



**LOK SEWA HOSPITAL & MEDICAL RESEARCH CENTRE**  
SECTOR -B KAMLA NEHRU NAGAR -1 JODHPUR-342009

**DR. N. P. MATHUR**  
M.B.B.S, F.I.C.A. (U.S.A.)  
Member Royal Society of Health (Lon.)  
Consultant physician  
Managing Director

1	Name in Full	:	REKHA CHOUDHARY
2	Designation	:	
3	Address	:	
4	Date of Birth	:	19.06.1989
5	Married / Single	:	Married
6	Personal History	:	NO

A	History of Bleeding Gastro-Intestinal Tract, Gastric or Duodenal Ulcers, Appendicitis, Internal Piles, Fistula, Thyroid, Jaundice etc. Give details:	NO
B	History of Asthama, Tuberculosis, Spitting of Blood, Pleurosy, breathlessness, etc. Give details:	NO
C	History of Palpitation, Fainting spells, pain in chest, breathlessness on exertion, Cyanosis, Rheumatic fever with joint pains, swelling on legs/face etc. Give details:	NO
D	History of Bleeding Urinary Tract, painful Urination, passing of stones or gravel in urine: Give details:	NO
E	History of Fits, Paralysis, Neurasthenia, Nervous breakdown etc. Give details:	NO
F	History of leprosy, extensive generalised allergic dermatitis, Leucoderms, Venereal Disease etc. Give Details :	NO



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Phone (0291) 611985, 621453, 37601

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G	Have you suffered from defects in hearing or eye sight? Give details
	NO

H	Details of Serious illness/injuries sustained by accident or otherwise. Give details :
	NO

I	Details of Surgical operations undergone:
	NO

J	Is there any item in your medical history which you have not already mentioned?
	NO

FAMILY HISTORY :	8. FOR FEMALE CANDIDATES ONLY:
i. Heart Disease & Hypertension	i. menstrual History : OK
ii. Tuberculosis	Regular / Blood History :
iii. Kidney Disease	ii. date of L.M.P. : 02 02 22
iv. Cancer	iii. Any evidence of pregnancy NO
v. Any other serious ailment	

iv. History of disease of Uterus Cervix, Ovaries or Breast :	NO
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I hereby declare that the above statements are correct to the best of my knowledge and that any incorrect / suppressed information will render me liable for termination of my service in the Company.

Date : 12 02 2022  
Place : Jodhpur

Signature  
The Candidate  
SIGNED IN MY PRESENCE

Signature of the Medical Examiner

**DR. N. P. MATHUR**  
M. B. B. S., F. I. C. A.  
RMC-11238  
Lok Sewa Hospita. & M. R. C.  
JODHPUR-09



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 Managing Director

**TO BE FILLED BY THE MEDICAL PRACTITIONER:**

NAME OF CANDIDATE	: REKHA CHOUDHARY
1. General Development	: Good <input checked="" type="checkbox"/> Fair..... Poor..... Fair..... Average..... Obese
Best Weight	: 69 kg When ... 12:02:2022
Any recent change in weight	: .....
Temperature	: 98°F <span style="float: right;">ND</span>
Height	: 158 cm.
Girth of Chest	:
(i) After Full inspiration	: 92 } cm
(ii) After Full expiration	: 88 }
2. SKIN	: Any obvious disease <span style="float: right;">ND</span>
3. EYES	: (a) whether the vision is Normal : Yes/No
	: If not, is it capable of being corrected to 6/6 with glasses? : Yes / No
	: (b) If the candidate has referred to an Eye Surgeon, what are the Surgeon's observations in respect of the following : <span style="float: right;">ND</span>
	: 1. Any disease } <span style="float: right;">ND</span>
	: 2. Night Blindness } <span style="float: right;">ND</span>
	: 3. Defect in colour vision } <span style="float: right;">ND</span>
	: 4. Field Vision } <span style="float: right;">Normal</span>
	: 5. Visual Acuity } <span style="float: right;">Normal</span>
	: 6. Fundi examination } <span style="float: right;">Normal</span>
Acuity of vision	: With Glasses: ..... STRENGTH OF DIOPTRIC
	: <span style="float: right;">Normal</span>
	: Naked eyes: ..... Sph. Cy. Axis
Distant Vision	: <span style="float: right;">OK</span>
R.E.:	: .....
L.E.:	: .....
Hypermetropia (Manifest)	: <span style="float: right;">ND</span>
R.E.:	: .....
L.E.:	: .....
4. EARS	: Inspection: ..... <span style="float: right;">OK</span>
Hearing	: Right Ear: ..... <span style="float: right;">OK</span>
	: Left Ear: ..... <span style="float: right;">OK</span>
5. GLANDS	: ..... <span style="float: right;">OK</span>
	: THYROID
6. CONDITIONS OF TEETH:	: Inspection: ..... <span style="float: right;">Healthy</span>



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7. Does physical examination reveal any thing abnormal in the respiratory system?  
..... NO .....

If yes, explain fully: .....

---

8. CIRCULATORY SYSTEM:

a. Heart Any Organic Lesions? NO

b. Blood Pressure ;  
Systolic 122  
Diastolic 76

---

9. Abdomen : Girth 85 cm Tenderness NO  
Hernia NO

a. Kidneys N.P. Spleen N.P.  
Tumors NO

b. Haemorrhoids NO Fistula NO

---

10. NERVOUS SYSTEM : Indication of nervous or mental disabilities NO

11. LOCO-MOTOR SYSTEM : Any abnormality NO

12. URINARY SYSTEM : Any evidence of Hydrocoele, Varicocoele etc. NO

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URINE ANALYSIS - I:

a. Physical appearance	b. Sp. Gr.	} <u>Normal</u>
c. Albumin	d. Sugar	
e. Casts	f. Cells	

---

For Female candidates only:  
Report for  $\beta$ -HCG Test (for pregnancy): Negative  
(Note : In case of a female candidate, if it is found that she is pregnant, she should be declared temporarily unfit)

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13. REPORT OF X-RAY EXAMINATION OF CHEST : N/A

---

14. REPORT OF THE BLOOD EXAMINATION : N/A

---

15. Is there any thing in the health of the Candidate likely to render him/her unfit for the efficient discharge of his/her duties in the service for which he/she is a candidate?  
NO

---

16. The Medical Examiner should record the findings under one of the following categories :

1. FIT

2. UNFIT on account on account of

PLACE: Jodhpur  
DATE: 12.02.2022

Signature of Medical Examiner  
Dr. N. P. MATHUR

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RMC-11238  
Lok Sewa Hospital, & M. R. C  
JODHPUR-09



भारत सरकार  
GOVERNMENT OF INDIA



रेखा  
Rekha

जन्म वर्ष / Year of Birth : 1989

महिला / Female



*Pradip*  
Dr. N.P. MATHE  
M.B., B.S.  
RMC-1  
Sava Hospital  
JODHPUR

7673 4566 9003

आधार — आम आदमी का अधिकार



# LOK SEWA HOSPITAL & MEDICAL RESEARCH CENTRE

Sector-B, Kamla Nehru Nagar-1, Jodhpur-342009

Tel. : 0291-2752601, Fax : 2752603

E-mail : hospitaloksewa@gmail.com

Pt Name : Mrs Rekha Choudhary  
Ref By. : Dr. N. P. MATHUR  
Serial No : 31494

Age :  
Sex : Female  
Date : 12/02/2022

## HAEMOGRAM COMPLETE

TEST	RESULT	NORMAL VALUE
W.B.C (WHITE BLOOD CELL COUNT)	9,200	4000 - 11000 /CUMM
<b>DLC (DIFFERENTIAL LEUCOCYTE COUNT)</b>		
NEUTROPHILS	67	40 - 70 %
LYMPHOCYTES	28	20 - 40 %
EOSINOPHILS	02	00 - 06 %
MONOCYTES	03	00 - 10 %
BASOPHILS	00	1 %
HB (HEMOGLOBIN)	12.8	12-16 GM%
PLATELET COUNT	369000	1.5 - 4.5 LACS/CUMM
R.B.C (RED BLOOD CELL COUNT)	4.66	3.5-5.5 MILL./CUMM
H.C.T. (HEMATOCRIT)	40.2	34-48 %
M.C.V (MEAN CORPUSCULAR VOLUME)	86.27	80 - 100fl
MCH (MEAN CORPUSCULAR HEMOGLOBIN)	27.47	27 - 32pg
MCHC (MEAN CORP.Hb CONCENTRATION)	31.84	32-36g/dl
ERYTHROCYTE SEDIMENTATION RATE	16	02-20 MM FALL 1ST HOUR.

THANKS FOR REFERING CASE.

[ TECHNICIAN ]

DR. S. K. LODHA MD. [Patho.]

[ PATHOLOGIST ]



NOT VALID FOR MLC

24 घण्टे आपात सुविधा

रविवार को अस्पताल खुला रहता है



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Pt Name : Mrs Rekha Choudhary  
Ref By. : Dr. N. P. MATHUR  
Serial No : 31494

Age :  
Sex : Female  
Date : 12/02/2022

## BIO - CHEMISTRY EXAMINATION REPORT

Test	Result	Normal Value
BLOOD SUGAR - (F)	: 80.0	70-110 mg/dl
BLOOD SUGAR - (PP)	: 109.0	<140 mg/dl
BLOOD UREA (BUN)	: 16.0	6-24 mg/dl
S.CREATININE	: 0.72	0.6-1.60 mg/dl
S.URIC ACID	: 4.6	2.6-6.0 mg/dl
S.CHOLESTEROL	: 158.0	130-250 mg/dl
S.TRIGLYCERIDES	: 104.0	60-170 mg.dl
S.HDL CHOLESTEROL [ DIRECT ]	: 37.0	35-65 mg/dl
S.LDL CHOLESTEROL [ DIRECT ]	: 101.0	65-160 mg/dl
S.VLDL CHOLESTEROL	: 20.00	up to 35 mg/dl
CHOLESTEROL\HDL RATIO	: 4.27 :1	LESS THEN 4.5
LDL/HDL RATIO	: 2.73 :1	1.5 - 3.5
S.BILIRUBIN TOTAL	: 0.56	0-1.2 mg/dl
S.BILIRUBIN DIRECT	: 0.24	0-0.4 mg/dl
S.BILIRUBIN INDIRECT	: 0.32	0-0.9 mg/dl
S.GOT	: 16.0	0-40 U/L
S.GPT	: 18.0	0-40 U/L
S.ALKALINE PHOSPHATASE	: 98.0	65-306 (adult) 37 c IU/L
S.TOTAL PROTEIN	: 6.8	6-8 gm/dl
S.ALBUMIN	: 3.7	3.7-5.3 gm/dl
S.GLOBULIN	: 3.10	2.5-3.5 gm/dl
S.A/G RATIO	: 1.19 :1	1-2.3

## LIVER FUNCTION TEST

S.G.G.T 27.0 4-54 IU/L

THANKS FOR REFERING CASE.

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[ PATHOLOGIST ]



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Pt Name : Mrs Rekha Choudhary  
Ref By. : Dr. N. P. MATHUR  
Serial No : 31494


Age :  
Sex : Female  
Date : 12/02/2022

## BUN / CREATININE RATIO

TEST	RESULT	NORMAL VALUE
Bun / Creatinine Ratio	22.2	12 - 28 mg/dl

THANKS FOR REFERING CASE.

[TECHNICIAN]

  
DR. S. K. LODHA MD. [Patho.]  
[PATHOLOGIST]



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Tel. : 0291-2752601, Fax : 2752603

E-mail : hospitalloksewa@gmail.com

Lab. No. : 31494

Pts. Name : Mrs. Rekha Choudhary

Date : 12.02.2022

Cons. Dr. : N.P. Mathur

Age : HF

## PEP SMEAR EXAMINATION REPORT

Smear Stain : Two Smear

### Microscopic Examination

Increased Neutrophils seen in superficial and intermediate layers.  
Increased Keratinisation seen in Superficial layer No evidence of  
Dysplasia seen.

### Impression :-

No Evidence of Malignancy is seen. Chronic Cervicitis

Pathologist



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Pt Name : Mrs Rekha Choudhary  
Ref By. : Dr. N. P. MATHUR  
Serial No : 31494

Age :  
Sex : Female  
Date : 12/02/2022

## HbA1C EXAMINATION REPORT

TEST	RESULT
HbA1C	4.8 %
eAG	000.0 mg/dl

### NORMAL REFERENCE VALUE

NORMAL	:- 4.8 %	- 5.9 %
PREDIABETIC	:- 6.0 %	- 6.4 %
GOOD CONTROL	:- 6.5 %	- 7.2 %
FAIR CONTROL	:- 7.3 %	- 7.8 %
POOR CONTROL	:- > 7.9 %	

THANKS FOR REFERING CASE.

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DR. S. K. LODHA MD. [Patho.]  
[PATHOLOGIST]



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Pt Name : Mrs Rekha Choudhary

Ref By. : Dr. N. P. MATHUR

Serial No : 31494

Age :

Sex : Female

Date : 12/02/2022

## THYROID Function Test

### Methodology & Other Information

Method : Chemiluminescence

Type of Specimen : Serum

Investigation	Result	Biological Reference
T3	1.68 ng/ml	0.5-2.0 ng/ml
T4	6.78 ug/dl	4.4-11.5 ug/dl
TSH	3.62 uIU/ml	0.35 - 5.50 uIU/ml

### Biological reference range:

#### Children:

1-3 days 3.20-34.4 uIU/ml

3-4 days 9.70-15.4 uIU/ml

10 days-6month 1.70-9.10 uIU/ml

6 months-20 years 0.30-6.40 uIU/ml

#### Pregnancy

1st Trimester : 0.30 -- 4.00

2nd Trimester : 0.50 -- 4.00

3rd Trimester : 0.40 -- 5.20

### Clinical Information:

Primary malfunction of the thyroid gland may result in excessive (hyper) or (hypo) release of T3 or T4. In addition, as TSH directly affect thyroid function, malfunction of the pituitary or the hypothalamus influences the thyroid gland activity. Disease in any portion of the thyroid-pituitary-hypothalamus system may influence the level of T3 or T4 in the blood. In primary hypothyroidism, TSH levels are significantly elevated, while in secondary and tertiary hypothyroidism, TSH levels may be low. In addition, in euthyroid sick syndrome, multiple alterations in serum thyroid function test findings have been recognized.

THANKS FOR REFERING CASE.

[ TECHNICIAN ]

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[ PATHOLOGIST ]



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Ref By. : Dr. N. P. MATHUR  
Serial No : 31494

Age :  
Sex : Female  
Date : 12/02/2022

## HAEMATOLOGY EXAMINATION REPORT

BLOOD GROUP (ABO) "B"  
(RH) POSITIVE

THANKS FOR REFERING CASE.

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[ PATHOLOGIST ]



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Pt Name : Mrs Rekha Choudhary  
Ref By. : Dr. N. P. MATHUR  
Serial No : 31494

Age :  
Sex : Female  
Date : 12/02/2022

## URINE EXAMINATION REPORT

Test	Result (s)
<b>PHYSICAL</b>	
COLOUR	PALE
APPEARANCE	CLEAR
<b>CHEMICAL</b>	
REACTION pH	6.5
SPECIFIC GRAVITY	1.030
ALBUMIN	NIL
SUGAR - (F)	NIL
<b>MICROSCOPIC</b>	
PUS CELLS	0-2 /HPF
RED BLOOD CELLS	NIL
EPITHELIAL CELLS	0-2 /HPF
CASTS	NIL
CRYSTALS	NIL
BACTERIA	NIL

THANKS FOR REFERING CASE.

[ TECHNICIAN ]

  
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[ PATHOLOGIST ]



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REG NO.: - R

NAME: - Mrs Rekha Choudhary

CONS.DR.: - N.P.Mathur

AGE: -Female DATE :- 12.02.2022

PART OF X-RAY: - CHEST P.A.

## X-RAY CHEST (P.A. VIEW)

- Trachea is centrally placed.
- Cardiac shadow is within normal limit.
- Both lung fields are clear.
- Both C. P. angles are clear.
- Soft tissue shadow and bony cage are normal.
- Normal B. V. marking present in both lung fields.

Impression: - Normal Study.

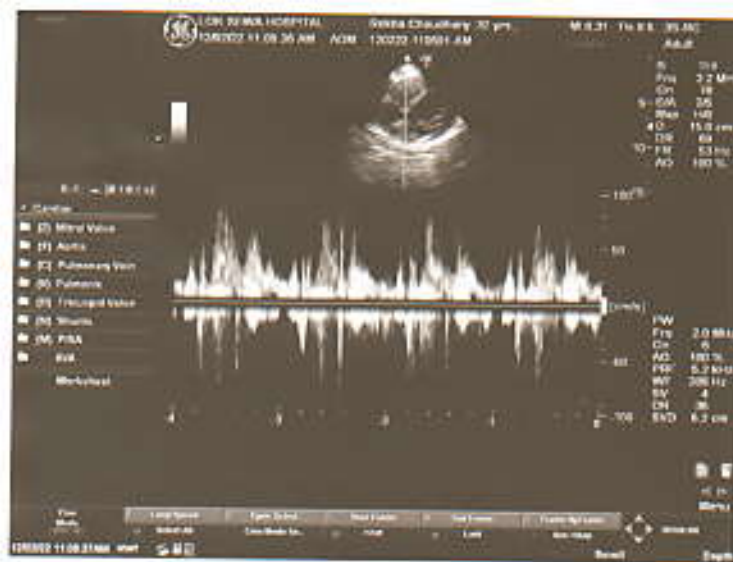
(RADIOLOGIST)



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Tel. : 0291-2752601, Fax : 2752603  
E-mail : hospitaloksewa@gmail.com

Name : Rekha Choudhary  
Cons. Dr. : N.P.Mathur

Age: 32 yrs  
Date : 12.02.2022

## Echocardiography & Color Doppler Observation on M Mode and 2 D Echocardiography

	ED	ES		mm.
IVS (mm)	12	-	Aorta Root Diameter	30
LVID (mm)	44	28	LA Diameter	34
LVPWD	10	-	AV cusp sep.	22
LV Vol (ml)	-	-	LA / Ao	-
EF=	70 %		Fract Shortening(FS)	45.00 %

Right Atrium :

Right Ventricle :

2 - D Study of Left and Right ventricle :

Both Ventricles are of normal Dimensions.  
No regional wall motion abnormality seen.  
2 D EF = 70 %  
No e / o pericardial effusion seen.

Pulmonary Artery Pressure :

RAP + Trans TR PG = < 25 mm Hg





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E-mail : hospitalloksewa@gmail.com

## Doppler Study Continuous and Pulse wave Doppler

Valve	Peak Velocity m m/ Sec	Max P.G. mm Hg	Regurgitation	Appearance
Mitral	84	3.1	No	Normal Thickness
Aortic	126	5.0	No	Normal Thickness
Tricuspid	55	2.2	No	Normal Thickness
Pulmonary	110	4.4	No	Normal Thickness

No e / o Intra or extra cardiac shunt noted.

### **IMPRESSION :**

Normal study

Cardiac chambers and Valves are normal.

No RWMA at rest.

Normal biventricular contractility.

Normal LV systolic and diastolic function. 2D EF = 70 %

Intact septae.

No e / o PHT

No mass, clot or pericardial disease.

  
Signature





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E-mail : hospitalloksewa@gmail.com

No : 31494  
Name : Mrs. Rekha Choudhary  
Ref. by Dr. : N.P.Mathur

Date : 12.02.2022

Age : 32 Female

## SONOGRAPHY ABDOMIN & PELVIS

### **LIVER –**

LIVER IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. NO FOCAL DESTRUCTION OR MASS IS PRESENT. NO I.H.B.D. DILATATION IS PRESENT. PORTAL AND HEPATIC VEINS ARE NORMAL. DIAPHRAGM SHOW NORMAL MOVMENTS.

### **GALL BLADDER –**

GALL BLADDER IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. NO FOCAL MASS IS PRESENT. C.B.D. IS NORMAL.

### **PANCREAS –**

PANCREAS IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. NO FOCAL MASS SEEN.

### **KIDNEYS –**

RT. KIDNEY IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. CORTICOMEDULLARY DIFFERENTIATION IS GOOD. NO STONE / MASS OR CALYCEAL DILATATION IS SEEN.  
RT. KIDNEY SIZE IS 7.9 x 3.3 CM.

LT. KIDNEY IS NORMAL IN SHAPE AND SIZE WITH NORMAL IN ECHOTEXTURE. CORTICOMEDULLARY DIFFERENTIATION IS GOOD. NO STONE/MASS OR CALYCEAL DILATATION IS SEEN.  
LT. KIDNEY SIZE IS 8.7 x 4.1 CM.

### **SPLEEN –**

SPLEEN IS NORMAL IN SHAPE AND SIZE WITH NORMAL ECHOTEXTURE. NO FOCAL MASS SEEN..



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Pt. Name: Mrs. Rekha Choudhary      Age: 32 yrs,      Date: 12.02.2022

## **NODES –**

NO PARA AORTIC NODAL ENLARGEMENT IS SEEN.  
NO FREE FLUID IS PRESENT IN ABDOMEN AND PELVIS.

## **URINARY BLADDER –**

URINARY BLADDER IS WELL DISTANDED.  
NO STONE OR MASS IS SEEN, WALL THICKNESS IS NORMAL.

## **UTERUS -**

UTERUS IS NORMAL IN SHAPE AND SIZE WITH NORMAL  
ECHOTEXTURE. ENDOMETRIUM CANAL IS NORMAL IN  
THICKNESS. NO GESTATIONAL SAC OR MASS IS SEEN

## **ADNEXA –**

RT. OVARY IS NORMAL IN SHAPE AND SIZE WITH NORMAL  
ECHOTEXTURE.  
LT. OVARY IS NORMAL IN SHAPE AND SIZE WITH NORMAL  
ECHOTEXTURE.  
NO FREE FLUID PRESENT.

## **IMPRESSION -**

- LIVER, SPLEEN, PANCREAS, GALL BLADDER AND  
BOTH KIDNEYS ARE NORMAL.
- NO ASCITES. NO PARA AORTIC LYMPHEDENOPATHY.
- URINARY BLADDER, UTERUS AND BOTH OVARIES  
ARE NORMAL.

SONOLOGIST



# LOK SEWA HOSPITAL

& Medical Research Centre

SECTOR - B, KAMLA NEHRU NAGAR EXTN.-1,  
JODHPUR - 342 009

Phone : 2752601  
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## ELECTROCARDIOGRAM

Patient Name: Mr/Smt. Rekha Choudhary

Age: \_\_\_\_\_ Sex: F Const. Dr. \_\_\_\_\_

O.P.D./Bed No. \_\_\_\_\_ Dated 12/02/22



### E.C.G. REPORT

1. Rate 60/hr
2. Rhythm SR rate
3. Mechanism SR
4. Extrasystoles
5. P. Wave
6. PR-interval
7. QRS Complex
8. ST Segment ST III, aVF
9. T. Waves ST III, aVF
10. Others
11. Remarks

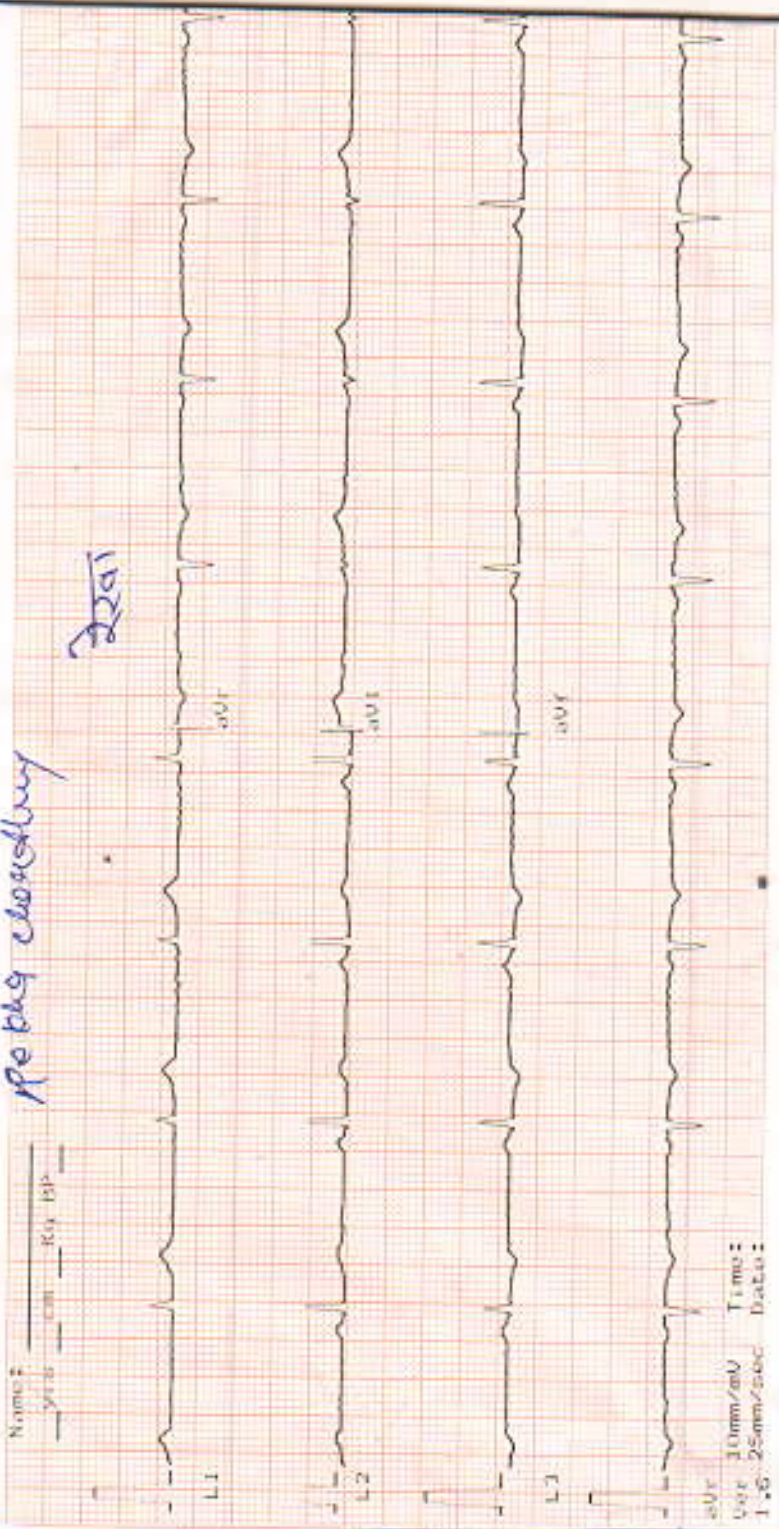
DR. NAMIT MATHUR  
M.B., B.S., D.N.B., P.G.D.G.M., CCEBDM,  
PHYSICIAN & CARDIOLOGIST

(DR. N)  
LOK SEWA HOSPITAL  
& MEDICAL RESEARCH CENTRE  
KAMLA NEHRU NAGAR, JODHPUR - 342 009

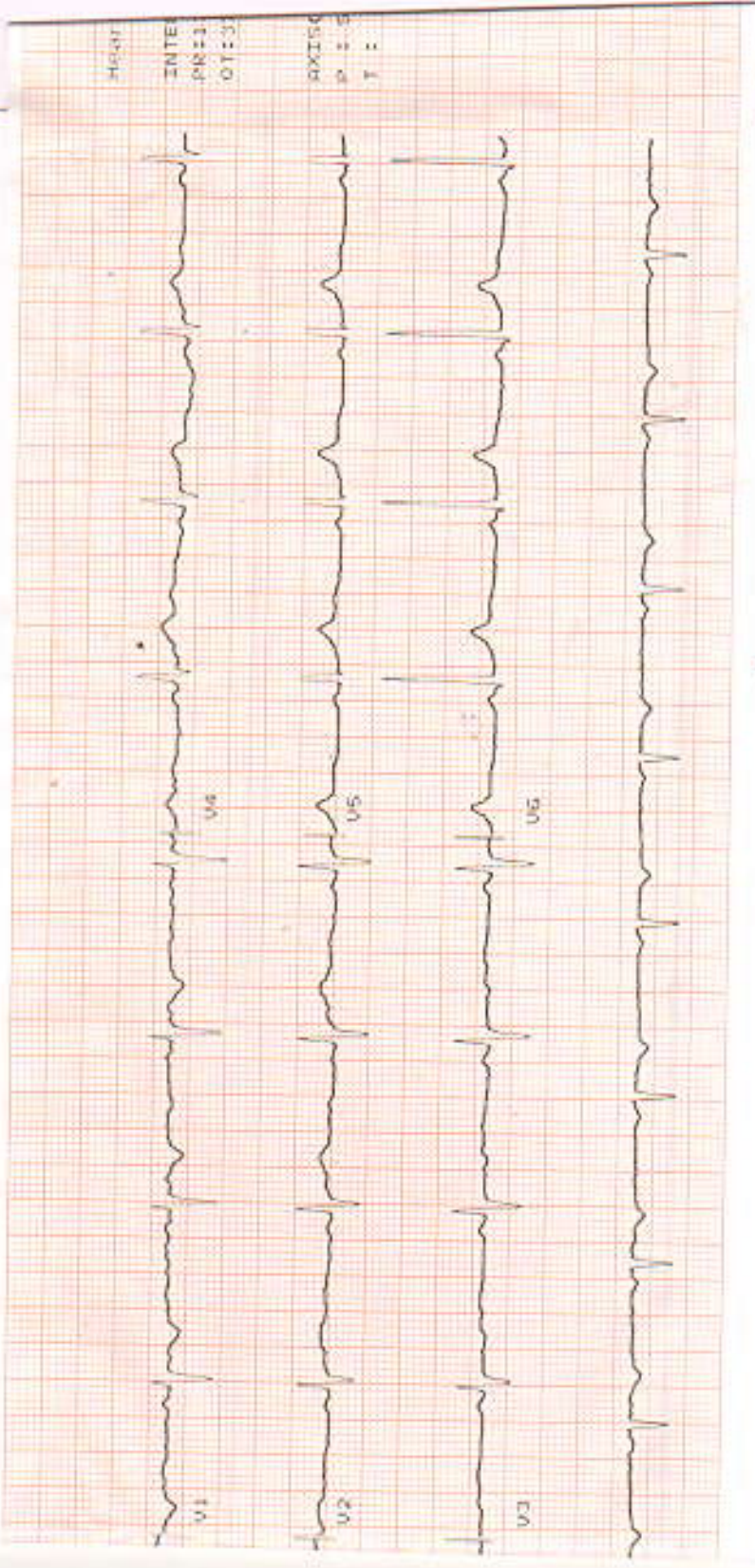
APe big crossover

2201

Name: \_\_\_\_\_  
Date: \_\_\_\_\_ Cal: \_\_\_\_\_ Pk: \_\_\_\_\_



aVR  
Vsr 10mm/mV Time:  
1.6 25mm/sec Data:



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