



Ms. SEJAL BANKER (31 /F)

UHID : AHIL.0000859917

AHC No : AHILAH204619

Date : 08/04/2023

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE



Namaste Ms. SEJAL BANKER,

Thank you for choosing Apollo ProHealth, India's first AI-powered health management program, curated to help you make positive health shifts. Being healthy is about making smart choices, and you have taken the first step with this program. We are privileged to be your healthcare partner. Your health is our priority.

We are with you on your path to wellness by:

**Predicting your risk:** Artificial Intelligence-powered predictive risk scores are generated, based on your personal, medical, and family history and detailed multi-organ evaluation of your body through diagnostic and imaging tests.

**Preventing onset or progress of chronic lifestyle diseases:** Your Health Mentor is available to help you understand your physician's recommendations and helping you handle any concerns (complimentary service up to one year)

**Overcoming barriers to your wellbeing:** Your Health Mentor will help you set your health goals and guide you with tips to stay on track. We will also, digitally remind you to proactively prioritize your health.

Through this report, you will be able to understand your overall health status, your health goals and the recommendations for your path to wellness. Your Health Report will include the following:

- Your medical history and physical examination reports
- Results from your diagnostic and imaging tests
- AI powered health risk scores
- Your physician's impression and recommendations regarding your overall health
- Your personalized path to wellness, including your follow-up assessments and vaccinations

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880

Apollo Hospitals International Limited  
Plot No.-1A, Bhat, GIDC, Gandhinagar, Gujarat - 382429, India.  
Phone : +91 79 66701800 | Fax: No. : +91 79 66701843  
E-mail : info@apolcoahd.com | www.ahmedabad.apollohospitals.com

Apollo Hospitals - City Centre (NON NASH-ICG)  
1, Tulsihang Society, Nr. Parimal Garden, Ahmedabad.  
Phone : +91 79 66305800 / 01 or +91 76988 15148  
E-mail : infoahcc@apolcoahd.com

Regd. Office  
19, Bishop Gardens, R.A. Puram, Chennai - 600 026  
CIN No. : U85110TN1997PLC039016 | GSTin : 24AARCA4150H225  
For online appointment : www.askapollo.com



For online appointment : www.askapollo.com  
Keep the records carefully and bring them along during your next visit to our Hospital

We have reviewed the results of the tests and have identified some areas for you to act on. We believe that with focus and targeted interventions, you can be healthier and happier.



Scan the QR code to download the Apollo 247 App



Organization is Accredited  
by Joint Commission International



You can visit your proHealth physician in person at this center, or you can book a virtual consultation for review via [www.apollo247.com](http://www.apollo247.com) or through the Apollo 24\*7 mobile app. You can avail 30% discount on additional tests and follow-up tests at Apollo Hospitals within one week. You may call your Health Mentor on 04048492633 or email at [prohealthcare@apollohospitals.com](mailto:prohealthcare@apollohospitals.com)

Stay Healthy and happy! 😊  
Apollo ProHealth Care team

**Disclaimer:** The services offered in the program may vary depending on any prior mutual agreements between guests and the facility/unit.

For Enquiry/Appointments Contact: +91 76988 15003 / +91 79 66701880

**Apollo Hospitals International Limited**  
Plot No.-1A, Bhat, GIDC, Gandhinagar, Gujarat - 382428, India.  
Phone : +91 79 66701800 | Fax No. : +91 79 66701843  
E-mail : [info@apolloahd.com](mailto:info@apolloahd.com) | [www.ahmedabad.apollohospitals.com](http://www.ahmedabad.apollohospitals.com)

**Apollo Hospitals - City Centre (NON NABH-JCI)**  
1, Tulsihaug Society, Nr, Parimal Garden, Ahmedabad.  
Phone : +91 79 66305800 / 01 or +91 76988 15148  
E-mail : [infoahcc@apolloahd.com](mailto:infoahcc@apolloahd.com)

For online appointment : [www.askapollo.com](http://www.askapollo.com)

Keep the records carefully and bring them along during your next visit to our Hospital

**Regd. Office**  
19 Bishop Gardens, R.A. Puram, Chennai - 600 026  
CIN No. : U85110TN1997PL0039016 | GSTIN : 24AABCA4150H225  
For online appointment : [www.askapollo.com](http://www.askapollo.com)





Name : Ms. SEJAL BANKER (31 /F)

Date : 08/04/2023



Address :  
Organization is Accredited  
by Joint Commission International

Examined by : Dr. SHASHIKANT NIGAM

UHID : AHIL.0000859917

AHC No : AHILAH204619

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE



### Chief Complaints

For Annual health checkup  
No specific complaints



### Systemic Review

- Cardiovascular system : - Nil Significant
- Respiratory system : - Nil Significant
- Oral and dental : - Nil Significant
- Gastrointestinal system : - Nil Significant
- Genitourinary system : - Nil Significant
- Gynaec history : - Nil Significant
- Central nervous system : - Nil Significant
- Eyes : - Nil Significant
- ENT : - Nil Significant
- Musculoskeletal system :  
Spine and joints : - Nil Significant
- Skin : - Nil Significant
- General symptoms : - Nil Significant



### Past medical history

- Do you have any allergies? - No
- Do you have any drug allergies? - No
- Covid 19 - Yes
- Hospitalization for Covid 19 - No
- Dengue - YES



### Surgical history





Name: Ms. SEJAL BANKER

UHID : AHIL.0000859917

Date : 08/04/2023

AHC No : AHILAH204619



MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

Organization is accredited by Joint Commission International

Cosmetic surgery - LASIK - 7 YRS AGO



Personal history

- Ethnicity - Indian Asian
- Marital status - Married
- Diet - Mixed Diet
- Alcohol - does not consume alcohol
- Smoking - No
- Chews tobacco - No
- Physical activity - Moderate



Family history

- Father - alive
- Aged - 64
- Mother - alive
- Aged - 54
- Brothers - 2
- Sisters - 1
- Diabetes - father,mother
- Coronary artery disease - none
- Cancer - None

Physical Examination



General

- General appearance - normal
- Build - normal
- Height - 149
- Weight - 58
- BMI - 26.12
- Pallor - No
- Oedema - no



Cardiovascular system

- Heart rate (Per minute) - 89



Name: Ms. SEJAL BANKER

UHID : AHIL.0000859917

Date : 08/04/2023

AHC No : AHILAH204619



MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

Organization Accredited by Joint Commission International



- Regular

- B.P. Supine

Systolic(mm of Hg) - 130

Diastolic(mm of Hg) - 90

Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds

Abdomen

Organomegaly - No

Tenderness - No

Printed By : MUKTA S ADALTI

Page 5 of 12

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880

Apollo Hospitals International Limited
Plot No.-1A, Bhat, GIDC, Gandhinagar, Gujarat - 382428, India.
Phone : +91 79 66701880 | Fax No. : +91 79 66701843
E-mail : info@apolloahd.com | www.ahmedabad.apollohospitals.com

Apollo Hospitals - City Centre (NON NABH-IC)
1, Tulsibaug Society, Nr. Parnal Garden, Ahmedabad.
Phone : +91 79 66305800 / 01 or +91 76988 15148
E-mail : infoahcc@apolloahd.com

Regd. Office
19, Bishop Gardens, R.A. Puram, Chennai - 600 026
CIN No. : U85110TN1997PLC039016 | GSTin : 24AAHCA4150H225
For online appointment : www.askapollo.com



For online appointment : www.askapollo.com
Keep the records carefully and bring them along during your next visit to our Hospital



Name: Ms. SEJAL BANKER

UHID : AHIL.0000859917

Date : 08/04/2023

AHC No : AHILAH204619



Organization is Accredited  
by Joint Commission International

**URINE FOR ROUTINE EXAMINATION**

Urinalysis, is the physical, chemical and microscopic examination of the urine and is one of the most common methods of medical diagnosis. It is used to detect markers of diabetes, kidney disease, infection etc.

Test Name	Result	Unit	Level	Range
Volume	30	mL		
Specific Gravity	1.020			
Colour:	Pale-Yellow			
Transparency:	Slightly Turbid			
pH	6			
Protein :	Nil			
Sugar:	Nil			
Blood:	Negative			
Ketone	Absent			
Bile Pigments:	Absent			
Urobilinogen	Nil	E.U./dL		
Nitrite	Negative			
Pus Cells	20-25 /h.p.f.			0-5
RBC	Occasional	/hpf		0-5/hpf
Epithelial Cells	Occasional			
Cast:	Absent			
Crystals:	Absent			

**COMPLETE BLOOD COUNT WITH ESR**

Test Name	Result	Unit	Level	Range
Hemoglobin (Photometric Measurement)	11.3 *	gm%	●	12-16
Packed cell volume(Calculated)	34.8 *	%	●	36-46
RBC COUNT (Impedance)	4.08	Million/ul	●	3.8-5.2
MCV (From RBC Histogram)	85.4	fl	●	80-100
MCH(Calculated)	27.67	pg	●	27-32
MCHC(Calculated)	32.4	%	●	31-36
RDW(Calculated)	15.8 *	%	●	11.5-14.5
WBC Count (Impedance)	7410	/cu mm	●	4000-11000

● Within Normal Range    ● Borderline High/Low    ● Out of Range

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880

**Apollo Hospitals International Limited**  
Plot No.-1A, Bhat, GIDC, Gandhinagar, Gujarat - 382428, India.  
Phone : +91 79 66701800 | Fax No. : +91 79 66701843  
E-mail : info@apolloahd.com | www.ahmedabad.apollohospitals.com

**Apollo Hospitals - City Centre (NON NASHI-JCI)**  
1, TulsiBaag Society, Nr. Parnal Garden, Ahmedabad.  
Phone : +91 79 66305800 / 01 or +91 76988 15148  
E-mail : infoahcc@apolloahd.com

**Regd. Office**  
19, Bishop Gardens, R.A. Puram, Chennai - 600 028  
CIN No. : U85110TN1997PLC039016 | GSTin : 24AABCA4150H225  
For online appointment : www.askapollo.com



For online appointment : www.askapollo.com  
Keep the records carefully and bring them along during your next visit to our Hospital



Name : Ms. SEJAL BANKER

UHID : AHIL.0000859917

Date : 08/04/2023

AHC No : AHILAH204619



**MED WHEEL-FULL BODY CHK-BELOW40-FEMALE**

Organization is Accredited by Joint Commission International

Neutrophils	52	%	●	40-75
Lymphocytes	40	%	●	20-40
Monocytes	07	%	●	2-10
Eosinophils	01	%	●	01-06
Basophils	00	%	●	0-1
Platelet Count (Impedance)	338300	/cu mm	●	150000-450000
MPV (Calculated)	7.6	fl	●	7-11
ERYTHROCYTE SEDIMENTATION RATE (ESR) (Automated/ optic-electronic)	9	mm/1st hr	●	0-20

**URINE GLUCOSE(FASTING)**

Test Name	Result	Unit	Level	Range
Urine Glucose (Post Prandial)	Nil			

**URINE GLUCOSE(POST PRANDIAL)**

Test Name	Result	Unit	Level	Range
Urine Glucose (Post Prandial)	Nil			

**BLOOD GROUPING AND TYPING (ABO and Rh)**

Test Name	Result	Unit	Level	Range
BLOOD GROUP:	A Positive			

**LFT (LIVER FUNCTION TEST)**

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM / PLASMA	15	U/L	●	0-35
ALKALINE PHOSPHATASE - SERUM/PLASMA	53	U/L	●	Adult(Female): 35 - 104
AST (SGOT) - SERUM	15	U/L	●	>1 year Female : <32
Total Bilirubin	0.333	mg/dL	●	0.300-1.200
Direct Bilirubin	0.114	mg/dL	●	Upto 0.3 mg/dl

● Within Normal Range    ● Borderline High/Low    ● Out of Range

For Enquiry/Appointments Contact : +91 76988 15003 / +91 79 66701880

Apollo Hospitals International Limited  
Plot No -1A, Bhat, GIDC, Gandhinagar, Gujarat - 382428, India.  
Phone : +91 79 66701800 | Fax No. : +91 79 66701843  
E-mail : info@apolloahd.com | www.ahmedabad.apollohospitals.com

Apollo Hospitals - City Centre (NON NADH-ICI)  
1, Tulsibaug Society, Nr. Parimal Garden, Ahmedabad.  
Phone : +91 79 66305800 / 01 or +91 76988 15148  
E-mail : infoahcc@apolloahd.com

Regd. Office  
19, Bishop Gardens, R.A. Puram, Chennai - 600 026  
CIN No. : U85110TN1997PL0039016 | GSTin : 24/APCA4150H2Z5  
For online appointment : www.askapollo.com



For online appointment : www.askapollo.com  
Keep the records carefully and bring them along during your next visit to our Hospital





Name: Ms. SEJAL BANKER

UHID : AHIL.0000859917

Date : 08/04/2023

AHC No : AHILAH204619

**WHEEL-FULL BODY CHK-BELOW40-FEMALE**

Organization is Accredited by Joint Commission International

Indirect Bilirubin

0.219

mg/dL



- 1 Day ≤5.1 mg/dL
- 2 Days ≤7.2 mg/dL
- 3-5 Days ≤10.3 mg/dL
- 6-7 Days ≤8.4 mg/dL
- 8-9 Days ≤6.5 mg/dL
- 10-11 Days ≤4.6 mg/dL
- 12-13 Days ≤2.7 mg/dL
- 14 Days - 9 Years 0.2-0.8 mg/dL
- 10-19 Years 0.2-1.1 mg/dL
- ≥20 Years 0.2-1.2 mg/dL

**CREATININE - SERUM / PLASMA**

Test Name	Result	Unit	Level	Range
CREATININE - SERUM / PLASMA	0.64	mg/dL		Adult Female: 0.5 - 1.2

**LFT (LIVER FUNCTION TEST)**

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	13	U/L		Male : 10 - 71 Female : 6 - 42

**GLUCOSE - SERUM / PLASMA (FASTING)**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Fasting)	90	mg/dL		70 - 100 : Normal 100 - 125 : Impaired Glucose Tolerance ≥ 126 : Diabetes Mellitus

**GLUCOSE - SERUM / PLASMA (POST PRANDIAL) - PPBS**

Test Name	Result	Unit	Level	Range
Glucose - Plasma (Post Prandial)	105	mg/dL		70-140

**GLYCOSYLATED HEMOGLOBIN (HBA1C) - WHOLE BLOOD**

Test Name	Result	Unit	Level	Range
-----------	--------	------	-------	-------

Within Normal Range     
 Borderline High/Low     
 Out of Range

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880

**Apollo Hospitals International Limited**  
 Plot No.-1A, Bhat, GIDC, Gandhinagar, Gujarat - 382428, India.  
 Phone : +91 79 66701800 | Fax No. : +91 79 66701843  
 E-mail : info@apolloahd.com | www.ahmedabad.apollohospitals.com

**Apollo Hospitals - City Centre (NON NABH-JCI)**  
 1, Tulsibaug Society, Nr. Parnal Garden, Ahmedabad.  
 Phone : +91 79 66305800 / 01 or +91 76988 15148  
 E-mail : infoahcc@apolloahd.com

**Regd. Office**  
 19, Bishop Gardens, R.A. Puram, Chennai - 600 026  
 CIN No. : U85110TN1997PL0039016 | GSTIN : 24AABCA4150H225  
 For online appointment : www.askapollo.com



For online appointment : www.askapollo.com  
Keep the records carefully and bring them along during your next visit to our Hospital





Name: Ms. SEJAL BANKER

UHID : AHIL.0000859917

Date : 08/04/2023

AHC No : AHILAH204619

**MEDI WHEEL-FULL BODY CHK-BELOW40-FEMALE**

APOLLO HOSPITALS

Organization is Accredited by Joint Commission International

Glycosylated Hemoglobin (HbA1c)	5.6	%	●	Normal < 5.7
				%Increased risk for Diabetes 5.7 - 6.4%
				Diabetes >= 6.5%
				Monitoring criteria for Diabetes Mellitus <7.0 : Well Controlled Diabetes 7.1 – 8.0 : Unsatisfactory Control > 8.0 : Poor Control & Needs Immediate Treatment

Estimated Average Glucose. 114.02

**LFT (LIVER FUNCTION TEST)**

Liver function tests(LFT), are groups of clinical biochemistry blood assays that give information about the state of a patient's liver. These tests can be used to detect the presence of liver disease, distinguish among different types of liver disorders, gauge the extent of known liver damage, and follow the response to treatment.

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM / PLASMA	7.17	g/dL	●	6.00-8.00
PROTEIN TOTAL - SERUM / PLASMA	7.17	g/dL	●	6.00-8.00
ALBUMIN - SERUM	4.43	g/dL	●	Adult(18 - 60 Yr): 3.5 - 5.2
ALBUMIN - SERUM	4.43	g/dL	●	Adult(18 - 60 Yr): 3.5 - 5.2
Globulin-Serum/Plasma	2.74		●	2.20-4.20
Globulin-Serum/Plasma	2.74		●	2.20-4.20
A/G ratio	1.62		●	1.00-2.00
A/G ratio	1.62		●	1.00-2.00

**THYROID PROFILE (T3,T4 AND TSH)**

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.8	nmol/L	●	Adults(20-120 Yrs): 1.2 - 3.1 Pregnant Female : First Trimester : 1.61 - 3.53 Second Trimester : 1.98 - 4.02 Third Trimester : 2.07 - 4.02
TOTAL T4: THYROXINE - SERUM	115	nmol/L	●	Adults(20-100 Yrs ):66 - 181 Pregnant Female : First Trimester : 94.3 - 190 Second Trimester : 102 - 207 Third Trimester : 89 - 202
TSH: THYROID STIMULATING HORMONE - SERUM	1.87	μIU/mL	●	14-120 years : 0.27 - 4.20

● Within Normal Range      ● Borderline High/Low      ● Out of Range

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880

**Apollo Hospitals International Limited**  
 Plot No.-1A, Bhat, GIDC, Gandhinagar, Gujarat - 382428, India.  
 Phone : +91 79 66701800 | Fax No. : +91 79 66701843  
 E-mail : info@apolloahd.com | www.ahmedabad.apollohospitals.com

**Apollo Hospitals - City Centre (NON-MB&JC)**  
 1, Tulsibaug Society, Nr. Panamal Garden, Ahmedabad.  
 Phone : +91 79 66305800 / 01 or +91 76988 15148  
 E-mail : infoahcc@apolloahd.com

**Regd. Office**  
 19, Bishop Gardens, R.A. Puram, Chennai - 600 026  
 CIN No. : U85110TN1997PLC039016 | GSTIN : 24AABC44150H225  
 For online appointment : www.askapollo.com



For online appointment : www.askapollo.com  
Keep the records carefully and bring them along during your next visit to our Hospital



Name: Ms. SEJAL BANKER

UHID : AHIL.0000859917

Date : 08/04/2023

AHC No : AHILAH204619



Organization is Accredited by Joint Commission International

**URIC ACID - SERUM**

Uric acid is a product of the metabolic breakdown of purine. High blood concentrations of uric acid can lead to gout. It is also associated with other medical conditions including diabetes and the formation of kidney stones.

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.4	mg/dL	●	Male : 3.4-7.0 Female : 2.4-5.7

**BUN (BLOOD UREA NITROGEN)**

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9	mg/dL	●	6-20
UREA - SERUM / PLASMA	20	mg/dL	●	15 - 50

**LIPID PROFILE - SERUM**

Test Name	Result	Unit	Level	Range
Total Cholesterol	173	mg/dl	●	0 - 200 : Desirable 200 - 240 : Borderline High 240 - 280 : High > 280 : Very High
Triglycerides - Serum	55	mg/dL	●	0-150
HDL CHOLESTEROL - SERUM / PLASMA (Direct Enzymatic Colorimetric)	64	mg/dL	●	< 40 : Major risk factor for heart disease 40 - 59 : The higher The better. >=60 : Considered protective against heart disease
LDL Cholesterol (Direct LDL)	116	mg/dL	●	100 : Optimal 100-129 : Near Optimal 130-159 : Borderline High 160-189 : High >=190 : Very High
VLDL CHOLESTEROL	11		●	< 40 mg/dl
C/H RATIO	3		●	0-4.5

**X-RAY CHEST PA**

X-ray imaging creates pictures of the inside of your body. Chest X-ray can reveal abnormalities in the lungs, the heart, and bones that sometimes cannot be detected by examination.

NORMAL STUDY.

● Within Normal Range      ● Borderline High/Low      ● Out of Range

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880

**Apollo Hospitals International Limited**  
 Plot No.-1A, Bhat, GIOC, Gandhinagar, Gujarat - 382428, India.  
 Phone : +91 79 66701800 | Fax No. : +91 79 66701843  
 E-mail : info@apolloahd.com | www.ahmedabad.apollohospitals.com

**Apollo Hospitals - City Centre (NON NABH-IC)**  
 1, Tulsibaug Society, Nr. Panimal Garden, Ahmedabad.  
 Phone : +91 79 66305800 / 01 or +91 76988 15148  
 E-mail : infoahcc@apolloahd.com

**Regd. Office**  
 19, Bishop Gardens, R.A. Puram, Chennai - 600 028  
 CIN No. : U85110TN1997PLC039016 | GSTIN : 24AAABC44150H2Z5  
 For online appointment : www.askapollo.com



For online appointment : www.askapollo.com  
Keep the records carefully and bring them along during your next visit to our Hospital



Name : Ms. SEJAL BANKER

UHID : AHIL.0000859917

Date : 08/04/2023

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

AHC No : AHILAH204619



Organization is Accredited by Joint Commission International

**Investigations Not Done / Not Yet Reported**

Haematology

STOOL ROUTINE

Histopathology

CONVENTIONAL PAP SMEAR /CERVICAL SMEAR

CARDIOLOGY

ECHO/TMT

ECG



Within Normal Range



Borderline High/Low



Out of Range

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880

**Apollo Hospitals International Limited**  
Plot No.-1A, Bhat, 6100, Gandhinagar, Gujarat - 382429, India.  
Phone : +91 79 66701800 | Fax No. : +91 79 66701843  
E-mail : info@apolloahd.com | www.ahmedabad.apollohospitals.com

**Apollo Hospitals - City Centre** (NON MEDICAL)  
1, Tulsi Nagar Society, Nr. Parimal Garden, Ahmedabad.  
Phone : +91 79 66305800 / 01 or +91 76988 15148  
E-mail : infoahcc@apolloahd.com

**Regd. Office**  
19, Bishop Gardens, R.A. Puram, Chennai - 600 028  
CIN No. : U85110TN1997PL0039016 | GSTin : 24AA8C44150H225  
For online appointment : www.askapollo.com



For online appointment : www.askapollo.com  
Keep the records carefully and bring them along during your next visit to our Hospital

The Emergency Specialist  
Saving time. Saving lives.





Name : Ms. SEJAL BANKER

UHID : AHIL.0000859917

Date : 08/04/2023

MEDIWHEEL-FULL BODY CHK-BELOW40-FEMALE

AHC No : AHILAH204619



Organization is Accredited by Joint Commission International

### Executive Summary



- .BODY WEIGHT 58 KG,DEAL BODY WEIGHT 42- 51 KG
- .ECG - NORMAL SINUS RHYTHM
- .TMT — TEST IS NEGATIVE,EXERCISE TIME 8:51 ,WORKLOAD 10.10 METS
- .USG ABDOMEN - NO ABNORMALITIES DETECTED
- .CHEST X-RAY - NORMAL
- .EYE -- NORMAL
- .DENTAL - AS PER DOCTOR ADVICE

### Wellness Prescription

#### Advice On Diet :-



- BALANCED DIET---
- LOW FAT DIET
- LOW CARBOHYDRATE DIET

#### Advice On Physical Activity :-



- REGULAR WALK FOR 30 MINS FOR HEALTH,
- 60 MINS WALK FOR WEIGHT REDUCTION
- PRACTICE YOGA AND MEDITATION
- MAINTAIN WEIGHT BETWEEN 42-51 KG

Printed By : MUKTA S ADALTI

*Signature*  
**Dr.SHASHIKANT NIGAM**

AHC Physician / Consultant Internal Medicine

**Dr. Shashikant Nigam**  
MBBS, MD (Gen. Med.)  
Consultant Internal Medicine  
Apollo Hospitals International Ltd., Gandhinagar,  
Gujarat-382428, INDIA, Regd. No. : G-21561

Note :- Physical Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be suggested in some cases.

**OBSTETRICS & GYNAECOLOGY - AHC**

Name : AHIL.0000859917 .....	Date : 8/14/23 .....	Unit No. : .....
Occupat Ms. SEJAL .....	Ref. Physician : Dr. Kiran Nagesh .....	
Age : ... 31 Year(s) / Female male	Copies to : .....	



**GYNAEC CHECK UP**

**Chief Complaint:**

None. (MC - 2.5 years)

**Children:** -

**Weight:**

**Deliveries:** -

**BP:**

**Last Child:** -

**Abortions:** -

**Breasts:** Normal

**Periods:** Regular  $\frac{4-5}{30-31}$  days

**PAP Smear:** Taken

**LMP:** 12/31/23

**Previous Medical H/O:**

**Menopause:** -

None

**G. Condition:** Fit

FIH/O: DM.

**P/A:** Soft

**Previous Surgical H/O:**

None.

**S/E:** -

**P/V:** Uterus: Anteverted, (N) size  
Cervix: felt healthy

**P/R:** -

**Impression:**

*Kiran Nagesh*

Doctor Signature  
Date & Time

8/14/23

2:49 PM

**DENTISTRY**



Name : ..... Date : 21/4/23 Unit No. : .....

Occupation : ..... Ref. Physician : .....

Age : ..... Sex :  Male  Female Copies to : .....

**DENTAL RECORD**

ALLERGIES : -NA-

PAIN : Score (0-10) 0 Location : ..... Character : .....

DENTAL CLEANING HABIT

Once  Twice  Occasionally

Brush  Finger  Stick  Any other

Tooth Paste  Powder  Any other

DO THE GUMS BLEED WHEN YOU BRUSH YOUR TEETH?  Yes  No

ARE YOUR TEETH SENSITIVE TO HEAT / COLD?  Yes  No

ORAL HYGIENE  Good  Fair  Poor

ORAL TISSUE EXAMINATION	PERIODONTAL EXAMINATION	OCCLUSION
NORMAL FINDINGS IN DISEASE	MILD MOD SEV	CLASS I II III CROSSBITE
Lips : <u>NA</u>	Gingivitis <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Hypoplasia
Cheeks : <u>NA</u>	Calculus <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Impaction
Tongue : <u>NA</u>	Recession <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Non-vital
Floor of the mouth : <u>NA</u>	Periodontal Pockets <input checked="" type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Fracture
Palate : <u>NA</u>	Attrition <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Abcess
Tonsillar Area : <u>NA</u>	Erosion <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Ulcers
Any other : <u>NA</u>	Mobility <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/>	Caries <u>16</u>
		Missing Teeth <u>16</u>
		Supernumerary
		Others

PRESENT COMPLAINT : Residual clasp

PRE-MEDICAL HISTORY:  DM  HTN  Thyroid  Acidity  Pregnancy  
 Anticoagulant  Under Drug Therapy

NA



**OPHTHAL**

AHIL.0000859917

**ON RECORDS**

Name :

Ms. SEJAL  
BANKER

Date :

8/4/23

UHID :



Distance Vision :

Right Eye - 6/6

Left Eye - 6/6

Ady  
(By) Refractive fears  
eld  
ooo

Near Vision :

Right Eye : NG

Left Eye : NG

APLN.TN - Right Eye

11

Left Eye -

12 mmHg

Normal

Both Eye - Colour Vision

Normal

Both Eye - Anterior Segment Examinations -

Normal

Both Eye Posterior Segment Examinations -

Normal

It is fit and can do  
her duty.

Dr. Zahedabanu Shaikh  
MBBS, DNB - Ophthalmology  
Junior Consultant - Ophthalmology  
Apollo Hospitals Private Limited,  
Bhat, GIDC Estate, Gandhinagar  
Regd. No. : G-35153

Ophthalmologist Name



Rate 78

PR 131

QRSD 78

QT 382

QTc 436

--AXIS--

P 47

QRS 54

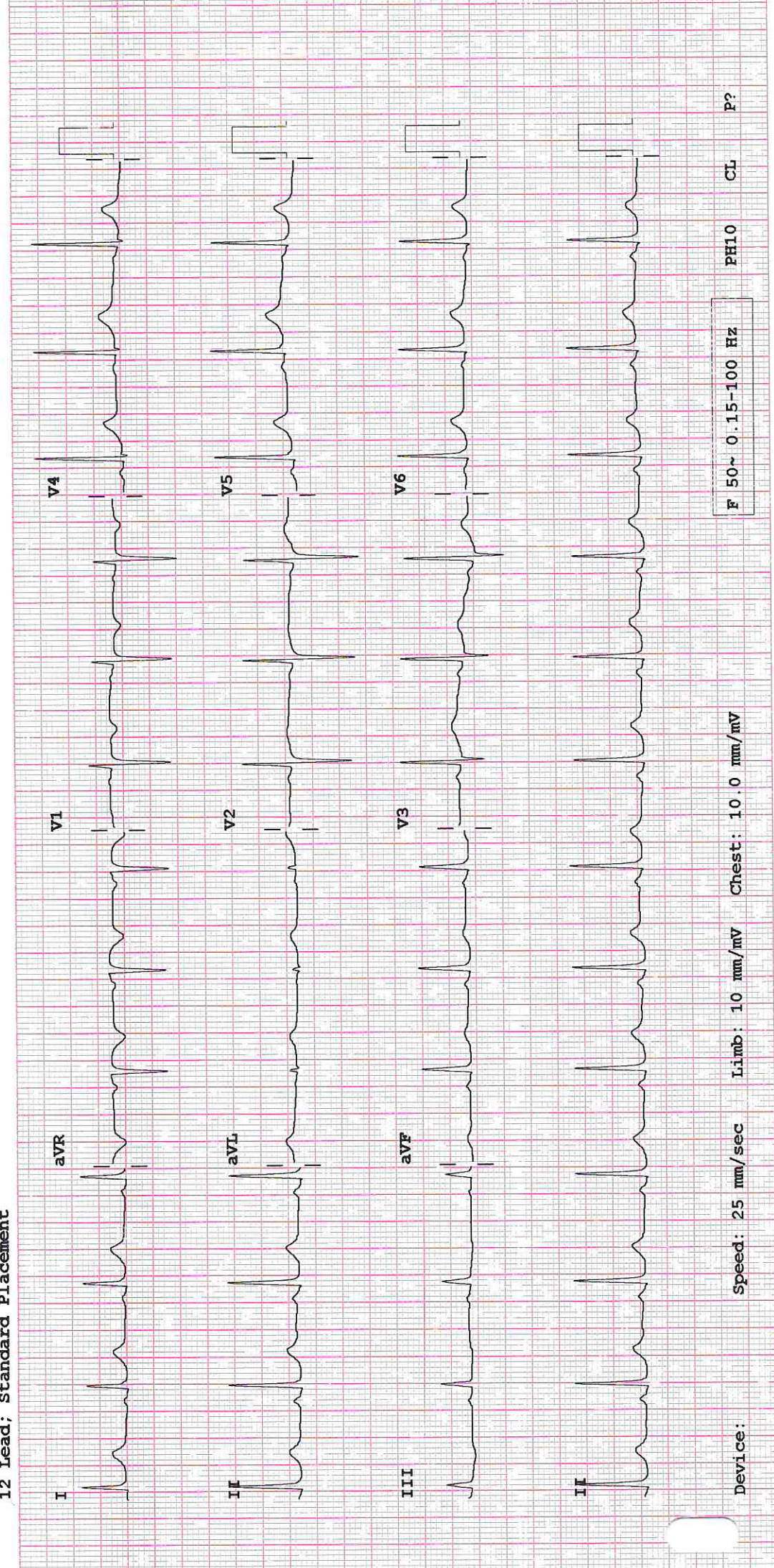
T 21

12 Lead; Standard Placement

AHIL.0000859917

Ms. SEJAL  
BANKER

31 Year(s) / Female



Device:

Speed: 25 mm/sec

Limb: 10 mm/mV

Chest: 10.0 mm/mV

F 50~ 0.15-100 Hz

PH10

CL

P?





Organization is Accredited  
by Joint Commission International



## DEPARTMENT OF RADIOLOGY AND IMAGING SCIENCES

**Patient Details** : Ms. SEJAL BANKER | Female | 31Yr 5Mth 19Days

**UHID** : AHIL.0000859917 **Patient Location:** AHC

**Patient Identifier:** AHILAH204619



**DRN** : 223019758 **Completed on :** 08-APR-2023 10:25

**Ref Doctor** : DR. SHASHIKANT NIGAM

### USG WHOLE ABDOMEN

#### **FINDINGS :**

Liver appears normal in size and shows uniform normal echotexture. No evidence of focal or diffuse pathology seen. Intra and extra hepatic biliary radicles are not dilated. Portal vein is normal in calibre. Intrahepatic portal radicles appear normal.

Gall bladder appears normal with no evidence of calculus. Wall thickness appears normal. No evidence of pericholecystic collection.

Visualized Head and body of pancreas appear normal in size and echotexture. No focal lesions identified. Pancreatic duct appears normal in caliber.

Spleen measures 8.6 cms and shows uniform echotexture.

Both kidneys are normal in size and show normal echopattern with good corticomedullary differentiation. Cortical outlines appear smooth. No evidence of calculi. Pelvicalyceal system on both sides appear normal.

No evidence of ascites or lymphadenopathy.

Urinary bladder is normal in contour and outline. Wall thickness appears normal. No evidence of any intraluminal pathology seen.

Uterus is anteverted and appears normal in size and echotexture. No focal lesion is seen. Myometrial and endometrial echopattern appear normal. Endometrial thickness is 9.6 mm.

Both ovaries are normal in size and echopattern.

No free fluid is seen in Pouch Of Douglas.

For Enquiry/Appointments Contact +91 76988 15003 / +91 79 66701880



## EXERCISE STRESS TEST REPORT

Patient Name: BANKER, MS.SEJAL  
Patient ID: 859917  
Height: 149 cm  
Weight: 58 kg

DOB: 20.10.1991  
Age: 31 yrs  
Gender: Female  
Race: Asian

Study Date: 08.04.2023  
Test Type: --  
Protocol: BRUCE

Referring Physician: --  
Attending Physician: --  
Technician: MS. KHUSHALI. C. SUCHAK

Medications:  
--

Medical History:  
--

Reason for Exercise Test:  
--

### Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed [mph]	Grade [%]	HR [bpm]	BP [mmHg]	Comment
PRETEST	SUPINE	00:15	0.00	0.00	116		
	STANDING	03:32	0.80	0.00	129	130/80	
EXERCISE	STAGE 1	03:00	1.70	10.00	155	140/80	2:45 No symptoms
	STAGE 2	03:00	2.50	12.00	171	150/80	4:24 THR ACHIEVED
	STAGE 3	02:52	3.40	14.00	190	160/80	8:47 MAX HR ACHIEVED
RECOVERY		05:14	0.00	0.00	131	130/80	2:18 No symptoms
							3:15 No symptoms

The patient exercised according to the BRUCE for 8:51 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 116 bpm rose to a maximal heart rate of 190 bpm. This value represents 100% of the maximal, age-predicted heart rate. The resting blood pressure of 130/80 mmHg, rose to a maximum blood pressure of 160/80 mmHg. The exercise test was stopped due to Maximum heart rate achieved.

### Interpretation

--

### Conclusions

TEST IS NEGATIVE FOR INDUCIBLE ISCHEMIA AT HIGH WORKLOAD.  
TACHYCARDIA+ AND NORMAL BP RESPONSE.  
NO ANGINA // ARRHYTHMIA DURING TEST.  
NO SIGNIFICANT ST- T CHANGES SEEN DURING EXERCISE AND RECOVERY.  
TEST TERMINATED TO MAX HR ACHIEVED.  
GOOD EFFORT TOLERANCE.

Physician

Technician