



CID : 2332920581  
Name : MR.ROHIT ANEKAR  
Age / Gender : 33 Years / Male  
Consulting Dr. : -  
Reg. Location : Bhayander East (Main Centre)

Collected : 25-Nov-2023 / 08:54  
Reported : 25-Nov-2023 / 13:13

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**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**

**CBC (Complete Blood Count), Blood**

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGE</u>	<u>METHOD</u>
<b><u>RBC PARAMETERS</u></b>			
Haemoglobin	14.8	13.0-17.0 g/dL	Spectrophotometric
RBC	4.76	4.5-5.5 mil/cmm	Elect. Impedance
PCV	43.4	40-50 %	Measured
MCV	91	80-100 fl	Calculated
MCH	31.0	27-32 pg	Calculated
MCHC	34.0	31.5-34.5 g/dL	Calculated
RDW	14.7	11.6-14.0 %	Calculated
<b><u>WBC PARAMETERS</u></b>			
WBC Total Count	7610	4000-10000 /cmm	Elect. Impedance
<b><u>WBC DIFFERENTIAL AND ABSOLUTE COUNTS</u></b>			
Lymphocytes	34.7	20-40 %	
Absolute Lymphocytes	2640.7	1000-3000 /cmm	Calculated
Monocytes	7.9	2-10 %	
Absolute Monocytes	601.2	200-1000 /cmm	Calculated
Neutrophils	52.8	40-80 %	
Absolute Neutrophils	4018.1	2000-7000 /cmm	Calculated
Eosinophils	4.1	1-6 %	
Absolute Eosinophils	312.0	20-500 /cmm	Calculated
Basophils	0.5	0.1-2 %	
Absolute Basophils	38.0	20-100 /cmm	Calculated
Immature Leukocytes	-		
WBC Differential Count by Absorbance & Impedance method/Microscopy.			
<b><u>PLATELET PARAMETERS</u></b>			
Platelet Count	304000	150000-400000 /cmm	Elect. Impedance
MPV	6.9	6-11 fl	Calculated
PDW	10.3	11-18 %	Calculated
<b><u>RBC MORPHOLOGY</u></b>			
Hypochromia	-		
Microcytosis	-		



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Reported : 25-Nov-2023 / 11:52

Macrocytosis	-
Anisocytosis	-
Poikilocytosis	-
Polychromasia	-
Target Cells	-
Basophilic Stippling	-
Normoblasts	-
Others	Normocytic, Normochromic
WBC MORPHOLOGY	-
PLATELET MORPHOLOGY	-
COMMENT	-

Specimen: EDTA Whole Blood

ESR, EDTA WB-ESR                      10                      2-15 mm at 1 hr.                      Sedimentation

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Borivali Lab, Borivali West  
\*\*\* End Of Report \*\*\*



*Bmhasakar*

**Dr.KETAKI MHASKAR**  
**M.D. (PATH)**  
**Pathologist**



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Reported : 25-Nov-2023 / 17:36

**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGE</u>	<u>METHOD</u>
GLUCOSE (SUGAR) FASTING, Fluoride Plasma	90.0	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R	92.4	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl	Hexokinase
BILIRUBIN (TOTAL), Serum	0.48	0.3-1.2 mg/dl	Vanadate oxidation
BILIRUBIN (DIRECT), Serum	0.14	0-0.3 mg/dl	Vanadate oxidation
BILIRUBIN (INDIRECT), Serum	0.34	<1.2 mg/dl	Calculated
TOTAL PROTEINS, Serum	7.2	5.7-8.2 g/dL	Biuret
ALBUMIN, Serum	4.2	3.2-4.8 g/dL	BCG
GLOBULIN, Serum	3	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.4	1 - 2	Calculated
SGOT (AST), Serum	23.2	<34 U/L	Modified IFCC
SGPT (ALT), Serum	21.3	10-49 U/L	Modified IFCC
GAMMA GT, Serum	26.5	<73 U/L	Modified IFCC
ALKALINE PHOSPHATASE, Serum	69.7	46-116 U/L	Modified IFCC
BLOOD UREA, Serum	27.7	19.29-49.28 mg/dl	Calculated
BUN, Serum	12.9	9.0-23.0 mg/dl	Urease with GLDH
CREATININE, Serum	0.62	0.73-1.18 mg/dl	Enzymatic

Note: Kindly note in change in reference range w.e.f. 07-09-2023



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Collected : 25-Nov-2023 / 12:10  
Reported : 25-Nov-2023 / 16:38

eGFR, Serum	129	(ml/min/1.73sqm)	Calculated
		Normal or High: Above 90	
		Mild decrease: 60-89	
		Mild to moderate decrease: 45-59	
		Moderate to severe decrease: 30-44	
		Severe decrease: 15-29	
		Kidney failure: <15	

Note: eGFR estimation is calculated using 2021 CKD-EPI GFR equation w.e.f 16-08-2023

URIC ACID, Serum	6.5	3.7-9.2 mg/dl	Uricase/ Peroxidase
Urine Sugar (Fasting)	Absent	Absent	
Urine Ketones (Fasting)	Absent	Absent	
Urine Sugar (PP)	Absent	Absent	
Urine Ketones (PP)	Absent	Absent	

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Borivali Lab, Borivali West  
\*\*\* End Of Report \*\*\*



MC-2111

*Bmhasakar*

**Dr.KETAKI MHASKAR**  
**M.D. (PATH)**  
**Pathologist**





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**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**GLYCOSYLATED HEMOGLOBIN (HbA1c)**

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
Glycosylated Hemoglobin (HbA1c), EDTA WB - CC	5.4	Non-Diabetic Level: < 5.7 % Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %	HPLC
Estimated Average Glucose (eAG), EDTA WB - CC	108.3	mg/dl	Calculated

**Intended use:**

- In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year
- In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly
- For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

**Clinical Significance:**

- HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.
- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

**Test Interpretation:**

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

**Factors affecting HbA1c results:**

**Increased in:** High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

**Decreased in:** Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

**Reflex tests:** Blood glucose levels, CGM (Continuous Glucose monitoring)

**References:** ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD Borivali Lab, Borivali West

\*\*\* End Of Report \*\*\*



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Reported : 25-Nov-2023 / 17:30

**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**EXAMINATION OF FAECES**

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGE</u>
<b><u>PHYSICAL EXAMINATION</u></b>		
Colour	Brown	Brown
Form and Consistency	Semi Solid	Semi Solid
Mucus	Absent	Absent
Blood	Absent	Absent
<b><u>CHEMICAL EXAMINATION</u></b>		
Reaction (pH)	Acidic (5.5)	-
Occult Blood	Absent	Absent
<b><u>MICROSCOPIC EXAMINATION</u></b>		
Protozoa	Absent	Absent
Flagellates	Absent	Absent
Ciliates	Absent	Absent
Parasites	Absent	Absent
Macrophages	Absent	Absent
Mucus Strands	Absent	Absent
Fat Globules	Absent	Absent
RBC/hpf	Absent	Absent
WBC/hpf	Absent	Absent
Yeast Cells	Absent	Absent
Undigested Particles	Present +	-
Concentration Method (for ova)	No ova detected	Absent
Reducing Substances	-	Absent

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**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**URINE EXAMINATION REPORT**

<u>PARAMETER</u>	<u>RESULTS</u>	<u>BIOLOGICAL REF RANGE</u>	<u>METHOD</u>
<b><u>PHYSICAL EXAMINATION</u></b>			
Color	Yellow	Pale Yellow	-
Reaction (pH)	5.0	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.025	1.001-1.030	Chemical Indicator
Transparency	Clear	Clear	-
Volume (ml)	40	-	-
<b><u>CHEMICAL EXAMINATION</u></b>			
Proteins	1+	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Trace	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
<b><u>MICROSCOPIC EXAMINATION</u></b>			
Leukocytes(Pus cells)/hpf	1-2	0-5/hpf	
Red Blood Cells / hpf	Occasional	0-2/hpf	
Epithelial Cells / hpf	0-1		
Casts	Absent	Absent	
Crystals	Absent	Absent	
Amorphous debris	Absent	Absent	
Bacteria / hpf	5-6	Less than 20/hpf	
Others	-		

**Interpretation:** The concentration values of Chemical analytes corresponding to the grading given in the report are as follows:

- Protein ( 1+ = 25 mg/dl , 2+ =75 mg/dl , 3+ = 150 mg/dl , 4+ = 500 mg/dl )
- Glucose(1+ = 50 mg/dl , 2+ =100 mg/dl , 3+ =300 mg/dl ,4+ =1000 mg/dl )
- Ketone (1+ =5 mg/dl , 2+ = 15 mg/dl , 3+= 50 mg/dl , 4+ = 150 mg/dl )

Reference: Pack inert

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab  
\*\*\* End Of Report \*\*\*



*S. Sakhare*  
**Dr.SUHAS SAKHARE**  
**M.D. (PATH)**  
**Pathologist**





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**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**BLOOD GROUPING & Rh TYPING**

<u>PARAMETER</u>	<u>RESULTS</u>
ABO GROUP	O
Rh TYPING	Negative

NOTE: Test performed by automated Erythrocytes magnetized technology (EMT) which is more sensitive than conventional methods.

Specimen: EDTA Whole Blood and/or serum

**Clinical significance:**  
ABO system is most important of all blood group in transfusion medicine

**Limitations:**

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

**References:**

1. Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
2. AABB technical manual

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD SDRL, Vidyavihar Lab  
\*\*\* End Of Report \*\*\*



*S. Sakhare*  
**Dr.SUHAS SAKHARE**  
**M.D. (PATH)**  
**Pathologist**





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**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**LIPID PROFILE**

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
CHOLESTEROL, Serum	174.4	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	CHOD-POD
TRIGLYCERIDES, Serum	235.0	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	Enzymatic colorimetric
HDL CHOLESTEROL, Serum	35.0	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Elimination/ Catalase
NON HDL CHOLESTEROL, Serum	139.4	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	114.0	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Calculated
VLDL CHOLESTEROL, Serum	25.4	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	5.0	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	3.3	0-3.5 Ratio	Calculated

Note : LDL test is performed by direct measurement.

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\*\*\* End Of Report \*\*\*



*Namrata Raul*

**Dr.NAMRATA RAUL**  
**M.D (Biochem)**  
**Biochemist**



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**AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**  
**THYROID FUNCTION TESTS**

PARAMETER	RESULTS	BIOLOGICAL REF RANGE	METHOD
Free T3, Serum	5.7	3.5-6.5 pmol/L	CLIA
Free T4, Serum	13.5	11.5-22.7 pmol/L	CLIA
sensitiveTSH, Serum	2.038	0.55-4.78 microIU/ml	CLIA

**Interpretation:**

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

**Clinical Significance:**

- 1)TSH Values between high abnormal upto15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH.
- 2)TSH values may be transiently altered because of non thyroidal illness like severe infections,liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.
High	Low	Low	Hypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine kinase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.
Low	High	High	Hyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, pregnancy related (hyperemesis gravidarum, hydatiform mole)
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.

**Diurnal Variation:**TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am , and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

**Reflex Tests:**Anti thyroid Antibodies,USG Thyroid ,TSH receptor Antibody. Thyroglobulin, Calcitonin

**Limitations:**

1. Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.
2. Patient samples may contain heterophilic antibodies that could react in immunoassays to give falsely elevated or depressed results. this assay is designed to minimize interference from heterophilic antibodies.

**Reference:**

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2.Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3.Tietz ,Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)



*Anupa*

**Dr.ANUPA DIXIT**  
**M.D.(PATH)**  
**Consultant Pathologist & Lab Director**



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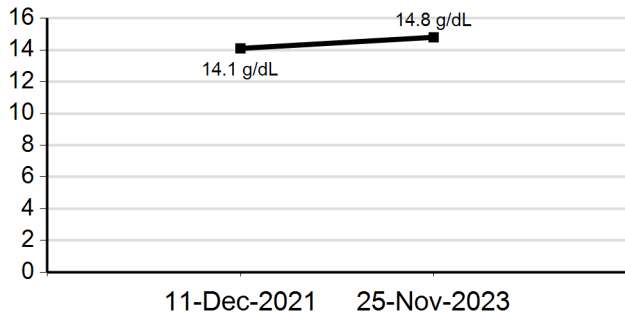
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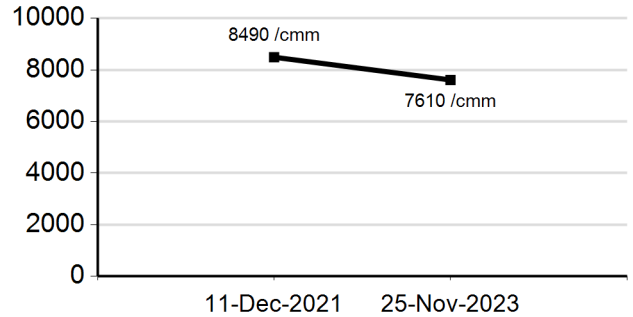
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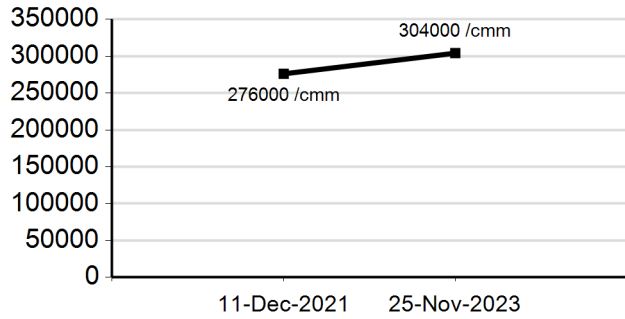
**Haemoglobin**



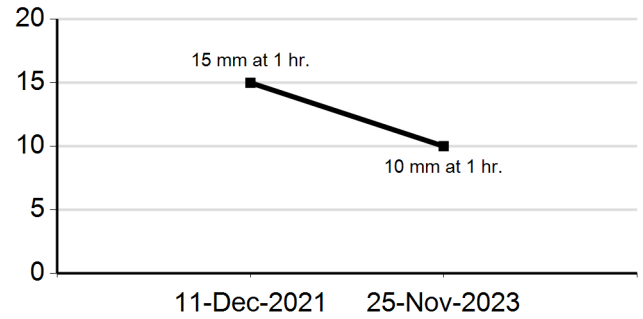
**WBC Total Count**



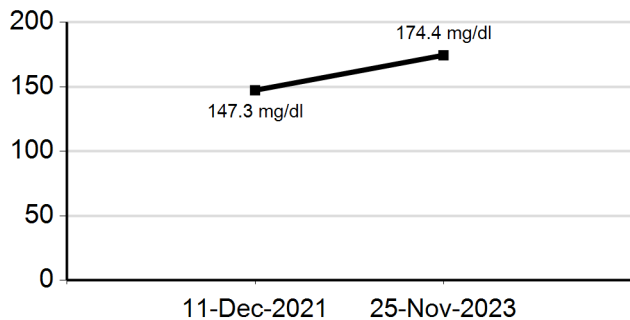
**Platelet Count**



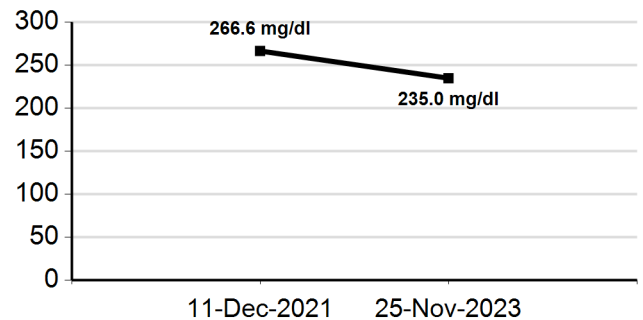
**ESR**



**CHOLESTEROL**



**TRIGLYCERIDES**



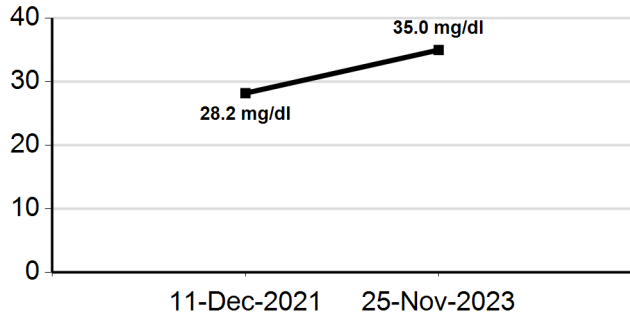




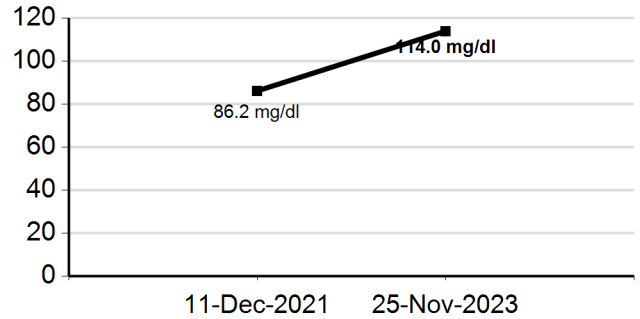
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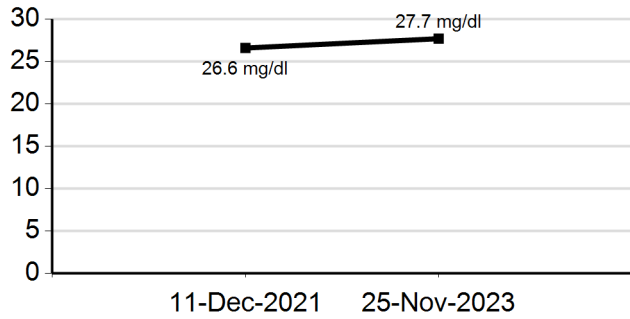
**HDL CHOLESTEROL**



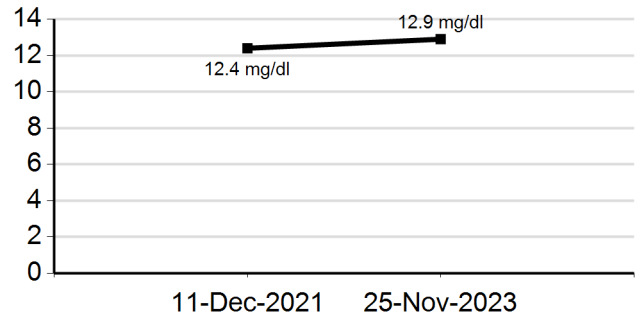
**LDL CHOLESTEROL**



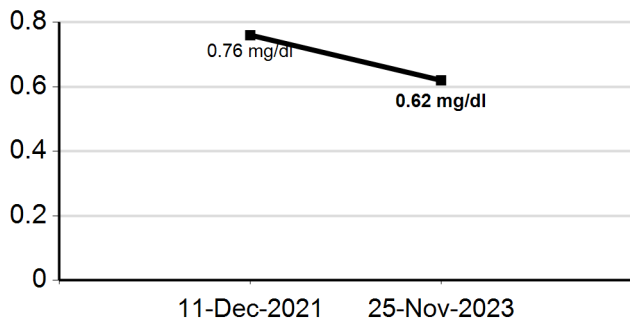
**BLOOD UREA**



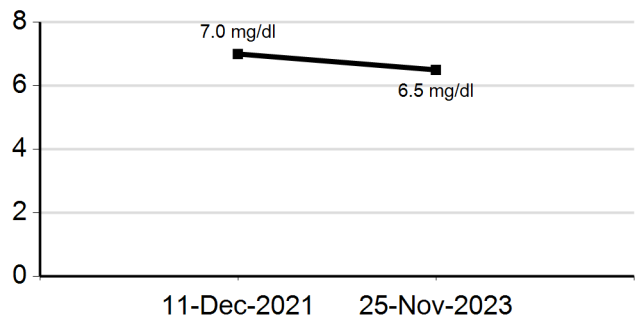
**BUN**



**CREATININE**



**URIC ACID**

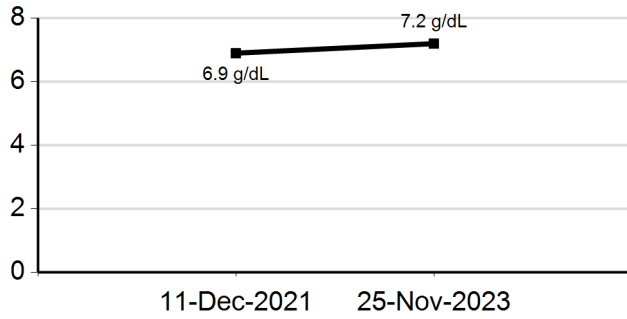




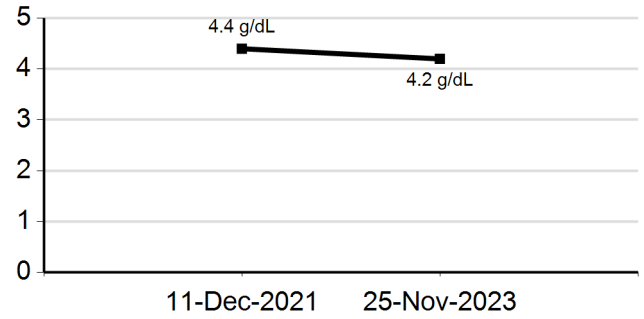
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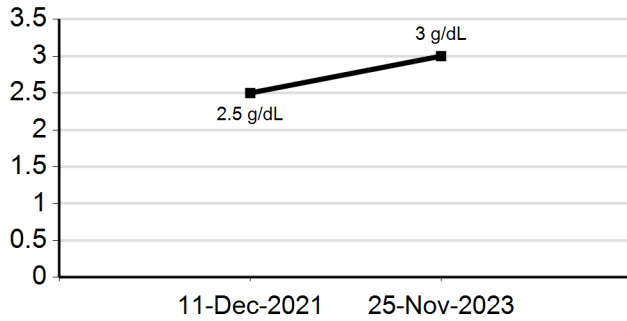
**TOTAL PROTEINS**



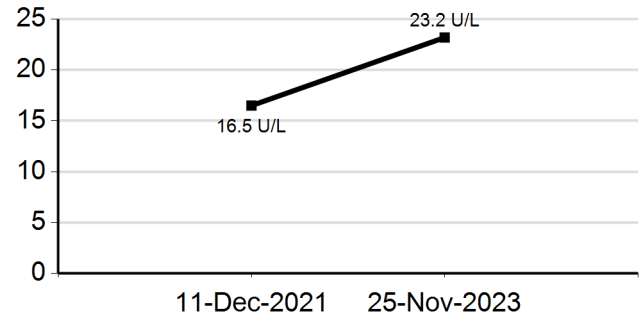
**ALBUMIN**



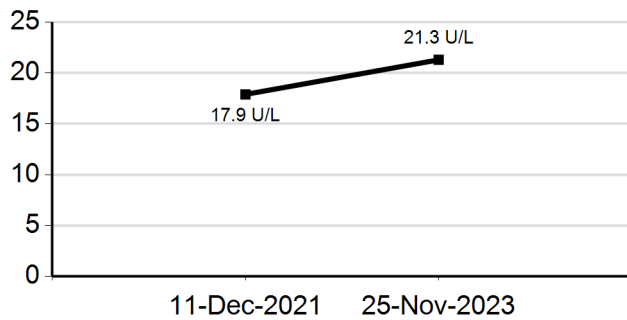
**GLOBULIN**



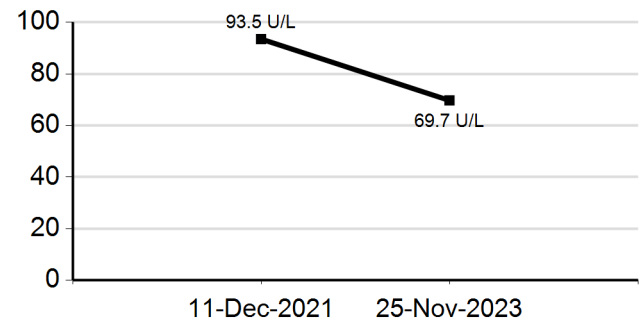
**SGOT (AST)**



**SGPT (ALT)**



**ALKALINE PHOSPHATASE**

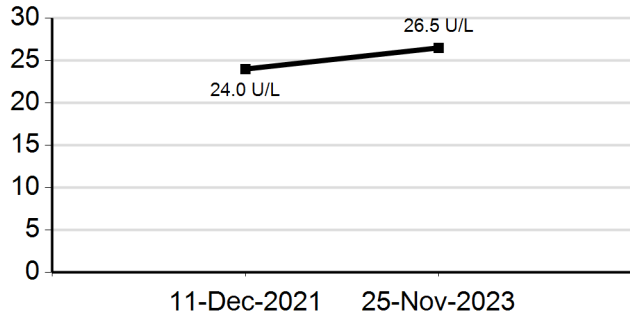




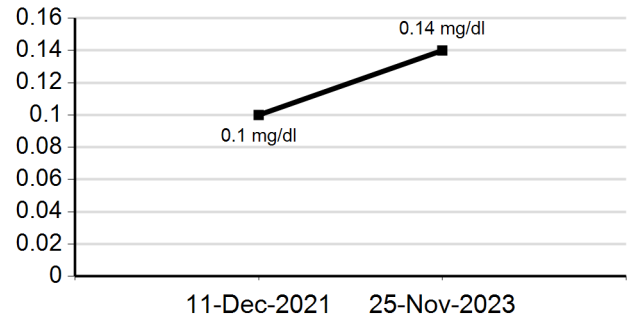
Use a QR Code Scanner Application To Scan the Code

CID : 2332920581  
 Name : MR.ROHIT ANEKAR  
 Age / Gender : 33 Years / Male  
 Consulting Dr. : -  
 Reg. Location : Bhayander East (Main Centre)

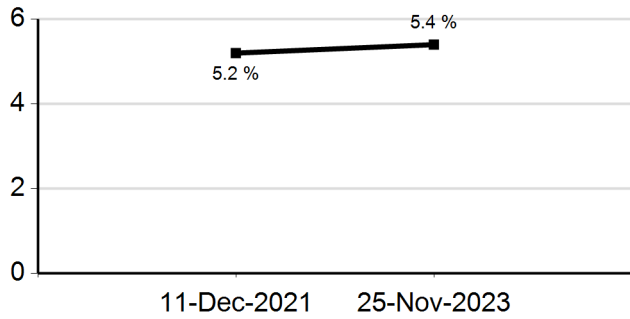
**GAMMA GT**



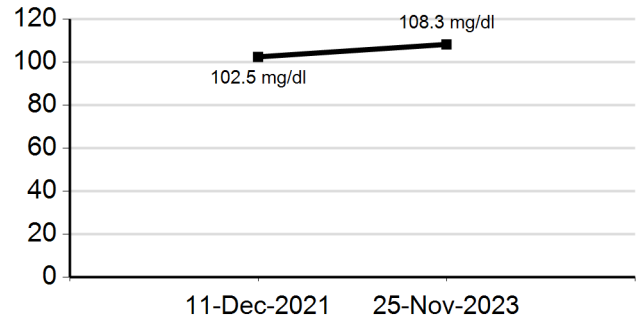
**BILIRUBIN (DIRECT)**



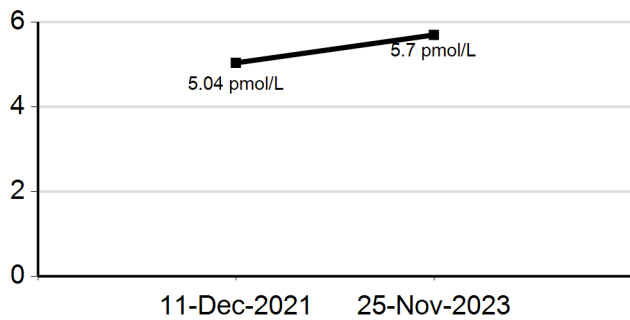
**Glycosylated Hemoglobin (HbA1c)**



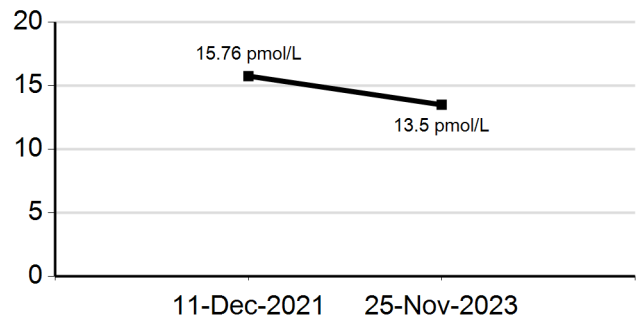
**Estimated Average Glucose (eAG)**



**Free T3**



**Free T4**

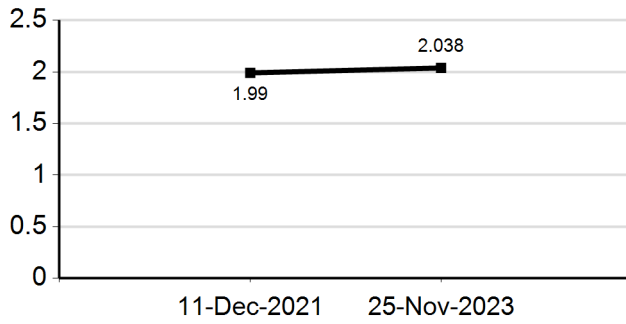




Use a QR Code Scanner  
Application To Scan the Code

CID : 2332920581  
Name : MR.ROHIT ANEKAR  
Age / Gender : 33 Years / Male  
Consulting Dr. : -  
Reg. Location : Bhayander East (Main Centre)

sensitiveTSH





# SUBURBAN DIAGNOSTICS - BHAYANDER EAST

Patient Name: ROHIT ANEKAR

Date and Time: 25th Nov 23 9:54 AM

Patient ID: 2332920581

Age **33** NA NA  
years months days

Gender **Male**

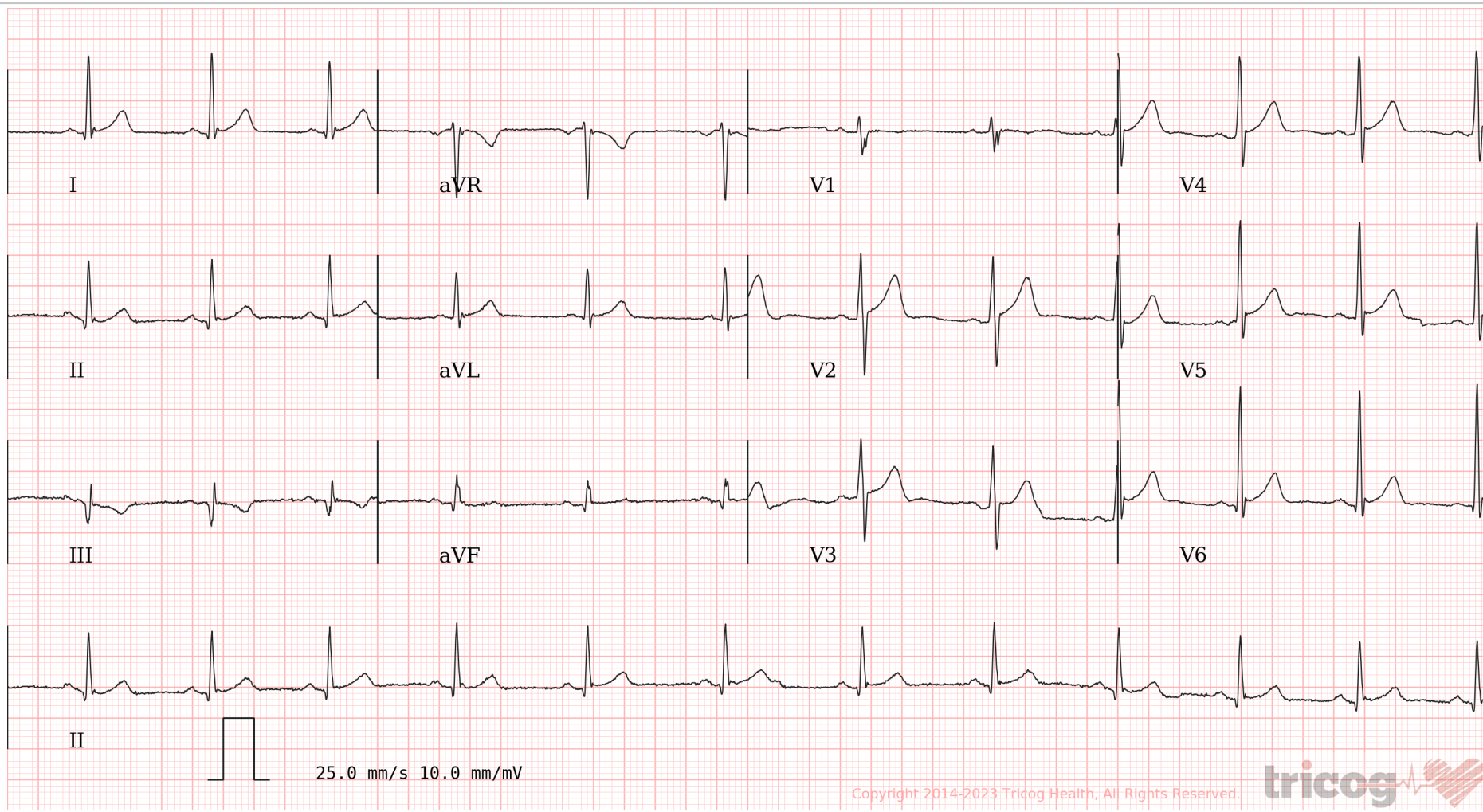
Heart Rate **73bpm**

### Patient Vitals

BP: 130/80 mmHg  
Weight: 84 kg  
Height: 176 cm  
Pulse: NA  
Spo2: NA  
Resp: NA  
Others: \_\_\_\_\_

### Measurements

QRSD: 80ms  
QT: 350ms  
QTcB: 385ms  
PR: 136ms  
P-R-T: 32° 25° 11°



ECG Within Normal Limits: Sinus Rhythm, Normal hai No significant ST-T changes. Please correlate clinically.

REPORTED BY

Dr. Smita Valani  
MBBS, D. Cardiology  
2011/03/0587

Date:- 25/11/23  
 Name:- Rohit Anekar  
 CID: 23329 20581  
 Sex / Age: B3

**EYE CHECK UP**

Chief complaints: NO COMPL

Systemic Diseases:

Past history:

Unaided Vision:

Aided Vision:

Refraction:

RE      CE  
 6/6      6/6  
 N/G      NB

	(Right Eye)				(Left Eye)			
	Sph	Cyl	Axis	Vn	Sph	Cyl	Axis	Vn
Distance								
Near								

Colour Vision: Normal / Abnormal

Remark:

**SUBURBAN DIAGNOSTICS (I) PVT. LTD.**  
 2nd Floor  
 Kshitij, Near Thungeshwar, Richmond,  
 Mira Road (East), Thungeshwar Road,  
 Phone : 022 - 61700000 - 401 105



भारत सरकार  
Government of India

भारतीय विशिष्ट ओळख प्राधिकरण  
Unique Identification Authority of India

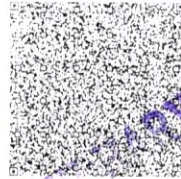
नसिदण क्रमांक / Enrollment No. 0000/00749/81797

To  
Rohit Rajendra Anekar  
रोहित राजेंद्र आनेकर  
Flat 4 Floor G R F Wing Salasar Aangan F,  
Salasar Aangan E and F Wing C H S L,  
Mira Road East,  
Kankia Road Near Galaxy Hospital,  
VPO Thane, PO Mira Road,  
District Thane,  
State Maharashtra, PIN Code: 401107,  
Mobile: 9967587495

k/746879



KF676468293F1



आपला आधार क्रमांक / Your Aadhaar No.

**6198 8312 0493**

माझे आधार, माझी ओळख



भारत सरकार  
Government of India



Issue Date: 20/03/2013



रोहित राजेंद्र आनेकर  
Rohit Rajendra Anekar  
जन्म तारीख / DOB: 15/12/1989  
पुरुष / Male

6198 8312 0493

माझे आधार, माझी ओळख

DR. ANIL K. PATIL  
SILIGAN  
11/12/5553  
CO. Reg.  
SUBURBAN DIAGNOSTICS (P) PVT. LTD.  
K. S. ...  
Near ...  
Mira Road ...  
Phone: 022-25170000

RA-11/12/5553

Name : Mr. ROHIT ANEKAR  
VID : 2332920581  
Ref By : Arcofemi Healthcare Limited

Reg Date : 25-Nov-2023 08:40  
Age/Gender : 33 Years  
Regn Centre : Bhayander East (Main Centre)

**History and Complaints:**

No Complaint

**EXAMINATION FINDINGS:**

Height (cms):	176	Weight (kg):	84
Temp (0c):	Afebrile	Skin:	NAD
Blood Pressure (mm/hg):	130/80	Nails:	NAD
Pulse:	68/min	Lymph Node:	Not Palpable

**Systems**

Cardiovascular: S1S2-Normal  
Respiratory: Chest-Clear  
Genitourinary: NAD  
GI System: NAD  
CNS: NAD

0-ne

**IMPRESSION:**

*CR, TMT, ECG, CBC, Biochemistry w/w  
Lipid Profile - Borderline  
ADVICE: Expert supervision and regular follow-up*

**CHIEF COMPLAINTS:**

- |  |     |
|--|-----|
| 1) Hypertension:                         | No  |
| 2) IHD                                   | No  |
| 3) Arrhythmia                            | No  |
| 4) Diabetes Mellitus                     | No  |
| 5) Tuberculosis                          | No  |
| 6) Asthama                               | No  |
| 7) Pulmonary Disease                     | No  |
| 8) Thyroid/ Endocrine disorders          | No  |
| 9) Nervous disorders                     | No  |
| 10) GI system                            | No  |
| 11) Genital urinary disorder             | No  |
| 12) Rheumatic joint diseases or symptoms | No  |
| 13) Blood disease or disorder            | No  |
| 14) Cancer/lump growth/cyst              | No  |
| 15) Congenital disease                   | No  |
| 16) Surgeries                            | yes |
| 17) Musculoskeletal System               | No  |

*Both Hip Joint Replace w 2022*



Name : Mr. ROHIT ANEKAR  
VID : 2332920581  
Ref By : Arcofemi Healthcare Limited

Reg Date : 25-Nov-2023 08:40  
Age/Gender : 33 Years  
Regn Centre : Bhayander East (Main Centre)

**PERSONAL HISTORY:**

- |               |                   |
|---------------|-------------------|
| 1) Alcohol    | Yes, occasionally |
| 2) Smoking    | Yes, Occasionally |
| 3) Diet       | Vegetarian        |
| 4) Medication | No                |

*Anekar*

**SUBURBAN DIAGNOSTICS (I) PVT. LTD.**  
Shop No. 101 to 105, 1st Floor,  
Kshiro Pratiksha, Skyline Weal, Keymond,  
Near Thurga, Mira-Bhay. Road,  
Mira Road (East), Thane - 401 105  
Phone : 022 - 61700000

**DR. ANITA K. KADAM**  
CONSULTANT PHYSICIAN  
Reg. No. 2017/12/5553



# SUBURBAN DIGNOSTICS BHAYANDER

Email:

12346830 (2332920581) / ROHIT ANEKAR / 33 Yrs / M / 176 Cms / 84 Kg

Date: 25 / 11 / 2023 09:16:41 AM

Report

ACHPL

Stage	Time	Duration	Speed(mph)	Elevation	METs	Rate	% THR	BP	RPP	PVC	Comments
Supine	00:04	0:04	00.0	00.0	01.0	073	39 %	130/80	094	00	
Standing	00:09	0:05	00.0	00.0	01.0	078	42 %	130/80	101	00	
HV	00:15	0:06	00.0	00.0	01.0	078	42 %	130/80	101	00	
ExStart	00:18	0:03	01.7	10.0	01.1	070	37 %	130/80	091	00	
BRUCE Stage 1	03:18	3:00	01.7	10.0	04.7	120	64 %	140/80	168	00	
BRUCE Stage 2	06:18	3:00	02.5	12.0	07.1	139	74 %	150/80	208	00	
PeakEx	07:56	1:38	03.4	14.0	08.8	163	87 %	160/80	260	00	
Recovery	08:56	1:00	01.1	00.0	01.1	130	70 %	160/80	208	00	
Recovery	09:56	2:00	00.0	00.0	01.0	091	49 %	150/80	136	00	
Recovery	11:56	4:00	00.0	00.0	01.0	083	44 %	130/80	107	00	
Recovery	12:03				00.0	000	0 %	130/80	000	00	

## FINDINGS :

Exercise Time : 07:38  
 Initial HR (ExStrt) : 70 bpm 37% of Target 187  
 Initial BP (ExStrt) : 130/80 (mm/Hg)  
 Max WorkLoad Attained : 8.8 Fair response to induced stress  
 Max ST Dep Lead & Avg ST Value : III & -0.3 mm in PeakEx  
 Duke Treadmill Score : 06.6  
 Test End Reasons : Test Complete

Max HR Attained 163 bpm 87% of Target 187  
 Max BP Attained 160/80 (mm/Hg)

**DR. SMITA VALANI**  
 MBBS, D. CARDIOLOGY  
 2011/03/0587

**SUBURBAN DIAGNOSTICS (I) PVT. LTD.**

Shop No. 101-4, 1st Floor,  
 Kshmi Building, Chowk, Mirambh, Near Thung Hospital, Mira-Bh. Road,  
 Mira Road (East), Dist. Thane - 401 105  
 Phone : 022 - 61700000

*Salam*  
 Doctor : DR SMITA VALANI



**SUBURBAN DIGNOSTICS BHAYANDER**

**REPORT**



**EMail:** 12346830 / **ROHIT ANEKAR** / 33 Yrs / M / 176 Cms / 84 Kg Date: 25 / 11 / 2023 09:16:41 AM

**REPORT :**

REASON FOR TERMINATION : TARGET HR ACHIEVED  
EXERCISE TOLERANCE : GOOD EFFORT TOLERANCE  
EXERCISE INDUCED ARRHYTHMIAS : NO ANGINA AND ANGINA EQUIVALENT  
NO SIGNIFICANT ST-T CHANGES DURING EXERCISE AND RECOVERY  
HAEMODYNAMIC RESPONSE : GOOD INOTROPIC RESPONSE  
CHRONOTROPIC RESPONSE : GOOD CHRONOTROPIC RESPONSE  
FINAL IMPRESSION : NEGATIVE FOR STRESS INDUCIBLE ISCHEMIA AT THIS WORKLOAD.

**DR. SMITA VALANI**  
**MBBS, D. CARDIOLOGY**  
2011/03/0567

**SUBURBAN DIAGNOSTICS (I) PVT. LTD.**

Shop No. 101-A, 1st Floor,  
Kshiti Building, Above Raymond,  
Near Thunga Hospital, Mira-Bhay Road,  
Mira Road (East), Dist. Thane - 401 105  
Phone - 022 - 61700000

Doctor : **DR SMITA VALANI**



**URBAN DIAGNOSTICS BHAYANDER**

12346830 (2332920581) / ROHIT ANEKAR / 33 Yrs / M / 176 Cms / 84 Kg / HR : 70

Date: 25/11/2023 09:16:41 AM

METS: 1.0/70 bpm 37% of THR BP: 130/80 mmHg Raw ECG/BLC On/ Notch On/ HF 0.05 Hz/LF 35 Hz

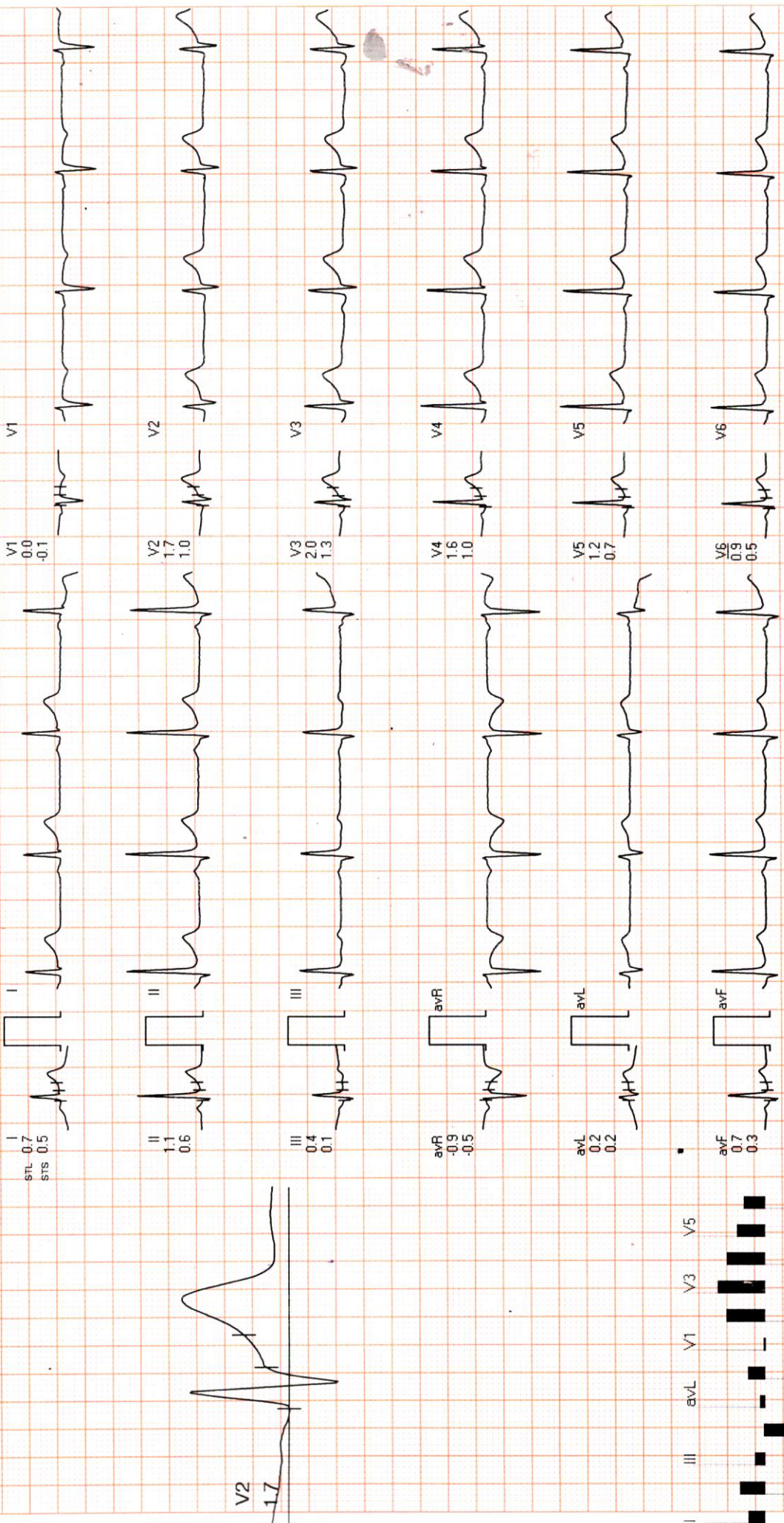
4X 80 mS PostJ

SUPINE ( 00:01 )

ACHPL

ExTime: 00:00 0.0 mph, 0.0%

25 mm/Sec. 1.0 Cm/mV



REMARKS:



# SUBURBAN DIGNOSTICS BHAYANDER

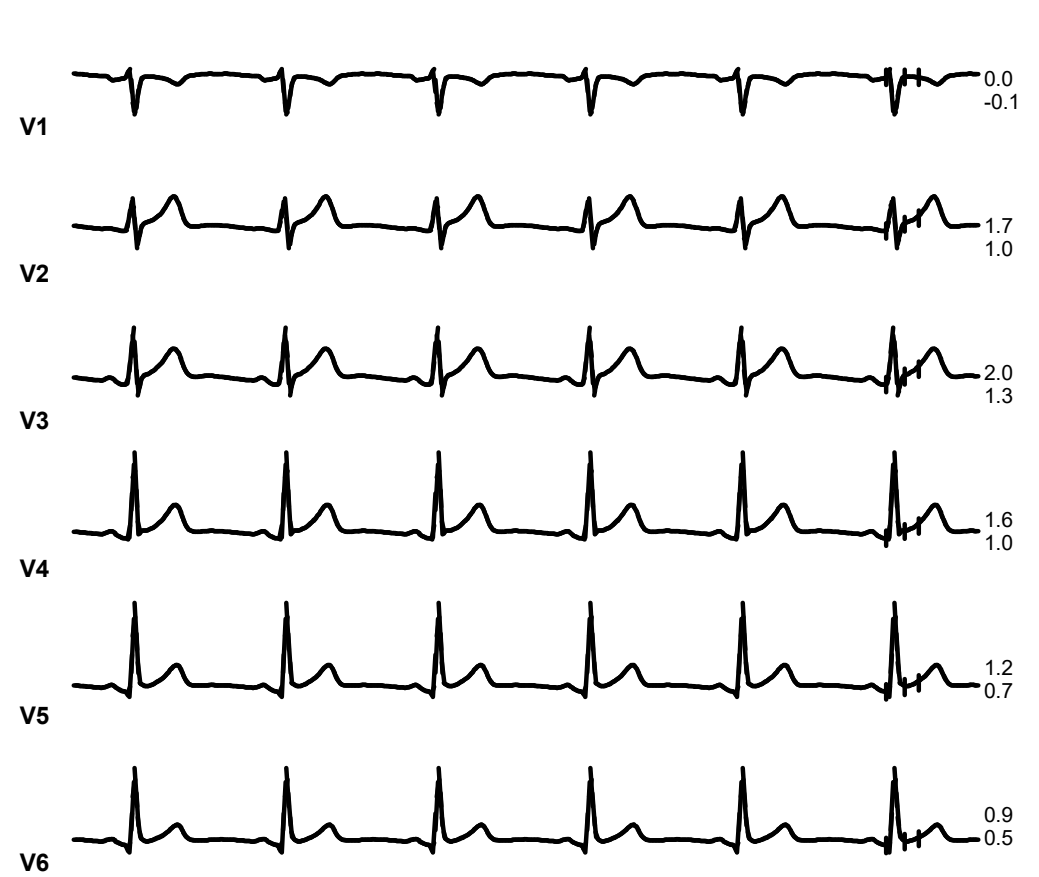
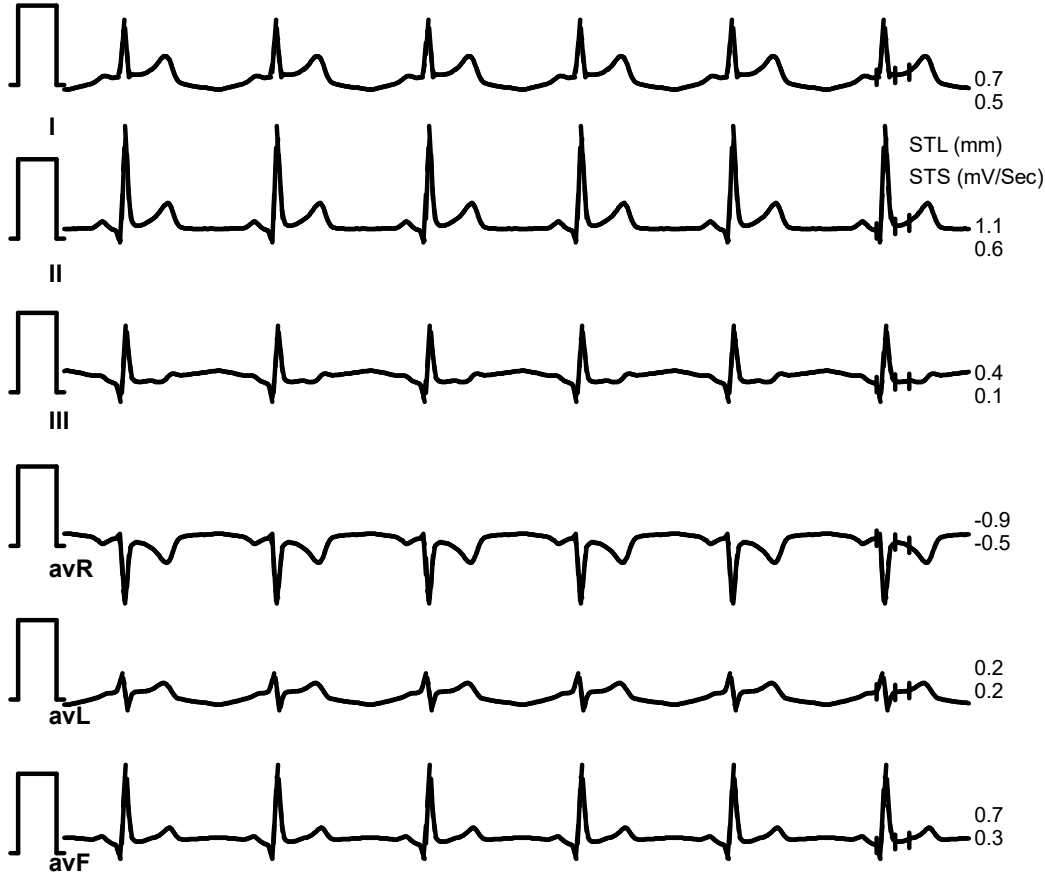
12346830 / ROHIT ANEKAR / 33 Yrs / Male / 176 Cm / 84 Kg

6X2 Combine Medians + 1 Rhythm  
BRUCE:Standing(0:06)



Date: 25 / 11 / 2023 09:16:41 AM METs : 1.0 HR : 78 Target HR : 42% of 187 BP : 130/80 Post J @80mSec

ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



# SUBURBAN DIGNOSTICS BHAYANDER

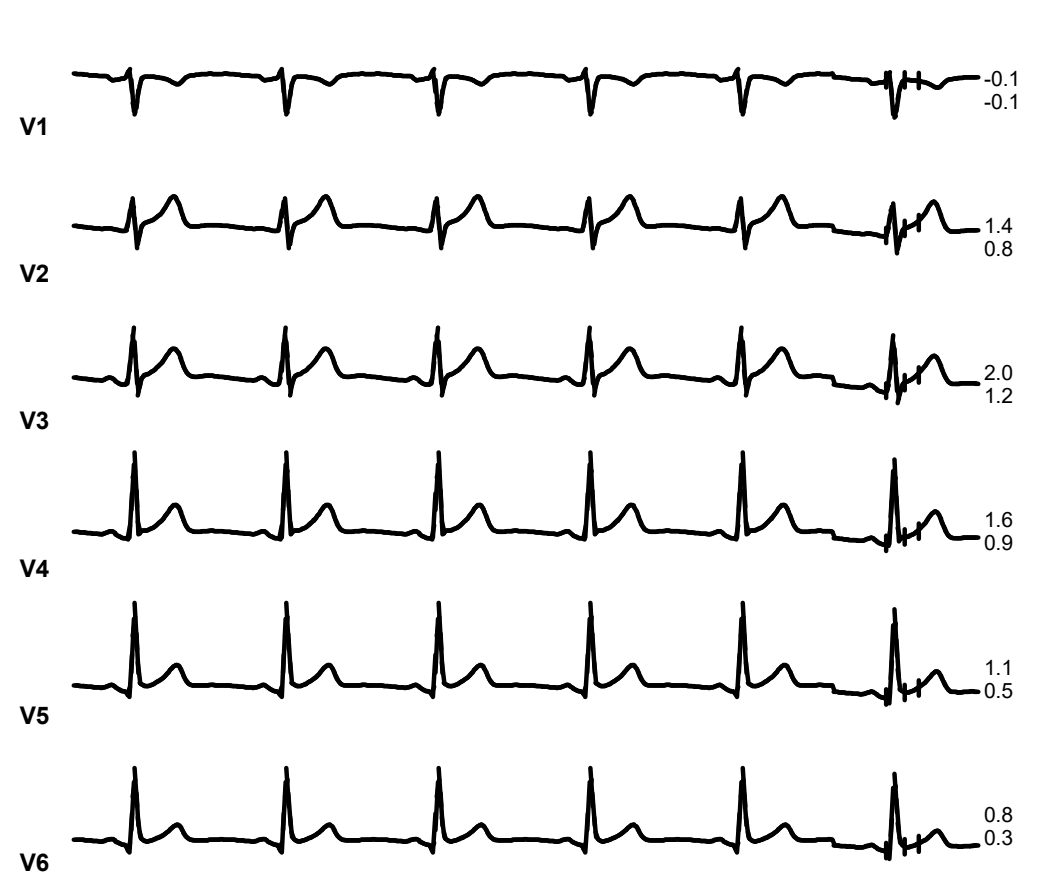
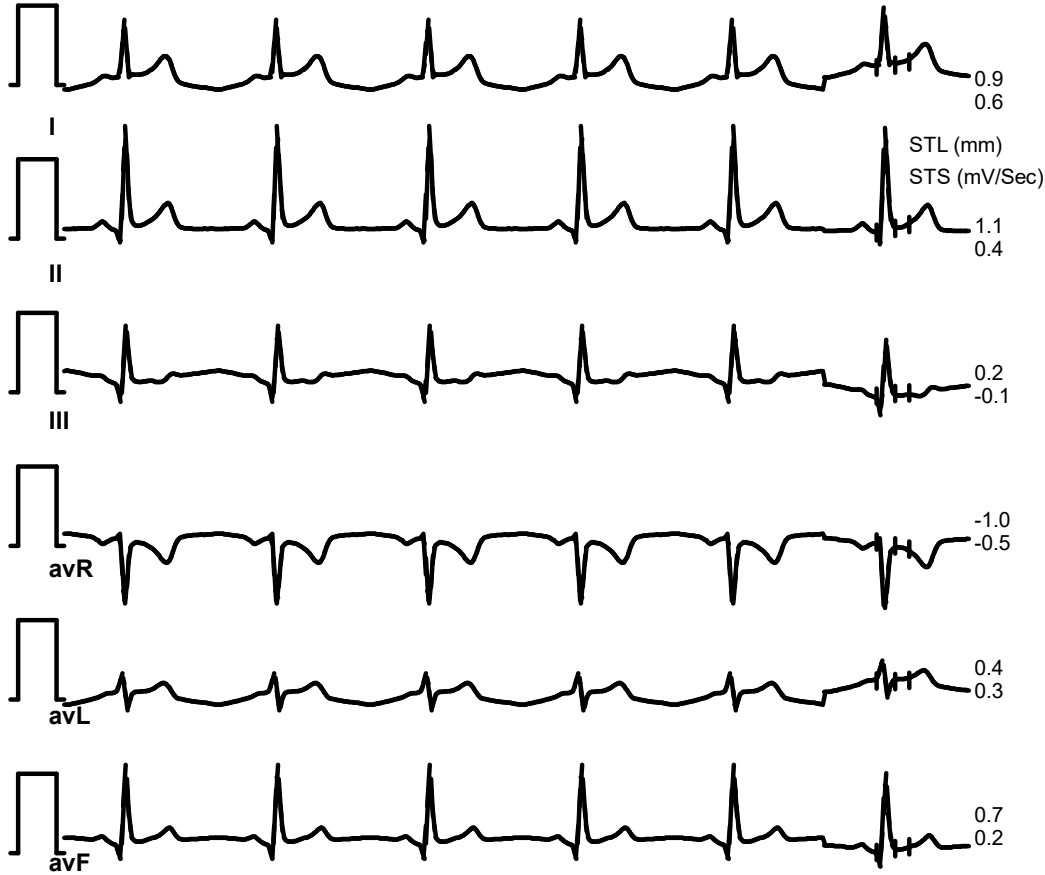
12346830 / ROHIT ANEKAR / 33 Yrs / Male / 176 Cm / 84 Kg

6X2 Combine Medians + 1 Rhythm  
BRUCE:HV(0:06)



Date: 25 / 11 / 2023 09:16:41 AM METs : 1.0 HR : 78 Target HR : 42% of 187 BP : 130/80 Post J @80mSec

ExTime: 00:00 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



# SUBURBAN DIGNOSTICS BHAYANDER

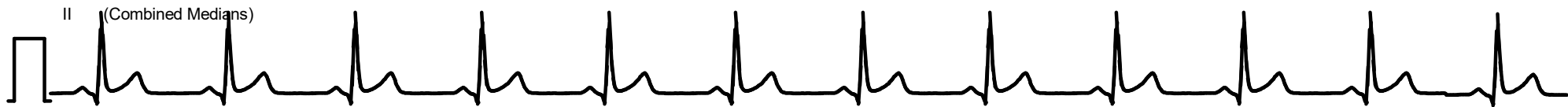
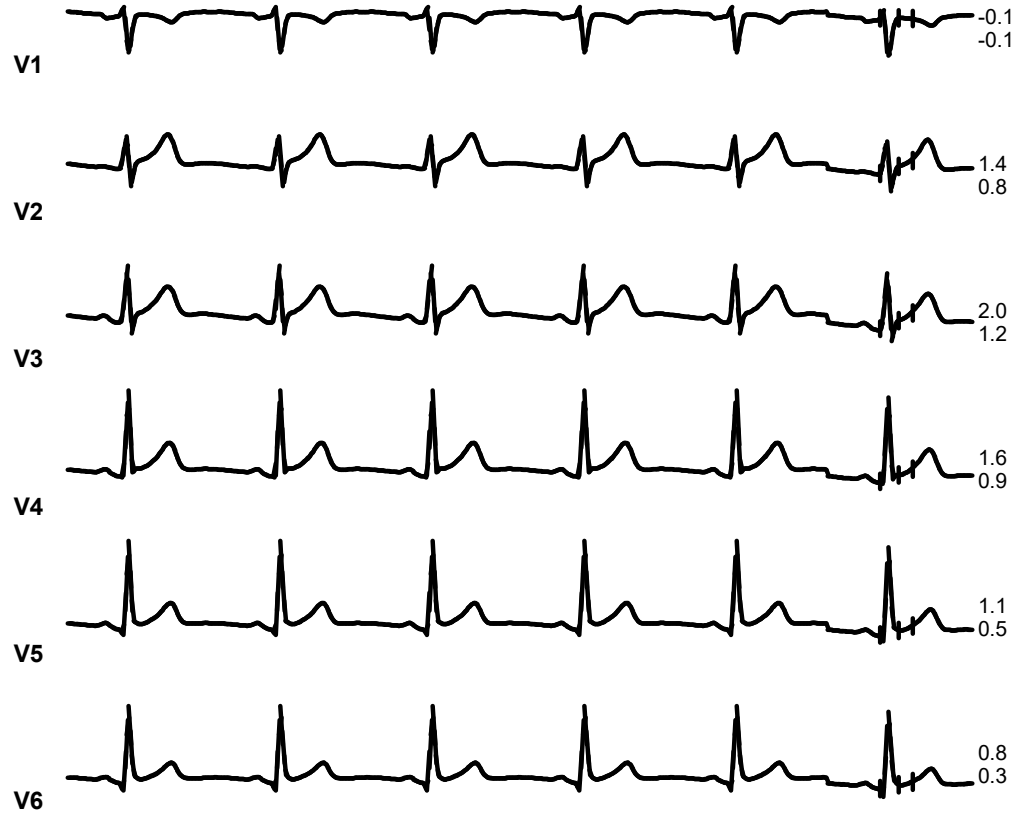
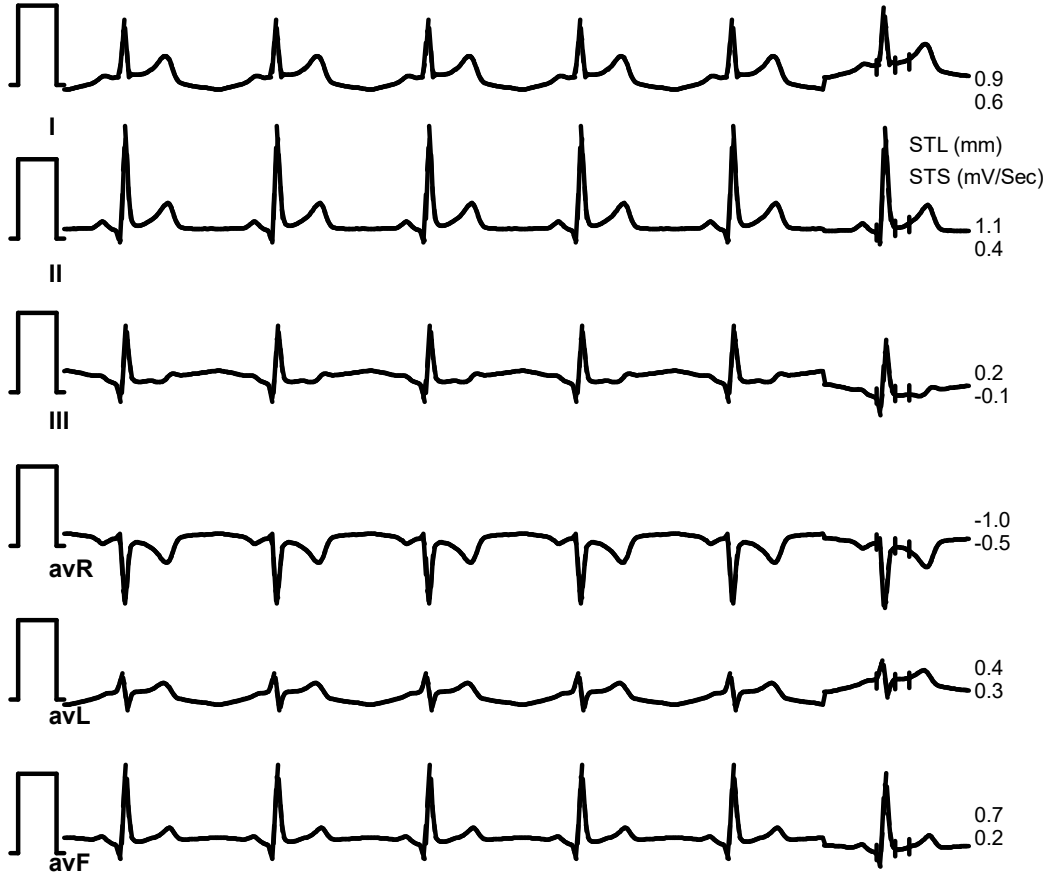
12346830 / ROHIT ANEKAR / 33 Yrs / Male / 176 Cm / 84 Kg

6X2 Combine Medians + 1 Rhythm  
ExStart



Date: 25 / 11 / 2023 09:16:41 AM METs : 1.1 HR : 70 Target HR : 37% of 187 BP : 130/80 Post J @80mSec

ExTime: 00:00 Speed: 1.7 mph Grade : 10.00 % 25 mm/Sec. 1.0 Cm/mV



# SUBURBAN DIGNOSTICS BHAYANDER

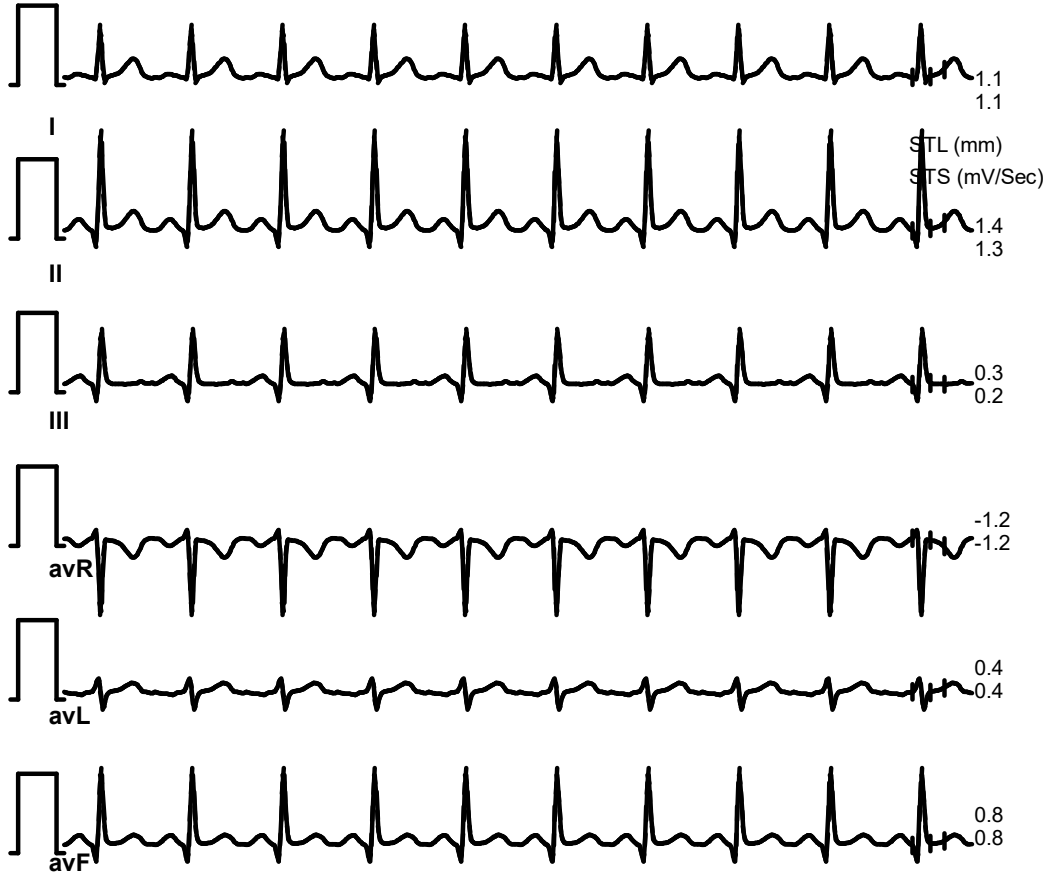
12346830 / ROHIT ANEKAR / 33 Yrs / Male / 176 Cm / 84 Kg

**6X2 Combine Medians + 1 Rhythm**  
BRUCE:Stage 1(3:00)



Date: 25 / 11 / 2023 09:16:41 AM METs : 4.7 HR : 120 Target HR : 64% of 187 BP : 140/80 Post J @80mSec

ExTime: 03:00 Speed: 1.7 mph Grade : 10.00 % 25 mm/Sec. 1.0 Cm/mV





# SUBURBAN DIGNOSTICS BHAYANDER

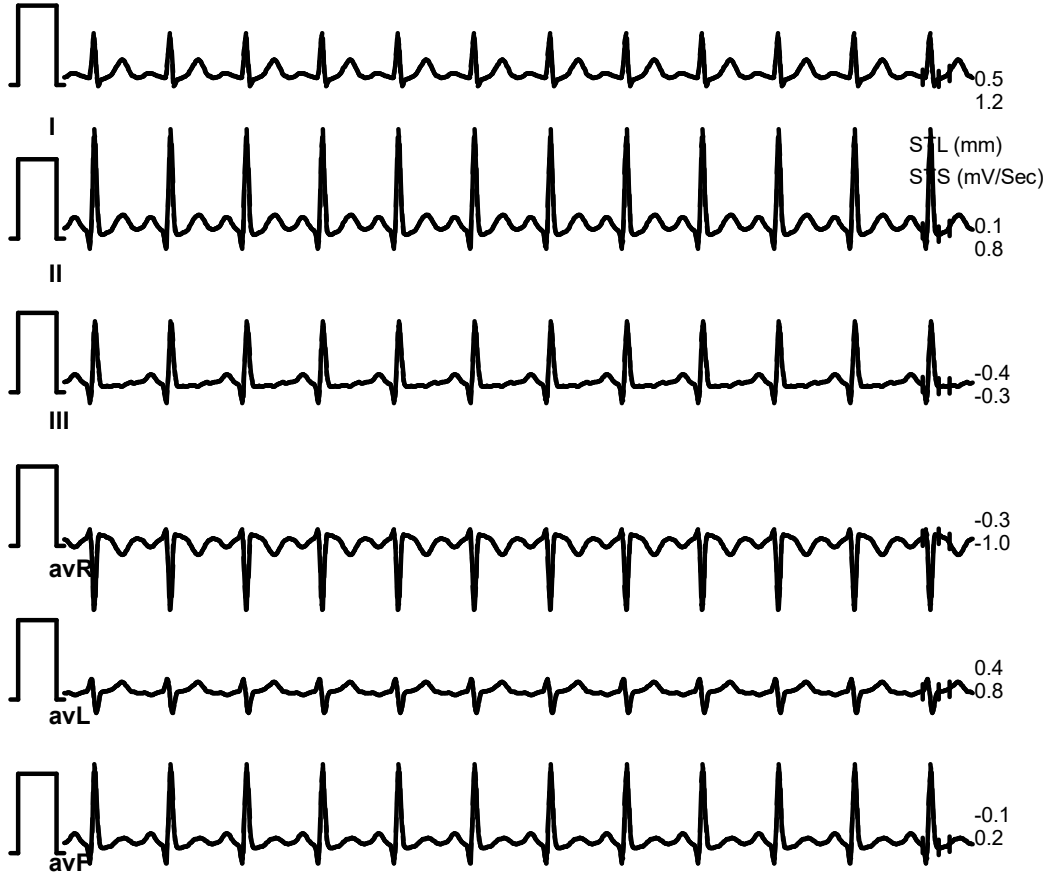
12346830 / ROHIT ANEKAR / 33 Yrs / Male / 176 Cm / 84 Kg

6X2 Combine Medians + 1 Rhythm  
BRUCE:Stage 2(3:00)



Date: 25 / 11 / 2023 09:16:41 AM METs : 7.1 HR : 139 Target HR : 74% of 187 BP : 150/80 Post J @60mSec

ExTime: 06:00 Speed: 2.5 mph Grade : 12.00 % 25 mm/Sec. 1.0 Cm/mV



# SUBURBAN DIGNOSTICS BHAYANDER

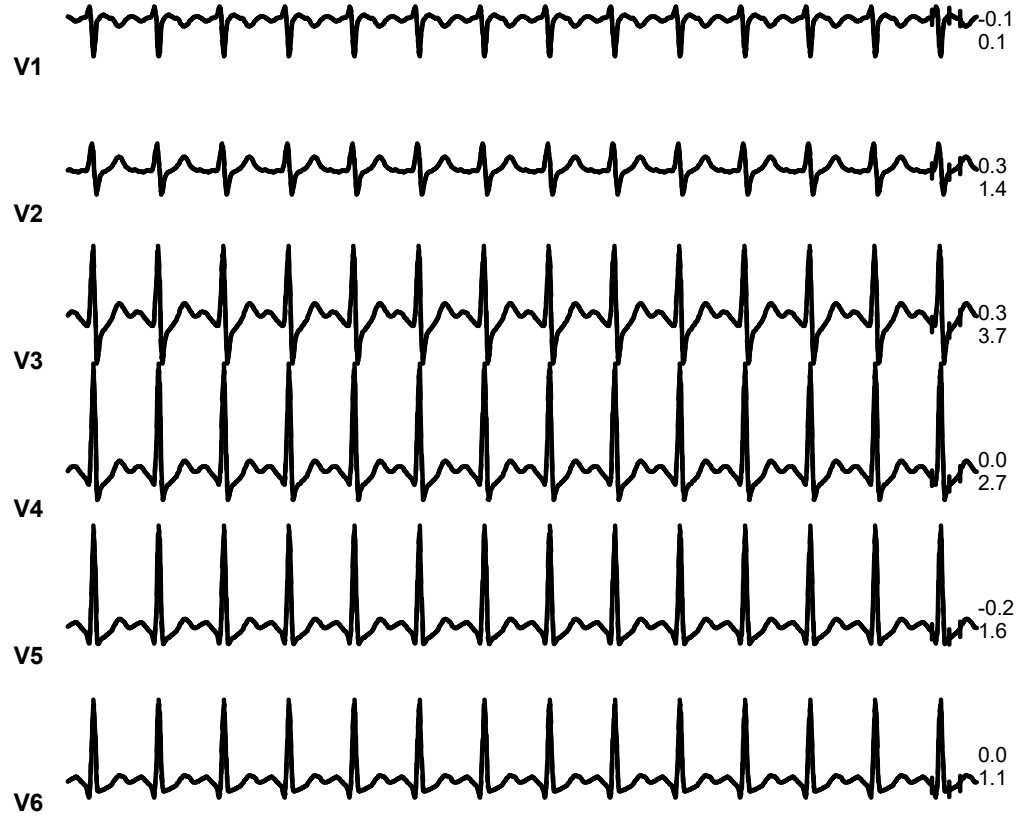
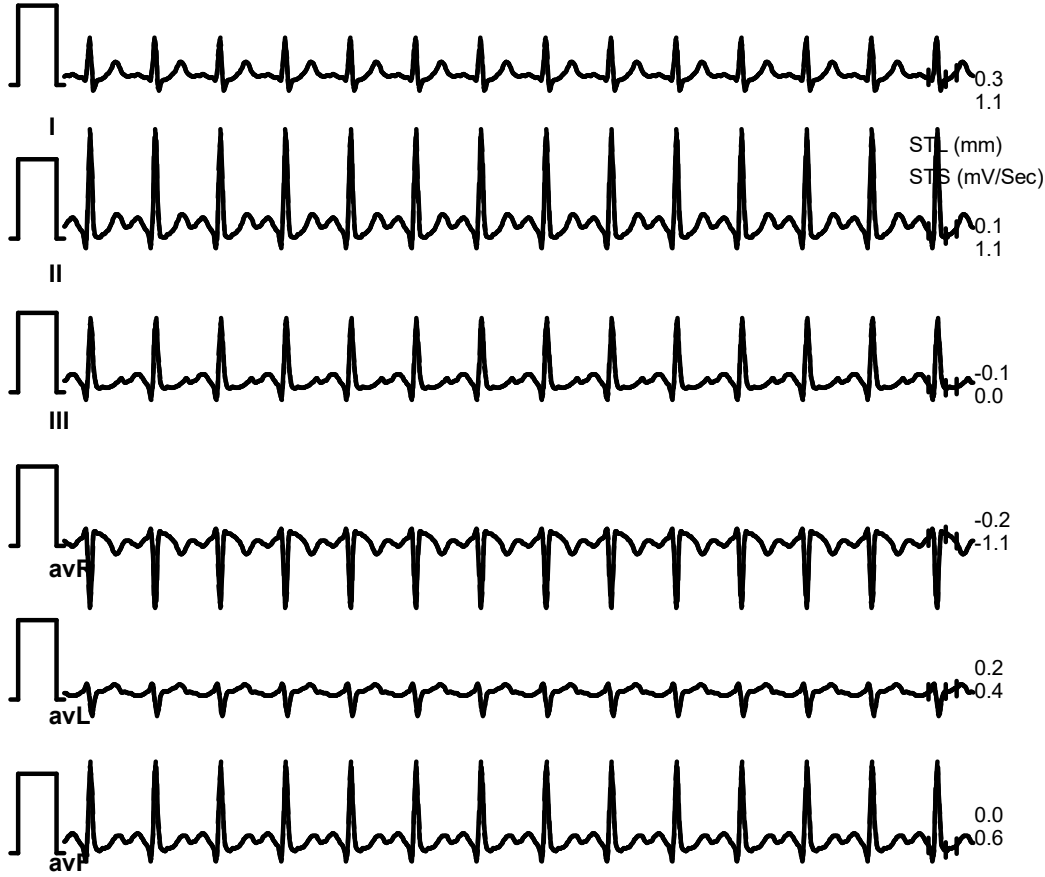
12346830 / ROHIT ANEKAR / 33 Yrs / Male / 176 Cm / 84 Kg

## 6X2 Combine Medians + 1 Rhythm PeakEx



Date: 25 / 11 / 2023 09:16:41 AM METs : 8.8 HR : 163 Target HR : 87% of 187 BP : 160/80 Post J @60mSec

ExTime: 07:38 Speed: 3.4 mph Grade : 14.00 % 25 mm/Sec. 1.0 Cm/mV



# SUBURBAN DIGNOSTICS BHAYANDER

12346830 / ROHIT ANEKAR / 33 Yrs / Male / 176 Cm / 84 Kg

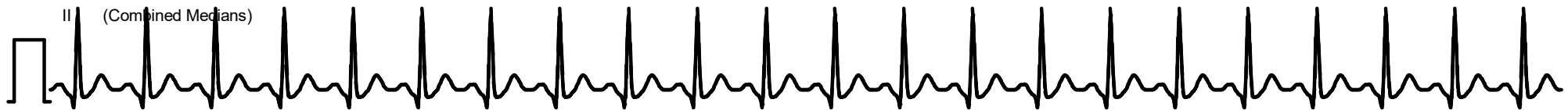
## 6X2 Combine Medians + 1 Rhythm

Recovery(1:00)



Date: 25 / 11 / 2023 09:16:41 AM METs : 1.1 HR : 130 Target HR : 70% of 187 BP : 160/80 Post J @60mSec

ExTime: 07:38 Speed: 1.1 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV



# SUBURBAN DIGNOSTICS BHAYANDER

12346830 / ROHIT ANEKAR / 33 Yrs / Male / 176 Cm / 84 Kg

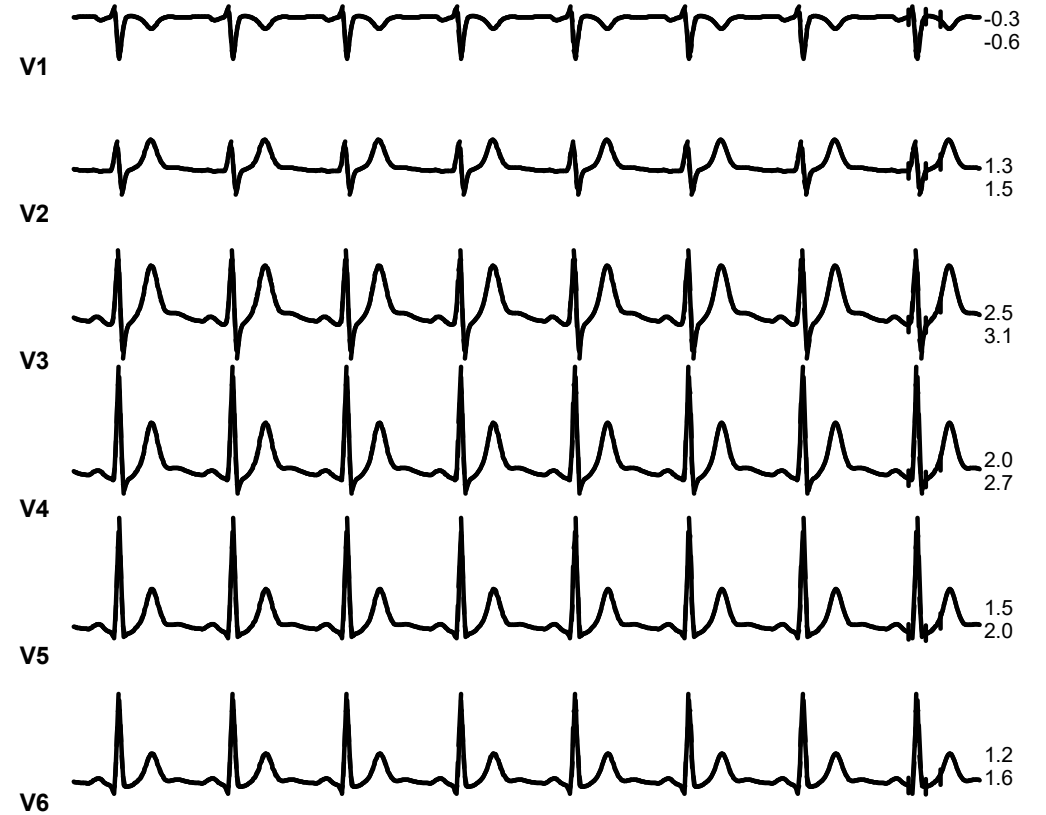
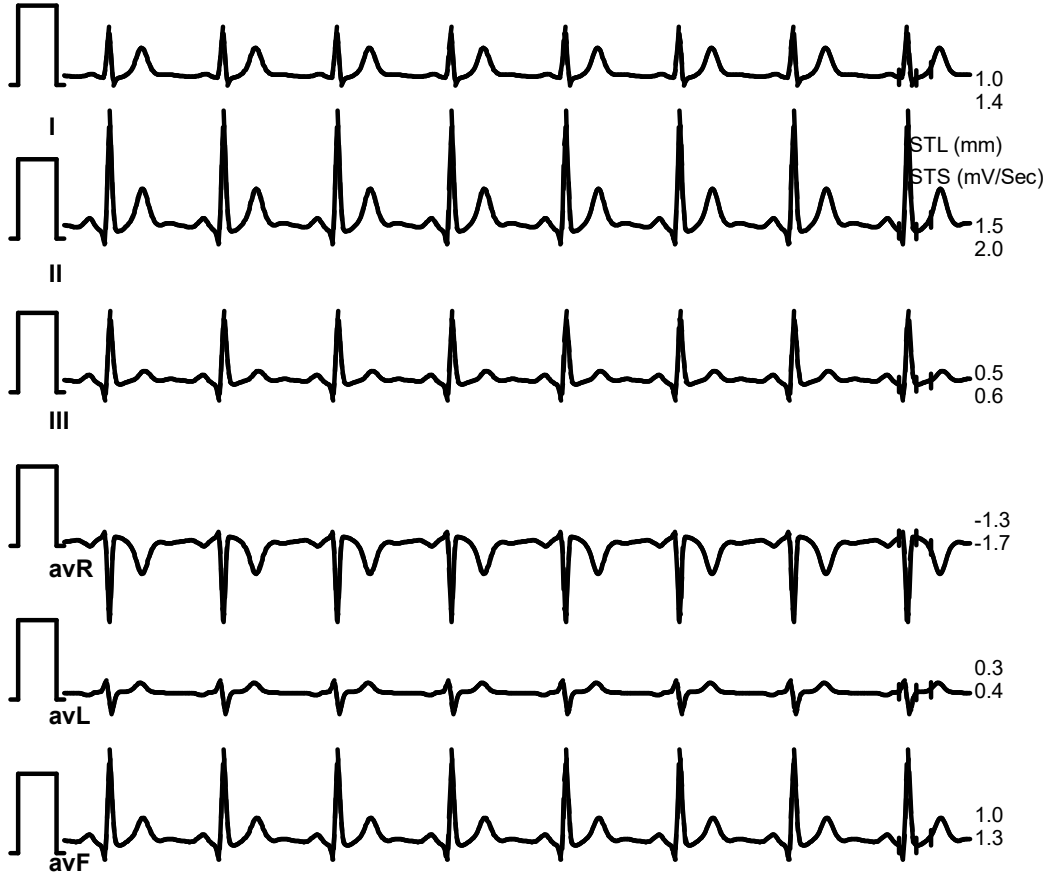
## 6X2 Combine Medians + 1 Rhythm

Recovery(2:00)



Date: 25 / 11 / 2023 09:16:41 AM METs : 1.0 HR : 91 Target HR : 49% of 187 BP : 150/80 Post J @80mSec

ExTime: 07:38 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV





# SUBURBAN DIGNOSTICS BHAYANDER

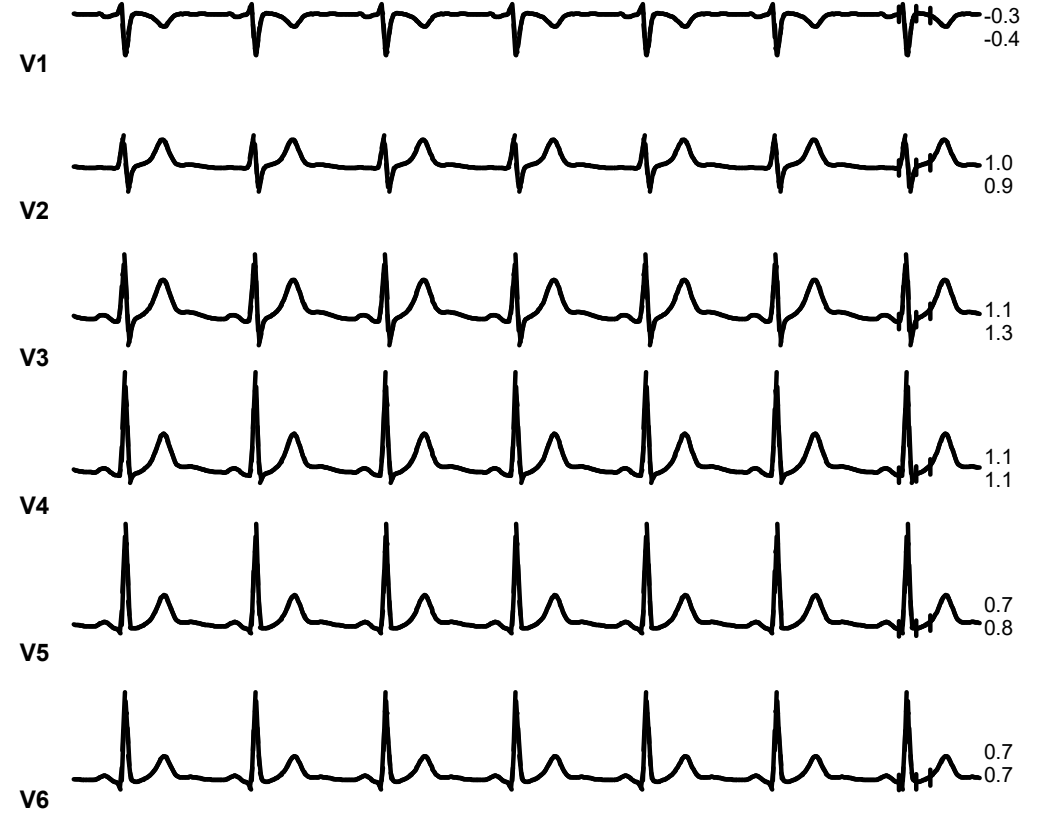
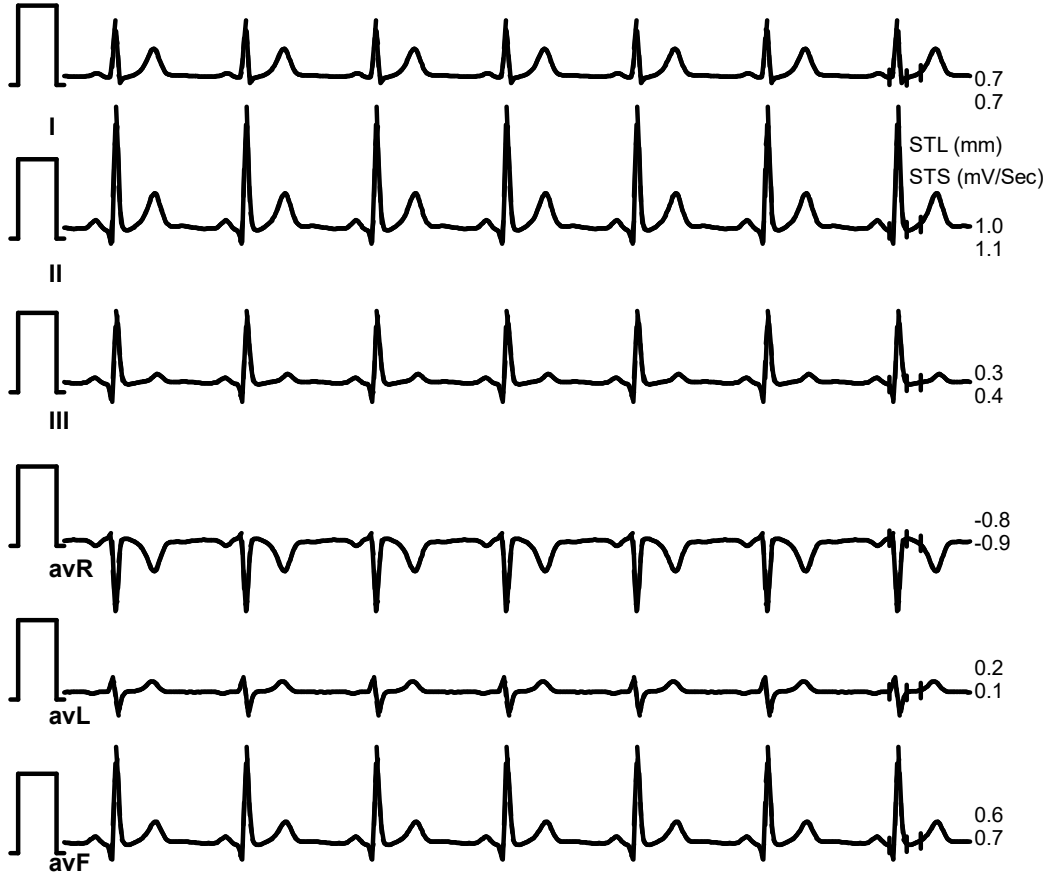
12346830 / ROHIT ANEKAR / 33 Yrs / Male / 176 Cm / 84 Kg

**6X2 Combine Medians + 1 Rhythm**  
Recovery(4:00)



Date: 25 / 11 / 2023 09:16:41 AM METs : 1.0 HR : 83 Target HR : 44% of 187 BP : 130/80 Post J @80mSec

ExTime: 07:38 Speed: 0.0 mph Grade : 00.00 % 25 mm/Sec. 1.0 Cm/mV





**CID** : 2332920581  
**Name** : Mr ROHIT ANEKAR  
**Age / Sex** : 33 Years/Male  
**Ref. Dr** :  
**Reg. Location** : Bhayander East Main Centre

**Reg. Date** : 25-Nov-2023  
**Reported** : 25-Nov-2023/14:15

**X-RAY CHEST PA VIEW**

Both lung fields are clear.

Both costo-phrenic angles are clear.

The cardiac size and shape are within normal limits.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

**IMPRESSION:**

**NO SIGNIFICANT ABNORMALITY IS DETECTED.**

-----End of Report-----

**DR.SUDHANSHU SAXENA**  
**Consultant Radiologist**  
**M.B.B.S DMRE (RadioDiagnosis)**  
**RegNo .MMC 2016061376.**



Use a QR Code Scanner  
Application To Scan the Code

**CID** : 2332920581  
**Name** : Mr ROHIT ANEKAR  
**Age / Sex** : 33 Years/Male  
**Ref. Dr** :  
**Reg. Location** : Bhayander East Main Centre

**Reg. Date** : 25-Nov-2023  
**Reported** : 25-Nov-2023/14:15