

# Metro Hospital & Heart Institute, Haridwar

## Health Check-up Certificate

COMPANY Medihealth (KOP)

EMPLOYEE NO. 70001 DEPTT. — DATE 25/1/25  
 NAME Asha Ganes AGE/SEX 56/F DOB 15/6/67  
 DESIGNATION Home wife MOBILE NO 9456207183  
 CHEST (INSP) X cm. CHEST (EXP) X cm. CHEST EXPANSION X cm  
 HEIGHT 149 cm. WEIGHT 68 Kg. BMI.....  
 P/R 76 per mt. BP 140/73 mmHg SIGN OF EMP.....

### EXAMINATION/INVESTIGATIONS

HISJ

No	Investigations	Room No	Result
✓ 1	LAB INVESTIGATIONS <u>CASE</u>	Path Lab	Hb <u>15.0 gm %</u> TLC /DLC Report attached
	BLOOD SUGAR F/PP/RANDOM <u>HBA1C</u>	Path Lab	F /PP /RBS <u>HBA1C 6.0 %</u>
✓	BLOOD GROUP	Path Lab	<u>B +</u>
✓ 2	URINE	Path Lab	<u>Alb NIL / Erythro NIL</u>
✓ 3	STOOL	Path Lab	<u>sample NOT submitted</u>
✓ 4	X RAY CHEST PA	Radiology	<u>NAB</u>
✓ 5	ULTRASONOGRAPHY (Whole Abd)	Radiology	<u>Gr I fatty liver / Calcified Fibroid</u>
✓ 6	ECG	Health check up	<u>WNL</u>
✓ 7	ECHO	Radiology	
8	TMT	Radiology	
9	PFT	Health check up	
10	AUDIOMETRY	25	
11	ENT EXAM	25	
✓ 12	DENTAL EXAMINATION	24	<u>status good / Hygiene - good</u>
✓ 13	ACUITY OF VISION/COLOUR VISION	13	<u>Report attached</u>
✓ 14	EXAMINATION BY PHYSICIAN	23	<u>No Carpal Tunnel Syndrome.</u>
15	Thyroid Profile	WNL	Report attached
	Lipid Profile	WNL	

Observations -

Lipid Profile - WNL  
KFT - WNL  
LFT - WNL  
ECG - WNL  
Spine Consultation - No Gynae Complaint

**DR. RAJESH SINGH**  
 MBBS, AFIH, DHA  
 Consultant Occupational Health  
 Reg. No - UKMC-2831  
 Metro Hospital & Heart Institute  
 Haridwar - 249403 (U.P.)



भारत सरकार  
GOVERNMENT OF INDIA



आशा ग़ोवर  
Asha Grover  
जन्म तिथि / DOB: 15/06/1967  
महिला / FEMALE



5421 7671 8300

मेरा आधार, मेरी पहचान

ASU



भारतीय विशिष्ट पहचान प्राधिकरण

Download Date: 01/04/2021

पता:  
W/O सुनील ग़ोवर, 30, मो. गडरियान, नज़ीबाबाद, बिज  
उत्तर प्रदेश - 246763

Address:  
W/O Suneel Grovar, 30, Moh. Gadariyan,  
Najibabad, Bijnor, Uttar Pradesh -  
246763



Generation Date: 22/08/2017

5421 7671 8300

1947  
1620 300 1947

head@uidai.gov.in

www.uidai.gov.in

P.O. Box No. 1947,  
Bengaluru-560 001

ASU

**Subject: Health Check up Booking Confirmed Request(bobS50922),Package Code-PKG10000237, Beneficiary Code-6695**

Mediwheel <wellness@mediwheel.in>

Sent: Mon, 20 Nov 2023 15:07:56 GMT+0530

To: You

Cc: customercare@mediwheel.in

MedSave

011-41195959

Email:wellness@mediwheel.in

Hi **Metro Hospital & Heart Institute,**

Diagnostic/Hospital Location :Plot No. F - 1, Sector 6A, SIDCUL Sector 8A, Road, Integrated Industrial Estate, BHEL Township ,City:Haridwar

We have received the confirmation for the following booking .

**Beneficiary Name** : PKG10000237

**Beneficiary Name** : asha grover

**Member Age** : 55

**Member Gender** : Female

**Member Relation** : Spouse

**Package Name** : Medi-Wheel Full Body Health Checkup Female Above 40

**Location** : BASI-KIRATPU,Uttar Pradesh-246731

**Contact Details** : 9456247283

**Booking Date** : 20-11-2023

**Appointment Date** : 25-11-2023

**Instructions to undergo Health Check:**

1. Please ensure you are on complete fasting for 10-To-12-Hours prior to check.
2. During fasting time do not take any kind of medication, alcohol, cigarettes, tobacco or any other liquids (except Water) in the morning.
3. Bring urine sample in a container if possible (containers are available at the Health Check centre).
4. Please bring all your medical prescriptions and previous health medical records with you.
5. Kindly inform the health check reception in case if you have a history of diabetes and cardiac problems.

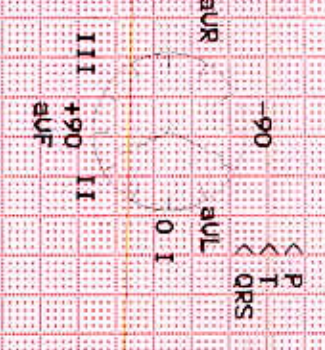
**For Women:**

1. Pregnant Women or those suspecting are advised not to undergo any X-Ray test.
2. It is advisable not to undergo any Health Check during menstrual cycle.

We request you to facilitate the employee on priority.

Measurement Results:

QRS	106 ms	< P
QT/QTcB	384 / 476 ms	< T
PR	134 ms	< QRS
P	104 ms	0 I
RR/PP	650 / 640 ms	
P/QRS/T	70 / -65 / 65 degrees	
QTd/QTcBd	58 / 72 ms	III +90 II
Sekolew	1.5 mV	aVF
NK	13	

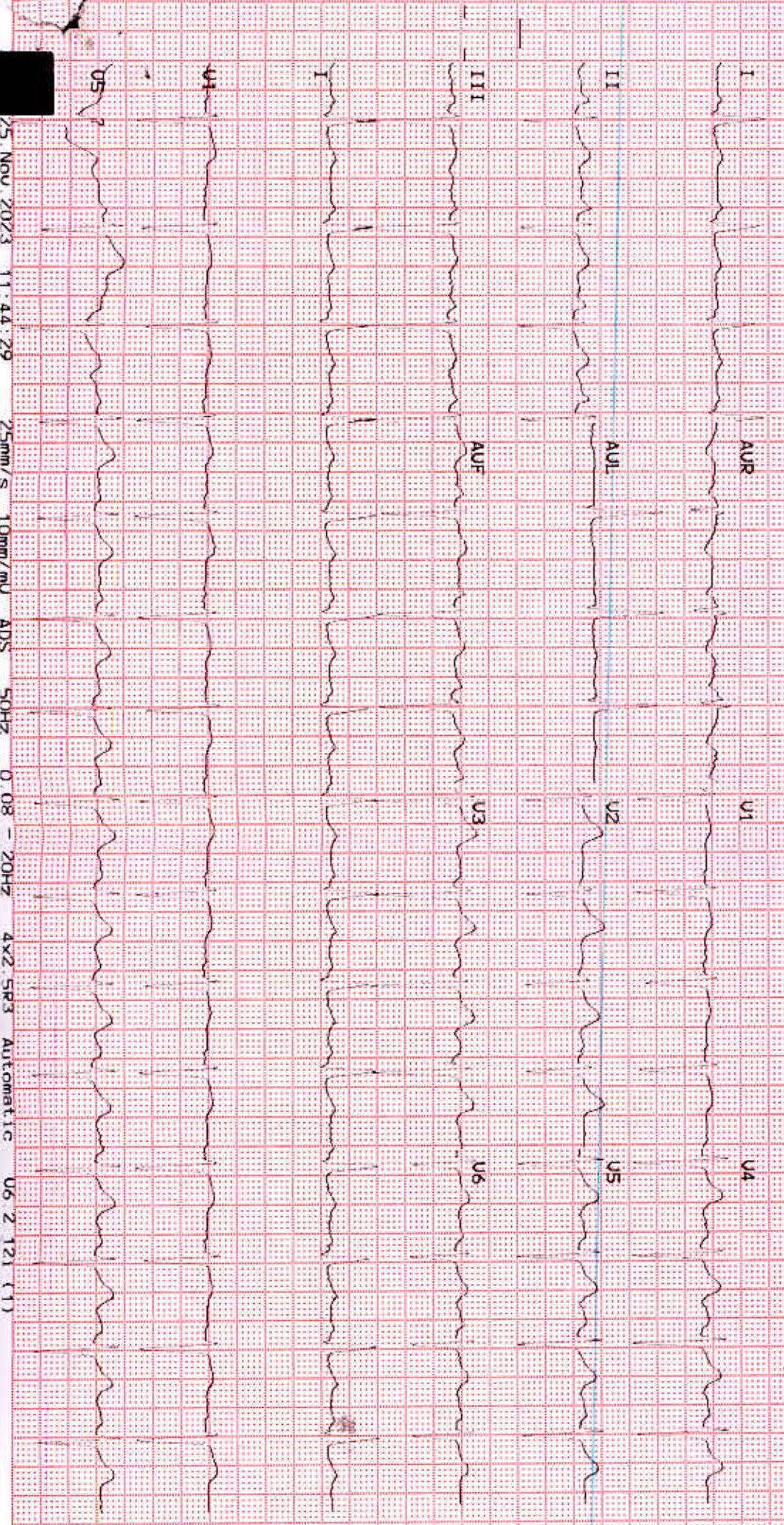


Interpretation:  
 suspected left ventr. hypertrophy  
 left anterior hemiblock  
 left axis deviation  
 slightly depressed ST segment  
 T-wave near baseline (lateral)  
 no R/S Inversion up to V6  
 prolonged QT  
 probably abnormal ECG



Unconfirmed report.

Asha S G y 1 F  
 25/11/23  
 HR 92 bpm





**METRO**  
HOSPITAL & HEART INSTITUTE  
(A unit of Sunhill Hospitals Private Limited)  
(NABH & ISO 9001: 2008 Certified)



we treat... HE CURES

**Metro Hospital & Heart Institute**

(A unit of Sunhill Hospital Private Limited)

**OPD CONSULTATION**

Patient Name MRS Asha Grover Age/Sex 56M/F Reg. No. ....

Doctor's Name Sushil Kumar

Date 25/11/23 Time .....

**OPHTHALMIC EXAMINATION**

**VISION**

**DISTANCE VISION-**

Rt

6/9

Lt

6/9

**NEAR VISION-**

Rt

N/A

Lt

N/A

**COLOUR VISION**

Normal

**EYE EXAMINATION**

Cornea

Ant Chamber

Pupil

Fundus Examination

**ADVICE-**



Dr. Sushil Kumar, MBBS (Ophtho)  
Consultant Ophthalmologist  
Metro Hospital & Heart Institute  
Sector-6A, Haridwar  
Signature [Signature] No. 13372 (UK)

Plot No. F-1, Sector-6A, SIDCUL, Haridwar - 249 403

Emergency : +91 8191902600, Phone : 01334 - 239040 / 42 / 43, Fax : 01334 - 239043

E-mail : metroharidwar@metrohospitals.com, Website: www.metrohospitals.com

Regd. Office : 21, Community Center, Preet Vihar, New Delhi-110092

CIN No.: U33201DL2006PTC156918

MHHI/CL/0115/Rev. No. 01

4

## Pathology Report



# METRO

**HOSPITAL & HEART INSTITUTE**

(A unit of Sunhill Hospitals Private Limited)

Age/Sex : (NABH &amp; ISO 9001: 2008 Certified)

UHID : 2023020939

Request No. : 10382447

Sample Time : 10:12

Reporting Time : 20:50

 Name : Mrs. Asha grover  
 Ref. By : Dr. ANIL SINGH  
 IP/OP : OP/202313361  
 Sample Date : 25/11/2023  
 Reporting Date: 25/11/2023

Test	Result	Unit	Bio. Ref. Inter.	Test Method
<b>Hematology</b>				
BLOOD GROUP				
ABO	B		-	
Rh	POSITIVE		-	
CBC (COMPLETE BLOOD COUNT/HAEMOGRAM)				
HB	15.0	gm/dl	F - 11.5-15	
TLC	5690	/cumm	4000-11000	
DLC (WBC DIFFERENTIAL)				
NEUTROPHILS	45	%	45-75	
LYMPHOCYTES	45	%	25-45	
EOSINOPHILS	05	%	1-6	
MONOCYTES	05	%	2-8	
BASOPHILS	00	%	--<2	
RBC	5.50	million	3.5-5.5	
PCV	49.2	%	36-52	
MCV	89.5	fL	80-100	
MCH	27.3	PG	27-32	
MCHC	30.5	gm/dl	31-37	
PLATELET COUNT	2.10	lakh/cumm	1.5-4.5	
RDW	12.9	%	11.5-15	
ESR	18	mm/hr	20	

\*\*\* End of Reports \*\*\*

 Dr. Vishal Arora  
 MBBS, DCP  
 (Consultant Pathologist)

**Note:**

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<b>Biochemistry</b>				
HBIAC	6.0	%	4.5-6.3	
BLOOD SUGAR -PP	106.0	mg/dl	70.0-140.0	
BLOOD SUGAR -FASTING	102.0	mg/dl	70.0-110.0	
<b>LIPID PROFILE</b>				
TOTAL CHOLESTEROL	180.0	mg/dl	00-250.0	
HDL-CHOLESTEROL	50.0	mg/dl	00-50.0	
LDL	107.0	mg/dl	00-150.0	
TRIGLYCERIDES	115.0	md/dl	30-150	
VLDL	23.0	mg/dl	0-50	
CHOL/HDL Ratio	3.6		<4.5	
<b>LFT (LIVER FUNCTION TEST)</b>				
BILIRUBIN INDIRECT	0.63	mg/dl	0.2-0.8	
SGOT	89.0	U/L	10-42	
SGPT	99.0	U/L	10-42	
BILIRUBIN TOTAL	1.63	mg/dl	0.2-1.0	
ALKALINE PHOSPHATASE	133.0	IU/L	28-111	
BILIRUBIN DIRECT	1.00	mg/dl	0.1-0.4	
TOTAL PROTEIN	7.5	gm/dl	6.4-8.2	
ALBUMIN	4.0	g/dl	3.5-5.0	
GLOBULIN	3.5	gm/dl	2.0-4.0	
AG RATIO	1.3			
<b>KFT (KIDNEY FUNCTION TEST)</b>				
UREA	20.8	mg/dl	15-45	
SODIUM	144.0	mmol/L	135-155	
CREATININE	0.65	mg/dl	0.6-1.3	
URIC ACID	6.1	mg/dl	3.0-7.6	
BUN	9.9	mg/dl	05-20	
POTASSIUM	4.5	mmol/L	3.5-5.5	
CALCIUM	10.2	mg/dl	8.5-10.5	

\*\*\* End of Reports \*\*\*

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 MBBS, DCP  
 (Consultant Pathologist)
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 Sample Date : 25/11/2023  
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Test	Result	Unit	Bio. Ref. Inter.	Test Method
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**Serology & Immunology**
**THYROID PROFILE**

T3	2.25	nmol/L	1.70-3.10	
T4	13.3	µg/dl	5.95-15.4	
TSH	2.15	µIU/L	0.46-4.68	

\*\*\* End of Reports \*\*\*

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 Sample Date : 25/11/2023  
 Reporting Date: 25/11/2023

Test	Result	Unit	Bio. Ref. Inter.	Test Method
<b>Urine Examination</b>				
URINE SUGAR	NIL			
URINE ROUTINE ANALYSIS				
PHYSICAL EXAMINATION				
COLOUR	PALE YELLOW			
TRANSPARENCY	CLEAR			
S. GRAVITY	1.015			
CHEMICAL EXAMINATION				
ALBUMIN	NIL			
SUGAR	NIL			
pH	6.5			
BLOOD	NIL			
KETONE	NIL			
MICROSCOPIC EXAMINATION				
PUS CELLS	2-3			
EPITHELIAL CELLS	1-2			
RBC	NIL			
CRYSTALS	NIL			
CAST	NIL			
BACTERIA	NIL			
AMORPHOUS PHOSPHATE	NIL			
AMORPHOUS URATES	NIL			

\*\*\* End of Reports \*\*\*

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 MBBS, DCP  
 (Consultant Pathologist)

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**Radiology Investigation Report**

**Name** : Mrs. Asha grover  
**Ref. By** : Dr. ANIL SINGH  
**IP/OP** : OP/202313361  
**Date** : 25/11/2023

**Age/Sex** : 56 Y/F  
**UHID NO** : 2023020939  
**Request No** : 70243671

**X-RAY CHEST PA View**

Cardiac contour & size are normal.  
Trachea is central.  
Lung fields are clear.  
Hilar shadows are normal.  
Costophrenic angles are clear.  
Bony rib cage is normal.

**IMPRESSION: NORMAL CHEST.**

**DR.PRAKASH CHANDRA PANDEY**  
MBBS, DMRD  
CONSULTANT RADIOLOGIST

**Note:**

- (1) Not Valid for medical-legal purposes.
- (2) This is a professional opinion based on imaging finding and not the diagnosis.
- (3) In case of any discrepancy due to machine error or typing error, please get it rectified immediately.

## 2D ECHOCARDIOGRAPHY

Name:	Mrs. Asha Graver	UHID No:	202302039
Age/Sex:	56Y/F	Ward:	OPD
Referred by:	Dr. Anil Singh	Date:	25.11.2023

**ACOUSTIC WINDOW: Normal**

### MEASUREMENTS AND CALCULATIONS

Measurements	Observed Value	Reference Value
IVS (ED)	1.2	(0.6 – 1.1 cm)
LVPW (ED)	1.1	(0.6 – 1.1 cm)
LVID (ED)	3.8	Male (3.7 – 5.5 cm) Female (3.7 – 5.2 cm)
Aortic root diameter	2.4	(2.0 – 3.7 cm)
LA dimension	2.8	Male (1.9 – 4.0 cm) Female (1.7 – 3.8 cm)
LV EF	55%	(55 – 75%)

### MORPHOLOGICAL DATA

Mitral valve	Normal	Right Atrium	Normal
Aortic valve	Normal	Right Ventricle	Normal
Tricuspid valve	Normal	PA	Normal
Pulmonary valve	Normal	IVS	Intact
		IAS	Intact

### DOPPLER STUDY

Valve	Regurges	Velocities (cm/s)	Gradients (mmHg)
Mitral	Trace	E – 50, A – 86, E/A<1	
Aortic	Trace	Vel – 131	
Tricuspid	Trace	Vel – 232	PASP – 26
Pulmonary	Nil	Vel – 103	

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CIN No.: U33201DL20063PTC156918

### FINAL IMPRESSION

- Normal Acoustic Window
- Normal Chambers Dimensions
- Mild concentric LVH
- No RWMA
- LVEF~55%
- Grade I LVDD
- Trace MR, Trace AR, Trace TR, PASP 26 mmHg
- No pericardial effusion
- No Intracardiac clot

### Dr. Krishna CK

MD, DNB (Medicine), DNB (Cardiology)  
Consultant Interventional Cardiology  
UKMC Reg. No: 12883



### Dr. Ajit Kumar

MBBS, PGDCC  
Associate Consultant, Cardiology  
UKMC Reg. No: 7569

(Note: This document is not for medico-legal purpose)



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## Radiology Investigation Report

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**IP/OP** : OP/202313361  
**Date** : 25/11/2023

**Age/Sex** : 56 Y/F  
**UHID NO** : 2023020939  
**Request No** : 70243671

### USG WHOLE ABDOMEN

The diaphragm is normal in contour & respiratory excursion. There is no ascitis or lymph node mass.

Liver is normal in shape, outline & **raised echotexture**. No focal lesion of abnormal ecogeneity is seen. Intrahepatic biliary radicles are not dilated. Portal vein & portal venous radicles are normal.

Gall bladder is well distended, its outlines are smooth & its wall are not thick. No calculus /mass lesion is seen in its lumen. Common bile duct is normal in course & caliber. No calculus is seen in its lumen.

Spleen & pancreas appears normal in shape, size, outline & echotexture.

Both the kidneys are normal in shape, size, outline & echotexture. Renal parenchymal thickness is normal. Corticomedullary junction is defined & is normal. There is no hydronephrosis. No echogenic renal calculus seen.

Urinary bladder is normal in contour & capacity. Bladder wall is not thick. No pathological filling defect / vesic calculus is seen in bladder. Ureterovesical junctions appear normal.

Uterus is normal in size shape, outline & echotexture. Myometrial & endometrial echoes are normal. No uterin mass is seen. **There is a calcified fibroid measuring 11x8 mm**. Both the ovaries appear normal. There no free fluid seen in cul de sac.

**IMPRESSION** : Grade I fatty liver.  
**Calcified fibroid.**

**DR. PRAKASH CHANDRA PANDEY**  
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