

NAME:	Mr. Jagan Kumar	UHID:	5184
AGE:	35 yrs	DATE OF HEALTHCHECK:	20/12/2023
GENDER:	Male		

HEIGHT:	175 cm	MARITAL STATUS:	M
WEIGHT:	69.5 kg	NO OF CHILDREN:	1
BMI:	22.8		

C/O: Cold, Cough No
fever

K/C/O:
PRESENT MEDICATION: No.

P/M/H: No

P/S/H: No

ALLERGY: No

PHYSICAL ACTIVITY: Active/ Moderate/ Sedentary

H/A: SMOKING:

FAMILY HISTORY FATHER:

ALCOHOL: No

MOTHER: No

TOBACCO/PAN:

O/E:

LYMPHADENOPATHY:

BP: 120/80 PULSE: 98/min

PALLOR/ICTERUS/CYNOSIS/CLUBBING: No

TEMPERATURE: M SCARS:

OEDEMA:

S/E:
RS:



P/A: No

CVS: S1 S2

Extremities & Spine: No

CNS: Conscious oriented

ENT:
Skin: No

Vision:

	Without Glass		With Glass	
	Right Eye	Left Eye	Right Eye	Left Eye
FAR :				
NEAR :				
COLOUR VISION:				

OPHTHALMIC EVALUATION

UHID No.: 5184 Date: 25/2/23

Name: Mr. Suman Age: 35 Gender: Male / Female

Without Correction :

Distance: Right Eye _____ Left Eye _____

Near : Right Eye _____ Left Eye _____

With Correction :

Distance: Right Eye 6/6 _____ Left Eye 6/6 _____
N6 N6

Near : Right Eye _____ Left Eye _____

	RIGHT					LEFT				
	SPH	CYL	AXIS	PRISM	VA	SPH	CYL	AXIS	PRISM	VA
Distance	<u>3.0</u>	<u>0.50</u>	<u>35°</u>			<u>3.0</u>	<u>0.50</u>	<u>145°</u>		
Near										<u>Pres + cap</u>

Colour Vision : Normal (BC)

Anterior Segment Examination : _____

Pupils : _____

Fundus : NRD (BC)

Intraocular Pressure : 12 mm Hg (BC)

Diagnosis : See glasses

Advice : _____

Re-Check on 6 mths (This Prescription needs verification every year)

DR. RUCHIRA SHARMA
M. S. (OPHTH)
CONSULTING OPHTHALMOLOGIST
& MICRO SURGEON
REG. No.: 3262 / 09/ 02

Dr. _____
(Consultant Ophthalmologist)

■ Consultation ■ Diagnostics ■ Health Check-Ups ■ Dentistry

DENTAL CHECKUP

Name: <u>Suman Kumar</u>	MR NO:
Age/Gender : <u>35/M</u>	Date: <u>25/2</u>

Medical history: Diabetes Hypertension _____

EXAMINATION	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Calculus& Stains				
Mobility				
Caries (Cavities)				
a)Class 1 (Occlusal)				
b)Class 2 (Proximal)				
c)Class 5 (Cervical)				
Faulty Restoration				
Faulty Crown				
Fractured Tooth				
Root Pieces				
Impacted Tooth				
Missing Tooth				
Existing Denture				

TREATMENT ADVISED:

TREATMENT	UPPER RIGHT	UPPER LEFT	LOWER LEFT	LOWER RIGHT
Restoration / Filling				
Root Canal Therapy				
Crown				
Extraction				

Oral Prophylaxis: Scaling & polishing
 Orthodontic Advice for Braces: Yes / No
 Prosthetic Advice to Replace Missing Teeth: Denture Bridge Implant
 Oral Habits: Tobacco Cigarette Others since ___ years
 Advice to quit any form of tobacco as it can cause cancer.
 Other Findings: NA

DR. SNEHA NITIN GADHIYA
 BDS (BACHELOR OF DENTAL SURGERY)
 REG NO: 39708

[Signature]

• ANDHERI • COLABA • NASHIK • VASHI

Name : Mr. Suman Kumar Gender : Male Age : 35 Years
UHID : FVAH 5184. Bill No : Lab No : V-2039-23
Ref. by : SELF Sample Col.Dt : 25/02/2023 08:50
Barcode No : 6735 Reported On : 25/02/2023 16:38

TEST RESULTS BIOLOGICAL REFERENCE INTERVAL

CBC (Complete Blood Count)-WB (EDTA)

Haemoglobin(Colorimetric method)	13.3	g/dl	13 - 18
RBC Count (Impedance)	4.53	Millions/cumm.	4 - 6.2
PCV/Haematocrit(Calculated)	40.7	%	35 - 55
MCV:(Calculated parameter)	89.9	fl	78 - 98
MCH:(Calculated parameter)	29.4	pg	26 - 34
MCHC:(Calculated parameter)	32.7	gm/dl	30 - 36
RDW-CV:	14.7	%	11.5 - 16.5
Total Leucocyte count(Impedance)	7240	/cumm.	4000 - 10500
Neutrophils:	72	%	40 - 75
Lymphocytes:	20	%	20 - 40
Eosinophils:	04	%	0 - 6
Monocytes:	04	%	2 - 10
Basophils:	00	%	0 - 2

Platelets Count(Impedance method) **1.14** Lakhs/c.mm 1.5 - 4.5

MPV **11.9** fl 6.0 - 11.0

Peripheral Smear (Microscopic examination)

RBCs: Normochromic, Normocytic


WBCs: Normal

Platelets **Giant platelets, Reduced, Manual platelet count = 1.20 Lakhs/c.mm**

Note: Test Run on 5 part cell counter.

Ms Kaveri Gaonkar
Entered By

Ms Kaveri Gaonkar
Verified By

Page 5 of 00  Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically


Name : Mr. Suman Kumar Gender : Male Age : 35 Years
UHID : FVAH 5184. Bill No : Lab No : V-2039-23
Ref. by : SELF Sample Col.Dt : 25/02/2023 08:50
Barcode No : 6735 Reported On : 25/02/2023 16:38

TEST RESULTS BIOLOGICAL REFERENCE INTERVAL
ESR(Westergren Method)

Erythrocyte Sedimentation Rate:- 16 mm/1st hr 0 - 20

Ms Kaveri Gaonkar
Entered By

Ms Kaveri Gaonkar
Verified By



Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically



Indira Health And Lifestyle Private Limited.
NABL Accredited Laboratory
The Emerald, 1st Floor, Plot No. 195, Sector-12,
Besides Neel Siddhi Tower, Vashi-Navi Mumbai-400703.
Tel.: (022) - 2788 1322 / 23 / 24 ☎ 8291490000
Email: apolloclinicvashi@gmail.com




Name : Mr. Suman Kumar Gender : Male Age : 35 Years
UHID : FVAH 5184. Bill No : Lab No : V-2039-23
Ref. by : SELF Sample Col.Dt : 25/02/2023 08:50
Barcode No : 6735 Reported On : 25/02/2023 16:38

TEST	RESULTS	UNITS	BIOLOGICAL REFERENCE INTERVAL
PLASMA GLUCOSE			
Fasting Plasma Glucose :	86	mg/dL	Normal < 100 mg/dL Impaired Fasting glucose : 101 to 125 mg/dL Diabetes Mellitus : \geq 126 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)
Post Prandial Plasma Glucose :	77	mg/dL	Normal < 140 mg/dL Impaired Post Prandial glucose : 140 to 199 mg/dL Diabetes Mellitus : \geq 200 mg/dL (on more than one occasion) (American diabetes association guidelines 2016)

Method : Hexokinase

Alsaba Shaikh
Entered By

Ms Kaveri Gaonkar
Verified By


Dr. Milind Patwardhan
M.D.(Path)
Chief Pathologist

Page 3 of 10

End of Report
Results are to be correlated clinically

Name : Mr. Suman Kumar Gender : Male Age : 35 Years
 UHID : FVAH 5184. Bill No : Lab No : V-2039-23
 Ref. by : SELF Sample Col.Dt : 25/02/2023 08:50
 Barcode No : 6735 Reported On : 25/02/2023 16:38


TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

Lipid Profile- Serum

S. Cholesterol(Oxidase)	174	mg/dL	Desirable < 200 Borderline:>200-<240 Undesirable:>240
S. Triglyceride(GPO-POD)	120	mg/dL	Desirable < 150 Borderline:>150-<499 Undesirable:>500
S. VLDL:(Calculated)	24	mg/dL	Desirable <30
S. HDL-Cholesterol(Direct)	43.5	mg/dL	Desirable > 60 Borderline:>40-<59 Undesirable:<40
S. LDL:(calculated)	106.5	mg/dL	Desirable < 130 Borderline:>130-<159 Undesirable:>160
Ratio Cholesterol/HDL	4		3.5 - 5
Ratio of LDL/HDL	<u>2.4</u>		2.5 - 3.5

Alsaba Shaikh
Entered By

Ms Kaveri Gaonkar
Verified By

Page 7 of 90  Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically

Name : Mr. Suman Kumar Gender : Male Age : 35 Years
UHID : FVAH 5184. Bill No : Lab No : V-2039-23
Ref. by : SELF Sample Col.Dt : 25/02/2023 08:50
Barcode No : 6735 Reported On : 25/02/2023 16:38

TEST RESULTS UNITS BIOLOGICAL REFERENCE INTERVAL

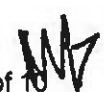
LFT(Liver Function Tests)-Serum

S.Total Protein (Biuret method)	7.16	g/dL	6.6 - 8.7
S.Albumin (BCG method)	4.51	g/dL	3.5 - 5.2
S.Globulin (Calculated)	2.65	g/dL	2 - 3.5
S.A/G Ratio:(Calculated)	1.7		0.9 - 2
S.Total Bilirubin (DPD):	0.46	mg/dL	0.1 - 1.2
S.Direct Bilirubin (DPD):	0.18	mg/dL	0.1 - 0.3
S.Indirect Bilirubin (Calculated)	0.28	mg/dL	0.1 - 1.0
S.AST (SGOT)(IFCC Kinetic with P5P):	22	U/L	5 - 40
S.ALT (SGPT) (IFCC Kinetic with P5P):	24	U/L	5 - 41
S.Alk Phosphatase(pNPP-AMP Kinetic):	124	U/L	40 - 129
S.GGT(IFCC Kinetic):	19	U/L	11 - 50

Alsaba Shaikh
Entered By

Ms Kaveri Gaonkar
Verified By

Page 8 of 10



Dr. Milind Patwardhan
M.D(Path)
Chief Pathologist

End of Report
Results are to be correlated clinically

Suman, Kumar
5184

35 Years Male

25.02.2023 9:46:56
Apollo Clinic
1st Flr, The Emerald, Sector-12,
Vashi, Mumbai-400703.

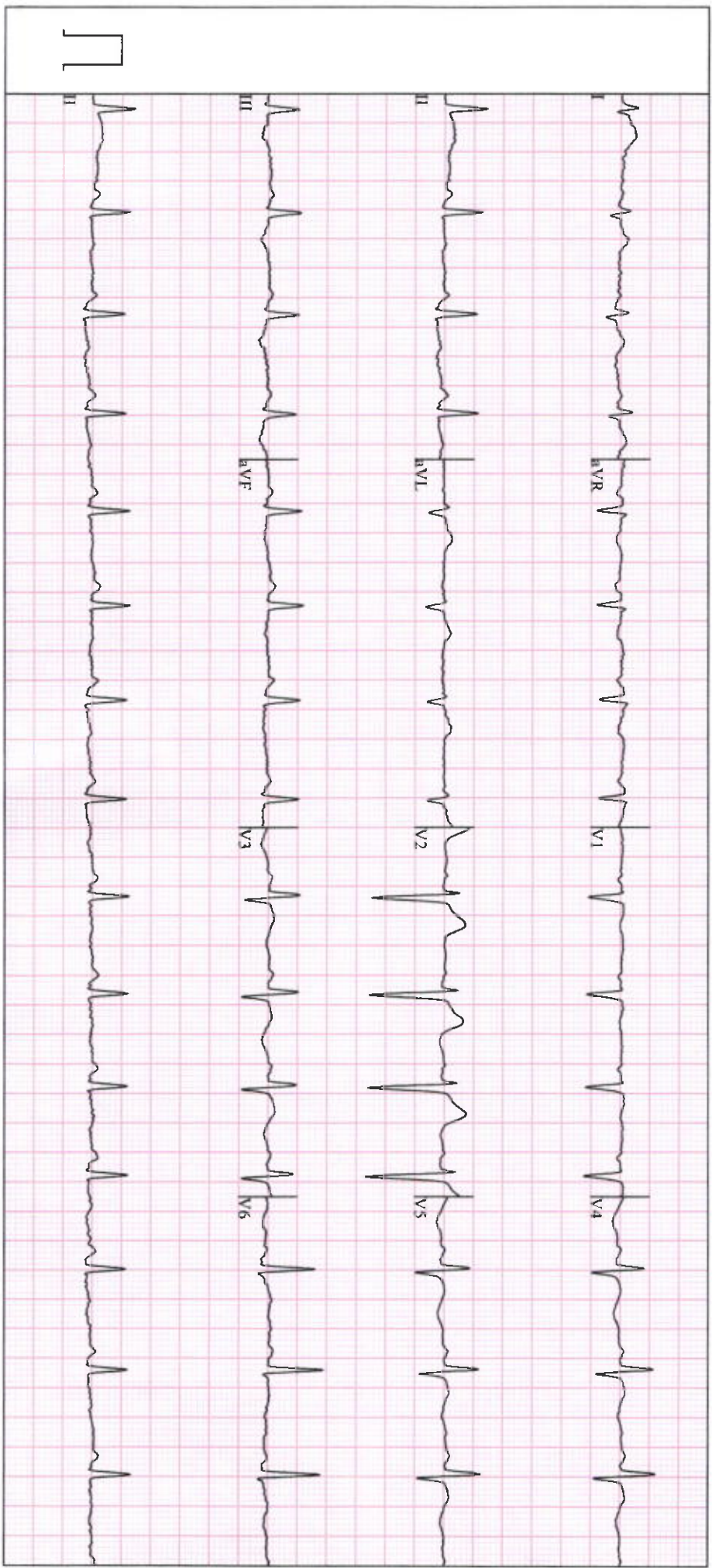
90 bpm
--/-- month/g

QRS : 86 ms
QT / QTcBaz : 342 / 418 ms
PR : 122 ms
P : 88 ms
RR / PP : 662 / 666 ms
P / QRS / T : 60 / 83 / -12 degrees

Normal sinus rhythm
Nonspecific T wave abnormality
Abnormal ECG

ST changes in II III aVF.

Dr. RISHI A. BHARGAVA
MD, DM (Cardiology)
CONSULTANT CARDIOLOGIST
Reg. No.: 2019/02/0494



Apollo Clinic
The Emerald, Plot No-195/B, Sector-12,
Neel Siddhi Towers, Vashi-400703

Station
Telephone:

EXERCISE STRESS TEST REPORT

Patient Name: SUMAN, KUMAR
Patient ID: 5184
Height:
Weight:

DOB: 15.03.1987
Age: 35yrs
Gender: Male
Race: Asian

Study Date: 25.02.2023
Test Type: Treadmill Stress Test
Protocol: BRUCE

Referring Physician: --
Attending Physician: DR.RISHI BHARGAVA
Technician: Anu Salve

Medications:
--

Medical History:
NIL

Reason for Exercise Test:
Screening for CAD

Exercise Test Summary

Phase Name	Stage Name	Time in Stage	Speed (mph)	Grade (%)	HR (bpm)	BP (mmHg)	Comment
PRETEST	SUPINE	00:19	0.00	0.00	78	130/80	
	STANDING	00:03	0.00	0.00	79	130/80	
	HYPERV.	00:05	0.00	0.00	82	130/80	
	WARM-UP	00:08	0.10	0.00	79	130/80	
EXERCISE	STAGE 1	02:07	1.70	10.00	113	150/80	
	STAGE 2	02:07	2.50	12.00	133	3/102	
	STAGE 3	01:34	3.40	14.00	164	178/98	
RECOVERY		01:20	0.00	0.00	112	158/82	

The patient exercised according to the BRUCE for 5:45 min:s, achieving a work level of Max. METS: 10.10. The resting heart rate of 80 bpm rose to a maximal heart rate of 166 bpm. This value represents 89 % of the maximal, age-predicted heart rate. The resting blood pressure of 130/80 mmHg, rose to a maximum blood pressure of 178/98 mmHg. The exercise test was stopped due to Target heart rate achieved.

Interpretation

Summary: Resting ECG: normal.
Functional Capacity: normal.
HR Response to Exercise: appropriate.
BP Response to Exercise: normal resting BP - appropriate response.
Chest Pain: none.
Arrhythmias: none.
ST Changes: none.
Overall impression: Normal stress test.

Conclusions

TMT IS NEGATIVE FOR INDUCIBLE MYOCARDIAL ISCHAEMIA AT THE WORKLOAD ACHIEVED.

Physician-DR.RISHI BHARGAVA

DR. RISHI BHARGAVA
MD, DM (Cardiology)
CONSULTANT CARDIOLOGIST
Reg. No.: 2019/023494

PATIENT'S NAME	SUMAN KUMAR	AGE :- 35y/M
UHID NO	5184	27 Feb 2023

X-RAY CHEST PA VIEW

OBSERVATION:

Bilateral lung fields are clear.
Both hila are normal.
Bilateral cardiophrenic and costophrenic angles are normal.
The trachea is central.
Aorta appears normal.
The mediastinal and cardiac silhouette are normal.
Soft tissues of the chest wall are normal.
Bony thorax is normal.

IMPRESSION:

- No significant abnormality seen.



DR. DISHA MINOCHA
DMRE (RADIOLOGIST)

PATIENT'S NAME	SUMAN KUMAR	AGE :- 35y/M
UHID NO	5184	25 Feb 2023

USG WHOLE ABDOMEN

LIVER is normal in size, shape and echotexture .No evidence of any focal lesion. The portal vein appears normal & shows normal hepatopetal flow. No evidence of intra-hepatic biliary duct dilatation.

Gall Bladder appears well distended with normal wall thickness. There is no calculus or pericholecystic collection or free fluid noted. CBD appears normal.

Visualised parts of head & body of pancreas appear normal. PD is not dilated.

SPLEEN is normal in size, and echotexture. No focal lesion seen. SV is normal.

Both kidneys are normal in size, shape and echotexture with normal parenchymal reflectivity and maintained cortico-medullary differentiation. No hydronephrosis or calculi or mass seen.

RIGHT KIDNEY measures 10.3 x 4.1 cm. **LEFT KIDNEY** measures 10.4 x 4.3 cm.

Urinary Bladder is adequately distended; no e/o any obvious wall thickening or mass or calculi seen.

PROSTATE is normal in size, shape & echotexture.

Visualised bowel loops appear normal. There is no free fluid seen.

IMPRESSION –

- **No significant abnormality detected.**

THIS REPORT IS NOT TO BE USED FOR MEDICOLEGAL PURPOSE.THE CONTENTS OF THIS REPORT REQUIRE CLINICAL CO-RELATION BEFORE ANY APPLICATION.



DR.CHHAYA S. SANGANI
CONSULTANT SONOLOGIST
Reg: No. 073826

• ANDHERI • COLABA • NASHIK • VASHI