

Name : Mr. ASMITOSH KUMAR SAHOO (37 /M)
Address : 3/5C RISHI ECO VIEW, OTHER, OTHER, OTHER, INDIA
Examined by:
Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

Date : 25/03/2023
UHID : AMHL.0001951230
AHC No : AMHLAH170803



CHIEF COMPLAINTS

For corporate health checkup
C/O Left leg pain for 1 yr

PRESENT KNOWN ILLNESS

No history of - Diabetes mellitus,
Hypertension,
Dyslipidemia, Thyroid
disorder, Heart disease,
Asthma



DRUG ALLERGY

NO KNOWN ALLERGY :25/03/2023



SYSTEMIC REVIEW

Cardiovascular system

- Nil Significant

Respiratory system

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Eyes

- Nil Significant

ENT

- Nil Significant

Musculoskeletal system

Muscles and
extremities
Left - Thigh pain, Calf pain, Lower limb(s) pain

Skin

- Nil Significant



Present medications

- Nil



Past medical history

Do you have any allergies? - No
Do you have any drug allergies? - No
Covid 19 - Yes
- 2020 and 2022
Hospitalization for Covid 19 - No



Surgical history

Surgical history - Nil



Personal history

Marital status - Married
No. of children - 1
Diet - Non Vegetarian
Alcohol - consumes alcohol
Units - 3
Frequency - daily
Smoking - Yes
Type - Cigarette
Number - 4 to 5
Frequency - daily
Chews tobacco - Yes
Chews tobacco since - 1 yr
Chews paan - No
Physical activity - Moderate
- brisk walk



Family history

Father - alive
Mother - alive
Brothers - 1
Diabetes - mother
Hypertension - father, mother
Coronary artery disease - none

Name : Mr. ASMITOSH KUMAR SAHOO (37 /M)

UHID : AMHL.0001951230

Date : 25/03/2023

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH170803

Cancer - None

PHYSICAL EXAMINATION



General

Build - obese
Height - 172
Weight - 96
BMI - 32.45
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 56
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 136
Diastolic(mm of Hg) - 98
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Organomegaly - No
Tenderness - No



Skin

- No significant finding

Ophthalmology consultation

Ophthalmology findings - UCVA:RE:6/6P LE:6/6P
NVA:RE:N6 LE:N6
OCULAR MOVEMENT:WNL
ANT.SEG:WNL
ACCPT: SPECTACLE PWR
RE:-0.50X10*(6/6,N6)
LE:-0.50DS(6/6,N6)
ADVICE: *Glass Rx.*Review after 1yr/SOS

Printed By : Benazir Begaum

Name : Mr. ASMITOSH KUMAR SAHOO (37 /M)

UHID : AMHL.0001951230

Date : 25/03/2023

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH170803

COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	15.1	g/dl	●	13.0-17.0
RBC COUNT	4.80	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	44.9	%	●	41-53
MCV	93.5	fl	●	83-101
MCH	31.4	pg	●	27-32
MCHC	33.6	%	●	31.5-34.5
RDW	14.1 *	%	●	11.8-14.0
WBC Count	5800	/cu mm	●	4000-10000
Platelet Count	1.83	lacs/cu mm	●	1.5-4.0
Neutrophils	55	%	●	40-80
Lymphocytes	35	%	●	20-40
Monocytes	06	%	●	2-10
Eosinophils	04	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Normocytic Normochromic cells			
Platelets:	Adequate.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	02	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	20	mL		
Colour:	Pale Straw			
Appearance	Clear			
Specific Gravity	1.005			
pH:	6.0			
Albumin:	Not Detected			
Glucose	Not Detected			
Ketone:	Not Detected			
Bile Pigments	Not Detected			
RBC	Nil	/hpf		
Pus Cells	Occasional/hpf			

Epithelial Cells	Occasional/hpf
Casts:	Not Found
Crystals:	Not Found
Note	Biological reference interval RBC- 0-2/hpf Pus Cell - 0-5/hpf.

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	Nil			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	Nil			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	B			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	37	U/L	●	10-40
ALBUMIN - SERUM	4.0	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	60	U/L	●	53-128
AST (SGOT) - SERUM	31	U/L	●	10-42
BILIRUBIN TOTAL - SERUM	0.7	mg/dL	●	0.0-1.0

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
CHOLESTEROL - SERUM	115	mg/dL	●	0-200

CREATININE - SERUM

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Mr. ASMITOSH KUMAR SAHOO (37 /M)

UHID : AMHL.0001951230

Date : 25/03/2023

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH170803

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	1.1	mg/dL	●	0.9-1.3

GLOBULIN: (CALCULATED) - SERUM	2.7	g/dL	●	1.8-3.6
--------------------------------	-----	------	---	---------

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	31	U/L	●	7-64

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.0	ng/ml	●	0.8-2

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	81	mg/dL	●	70-99

TOTAL T4: THYROXINE - SERUM	7.0	µg/dL	●	5.1-14.1
-----------------------------	-----	-------	---	----------

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	92	mg/dL	●	0-150

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	75	mg/dL	●	70-140

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	1.8	µIU/mL	●	0.270-4.200

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	4.9	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Therapeutic goal : <7%

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	6.1	mg/dL	●	3.5-7.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	41	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	65	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	9	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	10.5	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	6.7	g/dL	●	6.4-8.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.5		●	1.0-2.0

ECG

● Within Normal Range ● Borderline High/Low ● Out of Range

Name : Mr. ASMITOSH KUMAR SAHOO (37 /M)

UHID : AMHL.0001951230

Date : 25/03/2023

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH170803

SINUS BRADYCARDIA. OTHERWISE WITHIN NORMAL LIMITS.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Grade-I fatty liver.

X-RAY CHEST PA

Normal study.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Haematology

STOOL ROUTINE

CARDIOLOGY

TREADMILL TEST / STRESS TEST



Within Normal Range



Borderline High/Low



Out of Range

Name : Mr. ASMITOSH KUMAR SAHOO (37 /M)

UHID : AMHL.0001951230

Date : 25/03/2023

Package : MEDI WHEEL FULL BODY HCK - MALE (BELOW 40 YRS WITH TMT/ECHO)

AHC No : AMHLAH170803

Printed By :

AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.