cardiovascular risk in individuals with metabolic syndrome or established/progressing coronary artery disease, individuals with triglyceride levels between 70 and 140 mg/dL, as well as individuals with a diet high in trans-fat or carbohydrates. Elevated sdLDL levels are associated with metabolic syndrome and an "atherogenic lipoprotein profile", and are a strong, independent predictor of cardiovascular disease. Elevated levels of LDL arise from multiple sources. A major factor is sedentary lifestyle with a diet high in saturated fat. Insulin-resistance and pre-diabetes have also been implicated, as has genetic predisposition. Measurement of sdLDL allows the clinician to get a more comprehensive picture of lipid risk factors and tailor treatment accordingly. Reducing LDL levels will reduce the risk of CVD and MI.

Non HDL Cholesterol - Adult treatment panel ATP III suggested the addition of Non-HDL Cholesterol as an indicator of all atherogenic lipoproteins (mainly LDL and VLDL). NICE guidelines recommend Non-HDL Cholesterol measurement before initiating lipid lowering therapy. It has also been shown to be a better marker of risk in both primary and secondary prevention studies.

**Recommendations:**

Results of Lipids should always be interpreted in conjunction with the patient's medical history, clinical presentation and other findings.

NON FASTING LIPID PROFILE includes Total Cholesterol, HDL Cholesterol and calculated non-HDL Cholesterol. It does not include triglycerides and may be best used in patients for whom fasting is difficult.

**GLUCOSE FASTING,FLUORIDE PLASMA-TEST DESCRIPTION**

Normally, the glucose concentration in extracellular fluid is closely regulated so that a source of energy is readily available to tissues and so that no glucose is excreted in urine.

**Increased in**

Diabetes mellitus, Cushing's syndrome (10 - 15%), chronic pancreatitis (30%). Drugs:corticosteroids,phenytoin, estrogen, thiazides.

**Decreased in**

Pancreatic islet cell disease with increased insulin,insulinoma,adrenocortical insufficiency, hypopituitarism,diffuse liver disease, malignancy (adrenocortical, stomach,fibrosarcoma), infant of a diabetic mother, enzyme deficiency diseases(e.g., galactosemia),Drugs- insulin, ethanol, propranolol; sulfonyleureas,tolbutamide, and other oral hypoglycemic agents.

**NOTE:**

Hypoglycemia is defined as a glucose of < 50 mg/dL in men and < 40 mg/dL in women.

While random serum glucose levels correlate with home glucose monitoring results (weekly mean capillary glucose values), there is wide fluctuation within individuals.Thus glycosylated hemoglobin(HbA1c) levels are favored to monitor glycemic control.

High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glycosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.

GLYCOSYLATED HEMOGLOBIN(HBA1C), EDTA WHOLE BLOOD-Used For:

- 1.Evaluating the long-term control of blood glucose concentrations in diabetic patients.
- 2.Diagnosing diabetes.

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PATIENT ID : **FH.12115865**

CLIENT PATIENT ID : UID:12115865

ACCESSION NO : **0022VK002635**

AGE : 45 Years SEX : Female

ABHA NO :

DRAWN : 12/11/2022 09:31:00

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REPORTED : 12/11/2022 12:50:52

CLIENT NAME : **FORTIS VASHI-CHC -SPLZD**

REFERRING DOCTOR : SELF

**CLINICAL INFORMATION :**

UID:12115865 REQNO-1319208

CORP-OPD

BILLNO-150122OPCR056874

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Test Report Status	Final	Results	Biological Reference Interval
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- 3. Identifying patients at increased risk for diabetes (prediabetes). The ADA recommends measurement of HbA1c (typically 3-4 times per year for type 1 and poorly controlled type 2 diabetic patients, and 2 times per year for well-controlled type 2 diabetic patients) to determine whether a patient's metabolic control has remained continuously within the target range.
- 1. eAG (Estimated average glucose) converts percentage HbA1c to mg/dl, to compare blood glucose levels.
- 2. eAG gives an evaluation of blood glucose levels for the last couple of months.
- 3. eAG is calculated as  $eAG (mg/dl) = 28.7 * HbA1c - 46.7$

**HbA1c Estimation can get affected due to :**

- I. Shortened Erythrocyte survival : Any condition that shortens erythrocyte survival or decreases mean erythrocyte age (e.g. recovery from acute blood loss, hemolytic anemia) will falsely lower HbA1c test results. Fructosamine is recommended in these patients which indicates diabetes control over 15 days.
- II. Vitamin C & E are reported to falsely lower test results (possibly by inhibiting glycation of hemoglobin).
- III. Iron deficiency anemia is reported to increase test results. Hypertriglyceridemia, uremia, hyperbilirubinemia, chronic alcoholism, chronic ingestion of salicylates & opiates addition are reported to interfere with some assay methods, falsely increasing results.
- IV. Interference of hemoglobinopathies in HbA1c estimation is seen in
  - a. Homozygous hemoglobinopathy. Fructosamine is recommended for testing of HbA1c.
  - b. Heterozygous state detected (D10 is corrected for HbS & HbC trait.)
  - c. HbF > 25% on alternate platform (Boronate affinity chromatography) is recommended for testing of HbA1c. Abnormal Hemoglobin electrophoresis (HPLC method) is recommended for detecting a hemoglobinopathy

**CLINICAL PATH**

**URINALYSIS**

**PHYSICAL EXAMINATION, URINE**

COLOR **PALE YELLOW**  
METHOD : PHYSICAL

APPEARANCE **HAZY**  
METHOD : VISUAL

**CHEMICAL EXAMINATION, URINE**

PH **6.0** **4.7 - 7.5**  
METHOD : REFLECTANCE SPECTROPHOTOMETRY- DOUBLE INDICATOR METHOD

SPECIFIC GRAVITY **<=1.005** **1.003 - 1.035**  
METHOD : REFLECTANCE SPECTROPHOTOMETRY (APPARENT PKA CHANGE OF PRETREATED POLYELECTROLYTES IN RELATION TO IONIC CONCENTRATION)

PROTEIN **NOT DETECTED** **NOT DETECTED**  
METHOD : REFLECTANCE SPECTROPHOTOMETRY - PROTEIN-ERROR-OF-INDICATOR PRINCIPLE

GLUCOSE **NOT DETECTED** **NOT DETECTED**  
METHOD : REFLECTANCE SPECTROPHOTOMETRY, DOUBLE SEQUENTIAL ENZYME REACTION-GOD/POD

KETONES **NOT DETECTED** **NOT DETECTED**  
METHOD : REFLECTANCE SPECTROPHOTOMETRY, ROTHERA'S PRINCIPLE

BLOOD **DETECTED (++)** **NOT DETECTED**  
METHOD : REFLECTANCE SPECTROPHOTOMETRY, PEROXIDASE LIKE ACTIVITY OF HAEMOGLOBIN

BILIRUBIN **NOT DETECTED** **NOT DETECTED**  
METHOD : REFLECTANCE SPECTROPHOTOMETRY, DIAZOTIZATION- COUPLING OF BILIRUBIN WITH DIAZOTIZED SALT

UROBILINOGEN **NORMAL** **NORMAL**  
METHOD : REFLECTANCE SPECTROPHOTOMETRY (MODIFIED EHRlich REACTION)

NITRITE **NOT DETECTED** **NOT DETECTED**

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**Test Report Status Final**
**Results**
**Biological Reference Interval**

METHOD : REFLECTANCE SPECTROPHOTOMETRY, CONVERSION OF NITRATE TO NITRITE

LEUKOCYTE ESTERASE

**DETECTED (++)**

NOT DETECTED

METHOD : REFLECTANCE SPECTROPHOTOMETRY, ESTERASE HYDROLYSIS ACTIVITY

**MICROSCOPIC EXAMINATION, URINE**

RED BLOOD CELLS

**5 - 7**

NOT DETECTED

METHOD : MICROSCOPIC EXAMINATION

/HPF

PUS CELL (WBC'S)

**30-40**

0-5

METHOD : MICROSCOPIC EXAMINATION

/HPF

EPITHELIAL CELLS

**40-50**

0-5

METHOD : MICROSCOPIC EXAMINATION

/HPF

CASTS

NOT DETECTED

METHOD : MICROSCOPIC EXAMINATION

CRYSTALS

NOT DETECTED

METHOD : MICROSCOPIC EXAMINATION

BACTERIA

**DETECTED**

NOT DETECTED

METHOD : MICROSCOPIC EXAMINATION

YEAST

NOT DETECTED

NOT DETECTED

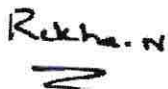
METHOD : MICROSCOPIC EXAMINATION

REMARKS

URINARY MICROSCOPIC EXAMINATION DONE ON URINARY CENTRIFUGED SEDIMENT

**Interpretation(s)**
**\*\*End Of Report\*\***

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 Dr. Rekha Nair, MD  
 Microbiologist



 Dr. Akta Dubey  
 Consultant Pathologist


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**PATIENT NAME : MRS. MRS.SHEHNAZ KHURSHID ANSARI**

PATIENT ID : **FH.12115865**

CLIENT PATIENT ID : UID:12115865

ACCESSION NO : **0022VK002719**

AGE : 45 Years

SEX : Female

ABHA NO :

DRAWN : 12/11/2022 12:47:00

RECEIVED : 12/11/2022 12:49:15

REPORTED : 12/11/2022 14:20:43

CLIENT NAME : **FORTIS VASHI-CHC -SPLZD**

REFERRING DOCTOR :

**CLINICAL INFORMATION :**

UID:12115865 REQNO-1319208

CORP-OPD

BILLNO-150122OPCR056874

BILLNO-150122OPCR056874

Test Report Status	Final	Results	Biological Reference Interval	Units
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**BIO CHEMISTRY**

**GLUCOSE, POST-PRANDIAL, PLASMA**

PPBS(POST PRANDIAL BLOOD SUGAR)

97

70 - 139

mg/dL

METHOD : HEXOKINASE

**Interpretation(s)**

GLUCOSE, POST-PRANDIAL, PLASMA-High fasting glucose level in comparison to post prandial glucose level may be seen due to effect of Oral Hypoglycaemics & Insulin treatment, Renal Glycosuria, Glycaemic index & response to food consumed, Alimentary Hypoglycemia, Increased insulin response & sensitivity etc.Additional test HbA1c

**\*\*End Of Report\*\***

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**Dr.Akta Dubey**

Consultant Pathologist

**SRL Ltd**

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**Patient Ref. No. 2200000080815**



121110801  
45 Years

shehnaz ansari  
Female

11/12/2022 11:22:08 AM

HE

*Sinus tachycardia*

Rate 108 . Sinus tachycardia.....rate> 99  
 . RSR' in V1 or V2, probably normal variant.....small R' only  
 . Baseline wander in lead(s) V3

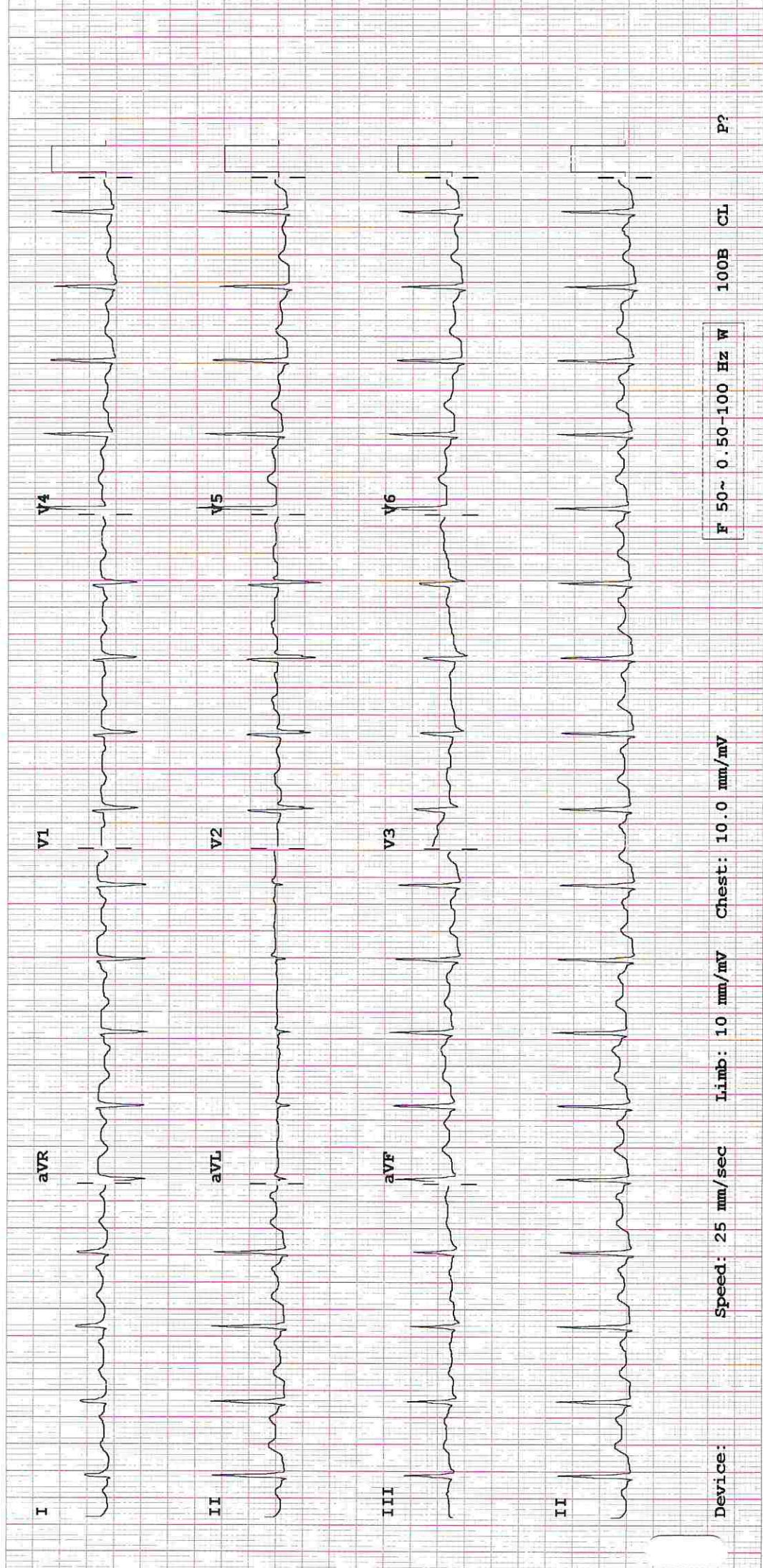
PR 147  
 QRSD 88  
 QT 324  
 QTc 435

--AXIS--  
 P 53  
 QRS 59  
 T 48

- OTHERWISE NORMAL ECG -

Unconfirmed Diagnosis

12 Lead; Standard Placement



Device: Speed: 25 mm/sec Limb: 10 mm/mV Chest: 10.0 mm/mV

F 50~ 0.50-100 Hz W

100B CL

P?





(For Billing/Reports & Discharge Summary only)

DEPARTMENT OF RADIOLOGY

Date: 12/Nov/2022

Name: Mrs. Shehnaz Khurshid Ansari

UHID | Episode No : 12115865 | 56319/22/1501

Age | Sex: 45 YEAR(S) | Female

Order No | Order Date: 1501/PN/OP/2211/119667 | 12-Nov-2022

Order Station : FO-OPD

Admitted On | Reporting Date : 12-Nov-2022 13:47:52

Bed Name :

Order Doctor Name : Dr.SELF .

X-RAY-CHEST- PA

Findings:

Both lung fields are clear.

The cardiac shadow appears within normal limits.

Trachea and major bronchi appears normal.

Both costophrenic angles are well maintained.

Bony thorax is unremarkable.

**DR. YOGINI SHAH**

**DMRD., DNB. (Radiologist)**



Date: 12/Nov/2022

DEPARTMENT OF RADIOLOGY

Name: Mrs. Shehnaz Khurshid Ansari

Age | Sex: 45 YEAR(S) | Female

Order Station : FO-OPD

Bed Name :

UHID | Episode No : 12115865 | 56319/22/1501

Order No | Order Date: 1501/PN/OP/2211/119667 | 12-Nov-2022

Admitted On | Reporting Date : 12-Nov-2022 16:12:53

Order Doctor Name : Dr.SELF .

US-WHOLE ABDOMEN

**LIVER** is normal in size (13.7 cm) and echogenicity. Intrahepatic portal and biliary systems are normal. No focal lesion is seen in liver. Portal vein appears normal.

**GALL BLADDER** is partially distended.

**SPLEEN** is normal in size and echogenicity.

**BOTH KIDNEYS** are normal in size and echogenicity. The central sinus complex is normal.

No evidence of calculi/hydronephrosis.

Right kidney measures 9.0 x 4.4 cm.

Left kidney measures 9.1 x 4.5 cm.

**PANCREAS:** Head of pancreas appear unremarkable. Rest of the pancreas is obscured.

**URINARY BLADDER** is normal in capacity and contour. Bladder wall is normal in thickness. No evidence of intravesical mass/calculi.

**UTERUS** is normal in size, measuring 9.4 x 4.3 x 5.1 cm. Two intramural lesions of sizes 6.6 x 6.6 mm & 6.6 x 6.8 mm are noted at anterior wall of uterus – possibility of fibroids likely.

Endometrium measures 4.4 mm in thickness.

Both ovaries are normal.

Right ovary measures 2.1 x 1.4 cm.

Left ovary measures 2.3 x 1.0 cm.

No evidence of ascites.

**IMPRESSION:**

- Two intramural lesions along the anterior wall of uterus – possibility of fibroids likely.

Suggest clinical correlation.

DR. YOGESH PATHADE  
(MD Radio-diagnosis)



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Emergency: 022 - 39199100 | Ambulance: 1255

For Appointment: 022 - 39199200 | Health Checkup: 022 - 39199300

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CIN: U85100MH2005PTC 154823

GST IN : 27AABCH5894D1ZG

PAN NO : AABCH5894D



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DEPARTMENT OF RADIOLOGY

Date: 12/Nov/2022

Name: Mrs. Shehnaz Khurshid Ansari

UHID | Episode No : 12115865 | 56319/22/1501

Age | Sex: 45 YEAR(S) | Female

Order No | Order Date: 1501/PN/OP/2211/119667 | 12-Nov-2022

Order Station : FO-OPD

Admitted On | Reporting Date : 12-Nov-2022 14:07:04

Bed Name :

Order Doctor Name : Dr.SELF.

MAMMOGRAM - BOTH BREAST

**Findings:**

*Bilateral film screen mammography* was performed in cranio-caudal and medio-lateral oblique views.

Both breasts show scattered areas of fibroglandular density.

No evidence of any dominant mass, clusters of microcalcifications, nipple retraction, skin thickening or abnormal vascularity is seen in either breast.

No evidence of axillary lymphadenopathy.

**IMPRESSION:**

- No significant abnormality detected. (BI-RADS category I).
- No obvious mass lesion in the breasts.

*Y. Shah*

**DR. YOGINI SHAH**  
DMRD., DNB. (Radiologist)