# SUBURBAN DIAGNOSTICS - ANDHERI WEST

SUBURBAN DIAGNOSTICS

Patient Name: GARIMA VIJAYVARGIA

Patient ID: 2217635555

Date and Time: 25th Jun 22 11:11 AM



# Gender Female

Heart Rate 56bpm

# **Patient Vitals**

BP: NA
Weight: NA
Height: NA
Pulse: NA
Spo2: NA
Resp: NA
Others:

# Measurements

QRSD: 64ms
QT: 412ms
QTc: 397ms
PR: 138ms

P-R-T: 44° 33° 25°

aVR V4 Η aVL V2V5 V3 IIIV6 aVF ΙI 25.0 mm/s 10.0 mm/mV

Sinus Bradycardia, Low Voltage QRS, Poor "R" wave progression in anterior leads. Please correlate clinically.

DR RAVI CHAVAN MD, D.CARD, D. DIABETES Cardiologist & Diabetologist 2004/06/2468

REPORTED BY

Disclaimer: 1) Analysis in this report is based on ECG alone and should be used as an adjunct to clinical history, symptoms, and results of other invasive and non-invasive tests and must be interpreted by a qualified physician. 2) Patient vitals are as entered by the clinician and not derived from the ECG.



Name : MS.GARIMA VIJAYVARGIA

Age / Gender : 33 Years / Female

Consulting Dr. : -

**Reg. Location**: Andheri West (Main Centre)



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Reported

Collected : 25-Jun-2022 / 10:16

:25-Jun-2022 / 14:22

# **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE**

CBC (Complete Blood Count), Blood			
<u>PARAMETER</u>	<u>RESULTS</u>	<b>BIOLOGICAL REF RANGE</b>	<u>METHOD</u>
RBC PARAMETERS			
Haemoglobin	8.7	12.0-15.0 g/dL	Spectrophotometric
RBC	4.33	3.8-4.8 mil/cmm	Elect. Impedance
PCV	27.6	36-46 %	Calculated
MCV	63.9	80-100 fl	Measured
MCH	20.1	27-32 pg	Calculated
MCHC	31.5	31.5-34.5 g/dL	Calculated
RDW	18.0	11.6-14.0 %	Calculated
WBC PARAMETERS			
WBC Total Count	11490	4000-10000 /cmm	Elect. Impedance
WBC DIFFERENTIAL AND ABS	SOLUTE COUNTS		
Lymphocytes	26.8	20-40 %	
Absolute Lymphocytes	3079.3	1000-3000 /cmm	Calculated
Monocytes	9.0	2-10 %	
Absolute Monocytes	1034.1	200-1000 /cmm	Calculated
Neutrophils	61.7	40-80 %	
Absolute Neutrophils	7089.3	2000-7000 /cmm	Calculated
Eosinophils	2.3	1-6 %	
Absolute Eosinophils	264.3	20-500 /cmm	Calculated
Basophils	0.2	0.1-2 %	
Absolute Basophils	23.0	20-100 /cmm	Calculated
Immature Leukocytes	-		

WBC Differential Count by Absorbance & Impedance method/Microscopy.

# **PLATELET PARAMETERS**

Platelet Count	439000	150000-400000 /cmm	Elect. Impedance
MPV	7.7	6-11 fl	Measured
PDW	11.0	11-18 %	Calculated

# **RBC MORPHOLOGY**

Hypochromia	+
Microcytosis	++

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: 33 Years / Female Age / Gender

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Macrocytosis

Anisocytosis Mild Poikilocytosis Mild

Polychromasia

**Target Cells** 

Basophilic Stippling

Normoblasts

Others Elliptocytes-occasional

**WBC MORPHOLOGY** PLATELET MORPHOLOGY

**COMMENT** Neutrophilic Leukocytosis

Note: Features are suggestive of iron deficiency anemia. Advice: Reticulocyte count, Iron studies & ferritin.

Result rechecked.

Specimen: EDTA Whole Blood

ESR, EDTA WB 9 2-20 mm at 1 hr. Westergren

\*Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD CPL, Andheri West \*\*\* End Of Report \*\*\*







Dr. AMAR DASGUPTA, MD,PhD **Consultant Hematopathologist Director - Medical Services** 

**Dr.VRUSHALI SHROFF** M.D.(PATH) **Pathologist** 

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
GLUCOSE (SUGAR) FASTING, Fluoride Plasma	87.9	Non-Diabetic: < 100 mg/dl Impaired Fasting Glucose: 100-125 mg/dl Diabetic: >/= 126 mg/dl	Hexokinase
GLUCOSE (SUGAR) PP, Fluoride Plasma PP/R	100.8	Non-Diabetic: < 140 mg/dl Impaired Glucose Tolerance: 140-199 mg/dl Diabetic: >/= 200 mg/dl	Hexokinase
BILIRUBIN (TOTAL), Serum	0.23	0.1-1.2 mg/dl	Colorimetric
BILIRUBIN (DIRECT), Serum	0.10	0-0.3 mg/dl	Diazo
BILIRUBIN (INDIRECT), Serum	0.13	0.1-1.0 mg/dl	Calculated
TOTAL PROTEINS, Serum	7.7	6.4-8.3 g/dL	Biuret
ALBUMIN, Serum	4.7	3.5-5.2 g/dL	BCG
GLOBULIN, Serum	3	2.3-3.5 g/dL	Calculated
A/G RATIO, Serum	1.6	1 - 2	Calculated
SGOT (AST), Serum	19.0	5-32 U/L	NADH (w/o P-5-P)
SGPT (ALT), Serum	5.5	5-33 U/L	NADH (w/o P-5-P)
GAMMA GT, Serum	8.4	3-40 U/L	Enzymatic
ALKALINE PHOSPHATASE, Serum	80.4	35-105 U/L	Colorimetric
BLOOD UREA, Serum	10.7	12.8-42.8 mg/dl	Kinetic
BUN, Serum	5.0	6-20 mg/dl	Calculated
CREATININE, Serum	0.74	0.51-0.95 mg/dl	Enzymatic
eGFR, Serum	94	>60 ml/min/1.73sqm	Calculated
URIC ACID, Serum	3.0	2.4-5.7 mg/dl	Enzymatic

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Urine Sugar (Fasting) **Absent Absent** Urine Ketones (Fasting) **Absent Absent** 

Urine Sugar (PP) Absent **Absent** Urine Ketones (PP) Absent Absent

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Anafa **Dr.ANUPA DIXIT** M.D.(PATH) Consultant Pathologist & Lab Director

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# **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE GLYCOSYLATED HEMOGLOBIN (HbA1c)**

#### **BIOLOGICAL REF RANGE METHOD PARAMETER RESULTS**

Glycosylated Hemoglobin **HPLC** 5.5 Non-Diabetic Level: < 5.7 % (HbA1c), EDTA WB - CC

Prediabetic Level: 5.7-6.4 % Diabetic Level: >/= 6.5 %

Estimated Average Glucose 111.2 mg/dl Calculated

(eAG), EDTA WB - CC

#### Intended use:

In patients who are meeting treatment goals, HbA1c test should be performed at least 2 times a year

In patients whose therapy has changed or who are not meeting glycemic goals, it should be performed quarterly

For microvascular disease prevention, the HbA1C goal for non pregnant adults in general is Less than 7%.

#### Clinical Significance:

HbA1c, Glycosylated hemoglobin or glycated hemoglobin, is hemoglobin with glucose molecule attached to it.

The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of glycosylated hemoglobin in the blood.

### Test Interpretation:

- The HbA1c test evaluates the average amount of glucose in the blood over the last 2 to 3 months by measuring the percentage of Glycosylated hemoglobin in the blood.
- HbA1c test may be used to screen for and diagnose diabetes or risk of developing diabetes.
- To monitor compliance and long term blood glucose level control in patients with diabetes.
- Index of diabetic control, predicting development and progression of diabetic micro vascular complications.

#### Factors affecting HbA1c results:

Increased in: High fetal hemoglobin, Chronic renal failure, Iron deficiency anemia, Splenectomy, Increased serum triglycerides, Alcohol ingestion, Lead/opiate poisoning and Salicylate treatment.

Decreased in: Shortened RBC lifespan (Hemolytic anemia, blood loss), following transfusions, pregnancy, ingestion of large amount of Vitamin E or Vitamin C and Hemoglobinopathies

Reflex tests: Blood glucose levels, CGM (Continuous Glucose monitoring)

References: ADA recommendations, AACC, Wallach's interpretation of diagnostic tests 10th edition.

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# **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE EXAMINATION OF FAECES**

**RESULTS BIOLOGICAL REF RANGE PARAMETER** 

# PHYSICAL EXAMINATION

Colour Brown Brown Form and Consistency Semi Solid Semi Solid Mucus Absent Absent Blood Absent Absent

**CHEMICAL EXAMINATION** 

Reaction (pH) Acidic (6.5)

Occult Blood Absent Absent

## **MICROSCOPIC EXAMINATION**

Protozoa Absent Absent Flagellates **Absent Absent** Ciliates Absent Absent **Parasites** Absent Absent Macrophages Absent Absent Mucus Strands Absent Absent Fat Globules Absent Absent RBC/hpf Absent Absent WBC/hpf Absent Absent Yeast Cells Absent **Absent Undigested Particles** Present ++ Concentration Method (for ova) No ova detected Absent Reducing Substances Absent

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# **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE URINE EXAMINATION REPORT**

ORINE EXAMINATION REPORT			
<u>PARAMETER</u>	<u>RESULTS</u>	<b>BIOLOGICAL REF RANGE</b>	<u>METHOD</u>
PHYSICAL EXAMINATION			
Color	Pale yellow	Pale Yellow	-
Reaction (pH)	5.0	4.5 - 8.0	Chemical Indicator
Specific Gravity	1.010	1.001-1.030	Chemical Indicator
Transparency	Slight hazy	Clear	-
Volume (ml)	30	-	-
<b>CHEMICAL EXAMINATION</b>			
Proteins	Absent	Absent	pH Indicator
Glucose	Absent	Absent	GOD-POD
Ketones	Absent	Absent	Legals Test
Blood	Absent	Absent	Peroxidase
Bilirubin	Absent	Absent	Diazonium Salt
Urobilinogen	Normal	Normal	Diazonium Salt
Nitrite	Absent	Absent	Griess Test
MICROSCOPIC EXAMINATIO	<u>N</u>		
Leukocytes(Pus cells)/hpf	8-10	0-5/hpf	

Red Blood Cells / hpf Absent 0-2/hpf

Epithelial Cells / hpf 10-15

Casts Absent Absent Crystals **Absent Absent** Amorphous debris Absent Absent

Bacteria / hpf Less than 20/hpf ++

Others







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# **AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE BLOOD GROUPING & Rh TYPING**

**PARAMETER RESULTS** 

**ABO GROUP** В

Rh TYPING **POSITIVE** 

NOTE: Test performed by automated column agglutination technology (CAT) which is more sensitive than conventional methods.

Specimen: EDTA Whole Blood and/or serum

#### Clinical significance:

ABO system is most important of all blood group in transfusion medicine

#### Limitations:

- ABO blood group of new born is performed only by cell (forward) grouping because allo antibodies in cord blood are of maternal origin.
- Since A & B antigens are not fully developed at birth, both Anti-A & Anti-B antibodies appear after the first 4 to 6 months of life. As a result, weaker reactions may occur with red cells of newborns than of adults.
- Confirmation of newborn's blood group is indicated when A & B antigen expression and the isoagglutinins are fully developed at 2 to 4 years of age & remains constant throughout life.
- Cord blood is contaminated with Wharton's jelly that causes red cell aggregation leading to false positive result
- The Hh blood group also known as Oh or Bombay blood group is rare blood group type. The term Bombay is used to refer the phenotype that lacks normal expression of ABH antigens because of inheritance of hh genotype.

#### Refernces:

- Denise M Harmening, Modern Blood Banking and Transfusion Practices- 6th Edition 2012. F.A. Davis company. Philadelphia
- AABB technical manual

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Age / Gender : 33 Years / Female

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# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE LIPID PROFILE

<u>PARAMETER</u>	<u>RESULTS</u>	BIOLOGICAL REF RANGE	<u>METHOD</u>
CHOLESTEROL, Serum	190.0	Desirable: <200 mg/dl Borderline High: 200-239mg/dl High: >/=240 mg/dl	CHOD-POD
TRIGLYCERIDES, Serum	117.0	Normal: <150 mg/dl Borderline-high: 150 - 199 mg/dl High: 200 - 499 mg/dl Very high:>/=500 mg/dl	GPO-POD
HDL CHOLESTEROL, Serum	48.1	Desirable: >60 mg/dl Borderline: 40 - 60 mg/dl Low (High risk): <40 mg/dl	Homogeneous enzymatic colorimetric assay
NON HDL CHOLESTEROL, Serum	141.9	Desirable: <130 mg/dl Borderline-high:130 - 159 mg/dl High:160 - 189 mg/dl Very high: >/=190 mg/dl	Calculated
LDL CHOLESTEROL, Serum	119.0	Optimal: <100 mg/dl Near Optimal: 100 - 129 mg/dl Borderline High: 130 - 159 mg/dl High: 160 - 189 mg/dl Very High: >/= 190 mg/dl	Calculated
VLDL CHOLESTEROL, Serum	22.9	< /= 30 mg/dl	Calculated
CHOL / HDL CHOL RATIO, Serum	4.0	0-4.5 Ratio	Calculated
LDL CHOL / HDL CHOL RATIO, Serum	2.5	0-3.5 Ratio	Calculated

<sup>\*</sup>Sample processed at SUBURBAN DIAGNOSTICS (INDIA) PVT. LTD CPL, Andheri West  $^{***}$  End Of Report  $^{***}$ 







Dr.ANUPA DIXIT
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Consultant Pathologist & Lab
Director

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**Reported** :25-Jun-2022 / 12:06

# AERFOCAMI HEALTHCARE BELOW 40 MALE/FEMALE THYROID FUNCTION TESTS

<u>PARAMETER</u>	<u>RESULTS</u>	<b>BIOLOGICAL REF RANGE</b>	<u>METHOD</u>
Free T3, Serum	4.3	3.5-6.5 pmol/L	ECLIA
Free T4, Serum	12.1	11.5-22.7 pmol/L First Trimester:9.0-24.7 Second Trimester:6.4-20.59 Third Trimester:6.4-20.59	ECLIA
sensitiveTSH, Serum	2.02	0.35-5.5 microIU/ml First Trimester:0.1-2.5 Second Trimester:0.2-3.0 Third Trimester:0.3-3.0	ECLIA



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#### Interpretation:

A thyroid panel is used to evaluate thyroid function and/or help diagnose various thyroid disorders.

#### Clinical Significance:

- 1)TSH Values between 5.5 to 15 microIU/ml should be correlated clinically or repeat the test with new sample as physiological factors can give falsely high TSH.
- 2)TSH values may be trasiently altered becuase of non thyroidal illness like severe infections, liver disease, renal and heart severe burns, trauma and surgery etc.

TSH	FT4 / T4	FT3 / T3	Interpretation	
High	Normal	Normal	Subclinical hypothyroidism, poor compliance with thyroxine, drugs like amiodarone, Recovery phase of non-thyroidal illness, TSH Resistance.	
High	Low	Low	ypothyroidism, Autoimmune thyroiditis, post radio iodine Rx, post thyroidectomy, Anti thyroid drugs, tyrosine hase inhibitors & amiodarone, amyloid deposits in thyroid, thyroid tumors & congenital hypothyroidism.	
Low	High	High	lyperthyroidism, Graves disease, toxic multinodular goiter, toxic adenoma, excess iodine or thyroxine intake, regnancy related (hyperemesis gravidarum, hydatiform mole)	
Low	Normal	Normal	Subclinical Hyperthyroidism, recent Rx for Hyperthyroidism, drugs like steroids & dopamine), Non thyroidal illness.	
Low	Low	Low	Central Hypothyroidism, Non Thyroidal Illness, Recent Rx for Hyperthyroidism.	
High	High	High	Interfering anti TPO antibodies, Drug interference: Amiodarone, Heparin, Beta Blockers, steroids & anti epileptics.	

**Diurnal Variation:**TSH follows a diurnal rhythm and is at maximum between 2 am and 4 am, and is at a minimum between 6 pm and 10 pm. The variation is on the order of 50 to 206%. Biological variation:19.7%(with in subject variation)

Reflex Tests: Anti thyroid Antibodies, USG Thyroid , TSH receptor Antibody. Thyroglobulin, Calcitonin

**Limitations:** Samples should not be taken from patients receiving therapy with high biotin doses (i.e. >5 mg/day) until atleast 8 hours following the last biotin administration.

#### Reference:

- 1.O.koulouri et al. / Best Practice and Research clinical Endocrinology and Metabolism 27(2013)
- 2. Interpretation of the thyroid function tests, Dayan et al. THE LANCET . Vol 357
- 3. Tietz , Text Book of Clinical Chemistry and Molecular Biology -5th Edition
- 4.Biological Variation:From principles to Practice-Callum G Fraser (AACC Press)







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CID#

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SID# : 177805277918

Name : MS.GARIMA VIJAYVARGIA Registered : 25-Jun-2022 / 10:09

Age / Gender : 33 Years/Female Collected : 25-Jun-2022 / 10:09

Consulting Dr. : - Reported : 25-Jun-2022 / 14:25

Reg.Location : Andheri West (Main Centre) Printed : 25-Jun-2022 / 14:28

# X-RAY CHEST PA VIEW

Both lung fields are clear.

Both costo-phrenic angles are clear.

: 2217635555

No hilar abnormality is seen.

The cardiac size and shape are within normal limits.

The aorta shows normal radiological features.

The trachea is central.

The domes of diaphragm are normal in position and outlines.

The skeleton under review appears normal.

# **IMPRESSION:**

NO SIGNIFICANT ABNORMALITY IS DETECTED.

\*\*\* End Of Report \*\*\*

Dr.R K BHANDARI M.D.,D.M.R.E CONSULTANT RADIOLOGIST

N Shan

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Name : MS.GARIMA VIJAYVARGIA Registered : 25-Jun-2022 / 10:09

Age / Gender : 33 Years/Female Collected : 25-Jun-2022 / 10:09

Consulting Dr. : - Reported : 28-Jun-2022 / 11:58

Reg.Location : Andheri West (Main Centre) Printed : 28-Jun-2022 / 12:01

# PHYSICAL EXAMINATION REPORT

# **History and Complaints:**

C/O Headache on & off H/O Covid .No h/o hospitalisation

: 2217635555

### **EXAMINATION FINDINGS:**

Height (cms):151 cmsWeight (kg):53 kgsTemp (0c):AfebrileSkin:Pallor++

Blood Pressure (mm/hg):

Pressure 110/70 mm of Hg

Nails: Normal

Pulse: 60/min Lymph Node: Submandibular nodes

palpable

LMP:	04/06/2022
MH:	Cycles Regular

# **Systems**

Cardiovascular: S1S2 audible

**Respiratory:** AEBE **Genitourinary:** NAD

**GI System:** Liver & Spleen not palpable

CNS: NAD

## IMPRESSION:

HB=8.7 g/dl.,features are suggestive of Iron deficiency anaemia, Urine shows pus cells=8-10/hpf.,bacteria=++,Urinary tract infection, ECG shows Sinus Bradycardia,Poor R wave progression in anterior leads. USG shows Left renal calculus

## ADVICE:

Iron studies and ferritin,

Kindly consult your family physician with all your reports for treatment of Iron deficiency anaemia,

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Therapeutic life style modification is a dvised,

Regular exercise for 30-40 minutes is recommended.

# **CHIEF COMPLAINTS:**

1)	Hypertension:	NO
2)	IHD	NO
3)	Arrhythmia	NO
4)	Diabetes Mellitus	NO
5)	Tuberculosis	NO
6)	Asthama	NO
7)	Pulmonary Disease	NO
8)	Thyroid/ Endocrine disorders	NO
9)	Nervous disorders	NO
10)	GI system	NO
11)	Genital urinary disorder	NO
12)	Rheumatic joint diseases or symptoms	NO
13)	Blood disease or disorder	NO
14)	Cancer/lump growth/cyst	NO
15)	Congenital disease	NO
16)	Surgeries	NO
17)	Musculoskeletal System	NO

# **PERSONAL HISTORY:**

1)	Alcohol	NO
2)	Smoking	NO
3)	Diet	Veg
4)	Medication	NO

\*\*\* End Of Report \*\*\*

Langute Manwani

Dr.Sangeeta Manwani

CENTRAL PROCESSING LAB: 2<sup>nd</sup> Floor, Aston, Sundervan Complex, Above Mercedes Showroom, Andheri West - 400053

HEALTHLINE - MUMBAI: 022-6170-0000 | OTHER CITIES: 1800-266-4343



: 2217635555

CID#

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SID# : 177805277918

Name : MS.GARIMA VIJAYVARGIA Registered : 25-Jun-2022 / 10:09

Age / Gender : 33 Years/Female Collected : 25-Jun-2022 / 10:09

Consulting Dr. : - Reported : 28-Jun-2022 / 11:58

Reg.Location : Andheri West (Main Centre) Printed : 28-Jun-2022 / 12:01

M.B.B.S. Reg.No.71083

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