

Name : Mr. SAYAN SAPUI (38 /M)

Date : 09/09/2023

Address : 13 B/1,SATCHASI PARA LANE,P.O-BARANAGAR,SINTHEE, KOLKATA, KOLKATA,
WEST BENGAL, INDIA

Examined by:

UHID : AGHL.0001482964

Package : MEDIWHEEL - FULL BODY HEALTH ANNUAL PLUS HCK

AHC No : AMHLAH182329



CHIEF COMPLAINTS

For corporate health checkup

PRESENT KNOWN ILLNESS

Diabetes mellitus - type 2; Medication - regular
Hypertension Medication - regular
Dyslipidaemia Medication - regular
Thyroid disease - hypothyroidism; Medication - regular
Asthma Control - good; Medication - not regular



SYSTEMIC REVIEW

Cardiovascular system

Palpitation - yes; High blood pressure - yes;
Medication - yes

Respiratory system

- Nil Significant

Oral and dental

- Nil Significant

Gastrointestinal system

- Nil Significant

Genitourinary system

- Nil Significant

Central nervous system

- Nil Significant

Eyes

Vision - normal with glasses; Glasses - yes

ENT

- Nil Significant

Musculoskeletal system

Spine and joints

- Nil Significant

Skin

- Nil Significant



Present medications

- Istamet XR 100/1000
Glycinorm OD 30
Prolomet XL 50
Rozavel 20
Thyrox 75mcg
Glucreta 10/500; Compliance - regular



Past medical history

Covid 19 - Yes
Hospitalization for Covid 19 - No
Dengue - 2022



Surgical history

Surgical history - Nil



Personal history

Marital status - Married
Diet - Non Vegetarian
Alcohol - does not consume alcohol
Smoking - No
Chews tobacco - No
Physical activity - Mild
- level ground walking



Family history

Father - has expired
Mother - alive
Hypertension - father,mother
Coronary artery disease - mother
Cancer - None

PHYSICAL EXAMINATION



General

Build - over weight
Height - 169
Weight - 82
BMI - 28.71
Pallor - No
Oedema - no



Cardiovascular system

Heart rate (Per minute) - 90
Rhythm - Regular
- B.P. Sitting
Systolic(mm of Hg) - 118
Diastolic(mm of Hg) - 86
Heart sounds - S1S2+

Respiratory system

Breath sounds - Normal vesicular breath sounds



Abdomen

Appearance - Normal
Organomegaly - No
Tenderness - No
Bowel sounds - Normal

Ophthalmology consultation

Ophthalmology findings - PGVA:RE:6/6P LE:6/6
NVA:RE:N8P LE:N8P
OCULAR MOVEMENT:WNL
ANT.SEG:WNL
ACCPT: SPECTACLE PWR
RE:+0.75DS(6/6)
LE:+1.75/-2.50X5*(6/6)
ADD(BE):+1.25DSPH(N6)
ADVICE: Glass Rx.**Review
after 1yr/SOS

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COMPLETE HAEMOGRAM PROFILE

Test Name	Result	Unit	Level	Range
Hemoglobin	11.7 *	g/dl	●	13.0-17.0
RBC COUNT	6.77 *	Million/ ul	●	4.5-5.5
Hematocrit - Hct:	38.9 *	%	●	41-53
MCV	57.5 *	fl	●	83-101
MCH	17.4 *	pg	●	27-32
MCHC	30.2 *	%	●	31.5-34.5
RDW	17.3 *	%	●	11.8-14.0
WBC Count	12100 *	/cu mm	●	4000-10000
Platelet Count	5.64 *	lacs/cu mm	●	1.5-4.0
Neutrophils	64	%	●	40-80
Lymphocytes	26	%	●	20-40
Monocytes	07	%	●	2-10
Eosinophils	03	%	●	01-06
Basophils	00	%	●	0-0
RBC:	Anisocytosis+, Microcytic Hypochromic. Polychromasia. Target cells+.			
WBC:	Leucocytosis noted			
Platelets:	Increased on Smear.			
ERYTHROCYTE SEDIMENTATION RATE (ESR)	06	mm/1st hr	●	0-15

URINE ROUTINE AND MICROSCOPY

Test Name	Result	Unit	Level	Range
Volume:	40	mL		
Colour:	Straw			
Appearance	Slightly Turbid			
Specific Gravity	1.030			
pH:	6.0			
Albumin:	+			
Glucose	+++			
Ketone:	Not Detected			
Bile Pigments	Not Detected			

RBC Nil /hpf

Pus Cells 1-3 /hpf

Epithelial Cells 1-2 /h.p.f /hpf

Casts: Not Found

Crystals: Found

Ca-oxalate 20-25

NOTE : - Urine protein rechecked and confirmed by sulphosalicylic acid test~Urine glucose rechecked and confirmed by Benedict's test

URINE SUGAR - POST PRANDIAL (QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(POST PRANDIAL)	+++			

URINE SUGAR- FASTING(QUALITATIVE)

Test Name	Result	Unit	Level	Range
URINE GLUCOSE(FASTING)	+++			

BLOOD GROUPING AND TYPING (ABO AND RH)

Test Name	Result	Unit	Level	Range
ABO Group:	AB			
Rh (D) Type:	POSITIVE			

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
ALT(SGPT) - SERUM	65 *	U/L	●	0-50
ALBUMIN - SERUM	4.5	g/dL	●	3.5-5.1
ALKALINE PHOSPHATASE - SERUM	114	U/L	●	43-115
AST (SGOT) - SERUM	51 *	U/L	●	0-50
BILIRUBIN TOTAL - SERUM	1.0	mg/dL	●	0.3-1.2

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
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● Within Normal Range ● Borderline High/Low ● Out of Range

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CHOLESTEROL - SERUM	171	mg/dL	●	0-200
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CREATININE - SERUM

Test Name	Result	Unit	Level	Range
CREATININE - SERUM	0.8 *	mg/dL	●	0.9-1.3

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
GGTP: GAMMA GLUTAMYL TRANSPEPTIDASE - SERUM	200 *	U/L	●	0-55

GLUCOSE - PLASMA (FASTING)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (FASTING)	104 *	mg/dL	●	70-99

GLUCOSE - PLASMA (POST PRANDIAL)

Test Name	Result	Unit	Level	Range
GLUCOSE - PLASMA (POST PRANDIAL)	197 *	mg/dL	●	70-140

HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD

Test Name	Result	Unit	Level	Range
HBA1C (GLYCOSYLATED HAEMOGLOBIN)-WHOLE BLOOD	7.1 *	%	●	Nondiabetic : 4 - 5.6 % Prediabetics : 5.7 - 6.4% Diabetes : >/= 6.5% ADA Theraputic goal : <7%

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
HDL CHOLESTEROL - SERUM	31	mg/dL	●	30-70
LDL CHOLESTEROL -SERUM	119	mg/dL	●	Optimal: <100
VLDL CHOLESTEROL - SERUM (Calculated)	21	mg/dL	●	0-35

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
PROTEIN TOTAL - SERUM	8.0	g/dL	●	6.4-8.3
GLOBULIN: (CALCULATED) - SERUM	3.4	g/dL	●	1.8-3.6

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TOTAL T3: TRI IODOTHYRONINE - SERUM	1.00	ng/ml	●	0.87-1.78
TOTAL T4: THYROXINE - SERUM	12.7	µg/dL	●	5.93-13.29

LIPID PROFILE TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
TRIGLYCERIDES - SERUM	137	mg/dL	●	0-150

THYROID PROFILE - I(T3,T4 AND TSH)

Test Name	Result	Unit	Level	Range
TSH: THYROID STIMULATING HORMONE - SERUM	3.2	µIU/mL	●	0.380-5.330

URIC ACID - SERUM

Test Name	Result	Unit	Level	Range
URIC ACID - SERUM	4.2	mg/dL	●	2.6-7.2

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
BILIRUBIN CONJUGATED (DIRECT) - SERUM	0.2	mg/dL	●	0.0-0.2

BUN (BLOOD UREA NITROGEN)

Test Name	Result	Unit	Level	Range
BUN (BLOOD UREA NITROGEN)	9.9	mg/dL	●	7.0-18.0

LIVER FUNCTION TEST (PACKAGE)

Test Name	Result	Unit	Level	Range
A/G - RATIO	1.3		●	1.0-2.0

BUN/CREATININE RATIO

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Test Name	Result	Unit	Level	Range
BUN/CREATININE RATIO	12.7			

ECG

NORMAL SINUS RHYTHM, WITHIN NORMAL LIMITS.

TREADMILL TEST / STRESS TEST

STRESS TEST IS NEGATIVE FOR PROVOCABLE MYOCARDIAL ISCHAEMIA.

ULTRASOUND SCREENING WHOLE ABDOMEN

* Hepatosplenomegaly with grade-II fatty liver.

[NOTE: At times pelvic structures are not well visualized due to inadequate patient preparation / excess bowel gas shadow. However suggested clinical correlation and other investigations if clinically indicated.]

Dr. HENA PARVIN
DNB RESIDENT
In consultation with

X-RAY CHEST PA

Chest skiagram does not reveal any significant abnormality.

INVESTIGATIONS NOT DONE / NOT YET REPORTED / NOT PART OF PACKAGE(LAB,RADIOLOGY & CARDIOLOGY)

Histopathology

PAP SMEAR /CERVICAL SMEAR



Within Normal Range



Borderline High/Low



Out of Range

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AHC Physician / Consultant Internal Medicine

Note :- The Health Check-up examinations and routine investigations have certain limitations and may not be able to detect all the diseases. Any new or persisting symptoms should be brought to the attention of the Consulting Physician. Additional tests, consultations and follow up may be required in some cases.

AICVD RISK SCORE REPORT

RISK STATUS

High Risk

YOUR SCORE

9

ACCEPTABLE SCORE

4

Your likelihood of developing cardiovascular disease in the next ten years is 1.6 times higher than the people of your age and gender

The AICVD risk score developed by Apollo Hospitals is a novel artificial intelligence-based risk scoring system that predicts your risk of having Coronary Artery Disease (CAD) related events in the next ten years. This scoring system uses Indian data and has been validated by multiple national and international institutions. This risk score is more than 92% accurate and has been compiled based on your physical parameters, heart health attributes, lifestyle and medical history. **Note:** The risk category is determined through the ratio between guest score and acceptable score at multiple decimal points. The outputs are shown in whole numbers.

Based on your AICVD risk score you are advised the following:

- Follow the guidance and education on **lifestyle and dietary management provided through the ProHealth program. Maintain a healthy BMI (<25). Avoid tobacco in any form and if you are a smoker, stop smoking.**
- Continue with **medications** for high blood pressure, diabetes, or dyslipidemia, if advised by your physician. Maintain HbA1c <7% (<53mmol/mol), blood pressure <140/90mmHg.
- Follow your physician's advice regarding **follow up tests, consults and annual health assessment**
- **It is recommended that you visit your physician every 3 months** if you have:
 - Uncontrolled high blood pressure
 - Diabetes
 - Dyslipidemia
 - Coronary heart disease
- You will be referred to a **cardiologist**.

DISCLAIMER

1. This is not a diagnostic tool and it does not guarantee accuracy of the result and cannot be acted upon independently.
2. This risk score and clinical algorithm is a general guideline for physicians. Any additional laboratory investigations, diagnostic imaging, treatment or patient education related to lifestyle management is under the physician's or cardiologist's discretion.
3. To ensure the information in the report is up to date, accurate and correct, doctor shall be consulted for interpretation of the report.
4. Apollo Hospitals and its staff does not offer any assurance on the information made available or be liable for any loss or damage as the said report is based on the AICVD risk score without any intervention from their side.
5. By usage of the AICVD risk score, it is deemed that the beneficiary of this service has agreed to get the same done at his own risk and further agrees with this disclaimer without any limitation or any clauses or sub-clauses.

The Clinical AI Models and APIs used at Apollo Hospitals are certified by ISO 13485 : 2016 vide certificate no. MD 763515